ORIGINAL RESEARCH

Identification of Pathogens in HIV-Infected Patients Using Metagenomic Next-Generation Sequencing (mNGS) as Compared to Conventional Microbiological Tests (CMTs)

Xiaohong Zhu, Li Cao, Juan Wang, Xuefeng Lu, Zuoyu Huang, Xiaoping Wen, Lihong Bian, Congxia Wu, Meiyin Zou

The Third Affiliated Hospital, Nantong University, Nantong, Jiangsu, 223001, People's Republic of China

Correspondence: Congxia Wu; Meiyin Zou, Email fellowshipmskcc@gmail.com; meiyinzou@aol.com

Background: The rapid and accurate identification of infectious pathogens in HIV-infected patients remains a challenge. Metagenomic next-generation sequencing (mNGS) is a panpathogen assay for rapid diagnosis of infectious diseases. Here, the diagnostic value of mNGS was evaluated in HIV-infected patients and compared with conventional microbiological tests (CMTs).

Methods: This study was conducted on 216 hIV-infected patients with suspected opportunistic infections. Infectious pathogen detection was done by mNGS and conventional microbiological tests, respectively.

Results: A total of 195 patients (90.2%) were positive for microbial pathogens by mNGS, while 135 patients (62.5%) were positive for microbial pathogens by CMTs. Mixed infection was identified in 92 patients by mNGS, and 41 patients were detected with mixed infection by CMTs. Fungi and virus mixed infection was the most frequent pattern detected by mNGS (32, 14.8%) and CMTs (22, 10.2%). The CD4+ T cell count in patients with mixed pathogens was significantly lower than that in patients infected with a single pathogen. Pathogens were quickly identified by mNGS in 151 patients (69.9%), and appropriate treatments were initiated. In 47 patients antibacterial agents were adjusted based on mNGS results, in 39 patients antifungal agents were changed, and 35 patients had antiviral agents added.

Conclusion: mNGS is a valuable tool and enhances rapid microbiological identification in HIV-infected patients. Combined with CMTs, mNGS may facilitate personalized antimicrobial treatment strategies and increase survival.

Keywords: metagenomic next-generation sequencing (mNGS), HIV, conventional microbiological tests (CMTs), antimicrobial treatment

Introduction

Human immunodeficiency virus-1 (HIV-1) attacks the immune system and leads to acquired immunodeficiency syndrome (AIDS).¹ It has been reported that about 39 million people were living with HIV-1, 1.3 million people became newly infected with HIV-1, and 630,000 people died from AIDS-related disease across the globe in 2022.² Therefore, HIV-1 infection is a major worldwide public health problem. Due to the damaged immune system in HIV-positive people, opportunistic infections occur more often and severely in HIV-positive people.³ In a cohort inpatients study, opportunistic infections were associated with mortality and morbidity for HIV-positive people.⁴ Early diagnosis of the etiological pathogens will improve appropriate treatment and decrease mortality rates.⁵ However, it is a great challenge clinically to identify the potential pathogens using conventional methods due to its broad spectrum.⁶ The gold standard microbiological identification method is pathogen culture, but it is time-consuming and needs special culture media. Serological tests identify pathogens by checking the presence of pathogen-specific antibodies and require prediction of the possible types of pathogens. PCR methods show low specificity and might amplify normal flora. Meanwhile, certain

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pathogens are difficult to detect by conventional methods.⁷ Empirical antibiotic treatment is often started when HIVpositive patients present with fever, cough, and other signs of infection, even though it has been shown it was not necessary.⁸ Inappropriate antibiotic treatment can lead to antibiotic resistance, disruption of gut microbiota, and prolonged hospital stays. Therefore, rapid and accurate identification of causative pathogens in HIV-positive people is imperative for guiding and optimizing antibiotic therapy strategies.

Clinical metagenomic next-generation sequencing (mNGS) recently has been successfully used to identify causative pathogens from patients' specimens, such as pulmonary infections,^{9–11} bone infections,^{12,13} gastrointestinal tract infections,^{14,15} and CNS infections.^{16,17} This new high-throughput strategy characterizes the genome of pathogens by next-generation sequencing in a target-independent manner and provides rapid and accurate etiological diagnosis.¹⁸ Accumulating data have shown that mNGS plays an important role in identification of mixed infections and novel pathogens, providing evidence for proper antibiotic treatment strategies.^{19,20} The limitation of application of mNGS in HIV-positive people is the high cost.²¹ In this study, we evaluate the utility of mNGS for identification of potential pathogens in HIV-positive people by comparison with conventional microbiological tests.

Materials and Methods

Patient Population

This study was conducted on 216 hIV-infected patients who were hospitalized at the Third Affiliated Hospital, Nantong University due to suspected opportunistic infections from 2021 to 2023. Patients were enrolled according to the following criteria: age between 21 and 65 years old, HIV infection was confirmed by antibody testing, and opportunistic infections were suspected by symptoms or imaging studies. Ethical approval (No. EK2023129) was given by the Ethics Committee of the Third Affiliated Hospital, Nantong University. General clinical information such as age, sex, CBC, and laboratory results were obtained by reviewing patients' charts. Clinical specimens were collected, and mNGS and conventional microbiological tests were performed, respectively.

Specimen Collections

Depending on the site of the suspected opportunistic infection, different specimens were collected from HIV-infected patients, including: whole blood (peripheral blood vessel), bronchoalveolar lavage fluid (BALF, bronchoscopy), sputum (deep cough), soft tissue (biopsy), cerebrospinal fluid (CSF, lumbar puncture), pus (soft tissue puncture), lymph node tissue (biopsy), pleural fluid (thoracic puncture), and bone marrow (bone marrow puncture).

Conventional Microbiological Testing (CMT)

Cultures of fungi, bacteria, and mycobacteria were performed on whole blood, bone marrow, BALF, CSF, and pleural fluid. Enzyme-linked immunosorbent assay (ELISA) was used to detect antibodies for Chlamydophila pneumoniae, Toxoplasma gondii, Mycoplasma pneumoniae, Syphilis, and human herpesvirus. Gold immunochromatographic assay was done to detect Cryptococcus antigen in serum and CSF. Real-time PCR was used for human gamma-herpesvirus and cytomegalovirus. The fungal cell wall component β -1,3-D-glucan (BDG) in serum was detected by ELISA kit. Aspergillus galactomannan antigen in BALF and serum was detected by double-sandwich ELISA assay. Xpert MTB/ RIF (Xpert) and T-SPOT.TB assays were performed to detect Mycobacterium tuberculosis. The level of C-reactive protein and procalcitonin, and the number of CD4+ T lymphocyte cells and white blood cells are also evaluated.

Metagenomic Next-Generation Sequencing

Each specimen was mixed with glass beads and vortexed at 3000 rpm for 30 min. TIANamp Micro DNA kit (Tiangen Biotech, China) was used to extract DNA according to the manufacturer's manual. DNA libraries were made by digesting the extracted DNA into fragments, followed by end-repair, A-tailing reactions, ligation of adapters, and PCR amplification. The concentration of the DNA library was measured using Qubit dsDNA HS assay Kit (ThermoFisher, USA) according to the manufacturer's protocol. Agarose gel electrophoresis was performed to estimate the molecular size. The pooled libraries were sequenced on NextSeq 550 system (Illumina, USA) using a single-end sequencing kit

(Illumina, USA). The quality control of the DNA library was measured by the Agilent 2100 Bioanalyzer system. The low-quality reads were removed by FastP.²² Bioinformatics data processing of FASTQ reads was performed as previously described.^{23,24} The sequencing files were aligned to microbial genome databases (<u>https://www.ncbi.nlm.nih.</u> gov/genomes). The reference database includes 6350 bacterial genomes, 4945 viral genome sequences, 1064 pathogenic fungi genomes, and 234 parasite genome sequences.

Antimicrobial Treatment

The patients' antimicrobial treatment regimen was made at admission and adjustment according to imaging studies, clinical presentation, patients' responses to the treatment, mNGS results, and CMT results.

Statistical Analysis

SPSS software was used for statistical analyses in this study. Chi-square test or Student's *t*-test was performed for categorical variables or quantitative variables, respectively. Statistical significance was considered when p value is less than 0.05.

The sensitivity and specificity were calculated to compare mNGS and CMTs in detection of different pathogens.

Results

Distribution of Sample Types

A total of 275 specimens were collected from 216 hIV-infected patients (Table 1 and Figure 1) from different sites, including 75 samples of whole blood, 41 samples of BALF, 25 samples of sputum, 27 samples of soft tissue, 22 samples of CSF, 15 samples of pus, 19 samples of lymph node biopsies, 31 samples of pleural fluid, and 20 samples of bone marrow. The various sites of specimens provide a broader understanding of the application of mNGS and CMTs in detecting pathogens in clinical samples.

Patient Characteristics

The clinical characteristics and lab results of the patients are shown in Table 2. The average age of the patients was 35 years old, and 165 were males (76.4%) and 51 (23.6%) females. A total of 125 patients (57.9%) were treated with antiretroviral therapy (ART). The most common clinical symptom was fever (95/216, 44.0%), followed by chest tightness (62/216, 28.7%) and cough/shortness of breath (56/216, 25.9%). Abnormal WBC counts were seen in 51 patients (23.6%), 38 patients (17.6%) had abnormal neutrophils ratio, 62 patients (28.7%) presented with abnormal C reactive protein, and 68 patients (31.2%) showed abnormal procalcitonin. A total of 153 patients (70.8%) had CD4+ T cell counts less than 50 cells/ μ L, 51 patients (23.6%) had CD4+ T cell counts between 50 and 100 cells/ μ L, and 12 patients (5.6%) had CD4+ T cell counts more than 100 cells/ μ L. Computer tomography (CT) abnormalities were found in 18 patients (8.3%), abnormal MRIs were seen in 22 patients (10.2%), and 113 patients (52.3%) showed abnormal chest

Specimen Number
75
41
25
27
22
15
19
31
20

Table	I	Specimen	Types	From	HIV-Infected
Patient	s				



Figure 1 Specimen types from HIV-infected patients: various types of specimens from different sites were collected.

X-rays. The majority of patients (93.1%) improved after treatment. The clinical characteristics of the patients confirmed the HIV status and clinical symptoms.

Distribution of Pathogens Detected by mNGS and CMTs

A total of 195 patients (90.2%) were positive for microbial pathogens by mNGS, 135 patients (62.5%) were positive for microbial pathogens by CMTs, and 67 patients (31.0%) showed positive results by both mNGS and CMTs. A total of 128 patients (59.3%) were positive only by mNGS, and no patients were positive only by CMTs. Negative results by both mNGS and CMTs were seen in 21 patients (9.7%) (Figure 2). Table 3 shows that mNGS detected more viruses compared with CMTs (p<0.05). Pneumocystis jiroveci, Streptococcus pneumoniae, and CMV were the most common pathogens identified by mNGS, followed by Mycobacterium intracellulare, Haemophilus, Pseudomonas aeruginosa, Actinomyces, Clostridium perfringens, human herpesviruses, JC virus, and Torque teno virus (TTV). mNGS showed significantly higher sensitivity and specificity than those in CMTs. Specimen types are also important in identification of pathogens. Our study showed that more pathogens were detected in whole blood (p=0.0197), followed by BALF (p=0.0115), CSF (p=0.0146), and pleural fluid (p=0.0109) (Figure 3A-C).

Figure 4 shows that 98 patients (45.3%) were identified with mixed infection by mNGS and 60 patients (27.8%) were detected with mixed infection by CMTs. Fungi and virus mixed infection was the most frequent pattern detected by mNGS (32, 14.8%) and CMTs (22, 10.2%). Bacteria and virus mixed infection was found in 19 patients (8.8%) by mNGS and in 11 patients (5.1%) by CMTs. Fungi and bacteria mixed infection was detected in 30 patients (13.9%) by mNGS and in 17 patients (7.9%) by CMTs. Fungi, bacteria, and virus mixed infection was detected in 17 patients (7.9%) by CMTs. Toxoplasma gondii infection was detected in 6 patients by mNGS. The average turnaround time of CMTs was about 112 hours, and the average turnaround time of mNGS was about 32 hours (Figure 5).

	Characteristic	Value
	Age	35 (22–65)
Gender	Male	165 (76.4%)
	Female	51 (23.6%)
ART status	ART naive	91 (42.1%)
	Less than 6 months	85 (39.4%)
	More than 6 months	40 (18.5%)
Symptoms	Fever	95 (44.0%)
	Headache	37 (17.1%)
	Cough/shortness of breath	56 (25.9%)
	Confusion	41 (19.0%)
	Seizure	15(6.9%)
	Dysuria	26 (12.0%)
	Nausea/vomiting	20 (9.3%)
	Hemoptysis	17 (7.9%)
	Chest tightness	62 (28.7%)
	Polypnea	29 (13.4%)
Laboratory results	Abnormal WBC	51 (23.6%)
	Abnormal neutrophils ratio	38 (17.6%)
	Abnormal C reactive protein	62 (28.7%)
	Abnormal procalcitonin	68 (31.2%)
	HIV RNA <100 IU/MI	10 (4.6%)
CD4+ T cell count	≤50	153 (70.8%)
	>50 and ≤100	51 (23.6%)
	>100 and <200	12 (5.6%)
Imaging study	Abnormal CT	18 (8.3%)
	Abnormal MRI	22 (10.2%)
	Abnormal X-ray	113 (52.3%)
Outcomes	Improved	201 (93.1%)
	Deteriorated	15 (6.9%)

 Table 2 Patient Characteristics

CD4+ T Cell Count and Pathogen Detected by mNGS

In patients with CD4+ T cell count less than 50 cells/ μ L, mixed infection was detected in 72 patients, while 15 patients showed single pathogen. When CD4+ T cell count was between 50 and 100 cells/ μ L, 25 patients exhibited mixed infection, 21 patients showed single pathogen infection, and 1 patient was detected negative. When CD4+ T cell count



Figure 2 The positivity of microbial pathogens detected by mNGS, compared with CMTs.

	Pathogens	CMTs	mNGS	p value	Sensitivity	Specificity
Fungi	Cyanobacterium marneffei	20	23	0.89	92%	75%
	Pneumocystis jiroveci	10	52	0.03	89%	78%
	Cryptococcus neoformans	32	40	0.13	96%	90%
	Aspergillus niger	23	28	0.32	79%	81%
	Aspergillus fumigatus	18	26	0.41	81%	78%
	Aspergillus flavus	20	25	0.69	75%	70%
	Candida	49	39	0.51	94%	89%
Bacteria	Staphylococcus aureus	31	39	0.13	92%	85%
	Staphylococcus hominis	11	9	0.25	92%	86%
	Tropheryma whipplei	13	8	0.27	86%	79%
	Mycobacterium tuberculosis	39	46	0.32	91%	82%
	Mycobacterium haemophilum	15	21	0.19	87%	81%
	Mycobacterium avium	19	26	0.21	89%	78%
	Mycobacterium columbia	21	18	0.32	89%	83%
	Mycobacterium intracellulare	18	50	0.03	89%	79%
	Mycobacterium vulneris	25	19	0.22	91%	85%
	Mycobacterium abscessus	11	9	0.33	88%	71%
	Mycobacterium kansasii	17	22	0.36	94%	83%
	Mycobacterium parascrofulaceum	9	15	0.12	89%	77%
	Haemophilus	6	39	0.01	89%	76%
	Pseudomonas aeruginosa	29	63	0.02	90%	82%
	Streptococcus pneumoniae	21	59	0.04	90%	81%
	Klebsiella pneumoniae	39	42	0.32	90%	82%
	Mycobacterium rotundum	21	29	0.21	89%	87%
	Actinomyces	15	47	0.04	82%	69 %
	Mycobacterium immobilis	22	19	0.09	85%	78%
	Clostridium perfringens	10	27	0.04	82%	71%
	Staphylococcus maltophilia	26	25	0.12	86%	70%
Viruses	Human herpesviruses	9	23	0.03	86%	81%
	CMV virus	8	25	0.02	97%	86%
	JC virus	3	11	0.04	93%	87%
	Herpesvirus-8	2	18	0.02	91%	76%
	Epstein–Barr virus (EBV)	10	18	0.06	87%	81%
	John Cunningham virus (JCV)	2	6	0.07	89%	80%
	Torque teno virus (TTV)	0	9	0.01	89%	69%
Parasite	Toxoplasma gondii	0	6	0.02	92%	78%

Table 3 Microbial Pathogens Detected by CMTs and mNGS

was more than 100 cells/ μ L but less than 200 cells/ μ L, 31 patients showed mixed infection, 19 patients exhibited single pathogen infection, and 3 patients were detected negative. The CD4+ T cell count in patients with mixed pathogens was significantly lower than that in patients infected with a single pathogen (Figure 6).

Treatment Adjustment Impacted by mNGS and CMTs

Empiric antibiotic treatment was started when patients presented with symptoms suspicious for microbial infection. A total of 199 patients (92.1%) received broad-spectrum antibiotic treatment before mNGS; however, only 89 patients (41.2%) continued broad-spectrum antibiotic treatment after mNGS. Pathogens were quickly identified by mNGS in 151 patients (69.9%), and the initial treatments were adjusted accordingly. As shown in Figure 7, in 47 patients antibacterial agents were adjusted based on mNGS results, 39 patients had their antifungal agents changed, and 35 patients had antiviral agents added. CMV was detected by mNGS in 25 patients, and acyclovir was given



Figure 3 The microbial pathogens detected by mNGS and CMTs in different types of specimens. (A) The microbial pathogens positive rates detected by mNGS in different types of specimens. (B) The microbial pathogens positive rates detected by CMTs in different types of specimens. (C) The microbial pathogens detected by mNGS in different types of specimens.



Figure 4 The mixed microbial pathogen infection detected by mNGS and CMTs.

and symptoms improved quickly. Meanwhile, CMV was identified only in 8 patients by CMTs. Pyrimethamine sulfadiazine was given to 6 patients when mNGS helped identify Toxoplasma gondii. Pneumocystis jirovecii pneumonia is the most common opportunistic infection in HIV patients, and prophylactic treatment was started



Turnaround time

Figure 5 The average turnaround time of mNGS and CMTs.



Figure 6 The relationship of CD4+ T cell count and microbial pathogen infection by mNGS.

when patients presented with respiratory symptoms. Pneumocystis jiroveci was confirmed by mNGS in 52 patients, and trimethoprim/sulfamethoxazole (TMP/SMX) dosage was increased according to mNGS results. The proper treatment strategies were initiated by mNGS results.



Figure 7 Treatment adjustment based on mNGS results.

Discussion

mNGS helps quickly and accurately identify infectious pathogens in HIV patients. Our study showed significant benefits of using mNGS in identification of infectious pathogens in HIV-infected patients. mNGS demonstrated higher sensitivity compared with CMTs. All infectious pathogens identified by CMTs were also detected by mNGS.

Hui et al reported that the turnaround time of mNGS was significantly lower than that of CMTs in management of patients with bronchiectasis.²⁵ Our study showed that mNGS significantly reduced turnaround time of pathogen identification. The average turnaround time of mNGS was about 32 hours, compared with 112 hours for CMTs. The quick identification of pathogens allows the proper treatment strategies to be initiated. Meanwhile, varieties of infectious pathogens were detected in different types of specimens. Pathogens were more often identified in whole blood, BALF, and CSF by mNGS. It is difficult to identify viruses by CMTs; however, our study showed that mNGS detected more viruses in a short turnaround time, compared with CMTs. Unnecessary antibacterial antibiotics were stopped based on mNGS results. Meanwhile, mNGS was able to uncover new infectious pathogens. In our study, mNGS detected Torque teno virus and Toxoplasma gondii, which were not identified by CMTs.

mNGS demonstrates distinctive advantages in identification of mixed and complex infections. Sun et al¹⁹ reported that mNGS showed distinct benefits in detecting mixed infections in patients with severe pneumonia. In our study, mNGS identified 45.3% of patients with mixed infection, while CMTs only identified 27.8% of patients with mixed infection. mNGS identified 14.8% of patients with fungi and virus mixed infection, whereas CMTs identified 10.2% of patients with fungi and virus mixed infection pattern. Mixed infection is difficult to

treat, and it is critical to identify the mixed pathologens as quickly as possible so that the correct treatment can be initiated.

By comparing with gene libraries, mNGS detected all pathogens rapidly and accurately and ensured appropriate application of antimicrobial agents. Hao et al²⁶ showed that more patients with suspected lower respiratory tract infections had theirantibiotics treatment modified based on mNGS results and the majority of patients had a good response.

Zhang et al²⁵ reported that about 50% of patients with suspected infections had their antibiotic treatment adjusted according to mNGS results. The modifications included escalation, discontinuation, and alteration in antibiotic regimen. In our study, 92.1% of patients received empiric broad-spectrum antibiotic treatment based on suspicious symptoms before lab testing. However, only 41.2% of patients continued broad-spectrum antibiotic treatment because mNGS results allowed initiation of proper treatment strategies. A total of 21.8% of patients had adjustment of antibacterial agents based on mNGS results, 18.1% patients had changes to antifungal agents, and in 16.2% patients antiviral agents were added. In particular, acyclovir was started in 11.6% of patients when CMV was detected by mNGS. Pyrimethamine sulfadiazine was started in 2.8% of patients when mNGS identified Toxoplasma gondii, and trimethoprim/sulfamethoxazole (TMP/ SMX) dosage was increased when Pneumocystis jiroveci was confirmed by mNGS.

mNGS is not considered a routine clinical test due to high cost and high equipment requirements. The current agreement in China is that mNGS should be used for some target patient populations, such as immunodeficient patients, including HIV patients, cancer patients, and patients with chronic infections.

It is critical to rule out infection in HIV patients so that empirical antibiotic treatment can be stopped and unnecessary antibiotics treatment avoided. Studies^{27,28} have indicated when mNGS results suggested no pathogens were detected, the negative prediction accuracy rate is significant. Therefore, mNGS has a higher negative predictive value than CMTs. Our study showed that no infectious pathogens were detected in 21 patients by mNGSs, confirmed by CMTs. Antibiotic treatments were stopped, and these patients recovered after supportive care. Some limitations such as costs, quantity of pathogen DNA, sequencing depth, reference database might limit the integration of mNGS into large-scale clinical practice. For example, mNGS is a very sensitive test and might provide false-positive results by identification of microbial contamination from reagents. Therefore, proper negative controls are required in each test to avoid false-positive results. Meanwhile, advanced bioinformatic tools are required to analyze and interpret the large amount of data generated by mNGS. In daily clinical practice, the proper combination of CMTs and mNGS in target patient populations could dramatically improve diagnostic accuracy in life-threatening infections.

In summary, our study suggested that mNGS is a valuable tool and significantly enhanced pathogen identification in HIV patients, with a short turnaround time, and facilitated personalized antimicrobial treatment strategies.

Conclusion

mNGS is a valuable tool and enhances rapid microbiological identification in HIV-infected patients. Combined with CMTs, mNGS may facilitate personalized antimicrobial treatment strategies and increase survival.

Data Sharing Statement

The original data can be requested; requests should be directed to the corresponding authors.

Ethics Statement

Ethical approval (No. EK2023129) was given by the Ethics Committee of the Third Affiliated Hospital, Nantong University. And the written consents were obtained from all enrolled patients.

Author Contributions

XZ, LC, and XW collected patients' clinical information; XZ, JW, XL, and ZH analyzed mNGS and CMTs data; LB analyzed the treatment strategies; and CW and MZ designed the project and drafted and revised the manuscript. All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing

the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

Funding

This study was financially supported by Jiangsu Province Government Scholarship for Medical Health (YSA2021000795). The funder had no role in project design, data collection and analysis, and preparation of the manuscript.

Disclosure

The authors report no conflicts of interest in this work.

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