ORIGINAL RESEARCH

Mu opioid receptor (OPRMI) as a predictor of treatment outcome in opiate-dependent individuals of Arab descent

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Correspondence: Laith N AL-Eitan Centre for Forensic Science, The University of Western Australia, 35 Stirling Highway, Crawley WA 6009, Australia Tel + 61 8 6488 7286 Fax + 61 8 6488 7285 Email laith_aleitan@hotmail.com **Background:** A number of research studies on the genetics of opiate dependence have focused on the μ -opioid receptor (*OPRM1*), which is a primary target for opiates. This study aims to identify genetic polymorphisms within the *OPRM1* gene involved in response to the biopsychosocial treatment in opiate-dependent individuals of Arab descent.

Methods: Unrelated Jordanian Nationals of Arab descent (N = 183) with opiate dependence were selected for this study. These individuals, all males, met the DSM-IV criteria for opiate dependence and were undergoing a voluntary 8-week treatment program at a Jordanian Drug Rehabilitation Centre. All individuals were genotyped for 22 single nucleotide polymorphisms (SNPs) within the *OPRM1* gene using the Sequenom MassARRAY[®] system (iPLEX GOLD). Statistical analyses were carried out using the R package.

Results: Patients receiving biopsychosocial treatment showed that there was a significant difference in their *OPRM1* SNPs' genotyping distribution between good, moderate, and poor responders to the treatment at two sites (rs6912029 [G-172T], and rs12205732 [G-1510A], P < 0.05, Fisher's exact test).

Conclusion: This study is the first report of an association between the *OPRM1* G-172T and G-1510A polymorphisms and treatment response for opiate dependence. Specifically, this study demonstrated that the *OPRM1* GG-172 and GG-1510 genotypes were more frequent among patients who were nonresponders to the biopsychosocial treatment. However, further pharmacogenetic studies in a larger cohort of opiate-dependent patients of Arab descent are needed to confirm these findings and identify individuals with increased chance of relapse.

Keywords: OPRM1, association, opiates, dependence, treatment response, Arab

Introduction

Opiates are considered to be among the most addictive illicit drugs.¹ Anthony et al² reported that 23% of individuals who use opiates at least once in their lifetime become dependent, compared to17% for cocaine and 13% for other illicit drugs. Opiate dependence has the highest propensity for causing physical harm to the user, and societal harm through damage to family and social circles. The economic costs of opiate dependence are also high and include the costs of health care, social care, and crime.^{3–6}

Currently, the three major maintenance pharmacotherapies for the treatment of opioid dependence are methadone, buprenorphine, and naltrexone.⁷ When combined with psychosocial services, these maintenance treatments are effective in reducing opiate use, dangerous behavior, and criminal activity, while improving the mental health of patients.^{6,7} However, the majority of opiate-dependent individuals remain out of treatment, and those who remain in treatment exhibit only 60%–70%

success rates.⁶ Therefore, it remains an essential goal to further the understanding of the factors underlying poor treatment outcomes and assist in the development of more individualized, optimized, and ultimately more effective treatments for opiate drug dependence.

Pharmacogenetic studies have shown that both methadone and buprenorphine display a large interindividual variability in their pharmacokinetics and contribute to high interindividual variability in response to opiate-dependence treatment.7-9 Meta-analyses of many studies of naltrexone hydrochloride have also suggested that the effect size for response over placebo is in the small-to-moderate range.¹⁰⁻¹⁴ Several genetic studies have suggested that naltrexone does not have therapeutic effects in some alcohol-dependent individuals.14-17 Human laboratory studies have also reported that alcohol increases endogenous opioids usage more in patients with a family history of alcohol dependence.¹⁸ Apart from alcohol dependence, little attention has been devoted to the possible genetic factors affecting the treatment response to naltrexone in opiate drug dependence. However, demonstrations of the role of the brain's opioidergic system in mediating drug tolerance and dependence have identified it as a potential source of interindividual variability in the pharmacodynamics' response to opioids (eg, heroin, buprenorphine, and methadone) and opiate antagonists such as naltrexone.14-17

Research into the genetics of opiate dependence has focused on the opioidergic system, which is the primary target for opiates – in particular, heroin.^{7,19} Heroin is converted into morphine in vivo and activates the opioid receptors (μ , δ , κ).^{7,20,21} This modulates several physiological processes such as pain, reward, nociception, immune, and gastric function, and stress and treatment responses.^{7,20,21} The opioid receptor μ 1 (*OPRM1*) is thought to account for most of the opioidergic effects.^{20–22} *OPRM1* is also the primary site of action of endogenous ligands such as β -endorphin and enkephalin²³ and μ -opioid receptor antagonists such as naltrexone,²⁴ agonists such as methadone,²⁵ or partial antagonists such as buprenorphine.²⁰ Haile et al¹⁹ reported that opiates' physiological and subjective effects are associated with enhanced release of β -endorphin.

The *OPRM1* gene (6q24-q25; Gene ID: 4988) encodes the μ opioid receptor, which is widely distributed in the brain.²⁶⁻²⁸ The *OPRM1* receptor is a membrane of the G protein-coupled receptor family,^{23,29} and over 300 *OPRM1* sequence variants have been identified to date.^{30,31} The A118G Single-nucleotide polymorphism (SNP) in exon 1 of the *OPRM1* gene is the SNP most frequently found in the human population.³²

This polymorphism encodes an Asn40Asp amino acid substitution that appears to be associated with changes in function. Bond et al³³ reported that β -endorphin has a higher binding affinity (threefold) at the Asp40 mutated receptor than at the receptor encoded by Asn40.^{33,34} In addition, β -endorphin activates G protein-coupled inwardly rectifying potassium channels (GIRKs) more in the presence of the Asp40 allele than the Asn40 allele.^{33,34} However, other studies have reported that the binding affinity or potency of β -endorphin for the variant receptor is not different from the normal receptor.^{23,33–35} A recent meta-analysis reported that the *OPRM1* Asn40Asp does not appear to affect risk for drug dependence,³⁶ but other studies report that it may influence response to opioid antagonist treatment for alcohol dependence using naltrexone.³⁷

Various studies have provided varied and conflicting results for an association between opioid receptor gene polymorphism and treatment response.^{35–41} For example, Oslin et al found that individuals with the Asp40 allele had significantly lower rates of relapse and took longer to resume heavy drinking than Asn40/Asn40 homozygous in a sample of 130 European American alcoholics receiving naltrexone as treatment.⁴² A similar result has been found in Korean alcoholics with a higher therapeutic effect of naltrexone in individuals who had the Asp40 variant genotype compared to the Asn40 genotype.³⁹

As very few pharmacogenetics studies have been conducted on the treatment of opiate dependence, such studies are required to better understand how opiate addicts respond to specific drug treatments. This study aimed to identify genetic variations within the *OPRM1* gene involved in responsiveness to the biopsychosocial treatment in Jordanian opiate-dependent patients of Arab descent.

Materials and methods Study patients

Patients for this study were recruited from inpatient and outpatient programs at the National Centre for Rehabilitation of Addicts (NCRA) at the Jordanian Ministry of Health and the Drug Rehabilitation Centre at the Jordanian Public Security Directorate (DRC-PSD). Inclusion criteria were having a diagnosis of opiate dependence and being unrelated Jordanian Arab males and between 18 and 58 years of age. The *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition* (DSM-IV) was used to assess the medical and psychiatric status of patients.⁴³ Psychiatric diagnosis was established using a structured baseline interview, which was based on the Addiction Severity Index (ASI) criteria.⁴⁴ The clinical diagnoses and structured clinical interviews were conducted by independent psychiatric consultants. Patients were excluded if any of the following applied: axis-I comorbidity such as diagnosis of schizophrenia, major depression, bipolar I and II disorder, schizoaffective disorder, a serious medical illness, or those receiving psychotropic medications. Those patients with serious medical conditions such as neuroendocrine, metabolic, or cardiovascular diseases, neurodegenerative disorders, or epilepsy were also excluded. If patients used more than one substance, they were included only if their major drug dependence was an opiate. Initially, 500 patients were screened (see Figure 1). Based on the inclusion and exclusion criteria mentioned above, 350 patients were approached to participate in this study. Of these patients, 130 patients could not finish the treatment program for clinical reasons. Of the remaining

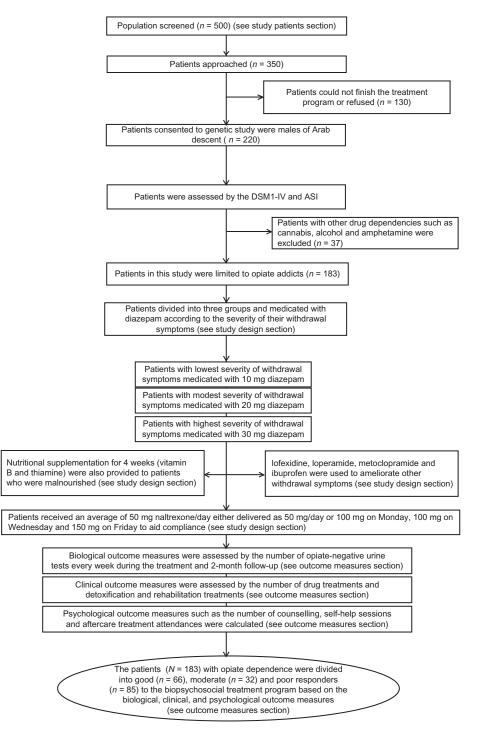


Figure I Flow chart of subjects, treatment approach, and outcome measures.

Abbreviations: ASI, The Addiction Severity Index; DSM-IV, The Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition.

patients, 220 agreed to be part of this study. A further 37 (16%) patients were then excluded from the final analysis due to the type of drug dependence and the samples were limited to only opiate dependence. In total, complete data were obtained from 183 patients with opiate dependence.

This study was conducted according to the provisions of the Australian Medical Association Code of Ethics and the World Medical Association Declaration of Helsinki. The study was also subject to, and in compliance with, the National Statement on Ethical Conduct in Human Research, Australia (2007). Ethical approval to conduct this research was granted by the Human Research Ethics Committee of The University of Western Australia (Ref No RA/4/1/4344). This study was also approved by the Human Ethics Committee of the Jordanian Ministry of Health (Ref No Development/Trainees/535) and by the Institutional Review Board of the Jordan University of Science and Technology (Ref No RA/16/1/2010). Written informed consent was obtained from all patients before participation in the study.

Study design

At the initial screening, several procedures were undertaken to collect demographic and clinical data. These included capturing demographic data such as date of birth, sex, nationality, marital status, children, and occupation. A medical history including drug overdose and suicide attempts was also taken from the participants' medical records. Information on substance abuse was also collected from their medical records including type of substance, cause of addiction, initial date of addiction, starting and last taken amount of opiate, route of administration, with-drawal periods, and hospitalizations due to opiate abuse. Data on smoking status and blood relatives with a history of drug abuse were also collected from participarts' medical records. All data were coded and no specific individual was identified.

Treatment approach

All subjects who met the DSM-IV criteria for opiate dependence received biopsychosocial treatment in the NCRA and DRC-PSD programs (see Figure 1). Treatment consisted of 7-day inpatient detoxification using a regime of diazepam medication and 7-week oral naltrexone as maintenance treatment. This is often accompanied by withdrawal symptoms and occasionally fatal side effects.⁷ Four other oral medications (lofexidine, loperamide, metoclopramide, and ibuprofen) were used to ameliorate other withdrawal symptoms such as stomach cramps and diarrhea, and nutritional supplementations (vitamin B and thiamine) were provided for 4 weeks. The NCRA and DRC-PSD treatment program also provided patients with psychosocial support. Inpatient groups were offered counseling sessions three times a week for a total of 8 weeks. Each session lasted for 2 hours. In addition, patients participated in 1-hour individual counseling sessions per week over the 8-week treatment program. These participants were described as patients completing treatment and continuing with aftercare programs.

In the NCRA and DRC-PSD programs, chlordiazepoxide is prescribed for outpatients as it has a lower abuse potential. Valium (diazepam) is used for inpatients as it has a faster action and a higher dose effect. All patients are given four doses of diazepam every day at early morning, midday, early evening, and at bedtime and reviewed daily to assess withdrawal symptoms. On admission, they are given four separate doses of 30 mg. The next day's planned dosages are based on ongoing assessment of the patients' symptoms rather than the length of the course or the prescribed starting dose. The patients recruited for the study were divided into three groups according to the severity of their withdrawal symptoms. The first group of patients (lower-dose responders) had the lowest severity of withdrawal symptoms and were medicated with 10 mg diazepam four times a day. The second group of patients (high-dose responders) had moderately severe withdrawal symptoms and were medicated with equal to or greater than 20 mg diazepam four times a day. The third group of patients (high-dose nonresponders) consisted of nonresponders to treatment with severe withdrawal symptoms and were medicated with equal to or greater than 30 mg diazepam four times a day. Four other oral medications were used to ameliorate other withdrawal symptoms: lofexidine, loperamide, metoclopramide, and ibuprofen. Lofexidine, an α -adrenergic agonist, was used to reduce the other withdrawal symptoms such as chills, sweating, stomach cramps, diarrhea, muscle pain, runny nose, and watering eyes. These patients, underwent, a 10-day course of lofexidine treatment starting at 0.2 mg two to four times a day and increasing in units of 0.4 mg to a maximum of 2.4 mg. Loperamide was used for treatment of diarrhea. All patients were given an initial dose of 4 mg after each loose stool up to a total of 16 mg per day. Metoclopramide was used for the treatment of nausea and vomiting. Patients were prescribed 10 mg/day up to a maximum of 30 mg/day. Ibuprofen was used to reduce fever and headaches and treat muscle pains. Patients were given an initial dose of 0.4 mg of ibuprofen every 4 to 6 hours, which was increased to a maximum daily dose of 1.6 mg according to their response and tolerance to the drug. Supplementary vitamins (eg, vitamin B and thiamine) were also provided to patients who were malnourished.

For the patients who had successfully completed the detoxification and withdrawal period and who had been opiate free for more than 7 days, the opiate antagonist, naltrexone, was used as an aid to prevent relapse and promote abstinence. The drug was given at a starting dose of 25 mg/day, increased to 50 mg/day. Sometimes, patients received an average of 50 mg naltrexone/day either delivered as 50 mg/day or 100 mg on Monday, 100 mg on Wednesday, and 150 mg on Friday to aid compliance.

Patients completing the intensive program are offered an aftercare program, which includes one individual counseling session per week for up to 6 months. The treatment approach is problem-oriented and focuses on achieving well-defined goals such as the availability, accessibility, affordability, and efficiency to all substance abuse patients in need of treatment. These objectives are outlined in a treatment plan that is prepared at admission and is updated for each new treatment program. Medical, behavioral, supportive, and relapse prevention strategies are drawn from different treatment models.⁷ In this study, the treatment team was kept blind to the genetic status of the patients.

Outcomes measures

A semi-structured baseline interview was developed from the ASI criteria. These interviews were used to collect the demographic and clinical data of the 183 patients. The family history of substance abuse was also obtained. This allowed the subset of drug-dependent patients whose addiction may be influenced by genetic factors to be identified.⁴⁵ Berrettini and Persico suggest that the likelihood of detecting susceptibility genes is higher in these individuals.⁴⁶ In-treatment, end-oftreatment, and follow-up assessments were also conducted to provide valid estimates of opiate abstinence. Retention and attrition from treatment were also recorded (see Figure 1).

The measures to assess outcome were the number of negative urines. Urine drug screening (UDS) was performed for all patients at the NCRA and DRC-PSD on the day of admission to the treatment program. Every week during the treatment, after treatment completion and each follow up, the patients were randomly screened for drugs using The Multi Drug Test 10 Panel (Jant Pharmacal Corporation, Encino, CA). This test is a one-step immunoassay for the detection of cannabis, cocaine, phencyclidine, opiates, methamphetamine, methadone, amphetamine, barbiturates, benzodiazepines, and oxycodeine. The number of negative UDS for opiates was adopted as a measure of opiate abuse during and after treatment. Missed urine samples were not taken into account for data analysis.

The number of drug treatments and detoxification and rehabilitation treatments were recorded as this offered another estimate of treatment retention. Attendance was determined as duration from the date of admission to date of the last visit. The number of treatment sessions attended by the patients including the total number of counseling and self-help sessions was calculated. This measure was used to reflect participation in the treatment process. The number of patients who dropped out of treatment was also considered. Attrition was defined as patients who stopped attending the treatment program within 7 days of admission. Attendance at aftercare treatment was also recorded. The opiate-dependent patients (n = 183) were divided into good (n = 66), moderate (n = 32), and poor (n = 85)responders to the biopsychosocial treatment based on the biological, clinical, and psychological outcome measures mentioned above.

SNP selection and genotyping

To date, ten human OPRM1 splice variants have been identified. They contain the same exons 1, 2, and 3 of the normal human OPRM1 (Gene ID: 4988, Gene bank Accession #: NM 000914.2, Gene Alias: KIAA0403, MOR, MOR1, OPRM), which has four exons. However, they differ in their splicing downstream of exon 3. All splice variants result in amino acid sequence changes to the C-terminus of the µ-opioid receptor and may affect the activity of the receptor.⁴⁷⁻⁴⁹ Of these, the normal human OPRM1 gene has been most extensively investigated (Table 1). In this study, 22 OPRM1 SNPs were selected from public databases including the following: the SNP database of the National Centre for Biotechnology Information (NCBI) (http://www.ncbi. nlm.nih.gov/SNP/), the Applied Biosystems SNP database (http://www.appliedbiosystems.com), and the International HapMap Project (http://www.hapmap.org/). The positions of the SNPs in OPRM1 and the relative distance to the translation initiation site are given in Table 1.

Genomic DNA was extracted from whole blood using a Gentra Puregene Kit (QIAGEN Inc, Valencia, CA). All individuals were genotyped for the chosen 22 SNPs within the *OPRM1* gene using the Sequenom MassARRAY[®] system (iPLEX GOLD) (Sequenom, San Diego, CA). Briefly, PCR and single-base extension primers (SBE) were designed using MassARRAY assay design software (3.1; Sequenom), which allows iPLEX reactions for SBE designs with the modified masses associated with the termination mix. The manufacturer's instructions for the multiplex reaction were followed throughout the entire process, including the

SNP_ID	Chr position ^a	SNP	SNP gene location	Discrepancy rate ^b	Call rate
rs6912029	154,402,201	G > T	Upstream (5′-UTR)	0.00%	100%
rs12205732	154,400,626	A > G	Upstream (5′-UTR)	0.00%	100%
rs 79997	154,402,490	A > G	Exon I	0.00%	100%
rs510769	154,403,712	A > G	Intron I	0.00%	100%
rs511435	154,410,240	A > G	Intron I	0.00%	100%
rs524731	154,416,785	C > A	Intron I	0.05%	99 %
rs3823010	154,420,845	A > G	Intron I	0.00%	100%
rs1381376	154,434,951	A > G	Intron I	0.00%	100%
rs3778151	154,435,373	C > T	Intron I	0.00%	100%
rs563649	154,449,660	A > G	Exon 2	0.00%	100%
rs2075572	154,453,697	C > G	Intron 2	0.00%	100%
rs540825	154,456,139	T > A	Intron 3	0.07%	99 %
rs675026	154,456,256	G > A	Intron 3	0.12%	99 %
rs562859	154,456,266	A > G	Intron 3	0.25%	99 %
rs548646	154,459,840	A > C/G > T	Intron 3	0.52%	97%
rs648007	154,464,304	C > T	Intron 3	0.00%	100%
rs9322447	154,466,013	G > A	Intron 3	0.00%	100%
rs609148	154,472,707	C > T	Intron 3	0.07%	99 %
rs606148	154,477,679	G > T	Intron 3	0.00%	100%
rs632395	154,478,944	C > T	Intron 3	0.00%	100%
rs648893	154,480,321	C > T	Intron 3 0.07%		99 %
rs671531	154,482,434	A > G	Downstream (3'-UTR)	0.00%	100%

Notes: *Chromosome positions are based on NCBI Human Genome Assembly Build 36.3; ^bratio of the number of discordant genotypes to the number of duplicates; 'ratio of the number of valid genotypes to the number of subjects genotyped (N = 183) at each locus.

Abbreviations: 3'-UTR, 3' untranslated region; 5'-UTR, 5' untranslated region.

polymerase chain reaction (PCR) amplification (Sequenom), the shrimp alkaline phosphatase (SAP) enzyme (Sequenom) treatment to dephosphorylate the dNTPs unincorporated in the PCR, the SBE reactions using an iPLEX GOLD assay (Sequenom), and the clean-up with a resin kit (Sequenom) to desalt the iPLEX reaction products. PCR and SBE primer sequences and all protocol conditions are available upon request. Reaction products were dispensed onto a 384-element SpectroCHIP bioarray (Sequenom) using a MassARRAY Nanodispenser and assayed on the MassARRAY platform. Mass differences were detected with matrix-assisted laser desorption/ionization time-offlight mass spectrometry (MALDI-TOF MS). MassARRAY Workstation software (v.3.3; Sequenom) was used to process and analyze the iPLEX SpectroCHIP bioarray. Typer Analyzer v.4.0.2 software (Sequenom) was used to analyze all genotypes obtained from the assays.

Statistical analysis

Consistency with Hardy-Weinberg equilibrium (HWE) was tested using an exact test implemented in PowerMarker software (version 3.25; Paul Lewis, Bioinformatics, North Carolina State University: see http://statgen.ncsu.edu/powermarker).⁵⁰ Continuous variables were compared using the ANOVA *F*-test, Kruskal-Wallis test, Wilcoxon rank-sum test, Welch test, and Student's *t*-test as appropriate. Categorical variables were analyzed using Pearson's χ^2 tests, and Fisher's exact test. A significance level of $\alpha = 0.05$ was applied and a variance of P < 0.05 was considered to be statistically significant. All statistical analyzes were carried out using R software (http://www.r-project.org/).

Results

Sample characteristic

The study group consisted of 183 unrelated Jordanian Arab males meeting the DSM-IV criteria⁴³ for opiate dependence. The majority of these patients (92%) also had nicotine codependence. Cannabis abuse was common (58%) and 53% were alcoholics. The mean age (\pm SD) of these patients was 33 \pm (8.6) years with a range of 18 to 58 years. The median age of the patients was 32 (range: 18 to 58). Both genotype and phenotype data were available for these patients.

All patients received biopsychosocial treatment at the NCRA and the DRC-PSD for 8 weeks. There were 66 (36%) good responders, 32 (18%) moderate responders, and 85 (46%) poor responders. The description of the three groups, including demographic, nicotine status, opiate consumption (beginning and last taken amount [grams per day]), drug use, dependence

Category	Subcategory	Good responders	Moderate responders	Poor responders	P value ^f
Demographics	Patients (n, %)	(66/183) 36%	(32/183) 18%	(85/183) 46%	
	Ageª [years]	31.0 [7.64]	33.1 [9.64]	34.5 [8.68]	0.0469 ^g
	Marital (single, married, divorced) (%)	(47%, 53%, 0%)	(47%, 50%, 3%)	(24%, 72%, 5%)	0.0055 ^h
	Education (%)	26%	16%	20%	0.4770 ⁱ
	Employment (%)	33%	31%	44%	0.3120 ⁱ
	Children (%)	41%	44%	75%	<0.000 l ⁱ
	Family with history of drug use (%)	21%	31%	20%	0.4110 ⁱ
Nicotine status	Nicotine (%)	80%	94%	82%	0.1830 ⁱ
	Age ^a when start smoking [years]	13.1 [7.33]	14.6 [5.00]	12.9 [6.99]	0.4880 ^g
	Nicotine cigarette per day ^a (#)	23.9 [18.30]	34.8 [16.70]	29.6 [21.80]	0.0304 ^g
Opiate consumption	Beginning taken amount ^a (grams per day)	0.495 [0.27]	0.362 [0.215]	0.864 [2.67]	0.3030g
	Last taken amount ^a (grams per day)	0.996 [0.67]	0.86 [0.52]	1.43 [0.81]	<0.0001g
Other drug use ^b	Alcohol (%)	61%	53%	67%	0.3590
	Cocaine (%)	3%	3%	2%	1.0000 ^h
	Benzodiazepines (%)	55%	31%	68%	0.0014 ⁱ
	Amphetamine (%)	14%	28%	8%	0.0203
	Cannabis (%)	56%	31%	60%	0.0184 ⁱ
Opiate dependence	Age ^a first opiate use (years)	22.1 [6.51]	22.8 [7.08]	22.3 [6.08]	0.8850 ^g
	Age ^a of onset (years)	24.6 [6.68]	24.7 [7.64]	23.8 [6.76]	0.7150g
	Duration of opiate use ^a (years)	6.02 [3.48]	7.62 [4.96]	11.9 [6.9]	<0.000 l ^j
Drug screening	Positive admit UDS ^c (%)	0%	0%	98%	<0.0001 ⁱ
Medical history ^d	Overdose (%)	34%	44%	53%	0.0657 ⁱ
	Hepatitis (C virus infectious)	5%	6%	2%	0.5750
Psychiatric status ^d	Impulsive (%)	91%	84%	98%	0.0330 ⁱ
	Suicide attempts (%)	33%	41%	54%	0.0349
	Depression (%)	3%	38%	16%	<0.0001 ⁱ
	Anxiety (%)	98%	100%	100%	0.5360 ^h
	Craving (%)	35%	62%	71%	<0.0001 ⁱ
	Euphoria (%)	50%	38%	78%	<0.0001 ⁱ
Hospitalization ^g	Number ^a of drug treatments	2.6 [1.87]	2.3 [1.42]	2.5 [1.78]	0.6630 ^g
	Number ^a of detoxification treatments	2.6 [1.89]	2.3 [1.44]	2.5 [1.78]	0.6660 ^g
	Number ^a of rehabilitation treatments	2.9 [2.02]	2.5 [1.46]	2.8 [1.97]	0.6250g
	Number ^a of counseling sessions	14.3 [11.00]	12.0 [11.10]	13.5 [10.90]	0.6290 ^g
	Number ^a of self-help groups	14.3 [11.00]	11.4 [11.00]	13.4 [11.10]	0.4810 ^g

Table 2 Details of the 183 opiate-dependent patients classified into three groups

Notes: ^aStandard deviation in square brackets; ^bregardless whether prescribed or not as determined by substance screening tests at treatment entry; ^cUDS: Urine Drug Screens at follow-up treatment; ^das obtained from their medical records at baseline; ^eaccumulative months of hospitalization treatment for psychiatric morbidity; ^fstatistically significant if P < 0.05; the bold-faced *P*-values are those that are significant; ^sANOVA *f*-test; ^bFisher exact test; ⁱPearson's Chi-squared test. ⁱKruskal-Wallis test.

variables, substance screening, drug toxicity, psychiatric status, and hospitalization treatment is given in Table 2.

Association of SNP OPRM1 genotypes with opiate-dependence variables and treatment response

Genotypes determined by Sequenom MassARRAY[®] system for the 22 *OPRM1* SNPs were highly accurate with an average success rate of 99.6%. The average genotype discrepancy rate across the 22 loci was only 0.05% (±0.12%) in the samples.

For the 183 opiate-dependent patients, no deviations from HWE were observed for the allele and genotype frequencies for the 22 SNPs (P > 0.5). When comparing the three inclusion groups (good, moderate, and poor responders), significant differences in

proportions among genotypes were observed at two sites of the *OPRM1* gene with response to the biopsychosocial treatment (rs6912029 [G-172T], P = 0.0329 and rs12205732 [G-1510A], P = 0.0333) (Table 4). Specifically, the GG-172 and GG-1510 carriers were more frequent in nonresponders to treatment. For example, the GG-172 carriers were 48% of the nonresponders group (n=88), whereas they were 18% of the moderate responders group (n=35) and were 34% of the responders group (n=70).

There were also significant differences in the proportion of opiate use at treatment admission at six sites of the *OPRM1* gene (rs2075572 [C644–83G], P = 0.011, and rs648893 [C1165–1189T], P = 0.014, rs609148 [G1165–8803T], P = 0.028, rs9322447 [G1164+11714A], P = 0.038, rs671531 [A1164+28135A G], P = 0.032, rs540825 [T1164+1839A], P = 0.045). However, there were no significant differences for the 22 SNPs for the remaining opiate-dependence variables (age at first use, age at regular use, years of regular use, and frequency of use) excluding the six sites mentioned above concerning the frequency of opiate use (Table 3).

The duration since last positive urine screening for opiates was not significantly different according to the different genotypes (P > 0.3, data not shown). Opiate drug consumption and the number of drug treatments, detoxification, and rehabilitation were also not significantly different among opiatedependent patients (P > 0.2; data not shown). Exploratory comparisons between SNPs' *OPRM1* and psychiatric status (eg, impulsiveness, depression, anxiety, craving of euphoria, and diminution of attention) at admission and past history as obtained from their medical records (family with history of drug use, overdose toxicity, and suicide attempts) found no significant group differences in opiate-dependent patients (P > 0.1, data not shown).

Discussion

Opiate dependence is a significant public health issue with approximately 10 million people abusing illicit opioids worldwide.⁵¹ Hulse et al suggested that opiate dependence is not only associated with high mortality rates and poor health among dependent individuals, but also imposes excessively

 Table 3 Differences in genotyping distribution of OPRM1 SNPs

 with frequency of opiate use

Variable	SNP_ID	P value
Frequency of opiate use (mean: 3.6 [0.8])	rs6912029	1.000
	rs12205732	1.000
	rs 79997	0.827
	rs510769	0.338
	rs511435	0.422
	rs524731	0.327
	rs3823010	0.303
	rs1381376	0.391
	rs3778151	0.292
	rs563649	0.165
	rs2075572	0.011
	rs540825	0.045
	rs675026	0.129
	rs562859	0.090
	rs548646	0.067
	rs648007	0.063
	rs9322447	0.038
	rs609148	0.028
	rs606148	0.263
	rs632395	0.201
	rs648893	0.014
	rs671531	0.032

Notes: Fisher's exact test (P value < 0.05 is significant). **Abbreviation:** SNP, single nucleotide polymorphism. large economic and social costs upon the community in general.³ Considerable medical, legal, and interpersonal harm, including mortality, is associated with opiate use.³ The major cause of premature death amongst Jordanian opiate users is accidental overdose, along with infectious diseases.⁵² Moreover, a high prevalence of criminal activity and psychosocial difficulties are also found among Jordanian heroin users.⁵²

The extent of this serious problem has stimulated considerable interest in the physiological and neurochemical processes involved in opioid dependence. In this respect, there is growing evidence that opiate dependence is influenced by genetic factors.53-55 Several studies have been undertaken to estimate the role that genetic factors play in the vulnerability to opiate dependence.^{19,56-59} These studies have shown that the endogenous opioid system in particular is considered to be one of the most important signaling pathways involved in opiate dependence.⁶⁰ This system includes the μ opioid receptor, which is the primary site of action for the most commonly used opioids including morphine, heroin, and fentanyl and μ -opioid receptor antagonists such as naltrexone,²⁴ agonists such as methadone²⁵ or partial antagonists such as buprenorphine.²⁰ This system may also play a crucial role in mediating the reinforcement effects of nonopioid drugs such as alcohol, cannabinoids, nicotine, and cocaine.60-62

In the current study, our aim was to identify the genetic factors associated with responsiveness to the biopsychosocial treatment offered for opiate drug-dependent patients at the NCRA and the DRC-PSD. Drug-dependent patients of Arab descent were genotyped for variance in the *OPRM1* gene. The genotyping was carried out by sequenom MassARRAY[®] system for 22 *OPRM1* SNPs. All *OPRM1* polymorphisms, which were genotyped in this study, are reported in the NCBI database (http://www.ncbi.nlm.nih.gov/SNP/). This is, to our knowledge, the first attempt to evaluate a series of SNPs spanning the coding sequence of the *OPRM1* gene in an opiate-using Jordanian Arab population in relation to the response to the biopsychosocial treatment.

Various alcohol or drug dependence-related association studies have expanded their investigation to include up to 20 SNPs spanning the coding sequence of the *OPRM1* gene; all include the A118G (Asn40Asp) variants. For instance, Japanese subjects meeting ICD-10 criteria for methamphetamine (MAP) dependence and controls were genotyped for 20 SNPs including 10 SNPs in the 3'-UTR region.⁶³ The study reported that A118G and other SNPs were not associated with MAP dependence or psychosis, and the rs2075572 G-allele was significantly associated only with increased risk for a diagnosis of MAP dependence

SNP_ID/	Good	Moderate	Poor	P value	SNP_ID/	Good	Moderate	Poor	P value
genotype	responders	responders	responders		genotype	responders	responders	responders	
rs6912029					rs548646				
GG	34%	18%	48%	0.0329ª	CC	33%	22%	46%	0.6360 ^b
GT	100%	0%	0%		СТ	38%	17%	45%	
TT	0%	0%	0%		TT	35%	9%	57%	
rs12205732					rs648007	55/6	270	3770	
GG	35%	18%	47%	0.0333ª	CC	33%	22%	46%	0.6310 ^b
AG	100%	0%	0%		СТ	38%	16%	46%	0.0010
AA	0%	0%	0%		TT	35%	9%	57%	
rs1799971					rs9322447	5578	270	5776	
GG	33%	0%	67%	0.5440 ^₅	GG	41%	17%	41%	0.2300 ^b
AG	43%	18%	39%		AG	29%	22%	49%	0.2300
AA	34%	18%	48%		AG				
rs510769						44%	9%	47%	
GG	36%	15%	48%	0.6040 ^b	rs609148	220/	220/	450/	0.0000
AG	37%	22%	41%	0.0010	CC	32%	23%	45%	0.2220 ^b
AA	17%	17%	67%		CT	41%	11%	48%	
rs511435	1770	1770	0770		TT	40%	7%	53%	
GG	38%	15%	47%	0.4740⁵	rs606148				
AG	33%	24%	43%	0.1710	GG	36%	16%	48%	0.4040ª
AA	17%	17%	67%		GT	38%	25%	38%	
rs524731	1776	1770	0778		TT	0%	50%	50%	
AA	17%	17%	67%	0.4400 ^b	rs632395				
AC	32%	25%	43%	0.7700	CC	36%	16%	47%	0.6620ª
CC	38%	15%	47%		СТ	36%	21%	43%	
rs3823010	50%	13/6	77 /0		TT	0%	50%	50%	
GG	37%	16%	47%	0.8000ª	rs648893				
AG	33%	23%	43%	0.0000	CC	47%	7%	47%	0.2510 ^b
AA	25%	25%	50%		СТ	39%	11%	50%	
rs1381376	2378	23/6	50%		TT	33%	23%	44%	
GG	36%	16%	48%	0.7600ª	rs671531				
AG	34%	24%	41%	0.7000	GG	34%	21%	45%	0.5770 ^ь
AG	25%	25%	50%		AG	36%	18%	46%	
rs3778151	2378	23/0	50%		AA	39%	7%	54%	
CC	25%	25%	50%	0.8980ª		r's exact test: bPear	son's Chi-squared	tost	
СТ	36%	21%	42%	0.0700			otide polymorphis		
TT	36%	16%	47%		F/ F				
rs563649	5078	10/6	-17 70		or psycho	osis $(P = 0.01)$	1). Ten SNP	s selected thr	oughout
GG	36%	17%	47%	0.9550 [⊾]	or psychosis ($P = 0.011$). Ten SNPs selected throug <i>OPRM1</i> were examined within a Chinese population				0
AG	35%	19%	45%	0.7550					
AA	0%	0%	0%		investigate the relationship between the SNPs and her induced subjective responses. ⁶⁴ The study reported				
rs2075572	078	076	078						ted that
GG	42%	8%	50%	0.5080 ^b	three SNF	Ps in intron 1	were associa	ted with an i	ncreased
GC	32%	20%	48%	0.5000					
CC	38%	19%	43%		-	-	ses on first us		
rs540825	50%	17/0	-1 - 7-7-0		likely to c	ontribute to f	urther heroin	consumption	; A118G
TT	38%	8%	54%	0.2440 ^b	and rs207	5572 were no	t associated w	with any differ	ences in
TA	38% 39%	8% 11%	54%	0.2-170			ve responses.	-	
AA	33%	23%	50% 44%				-		
rs675026	55/0	23/0	-тт <i></i> /о				nin OPRM1 i		
	35%	21%	44%	0.6940 ^ь	opioid-, aı	nd polysubstat	nce-dependen	t European Ar	nericans
CC CT	35% 38%	21% 16%	44% 46%	0.0740-	(EA) and	African Ame	ricans (AA) v	vere genotype	d.65 The
TT					. ,		orted that C-2	• • • •	
11	33%	10%	57%		EA allu A	in study tepo	JIEU IIIal C-2	2044A polym	orpinsin

 Table 4 (Continued)

 Table 4 Association of OPRM1 SNPs with treatment outcome

(Continued)

0.6690^b

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9%

16%

21%

57%

47%

44%

rs562859

GG

AG

AA

35%

37%

35%

was associated with the combination of alcohol and opioid

dependence in EA subjects, but not AA subjects. Again,

A118G was not associated with any of the substance-

dependent phenotypes. A genetic association study on the

role of OPRM1 genetic variations in a large case-control sample of alcohol- and drug- (cocaine and opioid) dependent European Americans was conducted by Zhang et al.³⁸ They typed 13 SNPs representing the major haplotypes observed in HapMap, all of which are included in the present study. They found that seven SNPs (but not rs1799971 [A188G]) were associated with alcohol, opioid, and cocaine dependency. Zhang et al³⁸ found that the frequency of the rs524731A and rs648893 T alleles was significantly higher among EA than AA subjects. Finally, a case-control study of opiate and nonopiate-dependent Jordanian Arabs was recently conducted by AL-Eitan et al⁶⁶ to investigate the genetic association of 22 SNPs spanning the coding sequence of the OPRM1 locus with opiate dependence.⁶⁶ The study reported that three SNPs (rs6912029 [G-172T], rs12205732 [G-1510A], and rs563649 [G-983A]) were associated with opiate dependence.⁶⁶ In the present study, these 22 SNPs were also tested for a possible association of OPRM1 polymorphisms with response to the biopsychosocial treatment.

Analysis of the relationship between treatment response and the *OPRM1* SNP genotypes showed there was a significant difference in the genotyping distribution between the three inclusion groups at two sites (rs6912029 [G-172T], and rs12205732 [G-1510A]) of the *OPRM1* gene located in the upstream (5'-UTR) region. UTRs are known to play crucial roles in the post-transcriptional regulation of gene expression, including modulation of the transport of mRNAs out of the nucleus and of translation efficiency,⁶⁷ subcellular localization,⁶⁸ and stability.⁶⁹ The importance of UTRs in regulating gene expression is underlined by the finding that mutations that alter the UTR can lead to serious pathology.

Previous studies have reported an association of the *OPRM1* 118A > G with different opioids^{22,70–73} and opiate antagonist "naltrexone" treatment.37,72 However, we found no influence of this SNP on responsiveness to treatment, as the allele and genotypes' frequencies were similar in the opiate-dependent patients with a P > 0.05. A recent study demonstrated that individuals with the Asp40 variants of the OPRM1 gene showed favorably higher relapse prevention rates when receiving naltrexone treatment.⁴² A recent clinical trial also showed that the variants of the OPRM1 gene did not have any preferential effect on naltrexone treatment in alcoholics.⁷⁰ The functional importance of treatment on any of the variants of the OPRM1 gene is still being elucidated. Although earlier studies in transfected cells reported that the OPRM1-Asp40 (118G) variant had a threefold higher affinity for β -endorphin than *OPRM1*-Asn40 (G118), which would suggest enhanced function,²³ this was not reported

by others.^{33,34} In addition, recent in vitro transfection studies have suggested that the Asp40 allele might be associated with lower *OPRM1* protein expression than the Asp40 allele.³⁵ As a result, a higher frequency of this allele would have been more common in the individuals with poor treatment response.

Various genetic studies have reported that the frequency of the Asp40 allele can vary significantly between populations with drug dependence from as low as 5% in African Americans¹⁵ to 16% in European Americans³⁸ to 26% in this study of Arab descent⁶⁶ and as high as 58% among those of Asian descent.³⁹ Although the complexity of opiate dependence and the differences in ethnicity have influences on the OPRM1 results, all the previous studies have confidence in the hypothesis that the Asp40 allele might be associated with lower OPRM1 protein expression than the Asn40 allele.³⁵ As a result, a higher frequency of the Asp40 allele would have been expected in the poor responder group as compared to the responder group. Similarly, this study found that opiate-dependent patients with poor treatment response had a higher frequency of Asp40 allele and this was in agreement with the proposed theory.

In a search for the relationship between the dependence variables of opiate dependence and the OPRM1 SNPs' genotypes, none of the analyzed SNPs in this study were associated with the age of opiate initiation, transition to opiate dependence, and regular use and opiate consumption (beginning and last taken amount [grams per day]). However, the data indicated that there were significant differences in opiate frequency use at only six sites (rs2075572 [C644-83G], rs648893 [C1165-1189T], rs609148 [G1165-8803T], rs671531 [A1164+28135A G], rs9322447 [G1164+11714A], rs540825 [T1164+1839A]) of the *OPRM1* gene with P < 0.05. Previous studies have indicated that OPRM1 polymorphism may be associated with clinical variables such as treatment duration, hospitalization for drug treatments, detoxification, rehabilitation, counseling and self-help for substance abuse, psychiatric symptoms, history of drug use, overdose toxicity, and follow-up measures (urine screening test).15,39,45,46,62,71 Unfortunately, the P values concerning the clinical variables in this study were not significant.

This discrepancy between the study results could be related to the past history, the psychiatric status, and the subgroups of drug-dependent individuals with violent behavior. This might be due to a bias in classifying the drug-dependent individuals. There are some possible confounding factors that should be taken into consideration when assessing the patients with drug dependence such as the methods used for defining violent, antisocial behavior and the early onset of dependence. Several studies have based patients' assessment on collecting the phenotypic data by only a self-report, interviewing the patients by health professional workers, or obtaining the data from their medical records, including this study.

Previous studies have shown that some OPRM1 markers deviate from the Hardy-Weinberg Equilibrium (HWE) in different populations.^{38,74} There are many possible confounding factors for this deviation including population stratification, genotyping errors, and true association with phenotypes.⁷⁴ In this study, the genotypic frequencies of the OPRM1 markers met HWE expectations. Other studies have also reported sample bias or genotyping errors. Our patients were from one geographic origin and were 100% native Jordanians of Arab ancestry, which is a population known to be genetically homogenous. Genotyping errors were minimized by genotyping each patient twice in order to avoid technical errors as evidenced by the low average rate of genotype discrepancy. SNPs' genotyping was conducted for patients under the same conditions and during the same period. Genotypes were also evaluated by investigators, who were blind to the status of the subject and any discrepancies were resolved by test replication. Finally, only male individuals with opiate dependence were studied. Therefore, the generalization of the results to all drug-dependent patients is limited.

In conclusion, this is the first report of an association between the *OPRM1* G-172T and G-1510A polymorphisms and response to the biopsychosocial treatment. Specifically, the GG-172 and GG-1510 carriers were more frequent in nonresponders to treatment. This may lead to more accurate matching of individuals to different treatment options and early identification of persons at high risk of relapse and therefore requiring more intensive intervention. However, further pharmacogenetic studies are needed to confirm the present findings on the influence of the *OPRM1* G-172T and G-1510A on the response to treatment in opiate-dependent patients of Arab descent.

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Disclosure

The authors report no conflicts of interest in this work.

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