

# Coumarins from *Citrus aurantiifolia* (Christm.) Swingle Peel with Potential Cytotoxic Activity Against MCF-7 Breast Cancer Cell Line: In Vitro and In Silico Studies

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**Aim:** Breast cancer remains a prevalent and challenging health issue for women globally. In the pursuit of more effective and less harmful therapies, researchers have focused on natural compounds, especially phenolic compounds found in various plants and fruits.

**Purpose:** This study aims to explore the potency of coumarin compounds from *Citrus aurantiifolia* (Christm.) Swingle peel as alternative treatment for breast cancer through in vitro and in silico studies.

**Methods:** Three coumarins were isolated from *C. aurantiifolia* peel through multiple steps of column chromatograph. Their cytotoxic activities against the MCF-7 breast cancer cell line were evaluated using the MTT assay. Additionally, in silico studies, including molecular docking and molecular dynamics simulations, were conducted to evaluate the interactions of the most potent compound with estrogen receptor alpha (ER $\alpha$ ).

**Results:** Chemical investigation of *C. aurantiifolia* peel led to the isolation of three compounds: 5-geranyloxy-7-methoxycoumarin (1), 5-geranyloxy-psoralen (2), and 8-geranyloxy-psoralen (3). Cytotoxic assays revealed that compound 2 exhibited the highest cytotoxic potency against MCF-7 breast cancer cell line with an IC<sub>50</sub> of 138.51  $\pm$  14.44  $\mu$ g/mL, followed by compounds 1 and 3 with IC<sub>50</sub> values of 204.69  $\pm$  22.91 and 478.15  $\pm$  34.85  $\mu$ g/mL, respectively. Molecular docking studies against estrogen receptor alpha (ER $\alpha$ ) showed that 5-geranyloxy-psoralen (2) had a lower docking score (-10.63 kcal/mol) compared to estradiol (-9.99 kcal/mol). Molecular dynamics simulation revealed the binding stability ER $\alpha$ -Compound 2 complex as evidence from the root mean square deviation (RMSD) of 2.964  $\pm$  0.460 Å. Furthermore, pharmacokinetic predictions suggested that 5-geranyloxy-psoralen may possess favourable pharmacokinetic properties, highlighting its potential as a therapeutic agent.

**Conclusion:** The study highlights the potential of coumarin compounds from *C. aurantiifolia* peel as an alternative treatment for breast cancer, particularly 5-geranyloxy-psoralen could be a promising therapeutic agent in breast cancer treatment, warranting further investigation.

**Keywords:** *C. aurantiifolia*, coumarin compounds, MCF-7, breast cancer, molecular docking

## Introduction

Breast cancer remains one of the most prevalent and daunting health challenges facing women worldwide.<sup>1</sup> Characterized by the uncontrolled growth of cells within the breast tissue, this disease can spread to other parts of the body, posing a severe threat to life.<sup>2</sup> Traditional treatments, including surgery, chemotherapy, and radiation, are often accompanied by significant side effects and limitations.<sup>3</sup> In the quest for more effective and less harmful therapies, researchers have turned their attention to natural compounds found abundantly in various plants and fruits.<sup>4</sup>

Coumarins are a class of naturally occurring compounds found in a variety of plants,<sup>5</sup> these compounds are characterized by their benzopyrone structure<sup>6</sup> and are known for their wide range of biological activities, including anti-

inflammatory, anticoagulant, antibacterial, antifungal, antiviral, and anticancer properties.<sup>7</sup> Their versatility and potential therapeutic applications have made them a focal point of studies aimed at developing new treatments for various diseases. Among their many effects, the anticancer properties of coumarins have been particularly noteworthy.

Plant species of genus *Citrus* are known as natural sources of coumarins.<sup>8–10</sup> A wide range of secondary metabolites isolated from genus *Citrus* have been evaluated for their potency to fight against cancer cells. Among these natural compounds, coumarins stand out as potential candidates with potent anti-cancer activities. For example, auraptene, imperatorin, phellopterin, and myrsellin isolated from *C. trifoliata* were reported to exhibit significant anti-proliferative against the human colorectal adenocarcinoma tumor cell line.<sup>11,12</sup> On another study, umbelliprenin and auraptene exhibited anti-proliferative effect against cervical cancer cell line, and breast cancer cell line.<sup>13</sup> As our continuous effort to explore the anticancer potency of natural compounds from *Citrus*, in this paper we report the isolation of three coumarins from lime (*C. aurantiifolia*) peel along with their potency as anticancer against MCF-7 breast cancer cell line through both in vitro and in silico studies.

## Material and Methods

### Sample Preparation

The fruits of *C. aurantiifolia* were obtained from Curah Jati Village, Purwoharjo District, Banyuwangi Regency, East Java, Indonesia. The specimens were verified and documented at the Herbarium Jatinangoriense, Department of Biology, Faculty of Mathematics and Natural Sciences, Universitas Padjadjaran, under the collection reference number 45/HB/02/2021, and identified by Joko Kusmoro. Prior to solvent extraction, the peel of *C. aurantiifolia* was separated from the fruit and distilled using hydrodistillation at 100°C to isolate the essential oil for other research purposes. Subsequently, the peel was dried in the oven at 40°C and then ground into powder.

The secondary metabolites from the *C. aurantiifolia* peel residues were extracted through successive maceration technique. Briefly, a total of 2 kg of *C. aurantiifolia* peel powder was soaked with n-hexane at room temperature. During the maceration process, the samples were manually agitated using glass rode every 24 hours. After four days of maceration, the n-hexane filtrate was collected and concentrated using a rotary evaporator at approximately 40°C. On the other hand, the remaining powder residue underwent maceration with ethyl acetate, following the same procedure. The ethyl acetate filtrate was evaporated under vacuo, yielding 23.45 g of concentrated ethyl acetate extract.

### Coumarin Compounds Isolation

A total of 23 g of ethyl acetate extract was separated using vacuum liquid chromatography (VLC) on a GF254 silica gel stationary phase. The dimensions of the VLC column used were 15 cm in height and 5 cm in diameter. The eluents used were n-hexane, ethyl acetate, and methanol, added in a gradient with a 10% increase in polarity. Fractions with similar thin layer chromatography (TLC) spot patterns were combined, concentrated, and further separated. Fraction B (5.0018 g) was separated using a G60 silica gel stationary phase (0.063–0.200 mm) with n-hexane:ethyl acetate (9:1) as the eluent. Fraction B1 (105.8 mg) was then separated using the same stationary phase with n-hexane:methylene chloride:ethyl acetate (7:2:1) as the eluent, yielding compound 1 (73.1 mg). Meanwhile, fraction B2 (405.2 mg) was separated using ethyl acetate:n-hexane:methylene chloride:ethyl acetate (6:2:2) as the eluent, yielding compound 2 (114.5 mg).

Fraction C (1.2 g) was separated using open column chromatography with a gradient of n-hexane:ethyl acetate (5%), resulting in seven combined fractions labeled C1–C7. Fraction C4 (102.9 mg) was further separated using open column chromatography with a gradient of n-hexane:ethyl acetate (1%), yielding six combined fractions labeled C4A–C4F. Fraction C4C (69.2 mg) was then subjected to another round of open column chromatography using n-hexane:methylene chloride (4:6) as the eluent, which led to the isolation of compound 3 as a white solid (34.8 mg).

### Chemical Structure Determination

The structures of compounds 1–3 were determined by analyzing data from ultraviolet (UV) spectroscopy, infrared spectroscopy (IR), mass spectrometry (MS), proton nuclear magnetic resonance spectroscopy (<sup>1</sup>H-NMR), and carbon nuclear magnetic resonance spectroscopy (<sup>13</sup>C-NMR). The UV spectrum of compound 1–3 was recorded using a UV-

1800 Shimadzu spectrophotometer. The IR spectrum was recorded using a One Perkin Elmer Spectrum FTIR spectrometer, whereas the mass spectrum was recorded using a Waters Xevo QTOF spectrometer, and the NMR spectrum was recorded using a JEOL ECZ-500 spectrometer at 500 MHz. The NMR spectrum of compound 1–3 was analyzed using delta 6.0.0 software.

## In Vitro Cytotoxic Assay

MCF-7 cells (ATCC HTB-22) were cultured in RPMI-1640 medium supplemented with 10% Fetal Bovine Serum (FBS) and 50  $\mu$ L/50 mL antibiotics. The cells were incubated in 96-well plates for 24 hours at 37°C and 5% CO<sub>2</sub>. Subsequently, samples of varying concentrations were added to the plates. The concentration variations were achieved by dissolving the samples in DMSO. In this assay, DMSO was used as the negative control (solvent), while cisplatin was used as the positive control. After 24 hours of incubation, 10% PrestoBlue reagent was added to each well, and the incubation was continued for 1 hour until a color change was observed. SDS stopper was then added, and the absorbance was measured at  $\lambda=570$  nm using a multimode reader. The IC<sub>50</sub> value was determined from a graph of the percentage of viable cells compared to the control (%), which contained only FBS and DMSO, against the sample concentration ( $\mu$ g/mL).

## Molecular Docking and Molecular Dynamics Simulation

In this study, the human estrogen receptor alpha (ER $\alpha$ ) ligand-binding domain was used for molecular docking and molecular dynamics simulation. The 3D X-ray crystal structure of the protein was retrieved from the Protein Data Bank (PDB) (<https://www.rcsb.org>, accessed on 27 October 2024) with PDB ID of 3ERT. The protein was downloaded as a complex of ER $\alpha$  with 4-hydroxytamoxifen as the co-crystallized ligand.<sup>14</sup>

Before performing molecular docking for the compound of interest, a redocking procedure was carried out to validate the molecular docking protocol. The Biovia Discovery Studio (DS) 2021 Client software was used to remove water from the protein-ligand complex. Following, the protein and ligand were separated and individually saved as pdb files. Both of the protein and ligand files were further processed using AutoDockTools 1.5.6. and each was saved as pdbqt format file. The redocking procedure was performed using AutoDock4 (v4.2.6). The grid box size was set to 40  $\times$  40  $\times$  40 with center coordinates of 31.349, -1.602, and 25.604 (x, y, z) and a spacing of 0.375 Å. The redocking procedure yielded a root mean square deviation (RMSD) of 1.02 Å, indicating that the molecular docking procedure was valid.<sup>15</sup> The AutoDock4 scoring function was used to calculate the binding energy of the docked configuration.<sup>16</sup>

The protonation state of the compound of interest at physiological pH of 7.4 was predicted using Chemaxon MarvinSketch software. The three-dimensional (3D) structure was then generated and optimized using the MMFF94 force field with Avogadro software and saved in the pdb format. This 3D structure was processed for molecular docking using AutoDockTools 1.5.6. and saved in the pdbqt format. Subsequently, the structure underwent molecular docking, adhering to the protocol outlined for the redocking process.

The molecular dynamics (MD) simulation was performed using the Particle-Mesh Ewald Molecular Dynamics (PMEMD) module within AMBER20, with GPU acceleration as described in our previous study.<sup>17</sup> The initial minimization process included 1000 steps using the steepest descent method followed by 2000 steps of the conjugate gradient method, applying a harmonic force of 5 kcal mol<sup>-1</sup> Å<sup>-2</sup>. This was succeeded by 5000 steps of unrestricted conjugate gradient minimization to rectify any spatial overlaps. The system's temperature was progressively increased to 300 K in 20 ps increments (0-100 K, 100-200 K, and 200-300 K), taking a total of 60 ps. An equilibration phase followed, ensuring stable density, pressure, and gradual force release over 1000 ps. Finally, production runs were conducted for 100 ns, with each step lasting 2 fs.<sup>18</sup> The ccpraj program within AmberTools21 was utilized to carry out the MD trajectory analyses, which included RMSD and root mean square fluctuation (RMSF). Additionally, the ante-MMPBSA.py in AmberTools21 was utilized for the calculation of the MMGBSA binding energy and energy decomposition analysis of the protein-ligand complex.

## In silico Toxicity and Pharmacokinetics Prediction

The toxicity and pharmacokinetics of compound 2 were predicted using the ADMETlab 2.0 web server (<https://admetmesh.scbdd.com/> accessed October 27<sup>th</sup>, 2024) as described in our previous study.<sup>19</sup>

## Results

### Structure Elucidation of Compound 1-3

Compound 1 was obtained as white needle-like crystal. The UV spectrum of compound 1 in methanol solvent showed the presence of four peaks. The absorption at  $\lambda_{\max}$  227 nm ( $\epsilon$  6.699) and 251 nm ( $\epsilon$  13.289) indicates the presence of electronic transition of  $\alpha,\beta$ -unsaturated system from the K band. Additionally, the presence of weak absorption at  $\lambda_{\max}$  313 nm from the R band and 268 nm of the B band indicates the presence of aromatic system in the chemical structure of compound 1. The IR spectrum showed the presence of C=O functional group ( $\nu_{\max}$  = 1735  $\text{cm}^{-1}$ ), aromatic C=C (1614  $\text{cm}^{-1}$ ), geminal dimethyl (1440 and 1364  $\text{cm}^{-1}$ ), C-H  $\text{sp}^2$  (3091  $\text{cm}^{-1}$ ), C-H  $\text{sp}^3$  (2969 and 2912  $\text{cm}^{-1}$ ), and C-O bond (1158  $\text{cm}^{-1}$ ). The HR-TOFMS spectrum revealed that compound 1 has  $m/z$  of 329.1747  $[\text{M}+\text{H}]^+$  (calculated 329.1753 for  $\text{C}_{20}\text{H}_{25}\text{O}_4^+$ ).  $^1\text{H-NMR}$  (500 MHz, acetone- $\text{D}_6$ )  $\delta_{\text{H}}$  (ppm): 1.56 (3H, *s*, H-9'), 1.61 (3H, *s*, H-10'), 1.75 (3H, *s*, H-4'), 2.12 (2H, *m*, H-5' dan H-6'), 3.87 (3H, *s*, O- $\text{CH}_3$ ), 4.69 (2H, *d*,  $J$  = 6.5 Hz, H-2'), 5.09 (1H, *m*, H-7'), 5.49 (1H, *td*,  $J$  = 6.5; 1.0 Hz, H-2'), 6.09 (1H, *d*, 9.5, H-3), 6.43 (1H, *s*, H-3), 6.45 (1H, *s*, H-8), and 7.99 (1H, *d*, 9.5, H-4).  $^{13}\text{C-NMR}$  (125 MHz, acetone- $\text{D}_6$ )  $\delta_{\text{C}}$  (ppm): 15.9 (C-4'), 16.9 (C-9'), 24.9 (C-10'), 26.1 (C-6'), 39.3 (C-5'), 55.5 (C-7), 65.7 (C-1'), 92.8 (C-8), 95.7 (C-10), 103.7 (C-6), 110.7 (C-6), 119.1 (C-2'), 123.8 (C-7'), 131.3 (C-8'), 138.5 (C-4), 141.5 (C-5), 156.4 (C-5), 156.9 (C-9), 160.2 (C-7), and 164 (C-2). The NMR spectrum of compound 1 is consistent with 5-geranyloxy-7-methoxycoumarin reported in the literature.<sup>20</sup>

Compound 2 was obtained as yellow oil. UV (MeOH)  $\lambda_{\max}$ : 225 ( $\epsilon$  8.207), 252 ( $\epsilon$  11.588), 312 ( $\epsilon$  923), and 269 ( $\epsilon$  9.536) nm. HRTOF-MS:  $m/z$  339.1580  $[\text{M}+\text{H}]^+$  (calculated 339.1596,  $\text{C}_{21}\text{H}_{23}\text{O}_4^+$ ).  $^1\text{H-NMR}$  (500 MHz, acetone- $\text{D}_6$ )  $\delta_{\text{H}}$  (ppm): 1.57 (3H, *brs*, H-9'); 1.63 (3H, *brs*, H-10'); 1.67 (3H, *brs*, H-4'); 2.07 (2H, *m*, H-5' and H-6'); 5.03 (2H, *d*, 7.1); 5.04 (1H, *s*, H-7'); 6.27 (1H, *d*,  $J$  = 9.8 Hz); 7.15 (1H, *dd*,  $J$  = 2.5; 1.0 Hz); 7.18 (1H, *brs*); 7.15 (1H, *dd*,  $J$  = 2.5; 1.0 Hz); and 7.78 (1H, *d*,  $J$  = 2.4 Hz).  $^{13}\text{C-NMR}$  (125 MHz, acetone- $\text{D}_6$ )  $\delta_{\text{C}}$  (ppm): 16.7 (C-10'), 17.7 (C-9'), 25.7 (C-8'), 26.2 (C-5'), 39.5 (C-4'), 69.8 (C-1'), 94.2 (C-8), 105.1 (C-6), 107.5 (C-10), 112.5 (C-3), 114.2 (C-11), 118.9 (C-2'), 123.5 (C-6'), 132 (C-7'), 123.5 (C-6'), 132 (C-7'), 139.7 (C-4), 143.1 (C-3'), 144.9 (C-7), 149 (C-5), 152.7 (C-9), 158.1 (C-12), 161.3 (C-2). The NMR spectrum of compound 2 is consistent with 5-geranyloxy psoralen reported in the literature.<sup>20</sup>

Compound 3 was obtained as white solid. UV (MeOH)  $\lambda_{\max}$ : 248 nm ( $\epsilon$  17.211), 218 nm ( $\epsilon$  17.583), 301 nm ( $\epsilon$  91). IR (KBr pellets)  $\nu_{\max}$   $\text{cm}^{-1}$ : 2923 (C-H), 1819 (C=O), 1586 (C=C). HRTOF-MS:  $m/z$  361.1429  $[\text{M}+\text{Na}]^+$  (calculated 361.1416,  $\text{C}_{21}\text{H}_{22}\text{O}_4\text{Na}^+$ ).  $^1\text{H NMR}$  (500 MHz,  $\text{CDCl}_3$ ): 1.54 (3H, *s*); 1.62 (3H, *s*); 1.67 (3H, *s*); 1.98 (4H, *d*,  $J$  = 2.5 Hz); 4.97 (1H, *m*); 5.01 (2H, *d*,  $J$  = 7 Hz); 5.56 (1H, *t*,  $J$  = 7 Hz and 14 Hz), 6.34 (1H, *d*,  $J$  = 9.5 Hz); 6.79 (1H, *d*,  $J$  = 2.5 Hz); 7.34 (1H, *s*); 7.67 (1H, *d*,  $J$  = 2.5 Hz); 7.74 (1H, *d*,  $J$  = 9.5 Hz).  $^{13}\text{C NMR}$  (125 MHz,  $\text{CDCl}_3$ ): 16.6 (C-10''); 17.7 (C-9''); 25.7 (C-8''); 26.4 (C-5''); 39.6 (C-4''); 70.1 (C-1''); 106.8 (C-3''); 113.3 (C-5); 114.7 (C-3); 116.5 (C-10); 119.4 (C-2''); 123.8 (C-6''); 125.9 (C-6); 131.6 (C-8); 131.8 (C-7''); 143.2 (C-9); 144.0 (C-3''); 144.4 (C-4); 146.7 (C-2''); 148.8 (C-7); 160.6 (C-2). The NMR spectrum of compound 3 is consistent with 8-geranyloxy psoralen reported in the literature.<sup>21</sup>

### Cytotoxic Activity of Compound 1-3 Against MCF-7 Breast Cancer Cell Line

The cytotoxic activity against MCF-7 breast cancer cell line of the ethyl acetate extract of *C. aurantiifolia* peel, compound 1-3 were evaluated using the resazurin assay (Table 1). According to the United States National Cancer Institute (USNCI), the cytotoxic activity of a compound is classified as highly cytotoxic if the  $\text{IC}_{50}$  value is  $<20$   $\mu\text{g/mL}$ , moderate if the  $\text{IC}_{50}$  is between 21 and 200  $\mu\text{g/mL}$ , weak if the  $\text{IC}_{50}$  is between 201 and 500  $\mu\text{g/mL}$ , and non-cytotoxic if the  $\text{IC}_{50}$  is  $>500$   $\mu\text{g/mL}$ .<sup>22</sup>

The cytotoxic assay revealed that the ethyl acetate fraction of *C. aurantiifolia* peel exhibited stronger inhibitory activity against the MCF-7 breast cancer cell line compared to compounds 1-3. This enhanced activity may be attributed to the synergistic effects of multiple chemical compounds present in the ethyl acetate fraction.<sup>23</sup> Among the isolated compounds, 5-geranyloxy psoralen (2) showed better cytotoxic activity compared to 5-geranyloxy-7-methoxycoumarin (1) and 8-geranyloxy psoralen (3).

**Table 1** Cytotoxic activity of *C. aurantiifolia* ethyl acetate extract and compound 1–3 against MCF-7 breast cancer cell line

| Sample                             | IC <sub>50</sub> |                  | Category     |
|------------------------------------|------------------|------------------|--------------|
|                                    | µg/mL            | µM               |              |
| Ethyl acetate extract              | 69.34 ± 0.85     | –                | Moderate     |
| 5-geranyloxy-7-methoxycoumarin (1) | 204.69 ± 22.91   | 623.27 ± 67.9    | Weak         |
| 5-geranyloxy psoralen (2)          | 138.51 ± 14.44   | 409.31 ± 45.3    | Moderate     |
| 8-geranyloxy psoralen (3)          | 478.15 ± 34.85   | 1412.98 ± 102.98 | Weak         |
| Cisplatin                          | 3.99 ± 0.08      | 13.22 ± 0.28     | Highly toxic |

## Molecular Docking and Molecular Dynamics Simulation of Compound 2 Against ER $\alpha$

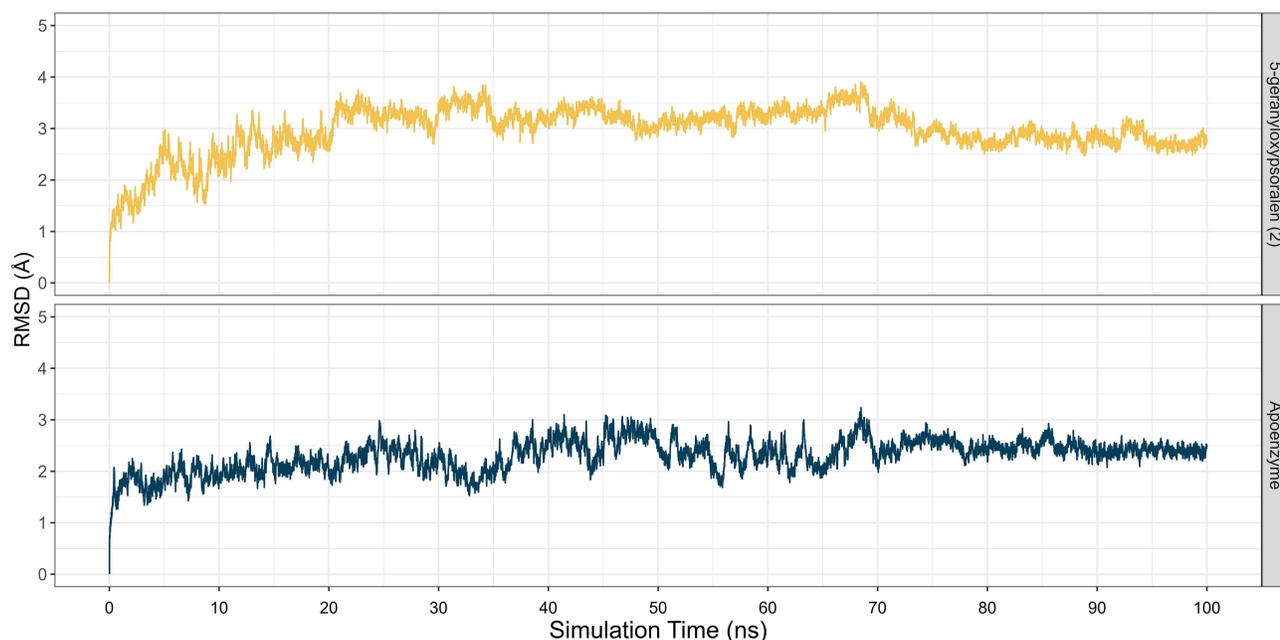
The cytotoxic assay against the MCF-7 breast cancer cell line revealed that compound 2 exhibited the highest inhibitory activity among all the compounds being evaluated. Given this promising result, the next step involved conducting molecular docking studies against ER $\alpha$ . Molecular docking studies revealed that compound 2 binds to ER $\alpha$  with a docking score of -10.63 kcal/mol. While this docking score is slightly higher (less negative) than that of the standard drug, 4-hydroxytamoxifen (-12.26 kcal/mol), it is more favorable than that of estrogen (-9.99 kcal/mol), which is the substrate of ER $\alpha$  (Table 2). The RMSD plot of ER $\alpha$  apoenzyme and ER $\alpha$ –compound 2 complex derived from a 100 ns molecular dynamics simulation is given in Figure 1. The RMSD value of ER $\alpha$ –compound 2 complex was 2.964 ± 0.460 Å, whereas the apo form was 2.302 ± 0.307 Å. The RMSF analysis for each amino acid residues of ER $\alpha$  are represented in Figure 2.

## In Silico ADMET Prediction of Compound 2

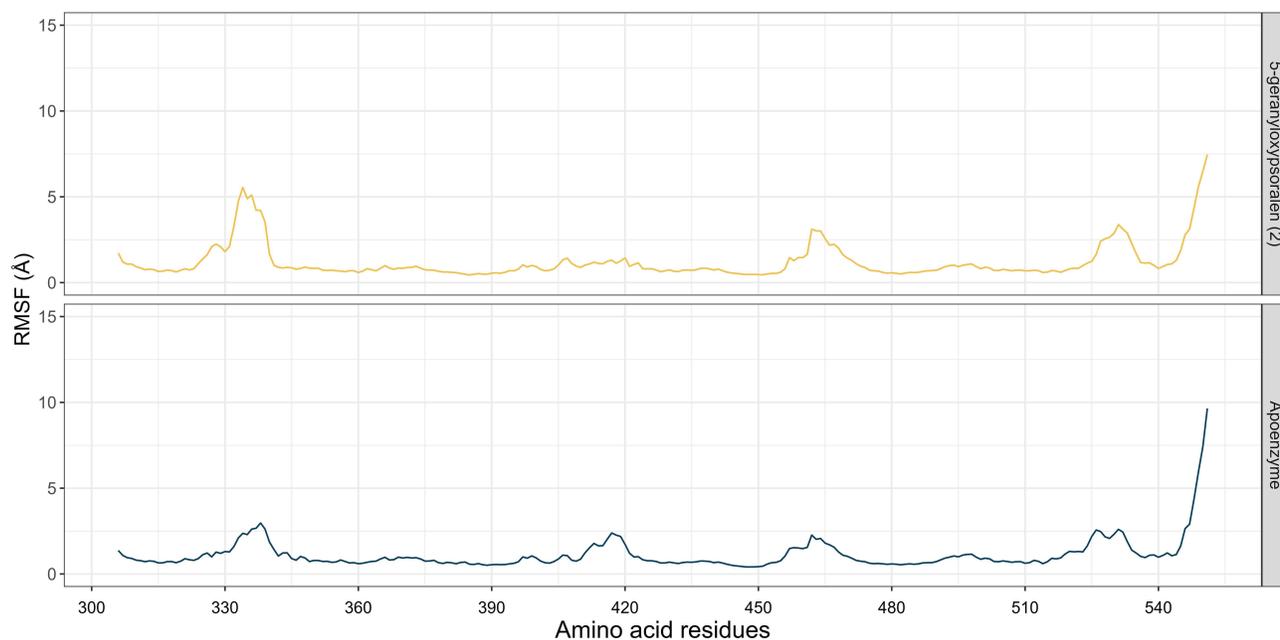
The toxicity prediction suggested that compound 2 demonstrates a relatively favorable safety profile with some concerns. It is predicted to exhibit a low risk of hERG blockers, indicating a minimal likelihood of interfering with cardiac ion channels that could lead to heart arrhythmias. Additionally, compound 2 shows a low risk of being mutagenic or carcinogenic, suggesting it is unlikely to cause genetic mutations or contribute to cancer development. However, compound 2 does present a medium risk of drug-induced liver injury and high risk of human hepatotoxicity, indicating potential for liver damage when used at certain dosages or over extended periods. The pharmacokinetic predictions of compound 2, including its absorption, distribution, metabolism, and excretion (ADME) properties, are presented in Table 3.

**Table 2** Docking scores of compound 2, 4-hydroxytamoxifen, and estrogen–ER $\alpha$  complexes derived from molecular docking

| Compound              | Docking Score (kcal/mol) | Interaction with Amino Acid Residues |  |
|-----------------------|--------------------------|--------------------------------------|--|
|                       |                          | Hydrogen Bond                        | Hydrophobic  |
| 4-Hydroxytamoxifen    | -12.26                   | Arg394, Glu353                       | <b>Pi-Alkil:</b> Leu525, Met421, Met388, Ile424, Leu428, Leu391, Leu387.<br><b>Pi-Pi Stacked:</b> Leu346<br><b>Pi-Sulfur:</b> Met343   |
| Estradiol             | -9.99                    | His524, Arg394                       | <b>Pi-Alkil:</b> Ile424, Leu384, Leu387, Met388, Ala350, Leu391, Leu525, Leu346<br><b>Pi-Pi T-Shaped:</b> Phe404   |
| 5-Geranyloxy psoralen | -10.63                   | Arg394                               | <b>Pi-Alkil:</b> Leu428, His524, Leu525, Leu346, Leu384, Ala350, Leu387, Trp383<br><b>Pi-Sigma:</b> Leu391<br><b>Pi-Pi Stacked:</b> Phe404<br><b>Pi-Sulfur:</b> Met421, Met388 |



**Figure 1** The RMSD plot of ER $\alpha$  apoenzyme and ER $\alpha$ -compound 2 complex over 100 ns time trajectory.



**Figure 2** The RMSF plot of ER $\alpha$  apoenzyme and ER $\alpha$ -compound 2 complex over 100 ns time trajectory.

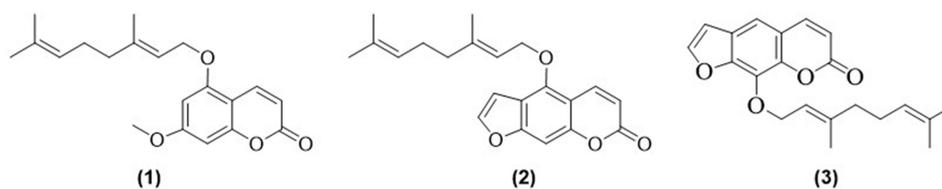
## Discussion

In this study, we investigated the potential cytotoxic activity of coumarin compounds isolated from the peel of *C. aurantiifolia* against the MCF-7 breast cancer cell line. Chemical investigation of the ethyl acetate fraction of *C. aurantiifolia* has led to the isolation of three coumarin compounds. The chemical structures of these coumarin compounds were determined through multiple spectroscopy methods and were identified as 5-geranyloxy-7-methoxycoumarin (1), 5-geranyloxy-psoralen (2), 8-geranyloxy-psoralen (3) (Figure 3).

**Table 3** Pharmacokinetics prediction of compound 2

| Pharmacokinetic Property | Parameters                      | Predicted Values          |
|--------------------------|---------------------------------|---------------------------|
| Absorption               | Caco-2 permeability             | -4.776 log cm/s           |
|                          | MCDK Permeability               | $1.9 \times 10^{-5}$ cm/s |
|                          | Pgp-Inhibitor                   | No                        |
|                          | Pgp-Substrate                   | No                        |
|                          | Human Intestinal Absorption     | High                      |
| Distribution             | Protein Binding                 | 91.648%                   |
|                          | Volume distribution             | 1.028                     |
|                          | Blood Brain Barrier Penetration | Yes                       |
|                          | Fraction unbound                | 8.809%                    |
| Metabolism               | CYP1A2 inhibitor                | Yes                       |
|                          | CYP1A2 substrate                | No                        |
|                          | CYP2C19 inhibitor               | Yes                       |
|                          | CYP2C19 substrate               | No                        |
|                          | CYP2C9 inhibitor                | Yes                       |
|                          | CYP2C9 substrate                | Yes                       |
|                          | CYP2D6 inhibitor                | Yes                       |
|                          | CYP2D6 substrate                | Yes                       |
|                          | CYP3A4 inhibitor                | Yes                       |
|                          | CYP3A4 substrate                | No                        |
| Excretion                | Clearance                       | 10.8 mL/min/kg            |
|                          | Half-life                       | 0.116                     |

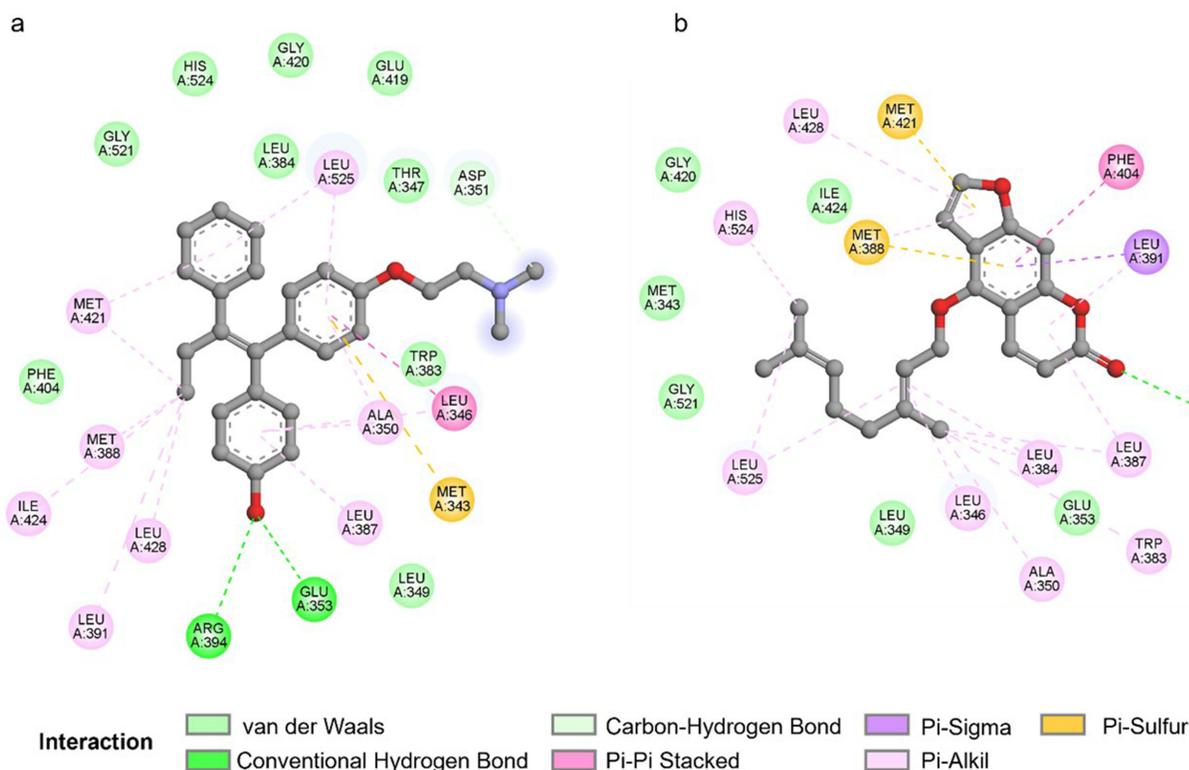
The cytotoxicity of compound 1-3 along with the ethyl acetate fraction was evaluated against MCF-7 breast cancer cell line. The result revealed that the ethyl acetate fraction of *C. aurantiifolia* peel exhibited stronger inhibitory activity compared to compounds 1-3. This enhanced activity may be attributed to the synergistic effects of multiple chemical compounds present in the ethyl acetate fraction.<sup>23</sup> Among the isolated compounds, 5-geranyloxy psoralen (2) showed better cytotoxic activity compared to 5-geranyloxy-7-methoxycoumarin (1) and 8-geranyloxy psoralen (3). Although our research does not report the cytotoxicity of compound 2 on normal cells, Zhang et al, (2019) reported that compound 2 did not exhibit cytotoxic effects on normal cells.<sup>24</sup>

**Figure 3** Chemical structure of compound 1-3.

Analysis of the chemical structures of compounds 1-3 and their corresponding cytotoxic activities highlights the crucial role of the geranyloxy position in determining cytotoxic efficacy. Both compounds 1 and 2, which have the geranyloxy group at the C5 position, exhibited higher cytotoxic effects compared to compound 3, which has the geranyloxy group at the C8 position. This suggests that the position of the geranyloxy group is critical for enhancing cytotoxic activity against MCF-7 cells. The important role of the geranyloxy group at the C5 position to enhance cytotoxic activity of coumarins is supported by a previous study, which showed that 5-geranyloxy coumarin exhibited enhanced cytotoxic effect against HeLa cell line compared to 3-geranyloxy coumarin, 4-geranyloxy coumarin, and 7-geranyloxy coumarin.<sup>25</sup>

In the development and progression of the MCF-7 breast cancer cell line, ER $\alpha$  plays a pivotal role to trigger a series of signaling pathways that promote cell proliferation, survival, and differentiation.<sup>26</sup> MCF-7 cells are ER $\alpha$ -positive, meaning they express high levels of this receptor, which is activated by the hormone estrogen.<sup>27</sup> The cytotoxic assay against the MCF-7 breast cancer cell line revealed that compound 2 exhibited the highest inhibitory activity among all the compounds being evaluated. Given this promising result, the next step involved conducting molecular docking studies against ER $\alpha$ . Molecular docking studies revealed that despite the docking score of compound 2 is slightly higher (less negative) than that of the standard drug, 4-hydroxytamoxifen, it is more favorable than that of estrogen, which is the substrate of ER $\alpha$ .

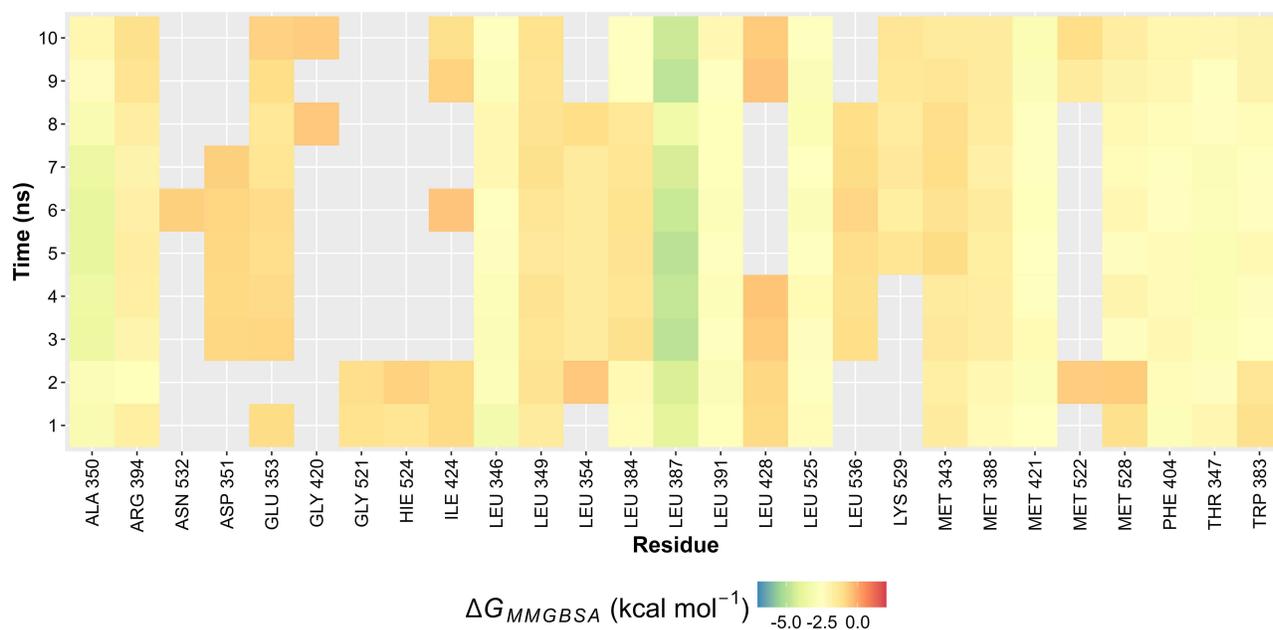
Figure 4 illustrates the molecular interaction comparison between 4-hydroxytamoxifen and compound 2 within the ligand-binding pocket of ER $\alpha$ . Both 4-hydroxytamoxifen and compound 2 establish hydrogen bonds with Arg394, a critical amino acid residue essential for binding estrogen. Arg394 interacts with the phenolic hydroxyl moiety of estrogen, underscoring its importance in maintaining receptor-ligand stability.<sup>28</sup> Additionally, both compounds engage with hydrophobic residues, including Leu525, Leu346, and Met421. These interactions contribute significantly to the binding affinity and stability of the complexes, especially Leu346 is considered as antiestrogenic residue which plays a crucial role in the recognition of antiestrogenic ligands.<sup>29,30</sup> Furthermore, both compounds exhibit  $\pi$ - $\pi$  stacking interactions with Met343, further enhancing their binding within the receptor's pocket.



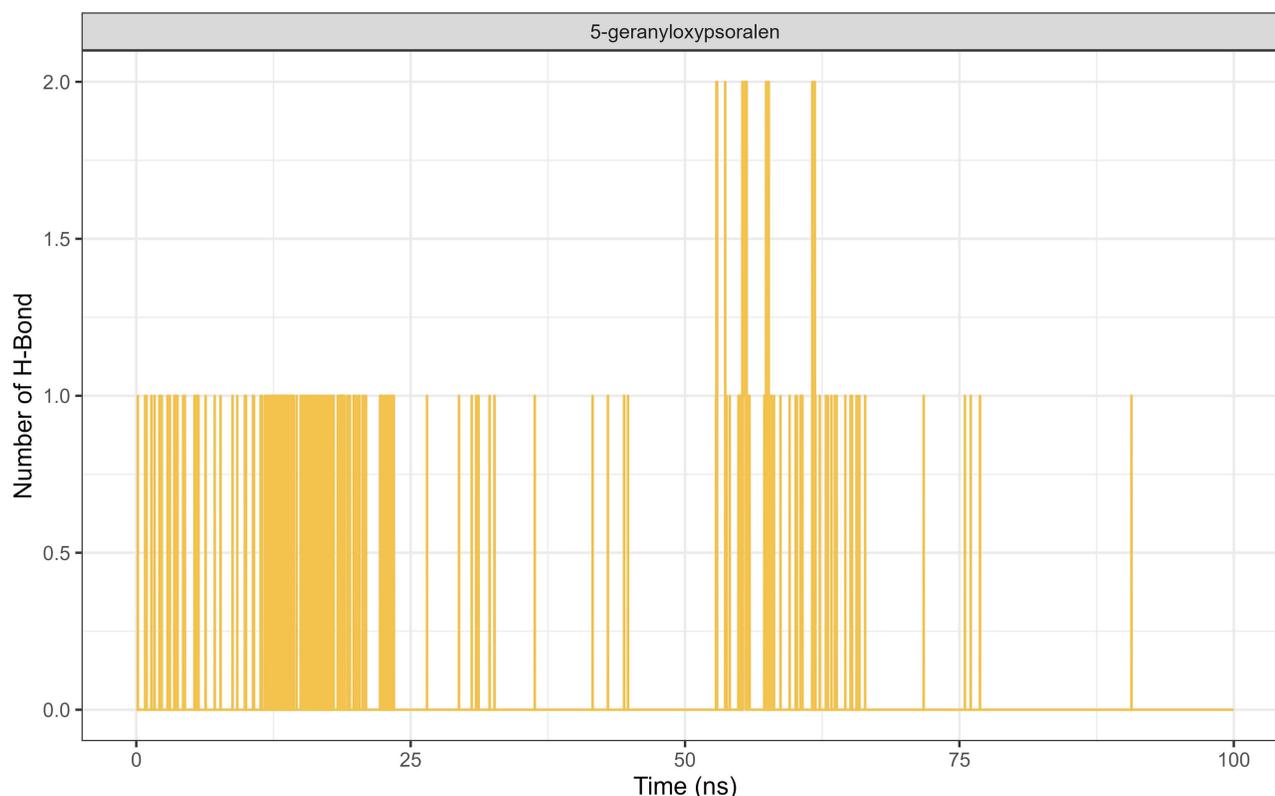
**Figure 4** Molecular interaction of 4-hydroxytamoxifen (a) and compound 2 (b) within the ligand binding pocket of ER $\alpha$ .

In addition to molecular docking, molecular dynamics simulation was conducted to further evaluate the stability of ER $\alpha$ -compound 2 complex and the complex-free binding energy. In molecular dynamics simulation, the RMSD values could be employed to analyze the stability of protein-ligand complex.<sup>31</sup> The 100 ns molecular dynamics simulation revealed that there is conformational change in the Apo form of ER $\alpha$  as the binding effect of compound 2. Though the ER $\alpha$ -compound 2 complex exhibited higher RMSD than that of the Apo form of ER $\alpha$ , the complex is considered stable since the RMSD value does not exceed 3 Å.<sup>32</sup> The conformational change of ER $\alpha$ -compound 2 complex is further supported by the RMSF plot (Figure 2). RMSF analysis revealed that several amino acids underwent significant fluctuation, these are including Asp332 (3.28 Å), Pro333 (4.73 Å), Thr334 (5.54 Å), Arg335 (4.89), Pro336 (5.09 Å), Phe337 (4.23 Å), Ser338 (4.20 Å), Lys531 (3.38 Å), Asn532 (3.12 Å), His547 (3.12 Å), Arg548 (4.32 Å), Leu549 (5.59 Å), His550 (6.49 Å), and Ala551 (7.46 Å). Furthermore, the MMGBSA free binding energy calculation revealed the binding energy of ER $\alpha$ -compound 2 complex was  $-46.36 \pm 2.56$  kcal/mol. The amino acid residues that responsible for molecular recognition of compound 2 are represented in Figure 5. From the MMGBSA free energy decomposition analysis, revealed that among these amino acid residues, Ala350 ( $-3.18 \pm 0.64$  kcal/mol); Glu 353 ( $-0.92 \pm 0.30$  kcal/mol); Arg394 ( $-1.73 \pm 0.44$  kcal/mol), Leu387 ( $-4.43 \pm 0.48$  kcal/mol), Leu391 ( $-2.63 \pm 0.18$  kcal/mol), Leu525 ( $-2.58 \pm 0.21$  kcal/mol), Met343 ( $-1.30 \pm 0.27$  kcal/mol), Met388 ( $-2.63 \pm 0.19$  kcal/mol), Met343 are also present in the binding of OHT, which is the antagonist of ER $\alpha$ . Hydrogen bond analysis (Figure 6) revealed that during the 100 ns simulation, compound 2 generally formed only one hydrogen bond with Arg394, with a fraction of 0.024. This finding further underscores the significance of Arg394 in the binding stability of the ER $\alpha$ -compound 2 complex.

Preliminary toxicity prediction is a critical component of drug discovery and development, as it helps identify potential safety issues early in the process, thereby reducing the risk of costly failures in later stages.<sup>33</sup> In terms of toxicity, compound 2 demonstrates a relatively favorable safety profile with some concerns. It is predicted to exhibit a low risk of hERG blockers, indicating a minimal likelihood of interfering with cardiac ion channels that could lead to heart arrhythmias. Additionally, compound 2 shows a low risk of being mutagenic or carcinogenic, suggesting it is unlikely to cause genetic mutations or contribute to cancer development. However, compound 2 does present a medium risk of drug-induced liver injury and high risk of human hepatotoxicity, indicating potential for liver damage when used at certain dosages or over extended periods. Nevertheless, according to Yazici et al, (2023), compound 2 does not induce hepatotoxicity; rather, it exhibits hepatoprotective properties. Compound 2 was reported to prevent paracetamol-induced



**Figure 5** Heatmap representation of MMGBSA binding energy decomposition for amino acid residues of ER $\alpha$  ligand binding pocket that interact with compound 2.



**Figure 6** Hydrogen bond analysis of ER $\alpha$ -compound 2 complex from 100 ns molecular dynamics trajectories.

hepatotoxicity in rats after an overdose, demonstrating its potential to protect the liver from acute damage caused by hepatotoxic agents.<sup>34</sup>

In addition to toxicity prediction, pharmacokinetics prediction is also important as it provides early insights into a drug candidate's ADME properties. The pharmacokinetics prediction of compound 2 is given in Table 3. In terms of drug absorption, compound 2 is predicted to have high permeability in both Caco-2 and MDCK cell lines, suggesting efficient absorption through the intestinal epithelium and a good potential for bioavailability. Furthermore, compound 2 is identified as a poor P-glycoprotein (Pgp) inhibitor and is not a substrate of Pgp. This indicates a reduced likelihood of being actively effluxed out of cells by Pgp transporters, which often limits the absorption and distribution of many drugs. Additionally, the high human intestinal absorption further supports its potential for effective oral administration.

In terms of drug distribution, compound 2 exhibits several favourable pharmacokinetic properties. It shows high protein plasma binding, indicating that a significant portion of the drug binds to plasma proteins, potentially prolonging its circulation time in the bloodstream. The compound also displays an appropriate volume of distribution, suggesting it is well distributed throughout bodily tissues. Additionally, compound 2 demonstrates high blood-brain barrier (BBB) penetration, crucial for targeting central nervous system (CNS) disorders such as Alzheimer's Disease. Moreover, it has a medium fraction unbound, indicating a balanced proportion of the drug remains free in the plasma to exert its therapeutic effects.

Regarding metabolism, compound 2 is predicted to undergo modification by the cytochrome P450 enzymes CYP2D6 and CYP2C9. These enzymes play a crucial role in the metabolism of many drugs, suggesting compound 2 may be metabolized efficiently in the liver. Additionally, compound 2 has the potential to inhibit the activity of several CYP enzymes, including CYP1A2, CYP2C19, CYP2C9, CYP2D6, and CYP3A4. This broad inhibition profile could have significant implications for drug interactions, affecting the metabolism of other co-administered drugs that are substrates for these enzymes. The inhibition of these enzymes could lead to increased plasma concentrations of other drugs, potentially causing adverse effects or toxicity. Therefore, careful consideration of

drug–drug interactions and dose adjustments may be necessary when compound 2 is used in combination with other medications.

Though compound 2 exhibited high value of  $IC_{50}$ , which potentially rise challenges in achieving therapeutic concentrations of compound 2 in vivo. Despite this hurdle, compound 2 shows promising therapeutic potential. Advanced drug delivery systems, such as nanoparticle-based carriers or liposomes, can be utilized to enhance the bioavailability and targeted delivery of compound 2, ensuring higher local concentrations at the site of action.<sup>35,36</sup> Additionally, using compound 2 in combination with other agents that have synergistic effects may lower the required therapeutic dose and enhance overall efficacy. By implementing these strategies, the limitations posed by the high  $IC_{50}$  values of compound 2 can be mitigated, thereby enhancing its translational potential for therapeutic applications.

## Conclusion

Chemical investigation of *C. aurantiifolia* peel resulted in the isolation of three compounds: 5-geranyloxy-7-methoxycoumarin (1), 5-geranyloxypsoralen (2), and 8-geranyloxypsoralen (3). Cytotoxic assays revealed that compound 2 exhibited the highest cytotoxic potency against MCF-7 breast cancer cell line, with an  $IC_{50}$  of  $138.51 \pm 14.44 \mu\text{g/mL}$ , followed by compounds 1 and 3 with  $IC_{50}$  values of  $204.69 \pm 22.91 \mu\text{g/mL}$  and  $478.15 \pm 34.85 \mu\text{g/mL}$ , respectively. The structure–activity relationship analysis highlighted the critical role of the geranyloxy group's position in enhancing the cytotoxic activity of these compounds against MCF-7 breast cancer cell line. Molecular docking study against  $ER\alpha$  showed that 5-geranyloxypsoralen (2) exhibited lower docking score compared to estrogen. Furthermore, molecular dynamics simulation revealed the stable-binding  $ER\alpha$ –compound 2 as evidence from RMSD values. In addition, toxicity and pharmacokinetics predictions revealed that compound 2 possesses a relatively favorable toxicity and pharmacokinetics profile, further supporting its promise as a candidate for further preclinical evaluation and development. These findings highlight the therapeutic potential of compound 2 and emphasize the importance of structural modifications in optimizing cytotoxic efficacy.

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## Disclosure

The authors report no conflicts of interest in this work.

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