Topical retapamulin in the management of infected traumatic skin lesions

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Keywords: retapamulin, traumatic skin lesions, topical antibiotic, skin infections, *Staphylococcus aureus*

Introduction

Damage to skin integrity compromises its barrier function and allows bacteria to pass into the subdermal environment where the moist, warm, and nutritious conditions are conducive to microbial colonization and proliferation. Traumatic skin lesions that can become infected include excoriations, lacerations, abrasions, and burns, as well as surgical sites involving incisions, sutured wounds, and skin-punch biopsies. Retapamulin is a new topical antibiotic that has been shown to be clinically effective in the management of skin and skin-structure infections (SSSIs).

Management of SSSIs

Three problems confront the clinical evaluation of patients with SSSIs: diagnosis, severity of infection, and the resistance patterns of pathogen-specific antibacterial agents. SSSIs have diverse causes that often reflect the epidemiological setting. Establishing a detailed history is a key step towards a differential diagnosis and may also indicate likely etiologies. Specific etiological diagnosis is difficult and generally unnecessary in patients with mild signs and symptoms of illness;¹ however, clinical assessment of the severity of the infection is essential. Patients with signs and symptoms of systemic toxicity (fever or hypothermia, tachycardia, and hypotension) should be investigated further for potentially severe, deep soft-tissue infection. In addition to biochemical and hematological tests, this may involve

radiological procedures, emergency surgical exploration, and, if necessary, debridement for diagnostic and therapeutic reasons.¹

Practice guidelines issued by the Infectious Diseases Society of America (IDSA) recommend that minor or uncomplicated SSSIs, such as secondarily infected traumatic lesions (SITLs), may be empirically treated with anti-staphylococcal semisynthetic penicillins, first- or second-generation oral cephalosporins, macrolides, or clindamycin.¹ For impetigo, topical antibiotic therapy is recommended for patients with a limited number of lesions.¹

Reflecting the main sources of contamination for acute wounds – the environment, surrounding skin, and endogenous sources involving mucous membranes – traumatic lesions are susceptible to contamination and colonization by a wide variety of aerobic, facultative, and anaerobic micro-organisms.² Despite the established microbiological complexity of SSSIs, *Staphylococcus aureus* and β -hemolytic streptococci are widely viewed as common causes of a variety of these infections,² with *S. aureus* considered to be the predominant pathogen associated with infected traumatic lesions.² Increasing antibacterial resistance is a major problem in the treatment of these pathogens worldwide; the choice of empirical antibiotic treatment must include agents with activity against resistant strains.¹

Antibacterial resistance among strains of S. aureus has increased dramatically in recent years. Resistance to penicillin is almost universal among S. aureus owing to B-lactamase production, and high resistance to β -lactamase-stable β -lactams such as methicillin has followed with the acquisition of genes that alter penicillin-binding proteins, rendering the organism insusceptible to such β -lactams in isolates recovered from hospital as well as community infections.3 Community-associated methicillinresistant strains of S. aureus (CA-MRSA) are now reported to be an increasingly prevalent pathogen in SSSIs.⁴ A USA study found that CA-MRSA in SSSIs increased from 9% to 21% during the period 2004 to 2006.5 For uncomplicated SSSIs due to CA-MRSA, the IDSA practice guidelines recommend systemic vancomycin, linezolid, clindamycin, or daptomycin as empiric first-line agents with the use of others, such as doxycycline, minocycline, and trimethoprim-sulfamethoxazole, based on the results of susceptibility testing.^{1,6} Topical antimicrobial agents such as mupirocin are not without issues regarding resistance.^{7,8} However, the resistance pattern of S. aureus continues to broaden, with the emergence of CA-MRSA with reduced susceptibility to glycopeptide antibiotics,9 and increasing resistance to mupirocin in both methicillin-resistant and methicillin-susceptible S. aureus.8,10

Most uncomplicated SSSIs are treated empirically, with antibacterial selection based on patient factors, pharmacologic considerations, and the likely bacteriologic involvement and antibacterial susceptibility pattern.³ Selection of therapy is generally empiric, and is only rarely made based on microbial culture and susceptibility results. Although systemic antibacterial therapy is clearly essential for advancing infections and those that involve deeper tissues, lesions that show only localized signs of infection may be treated with topical agents.² Topical antibiotic treatment causes fewer side effects, in particular systemic ones such as gastrointestinal side effects, in comparison with oral treatments,¹¹ and also avoids the risk of resistance selection among the gut microflora.¹² Topical treatment also delivers a high antibacterial concentration at the site of infection with a relatively small amount of drug.13

A recent addition to available topical antibiotics is retapamulin, a novel semisynthetic pleuromutilin antibiotic that has a unique mode of action and potent in vitro activity against a wide range of pathogens, particularly Gram-positive cocci.^{14–17} An ointment formulation of 1% retapamulin received regulatory approval from the US Food and Drug Administration for the treatment of impetigo and from the European Medicines Agency in 2007 for the short-term treatment of the following superficial skin infections: impetigo and infected small lacerations, abrasions, and sutured wounds. Retapamulin is the first new prescription topical antibiotic in more than 20 years.

Mode of action of retapamulin

Retapamulin exerts antibacterial activity by selective inhibition of protein synthesis through a unique interaction with the prokaryotic ribosome. By binding to bacterial ribosomes, retapamulin inhibits peptidyl transfer, blocks ribosomal P-site interactions, and inhibits normal ribosomal 50S subunit formation - three processes that are essential for protein synthesis. Many antibacterials that inhibit protein synthesis also bind to the 50S subunit and interact with the peptidyl transferase center; however, there are sufficient differences in retapamulin's mode of drug-ribosome interactions for retapamulin to be differentiated from other antibacterial agents. The interaction of retapamulin with the bacterial ribosome not only differentiates retapamulin from other non-pleuromutilin ribosomal inhibitors in terms of mode of action, but also indicates an important difference regarding the low potential for development of resistance and the excellent in vitro activity of retapamulin against isolates with demonstrable resistance to other agents. Target-specific

resistance to pleuromutilins is likely to emerge slowly through clinical use.^{18–20} No cross-resistance to retapamulin for subsets of organisms resistant to mupirocin, β -lactams, macrolides, or quinolones has been found.^{16,21,22}

In vitro activity of retapamulin Global surveillance program data

The in vitro activity of retapamulin against a large and diverse collection of clinical isolates from SSSIs has been studied in a global multicenter surveillance program.²³ Retapamulin demonstrated excellent in vitro activity against the key Gram-positive species associated with SSSIs: S. aureus, coagulase-negative staphylococci, and Streptococcus pyogenes.²³ Minimum inhibitory concentrations (MIC) required to inhibit the growth of 50% (MIC₅₀) of these three groups of organisms were 0.03 to 0.06 μ g/mL, and to inhibit the growth of 90% (MIC₄₀) of these three groups of organisms were 0.03 to 0.12 μ g/mL.²³ Retapamulin, at concentrations of $\leq 0.5 \,\mu\text{g/mL}$, was inhibitory to all isolates tested.²³ Against S. aureus, retapamulin was the most potent in vitro of 15 antibiotics tested, with a MIC₀₀ value of 0.12 µg/mL, and 16-fold more active than fusidic acid, the most active of tested comparators against S. aureus. In vitro, retapamulin was also the most active agent against coagulasenegative staphylococci and S. pyogenes. For coagulase-negative staphylococci, retapamulin was 32-fold more potent than the next most active agent, linezolid.23

In vitro activity of retapamulin: published studies

Retapamulin demonstrated favorable in vitro activity against anaerobes, including *Propionibacterium* species associated with acnes vulgaris, *Fusobacterium* species, and other anaerobic Gram-positive cocci,^{14,17,24} and respiratory tract pathogens, including *Haemophilus influenzae*, *Streptococcus pneumoniae*, and *Moraxella catarrhalis*.¹⁶ The in vitro activities of retapamulin against common pathogens associated with uncomplicated SSSIs reported in published studies correspond well with those found in the global surveillance program.^{16,21,22,25–27} The range of MIC₉₀ values reported were 0.12 to 0.25 µg/mL for *S. aureus*, 0.06 to 0.25 µg/mL for coagulase-negative staphylococci, and 0.03 to 0.06 µg/mL for *S. pyogenes*. The activity of retapamulin on bacterial biofilms has not been determined.

In vitro activity against antibiotic resistant strains

The global surveillance program also showed that the high in vitro potency of retapamulin was maintained against isolates

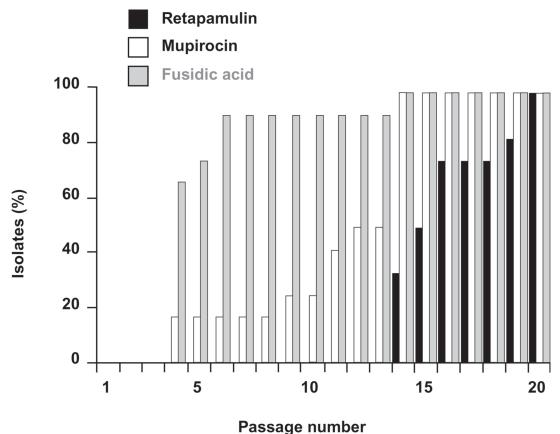
of S. aureus resistant to methicillin, macrolides, fusidic acid, or mupirocin with MIC_{q_0} values of 0.12 µg/mL. The most active comparator agent tested, fusidic acid, was 16-fold less active than retapamulin against drug-resistant isolates of S. aureus.23 The high potency of retapamulin against S. aureus and other organisms resistant to other antimicrobial agents has been confirmed by published studies, which have reported MIC₄₀ values of 0.12 μ g/mL for S. aureus resistant to erythromycin, mupirocin, and oxacillin; 0.06 to 0.12 µg/mL for coagulase-negative staphylococci (including Staphylococcus epidermidis) resistant to mupirocin and oxacillin; and $\leq 0.03 \ \mu g/mL$ for S. pyogenes resistant to erythromycin.^{16,21,22} Against 664 S. aureus isolates from the UK, including many resistant to fusidic acid and/or highly resistant to mupirocin, retapamulin inhibited 663 (99.8%) isolates at ≤ 0.25 mg/L.²⁸

Propensity for the development of resistance to retapamulin in vitro

The distinct interaction between pleuromutilins and the 50S ribosome distinguishes their mode of action from those of other classes of antibiotics. This unique mode of action minimizes the potential for target-specific cross-resistance with other antibacterial classes in current use. This has been demonstrated through the finding that retapamulin is active in vitro against clinical isolates that are resistant to many other classes of antibiotics that act by inhibiting protein synthesis. Retapamulin also has activity against isolates resistant to antibiotics with very different modes of action, such as β-lactams and quinolones. Extensive preclinical testing has shown that retapamulin has a slow and gradual propensity for resistance development in S. aureus and a low potential for resistance selection in S. pyogenes.^{19,20} In multi-step passage studies, increased MIC values to retapamulin were seen among isolates of S. aureus and S. pyogenes, but required more passages and occurred at a lower magnitude compared with mupirocin or fusidic acid (Figure 1). Furthermore, retapamulin had the lowest MIC values among the drugs tested.¹⁹ This low potential for resistance selection limits concerns with regard to pathogens developing resistance to retapamulin through clinical use, which is a known problem with other topical antibiotics (eg, resistance to mupirocin or fusidic acid in S. aureus).8,29

Efficacy of retapamulin in SITLs

The efficacy, safety, and tolerability of topical retapamulin ointment, 1%, was demonstrated in two identical, randomized, double-blind, double-dummy, active-controlled, multicenter



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Figure 1 In multi-step studies, increased minimum inhibitory concentrations (MICs) to retapamulin were seen among *Staphylococcus aureus* isolates, but required more passages compared with mupirocin or fusidic acid; figure shows a summary of the 12 *S. aureus* isolates tested. Drawn from data of Kosowska-Shick et al.¹⁹

studies in 1904 patients with SITLs. In these studies, the clinical efficacy of retapamulin was high and comparable to that of cephalexin. Using a prespecified non-inferiority margin of 10%, retapamulin ointment, 1%, applied twice daily for 5 days, was shown to be non-inferior to oral cephalexin, 500 mg, twice daily for 10 days in both studies.³⁰ In the per-protocol (PP) analyses, the pooled clinical success rates at follow-up (7–9 days post-therapy) were 89.5% in patients receiving retapamulin, compared with 91.9% for patients treated with cephalexin (treatment difference: -2.5%; 95% confidence interval [CI]: -5.4%, 0.5%) (Figure 2).³⁰ In patients with *S. aureus* or *S. pyogenes* at baseline, clinical success rates at follow-up for patients treated with retapamulin and cephalexin were 89.2% (365/409) and 92.6% (63/68), respectively.

Retapamulin treatment was successful in the small numbers of patients with SITLs due to fusidic acid- or mupirocin-resistant strains of *S. aureus* (clinical success rates of 11/12 and 6/7, respectively [intent-to-treat (ITT) bacteriologic population]).³² Against MRSA, clinical success was achieved by treatment with retapamulin in 37 of 57 isolates (64.9%) and by cephalexin treatment in 27 of 33 isolates (81.8%) (ITT bacteriologic population).³² In these studies, SITLs included abrasions, lacerations, sutured wounds, and simple abscesses. If patients with abscesses were excluded, the clinical success rate against MRSA was 75.7% (28/37) in retapamulin-treated patients and 80.8% (21/26) in cephalexin-treated patients.³³

Safety and tolerability were similar for the two treatments (see 'Safety and tolerability' section below for more details). Non-compliance, defined as taking <80% of doses, was recorded in 8.0% (51/636) of patients receiving cephalexin, compared with 0.4% (5/1268) of patients receiving retapamulin.³⁰

Retapamulin for the treatment of secondarily infected dermatitis

In another randomized, double-blind, active-controlled study, the clinical efficacy and safety of topical retapamulin was compared with oral cephalexin for the treatment of secondarily infected dermatitis (SID), which included subjects with an underlying skin disease such as atopic dermatitis, psoriasis,

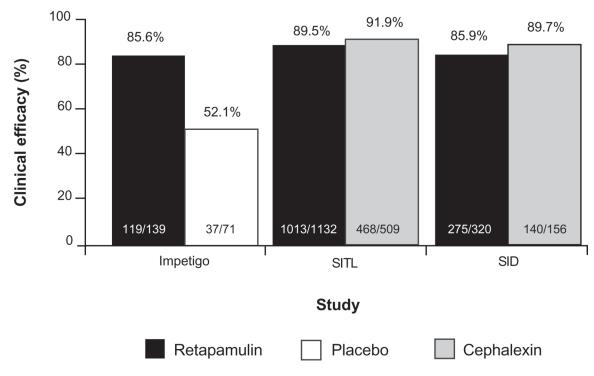


Figure 2 Clinical success rates at follow-up in the per-protocol clinical populations from randomized controlled clinical trials comparing topical retapamulin, 1%, twice daily for 5 days, with placebo in the treatment of impetigo and oral cephalexin, 500 mg, twice daily for 10 days, in the treatment of secondarily infected traumatic lesions (SITLs) and secondarily infected dermatitis (SID). Drawn from data of Koning et al,¹⁰ Free et al,³⁰ and Parish et al.³¹

or allergic contact dermatitis that had a secondary bacterial infection.³¹ In this study, patients with SID were randomly assigned to treatment with retapamulin ointment, 1%, twice daily for 5 days, or oral cephalexin, 500 mg, twice daily for 10 days. At the follow-up visit (7–9 days post therapy) in the PP clinical population, the efficacy of retapamulin was comparable to that of cephalexin, with clinical success rates of 85.9% and 89.7%, respectively (treatment difference: -3.8%; 95% CI: -9.9%, 2.3%). Microbiologic success rates at follow-up were 87.2% for retapamulin and 91.8% for cephalexin. Retapamulin treatment was generally effective against the small numbers of fusidic acid-, methicillin-, or mupirocinresistant *S. aureus* isolates (clinical success rates of 3/5, 5/5 and 4/5, respectively, in the PP bacteriological population).³²

Retapamulin for the treatment of impetigo

In the treatment of impetigo, retapamulin was compared with placebo in a randomized, double-blind, multicenter study in 213 patients who received either topical retapamulin or placebo ointment, twice daily for 5 days.³⁴ Based on the primary efficacy endpoint of clinical response at the end of therapy visit (day 2 post-therapy) in the ITT clinical population, retapamulin ointment was superior to placebo (success rate 85.6% vs 52.1%; p < 0.0001). Similar results were found in the PP

clinical population and for those patients in the bacteriological population who had had a pathogen isolated at baseline.³⁴

In another clinical study, retapamulin, twice daily for 5 days, was compared with 2% fusidic acid ointment, three times daily for 7 days, in 519 adult and pediatric patients (aged at least 9 months) with impetigo.³⁵ In the PP clinical population, the clinical success rates at the end of therapy with retapamulin and fusidic acid were 99.1% and 94%, respectively (difference 5.1%, 95% CI: 1.1%, 9.0%, p = 0.003). In the ITT clinical population, clinical success rates at the end of therapy with retapamulin and fusidic acid were 94.8% and 90.1%, respectively (difference: 4.7%, 95% CI: -0.4%, 9.7%, p = 0.062).³⁵ In the analysis of patients who had a pathogen isolated at baseline, the bacteriologic efficacy of retapamulin was superior in both the PP and ITT populations. Retapamulin treatment was successful in the few fusidic acid-, methicillin-, or mupirocin-resistant isolates of S. aureus (clinical success rates of 9/9, 8/8, and 6/6, respectively).35

Safety and tolerability of retapamulin in SSSIs

Phase III trials in the retapamulin clinical development program, in which 2115 patients received retapamulin, demonstrated the safety of this new antibacterial agent in patients with SITLs, SID, and impetigo.^{30,31,36–38} An adverse event (AE) was defined as any untoward medical occurrence that was temporally associated with the use of a medicinal product, whether or not it was considered by the investigator to be related to the use of that medicinal product.

The frequency of AEs of any type was low in patients receiving retapamulin, with a broadly similar incidence across studies and treatment groups.³⁹ Overall, the frequency of occurrence of all AEs varied little across age groups in patients receiving retapamulin. The majority of AEs were of mild or moderate intensity; AEs of severe intensity were reported by 28 (1.3%) patients across retapamulin groups in all studies. Serious AEs were reported by 0.5% of patients (11/2115) treated with retapamulin, none of which were considered by the investigator to be related to treatment. The most common AEs for retapamulin were application-site reactions; these occurred in 2.6% (56/2115) of patients for retapamulin, 0.9% (7/819) of patients for cephalexin, and 4.2% (3/71) of patients for placebo. Across all studies, very few patients treated with retapamulin withdrew because of an AE (1.2%, 26/2115).39

The frequencies of AEs that were considered by the investigator to be related to use of the study medication were 5.5% (116/2115) for retapamulin, 6.6% (54/819) for cephalexin, 0.6% (1/172) for fusidic acid, and 2.8% (2/71) for placebo.⁴⁰ Across all studies, the only individual treatment-related AEs that were reported in at least 1% of patients were application-site irritation (1.4% [29/2115]) in the retapamulin group and diarrhea (1.7% [14/819]) in patients receiving cephalexin.⁴⁰

In the SITL treatment studies, the overall rates of AEs were comparable: 22.8% (289/1268) of patients who received retapamulin and 25.3% (161/636) of patients in the cephalexin group reported one or more AEs. The incidence of all treatment-related AEs was 5.3% (67/1268) in the retapamulin group and 7.7% (49/636) in the cephalexin group. The most common treatment-related AEs were application-site irritation (1.3% [17/1268]) in those who received retapamulin, and diarrhea (1.9% [12/636]) and nausea (1.6% [10/636]) in patients treated with cephalexin.³⁰

There were no notable changes in laboratory values obtained from routine hematology and clinical chemistry tests over the study period in patients randomly assigned to retapamulin in any of the clinical trials. Furthermore, for all laboratory clinical values, there were no large mean changes from baseline for the total retapamulin population. Across all treatment groups there were no notable changes in any of the age groups.³⁹

As with all topical antibiotics, application of retapamulin ointment directly on the infected area minimizes the likelihood of generalized AEs, such as gastrointestinal disturbances, that can occur with oral antibiotics.^{11,12,41} In adult patients with SITLs treated with retapamulin, twice daily for 5 days, measurable plasma concentrations of the drug were detected in only 47 of 380 samples (range, 0.52–10.7 ng/mL). In children, measurable plasma concentrations were detected in only 9 of 136 samples (range, 0.54–18.5 ng/mL).³⁶

Patient preference and compliance

As with other therapeutic regimens, patient compliance is essential in the effectiveness of prescribed antibiotics. With poor compliance, therapeutic goals are less likely to be achieved, resulting in poorer patient outcomes.⁴²⁻⁴⁴ Poor compliance is associated with deteriorating health, the need for additional consultations, the emergence of bacterial resistance, extra drugs, additional hospital admissions, and increases in direct and indirect costs of healthcare management.⁴⁴⁻⁴⁶

In general, patients are more compliant with simple and less-frequent dosing regimens. Both the dosage schedule and the patient's daily routine should be considered when prescribing antibiotics.⁴⁷ Topical agents may also be more attractive than oral therapy because they reduce the potential for systemic side effects, typically nausea and diarrhea, which are commonly associated with many systemic antibiotics.¹²

Throughout the phase III clinical trial program for retapamulin, compliance was measured using diary cards that patients or their parents or guardians had completed. If doses were missed, the patient would have attained less than 100% compliance; if more treatment had been used than instructed, the patient would have exceeded 100% compliance. Taking the capsules/suspension or using the ointment within 80% to 120% of the desired dose was defined as compliance with treatment.

In the SITL clinical trials, compliance with the retapamulin regimen was greater than that for cephalexin (Figure 3). In the ITT clinical population, 8.0% (51/636) of patients taking oral cephalexin took <80% of the prescribed dose, compared with 0.4% (5/1268) of patients applying retapamulin ointment.³⁰ In the SID study, compliance was similar for the two treatment arms.³¹ Patients with SID were asked during their end-of-treatment visit whether they preferred oral or topical therapy, or had no preference for treatment. The majority of patients in each treatment group (60.6% and 56.8% in the retapamulin and cephalexin groups, respectively) preferred topical medication. Oral medication was preferred by fewer than 20% of patients in both treatment groups (Figure 4).³¹

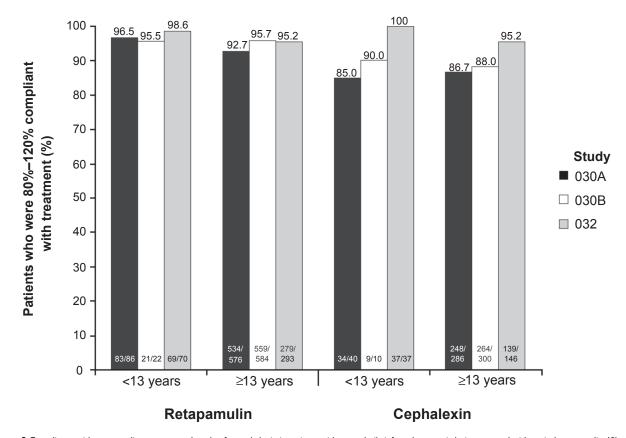


Figure 3 Compliance with retapamulin was greater than that for cephalexin in patients with secondarily infected traumatic lesions treated with topical retapamulin, 1%, twice daily for 5 days, or with oral cephalexin, 500 mg, twice daily for 10 days; figure shows pooled data from two identical randomized controlled clinical trials (Study 030A and 030B) for intent-to-treat patients who were 80%-120% compliant with study treatment.³⁰ For secondarily infected dermatitis (Study 032), there was no difference in compliance between the two treatment arms.³¹ Patients \geq 13 years of age received cephalexin capsules; those who were younger received cephalexin suspension. Drawn from data of GlaxoSmithKline.³⁶

The shorter treatment course for retapamulin compared with cephalexin – 5 days versus 10 days – may have influenced treatment preference. These results suggest that there is a preference for topical over oral antibacterial therapy for the treatment of SSSIs, a conclusion that has been reported by others.^{48,49}

The ease of application and short, convenient dosing regimen of retapamulin is conducive to good compliance.³¹ In clinical practice, patients are expected to benefit from the shorter duration of treatment and lower overall dosing frequency of retapamulin compared with other topical or oral antibiotics, as shorter treatment regimens and less frequent dosing are generally associated with improved compliance, patient preference, or both.^{31,42,43} A short, convenient dosing regimen also reduces the potential for treatment failure and minimizes the development of antibacterial drug resistance.³¹

Conclusions

Antibacterial resistance against many pathogens and several classes of antibacterial agents has increased markedly in recent years. This is clearly seen among the many bacterial

species common to infected traumatic lesions, and with S. aureus in particular. Antibacterial resistance patterns are changing and should be taken into account in the choice of therapy. Topical antibiotic ointments are an effective treatment option for patients with limited or uncomplicated SSSIs, including SITLs.^{1,6} Topical agents may be more attractive than oral therapy because they reduce the potential for systemic side effects, such as nausea and diarrhea, and avoid resistance selection in the gut flora. In addition, application of the antibiotic directly to the infected lesion may result in higher local concentrations at the site of infection and, consequently, allow overall use of the drug to be reduced.12 For uncomplicated skin infections not requiring systemic antimicrobial therapy, such as impetigo, SITLs, and SID, a topical antibiotic should ideally have a sufficiently broad spectrum of activity to be used as monotherapy, must not promote cross-resistance, and should be well tolerated with a low potential for AEs.

Retapamulin, the first new topical antibiotic in more than 20 years, has potent in vitro antibacterial activity against the most likely pathogens causing uncomplicated skin infections.

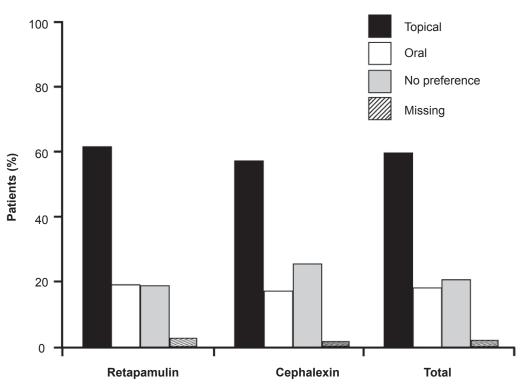


Figure 4 Patients with secondarily infected dermatitis treated with topical retapamulin, 1%, twice daily for 5 days, or with oral cephalexin, 500 mg, twice daily for 10 days, recorded a marked preference for topical therapy over oral therapy in both treatment arms. Drawn from data of Parish et al.³¹

Retapamulin has a unique mode of action that differentiates it from other non-pleuromutilin antibacterial agents that target bacterial protein synthesis, and minimizes the potential for target-specific cross-resistance with other antibacterial classes in current use. Topical treatment with retapamulin, twice daily for 5 days, has been shown in studies of impetigo to be superior to placebo, and in studies of SITLs and SID to be comparable to 10 days of oral cephalexin. Retapamulin offers a novel, effective, and convenient topical treatment for uncomplicated SSSIs.

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Disclosures

All authors are employees of GlaxoSmithKline.

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