ORIGINAL RESEARCH

# Reduced expression of aquaporins in human intestinal mucosa in early stage inflammatory bowel disease

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Objectives: The aim of this study was to investigate the relationship between aquaporin (AQP) water channel expression and the pathological features of early untreated inflammatory bowel disease (IBD) in humans.

Methods: Patients suspected to have IBD on the basis of predefined symptoms, including abdominal pain, diarrhea, and/or blood in stool for more than 10 days, were examined at the local hospital. Colonoscopy with biopsies was performed and blood samples were taken. Patients who did not meet the diagnostic criteria for IBD and who displayed no evidence of infection or other pathology in the gut were included as symptomatic non-IBD controls. AQP1, 3, 4, 5, 7, 8, and 9 messenger RNA (mRNA) levels were quantified in biopsies from the distal ileum and colon by quantitative real-time polymerase chain reaction. Protein expression of selected AQPs was assessed by confocal microscopy. Through multiple alignments of the deduced amino acid sequences, the putative three-dimensional structures of AQP1, 3, 7, and 8 were modeled.

Results: AQP1, 3, 7, and 8 mRNAs were detected in all parts of the intestinal mucosa. Notably, AQP1 and AQP3 mRNA levels were reduced in the ileum of patients with Crohn's disease, and AOP7 and AOP8 mRNA levels were reduced in the ileum and the colon of patients with ulcerative colitis. Immunofluorescence confocal microscopy showed localization of AQP3, 7, and 8 at the mucosal epithelium, whereas the expression of AQP1 was mainly confined to the endothelial cells and erythrocytes. The reduction in the level of AQP3, 7, and 8 mRNA was confirmed by immunofluorescence, which also indicated a reduction of apical immunolabeling for AQP8 in the colonic surface epithelium and crypts of the IBD samples. This could indicate loss of epithelial polarity in IBD, leading to disrupted barrier function.

Conclusion: AQPs 1 and 8 and the aquaglyceroporins AQPs 3 and 7 are the AQPs predominantly expressed in the lower intestinal tract of humans. Their expression is significantly reduced in patients with IBD, and they are differentially expressed in specific bowel segments in patients with Crohn's disease and ulcerative colitis. The data present a link between gut inflammation and water/solute homeostasis, suggesting that AQPs may play a significant role in IBD pathophysiology.

**Keywords:** inflammatory bowel disease, Crohn's disease, ulcerative colitis, aquaporins, aquaglyceroporins

### Introduction

Inflammatory bowel disease (IBD) is a chronic, relapsing disease of the gastrointestinal (GI) tract, with frequent onset during adolescence or early adulthood. IBD is characterized by chronic activation of the immune system with inflammation of the intestinal tract and leakage of fluid, solutes, and lipids in the bowel mucosa. Patients present with one of

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two clinical entities, namely Crohn's disease (CD) or ulcerative colitis (UC). CD is a transmural disease that is often localized to one or more segments of the small and large bowels, but can affect all parts of the intestine. UC is a mucosal disease that affects the large bowel and occasionally the distal part of the ileum.<sup>1</sup> Chronic diarrhea, as well as the social discomfort associated with it, is a major symptom in both CD and UC.

Water and solutes move across the single layer of intestinal epithelial cells in a transcellular or paracellular manner. In IBD patients, chronic diarrhea can be caused by impaired ion transport and dysfunctional tight junctions, leading to a "leaky" intestinal epithelium; this "leakiness" may be a primary or secondary mechanism underlying the etiology of IBD. High levels of circulating tumor necrosis factor- $\alpha$ (TNF- $\alpha$ ) and several other cytokines can increase intestinal permeability and cause edema.<sup>2</sup>

Aquaporins (AQPs) are a family of pore-forming proteins that efficiently and selectively transport water and/or other small uncharged solutes across biological membranes.<sup>3,4</sup> AQPs belong to a distinct family of membrane-transport proteins that are selective for water molecules, and water levels are regulated across the hydrophobic plasma membrane. Studies of AQPs have provided important insight into mechanisms that mediate water homeostasis in human health and disease.5 Based on comparative genomics, 13 AQPs (AQP0-AQP12) have been characterized to date. The AQP superfamily has been divided into three subgroups: AQPs 0, 1, 2, 4, 5, 6, and 8; aquaglyceroporins (AQPs 3, 7, 9, 10);<sup>5</sup> and the largely uncharacterized subgroup, which includes AQPs 11 and 12.6 All AQPs are permeable to water, but AQP6 has been reported to function not only as a water channel but also as an anion channel with halide permeability when treated with Hg<sup>2+,7</sup> AQP3 and AQP8 also allow transport of hydrogen peroxide (H2O2)8-10 and show a preference for ammonia over water while excluding the ammonium cation (NH4<sup>+</sup>).<sup>11</sup> AQP8 is phylogenetically different from all other human AQP isoforms, possessing a unique constriction region resulting in its substrate specificity.<sup>12</sup> The aquaglyceroporins 3, 7, and 10 exhibit permeability to both water and glycerol, while aquaglyceroporin 9, in addition to water, transports glycerol and small solutes, such as urea.13 The aquaglyceroporins contain two additional peptide spans required for the transport of glycerol, urea, and even larger solutes.14,15AOP6 and AOP8 are localized to intracellular membranes, while all other AQPs facilitate transport across the plasma membrane.<sup>16</sup> AQPs 11 and 12 share common motifs in the primary structure that are unique to the AQP superfamily; however, they have not been shown to be permeable to water or other solutes<sup>13,17–19</sup> and their function is not fully understood.

AQPs are widely expressed in many human tissues and cell types, including secretory and absorptive epithelial cells.<sup>4</sup> Recent studies suggest that several AQPs could play (previously unanticipated) physiological or pathophysiological roles.<sup>20</sup> AQPs 1, 3, 4, 5, 7, 8, and 9 are expressed in the human GI tract and associated tissues.<sup>21,22</sup> The broad distribution of AQPs in the human bowel suggests that they are likely to play an important role in channel-mediated water transport, intestinal permeability, and fluid secretion/absorption, and is consistent with a potential role for AQPs in the pathophysiology of the GI system. AQP3 and AQP8 expression has been found to be abnormal in human UC patients in remission.<sup>23</sup> The potential role of AQPs in early IBD or other types of GI dysfunction in humans has not yet been investigated in a systematic manner.

In this work, we test the hypothesis that AQPs contribute to dysfunctional water and solute transport in individuals with untreated IBD. The tissue-specific messenger RNA (mRNA) levels from selected AQP genes were monitored by quantitative real-time polymerase chain reaction (qRT-PCR) in biopsy samples from the distal ileum and proximal and distal colon of patients with CD or UC. The tissue distribution of selected AQPs was also assessed by using confocal microscopy with immunofluorescence (IF). The mRNA levels of selected inflammatory markers were also quantified.

# Materials and methods Patients

Patients were recruited from the prospective Inflammatory Bowel Disease South-Eastern Norway (IBSEN) II study (2005–2007) investigating the genetic, immunologic, and environmental factors that contribute to IBD etiology. Patients suspected to have IBD on the basis of predefined symptoms, including abdominal pain, diarrhea, and/or blood in stool for more than 10 days, were examined at the local hospital. Colonoscopy with biopsies was performed, and blood samples were taken. Patients who did not meet the diagnostic criteria for IBD<sup>24</sup> and who displayed no evidence of infection or other pathology in the gut were included as symptomatic non-IBD controls. Forty-three newly diagnosed patients and controls from the IBSEN II study<sup>25</sup> were included in this cross-sectional study. Twenty-two of the patients had CD, ten had UC, and eleven were non-IBD controls, as described in Table 1. Four CD patients had ileitis, eight had colitis, and ten had ileocolitis (L1, L2, and L3, respectively, according to the Montreal classification).<sup>24</sup> All ten UC patients had pancolitis. The eleven non-IBD patients were randomly chosen as symptomatic controls with normal endoscopic and histologic findings, five with diarrhea at inclusion and the others with different symptoms

Table	I	Characterization	of	the	study	subjects
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	CD	UC	Non-IBD
			controls
n	22	10	11
Male, n (%)	10 (45)	8 (80)	6 (55)
Age median (range)	30.7	30.2	32.1
	(19.2–52.5)	(18.1–61.0)	(20.7–41.1)
Distribution			
lleitis, n (%)	4 (18)	0	0
Colitis, n (%)	8 (36)	10 (100)	0
lleocolitis, n (%)	10 (45)	0	0
Symptoms			
Abdominal pain, n (%)	12 (55)	5 (50)	7 (64)
Diarrhea, n (%)	15 (68)	9 (90)	5 (45)
Blood in stool, n (%)	5 (23)	9 (90)	3 (27)
Fever, n (%)	l (5)	2 (20)	0
Smoking, n (%)	7 (32)	(  ) <sup>a</sup>	3 (27)
CRP mg/L, median (range)	26 (5-108)	24 (7–94)	7 (7–7) <sup>b</sup>
Fecal calprotectin,	118	740	4.5 (1–28)
mg/kg, median (range)	(1-6,591)	(190–10,825)	
Clinical activity index	4.5 (1–29) <sup>c</sup>	5 (3-14) <sup>d</sup>	
median (range)			

Notes: <sup>a</sup>One missing value. <sup>b</sup>Lower cutoff value 7 mg/L. <sup>c</sup>Harvey–Bradshaw index. <sup>d</sup>Simple Clinical Colitis Activity Index.

Abbreviations: CD, Crohn's disease; UC, ulcerative colitis; IBD, inflammatory bowel disease; CRP, C-reactive protein.

that had led to inclusion in the study, as, for instance, abdominal pain, and/or blood in stool. Table 2 describes the clinical and endoscopic indices as well as C-reactive protein and fecal calprotectin values in detail for each patient.

# Clinical specimens and processing of bowel biopsies

Two doses of sodium phosphate (Phosphoral<sup>®</sup>; Casen-Fleet, Madrid, Spain) were used for bowel cleansing. Colonoscopy was performed and mucosal biopsies were retrieved from the terminal ileum and the ascending and descending colon. The biopsies were taken from inflamed mucosal regions with biopsy forceps and immediately snap-frozen in liquid nitrogen or fixed in 4% formaldehyde. Inflammation was ubiquitous in UC patients, who presented with pancolitis, while the intestinal tract in CD patients was characterized by patchy inflamed regions.

### Three-dimensional homology modeling

To model human AQP1, 3, and 7, Protein Data Bank (PDB) ID entry 1J4N (bovine AQP1)<sup>26</sup> was used as template, and to model AQP8, PDB ID entry 3D9S (human AQP5)<sup>27</sup> was employed. Initial multiple alignments with 20–25 orthologous sequences of AQP1, 3, 7, and 8 from various species were assembled, and sequences with sequence identity >90% were left out. The alignments were based

on the template structures and used to model the AQPs in the comparative protein structure modeling program, MODELLER.<sup>28</sup> For each template, a total of 100 models were generated, and the one with the lowest discrete optimized protein energy score<sup>29</sup> was used for further analysis. Water molecules in the channel region were kept during the modeling, and complete tetrameric models were generated to allow analysis of the biologically active unit.

#### Gene expression analyses RNA extraction and qRT-PCR of total RNA

The biopsies were homogenized using the MagNA Lyser instrument and MagNa Lyser Green Beads tubes (Roche Applied Science, Mannheim, Germany). Total RNA was extracted from 10 mg of human fresh-frozen intestinal biopsies using the MagNA Pure LC RNA Isolation Kit III (Tissue) and the MagNA Pure LC instrument (Roche), and eluted into RNAse-free water. To generate complementary DNA (cDNA), 2 µg total RNA was subjected to reverse transcriptase-PCR.

#### qRT-PCR for mRNA levels in gut tissue

qRT-PCR was performed by target amplification, using cDNA as template, TaqMan Gene Expression Master Mix (Applied Biosystems, Foster City, CA, USA), and the Taqman Gene Expression Assays Kit (Applied Biosystems). The sequences of the primers employed are listed in Table S1. Transcripts of the genes encoding AQP1, 3, 4, 5, 7, 8, and 9 were assessed, as they were expected to be expressed in the gut.<sup>30</sup> All values were normalized to an endogenous control (reference gene), human glyceraldehyde 3-phosphate dehydrogenase (GAPDH), 6-carboxyfluorescein (FAM)/minor groove binder(MGB) Probe; Thermo Fisher Scientific, Waltham, MA, USA), to account for variability in the concentration and quality of the total RNA and in the conversion efficiency of the reverse transcription reaction. A number of housekeeping genes were tested as the endogenous control, and all gave similar values as GAPDH. Three replicates of a 20-µL qRT-PCR reaction (TaqMan® Gene Expression Master Mix Protocol; Applied Biosystems) were performed. A 7900HT Real-Time PCR System (Applied Biosystems) and standard-mode thermal cycling conditions were used: 50°C for 2 minutes (holding stage, required for optimal uracil-N glycosylase [UNG] activity), 95°C for 10 minutes (holding stage), then 40 cycles with 95°C for 15 seconds, and 60°C for 1 minute.

#### qRT-PCR data analysis

For qRT-PCR data analysis, the comparative  $C_T$  method was employed (the  $\Delta\Delta C_T$  method).<sup>31</sup> This method makes

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 Table 2 Disease location, clinical and endoscopic activity indices, CRP, and fecal calprotectin values for patients with Crohn's disease and those with ucerative colitis

Patient ID	Location	Age, years	Sex	НВІ	Modified <sup>a</sup> SES-CD <sup>56</sup>	CRP, mg/L	Fecal calprotectin, mg/kg
Crohn's disease							
51	LI	22	F	17	2	38	285
31	LI	38	F	5	I	7	29
168	LI	39	F	I	2	25	721
204	LI	52	М	I	2	5	-
53	L2	27	М	29	2	43	_
73	L2	27	М	6	2	7	45
121	L2	29	F	3	I	12	52
26	L2	32	М	4	2	7	I
37	L2	35	F	2	2	7	30
81	L2	37	F	I.	2	7	843
9	L2	44	М	8	I	7	32
4	L2	52	Μ	6	2	7	477
1,034	L3	19	F	6	2	91	_
165	L3	20	F	2	2	26	477
94	L3	21	F	13	2	47	956
107	L3	22	F	7	2	11	118
194	L3	26	М	3	I	7	-
146	L3	27	М	10	2	108	6,591
169	L3	32	F	4	I	11	I
137	L3	33	М	4	I	61	16
36	L3	39	F	4	I	7	-
49	L3	39	М	9	2	21	354
Patient ID	Extension	Age	Sex	SCCAI	Mayo <sup>b</sup> score	CRP	Fecal calprotectin
Ulcerative colitis							
86	E3	18	М	4	2	7	740
1,008	E3	19	М	3	I	7	-
59	E3	20	М	4	2	7	303
84	E3	20	Μ	4	2	7	707
19	E3	28	F	11	3	94	10,825
1,021	E3	31	М	14	3	-	-
1,009	E3	36	F	3	2	7	-
2,012	E3	41	Μ	6	2	13	7,221
44	E3	41	Μ	7	3	7	190
93	E3	61	М	11	2	68	3,878

Notes: \*Regarding the mucosal disease activity, in CD we differentiated patients with subtle mucosal injury (aphtous lesions only) from those with a more severe endoscopic grade of inflammation (ulcers or more) using a modification of the SES-CD. This simple two-category index assessment was similar to a previous report from the IBSEN cohort. \*Partial endoscopic Mayo score. – indicates missing value.

Abbreviations: CD, Crohn's disease; HBI, Harvey–Bradshaw Index; ID, identification number; SCCAI, Simple Clinical Colitis Activity Index; F, female; M, male; SES-CD, Simple Endoscopic Score for Crohn's Disease; CRP, C-reactive protein; L, location according to the Montreal classification; E, extension, according to the Montreal classification; IBSEN, Inflammatory Bowel Disease South-Eastern Norway.

use of the  $C_T$  value, ie, the number of cycles at which the fluorescence exceeds the threshold, for the genes of interest, relative to the corresponding  $C_T$  value for a control gene (GAPDH in our application). Gene expression was measured by the quantitation of cDNA relative to a calibrator sample (reference sample), which served as a physiological reference and was the cDNA from a non-IBD patient, although not one of the non-IBD patients included in the study. Results were thus normalized to an endogenous control (GAPDH) and the relative expression was obtained, thereby providing indirect information on target mRNA levels.

#### Statistical analysis of qRT-PCR data

Differences in gene expression between groups were assessed using one-sampled (ileum versus right colon versus left colon) and two-sampled (CD versus UC versus non-IBD) and (ileitis versus colitis versus ileocolitis in CD) *t*-tests on the  $\Delta\Delta C_{\rm T}$  values. For each comparison, multiple testing (testing ten genes at the same time) was corrected for by calculating Benjamini–Hochberg *q*-values.<sup>32</sup> Tests with *q*-values <10% were considered significant, corresponding to false discovery rates of <10%. Gene expression ratios between two groups A and B were calculated by using  $2^{(m_{\rm B}-m_{\rm A})}$ , where  $m_{\rm A}$  and  $m_{\rm B}$  were the mean  $\Delta\Delta C_{\rm T}$  values for the two groups. The analyses were performed using the statistical programming language R.<sup>33</sup>

### Histological analysis

#### Tissue preparation

Biopsies were immersion-fixed in 10% formaldehyde phosphate-buffered saline solution (PBS), embedded in paraffin, and cut into 4- $\mu$ m sections on a Vibratome (VT1000S, Leica Microsystems, Wetzlar, Germany).

#### Confocal microscopy and IF

After washing and blocking with 2% bovine serum albumin (BSA) in PBS, gut biopsy sections were incubated overnight with primary antibodies anti-AQP1 (1:1000, polyclonal antirabbit; Alpha Diagnostics, San Antonio, TX, USA), AQP3 (1:100, polyclonal anti-rabbit; Sigma-Aldrich Co., St Louis, MO, USA), anti-AQP4 (1:1000, polyclonal anti-rabbit, Chemicon Millipore, Temecula, CA, USA), anti-AQP5 (1:100, polyclonal anti-rabbit, Calbiochem, EMD Chemicals Inc., Darmstadt, Germany), anti-AQP7 (1:50, polyclonal anti-rabbit; Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA), anti-AQP8 (1:50, polyclonal anti-goat; Santa Cruz Biotechnology, Inc.), and anti-AQP9 (1:100, polyclonal anti-rabbit; Alpha Diagnostics). After washing, the gut biopsy sections were incubated with Cy3 donkey anti-rabbit or Cy3 donkey anti-goat secondary antibodies (Jackson ImmunoResearch Europe Ltd, Suffolk, UK) diluted in 2% BSA 1:1,000 in PBS for 1 hour. After washing, the gut sections were mounted on glass and photographed in a Zeiss LSM510 confocal microscope (Oberkochen, Germany).

#### Specificity controls

For the positive controls, sections from human organs known to express each AQP were incubated along with the gut sections as shown in Figure S1, while for the negative controls, sections were incubated in the absence of the primary antibody.

## Ethical considerations

All patients provided informed written consent to be involved in this study, and ethical approval of the protocol for the study was given by the Regional Ethics Committee (<u>http://www.etikkom.no/REK/regionSorOst</u>, reference number S-04209).

## Results

# Novel three-dimensional models reveal distinct AQP signatures

AQP models based on the deduced amino acid sequences were generated to visualize the three-dimensional (3D) water channel entrance and facilitate future work. The models are structurally biased toward the selected template structure; however, they do allow an impression of the structural differences that must be present between the models of the different AQPs. The human AQP1 shares >90% sequence identity with the bovine AQP1, and the model will thus resemble the actual human structure to a high degree. The sequence differences are mostly mapped to the loop regions, but for a few exceptions, they are present in the transmembrane region, as shown in Figures 1A-4A. The models for AQP3, 7, and 8 are highly conserved in the water channel region, while the remainder of the molecular landscape is divergent. The structural interaction between Arg195 and Phe56 in AQP1 is conserved in AQP1, 3, and 7, while in AQP8 the phenylalanine equivalent to Phe56 in AQP1 is replaced by histidine (His72), thus retaining the chemical moiety of an aromatic residue.

# AQPs 1, 3, 7, and 8 are predominantly expressed in human intestinal mucosa

AQP gene expression was quantified by qRT-PCR, as demonstrated in Figures 1B–4B and Tables 3, S2, and S3. mRNAs encoding AQPs 1, 3, 7, and 8 were consistently expressed at a moderate to high level (Table 3). In contrast, expression of AQPs 4, 5, and 9 was below the threshold for detection by qRT-PCR (Table S2). The remaining experiments therefore focused on expression of AQPs 1, 3, 7, and 8. A summary of the general trends in AQP expression detected by mRNA levels is provided in Table 4.

# Differential expression of AQPs in small and large bowel

AQP1 and AQP3 mRNA levels were present in higher levels in the small bowel than in the large bowel, while the opposite was observed for AQP8, as presented in Table 3. AQP7 mRNA levels were higher in the left colon than those in the right colon in non-IBD controls, and higher in the ileum than in the right colon in UC patients.



Figure I AQPI expression is reduced in the ileum of CD patients.

**Notes:** (A) 3D structural model of human AQP1. The model is drawn as a cartoon representation; only amino acids in the entrance and water selection region are shown as sticks. The numbering is consistent with the human AQP sequence. Complete sequence identities between bovine AQP1 (PDB ID IJ4N) and human AQP1, 3, and 7 are colored red, and nonidentical sequences are colored light blue. The water in the water channels is marked as W. (B) AQP1 mRNA levels relative to GAPDH in the ileum, right and left colon. \*\*\*P<0.001. (C) Immunofluorescense labeling of samples from control (upper panel), CD (middle panel), and UC (lower panel) with anti-AQP1 antibody (red) and DAPI staining of the cell nuclei (blue). For AQP1 in general, the labeling was not concentrated in the luminal epithelium, but mainly in the capillary endothelia and erythrocytes (arrowhead). Little or no staining was present in the mucosa epithelium. Scale bar: 50 µm.

Abbreviations: 3D, three-dimensional; AQP, aquaporin; CD, Crohn's disease; DAPI, 4',6-diamidino-2-phenylindole; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; ID, identification number; mRNA, messenger RNA; PDB, Protein Data Bank; UC, ulcerative colitis.

# Differential expression of AQPs I, 3, 7, and 8 in intestinal mucosa of CD and UC patients

AQP 1 and 3 mRNA levels were lower in the ileum of CD patients than in the ileum of UC patients (P<0.001); AQP3 mRNA levels were lower in CD patients than in non-IBD controls (P<0.001), whereas AQP1 mRNA levels were not

significantly different in CD patients and non-IBD controls (P=0.07) (Table S3).

AQP7 and AQP8 mRNA levels were lower in both ileum and colon biopsies from UC patients than from CD patients. AQP7 mRNA levels were lower in ileum as well as right and left colon biopsies from UC patients than from CD patients (P=0.002, P<0.001, P<0.001, respectively). Similar results



Figure 2 AQP3 expression is reduced in the ileum of CD patients.

**Notes:** (A) 3D structural model of human AQP3. The model is drawn as a cartoon representation; only amino acids in the entrance and water selection region are shown as sticks. The numbering is consistent with the individual human AQP sequence. Complete sequence identities between bovine AQPI (PDB ID 1J4N) and human AQP1, 3, and 7 are colored red, and nonidentical sequences are colored light blue. The water in the water channels is marked as W. (B) AQP3 mRNA levels relative to GAPDH in the ileum, right and left colon. \*\*P < 0.01. (C) Immunofluorescense staining with anti-AQP3 antibody (red) and DAPI staining of the cell nuclei (blue). Immunoreactivity of AQP3 was high in general. In the ileua biopsy of the control (upper panel) and the UC patient (lower panel), as well as in the sample from the color of the control (upper panel), there was a distinct staining along the apical parts of the surface epithelium (arrows). The apical staining was reduced in the surface epithelium of the ileum biopsy from the CD patient (middle panel; arrowhead). Scale bar: 50  $\mu$ m.

Abbreviations: 3D, three-dimensional; AQP, aquaporin; CD, Crohn's disease; DAPI, 4',6-diamidino-2-phenylindole; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; ID, identification number; mRNA, messenger RNA; PDB, Protein Data Bank; UC, ulcerative colitis.

were obtained when ileum and left colon from UC patients were compared to those of non-IBD controls (P=0.003, P<0.001, respectively). AQP8 mRNA was less abundant in ileum as well as right and left colon biopsies from UC patients than from CD patients (P=0.005, P=0.008, P<0.001, respectively) and less abundant in right and left colon in UC patients than in non-IBD controls (P=0.001, P<0.001, respectively).

## AQPs detected by IF confocal microscopy

Expression of AQPs 1, 3, 7, and 8 was confirmed at the protein level using IF confocal microscopy, as presented in Figures 1C–4C. In agreement with the qRT-PCR results, AQPs 3, 7, and 8 were readily detected by IF in all bowel segments, and AQP1 was expressed at a moderate level in all samples, while AQPs 4, 5, and 9 were not detected in any samples tested.





**Notes:** (A) 3D structural model of human AQP7. The model is drawn as a cartoon representation; only amino acids in the entrance and water selection region are shown as sticks. The numbering is consistent with the individual human AQP sequence. Complete sequence identities between bovine AQP1 (PDB ID 1J4N) and human AQP1, 3, and 7 are colored red, and nonidentical sequences are colored light blue. The water in the water channels is marked as W. (B) AQP7 mRNA levels relative to GAPDH in the ileum, right and left colon. \*\*P<0.01, \*\*\*P<0.001. (C) Immunofluorescense staining with anti-AQP7 antibody (red) and DAPI staining of the cell nuclei (blue): AQP7 staining was mainly present in the basolateral parts of surface epithelia in the ileum and colon (arrowh), but also in the basolateral parts of colonic crypts (arrow). Especially in CD, and also in UC, the staining was weaker in both crypts and surface epithelia of the colon (arrowheads). Scale bar: 50 µm.

Abbreviations: 3D, three-dimensional; AQP, aquaporin; CD, Crohn's disease; DAPI, 4',6-diamidino-2-phenylindole; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; ID, identification number; mRNA, messenger RNA; PDB, Protein Data Bank; UC, ulcerative colitis.

AQP1 was mainly located in the capillary endothelial cells and erythrocytes, but was not detected in the mucosal epithelium. It is not clear whether it is in the plasma membrane, in the cytosol, or nonspecific labeling.

The immunoreactivity of AQP3 was generally strong. In the ileal biopsy from the non-IBD control and the UC patient, as well as the in the sample from the colon of the non-IBD control, there was a distinct staining along the apical parts of the surface epithelium. The apical staining was reduced in the surface epithelium of the ileum biopsy from the CD patient (Figure 2C).

AQP7 staining was mainly present in the basolateral parts of surface epithelia in the ileum and colon, and also in the basolateral parts of colonic crypts. Especially in CD, but also in UC, the staining was weaker in both crypt and surface epithelia of the colon (Figure 3C). For AQP8, there was a distinct staining of the apical parts of the ileal and colonic surface epithelium, as well as the apical parts of colonic crypts. The signal was significantly decreased in intensity in the colonic samples of CD and UC. The distinct apical AQP8 labeling in the colonic crypt and surface epithelium was lost in the



Figure 4 AQP8 expression is reduced in the ileum and colon of UC patients.

**Notes:** (A) 3D structural model of human AQP8. The model is drawn as a cartoon representation; only amino acids in the entrance and water selection region are shown as sticks. The numbering is consistent with the individual human AQP sequence. Complete sequence identities between human AQP8 and the template model human AQP5 (PDB ID 3D9S) are colored red, and nonidentical sequences are colored light blue. The water in the water channels is marked as W. (B) AQP8 mRNA levels relative to GAPDH in the ileum, right and left colon. \*P < 0.05, \*\*P < 0.01, (\*\*P < 0.001, (C) Immunofluorescense staining with anti-AQP8 antibody (red) and DAPI staining of the cell nuclei (blue). A distinct AQP8 staining is present at the apical parts of the ileal and colonic surface epithelium (arrows), as well as the apical parts of colonic crypts (arrow). In ileal samples, there was no difference in the degree of staining between the control and CD and UC, whereas the signal was significantly decreased in intensity in the colonic surface epithelium was lost and a faint basolateral labeling appeared in the CD and UC samples. Scale bar: 50  $\mu$ m.

Abbreviations: 3D, three-dimensional; AQP, aquaporin; CD, Crohn's disease; DAPI, 4',6-diamidino-2-phenylindole; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; ID, identification number; mRNA, messenger RNA; PDB, Protein Data Bank; UC, ulcerative colitis.

CD and UC samples and was replaced with faint basolateral labeling, as shown in Figure 4C.

# Elevated TNF- $\alpha$ and interleukin-23A expression in CD

TNF- $\alpha$  mRNA levels in biopsies from CD patients were higher in the ileum than in the colon (*P*<0.001), as presented in Table 3; and interleukin-23A (IL-23A) mRNA levels were higher in the ileum than in the left colon (*P*=0.04). Furthermore, TNF- $\alpha$  mRNA levels were higher in the ileum and left colon biopsies from CD patients than in UC patients (P=0.001, P=0.003). IL-23 was expressed at a higher level in ileal biopsies from CD patients than from UC patients (P=0.01) or non-IBD controls (P=0.03) (Table S3 and Figure 5).

# Elevated cyclooxygenase 2 expression in UC

Cyclooxygenase 2 (COX-2) was expressed at a higher level in the colon of UC patients than in the colon of CD or non-IBD

Table 3 Comparison of aquaporin mRNA levels in the small and large bowel biopsies from CD and UC patients and non-IBD pat	tients
controls	

	lleum vs right colon		lleum vs left colon			Right vs left colon			
	mRNA ratio	P-value	q-value	mRNA ratio	P-value	q-value	mRNA ratio	P-value	q-value
CD									
AQPI	5.49	< 0.00	<0.001	2.64	0.002	0.009	0.48	0.002	0.01
AQP3	4.92	< 0.00	<0.001	4.84	< 0.001	< 0.00 I	0.98	0.45	0.71
AQP7	0.92	0.72	0.72	0.67	0.53	0.62	0.73	0.43	0.71
AQP8	0.01	< 0.00	0.01	0.03	0.004	0.07	2.85	0.11	0.46
COX-2	1.36	0.45	0.51	1.48	0.96	0.96	1.08	0.63	0.84
TNF-α	3.22	< 0.00	0.002	2.20	< 0.001	0.01	0.68	0.28	0.71
IL-23A	3.30	0.38	0.51	2.69	0.04	0.07	0.82	1.0	1.0
UC									
AQPI	12.85	< 0.001	<0.001	6.64	< 0.001	< 0.00 I	0.52	0.11	0.51
AQP3	40.62	< 0.00	<0.001	24.78	< 0.001	< 0.00 I	0.61	0.61	0.62
AQP7	2.18	0.04	0.07	1.68	0.3	0.38	0.77	0.64	0.68
AQP8	0.002	0.02	0.07	0.02	0.09	0.19	13.45	0.01	0.12
COX-2	0.78	0.12	0.15	0.43	0.12	0.19	0.54	0.41	0.68
TNF-α	1.54	0.41	0.41	1.10	0.86	0.86	0.72	0.41	0.68
IL-23A	0.47	0.32	0.37	0.26	0.08	0.19	0.55	0.54	0.68
Controls									
AQPI	8.50	0.002	0.005	4.25	0.004	0.01	0.5	0.23	0.53
AQP3	28.25	<0.001	0.001	18.44	<0.001	< 0.00 I	0.65	0.48	0.67
AQP7	1.46	0.31	0.52	0.59	0.24	0.48	0.40	0.04	0.28
AQP8	0.0003	< 0.001	0.002	0.0003	<0.001	0.002	0.96	0.7	0.70
COX-2	0.76	0.54	0.66	0.93	0.65	0.75	1.23	0.43	0.67
TNF-α	0.77	0.61	0.66	1.45	0.89	0.89	1.88	0.22	0.53
IL-23A	1.61	0.1	0.22	1.36	0.58	0.75	0.85	0.7	0.70

**Note:** mRNA levels detected by qRT-PCR are given as mRNA ratios calculated from delta delta  $C_{\tau}$  values with *P*-values and multiple testing adjusted *P*-values). **Abbreviations:** mRNA, messenger RNA; CD, Crohn's disease; UC, ulcerative colitis; IBD, inflammatory bowel disease; AQP, aquaporin; COX-2, cyclooxygenase 2; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ; IL, interleukin; qRT-PCR, quantitative real-time polymerase chain reaction; vs, versus.

controls (P=0.02 and P=0.003 for right colon and P=0.003and P<0.001 for left colon, respectively) as shown in Table S3 and Figure 5. COX-2 was also expressed at a higher level in the ileum of UC patients than in the ileum of non-IBD patients (P=0.014).

### Discussion

This is the first description of concurrent AQP expression and inflammation patterns in human gut biopsy samples from well-characterized IBD patients and controls. The results

 Table 4
 Summary of the general trends in AQP expression

 detected by mRNA levels
 Image: Comparison of the second second

-				
	AQPI	AQP3	AQP7	AQP8
CD				
lleum	$\downarrow$	$\downarrow$	_	-
Colon	-	-	_	-
UC				
lleum	-	-	$\downarrow$	$\downarrow$
Colon	-	-	$\downarrow$	$\downarrow$

Abbreviations: mRNA, messenger RNA; CD, Crohn's disease; UC, ulcerative colitis; AQP, aquaporin; –, no trend.

clearly demonstrate reduced and differential expression of AQPs in CD and UC as compared to controls, providing insight into the potential role of AQPs in the pathology and/ or inflammation associated with IBD. The present study is a systematic cross-sectional analysis of AQP expression in nontreated early IBD patients whose subgroup status is well characterized. Notably, AQP expression profiles were statistically different in CD and UC patients relative to non-IBD controls, suggesting differential gene expression associated with these diseases.

The main conclusions from the study are as follows: 1) AQP1, AQP3, AQP7, and AQP8 are the predominant AQPs in the human distal ileum and colon; 2) AQP1 and AQP3 mRNA levels are reduced in the ileum of CD patients; 3) AQP7 and AQP8 mRNA levels are reduced in the ileum and colon of UC patients; and 4) there is a reduction of apical AQP8 immunolabeling in the colonic surface epithelium and crypts of the IBD samples.

Very few studies have analyzed expression of AQPs in human tissues in vivo. A summary of key properties of AQPs is provided in Table 5. Silberstein et al demonstrated that AQP3

#### Table 5 Summary of key properties of AQPs

Aquaporins	Organism	Main location	Our findings in the GI tract	Comment	References
AQP0	Mammals	Lens	na	AQP	57
AQPI	Mammals	Red blood cells	Reduced amounts	AQP	58
		Kidney	in ileum in CD		59
		Lung			60
		Vascular endothelium			This study
		Brain, eye: glial cells			
		Neurons			
AQP2	Mammals	Kidney	na	AQP	82
		Vas deferens			61
		Neurons			62
AQP3	Mammals	Kidney	Reduced amounts	Aquaglyceroporin	63
		Skin	in ileum in CD	Water, glycerol, urea	This study
		Lung			
		Eye			
		Colon			
AQP4	Mammals	Brain, muscle,	-	AQP	64
		kidney, lung, stomach,		Main AQP in the	65
		small intestine		brain	66
		Neurons			
		Vascular endothelium			
AQP5	Mammals	Salivary/lacrimal gland	-	AQP	67
		Sweat gland			68
		Lung			27
		Cornea			
AQP6	Mammals	Kidney	na	AQP	7
-		,		Anion channel	
AOP7	Mammals	Adipose tissue	Reduced amounts	Aquaglyceroporin	69
		Kidney	in ileum and	Water, glycerol,	This study
		Testis	colon in UC	urea, arsenite	1
AOP8	Mammals	Testis, kidney, liver,	Reduced amounts	AOP	70
		pancreas, small	in ileum and		This study
		intestine, colon	colon in UC		
AOP9	Mammals	Liver, leukocytes,	_	Aquaglyceroporin	71
		brain, testis		Water, glycerol,	
		,		urea, arsenite	
AOP10	Mammals	Small intestine	na	Aquaglyceroporin	72
		Kidnev		Water, glycerol, urea	6
AOPU	Mammals	Kidney ER	na	Super-AOP	73
				Divergent NPA motif.	
				sign cysteine	
AOP12	Mammals	Pancreas	na	Super-AOP	74
				Divergent NPA motif.	
				sign cysteine	
AOP7	E coli	na	na		75
	Avcohacterium abscessus*	na	na		This study*
GlpF	F coli	na	na	Aquadyceroporin	75
Gipi	L. con, Haemobbilus influenzae	na	IIa	Aquagiyeei oporini	75
	Streptococcus byogenes*				This study*
AOY1/2	Yeast	na	na	AOP	77
	1 Cast	11a	114		78
GLPY1/2	Yeast	<b>n</b> 2	<b>D</b> 2	Aquadyceroporin	79
	Plants	11a na	114	ΔΟΡ	80
NIIPe/SIPe	i idillo	11a	114		81
					<b>U</b> 1

**Note:** – indicates not detected above threshold in the gut.

**Abbreviations:** AQP, aquaporin; AQPZ, aquaporin-related pore; na, not applicable; *E. coli, Escherichia coli;* ER, endoplasmic reticulum; glpF, glycerol facilitator; GI, gastrointestinal; NPA, asparagine-proline-alanine; CD, Crohn's disease; NIPs, nodulin 26-like intrinsic membrane proteins; PIPs, plasma membrane intrinsic proteins; SIPs, small basic intrinsic proteins; TIPs, tonoplast intrinsic proteins; UC, ulcerative colitis; AQY1/2, yeast aquaporin; GLPY1/2, yeast glycerol facilitation-like protein.



**Figure 5** Elevated COX-2 expression in UC and TNF- $\alpha$  and IL-23 expression in CD.

Notes: (A) COX-2 mRNA levels relative to GAPDH in the ileum, right and left colon. \*P<0.05, \*P<0.01, \*\*P<0.001. (B) TNF-α mRNA levels relative to GAPDH in the ileum, right and left colon. \*P<0.05. (C) IL-23A mRNA levels relative to GAPDH in the ileum, right and left colon. \*P<0.05.

Abbreviations: CD, Crohn's disease; UC, ulcerative colitis; GAPDH, glyceraldehyde 3-phosphate dehydrogenase; IL, interleukin; mRNA, messenger RNA; COX-2, cyclooxygenase 2; TNF-α, tumor necrosis factor-α.

is expressed apically in the surface epithelium of the normal human colon,<sup>34</sup> which is consistent with our observation that AQP3 is abundant in the epithelia of the mucosal surface and the crypts of the normal human colon. Planell et al detected abnormal AQP3 and AQP8 levels in UC patients in remission;<sup>23</sup>

however, that study addressed lasting epithelial cell alterations and the effect of treatment on UC but did not include CD patients.

Our study is the first to demonstrate high AQP3 mRNA levels in the human ileum and to show that AQP3 mRNA levels

and protein levels are significantly reduced in patients with CD. Reduced AQP 1, 3, 7, and 8 expressions might be due to a negative feedback regulation during inflammation, to protect against excessive water loss. Furthermore, reduced AQP3 and AQP8 mRNA levels in IBD colon might alleviate oxidative stress in the diseased colon, because both AQP3 and AQP8 transport  $H_2O_2$ ,<sup>10</sup> which is increased in the inflamed mucosa in CD and UC patients, possibly due to increased bacterial load.<sup>35,36</sup> In general, the AQP 3D structures depicted elucidate the AQP structural motifs and signatures and highlight the remarkable evolutionary conservation of the different AQPs expressed in the gut. The 3D AQP isoform models may also indicate how future studies should be focused.

Although a differential expression of AQPs 7 and 8 was noted in UC samples, evidence for differential expression of these AQPs in CD colitis samples was not demonstrated. When data were stratified according to subgroups (ileitis, colitis, ileocolitis) of CD, differences in expression of AQPs did not reach statistical significance. Future studies should involve a larger number of CD patients, and AQP expression should be compared in patients with specific CD subtypes, namely, CD with colitis and CD with ileitis with or without colitis.

AQPs 4, 5, and 9 were expressed below the limit of detection by qRT-PCR and IF in all the human patient groups investigated. In contrast, expression of these AQPs has been readily detected in the rodent gut.<sup>13,37</sup> Because only a few studies have analyzed AQP expression in the human gut, it is possible that these AQPs might be expressed in segments of the human bowel not studied here or in deeper layers of the intestinal wall. Moreover, lack of detection of AQP9 mRNA was surprising because AQP9 has been previously shown to be expressed in leukocytes and upregulated in inflammatory disease.<sup>38,39</sup> This discrepancy should be addressed in future studies. Matsuzaki et al have shown the expression of AQP3 in absorptive ileum cells as well as in epithelial cells in the distal colon and rectum of rats.<sup>40</sup>

In humans, AQP3 is thought to facilitate absorption of water by colonic surface cells<sup>34</sup> and promote enterocyte proliferation.<sup>41</sup> In our study, we observed a distinct expression of AQP3 in the apical lining of the surface epithelium in both ileum and colon in the control samples. However, the distinct apical labeling observed in the control samples was reduced in the surface epithelium of CD samples from the ileum. Loss of distinct apical immunolabeling was also observed for AQP8 in the colonic crypts and surface epithelium of the samples with UC and CD. These observations might indicate a possible disruption of the cellular polarity as a result of IBD.

Interestingly, in a murine model of Citrobacter rodentium-induced colitis, Guttman et al demonstrated that AQP2 and AQP3 migrate from the membrane to the cytoplasm.<sup>42</sup> Tsujikawa et al have demonstrated that rat AQPs 1, 3, 7, and 8, but not AQP4, are upregulated in the residual ileum and colon following small bowel resection.43 Assuming bidirectional osmotically driven flow through AQPs, upregulation of these AQPs might directly compensate for the lack of proximal water absorption due to small bowel resection. Fischer et al postulated that AOP8 is a marker of normal proliferating colonic epithelial cells and suggested that these cells transport fluid in the colon.44 Te Velde et al have reported that AQP8 is downregulated in three colitis mouse models and suggested that downregulation of AQPs in this context could protect against oxidative stress.36

Data presented here corroborate with previous human studies showing that AQP7 and AQP8 are downregulated in UC. Hardin et al have shown that AQP7 and AQP8 are downregulated in CD, UC, and infectious colitis, and reported very weak expression of AQP4 in the human colon.<sup>45</sup> Notably, Zahn et al detected a decreased AQP8 expression in ileum, but increased AQP8 expression in colon in mucosal biopsies from noninflamed regions.<sup>46</sup> The authors speculated that there could be a downregulation of AQP8 expression at the very beginning of inflammation, as in Hardin's study, followed by a compensatory increase in expression. Wang and Hou reported the downregulation of AQP8 in patients with diarrhea-dominated IBS.<sup>47</sup>

The mucosal expression of the aquaglyceroporins AQP3 and AQP7 could reflect the requirement for and organ-specific functionality of water and solute transport in the gut; furthermore, if glycerol is in fact transported via these channels in the human gut, it might at least in part explain extreme weight loss in some IBD patients. In a cellular model, Zhang et al have demonstrated that knockdown of AOP3 might lead to bacterial translocation as a result of increased paracellular permeability leading to a defective intestinal barrier function.<sup>48</sup> Given that AQP3 is expressed at relatively low levels in the terminal ileum of the CD patients studied here, it is conceivable that CD pathology is exacerbated because of increased paracellular permeability, combined with a defect in bacterial sensing. In this regard, it is noteworthy that Tanaka et al have shown that AQP3 expression was induced by corticosteroids in a human airway epithelial cell line,49 consistent with the fact that oral budesonide is an effective treatment of CD in the terminal ileum.

In inflamed tissue from patients with colitis, AQP 7 and AQP 8 expression decreased and the location of AQP8 in the colonic crypt and surface epithelium seemed to shift from apical to basolateral (Figure 4). If high levels of AQP 7 (and AQP 8) normally promote secretion of mucus, this could explain the characteristic lack of mucus in the UC colon. Loss of the distinct apical localization of AQP3 and AQP8 in the colonic surface epithelium and crypts of the UC and CD samples might indicate disruption of the epithelial polarity, which can lead to intestinal barrier dysfunction.<sup>50</sup>

CD and UC have traditionally been identified as T helper (Th) cell 1-driven and Th2-driven diseases, respectively, but recent studies demonstrate that IL-23- and Th17-dependent inflammation play a role in both diseases.<sup>51</sup> TNF- $\alpha$  is also a well-established marker of inflammation in IBD, and anti-TNF- $\alpha$  therapy is used as treatment for both disease entities.<sup>52</sup> Previous studies have demonstrated conflicting results regarding a higher expression of TNF- $\alpha$  in CD than UC.53,54 As for the IL-23 expression patterns, little is known in IBD.55 The increased expression of these proinflammatory markers may suggest a direct or indirect relationship between inflammation and the patterns of AQP expression detected in the present study. We were not able to show a correlation between the expression of the inflammatory markers and clinical or endoscopic disease activity, most probably due to the small number of patients in each disease group.

We hypothesize that changes in AQP expression are linked to specific IBD subtypes. Reduced AQP1 and AQP3 mRNA levels in the ileum of CD could be a primary event leading to reduced absorption of water and glycerol in the small bowel, and this could cause diarrhea and poor nutritional status. Reduced AQP mRNA levels might be a consequence of inflammation or rather a defense mechanism against oxidative stress. It is also possible that inflammationrelated cell death and loss of surface epithelial cells, especially in UC, indirectly leads to apparent reduction in levels of AQP mRNA.

### Conclusion

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This study has demonstrated that human AQPs are differentially expressed in the small and large bowel mucosal epithelia of untreated CD and UC patients, suggesting a potential, distinct role for these membrane channels in transporting water and solutes in the human intestinal tract, and that their dysregulation might play a role in IBD. These findings link gut inflammation and water/solute homeostasis and also challenge the traditional concept of gut permeability and bidirectional water/glycerol transit. The results have clear implications for understanding CD and UC pathogenesis and future IBD diagnostics and therapeutics.

### **Author contributions**

PR and TT conceived the study; PR, TT, and MAM were involved in study concept and design; PR, LKL, MS, AR, MHV, and MAM acquired the data; JPM performed the 3D structural modeling of AQPs; PR, LKL, SAF, MS, SN, AR, MHV, MAM, and TT contributed to experimental analysis and/or interpretation of data; SN was responsible for statistical analysis; and PR, AR, MHV, MAM, JPM, and TT drafted the manuscript. All authors were involved in critical revision of the manuscript for important intellectual content.

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## Disclosure

The authors report no conflict of interest in this work.

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# Supplementary material

Gene product	Substrate	ABI assay ID <sup>a</sup>	Interrogated sequence RefSeq	Translated protein RefSeq	NCBI location chromosome	Exon boundary
AQPI	H,O	Hs00166067_m1⁵	NM_198098.1	NP_932766.1	Chr. 7 – 30951415–30965131	I–2, assay loc: 492
AQP3	H <sub>2</sub> O Glycerol	Hs00185020_m1	NM_004925.3	NP_004916.1	Chr. 9 – 33441158–33447590	2–3 assay loc: 297
	H <sub>2</sub> O <sub>2</sub> NH <sub>4</sub> <sup>+</sup>					
	HO	Hs00242342 ml	NM 0016504	NP 0016411	Chr 18 - 24432007-24445716	2-3 assay loc: 508
AOP5	H <sub>2</sub> O	Hs00387048 ml	NM 001651.2	NP_001642.1	Chr. $12 - 50355279 - 50359461$	1-2 assay loc: 888
AQP7	H <sub>2</sub> O Glycerol	Hs00357359_m1	NM_001170.1	NP_001161.1	Chr. 9 – 33384948–33402517	2–3 assay loc: 199
AQP8	$H_2O$ $H_2O_2$ NH <sup>+</sup>	Hs00154124_m1	NM_001169.2	NP_001160.2	Chr. 16 – 25228285–25240253	2–3 assay loc: 339
AQP9	H <sub>2</sub> O Glycerol Urea	Hs00175573_m1	NM_020980.3	NP_066190.2	Chr. 15 – 58430408–58478110	1–2 assay loc: 467
TNF-α		Hs99999043 ml	NM 000594.2	NP 000585.2	Chr. 6 – 31543350–31546112	I–2 assay loc: 360
IL-23A				NP 057668.1	Chr. 12 – 56732663–56734194	I–2 assay loc: 323
COX-2/ PTGS2		Hs00153133_m1	NM_000963.2	NP_000954.1	Chr. I – 186640944–186649559	5–6 assay loc: 777

Table SI TaqMan gene expression assays employed to monitor aquaporin expression

Notes: \*All assays used dye label FAM; \*An assay whose probe spans an exon junction and does not detect genomic DNA.

Abbreviations: HS, Homo sapiens; AQP, aquaporin; IL, interleukin; loc, location; COX-2, cyclooxygenase 2; TNF-α, tumor necrosis factor-α.

**Table S2** Comparison of aquaporin mRNA levels in the small and large bowel biopsies from CD and UC patients and non-IBD patient controls

	lleum vs right colon			lleum vs left colon			Right vs left colon		
	mRNA ratio	P-value	q-value	mRNA ratio	P-value	q-value	mRNA ratio	P-value	q-value
CD									
AQP4	Negª	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg
AQP5	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg
AQP9	1.77	0.07	0.12	1.16	0.54	0.62	0.65	0.89	1.0
UC									
AQP4	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg
AQP5	Neg	Neg	Neg	0.22	0.41	0.46	1.13	0.55	0.68
AQP9	0.33	0.04	0.07	0.31	0.12	0.19	0.95	0.68	0.7
Controls									
AQP4	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg
AQP5	5.0	0.35	0.52	Neg	Neg	Neg	Neg	Neg	Neg
AQP9	0.55	0.66	0.66	0.21	0.51	0.75	Neg	Neg	Neg

**Notes:** mRNA levels detected by qRT-PCR are given as mRNA ratios calculated from delta delta  $C_{\tau}$  values with *P*-values and multiple testing adjusted *P*-values). <sup>a</sup>Neg = negative/below detection level (very low levels or no mRNA detected/the concentration of corresponding mRNAs was below the threshold for detection by qRT-PCR).

Abbreviations: AQP, aquaporin; CD, Crohn's disease; COX-2, cyclooxygenase 2; IBD, inflammatory bowel disease; mRNA, messenger RNA; qRT-PCR, quantitative realtime polymerase chain reaction; UC, ulcerative colitis; vs, versus.

Table S3	Comparison of aquaporin mRNA levels from	CD and UC pat	ients and non-IBD	patient controls i	in the small and large bowel
biopsies					

	CD vs controls			CD vs UC	CD vs UC			UC vs controls			
	mRNA ratio	P-value	q-value	mRNA ratio	P-value	q-value	mRNA ratio	P-value	q-value		
lleum											
AQPI	0.54	0.07	0.13	0.43	<0.001	0.002	1.28	0.37	0.61		
AQP3	0.15	< 0.00 I	0.003	0.16	<0.001	<0.001	0.94	0.87	0.87		
AQP7	1.16	0.67	0.67	4.31	0.002	0.006	0.27	0.003	0.02		
AQP8	7.33	0.29	0.36	260.96	0.005	0.01	0.03	0.07	0.17		
COX-2	2.56	0.075	0.13	0.57	0.31	0.38	4.51	0.014	0.05		
TNF-α	2.94	0.06	0.13	4.00	0.01	0.02	0.73	0.62	0.69		
IL-23A	4.43	0.03	0.10	6.93	0.01	0.017	0.64	0.56	0.69		
Right colon											
AQPI	0.83	0.72	0.72	0.90	0.98	0.98	0.84	0.78	0.78		
AQP3	0.82	0.63	0.72	1.26	0.53	0.77	0.65	0.40	0.45		
AQP7	1.97	0.37	0.59	10.98	<0.001	0.001	0.18	0.06	0.17		
AQP8	0.25	0.03	0.27	52.46	0.008	0.04	0.01	0.001	0.009		
COX-2	1.41	0.21	0.51	0.32	0.02	0.051	4.35	0.003	0.02		
TNF-α	0.76	0.68	0.72	2.06	0.07	0.12	0.37	0.17	0.31		
IL-23A	2.57	0.21	0.51	1.17	0.77	0.87	2.19	0.27	0.35		
Left colon											
AQPI	0.87	0.77	0.86	1.06	0.84	0.84	0.82	0.67	0.77		
AQP3	0.54	0.09	0.34	0.78	0.31	0.40	0.70	0.30	0.40		
AQP7	1.09	0.86	0.86	11.65	< 0.001	<0.001	0.09	< 0.001	< 0.001		
AQP8	0.08	0.004	0.03	247.47	<0.001	0.002	0.0003	<0.001	< 0.001		
COX-2	1.60	0.37	0.49	0.16	0.003	0.007	9.81	<0.001	< 0.001		
TNF-α	2.08	0.26	0.42	2.17	0.03	0.06	0.96	0.95	0.95		
IL-23A	2.66	0.13	0.43	0.79	0.58	0.65	3.36	0.06	0.12		

**Note:** mRNA levels detected by qRT-PCR are given as mRNA ratios calculated from delta delta  $C_{\tau}$  values with *P*-values and multiple testing adjusted *P*-values). **Abbreviations:** AQP, aquaporin; CD, Crohn's disease; COX-2, cyclooxygenase 2, IBD, inflammatory bowel disease; IL, interleukin; mRNA, messenger RNA; qRT-PCR, quantitative real-time polymerase chain reaction; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ; UC, ulcerative colitis; vs, versus.



#### Figure SI AQP expression in healthy human tissues.

**Notes:** The left panel (positive controls) shows micrographs with immunofluorescence labeling of human samples with AQP1, AQP3, and AQP7 antibodies. The tubular lumina are marked L. AQP1 is localized at the brush border and basolateral membranes of the renal proximal tubule (arrow, upper panel), AQP3 is localized at the basolateral membranes of the collecting ducts (arrowheads, middle panel) and AQP7 is localized at the plasma membrane of dipocytes (arrow, lower panel). The right panel (negative controls) shows sections from the same tissue as in the left panel, treated the same way, in absence of the primary antibodies. Scale bar: 50  $\mu$ m.

Abbreviation: AQP, aquaporin.

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