

Absorbable Antibacterial Envelope Reduces Surgical Site Infections for Intrathecal Pain Pump Implants: A Retrospective Analysis

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Introduction

Surgical site infections (SSIs) remain a significant contributor to healthcare expenditures, amounting to ~\$3 billion annually in the USA with each hospital-acquired SSI adding an average total cost of \$28,219 to the overall healthcare system.¹ Currently, limited, yet growing evidence exists for the utility of prophylactic approaches.¹ An absorbable antibacterial envelope (AAE), TYRX (Medtronic, Minneapolis, USA), has been previously used to reduce device implant SSI rates among cardiac and certain neuromodulation devices.^{2,3} However, its utility in reducing infection rates for intrathecal pain pumps (ITPP) has only been briefly examined.⁴ Thus, the aim of this retrospective study was to evaluate the reduction in associated SSI rates with the use of AAE for ITPP implants.

Methods

A retrospective analysis with Institutional Review Board approval (#2024P000789) at a single institution (Brigham and Women's Hospital) was performed on patients ≥ 18 years of age who underwent ITPP implant by any of nine pain management providers between January 1, 2016 to June 30, 2023 (Table 1). ITPP was defined as any intrathecal drug delivery system being implanted that contained either opioid or local anesthetic as the primary medication being delivered. Patients either had the AAE (off-label use for antibacterial prophylaxis) or no AAE implanted along with their ITPP. Exclusion criteria included prior intrathecal pump-related infections or lack of follow-up data within 12 months following implant of device. Data collected included age, gender, indications for device implant, co-morbidities, supplementary infection prevention prophylaxis, in addition to any SSI within 12 months after device implant, as previously described (Tables 1 and 2).² Categorical data were analyzed using Fisher's exact test and continuous data were analyzed using unpaired *t*-test. Statistical analysis was performed using GraphPad Prism Version 10.4.1. The requirement for informed consent was waived due to the retrospective nature of the study and minimal risk to participants. All data were de-identified prior to analysis to ensure patient confidentiality. The study was conducted in accordance with the ethical principles outlined in the Declaration of Helsinki.

Results

A total of 313 patients who had ITPP implants met inclusion criteria with 207 in the AAE implanted group and 106 in the no AAE implanted group (Table 1). The average ages in the AAE and no AAE group were 59.7 ± 11.8 yrs and 58.3 ± 12.8 yrs ($p = 0.10$), and women were predominant in both groups, 53.1% (110/207) and 66.0% (70/106) ($p = 0.03$), respectively. The top indication for ITPP implant in the AAE group was post-laminectomy syndrome (45.4%, 94/207),

Table 1 Demographics, Indications for ITPP Implant, Co-Morbidities, and Supplementary Infection Prevention Prophylaxis for Study Participants. Sterile Skin Preparation Included Cleansing with Chlorhexidine or Povidone-Iodine. Antibiotics Prior to Incision Included Cefazolin, Clindamycin, or Vancomycin Depending on Surgeon Preference, Pre-Operative Methicillin-Resistant Staphylococcus Aureus (MRSA) Swab Testing, and Patient Allergies. Antibiotic Pocket Wash Contained Normal Saline with Vancomycin. ^Non-Significant ($p=0.10$), ^^ $p=0.03$

	AAE (N, %)	No AAE
Age (yrs)^	59.7 ± 11.8	58.3 ± 12.8
Sex		
M^^	97 (46.9%)	36 (34.0%)
F	110 (53.1%)	70 (66.0%)
Total	207	106
Indications		
Post-laminectomy syndrome	94 (45.4%)	40 (37.7%)
Chronic low back pain	25 (12.1%)	3 (2.8%)
Chronic abdominal pain	11 (5.3%)	9 (8.5%)
Cancer pain	35 (16.9%)	45 (42.5%)
Other (eg MS, SCI, CRPS)	42 (20.3%)	9 (8.5%)
Co-morbidities		
T1DM	5 (2.4%)	1 (0.9%)
T2DM	33 (15.9%)	14 (13.2%)
Obesity (kg/m ²)	79 (38.2%)	30 (28.3%)
Class I (30 > BMI ≤ 35)	60 (29.0%)	16 (15.1%)
Class II (35 > BMI ≤ 40)	13 (6.3%)	10 (9.4%)
Class III (BMI > 40)	6 (2.9%)	4 (3.8%)
CHF	20 (9.7%)	7 (6.6%)
Renal failure	10 (4.8%)	5 (4.7%)
Immunocompromised	15 (7.2%)	13 (12.3%)
Long-term corticosteroid use	9 (4.3%)	12 (11.3%)
Active tobacco use	34 (16.4%)	11 (10.4%)
Malnutrition	8 (3.9%)	2 (1.9%)
Infection Prevention		
Sterile skin preparation	207 (100.0%)	106 (100.0%)
Antibiotics prior to incision	207 (100.0%)	106 (100.0%)
Antibiotic pocket wash	207 (100.0%)	106 (100.0%)

Abbreviations: AAE, absorbable antibacterial envelope; MS, multiple sclerosis; SCI, spinal cord injury; CRPS, complex regional pain syndrome; T#DM, type # diabetes mellitus, where # is 1 or 2; CHF, congestive heart failure; BMI, body mass index.

Table 2 Comparison of Surgical Site Infection (SSI) Rates Between Implant Groups with AAE and Without AAE. Major Infections Were Defined as SSIs Requiring Revision Surgery or Device Explant. Minor Infections Encompassed All Other Known SSIs. Due to Rounding to One Significant Number, Totals Do Not Sum Properly. ^Fisher's Exact Test $p = 0.02$, Odds Ratio = 0.33, 95% CI: [0.13,0.87]. AAE Was Used off-Label for ITTP Antibacterial Prophylaxis

Infections, N (%)		
	AAE	No AAE
Major	3 (1.4%)	3 (2.8%)
Minor	4 (1.9%)	8 (7.5%)
Total^	7 (3.4%)	11 (10.4%)

and for the no AAE group, it was cancer pain (42.5%, 45/106). The leading co-morbidity for both groups was obesity, with 38.2% (79/207) and 28.3% (30/106), respectively. In the AAE and no AAE group, 3.4% (7/207) and 10.4% (11/106) developed SSIs ($p = 0.02$), respectively. Patients in the AAE group had a lower likelihood of developing an infection (OR = 0.33, 95% CI [0.13, 0.87]).

Discussion

The AAE releases minocycline and rifampicin over the course of a minimum of 7 days and is fully absorbed by 9 weeks.⁵ First used in a large-scale study to prevent infections during placement of cardiac implantable electronic devices (CIED), the AAE demonstrated a reduction of 40% in infection rate with benefits extending beyond the 12-month observation period, and its use has now been extended to specific neuromodulation devices.^{2,6}

Unfortunately, this same benefit did not appear to extend to neuromodulation devices, as seen in a single-center retrospective study evaluating the infection rates among spinal cord stimulation (SCS) device implants.⁷ No statistically significant difference in infection rates ($p = 0.6$) was observed between the group with and without TYRX (one specific absorbable antibacterial envelope), but the authors did note that all the infections in the TYRX group could be managed with oral antibiotics and six out of the seven infections in the no TYRX group required intravenous antibiotics.⁷ One criticism of this study was that the four cases of SSI in the TYRX group were not confirmed objectively with culture data, but were counted as SSI based on the action of intravenous antibiotics being administered for suspected infection.⁷ On the contrary, six of the seven infections in the no TYRX group were confirmed with cultures, and if the calculation were to include only confirmed cases, there would have been a difference of zero to six infections ($p = 0.014$).⁷

The present study does examine the use of AAEs for ITTP implants. This retrospective analysis of 313 total patients who met inclusion criteria demonstrated a statistically significant lower rate of overall surgical site infections between the AAE and no AAE groups, 3.4% and 10.4%, respectively ($p = 0.02$). There was also a lower rate of both major and minor surgical site infections in the AAE group (Table 2). Major infections were defined as SSIs requiring revision surgery, such as washout, or device explant. Minor infections encompassed all other SSIs. Unlike the prior study, all infections in the given study were culture-confirmed, and our cohort had approximately 50% more participants.⁷

While the use of AAEs for ITTP implants was used off-label for antimicrobial prophylaxis, AAEs have been used for a wide range of device implants for the neurosurgical domain including deep brain stimulators and spinal cord stimulators.⁴ Intrathecal drug-delivery system implantation infection rates traditionally range from approximately 2.5–9%.¹ Potential SSI with intrathecal drug-delivery system implants can result in life-threatening complications such as meningitis.¹ The results of our retrospective analysis suggest that AAEs may be a feasible way to reduce SSIs but further prospective studies are needed.

Limitations

Our study was limited by its retrospective nature, which can be prone to selection and observatory bias. Propensity score matching to adjust for any biases was not employed given the low number of events in both groups, especially in the AAE group. Furthermore, it could potentially limit statistical power and ability to assess any meaningful associations. If the events in the AAE group were reduced, it could inflate the association.

Conclusions

Our retrospective study of AAEs in the interventional pain space demonstrated a statistically significant decrease in association with ITTP-implant SSIs. To further evaluate the efficacy of the AAE for ITTP implants, multi-center, randomized controlled trials are needed.

Disclosure

Dr R Yong is a consultant for Medtronic outside the submitted work. The authors report no other conflicts of interest in this work.

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