#### ORIGINAL RESEARCH

Disconnection of the hippocampus and amygdala associated with lesion load in relapsing-remitting multiple sclerosis: a structural and functional connectivity study

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Correspondence: Fuqing Zhou; Honghan Gong Department of Radiology, The First Affiliated Hospital, Nanchang University, 17 Yongwaizhen Street, Nanchang 330006, Jiangxi Province, People's Republic of China Tel +86 791 8869 5132; +86 791 8869 2582 Email fq.chou@yahoo.com; honghan gong@sina.com **Background and purpose:** Little is known about the functional and structural connectivity (FC and SC) of the hippocampus and amygdala, which are two important structures involved in cognitive processes, or their involvement in relapsing–remitting multiple sclerosis (RRMS). In this study, we aimed to examine the connectivity of white-matter (WM) tracts and the synchrony of intrinsic neuronal activity in outer regions connected with the hippocampus or amygdala in RRMS patients.

**Patients and methods:** Twenty-three RRMS patients and 23 healthy subjects participated in this study. Diffusion tensor probabilistic tractography was used to examine the SC, the FC correlation coefficient (FC-CC) and combined FC strength (FCS), which was derived from the resting-state functional magnetic resonance imaging used to examine the FC, of the connection between the hippocampus or the amygdala and other regions, and the correlations of these connections with clinical markers.

**Results:** Compared with healthy subjects, the RRMS patients showed significantly decreased SC and increased FCS of the bilateral hippocampus, and left amygdala. Their slightly increased FC-CC was positively correlated with WM tract damage in the right hippocampus ( $\rho$ =0.57, P=0.005); an increased FCS was also positively correlated with WM tract damage in the right amygdala. A relationship was observed between the WM lesion load and SC alterations, including the lg(N tracts) of the right hippocampus ( $\rho$ =-0.68, P<0.05), lg(N tracts) ( $\rho$ =-0.69, P<0.05), and fractional anisotropy ( $\rho$ =-0.68, P<0.05) and radial diffusivity of the left hippocampus ( $\rho$ =0.45, P<0.05). A relationship between WM lesion load and FCS of the left amygdale was also observed.

**Conclusion:** The concurrent increased functional connections and demyelination-related structural disconnectivity between the hippocampus or amygdala and other regions in RRMS suggest that the functional–structural relationships require further investigation.

**Keywords:** relapsing–remitting multiple sclerosis, hippocampus, limbic system, functional connectivity, structural connectivity, fiber tractography

# Introduction

Memory<sup>1</sup> decline and emotion recognition deficits<sup>2</sup> commonly occur in patients with multiple sclerosis (MS), as the clinical manifestations of the disease contribute to cognitive dysfunction.<sup>1–5</sup> The hippocampus and amygdale, which serve as the main structures of the limbic system, are separately involved in memory- and emotion-related cognitive processing. Evidence for hippocampal<sup>6</sup> or amygdala demyelination<sup>7</sup> in MS has been reported in recent histopathological studies.<sup>6–8</sup> Advanced magnetic

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© 2015 Zhou et al. This work is published by Dove Medical Press Limited, and licensed under Creative Commons Attribution — Non Commercial (unported, v3.0) permission from Dove Medical Press Limited, provided the work is properly attributed. Permissions by ond the scope of the License are administered by Dove Medical Press Limited, provided the work is properly attributed. Permissions by ond the scope of the License are administered by Dove Medical Press Limited, Information on how to request permission may be found at: http://www.dovepress.com/permissions.pp resonance imaging (MRI) studies have also shown regional alterations, including structural damage,<sup>9,10</sup> atrophy,<sup>11</sup> and functional decreases,<sup>1,9,12</sup> in the hippocampus or amygdala of MS patients. However, the relationship between the structural damage to the hippocampus or amygdala and functional alterations in MS and the correlations between such disturbances and clinical indices is not well established. Knowledge of the connections of the hippocampus and amygdala with the other brain structures will improve our understanding of the pattern of cognitive-related information processing, the functional and cognitive outcomes of MS, and development of novel therapeutic strategies that may be highly beneficial for these patients.

Although much is known about functional and structural connectivity (FC and SC), classic resting-state functional connectivity (rsFC) and diffusion tensor tractography<sup>13,14</sup> can provide crucial information about the connections that may complement this knowledge. Diffusion tensor tractography can describe anatomical white-matter (WM) tracts to characterize the diffusivity of water,<sup>15,16</sup> which has been reported as a component of SC to provide critical information to fully understand MS-related functional alterations.14 In classic rsFC analysis, quantitative FC correlation coefficient (FC-CC) studies have begun to provide important information concerning the communication between regions under normal and pathological conditions.<sup>9,14</sup> However, quantitative FC-CC analyses ignore the cortical reorganization that occurs due to the increased connectivity of specific structures. Functional connectivity strength (FCS), a novel index is a strength property that is determined by counting the number of direct functional connections at the voxel level to provide crucial information on the connectivity architecture.<sup>17</sup> FCS could provide additional information on the connectivity quantity, which is used to evaluate the FC.

Presently, whether the SC and FC of the hippocampus and amygdala are related to minimally disable relapsing– remitting MS (RRMS) remains unclear. Investigating the structural–functional relationship may be particularly important for understanding the impact of this disease on the hippocampus and amygdala. In this study, we hypothesized that both SC and FC of the hippocampus or amygdala and their correlated clinical indices are disrupted in RRMS. To test this hypothesis, we used probabilistic tractography to characterize WM tract connectivity, and FC-CC combined with FCS to characterize the intrinsic functional communication of the hippocampus or amygdala and to examine the mechanisms that might underlie the observed alterations. Studying the structural–functional relationship of the hippocampus and amygdala may enrich our understanding of the neural underpinnings of RRMS.

# Materials and methods Subjects

The present study was approved by the Medical Research Ethics Committee and the Institutional Review Board of the First Affiliated Hospital of Nanchang University. This study was performed according to the approved guidelines and was conducted in compliance with the principles of the Declaration of Helsinki. All subjects signed written consent forms for participation in the study.

Patients with clinically definite MS at the First Affiliated Hospital of Nanchang University participated in this study from May 2010 to December 2013. All patients received a series of clinical and MRI examinations, including the Expanded Disability Status Scale (EDSS). After diagnosis, the recruited patients were confirmed as follows: RRMS course;<sup>18</sup> EDSS score <2.5, which corresponds to minimal disability;19 and treatment with immunomodulatory medication (20 with  $\beta$ -interferons, 3 with Glatiramer acetate). None of the recruited patients experienced any relapses or received corticosteroid treatment during the month preceding MRI acquisition. Twenty-three healthy control (HC) participants from the local community were individually matched to the patients by sex, age, education level, and lack of history of neurological or psychiatric disorders. After excluding patients due to excessive head motion during scanning (see "rs-fMRI data preprocessing"), 23 RRMS and 23 HC subjects remained in this study.

### Image acquisition

All MRI data were obtained from a Trio 3.0-tesla MRI scanner (Siemens Medical Systems, Erlangen, Germany). During acquisition, all subjects were instructed to remain as still as possible in the scanner, to keep their eyes closed, to not think systematically and to stay awake. Resting-state functional MRI (rs-fMRI), diffusion tensor imaging (DTI),  $T_2$ -weighted imaging ( $T_2WI$ ), and  $T_1WI$  scans were performed using the following sequences:

- An echo planar imaging sequence for rs-fMRI scan with the following parameters: repetition time (TR)/echo time (TE) =2,000/30 ms, flip angle =90°, field of view (FOV) =200×200 mm, matrix =64×64, 30 interleaved axial slices with 4 mm thickness and an interslice gap of 1.2 mm, and number of time points =240;
- Spin echo single-shot echo planar imaging for DTI: TR/ TE=7,200/104 ms, FOV=230×230 mm, matrix=128×128,

number of excitations (NEX) =2, 49 axial slices with 2.5 mm thickness, 64 non-linear diffusion weighting gradient directions with b=1,000 s/mm<sup>2</sup> and 1 additional image without diffusion weighting (ie, b=0 s/mm<sup>2</sup>);

- Three-dimensional high-resolution T<sub>1</sub>WI brain scans with 1 mm<sup>3</sup> isotropic voxels: TR/TE =1,900/2.26 ms, FOV =215×230 mm, matrix =240×256, NEX =1, slice thickness =1.0 mm, and 176 sagittal slices;
- 4) Turbo spin echo imaging sequence for conventional  $T_2$ WI scans: TR/TE =5,100/117 ms, FOV =240×240 mm, matrix =416×416, NEX =3, echo train length =11, 22 axial slices with 6.5 mm thickness.

During MRI scanning, head motion was minimized by placing foam padding around the patients' head, and noise was attenuated with earplugs.

### Data processing

#### rs-fMRI data preprocessing

The rs-fMRI data were preprocessed using the Data Processing Assistant for Resting-State fMRI Advanced Edition (DPARSFA) V2.3<sup>20</sup> in MATLAB 2012a (The Math Works, Inc, Natick, MA, USA) platform. The first ten images from each subject were discarded during data acquisition to eliminate magnetic saturation effects, and the remaining 230 images were corrected for slice timing and realigned for intervolume head motion. Subjects were included if their head movement was less than 2 mm of translation along any axis and less than 2.0° of angular rotation along any axis during rs-fMRI scanning. The high-resolution individual T<sub>1</sub>WI images were coregistered to the mean functional image after motion correction using a linear transformation, and the images were segmented into gray matter (GM), WM, and cerebrospinal fluid (CSF) tissue maps using a priori statistical parametric mapping (SPM) tissue maps as a reference and a unified segmentation algorithm.<sup>21</sup> The resultant GM, WM, and CSF images were further non-linearly registered in Montreal Neurological Institute space using estimates from the unified segmentation, and the images were averaged across all of the patients to create custom GM, WM, and CSF templates and for the measurement of whole-brain atrophy, amygdala atrophy, and hippocampal atrophy. Next, the coregistered T<sub>1</sub> images were resegmented using the custom tissue templates as reference images and the unified segmentation algorithm<sup>21</sup> to reduce the risk of inaccuracy in spatial normalization of the functional volumes due to GM atrophy. All of the functional images were then resampled to 3 mm cubic voxels and 6 mm spatial smoothing with a full-width-half-maximum Gaussian

kernel, linear detrending, and temporal band-pass filtering (0.01 Hz < f < 0.08 Hz) to eliminate high-frequency noise and low-frequency drift. Finally, multiple regression analysis of nuisance variables was conducted from the rs-fMRI data, which included a ventricular signal averaged from ventricular regions of interest (ROIs), a WM signal averaged from WM ROIs, a whole-brain signal averaged across the whole brain, six head realignment parameters obtained by rigid body head motion correction, and the derivatives of each of these signals.<sup>22</sup>

### Seed-based rsFC for FC-CC analysis

The ROIs of the amygdala and hippocampus were defined according to the automated anatomical labeling template<sup>23</sup> contained in the Resting-State fMRI Data Analysis Toolkit,<sup>20</sup> which was resampled to  $3\times3\times3$  mm<sup>3</sup>. Subsequent processes were performed separately in left and right ROIs.

The seed-based rsFC was calculated in DPARSFA. For each amygdala or hippocampal ROI, a seed reference time course was obtained by averaging the time series of all voxels in the ROI. Then, voxel-wise *Pearson's* correlation analysis was performed between the seed reference time course and time series from the remainder brain areas with the global signal, WM signal, CSF signal and the six head motion parameters as nuisance covariates. Finally, the resultant correlation coefficients were transformed into *z* scores using Fisher's transformation to better satisfy normality.

#### Voxel-based FCS for connectivity quantity analysis

FCS calculations were also conducted in DPARSFA with voxel-based weighted degree centrality (DC) by mapping the degree of FC across the whole brain:

DC (i) = 
$$\sum_{j=1}^{N} k_{\text{voxel}}(i) = \sum_{j=1}^{N} r_{ij}(r_{ij} > r_0)$$
 (1)

FCS (i) = 
$$\frac{1}{N_{\text{voxels}} - 1}$$
DC (i) (2)

where  $r_{ij}$  is the correlation coefficient between voxel *i* and voxel *j* (voxel *i* is form the amygdala or hippocampus and voxel *j* belong to regions outside the amygdala or hippocampus),  $r_0$  is the correlation threshold value that is set to eliminate weak correlations – the classical reference  $r_0$  values are primarily reported in the results that were thresholded using an  $r_0=0.25$ ,<sup>17,24,25</sup> and the significance threshold of the corresponding connection was set at P < 0.001 in this

study – and the k(i) of each voxel was divided by the individual global mean of  $k_0$  within the whole brain to normalize and reduce the effect of individual variability. The individual data were then converted using Fisher's *z* transformation, and the *z* values of the amygdala or hippocampus were extracted for group comparisons. Notably, the FCS, as a voxel-wise connectivity strength metric, is referred to as the "DC" of weighted networks in terms of graph theory and indicates its connectivity quantity or the extent of connectivity.<sup>11</sup>

### DTI data analysis

To investigate the SC of the amygdala or hippocampus, the group (Montreal Neurological Institute)-space ROIs of the amygdala and hippocampus were individually coregistered to (native) DTI space using Linear Image Registration Tool (FLIRT) methods of Functional MRI of the Brain (FMRIB).<sup>26</sup> These ROIs are briefly described as follows:

- Using the FMRIB diffusion toolbox (FDT v2.0),<sup>27</sup> "dtifit" was used to fit a single tensor model at each voxel of the preprocessed eddy current-corrected diffusion-weighted data.
- 2) A spatial probability density unction across voxel was estimated using the FMRIB Software Library probabilistic tractography (bedpostx) tool, which was used to model 5,000 iterations within each voxel with a curvature threshold of 0.2, a step length of 0.5, and a maximum number of 2,000 steps.<sup>28</sup> For each tract, single-mask, the amygdala or the hippocampus was used to calculate the fiber orientation distribution.
- 3) The connectivity of WM tracts was set at a normalized probability value of 0.20<sup>29,30</sup> and was visually inspected to confirm successful tracing in each individual by multiple experienced technicians.
- 4) Features of the WM tracts (above the threshold) connecting each ROI were compared between the two groups. The features included the pathway strength, indicated by the volumes and mean tract count per WM region of the ROIs,<sup>28</sup> and the above-threshold standard DTI parameters, including fractional anisotropy (FA) and three diffusivity measurements (average mean diffusivity, axial diffusivity, and radial diffusivity).

### Comparison of structure and function

We assessed the characteristics of the SC and FC measures in three steps: 1) structural and functional connections of the amygdala and hippocampus were identified; 2) the connectivity strength of the amygdala and hippocampus was determined, and inter-group comparisons were made separately for FC and SC; and 3) the structure–function relationship of coupling was determined by partial correlation analysis (see flowchart in Figure 1).

### Statistical analysis

For rsFC, we used a random-effects one-sample *t*-test in the SPM toolkit (SPM8)<sup>31</sup> to identify brain regions that showing significantly positive correlations with each seed region for each group with a two-tailed false-discovery rate correction at P < 0.05. We only considered positive correlations in the rsFC analysis because the issue of negative correlations remains an unsettled debate.<sup>32,33</sup> Next, a mask was generated by combining the regions exhibiting significant positive connectivity with the seed region under each condition. Finally, general linear model (GLM) analysis and two-sample *t*-test in SPM8 were performed to identify regions of altered voxel-based rsFC (P < 0.05, Gaussian random field theory corrected, minimum z > 2.3). Age, sex, and amygdala or hippocampal volumes were considered covariates in the analyses.

GLM analysis was also performed with SPM8 to investigate the group differences of FCS within the amygdala or hippocampus between RRMS patients and HCs after controlling for the effects of age, sex, and amygdala or hippocampal atrophy.

Additionally, a two-sample *t*-test in Statistical Product and Service Solutions (SPSS Inc, Chicago, IL, USA) was performed to compare the group differences in each clusterbased rsFC between the ROI and other brain areas with significant positive connectivity with the seed region, FCS of the amygdala or hippocampus, or SC of the amygdala or hippocampus (P < 0.05, Bonferroni corrected).

Finally, partial correlation analysis was performed in the RRMS group to assess the relationship between clinical markers and SC and FC damage and the effect of this damage on clinical parameters and indices in RRMS patients, with age, sex, and amygdala or hippocampal volumes as covariates of no interest. The threshold was set at a significance level of P < 0.05 and was corrected for multiple comparisons using the Bonferroni correction.

# Results

# Demographic and clinical data

Among the 23 RRMS patients, the mean EDSS score was 1.604 corresponding to minimal disability. Significant differences were found between the RRMS and HC groups in amygdala, hippocampal and whole brain volumes, and in the paced auditory serial addition test scores. These measures



Figure I A flowchart of the calculation of the connectivity of the amygdala and hippocampus.

Notes: (1) The resting-state functional magnetic resonance imaging (rs-fMRI) was preprocessed in the MATLAB platform. (2) The amygdala and the hippocampus were extracted from anatomical automatic labeling (AAL) masks as regions of interest (ROIs). (3) The time series in each ROI was extracted in the amygdala and hippocampus or in other brain areas. (4) The temporal correlation coefficients were quantified: resting-state functional connectivity (rsFC) pattern with the mean time series in each ROI or functional connectivity strength (FCS) in voxel level between the amygdala/hippocampus and other brain areas. (5) Preprocessed motion and eddy current distortion correction of the model distributions of the relevant parameter (Monte Carlo sampling) was performed using the FMRIB diffusion toolbox (FDT v2.0). (6) ROI-based probabilistic tractography was used to calculate the fiber orientation distribution in the left/right amygdala and hippocampus. (7 and 8) Features of the remaining fiber bundles (above threshold 0.2) connecting each ROI in the WM tract were extracted and compared between the two groups, including the above-threshold standard DTI parameters. (9) FC–SC relationship analysis.

Abbreviations: Ant, anterior; DTI, diffusion tensor imaging; FC, functional connectivity; FC-CC, FC correlation coefficient; FMRIB, Functional MRI of the Brain; FDT, FMRIB diffusion toolbox; FSL, FMRIB Software Library; SC, structural connectivity; Sup, superior; WM, white matter.

revealed atrophy and slowed cognitive processing due to MSrelated damage. The demographic and clinical characteristics of the 23 right-handed RRMS patients (7 males, 16 females) and well-matched HCs are summarized in Table 1.

# FC measures of the amygdala and hippocampus

Seed-based FC was then used to measure the FC-CC between the positively correlated regions and the seed region (amygdala or hippocampus). The results of a one-sample *t*-test found similar FC-CC distributions of the amygdala and hippocampus in the RRMS and HC groups (false-discovery rate corrected, P<0.01) (Figure S1). In a

cluster-based analysis, a significant FC-CC difference was not detected between the RRMS and HC groups (P>0.05) (Table S1, Figure 2A). However, in a voxel-based GLM analysis, compared with HCs, significantly reduced FC-CCs (including bilateral putamen, detailed results shown in Table S2 and Figure S2) were only detected in the RRMS group (P<0.05, Gaussian random field theory corrected, minimum z>2.3).

A voxel-wise FCS metric was used to measure the connectivity strength across the amygdala and hippocampus. The FCS of the amygdala and the hippocampus was also extracted and compared between the RRMS and HC groups (Table S1, Figure 2B). Specifically, significantly increased

	RRMS patients (n=23)	Control subjects (n=23)	<b>P-values</b>
Sex (M/F)	7/16	7/16	>0.99
Mean age (range) (years)	39.17 (20–57)	38.96 (22–52)	0.925
Mean disease duration (range) (months)	33.24 (3–187)	n/a	n/a
Mean TWMLL (range) (mL) (normalized)	22.70 (0.43–79.41)	n/a	n/a
Mean BPF (range)	0.828 (0.78-0.86)	0.853 (0.81-0.89)	0.000
Normalized amygdala volumes (mL)	1.73±0.19 (L)/1.96±0.21 (R)	1.97±0.13 (L)/2.27±0.15 (R)	0.041 (L)/0.023 (R)
Normalized hippocampal volumes (mL)	5.25±0.53 (L)/5.32±0.49 (R)	5.61±0.49 (L)/5.75±0.36 (R)	0.048 (L)/0.039 (R)
Median EDSS (range)	1.604 (0-2.5)	0	n/a
Mean PASAT (range)	84.13 (61–103)	98.43 (83–118)	0.000

**Notes:** The measurement procedures for TWMLL and BPF in the RRMS patients have been previously described by Shu et al<sup>16</sup> and Pelletier et al<sup>50</sup> respectively (also see Zhou et al<sup>14</sup> study). Normalized amygdala or hippocampal volumes are presented as mean ± standard deviation.

Abbreviations: BPF, brain parenchymal fraction; EDSS, expanded disability status scale; F, female; L, left; M, male; n/a, not applicable; PASAT, paced auditory serial addition test; RRMS, relapsing-remitting multiple sclerosis; R, right; TWMLL, total white-matter lesion load.

FCS was detected in the left amygdala (P < 0.05), left hippocampus (P < 0.001), and right hippocampus (P < 0.01) in the RRMS group.

# SC measures of the amygdala and hippocampus

SC strengths were assessed by measuring the volumes and mean tract counts along the above-threshold reconstructed tracts (Figure 2C and D, Table S1). Figure 3 shows a macroscopic view of sample WM tracts of the amygdala and hippocampus identified by probabilistic tracking, in transverse section (Figure 3A and B) and three-dimensional views (Figure 3C and D), respectively. In the RRMS patients, no difference was detected in the volume of the tract linking the amygdala or hippocampus, but lower counts (lg[N tracts]) were detected in the tracts linking the left amygdala (4.868 vs 4.930), right amygdala (4.839 vs 4.934), left hippocampus (5.081 vs 5.297), and right hippocampus (5.108 vs 5.320).

The integrity of the above-threshold reconstructed tracts was assessed by measuring the standard DTI parameters (Figure 2E–H, Table S1). In the RRMS patients, decreased FA and increased RD values were detected in all four tracts (P<0.05, Table S1) and increased mean diffusivity values were detected in the tract linking the right amygdala (0.938×10<sup>-3</sup> vs 0.833×10<sup>-3</sup>) and right hippocampus (0.961×10<sup>-3</sup> vs 0.918×10<sup>-3</sup>).

# Relationship between structure and function measures

In the RRMS group, partial correlation analyses (Figure 4) revealed that decreased FA of the right amygdala or right hippocampus was positively correlated with slightly increased FCS ( $\rho$ =0.45, P=0.034) or decreased FC-CC ( $\rho$ =0.57, P=0.005), indicating an SC-FC coupling relationship.

Figure S3 shows an example of the relationship between the FC and SC measures in other thresholds (0.05, 0.10, 0.15, 0.20, 0.25, and 0.30) of probabilistic tractography.

# Relationships between abnormal connectivity indices and clinical markers of RRMS

In the RRMS group, partial correlation analyses between clinical markers and abnormal connectivity indices in the amygdala or hippocampus showing significant group differences revealed that only the total WM lesion load (TWMLL) was only negatively correlated with the FCS of the left amygdala ( $\rho$ =-0.55, P<0.05) (Figure 5A), the lg(N tracts) of the right hippocampus ( $\rho$ =-0.68, P<0.05), and the lg(N tracts) ( $\rho$ =-0.69, P<0.05) and FA values of the left hippocampus ( $\rho$ =-0.68, P<0.05). The TWMLL was positively correlated with the RD of the left hippocampus ( $\rho$ =0.45, P<0.05) (Figure 5B). The above-mentioned measures revealed the association between abnormal connectivity and the MS-related lesion load.

# Discussion

In the present study, we showed that the SC of the hippocampus and amygdala is significantly decreased in minimally disabled RRMS patients and that increased FCS may be a cortical reorganization mechanism to maintain cluster-level rsFC. We also found two significant correlations between the FC and SC measures: slightly increased FC-CC (or increased FCS) was positively correlated with WM tract damage in the right hippocampus (or right amygdala). Additionally, some SC and FCS indices of RRMS patients were significantly correlated with the lesion load. This study, linking the decreased WM connections and compensatory cortical reorganization of the hippocampus and amygdala,



Figure 2 A set of connectivity matrices of functional and structural analyses of the amygdala and hippocampus in the RRMS and healthy control (HC) groups. Notes: The panels (**A** and **B**) are a histogram of average FC-CC or FCS in the amygdala and hippocampus. The panels (**C** and **D**) show the structural connectivity strength (of average lg[N tracts] and volumes) of the amygdala and hippocampus. The panels (**E**–H) are above-threshold (0.2) standard DTI parameters, including the fractional anisotropy (FA), mean diffusivity (MD), axial diffusivity (AD), and radial diffusivity (RD) of each fiber tract. The error bars are the standard errors of the mean. \*P<0.05, \*\*P<0.01, \*\*\*P<0.001. Abbreviations: amyg, amygdala; DTI, diffusion tensor imaging; FC-CC, functional connectivity correlation coefficient; FCS, functional connectivity strength; hipp, hippocampus; MS, multiple sclerosis; RRMS, relapsing–remitting multiple sclerosis; SC, structural connectivity.



Figure 3 An example of the white-matter fibers of the amygdala and hippocampus detected by probabilistic tractography.

**Notes:** One control subject (**A**) and one RRMS patient (**B**) in the native space. Panels (**C** and **D**) correspond to three-dimensional probabilistic tractography. Sup, superior; Inf, inferior; Ant, anterior; Pos, posterior; red, the fiber of the left amygdala; magenta, the fiber of the right amygdala; blue, the fiber of the left hippocampus; cyan, the fiber of the right hippocampus.

Abbreviations: HC, healthy control; MS, multiple sclerosis; RRMS, relapsing-remitting MS.

provides new insights into how lesion load impacts SC and function in RRMS.

# Hippocampal connectivity disturbances

# Selective functional disconnection of the hippocampus

Our data show increased FCS of the right or left hippocampus in RRMS patients, which functionally compensates for selectively decreased FC-CC between the left hippocampus and left basal ganglia (lentiform nucleus), right hippocampus and right basal ganglia (putamen), or the brainstem. Extensive evidence suggests that the basal ganglia and hippocampal systems are simultaneously activated in habit learning and memory<sup>34</sup> and that the basal ganglia are involved in both conscious and unconscious learning.<sup>35</sup> fMRI has shown functional disruption in hippocampus-basal ganglia pathways such as reduced activation in habitual learning and memory tasks in Parkinson's disease.<sup>36</sup> The possibility of effective dependent learning was caused by dissociating the basal ganglia from the hippocampus, as suggested in the present study. The brainstem plays important roles in many basic functions, including breathing and sleeping, and the



**Figure 4** Correlation between SC and FC in the amygdala or hippocampus in the RRMS. **Abbreviations:** FA, fractional anisotropy; FCS, functional connectivity strength;  $k/k_0$ , the normalized FCS; FC-CC, functional connectivity correlation coefficient; RRMS, relapsing–remitting multiple sclerosis; SC, structural connectivity.

ascending brainstem hippocampal synchronizing pathways<sup>37</sup> are involved in memory retrieval.<sup>38</sup> The disconnection of brainstem regions from the hippocampus implies that memory loss is associated with a wide variety of decreased rsFC measures in RRMS patients.

Fortunately, in the current study, significantly increased connectivity strength was shown in minimally disabled RRMS patients. This increased strength was enabled by cortical reorganization in adjacent areas as a compensatory mechanism to maintain stable neural function. In the early stages of MS, patients show increased rsFC in most resting-state networks.<sup>39,40</sup> Thus, enhanced cerebral activity in the earliest clinical stage of MS is subsequently lost as brain damage progresses; this activity might be an early but finite compensatory phenomenon in MS.<sup>41,42</sup> Additionally, an increased lesion load was negatively correlated with FCS, further supporting the idea of finite compensation.

# Decreased connectivity of WM tracts of the hippocampus and their association with lesion load

We identified the WM tracts connected with the hippocampus, and we also demonstrated that loss of integrity occurred in left and right fiber tracts, mainly reflected as a reduced tract number, decreased FA values, and increased RD values. The SC disconnection in this study may reflect a variety of neuropathological processes, including demyelination, decreased dendritic density, and/or myelin loss. DTI measures (ROI analysis<sup>43,44</sup> and tract-based spatial statistics,<sup>45</sup> as examples) are sensitive to WM damage in MS, including interior focal lesions and normal-appearing WM: these regional DTI alterations are related to disability and cognitive deficits.<sup>46</sup> Notably, hippocampal demyelination has been demonstrated in postmortem MS brains.<sup>6,7</sup> Especially in the hippocampus, demyelination is a cause of synaptic alterations in MS patients, and the neuronal genes regulated by myelination reflect specific functions of neuronal subpopulations.<sup>6</sup> In vivo, regional micro-structural damage<sup>9,10</sup> and atrophy<sup>11</sup> have been demonstrated in the hippocampus by MRI. The detection of WM integrity in this study is consistent with previous reports,<sup>9,11</sup> although these reports focused on focal lesions or regional atrophy. Few published reports have investigated the integrity of hippocampal tracts in MS, but our observations are also in agreement with their findings in other major WM fiber tracts.<sup>14,15,47</sup>

The WM lesions in RRMS were associated with changes in the structural integrity of hippocampal WM tracts of the Liu et al<sup>48</sup> demonstrated damage in whole-brain WM regions and significant correlations between the diffusion metrics and TWMLL. TWMLL is considered a clinically relevant measure of disease progression.<sup>49,50</sup> In this study, we detected an inverse correlation between the TWMLL and the tract number loss in the right and left hippocampus and also found reduced FA and increased RD values in the left hippocampus with increasing TWMLL, suggesting that the SC of the hippocampus is susceptible to the impact of acute MS lesions.

# Relationship of SC–FC coupling measures in the hippocampus

Cortical functional reorganization might be an important pathophysiological factor in controlling information processing deficiencies in minimally disabled RRMS patients.



Figure 5 The correlation between structural/functional connectivity indices (y axis) and lesion load (x axis) in RRMS patients. Notes: (A) The plot shows that the FCS of left amygdala significantly decreased as the TWMLL increased. (B) The plots show that structural indices of the left hippocampus significantly decreased as the TWMLL increased.

Abbreviations: FA, fractional anisotropy; FC, functional connectivity; FCS, FC strength;  $k/k_o$ , the normalized FCS; IgN,  $log_{10}$ (N tracts); RD, radial diffusivity; RRMS, relapsing–remitting multiple sclerosis; SC, structural connectivity; TWMLL, total white matter lesion loads.

Neuronal fiber tracts are bundles with an extremely large number of axons that act as a bridge connecting the hippocampus to the rest of the brain. This is not unexpected, as reduced anisotropy is likely in the demyelinated hippocampus. However, when we analyzed the strength of connectivity as measured by the mean FA of voxels representing the reconstructed tractography pathways, we found a relationship between the FC-CC and the FA value of the tract belonging to the right hippocampus in the RRMS patients. Previously, we demonstrated a relationship between SC and FC coupling measures in long WM (backbone) tracts within default mode network subregions.14 In early-intact MS patients with memory function, decreased regional rsFC of structural integrity in the hippocampus has been observed,<sup>9</sup> revealing a proactively changing state before the activation of the defense functions. The structure has been considered the underlying foundation of functional change.<sup>51</sup> To the best of our knowledge, this is the first study to attempt to link the SC and FC of the hippocampus in RRMS patients.

# Connectivity disturbances in the amygdala

We also attempted to identify the connectivity disturbances in the amygdala, and the changes in functional or SC of the amygdala are extremely similar in the hippocampus. As another component of the limbic system, the amygdala is composed of structurally and functionally distinct nuclei that contribute to emotion processing through interactions with other subcortical and cortical structures.<sup>52,53</sup> In this study, we demonstrated that disruptions also occurred in the fiber bundles crossing the amygdala, mainly reflected in tract number loss and decreased FA and increased RD values in the tracts. Notably, the amygdala was disconnected from the basal ganglia in FC-CC. The increased FCS of the left amygdala also suggested limited compensatory cortical reorganization. The capacity of cortical reorganization reflected in FCS was depended on the TWMLL and was related to the anisotropy of the fiber bundles crossing the amygdala in RRMS patients. No systematic and comprehensive academic research on the amygdala in RRMS has been conducted, and few MS studies have involved the amygdala at all.<sup>2,53,54</sup>

# Technical considerations and study limitations

In contrast to deterministic tractography (a single trajectory reconstruction), probabilistic tractography was performed

in our study to investigate the strength of SC and the above-threshold standard DTI parameters in the WM tracts. Probabilistic tractography methods are used to propagate a large number of pathways passing through the seed point, and the pathway orientations are drawn from a distribution of possible orientations.<sup>28,30</sup> The probabilistic tractography methods can be used to easily reconstruct the existence of direct neuroanatomical connections of the hippocampus or amygdala.<sup>15,55</sup>

Notably, ROIs of the amygdala or hippocampus were defined according to an automated anatomical labeling template, and the atrophy of the amygdala or hippocampus was considered as an influencing factor in this study. Additionally, there are a few limitations to probabilistic tractography, including the possibly highly reproducible topology of the reconstructed pathways<sup>28,29</sup> and the lack of statistical consensus on the probabilistic tractography threshold.<sup>30</sup> Finally, we performed a limited assessment of cognitive function.

# Conclusion

In the present study, we observed increased functional connections and demyelination-related structural disconnectivity of the hippocampus and amygdala with other regions in RRMS patients. This study, linking the connectivity of WM tracts and the synchrony of intrinsic neuronal activity in other regions connected with the hippocampus and amygdala, provides a new avenue to understand the cortical reorganization of the hippocampus and amygdala in the pathophysiology of RRMS.

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# Author contributions

Dr Zhou and Dr Zhuang contributed to study concept and design, manuscript writing, analysis and interpretation;

Dr Zhang and Dr Wu contributed to data acquisition; Dr Wang, Dr Zhou, and Prof Zeng contributed to manuscript editing; Prof Gong contributed to study supervision. All authors contributed toward data analysis, drafting and revising the paper and agree to be accountable for all aspects of the work.

# Disclosure

The authors report no conflicts of interest in this work.

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# **Supplementary materials**



Figure SI Statistical significance (color-coded t-score) of the rsFC patterns for the amygdala and hippocampus in both the HC and the RRMS groups. Abbreviations: FC-CC, functional connectivity correlation coefficient; MS, multiple sclerosis; HC, healthy control; RRMS, relapsing–remitting MS; rsFC, resting-state functional connectivity.





Name	Left amygdala			Right amygdala	в		Left hippocampus	sndu		Right hippocampus	sndm	
	MS	НС	t(P)	MS	НС	t(P)	MS	НС	t(P)	MS	НС	t(P)
	(mean $\pm$ SD)	(mean $\pm$ SD)		(mean ± SD)	(mean ± SD)		(mean ± SD)	(mean ± SD)		(mean ± SD)	(mean $\pm$ SD)	
FCS	I.048±0.157	0.903±0.265	2.249	I.005±0.204	0.892±0.299	I.489	0.931±0.156	0.684±0.237	4.160	0.916±0.151	0.716±0.269	3.099
			(0:030)			(0.144)			(0000)			(0.003)
rsFC	0.204±0.081	0.218±0.064	-0.656	0.219±0.065	0.232±0.044	-0.775	0.197±0.062	0.192±0.055	0.302	0.207±0.068	0.207±0.055	0.026
			(0.515)			(0.443)			(0.764)			(0.979)
Track count	4.868±0.120	4.930±0.055	-2.265	4.839±0.092	<b>4.934±0.06</b> I	-4.101	5.081±0.125	5.297±0.068	-7.244	5.108±0.111	5.320±0.051	-8.250
(IgN)			(0.029)			(0000)			(0000)			(0000)
Volume of	4.294±1.539	4.846±1.055	-1.419	5.354±2.248	5.451±1.346	-0.176	I 3.68±4.458	14.21±2.878	-0.477	12.55±2.680	12.32±1.798	0.340
tract (mL)			(0.163)			(0.861)			(0.636)			(0.736)
FA of tract	0.258±0.053	0.323±0.033	-4.990	0.295±0.056	0.367±0.026	-5.533	0.326±0.046	0.419±0.017	-9.089	0.348±0.043	0.413±0.021	-6.469
			(0000)			(0000)			(0000)			(0000)
MD of tract	0.954±0.108	0.913±0.064	I.550	0.938±0.119	0.833±0.037	4.015	0.963±0.078	0.928±0.042	1.903	0.961±0.093	0.918±0.038	2.063
			(0.130)			(0000)			(0.064)			(0.045)
AD of tract	I.193±0.131	1.202±0.070	-0.274	I.2I0±0.I44	I.I56±0.037	1.727	I.275±0.052	1.311±0.076	–1.877	I.295±0.081	I.3 I 0±0.038	-0.812
			(0.785)			(0.091)			(0.068)			(0.421)
RD of tract	0.833±0.109	0.768±0.067	2.448	0.802±0.117	0.672±0.041	4.992	0.808±0.096	0.727±0.039	3.729	0.794±0.104	0.722±0.040	3.096
			(0.019)			(0000)			(0.001)			(0.003)

#### FC–SC relationship in difference threshold of probabilistic tractography 1.6 00 000 1.4 Prob 5% (P=0.060) ത FCS (k/k<sup>0</sup>) Prob 10% (P=0.041) 1.2 Prob 15% (P=0.042) 00 00 Prob 20% (P=0.034) 1.0 $\bigcirc \bigcirc \bigcirc \bigcirc$ Prob 25% (P=0.024) 0000 Prob 30% (P=0.022) 000 000 0.8 (0) 0.6 $\mathbf{O}$ 0.20 0.30 0.35 0.40 0.15 0.25 0.45 FA values of the right amygdala tract

Figure \$3 An example of the relationship between functional connectivity strength (FCS) and structural connectivity measures in other thresholds (0.05, 0.10, 0.15, 0.20, 0.25, and 0.30) of probabilistic tractography.

Abbreviations: FA, fractional anisotropy; FC, functional connectivity; Prob, probability; SC, structural connectivity.

**Table S2** Brain areas with significant differences in rsFC between patients with RRMS and healthy controls (P < 0.05, Gaussian random field (GRF) theory corrected, minimum z > 2.3)

Cluster site	Peak MNI	Peak	Cluster
	coordination (x, y, z)	intensity (t-values)	size (voxel)
RRMS vs HC (seed: left amygdala)			
Left cerebellum anterior lobe	-27, -42, -36	-3.5264	77
Right fusiform	42, -18, -30	-3.7296	20
Left extranuclear	-27, 3, -12	-4.0964	28
Left orbital parts of the inferior frontal gyrus	-36, 30, -12	-3.3696	33
Right putamen	24, 9, -6	-3.0463	33
Left putamen	-21, 15, 6	-4.0212	85
RRMS vs HC (seed: right amygdala)			
Left cerebellum posterior lobe	-21, -57, -54	-3.1797	23
Left cerebellum anterior lobe	-30, -51, -30	-3.1891	30
Left brainstem	-12, -30, -27	-4.2008	20
Left putamen	-21, 15, 6	-4.3816	291
Right putamen	24, -3, 12	-3.9885	181
Left thalamus	-6, -15, 0	-3.2637	38
Right insula	30, -24, 15	-3.7222	69
Left middle cingulum/supplementary motor area	-12, 3, 48	-3.7548	53
Right supplementary motor area	3, -12, 57	-2.75	20
RRMS vs HC (seed: left hippocampus)			
Left basal ganglia (lentiform nucleus)	-21, -3, -6	-3.3466	20
RRMS vs HC (seed: right hippocampus)			
Brainstem/medulla	6, -36, -48	-3.6732	36
Right basal ganglia (putamen)	30, -3, 3	-3.2697	18

**Note:** x, y, z represent coordinate system for a three-dimensional MNI space.

Abbreviations: HC, healthy control; MNI, Montreal Neurological Institute; RRMS, relapsing-remitting multiple sclerosis; rsFC, resting-state functional connectivity; vs, versus.

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