

# Risk factors and early outcomes of acute renal injury after thoracic aortic endograft repair for type B aortic dissection

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**Background:** Thoracic endovascular aortic repair (TEVAR) has become an emerging treatment modality for acute type B aortic dissection (TBAD) patients in recent years. The risk factors and impacts of acute kidney injury (AKI) after percutaneous TEVAR, however, have not been widely established.

**Methods:** We retrospectively studied the clinical records of 305 consecutive patients who admitted to our institution and had TEVAR for TBAD between December 2009 and June 2013. The patients were routinely monitored for their renal functions preoperatively until 7 days after TEVAR. The Kidney Disease Improving Global Guidelines (KDIGO) criteria were used for AKI.

**Results:** Of the total 305 consecutive patients, 84 (27.5%) developed AKI after TEVAR, comprising 66 (21.6%) patients in KDIGO stage 1, 6 (2.0%) patients in stage 2 and 12 (3.9%) patients in stage 3. From the logistic regression analysis, systolic blood pressure (SBP) on admission  $>140$  mmHg (odds ratio [OR], 2.288; 95% CI, 1.319–3.969) and supra-aortic branches graft bypass hybrid surgery (OR, 3.228; 95% CI, 1.526–6.831) were independent risk factors for AKI after TEVAR. Local anesthesia tended to be a protective factor (OR, 0.563; 95% CI, 0.316–1.001). The preoperative renal function, angiotensin-converting enzyme inhibitor/angiotensin receptor blocker or statin administration, volume of contrast agent, range of TBAD and false lumen involving renal artery were not associated with post-operation AKI. The in-hospital mortality and major adverse events were markedly increased with the occurrence of AKI (7.1% vs 0.9%,  $P=0.006$ ; 14.3% vs 3.2%,  $P<0.001$ , respectively).

**Conclusions:** TEVAR for TBAD has a high incidence of AKI, which is associated with worse in-hospital outcomes. SBP on admission and supra-aortic branches graft bypass hybrid surgery were the most significant risk factors. Renopreventive measures should be considered in high-risk patients.

**Keywords:** risk factor, acute renal injury, endovascular repair, aortic dissection

## Introduction

Despite its infrequent progression to permanent dialysis dependence, acute kidney injury (AKI) is associated with extended intensive care, prolonged hospital stay, diminished quality of life and shorter long-term survival.<sup>1–4</sup> AKI after thoracic endovascular aortic repair (TEVAR) of thoracic aortic diseases has been documented in several studies, with incidences ranging from 1.5% to 34%.<sup>5–7</sup>

TEVAR is emerging as an important treatment option for type B aortic dissection (TBAD) to induce aortic remodeling by sealing the proximal entry tear, to prevent late complications and to avoid the risk associated with open surgery at the same time.<sup>8–12</sup> Several less invasive novel techniques have been introduced in aortic dissection

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endovascular repair in recent years, such as percutaneous technique, hybrid approach and rapid artificial cardiac pacing for inducing hypotension during stent deployment. However, the impact of these techniques on the renal dysfunction after TEVAR is still an area of ongoing research.<sup>13–15</sup>

As far as we know, little research has been focused on the risk factors and impacts of AKI after TEVAR on TBAD. Most studies have focused on the types of conditions requiring TEVAR, including aneurysms, dissections and transections to penetrating ulcers.<sup>3,7</sup> However, TBAD presents with other pathologic states that may influence renal function in a number of ways: 1) the blood supply for the side branch of aorta from the true lumen (TL)/false lumen (FL) may influence renal perfusion. Side branch artery occlusions caused by obstruction from the dissection flap, which can either prolapse across a vessel origin without entering it (dynamic obstruction) or directly extend into a vessel (static obstruction);<sup>16</sup> 2) the TL/FL hemodynamic change and inflammatory response after aortic stent graft deployment may impact on the renal function postoperatively;<sup>17</sup> 3) because of a complicated TL and FL association, the contrast agent may be administered more to make sure whether the stent graft is implanted in the TL and at the right place and 4) the blood pressure (BP) change during procedure such as controlling depressurization during stent deployment may reduce the renal perfusion. All of these features may lead to postoperative renal dysfunction, such as contrast-induced nephropathy, renal ischemia, renal artery embolization or occlusion, renal infarction or ischemia–reperfusion injury.<sup>18</sup> The purpose of this paper is to determine the risk factors and impact of AKI on TEVAR for TBAD.

## Methods

### Patient population

Data from all patients admitted to the Guangdong Cardiovascular Institute, Guangdong General Hospital, who underwent percutaneous TEVAR for TBAD between December 2009 and June 2013 were retrospectively analyzed. Patients who received TEVAR, including complicated or uncomplicated TBAD, with definite detecting tear entry were included into the study. Data were collected by cardiologists and were entered by EpiData software 3.1 (The EpiData Association, Odense, Denmark) using consistency check on 2 copies. The study was approved by the ethics committees of Guangdong General Hospital, and written informed consent was obtained from all the patients participated in the study.

Exclusion criteria included 1) previous endovascular repair for aortic disease, 2) medical history of dialysis-dependent renal failure, 3) patients who have received extra

renal artery revascularization, 4) associated on-pump or off-pump bypass graft surgery, 5) patients who are deemed technically unsuccessful, 6) connective tissue disorders and 7) age <18 years or pregnant. Patients were also excluded in case of death in the operating room before or during procedure (n=3), lack of test of renal function postoperatively (n=12) or lack of computed tomography (CT) image in the institution's medical record system (n=6). About 305 patients met the criteria and were recruited into the study.

### Perioperative management

Patients presenting with a nonemergent status and a preoperative creatinine >2.0 mg/dL underwent preoperative hydration. We gave the patients isotonic saline (1 mL/kg/hour) from 12 hours preprocedure to 24 hours postprocedure. We routinely administered prophylactic antibiotics (cefuroxime) 30 minutes to 1 hour before procedure and then again 12 hours after the procedure.

### Description of procedure

Percutaneous TEVAR was conducted following standard procedures described previously,<sup>13</sup> which began with 18-gauge needle puncture of the common femoral arteries (CFAs) under fluoroscopy. According to CT image, the entry points were based on the anatomy relationship between CFA and femoral head. Two or multiple 6F Perclose ProGlide devices were deployed in the CFA before upsizing to a 20–25F sheath. The sutures were secured to close the arteriotomy at the end of the procedure. The construction of the pathway in the TL for stent graft delivery was guided and confirmed by sectional angiography or intravascular ultrasound. The thoracic stent grafts used included Medtronic Talent (Medtronic, Minneapolis, MN, USA), Zenith TX2 (COOK, Bjaeverskov, Denmark) and Hercules (Microport, Shanghai, China), which were approved by the State Food and Drug Administration during the period of the study. Briefly controlled hypotension was utilized during device deployment, and then again if balloon aortoplasty was performed by using the rapid artificial cardiac pacing technique.<sup>15,19</sup> Since November 2009, stent size selection for all cases has been oversized by 10%–15%. To prevent posterior circulation ischemia, we performed supra-aortic branch graft bypass surgery before TEVAR in cases of right vertebral artery dominance with insufficient aortic arch landing zone.<sup>20</sup> The patients underwent regional anesthesia unless needed additional supra-aortic branches graft bypass surgery.

### Definitions

Aortic dissection was defined as disruption of the medial layer provoked by intramural bleeding, resulting in separation of the aortic wall layers and subsequent formation of a TL and an

FL with or without communication. The AKI was diagnosed according to the KDIGO criteria from Kidney Disease Improving Global Guidelines.<sup>21</sup> We used the maximum change in serum creatinine level in the first 7 days after surgery to classify patients according to the KDIGO criteria. The estimated glomerular filtration rate (eGFR) was calculated with the chronic kidney disease epidemiology collaboration formular.<sup>22</sup> The major adverse events were defined as death, stroke, paraplegia and the need for renal replacement therapy (RRT).

## Statistical analysis

Mean  $\pm$  SD or medians (interquartile range) were used to describe continuous variables; intergroup differences were evaluated by Student's *t*-test or nonparametric Mann–Whitney *U*-test, depending on the distribution of variables. Categorical variables were presented as frequencies, and percentages were compared by Fisher's exact test or  $\chi^2$  test. Stepwise multivariate logistic regression variables were fitted from variables found to have marginal associations with AKI on univariate testing ( $P < 0.10$ ). Odds ratios (ORs), 95% CIs and probability values are reported. All statistical analyses were performed using SPSS software, version 19.0 (IBM Inc., Chicago, IL, USA).

## Results

### Population

A total of 305 consecutive patients were recruited: 84 (27.5%) developed AKI after TEVAR, consisting of 66 (21.6%) patients with KDIGO stage 1, 6 (2.0%) patients in stage 2 and 12 (3.9%) patients in stage 3. The mean age was  $54.5 \pm 10.3$  years, and 269 (88.2%) of patients were men. About 252 (82.6%) patients had a history of hypertension. Forty-four (14.4%) patients were on angiotensin-converting enzyme inhibitor/angiotensin receptor blocker, with no significant difference between the 2 groups. The systolic blood pressure (SBP) and diastolic blood pressure (DBP) tended to be higher in the AKI group than in the non-AKI group (SBP:  $148.63 \pm 24.57$  mmHg vs  $138.45 \pm 22.31$  mmHg,  $P = 0.001$ ; DBP:  $83.21 \pm 13.43$  mmHg vs  $79.34 \pm 13.13$  mmHg,  $P = 0.013$ ). There was no significant difference between the 2 groups in terms of pre-operation renal function (creatinine:  $130.60 \pm 141.04$   $\mu$ mol/L vs  $116.08 \pm 80.18$   $\mu$ mol/L,  $P = 0.620$ ; blood urea nitrogen (BUN):  $7.00 \pm 4.40$  mmol/L vs  $6.61 \pm 3.91$  mmol/L,  $P = 0.593$  and eGFR:  $72.27 \pm 28.48$  mL/min/1.73 m<sup>2</sup> vs  $72.02 \pm 24.6$  mL/min/1.73 m<sup>2</sup>,  $P = 0.743$ , respectively). The results of the white blood cell count, hemoglobin (HGB), alanine aminotransferase (ALT), aspartate aminotransferase (AST), albumin (ALB), uric acid (URIC), and D-dimer (DDI) were similar in both groups, as shown in Table 1.

## Aortic dissection features

About 144 (47.1%) patients were presented with pleural effusion, which was comparable between the AKI group and the non-AKI group (47.5% vs 46.4%,  $P = 0.699$ ). There was no significant difference between the AKI group and the non-AKI group in terms of FL involvement of celiac trunk, superior mesenteric artery, inferior mesenteric artery and renal artery. The characteristics of the vascular situation of aortic dissection are presented in Table 2.

## Operative data and outcome

Thirty-eight (12.4%) patients received supra-aortic branch bypass with a higher incidence in the AKI group compared with the non-AKI group (23.8% vs 8.1%,  $P = 0.004$ ). There was no significant difference in the volume of contrast medium and the number of cover stent observed between the AKI group and the non-AKI group. The in-hospital mortality, RRT and major adverse events were markedly increased with the occurrence of AKI (death: 7.1% vs 0.9%,  $P = 0.006$ ; RRT: 6.0% vs 0.5%,  $P = 0.007$ , major adverse events: 14.3% vs 3.2%,  $P < 0.001$ , respectively; Table 3). The in-hospital mortality ( $P < 0.001$ ) and major adverse events ( $P < 0.001$ ) were associated with the severity of AKI (Figure 1).

## Risk factors for AKI

Owing to the limited positive events, we performed the logistic regression analysis with the following variables: age  $> 60$  years, male gender, SBP when admitted to hospital ( $> 140$  mmHg), local anesthesia, supra-aortic branches graft bypass hybrid surgery, diabetes mellitus, coronary artery disease and at least one side of renal artery involvement by FL. SBP  $> 140$  mmHg (OR, 2.288; 95% CI, 1.319–3.969) on admission and supra-aortic branches graft bypass hybrid surgery (OR, 3.228; 95% CI, 1.526–6.831) were independent risk factors for AKI after TEVAR. Local anesthesia tended to be a protective factor (OR, 0.563; 95% CI, 0.316–1.001). The FL involving renal artery was not an independent risk factor (Table 4).

## Discussion

The current study indicates that AKI is a common problem after percutaneous TEVAR, which is associated with in-hospital mortality and complications. In our study, we found that the incidence of AKI after TEVAR was 27.5%, including 21.6% in KDIGO stage 1, 2.0% in stage 2 and 3.9% in stage 3. The in-hospital outcomes of death and events were associated with the severity of AKI. Patients in stages 2 and 3 had significant higher rates of in-hospital mortality and major adverse events. Similar incidence of AKI was found in the

**Table 1** Baseline clinical characteristics of patient population

	<b>AKI group (n=84)</b>	<b>Non-AKI group (n=221)</b>	<b>P-value</b>
Age (years)	55.32±10.14	54.22±10.35	0.317
Male	75 (89.3)	194 (87.8)	0.716
Hypertension	75 (89.3)	177 (80.1)	0.058
Diabetes mellitus	9 (10.7)	15 (6.8)	0.255
Coronary artery disease	10 (11.9)	17 (7.7)	0.247
Smoke	38 (45.2)	105 (47.5)	0.722
Heart rate	80.56±12.89	77.87±12.05	0.173
Systolic blood pressure on admission (mmHg)	148.63±24.57	138.45±22.31	0.001
Diastolic blood pressure on admission (mmHg)	83.21±13.43	79.34±13.13	0.013
ACEI/ARB	12 (14.3)	32 (14.5)	0.966
CCB	12 (14.3)	32 (14.5)	0.966
Statin	27 (32.1)	68 (30.8)	0.817
HGB (g/L)	126.41±18.14	128.07±18.2	0.787
WBC (10 <sup>9</sup> /L)	10.92±4.64	11.11±3.94	0.343
PLT (10 <sup>9</sup> /L)	232.72±106.57	238.06±105.18	0.636
HbA1C (%)	5.42±1.83	5.71±2.13	0.867
TR (mmol/L)	1.54±0.82	1.48±1.01	0.311
TC (mmol/L)	4.45±0.96	4.29±0.98	0.189
HDL-C (mmol/L)	1.03±0.28	1.08±0.76	0.770
LDL-C (mmol/L)	2.57±0.72	2.5±0.82	0.417
ALB (g/L)	31.35±7.6	32.47±5.52	0.260
D-dimer (ng/mL)	1,264.16±1,809.35, 1,213.16±1,789.48	1,726.67±2,111.56	0.106
Serum creatinine (μmol/L)	130.60±141.04	116.08±80.18	0.620
BUN (mmol/L)	7±4.4	6.61±3.91	0.593
eGFR (mL/min/1.73 m <sup>2</sup> )	72.27±28.48	72.02±24.6	0.743

**Notes:** Data presented as n (%); mean ± standard deviation.

**Abbreviations:** ACEI, angiotensin-converting enzyme inhibitor; ALB, albumin; AKI, acute kidney injury; ARB, angiotensin receptor blocker; BUN, blood urea nitrogen; CCB, calcium channel blocker; eGFR, estimated glomerular filtration rate; HGB, hemoglobin; HbA1C, hemoglobin A1c; HDL-C, high-density lipoprotein-cholesterol; LDL-C, low-density lipoprotein-cholesterol; PLT, platelet; TR, triglyceride; TC, total cholesterol; WBC, white blood cell.

study by Zhu et al,<sup>23</sup> which identified AKI in 48 (30.8%) of 156 TEVAR for TBAD patients according to RIFLE (risk, injury, failure, lose and end-stage renal disease) classification, with 7 (14.5%) patients requiring continuous RRT. Other previous studies, however, have suggested the rates of

AKI after endovascular repair varying from 1.5% to 34%.<sup>5–7</sup> The observed differences in incidence rates could be due to a couple of reasons. First, the lack of consistent definition of renal failure used in these studies could account for the differences in the published rates of AKI after endovascular repair. In this study, we chose the criteria of KDIGO AKI which referenced the AKIN criteria from Acute Kidney Injury Network to define the renal dysfunction as it is a more sensitive indicator of renal function and can be used as a risk factor to predict long-term survival.<sup>24,25</sup> Second, the differences in various study populations may be another reason. The previous studies focusing on AKI after endovascular repair included patients of abdominal aortic aneurysm, thoracic aortic aneurysms, Stanford TBADs, penetrating thoracic ulcers and traumatic aortic transection.<sup>5–7</sup> The rates of postprocedure AKI after endovascular repair for thoracic or abdominal aortic aneurysm alone were relatively low ranging from 2% to 17%,<sup>26–29</sup> when compared with TEVAR for TBAD which ranged from 27.5% to 30.8%.<sup>23</sup> The differences in pathophysiology between aortic dissection and aneurysm may also be factor to consider, including hemodynamic

**Table 2** Aortic dissection features and AKI

	AKI group (n=84)	Non-AKI group (n=221)	P-value
<b>Blood supply of left renal artery n (%)</b>			
True lumen	58 (69.0)	167 (75.6)	0.218
False lumen	20 (23.8)	34 (15.4)	
True lumen and false lumen	6 (7.1)	20 (9.0)	
<b>Blood supply of right renal artery n (%)</b>			
True lumen	62 (73.8)	164 (74.2)	0.945
False lumen	15 (17.9)	41 (18.6)	
True lumen and false lumen	7 (8.3)	16 (7.2)	
<b>Number of renal arteries involved n (%)</b>			
0	39 (46.4)	117 (52.9)	0.596
1	42 (50.0)	97 (43.9)	
2	3 (3.6)	7 (3.2)	
<b>Pleural effusion n (%)</b>	39 (46.4)	105 (47.5)	0.898

**Abbreviation:** AKI, acute kidney injury.

**Table 3** Operative data and outcome

	AKI group (n=84)	Non-AKI group (n=221)	P-value
Rapid artificial pacing	66 (78.6)	168 (76.0)	0.637
Percutaneous	47 (56.0)	133 (60.2)	0.502
Local anesthesia	27 (32.1)	115 (52.0)	0.002
Supra-aortic branches graft bypass hybrid surgery	20 (23.8)	18 (8.1)	<0.001
Volume of contrast agent (mL)	168.2±46.2	153.5±35.2	0.104
Multi-stent implantation	7 (8.3)	23 (10.4)	0.587
<b>Stent number</b>			
1	77 (91.7)	198 (89.6)	0.589
2	6 (7.1)	22 (10.0)	
3	1 (1.2)	1 (0.5)	
<b>Outcomes</b>			
RRT	5 (6.0)	1 (0.5)	0.007
Stroke	3 (3.6)	3 (1.4)	0.352
Paraplegia	1 (1.2)	1 (0.5)	0.476
Death	6 (7.1)	2 (0.9)	0.006
Major adverse events	12 (14.3)	7 (3.2)	<0.001
Endoleak	13 (15.5)	21 (9.5)	0.139
Fever	30 (35.7)	73 (33.0)	0.658
Duration of procedure (min)	92.6±23.5	94.1±21.7	0.599
Time of induced hypotension (s)	6.7±3.1	6.2±2.6	0.157

**Notes:** Data presented as n (%); mean ± standard deviation.

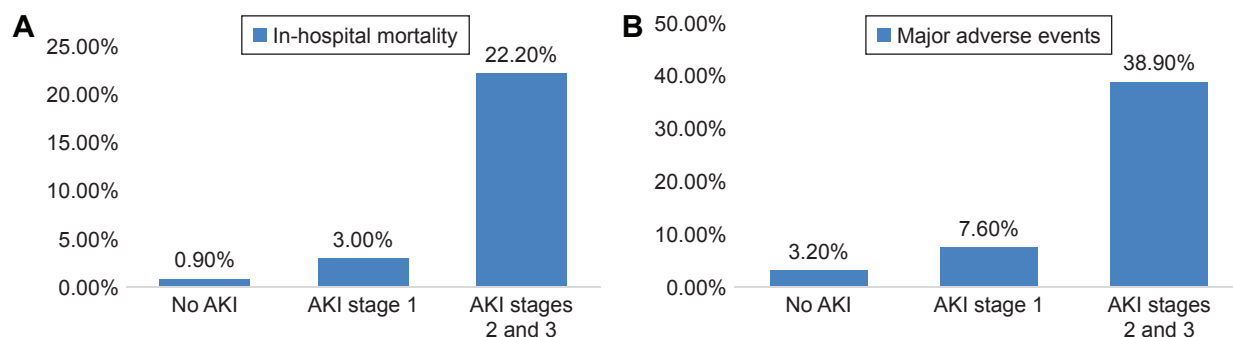
**Abbreviations:** AKI, acute kidney injury; RRT, renal replacement therapy.

changes by the TL/FL, the dissection flap, the load of contrast agent and the controlled BP depressurization during stent deployment.

For the risk factors of AKI, SBP on admission >140 mmHg and supra-aortic branch graft bypass hybrid surgery were identified as independent risk factors by multivariate regression analysis. Local anesthesia tended to be a protective factor (OR, 0.563; 95% CI, 0.316–1.001). Previous studies have found risk factors of AKI after endovascular aortic repair to include chronic kidney disease, acute dissection, complicated dissection, mal-perfusion complications,<sup>18</sup> thoracoabdominal extension, postoperative transfusion,<sup>7</sup> intraoperative hypotension, stroke, sepsis, lengthy procedures and number of stents.<sup>30</sup> Again, the different findings may be because of the

different aortic pathological changes, operative strategies and perioperative administration.

Higher BP was associated with the occurrence of AKI. In a previous study,<sup>31</sup> multivariate analysis showed that SBP on admission and bilateral renal artery involvement were strong predictors of preoperative AKI for TBAD. Higher SBP on admission may be associated with renal artery involvement because the renin–angiotensin–aldosterone system, which is activated because of renal artery involvement, induces a dramatic increase in BP. Furthermore, higher SBP may lead to sustainable expansion of the FL, causing generalized ischemia to the kidney leading to AKI. It was found that BP variability is an independent risk factor for the prognosis of aortic dissection. We could not identify BP variability in this



**Figure 1** In-hospital mortality (A) and major adverse events (B) with AKI stages.

**Note:** Major adverse events: death, stroke, paraplegia and the need for RRT.

**Abbreviations:** AKI, acute kidney injury; RRT, renal replacement therapy.



**Table 4** Risk factors of AKI

	OR	95% CI	P-value
Age >60 years	1.651	(0.900–903.027)	0.105
Male	0.709	(0.288–1.742)	0.453
Systolic blood pressure on admission >140 mmHg	2.288	(1.319–3.969)	0.003
Local anesthesia	0.563	(0.316–1.001)	0.050
Supra-aortic branches graft bypass hybrid surgery	3.228	(1.526–6.831)	0.002
Diabetes mellitus	2.138	(0.816–5.601)	0.122
Coronary artery disease	1.186	(0.467–3.012)	0.719
At least one renal artery involve by dissection	1.070	(0.617–1.857)	0.809

**Abbreviations:** AKI, acute kidney injury; OR, odds ratio.

current study from the retrospective design. However, our data indicate that higher BP on admission is not only a risk factor for AKI preoperatively but also post-TEVAR.

Supra-aortic branches graft bypass hybrid surgery often require general anesthesia, lengthy procedures, more blood loss, postoperative transfusion, higher rates of intraoperative hypotension, more severe inflammatory response and assisted mechanical ventilation. These factors may take the responsibility for a higher incidence of AKI after TEVAR.<sup>23,30,32,33</sup>

The most important features of this current study are taking the changes of aortic dissection anatomy into account. Effusion and partial thrombosis were reported to be associated with unfavorable prognosis.<sup>34,35</sup> However, it seems they may not be related to AKI in this current study. The FL directly extending to the renal artery may be associated with AKI after TEVAR. However, the TL/FL relationship between renal artery may not be an independent risk factor. Owing to the limited sample size of this study, we could not provide enough evidence to confirm or refute this issue. Further studies are needed to explore the real implication of renal artery involvement by the FL. It may be easier to predict that the end-organ malperfusion caused by TBAD will turn better after TEVAR with improvement in the blood supply by the TL after TEVAR. However, the perfusion of side branch artery after TEVAR may be a little more complicated as the end-organ ischemia may deteriorate when blood is supplied by TL and FL at the same time or just FL. Therefore, the renal malperfusion will not always be relieved after TEVAR. Similar findings documented in previous reports corroborate the fact that patients, who had AKI before TEVAR was performed, had no improvements in their renal function but rather had higher incidences of renal failure after TEVAR.<sup>31</sup> In conclusion, it is vitally important that we pay more attention to the hemodynamic changes of side branch artery involvement by an FL.

Several limitations exist in this study. It was a retrospective, uncontrolled study and therefore subject to inherent

limitations in the study design. The study is also limited by the lack of urine output measurements. Moreover, as we did not monitor the blood flow of renal artery, we could not define the exact time of renal hypoperfusion. The short- and long-term mortality was also unclear in AKI patients with TBAD; thus, in-hospital mortality may have been underestimated.

## Conclusion

In summary, our data indicate that AKI is still a common problem after percutaneous TEVAR for TBAD, which is associated with worse in-hospital outcomes. Specifically, SBP on admission >140 mmHg and supra-aortic branches graft bypass hybrid surgery were the most relevant predictive factors of AKI after TEVAR. However, the extents of dissection and branch artery involvements, the renal function preoperatively, AECI/ARB or statin administration, volume of contrast agent and range of TBAD were not related to AKI. Renal preventive measures should be considered in high-risk patients. The significance of imaging and anatomic changes in AKI after TEVAR are worth further studies.

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## Disclosure

The authors report no conflicts of interest in this work.

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