

# Effect of peritoneal dialysis fluid containing osmo-metabolic agents on human endothelial cells

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**Background:** The use of glucose as the only osmotic agent in peritoneal dialysis (PD) solutions (PDSs) is believed to exert local (peritoneal) and systemic detrimental actions, particularly in diabetic PD patients. To improve peritoneal biocompatibility, we have developed more biocompatible PDSs containing xylitol and carnitine along with significantly less amounts of glucose and have tested them in cultured Human Vein Endothelial Cells (HUVECs) obtained from the umbilical cords of healthy (C) and gestational diabetic (GD) mothers.

**Methods:** Primary C- and GD-HUVECs were treated for 72 hours with our PDSs (xylitol 0.7% and 1.5%, whereas carnitine and glucose were fixed at 0.02% and 0.5%, respectively) and two glucose-based PDSs (glucose 1.36% or 2.27%). We examined their effects on endothelial cell proliferation (cell count), viability (3-(4,5-dimethylthiazolyl-2)-2,5-diphenyltetrazolium bromide assay), intracellular nitro-oxidative stress (peroxynitrite levels), Vascular Cell Adhesion Molecule-1 and Intercellular Adhesion Molecule-1 membrane exposure (flow cytometry), and HUVEC-monocyte interactions (U937 adhesion assay).

**Results:** Compared to glucose-based PDSs, our in vitro studies demonstrated that the tested PDSs did not change the proliferative potential both in C- and GD-HUVECs. Moreover, our PDSs significantly improved endothelial cell viability, compared to glucose-based PDSs and basal condition. Notably, glucose-based PDSs significantly increased the intracellular peroxynitrite levels, Vascular Cell Adhesion Molecule-1 and Intercellular Adhesion Molecule-1 membrane exposure, and endothelial cell-monocyte interactions in both C- and GD-HUVECs, as compared with our experimental PDSs.

**Conclusion:** Present results show that in control and diabetic human endothelial cell models, xylitol-carnitine-based PDSs do not cause cytotoxicity, nitro-oxidative stress, and inflammation as caused by hypertonic glucose-based PDSs. Since xylitol and carnitine are also known to favorably affect glucose homeostasis, these findings suggest that our PDSs may represent a desirable hypertonic solution even for diabetic patients in PD.

**Keywords:** carnitine, peritoneal dialysis solution, inflammation, nitro-oxidative stress, endothelial cells, xylitol

## Introduction

Peritoneal dialysis (PD) is a well-established mode of renal replacement therapy for patients suffering from end-stage renal disease, and has been used by approximately 11% of dialysis patients worldwide.<sup>1</sup> It is primarily a home-based treatment, which can be performed manually (continuous ambulatory PD [CAPD]) or employing a mechanical device (automated PD).

PD is based on the exchange of solutes and fluid between the peritoneal capillary blood and a solution (dialysate) introduced into the peritoneal cavity through an implanted catheter. PD solution (PDS) contains electrolytes, a buffer (lactate or

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bicarbonate), and an osmotic agent needed to remove excess water from the patient's body (peritoneal ultrafiltration). Glucose is the osmotic agent almost universally used in PD due to its acceptable safety profile, efficacy, delivery of energy source, and low cost. Regulatory wise, the active osmotic ingredient present in PDSs is regarded as a drug and it must go through the traditional drug development process in order to achieve market authorization by the US Food and Drug Administration and by the European Medicines Agency.

PD therapy may provide a clinical outcome comparable to hemodialysis (HD)<sup>2</sup> and an even better quality of life.<sup>3,4</sup> In addition, several studies underpin the important link between maintained residual renal function (RRF) in PD and survival benefit,<sup>5-7</sup> whereas HD is linked with a loss of RRF compared with that observed in PD.<sup>8</sup>

However, a major Achilles' heel of the treatment is still represented by the poor local and systemic biocompatibility of current standard PDSs. Though several factors have been alleged,<sup>9</sup> glucose along with toxic glucose degradation products (GDPs) generated during heat sterilization of glucose-based solutions<sup>10</sup> is by far thought as the main culprit for the bioincompatibility of PDS.<sup>11</sup> Glucose has been associated with functional and morphological damage to the peritoneal membrane<sup>12</sup> and to vascular cells such as the endothelial cells.<sup>13,14</sup> Glucose and GDPs also induce apoptosis of peritoneal mesothelial cells and endothelial cells and, in particular, GDPs show a stronger reactivity than glucose in the formation of advanced glycation end-products, a known cause for microvascular complications and arteriosclerosis.<sup>15</sup> Moreover, excessive glucose absorption (up to 200 g/day) may cause or aggravate metabolic disturbances frequently encountered in end-stage renal disease, such as dyslipidemia, insulin resistance, hyperinsulinemia, inflammation, and altered adipokine levels.<sup>16</sup> Although PD has been traditionally considered a more physiological technique than HD, these results raise some doubts with respect to inflammation and endothelial damage.<sup>17</sup>

Based on these evidences, is not surprising that strategies designed to reduce/eliminate glucose-associated toxicity form one of the modern goals of PD.<sup>11,18</sup>

A novel glucose-sparing approach may be represented by the use of osmo-metabolic agents in the PDS that are not only able to reduce intraperitoneal glucose load without compromising ultrafiltration, but also to independently mitigate underlying metabolic disorders.<sup>19</sup> Osmo-metabolic agents may be used singly, or in combination in order to maximize their therapeutic effects. In this context, our recent

studies support the use of L-carnitine, which is involved in the mitochondrial oxidation of long-chain fatty acids,<sup>20</sup> as a suitable osmotic agent in PD.<sup>21</sup> The presence of L-carnitine in the solution was safe and well tolerated,<sup>21,22</sup> and proved to be more biocompatible than glucose in several experimental models.<sup>21,23</sup> In addition, a PDS containing L-carnitine significantly increased insulin sensitivity in a 4-month randomized controlled study in nondiabetic CAPD patients.<sup>22</sup>

Furthermore, a study conducted some years ago highlights the potential beneficial effect of xylitol,<sup>24</sup> which is involved in the pentose phosphate shunt and has low glyce-mic properties.<sup>25</sup> Effect of xylitol used for at least 5 months as an osmotic agent fully replacing glucose in the PD fluid of six type 1 diabetic patients on CAPD proved to be safe, maintained peritoneal ultrafiltration, and significantly improved the glycemic control.<sup>24</sup>

Aside from the different types of agents that may replace glucose, when developing a new PDS, one should also examine its impact on the peritoneal membrane, which consists of three layers: the capillary endothelium, the interstitium, and the mesothelium.<sup>26</sup> In PD therapy, the capillary endothelium is the major barrier of the peritoneum to the transport of water and solutes. In addition, it progressively emerged that the microvascular endothelium is not only a permeability barrier and a thromboresistant surface, but also the location of relevant synthetic and metabolic activities.<sup>27</sup>

In the present study, we investigated the biocompatibility of a new experimental PDS containing L-carnitine, xylitol, and low amount of glucose, instead of glucose alone, on Human Vein Endothelial Cells (HUVECs) obtained from umbilical cords of healthy mothers and of mothers suffering from gestational diabetes (GD). GD is associated with increased oxidative stress, inflammation, and overexpression of inflammatory cytokines,<sup>14,28</sup> which are the common abnormalities in patients on PD.<sup>29-31</sup>

## Methods

### Antibodies and materials

Experimental PDSs (Table 1) were formulated in order to achieve an osmolality (calculated) comparable to that of the commercially available low-GDPs glucose-based PDSs (Physioneal 40, glucose 1.36% or 2.27%; Baxter Healthcare, Mc Gaw Park, IL, USA), steam-sterilized, and provided in sterile disposable 2 L bags (HBiofluids Srl, Tovo S. Agata, Italy). In particular, xylitol and carnitine concentrations were selected according to the current approved dosages for parenteral administration as described

**Table 1** Composition of tested peritoneal dialysis solutions

Components	Low-GDP glucose-based (w/v)		Experimental (w/v)	
	1.36% <sup>a</sup>	2.27% <sup>a</sup>	0.70% <sup>b</sup>	1.50% <sup>b</sup>
Xylitol, mmol/L	–	–	46	98.6
L-carnitine, mmol/L	–	–	1.24	1.24
Glucose, mmol/L	75.5	126	27.7	27.7
Sodium, mmol/L	132	132	134	134
Calcium, mmol/L	1.25	1.25	1.25	1.25
Chloride, mmol/L	95	95	103	103
Magnesium, mmol/L	0.25	0.25	0.25	0.25
Lactate, mmol/L	15	15	35	35
Bicarbonate, mmol/L	25	25	–	–
pH	7	7	5.5	5.5
Osmolarity, mOsm/L <sup>c</sup>	344	395.5	349.5	402.3

**Notes:** <sup>a</sup>Glucose concentration (w/v). <sup>b</sup>Xylitol concentration (w/v). <sup>c</sup>Calculated.

**Abbreviation:** GDP, glucose degradation product.

by the US Food and Drug Administration.<sup>32</sup> Dulbecco's Modified Eagle's Medium (DMEM)-Low Glucose, M199 endothelial growth medium, penicillin–streptomycin, glutamine, phosphate-buffered saline, and 0.05% trypsin/0.02% ethylenediaminetetraacetic acid (EDTA) were purchased from Mascia Brunelli (Milan, Italy). Fetal bovine serum was purchased from Gibco by Life Technologies (Monza, MB, Italy), and tissue-culture disposables were from Eppendorf (Hamburg, Germany). Phycoerythrin (PE)-labeled anti-Vascular Cell Adhesion Molecule-1 (anti-VCAM-1) and fluorescein isothiocyanate (FITC)-labeled anti-Intercellular Adhesion Molecule-1 (anti-ICAM-1) antibodies were from BioLegend (San Diego, CA, USA). Endothelial cell growth factor, bovine serum albumin, dimethyl sulfoxide, and 3-(4,5-dimethylthiazolyl-2)-2,5-diphenyltetrazolium bromide (MTT) were from Sigma Aldrich (St Louis, MO, USA). HKGreen-4A probe was synthesized and kindly provided by Prof Dan Yang's lab.<sup>33</sup>

## Cell cultures and experimental procedures

Umbilical cords were obtained from randomly selected healthy mothers (Control, C) and from mothers with GD delivering at the hospitals of Chieti and Pescara. All procedures were in agreement with the University G. d'Annunzio Chieti-Pescara Ethical Committee (Reference Number: 1879/09COET) and with the Declaration of Helsinki principles. After obtaining approval of the protocol from the University G. d'Annunzio Chieti-Pescara Ethical Committee, signed informed consent was obtained from each participating subject.

Primary HUVECs were obtained as described previously and used between the third and fifth passages in vitro.<sup>14</sup> In this

study, nine different HUVEC batches were employed and each experiment was performed on cells coming at least from three different batches. In all experiments, primary C- and GD-HUVECs were grown to confluency and exposed for 72 hours in 50:50 medium and PDSs (each of the four PDSs is reported in Table 1).

## Cell count

After treatment with the four different PDSs (Table 1) for 72 hours, C- and GD-HUVECs were detached by using Trypsin-EDTA (10 min at 37°C), resuspended in culture medium, and then counted with Burker's chamber.

## MTT assay

The effect of the glucose-based and the experimental PDSs (Table 1) on HUVEC viability was assessed by the MTT method. Briefly, C- and GD-HUVECs were plated in 96-well tissue culture plates (2,000 cells/cm<sup>2</sup>) stimulated as described above and MTT solution (0.5 mg/mL) was added to each well and incubated for 3 hours. Then, 200 µL of dimethyl sulfoxide was added to the cells for crystal solubilization. The spectrometric absorbance at 540 nm was read using a microplate reader (SpectraMAX 190; Molecular Devices, Sunnyvale, CA, USA).

## Intracellular peroxynitrite levels

The intracellular levels of peroxynitrite (ONOO<sup>-</sup>) were detected in C- and GD-HUVECs stimulated with PDSs as described above by using the HKGreen-4A probe (10 µM, 30 min at 37°C), which was synthesized by Prof Dan Yang's lab.<sup>33</sup>

All data were analyzed using FACS Diva (BD Biosciences) and FlowJo™ Version 8.8.6 software (Tree-Star, Ashland, OR, USA) and expressed as percentage of positive cells.<sup>34</sup>

## Adhesion molecules membrane exposure

For fluorescence cytometry, C- and GD-HUVECs were stimulated as described in the experimental protocol and flow cytometry analysis performed as previously reported.<sup>35</sup> Briefly, nonpermeabilized cells were detached by EDTA 5 mM solution, washed, and resuspended in bovine serum albumin (0.5%). Cells were pelleted by centrifugation at 800 rpm for 15 min and then incubated with the primary antibodies anti-VCAM-1 PE-conjugate (1:100, PE; Biolegend) and anti-ICAM-1 FITC-conjugate (1:100, FITC), both for 30 min at room temperature. The incubation with primary antibody was followed by incubation with the specific

FITC-labeled secondary antibody. All samples were analyzed on an FACS Canto II flow cytometer (BD Biosciences) using CellQuest™ software 3.2.1.f1 (BD Biosciences).<sup>36</sup> Quality control included a regular check-up with Cytometer Setup and Tracking beads (BD Biosciences). Debris was excluded from the analysis by gating on morphological parameters; 10,000 nondebris events in the morphological gate were recorded for each sample. All antibodies were titrated under assay conditions and optimal photomultiplier gains were established for each channel. Data were analyzed using FlowJo Version 8.8.6 software (TreeStar) and expressed as mean fluorescence intensity (MFI) ratio. The MFI ratio was calculated by dividing the MFI of positive events by the MFI of negative events.

### Monocyte adhesion assays

We evaluated U937 monocyte adhesion to C- and GD-HUVECs using a cell adhesion assay in the normal growth condition (basal) and after incubation for 72 hours with the different PDSs (Table 1). Cells were grown to confluence in six-well tissue culture plates and U937 cell adhesion was evaluated as previously described.<sup>35</sup> Briefly,  $1 \times 10^6$  U937 cells/mL were added to each HUVEC monolayer under rotating conditions (63 rev/min) at room temperature. After 20 min, nonadhering cells were removed and the monolayers were fixed with 1% paraformaldehyde. As experimental control, some monolayers were treated for 16 hours with tumor necrosis factor alpha 1 ng/mL and at 1 hour before the assay with mouse anti-human monoclonal antibody against VCAM-1 and ICAM-1. The number of adherent cells was assessed by counting eight different high-power fields ( $3.5 \text{ mm}^2$ ). Photos of randomly chosen high-power fields were taken at half-radius distance from the center of the well in one of three comparative experiments of similar design, showing U937 monocytoic cell adhesion to C- and GD-HUVECs.

### Statistical analysis

All experiments were repeated at least three times, and the results are presented as mean  $\pm$  standard deviation (SD). Statistical analysis was performed by the unpaired Student's *t*-test to compare basal C- and GD-HUVECs, or by one-way analysis of variance followed by the post hoc Bonferroni's multiple comparison test whenever the analysis of variance indicated the presence of a statistical significance, to compare the effects of the different PDSs. Significance was defined as a *P*-value  $< 0.05$ .

## Results

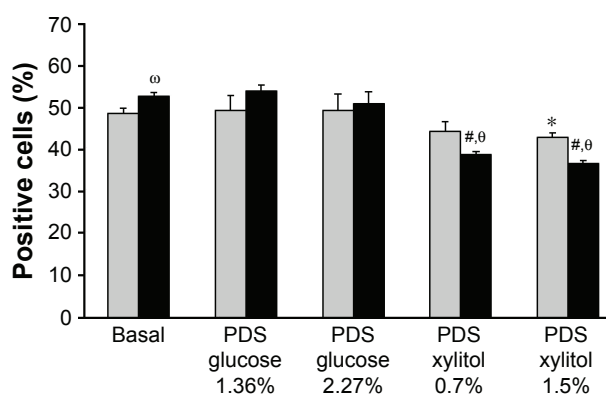
### Effect of PDSs on C- and GD-HUVECs viability

Treatment with glucose-based PDSs (glucose 1.36% and glucose 2.27%) and with the two experimental PDSs (xylitol 0.7% and xylitol 1.5%) for 72 hours did not alter the proliferative potential either in C- or in GD-HUVECs (data not shown). Notably, under the same experimental conditions, the experimental PDSs significantly improved C-HUVECs viability as compared to both glucose-based PDSs ( $0.80 \pm 0.05$  and  $0.88 \pm 0.03$  vs  $0.54 \pm 0.06$  and  $0.55 \pm 0.07$   $\text{Abs}_{540 \text{ nm}}$ ,  $P < 0.05$  for xylitol 0.7% and xylitol 1.5% vs glucose 1.36% and glucose 2.27%, respectively) and basal condition ( $0.80 \pm 0.05$  and  $0.88 \pm 0.03$  vs  $0.51 \pm 0.05$   $\text{Abs}_{540 \text{ nm}}$ ,  $P < 0.05$  for xylitol 0.7% and xylitol 1.5% vs basal, respectively), while for GD-HUVECs, a positive trend that did not reach significance was found. In contrast, glucose-based PDSs did not improve cell viability both in C- and GD-HUVECs (data not shown).

### Effect of PDSs on C- and GD-HUVECs nitro-oxidative stress

In order to determine the potential protective effect of our experimental PDSs on nitro-oxidative stress, we evaluated the intracellular peroxynitrite levels in our cellular models.

Treatment with experimental PDSs significantly decreased peroxynitrite levels in GD-HUVECs, as compared to glucose-based PDSs and basal condition (Figure 1). In C-HUVEC



**Figure 1** Effect of PDSs on intracellular peroxynitrite levels in C- and GD-HUVECs. **Notes:** Flow cytometry evaluation of peroxynitrite in C- (gray bars) and GD-HUVECs (black bars) untreated (basal) or exposed to PDSs. Results are expressed as the percentage of peroxynitrite-positive cells  $\pm$  SD of at least three different experiments. Student's *t*-test: <sup>ω</sup> $P < 0.05$  versus C-HUVECs basal. Statistically significant difference in Bonferroni post hoc test: <sup>#</sup>versus GD-HUVECs basal and PDS glucose 1.36% and 2.27%, <sup>θ</sup>versus C-HUVECs PDS xylitol 0.7% and 1.5%, <sup>\*</sup>versus C-HUVECs PDS glucose 1.36% and 2.27%; for each symbol  $P < 0.05$ . **Abbreviations:** C, control; GD, gestational diabetes; HUVECs, Human Vein Endothelial Cells; PDS, peritoneal dialysis solution; SD, standard deviation.



cultures, it was observed that xylitol-PDSs reduced nitro-oxidative stress and this reached statistical significance at the concentration of 1.5% (Figure 1).

In addition, as previously demonstrated, unstimulated GD-HUVECs showed a significantly higher nitro-oxidative stress than C-HUVECs.<sup>14</sup>

## Effect of PDSs on adhesion molecule membrane exposure in C- and GD-HUVECs

We next evaluated whether adhesion molecule membrane exposure might be modified upon treatment with the different PDSs.

As shown in Figure 2, following incubation with glucose-based PDSs, ICAM-1 (Figure 2A) and VCAM-1 (Figure 2B) membrane exposure increased in our cellular models, as compared to basal condition. Interestingly, our experimental PDSs decreased both ICAM-1 and VCAM-1 exposure compared to glucose-based PDSs, both in C- and GD-HUVECs (Figure 2). Furthermore, as previously demonstrated, at baseline, GD-HUVECs displayed higher ICAM-1 and VCAM-1 exposure levels than C-HUVECs.<sup>14</sup>

## Effect of PDSs on U937 monocyte adhesion to C- and GD-HUVECs

By using the *in vitro* protocol of monocyte adhesion to the endothelium, which is close to the *in vivo* physiopathological state, we tested the effect of the four different PDSs on both C- and GD-HUVECs.

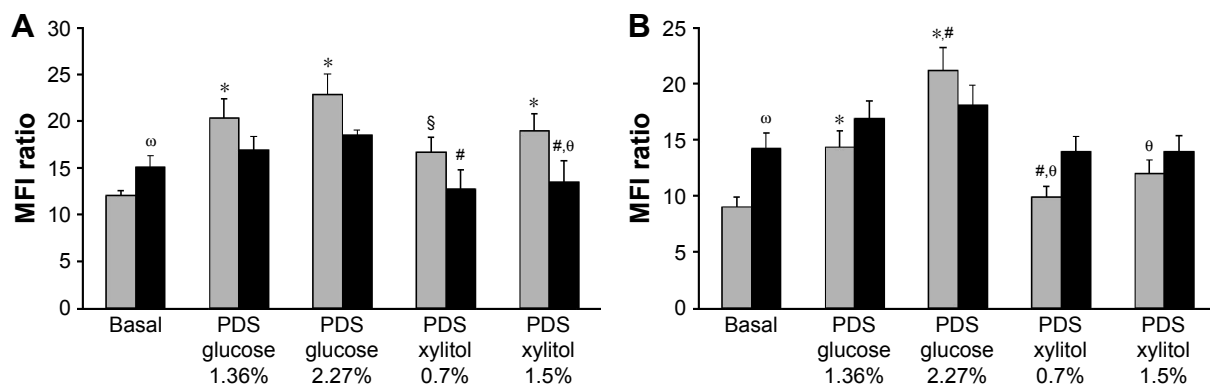
Stimulation with glucose-based PDSs caused an increase in the adhesion of monocytes to C- and GD-HUVECs, as compared to unstimulated cells (Figure 3). Of note, and as expected, this proinflammatory effect was absent when both C- and GD-HUVECs were exposed to our experimental PDSs, thus confirming the absence of proinflammatory vascular effects.

Interestingly, as compared to glucose-based PDSs, stimulation with xylitol-based PDSs induced a decreased trend in the adhesion of monocytes to GD-HUVECs, which reached statistical significance for C-HUVECs (Figure 3). Moreover, the hyperosmolar control (mannitol at doses of 30 and 60 mM) did not induce any effect on monocyte adhesion to C- and GD-HUVECs, indicating that the proinflammatory vascular effects of glucose-based PDSs were independent of their increased osmolality. In addition, as previously demonstrated, at basal condition, monocyte adhesion to GD-HUVECs was significantly higher than that of C-HUVECs.<sup>14</sup>

Treating cells with anti-VCAM-1 or anti-ICAM-1 antibodies at saturating concentrations resulted in blocking U937 adhesion to both C- and GD-HUVECs, thus suggesting that hyperexpression of these molecules on the cell surface was among the main mechanisms for increased U937 adhesion to HUVECs (data not shown).

## Discussion

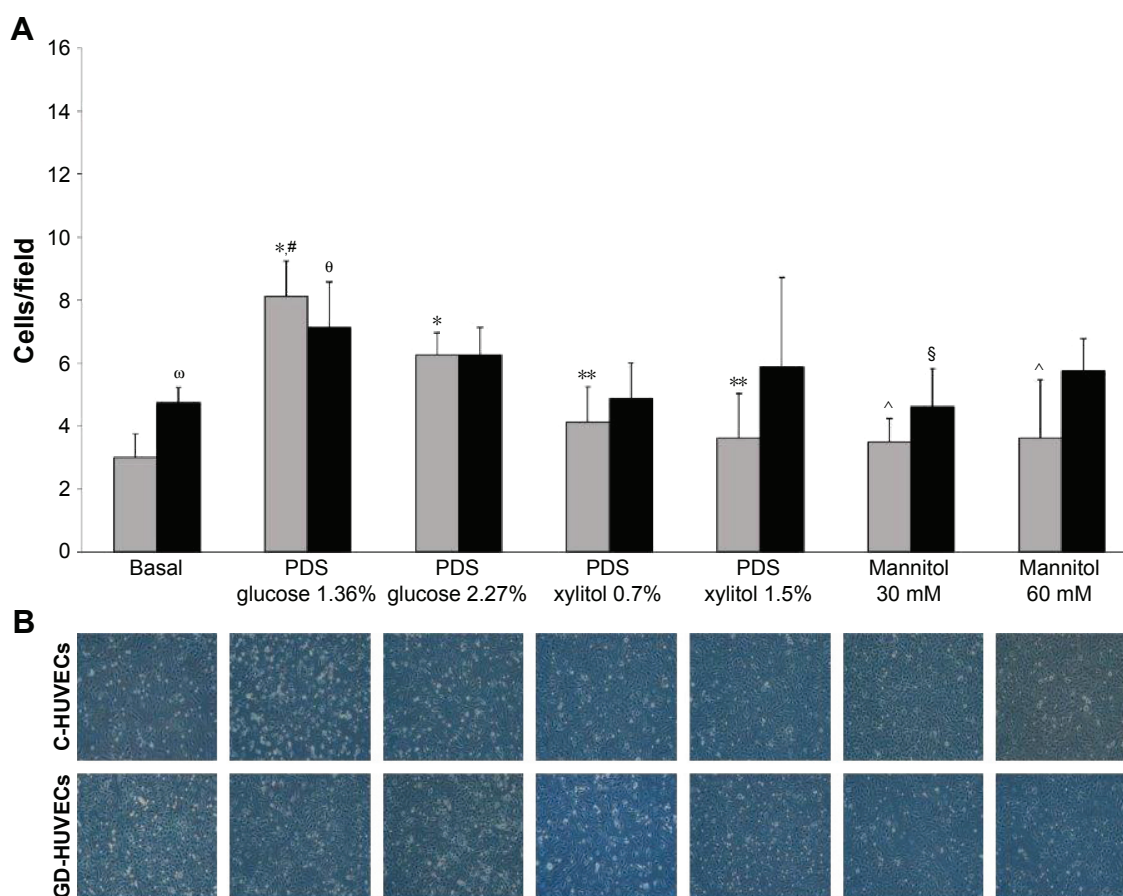
In recent years, several studies have highlighted the detrimental effect of PDSs containing glucose on the longevity



**Figure 2** Effect of PDSs on adhesion molecules exposure in C- and GD-HUVECs.

**Notes:** Flow cytometry evaluation of ICAM-1 (A) and VCAM-1 (B) membrane exposure in C- (gray bars) and GD-HUVECs (black bars) untreated (basal) or exposed to PDSs. ICAM-1 and VCAM-1 membrane exposure levels are expressed as fold increase  $\pm$ SD (at least three different experiments) of the MFI ratio versus basal condition. MFI ratio was calculated by dividing the MFI of positive events by the MFI of negative events. (A) Student's *t*-test:  $^{\omega}P < 0.05$  versus C-HUVECs basal. Statistically significant difference in Bonferroni post hoc test: \*versus C-HUVECs basal,  $^{\S}$ versus C-HUVECs PDS glucose 2.27%,  $^{\#}$ versus GD-HUVECs PDS glucose 2.27%,  $^{\omega}$ versus C-HUVECs PDS xylitol 1.5%; for each symbol  $P < 0.05$ . (B) Student's *t*-test:  $^{\omega}P < 0.02$  versus C-HUVECs basal. Statistically significant difference in Bonferroni post hoc test: \*versus C-HUVECs basal,  $^{\#}$ versus C-HUVECs PDS glucose 1.36%,  $^{\omega}$ versus C-HUVECs PDS glucose 2.27%; for each symbol  $P < 0.05$ .

**Abbreviations:** C, control; GD, gestational diabetes; HUVECs, Human Vein Endothelial Cells; ICAM-1, Intercellular Adhesion Molecule-1; MFI, mean fluorescence intensity; PDS, peritoneal dialysis solution; SD, standard deviation; VCAM-1, Vascular Cell Adhesion Molecule-1.



**Figure 3** Effect of PDSs on monocyte adhesion to C- and GD-HUVECs.

**Notes:** (A) C- (gray bars) and GD-HUVECs (black bars) U937 interaction was evaluated in cells untreated (basal) or exposed to PDSs or to mannitol (as hyperosmolar control). Quantitative data show the number of U937 cells adhering within a high-power field ( $3.5 \text{ mm}^2$ ), with each measurement consisting of eight counts for every condition. Results are expressed as mean  $\pm$  SD of at least three different experiments. Student's *t*-test:  $^{\omega}P < 0.05$  versus C-HUVECs basal. Statistically significant difference in Bonferroni post hoc test:  $^{\ast}$ versus C-HUVECs basal,  $^{\theta}$ versus C-HUVECs PDS glucose 2.27%,  $^{\omega}$ versus GD-HUVECs basal,  $^{\ast\ast}$ versus C-HUVECs PDS glucose 1.36% and 2.27%,  $^{\wedge}$ versus C-HUVECs PDS glucose 1.36%,  $^{\S}$ versus GD-HUVECs glucose 1.36%; for each symbol  $P < 0.05$ . (B) Representative images of U937 cell adhesion to C- and GD-HUVECs.

**Abbreviations:** C-, control; GD, gestational diabetes; HUVECs, Human Vein Endothelial Cells; PDS, peritoneal dialysis solution; SD, standard deviation.

of PD patients.<sup>11,37,38</sup> Hence, a major challenge of PD therapy is the development of glucose-sparing strategies that are able to provide an efficacious ultrafiltration profile without jeopardizing patient health.

Today, glucose sparing can be primarily offered by the use of PDSs containing the glucose polymer icodextrin or aminoacids as osmotic agents replacing glucose. These formulations, either alone or in combination, have been shown to be effective and PD patients may benefit from their use.<sup>18</sup> However, both icodextrin and aminoacids can only replace 30%–50% of daily glucose absorption,<sup>11</sup> and their use is limited to a single daily peritoneal exchange.<sup>39,40</sup> Furthermore, two recent randomized, controlled studies (IMPENDIA and EDEN) showed that a low-glucose regimen based on dextrose-based solutes, icodextrin and aminoacids, though improving metabolic indices in diabetic PD patients, was associated with an enhanced risk of extracellular fluid volume expansion, causing an increase in serious adverse events and deaths.<sup>41</sup>

Thus, based on such findings, it is clear that the search for new solutions that manage to minimize the negative effects of PD represents an important objective. In the present study, we tested the biocompatibility of new experimental PDSs containing more than one osmo-metabolic agent, xylitol, glucose, and L-carnitine. Most of the osmotic strength of our PDSs is achieved by the presence of xylitol and carnitine, osmo-metabolic ingredients extremely stable from the chemical standpoint, even when steam-sterilized in an acidic environment (<http://pubchem.ncbi.nlm.nih.gov>).

In addition, the concept to introduce more than one osmo-metabolic agent in our PDSs is somehow derived from the well-known approach of polypharmacy or combination therapy, whereby the aim is to achieve a favorable synergetic action.<sup>42,43</sup> Note that our experimental PDSs have a lower pH and a higher lactate concentration, conditions thought to affect biocompatibility of PD fluids,<sup>9</sup> than the tested, commercially available, normal pH, low-GDP PDS, which is regarded as

a “biocompatible” solution.<sup>44</sup> Our PDSs were also steam-sterilized in a single-chambered bag containing a lactate-buffered glucose solution at pH 5.5, a procedure known to generate more than fourfold acetaldehyde, a reliable indicator of GDPs, than in the two-chambered commercial bag tested in our study.<sup>45</sup> The use of these xylitol–carnitine-based PDSs in our in vitro study proved not to change the proliferative potential in both C- and GD-HUVECs, compared to glucose-based PDSs. In addition, our PDSs significantly improved endothelial cell viability compared to basal condition.

Our results also show that glucose-based PDSs significantly increased VCAM-1 and ICAM-1 membrane exposure as compared to basal conditions in both C- and GD-HUVECs. Such proinflammatory vascular effect may have pathophysiologic consequences in the pathogenesis of atherosclerosis. In fact, increased expression of ICAM-1 and VCAM-1 on endothelial cell surface may promote adhesion of monocytes, which is a crucial event in vascular inflammation and the early atherosclerotic process.<sup>46</sup> Moreover, upon being exposed on the endothelial cells, VCAM-1 and ICAM-1 can be released into the circulation; increased plasma levels of adhesion molecules,<sup>47</sup> as found in PD patients,<sup>48</sup> have been associated with cardiovascular events and RRF.<sup>49,50</sup> Indeed, we found that glucose-based PDSs caused a significant increase in monocyte interaction with both C- and GD-HUVECs compared to basal condition. Notably, when endothelial cells were exposed to experimental PDSs, all the above unfavorable vascular effects were absent.

Thus, PD therapy seems to induce a significant proinflammatory effect on endothelial cells, which has been attributed to the high glucose concentrations and/or GDPs present in PD standard solutions.<sup>17</sup> Although our experimental PDSs did contain some glucose (Table 1), this was not enough to trigger a comparable proinflammatory effect or nitro-oxidative stress as that seen for glucose-based PDSs in both C- and GD-HUVECs. This indicates that a small amount of glucose may be maintained in the PDS, in order to take advantage of its ultrafiltration ability and to provide energy source to patients who are often malnourished.

## Conclusion

Our results show that in control and diabetic human endothelial cell models, xylitol–carnitine-based PDSs do not cause cytotoxicity and inflammation that are caused by the neutral pH, low-GDP hypertonic glucose-based PDSs. Since xylitol significantly inhibits hepatic glucose production,<sup>51</sup> is a poor insulin secretagogue, and possesses a low glycemic index, whereas carnitine improves muscle glucose disposal,<sup>20</sup> these

findings suggest that osmo-metabolic-based PDSs may represent a desirable hypertonic solution even for diabetic patients in PD.

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## Disclosure

AA is an employee of CoreQuest. The authors report no other conflicts of interest in this work.

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