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### ORIGINAL RESEARCH

# LncRNAs and *EGFRvIII* sequestered in TEPs enable blood-based NSCLC diagnosis

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**Background:** Tissue biopsy-based cancer diagnosis has limitations because of the fact that tumor tissues are in constant evolution and extremely heterogeneous. The current study was aimed to examine whether tumor-educated blood platelets (TEPs) might be a potential all-in-one source for blood-based cancer diagnostics to overcome the limitations of conventional cancer biopsy. **Methods:** In the present study, we evaluated the expression pattern of MAGI2 antisense RNA 3 (*MAGI2-AS3*) and ZNFX1 antisense RNA 1 (*ZFAS1*) in both plasma and platelets of 101 non-small-cell lung cancer (NSCLC) patients. Receiver operating characteristic (ROC) curve was generated to evaluate their diagnostic potential. In addition, epidermal growth factor receptor (*EGFR*) mutations were detected in DNA and RNA samples of platelets for companion diagnostics.

**Results:** Our results showed that the levels of *MAGI2-AS3* and *ZFAS1* in both plasma and platelets of NSCLC patients were significantly downregulated than those in healthy controls. A positive correlation of long noncoding RNA expression was observed between platelets and plasma (r=0.738 for *MAGI2-AS3*, r=0.751 for *ZFAS1*, respectively). By ROC analysis, we found that molecular interrogation of MAGI2-AS3 and ZFAS1 in TEPs and plasma can offer valuable diagnostic performance for NSCLC patients (area under the ROC curve [AUC]<sub>*MAGI2-AS3*</sub> = 0.853/0.892, and AUC<sub>*ZFAS1*</sub>=0.780/0.744 for diagnosing adenocarcinoma and squamous cell carcinoma cases from controls, respectively). Clinicopathologic characteristic analysis further revealed that *MAGI2-AS3* level significantly correlated with tumor–node–metastasis (TNM) stage (p=0.001 in TEPs, p=0.003 in plasma), lymph-node metastasis (p=0.016 in TEPs, p=0.023 in plasma), and distant metastasis (p=0.045 in TEPs, p=0.044 in plasma). Furthermore, *EGFRvIII* RNA existed in both TEPs and plasma, but *EGFR* intracellular mutations cannot be detected in DNA of TEPs isolated from NSCLC.

**Conclusion:** Our data suggested that TEP is a promising source for NSCLC diagnosis and companion diagnostics.

Keywords: tumor-educated platelets, *lncRNA-MAGI2-AS3*, *lncRNA-ZFAS1*, *EGFR* mutations, NSCLC

#### Background

Non-small-cell lung cancer (NSCLC), mainly divided into adenocarcinoma (AD) and squamous cell carcinoma (SCC) pathologically,<sup>1,2</sup> is the predominant form of lung cancer and accounts for the majority of cancer deaths worldwide.<sup>3</sup> Despite much progress being achieved in early detection and treatment, the 5-year survival rate for NSCLC patients is still only 5%–20%.<sup>4</sup> Thus, it is an urgent medical need to develop

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more sensitive diagnostic methods and novel biomarkers, especially for patients with recurrent cancers.<sup>5–7</sup>

Due to tumor evolution and heterogeneity, traditional tissue biopsy-based cancer diagnostic procedures have limitations in their assessment for cancer diagnosis, genotyping, and prognosis.<sup>8</sup> Therefore, clinicians and scientists have tried to use blood-based liquid biopsies as a potential alternative diagnostic method for NSCLC patients.<sup>9,10</sup>

Liquid biopsy, including tumor-educated blood platelets (TEPs), exosomes, circulating cell-free tumor DNA, and circulating tumor cells, could offer earlier and more convenient diagnosis for patients with NSCLC. Additionally, these techniques are less invasive and may provide a more comprehensive characterization for NSCLC.<sup>11-13</sup> The plasma is a pool of cells or cell products (DNA, RNA, and proteins) derived from the tumor or circulating tumor cells and stromal cells of the tumor microenvironment. The analysis of these blood components can, therefore, provide a comprehensive real-time information of the tumor-associated changes in an individual cancer patient.14 However, it has been also reported that tumor-associated biomarkers released into the plasma are susceptible to degradation, while blood platelets are more stable and can offer high sensitivity for the detection of EML4-ALK rearrangements.15 Given the fact that blood platelets, the second most abundant cell type in peripheral blood, can take up tumor-derived microvesicles loaded with tumor-specific cellular compounds (RNA, protein, etc),<sup>16</sup> TEPs have been proposed and currently investigated as a potential biomarker source for cancers.17

Long noncoding RNA (lncRNA) is a group of RNA molecules that are longer than 200 nucleotides and do not encode protein,<sup>18</sup> and they regulate gene expression through epigenetic regulation, splicing, imprinting, transcriptional regulation, and subcellular transport<sup>19</sup> and play important roles in tumorigenesis and tumor progression.<sup>20</sup> In recent years, aberrant lncRNA expression has been found to participate in NSCLC development and metastasis. For example, increased HNF1A-AS1 promoted lung AD cell proliferation and metastasis through interacting with DNMT1 and repressing E-cadherin expression.<sup>21</sup> LncRNA metastasis-associated lung adenocarcinoma transcript 1 (MALAT1) is a highly conserved nuclear lncRNA, which is upregulated and can serve as a predictive marker for metastasis in lung cancer.<sup>22</sup> These data indicated that lncRNAs play important roles in NSCLC pathogenesis, which could provide new insights into the biology of this devastating disease.

The epidermal growth factor receptor (*EGFR*), a prototype member of the type I receptor tyrosine kinase (TK) family, plays a critical role in NSCLC cell differentiation, proliferation, and treatment response. Genetic alterations of the *EGFR*, including intracellular mutations such as *19-Del*, *L858R*, *T790M*, *20-lns*, *G719X*, *S768I*, and *L861Q* and extracellular mutation *EGFRvIII*, predominantly found in ADs,<sup>23</sup> are representative biomarkers in determining the appropriate treatment for advanced lung cancer. The identification of *EGFR* mutations provides guidance for clinical treatment with *EGFR* TK inhibitors such as gefitinib and erlotinib.<sup>24,25</sup>

In the present study, we first screened out five lncRNAs with potential diagnostic significance from three gene expression omnibus (GEO) datasets, GSE19188, GSE30219, and GSE27262,<sup>26</sup> which included expression information of tumor tissue from patients with AD or SCC. Next, we investigated the expression pattern and diagnostic value of five lncRNAs in platelets and plasma derived from patients with NSCLC to explore whether TEPs could enable NSCLC diagnostic and identify NSCLC types. Furthermore, we evaluated *EGFR* intracellular mutations in DNA extracted from platelets and plasma of 14 NSCLC patients who have been confirmed with *EGFR* intracellular mutations in tissue biopsy samples, and we also detected *EGFRvIII* expression within TEPs RNA for companion diagnostic of NSCLC.

#### Methods Platelets and plasma isolation

Whole-blood samples (2 mL) of NSCLC patients and healthy controls were collected from Zhongnan Hospital of Wuhan University under approval of Institutional Review Board, and written informed consent was obtained from all participants. Then, platelets and plasma were isolated from the same sample of whole blood by standard centrifugation within 24 hours to minimize detrimental effects of long-term storage at room temperature and decrease of platelet/plasma RNA quality and quantity. Three hundred microliters of platelets-rich plasma was obtained by centrifugation at room temperature for 20 min at 120 g to remove interference of cells. Then, platelets were isolated from the 300 µL platelet-rich plasma by centrifugation at room temperature for 20 min at 360 g, and resuspended in 300 µL PBS after washing twice. Plasma and platelets were frozen in parallel and stored at -80°C for further use.

#### GEO lung cancer gene expression data

Three panels of NSCLC in NCBI GEO were used in our lncRNA screening with the accession IDs GSE19188, GSE30219, and GSE27262. Reading and processing of data were done using R package "limm", genes with adjusted

*p*-value <0.05 and fold change >2 were identified as threshold value to judge differentially expressed lncRNAs, then we proceeded to receiver operating characteristic (ROC) analysis to screen out four lncRNAs that possessed great diagnostic value (we also added an lncRNA that possessed poor diagnostic value).

#### RNA isolation and cDNA synthesis

Total RNA was isolated from 300  $\mu$ L platelet suspension and 300  $\mu$ L plasma using a Liquid Total RNA Isolation Kit (RP4002, BioTeke, Beijing, China) and eluted in 35  $\mu$ L of prewarmed (65°C) elution according to the manufacturer's instruction. The concentration of RNA was measured by Nanodrop 2000 spectrophotometer (Thermo Scientific Inc, USA). Then RNA was reverse transcribed to cDNA using PrimeScript<sup>TM</sup> RT reagent kit with gDNA Eraser (RR047A, Takara, Dalian, China). Reverse transcription conditions were as follows: 42°C for 2 min, and then 37°C for 15 min, 85°C for 5 s. The cDNA was frozen at -20°C for further use.

# Quantitative real-time PCR (RT-qPCR) for IncRNAs

The expression of lncRNAs was determined on the Bio-Rad CFX96 (Bio-Rad Laboratories Inc, Hercules, CA, USA) using SYBR-Green I Premix Ex Taq following the manufacturer's instructions. The *GAPDH* was used as the endogenous control and was amplified simultaneously with target genes. The synthesized RT-qPCR primers are listed in <u>Table S1</u>. The reactions were performed in a volume of 20  $\mu$ L (10  $\mu$ L of SYBR mix, 0.8  $\mu$ L of 10  $\mu$ mol sense, 0.8  $\mu$ L of 10  $\mu$ mol antisense, 2  $\mu$ L cDNA and 6.4  $\mu$ L water). The reactions started at 95°C for 5 min, followed by 42 cycles of 95°C for 30 s, 63.3°C for 30 s, and 72°C for 30 s. All experiments were carried out in duplicate for each data point. The relative gene expression level was calculated using the comparative Ct method formula 2<sup>-ΔCt</sup>.

### DNA extraction and amplificationrefractory mutation system (ARMS)-PCR for *EGFR* intracellular mutations

DNA was isolated from 14 TEPs and plasma samples using QIAamp<sup>®</sup> Circulating Nucleic Acid kits (QIAGEN, Hilden, Germany) eluted in 50  $\mu$ L of elution according to the manufacturer's instruction; *EGFR* intracellular mutations including *19-Del*, *L858R*, *T790M*, *20-lns*, *G719X*, *S768I*, and *L861Q* were detected using an ADx-ARMS *EGFR* mutation detection kit (ADx-EG01, AmoyDx, Xiamen, China) by ARMS.

### RT-PCR for EGFRvIII

Samples from 110 AD, 95 SCC, and 50 healthy controls were collected and determined *EGFR/EGFRvIII* existence with RT-PCR in a volume of 25  $\mu$ L solution (12.5  $\mu$ L of AmpliTaq Gold<sup>®</sup> 360 Master mix, 0.5  $\mu$ L 10  $\mu$ mol sense, 0.5  $\mu$ L 10  $\mu$ mol antisense, 2  $\mu$ L cDNA, and 9.5  $\mu$ L water). PCR condition is listed as follows: 95°C 5 min; 95°C 30 s, 55°C 45 s, 72°C 1 min × 42 cycles; 72°C 7 min. The RT-PCR primers are listed in <u>Table S1</u>.

#### Statistical analysis

Statistical analyses were performed using SPSS version 22.0 (SPSS, Chicago, IL, USA) or Prism6 (GraphPad software, La Jolla, CA, USA). Data were presented as median with interquartile range. The Shapiro–Wilk test was carried out to check the normality of the distribution. The normally distributed numeric variables were evaluated by Student's *t*-test, while non-normally distributed variables were analyzed by Mann–Whitney test. Chi-square test was used to analyze the categorical variables. One-way analysis of variance (ANOVA) or nonparametric test was used to validate the different expression levels of lncRNAs among subgroups. Statistical differences were set at \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, and \*\*\*\*p<0.0001. p<0.05 was considered statistically significant. To estimate the diagnostic value of the biomarkers, area under the ROC curve analysis was performed.

### Results

### Identification of potential IncRNAs as biomarkers for NSCLC diagnosis from GEO dataset

To identify relevant datasets, we searched GEO for NSCLC expression profiling studies, and the criteria for choice of datasets are that 1) they were gene profiling studies in patients with NSCLC; 2) they used the same platform; 3) they used NSCLC tissue and normal lung tissue for comparison; and 4) they contained the information of AD or SCC. We finally narrowed down and analyzed three GEO public datasets: GSE19188 containing 45 AD, 27 SCC, and 65 normal lung tissue controls, GSE30219 containing 85 AD, 61 SCC, and 14 normal lung tissue controls, GSE27262 containing 25 AD and 25 normal lung tissue controls. Based on these three GEO datasets, we screened out five lncRNAs including MAGI2-AS3, LOC100507632, FXF1-AS1, LOC100499467, and ZFAS1 listed in Table 1. MAGI2-AS3, LOC100507632, and FOXF1-AS1 were significantly downregulated (p<0.0001 in all three GEO datasets) in NSCLC

Table I LncRNAs are screene	d out from three	GEO datasets
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LncRNA	GEO	Adend	ocarcinoma				Squam	nous cell carci	noma		
	dataset	AUC	95% CI	p-value	Se (%)	Sp (%)	AUC	95% CI	p-value	Se (%)	Sp (%)
MAGI2-AS3	GSE19188	0.921	0.863-0.980	<0.0001	82.2	98.5	0.985	0.967-1.003	<0.0001	100	87.7
	GSE30219	0.945	0.895–0.994	<0.0001	88.2	92.7	0.986	0.963-1.008	<0.0001	98.4	92.9
	GSE27262	0.972	0.947-1.012	<0.0001	100	92	_	_	-	_	_
LOC100507632	GSE19188	0.950	0.895-1.005	<0.0001	100	84.4	0.992	0.979-1.004	<0.0001	90.8	100
	GSE30219	0.968	0.926-1.010	<0.0001	92.9	91.8	0.993	0.980-1.006	<0.0001	100	93.4
	GSE27262	1.000	1.000-1.000	<0.0001	100	100	_	_	_	_	_
FOXF1-AS1	GSE19188	0.928	0.864–0.992	<0.0001	93.9	91.1	0.989	0.972-1.005	<0.0001	93.9	100
	GSE30219	0.945	0.876-1.015	<0.0001	85.7	96.5	0.972	0.936-1.008	<0.0001	85.7	98.4
	GSE27262	1.000	1.000-1.000	<0.0001	100	100	_	_	_	_	_
LOC100499467	GSE19188	0.887	0.809–0.9645	<0.0001	96.9	82.2	0.995	0.987-1.003	<0.0001	96.9	100
	GSE30219	0.857	0.740-0.9745	<0.0001	71.4	91.7	0.968	0.927-1.010	<0.0001	85.7	96.7
	GSE27262	0.992	0.977-1.007	<0.0001	96	96			_		
ZFASI	GSE19188	0.665	0.560-0.771	0.0033	64.4	64.6	0.660	0.527-0.793	0.016	63	69.2
	GSE30219	0.668	0.540-0.797	0.0436	61.2	78.6	0.609	0.479–0.739	0.0497	57.4	78.6
	GSE27262	0.781	0.644-0.9174	0.0007	92	68	_	_	_	_	_

Abbreviations: AUC, area under the ROC curve; GEO, gene expression omnibus; Se, sensitivity; Sp, specificity.

tissue, while *LOC100499467* (*p*<0.0001 in all three GEO datasets) and *ZFAS1* (*p*<0.05 in all three GEO datasets) were significantly upregulated. In addition, the first four lncRNAs all exhibited great diagnostic value (area under the ROC curve [AUC]>0.900), while the diagnostic value for *ZFAS1* was relatively poor.

# MAGI2-AS3 and ZFAS1 were both downregulated in NSCLC platelets and plasma

To confirm the finding of bioinformatics analysis, we used 68 ADs and 33 SCCs and 60 healthy controls for detecting these five lncRNAs to test whether TEPs could serve as a liquid biopsy for tumor diagnosis. Our result indicted that we can only detect MAGI2-AS3 and ZFAS1 expression among five lncRNAs from TEP samples. Although LOC100507632, FOXF1-AS1, and LOC100499467 can be detected in A549 NSCLC cell line, we cannot detect their expression because of the low abundance in 300 µL platelet suspension and 300 µL plasma (Figure S1). For MAGI2-AS3, both platelets and plasma were significantly downregulated in line with the result from GEO datasets (Figure 1A, B). The melt curve of MAGI2-AS3 showed that the amplification specificity was good (Figure S2A, B). The result of agarose gel electrophoresis revealed that the amplification product was the target gene MAGI2-AS3 and endogenous gene GAPDH (Figure S2C). In addition, platelets' MAGI2-AS3 expression was positively correlated with plasma MAGI2-AS3. Spearman's correlation analysis showed that the correlation coefficient was 0.738 (p<0.0001; Figure 1C). ZFAS1 was significantly downregulated in platelets and plasma samples from NSCLC, which was different from the result from GEO datasets (Figure 1D, E), and spearman correlation analysis showed that the correlation coefficient was 0.751 (p < 0.0001; Figure 1F). The melt curve (Figure S2D, E) and result of agarose gel electrophoresis (Figure S2F) both showed that the amplification specificity was good. Based on the results of *MAGI2-AS3* and *ZFAS1*, we proposed that TEPs could also detect tumor biomarkers the same as that using plasma to a certain extent.

#### Correlation between the expression level of MAGI2-AS3 and ZFAS1 and clinical parameters of NSCLC in platelets and plasma

According to the median value of relative lncRNA expression in NSCLC platelets and plasma, 101 NSCLC patients were correspondently classified into two groups; in platelets (plasma), relative high group: expression ratio ≥ median, and relative low group: expression ratio < median. As presented in Table 2, all clinicopathologic data were divided into these two groups based on different grouping criteria and were analyzed by chi-squared test. The clinicopathologic relevance analysis of NSCLC patients demonstrated that the MAGI2-AS3 expression significantly correlated with tumornode-metastasis (TNM) stage (p=0.001 in platelets, p=0.003in plasma), lymph-node metastasis (p=0.016 in platelets, p=0.023 in plasma), and distant metastasis (p=0.045 in platelets, p=0.045 in plasma), while ZFAS1 level was only correlated with TNM stage (p=0.005 in platelets, p=0.044in plasma).



Figure I MAG/2-AS2 and ZFAS1 levels were downregulated in platelets and plasma samples derived from NSCLC patients. Notes: (A) MAG/2-AS3 was downregulated in adenocarcinoma and SCC platelets than that in control platelets (p<0.001). (B) MAG/2-AS3 was downregulated in adenocarcinoma and SCC platelets than that in control platelets (p<0.001). (C) Platelets' MAG/2-AS3 level was positively correlated to the plasma MAG/2-AS3 expression. The correlation coefficient was 0.738 (p<0.001). (D) ZFAS1 was downregulated in adenocarcinoma and SCC platelets than that in control platelets (p<0.001). (E) ZFAS1 was downregulated in adenocarcinoma and SCC platelets than that in control platelets (p<0.001). (E) ZFAS1 was downregulated in adenocarcinoma and SCC platelets than that in control platelets (p<0.001). (E) ZFAS1 was downregulated in adenocarcinoma and SCC platelets than that in control plasma (p<0.001). (F) Platelets' ZFAS1 level was positively correlated to the plasma ZFAS1 expression. The correlation coefficient was 0.751 (p<0.001). The relative expression level was calculated using  $2^{-\Delta CT}$  method; error bars represent the median with interquartile range. All data were analyzed using nonparametric test; NS, no significance. \*\*\*p<0.001.

Abbreviations: AD, adenocarcinoma; MAGI2-AS3, MAGI2 antisense RNA 3; SCC, squamous cell carcinoma; ZFAS1, ZNFX1 antisense RNA 1.

# Diagnostic value of MAGI2-AS3 and ZFAS1 analysis in AD and SCC

ROC curve analysis was used to evaluate the predicting diagnosis value of lncRNAs for NSCLC. ROC was designed to use two models: AD vs controls, SCC vs controls. AUCs of the platelets and plasma MAGI2-AS3 were 0.853 (95% CI=0.789-0.918, p<0.0001) and 0.866 (95% CI=0.802-0.929, p<0.0001) in AD (Figure 2A), 0.892 (95% CI=0.819-0.965, p<0.0001), and 0.887 (95% CI=0.813-0.961, p<0.0001) in SCC (Figure 2B), respectively. As for ZFAS1, AUCs of platelets and plasma were 0.780 (95% CI=0.701-0.858, p<0.0001) and 0.806 (95% CI=0.731-0.881, p<0.0001) in AD (Figure 2C), and 0.744 (95% CI=0.641-0.848, p<0.0001) and 0.770 (95% CI=0.663-0.878, p<0.0001) in SCC (Figure 2D). Of course, combination of two lncRNAs possessed a better ability for discrimination between NSCLC and controls, both in platelets and plasma, and the AUCs of the combined MAGI2-AS3 and ZFAS1 were 0.908 (95% CI=0.853-0.963, p<0.0001) in platelets and 0.890 (95% CI=0.834-0.946, p<0.0001) in plasma of AD (Figure 2E). The AUCs of the combined MAGI2-AS3 and ZFAS1 were 0.919 (95% CI=0.848-0.990, p<0.0001) in platelets and 0.902 (95% CI=0.833-0.972,

*p*<0.0001) in plasma of SCC (Figure 2F). As for the AUCs of combinations, please see details in <u>Table S2</u>.

## EGFR intracellular mutations detection with platelets and plasma DNA

Fourteen NSCLC patients with AD were diagnosed with *EGFR* intracellular mutations with conventional tissue analysis. We extracted DNA of platelets and corresponding plasma from the 14 patients and detected *EGFR* intracellular mutations. Three plasma samples (NO. 6, NO. 11, and NO. 12 listed in Table S3) showed positive result in accordance with the result of tissue while there was no positive result in platelets (Figure 3). As for negative result and basic information of 14 patients, please see summary in Table S3.

## Platelets and plasma from NSCLC patients contain mRNA *EGFRvIII*

To determine whether circulating blood platelets and plasma isolated from NSCLC patients contain the RNA biomarker *EGFRvIII*, we compared platelets and plasma from 110 ADs and 95 SCCs to 50 healthy people. Among 205 NSCLC patients, *GAPDH* was detected in all blood platelets and

Table 2 Correlation {	oetween MA	AGI2-A	S3 and ZFAS	I level and clinic	al paramet:	ers of NSC	CLC							
<b>Clinical parameters</b>	Group	<b>_</b>	Platelet	MAGI2-AS3	p-value	Plasma	MAGI2-AS3	p-value	Platelet	ZFASI	p-value	Plasma	ZFASI	p-value
			Low	High		Low	High		Low	High		Low	High	
Histology	AD	68	32	36	0.480	33	35	0.778	35	33	0.394	34	34	0.886
	SCC	33	81	15		17	16		4	61		16	17	
Age	<60	48	22	26	0.482	21	27	0.271	24	24	0.776	61	29	0.058
	≥60	53	28	25		29	24		25	28		31	22	
Gender	Male	74	37	37	0.869	38	36	0.463	35	39	0.685	37	37	0.869
	Female	27	13	14		12	15		4	13		13	4	
Smoking	Negative	40	16	24	0.122	8	22	0.327	81	22	0.567	61	21	0.774
	Positive	61	34	27		32	29		31	30		31	30	
TNM stage	Ξ	25	ъ	20	0.00 l ª	6	61	0.003ª	9	61	0.005ª	8	17	0.044ª
	N–II	76	45	31		44	32		43	33		42	34	
Invasion	TI-T3	73	33	40	0.163	36	37	0.951	33	40	0.283	32	41	0.066
	Т4	28	17	=		4	14		16	12		18	01	
Lymph–node metastasis	0 N	36	12	24	0.016 <sup>a</sup>	12	24	0.023ª	17	61	0.847	17	19	0.733
	NI-N3	65	38	27		37	28		32	33		33	32	
Distant metastasis	ο	70	30	40	0.045ª	30	40	0.045 <sup>a</sup>	32	38	0.397	32	38	0.252
	Σ	31	20	=		20	=		17	4		8	13	
Note: ªOverall p<0.05. Abbreviations: AD, adenoc	carcinoma; MA(	GI2-AS3,	MAGI2 antisens	ie RNA 3; NSCLC, no	on-small-cell lu	ung cancer; SC	CC, squamous cell c	arcinoma; TNN	1, tumor–node		ZFASI, ZNFX	l antisense Rl	NA I.	

Luo et al

plasma samples, and EGFRvIII was detected in three (one in ADs and two in SCC) blood platelets and the corresponding plasma samples (Figure 4A, B). In addition, among 50 healthy people, none of the blood platelets and plasma samples detected EGFRvIII expression, but GAPDH was detected in all blood platelets and plasma samples (Figure 4C, D). Our data suggested that EGFRvIII can also be detected in blood platelets and there was no difference with detection in plasma. To verify whether EGFRvIII expression of platelets was contaminated by plasma, we performed the following analysis. First, we mixed the EGFRvIII-positive plasma and EGFRvIII-negative platelets, then separated platelets and detected EGFRvIII expression, and the result showed that there was not EGFRvIII expression in platelets (Figure S3A). Second, we mixed the EGFRvIII-positive platelets and EGFRvIII-negative plasma, then separated plasma and detected EGFRvIII expression, and the result showed that there was not EGFRvIII expression in plasma (Figure S3B). Taken together, these results suggested that the EGFRvIII expression we detected was specific to platelets.

#### Discussion

For decades, systematic empirical research on NSCLC has identified some prognostic factors and several biomarkers.<sup>27</sup> However, the prognosis of NSCLC remains quite poor and the 5-year survival rate for NSCLC patients is low, because most patients are diagnosed at an advanced stage of NSCLC. Recently, the clinical application of liquid biopsy in NSCLC progressively proved a pivotal tool for screening and early detection of cancer,<sup>28</sup> including TEPs, exosomes, circulating cell-free tumor DNA, and circulating tumor cells.

Here, we have examined the use of TEPs and plasma for a noninvasive assessment of lncRNAs and found that TEP is also a promising biosource similar to plasma. We investigated the clinical value of MAGI2-AS3, LOC100507632, FOXF1-AS1, LOC100499467, and ZFAS1. However, we could not detect LOC100507632, FOXF1-AS1, and LOC100499467 which might be due to the low abundance in platelets and plasma, suggesting that not all of the lncRNAs can be detected in platelets. As for MAGI2-AS3, NSCLC patient platelets and plasma were significantly downregulated in line with the results from GEO. For ZFAS1, previous study<sup>29</sup> suggested that ZFAS1 is significantly downregulated in human breast cancer, where it serves as a tumor suppressor gene in tumorigenesis and progression, while another study<sup>30</sup> showed that ZFAS1 is frequently amplified in hepatocellular carcinoma and functions as an oncogene. Thus, the roles of ZFAS1 in cancers are complex and might play a dual role depending

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Figure 2 Diagnostic value of MAGI2-AS3 and ZFAS1 in adenocarcinoma and SCC.

Notes: (A) The ROC curve analysis for the diagnostic value of MAG/2-AS3 in platelets from adenocarcinoma (AUC=0.853, 95% Cl=0.789–0.918, p<0.0001) and (AUC=0.866, 95% Cl=0.802–0.929, p<0.0001) in plasma. (B) The ROC curve analysis for the diagnostic value of MAG/2-AS3 in platelets from SCC (AUC=0.892, 95% Cl=0.819–0.965, p<0.0001) and (AUC=0.887, 95% Cl=0.813–0.961, p<0.0001) in plasma. (C) The ROC curve analysis for the diagnostic value of ZFAS1 in platelets from adenocarcinoma (AUC=0.780, 95% Cl=0.701–0.858, p<0.0001) and (AUC=0.806, 95% Cl=0.71–0.881, p<0.0001) in plasma. (D) The ROC curve analysis for the diagnostic value of ZFAS1 in platelets from adenocarcinoma (AUC=0.780, 95% Cl=0.744, 95% Cl=0.641–0.848, p<0.0001) and (AUC=0.908, 95% Cl=0.663–0.878, p<0.0001) in plasma. (E) The ROC curve analysis for the diagnostic value of ZFAS1 in platelets from adenocarcinoma (AUC=0.908, 95% Cl=0.853–0.963, p<0.0001) and (AUC=0.890, 95% Cl=0.834–0.946, p<0.0001) in plasma. (F) The ROC curve analysis for the diagnostic value of merged MAG/2-AS3 and ZFAS1 in platelets from adenocarcinoma (AUC=0.908, 95% Cl=0.833–0.963, p<0.0001) and (AUC=0.890, 95% Cl=0.848–0.990, p<0.0001) in plasma. (F) The ROC curve analysis for the diagnostic value of merged MAG/2-AS3 and ZFAS1 in platelets from SCC (AUC=0.919, 95% Cl=0.848–0.990, p<0.0001) and (AUC=0.902, 95% Cl=0.833–0.972, p<0.0001) in plasma.

Abbreviations: AD, adenocarcinoma; AUC, area under the ROC curve; MAGI2-AS3, MAGI2 antisense RNA 3; ROC, receiver operating characteristic; SCC, squamous cell carcinoma; ZFAS1, ZNFX1 antisense RNA 1.

on the tumor. It has previously been demonstrated that other small noncoding RNAs, such as microRNAs, can play a dual role as an oncogene or a tumor suppressor gene according to the cellular context.<sup>31</sup> In addition, piRNAs can also play a dual role depending on the tumor. For example, piR-823 has been shown to act as a tumor suppressor in gastric cancer<sup>32</sup>





Figure 3 ARMS-PCR for EGFR intracellular mutations detection.

Notes: (A), (B), (C) EGFR intracellular mutation cannot be detected in NO.6, NO.11, and NO.12 patient platelets. (D), (E), and (F) EGFR intracellular mutation can be detected in NO.6, NO.11, and NO.12 patient plasma.

Abbreviations: ARMS, amplification-refractory mutation system; EGFR, epidermal growth factor receptor.



Figure 4 EGFRvIII expression in platelets and plasma derived from NSCLC patients.

Notes: (A) *EGFRvIII* expression in 3 NSCLC platelets and plasma. (B) *GAPDH* expression as positive control in patients' platelets and plasma, three controls' results are shown here as an example. (C) No *EGFRvIII* expression in 50 healthy controls, and four individuals' results are shown here as an example. (D) *GAPDH* expression as positive control in healthy individuals' platelets and plasma. Four individuals' results are shown here as an example.

Abbreviations: EGFR, epidermal growth factor receptor; NSCLC, non-small-cell lung cancer.

and as an oncogene in multiple myeloma.<sup>33</sup> In our study, we found that *ZFAS1* was significantly downregulated in platelets and plasma, which was in contrast to the high expression in NSCLC tissue samples as demonstrated in previous study,<sup>34</sup> and this phenomenon might be explained by the expression of *ZFAS1* detected in plasma and platelets which could have come from circulating cells rather than from tumor cells.

Meanwhile, we analyzed the diagnostic value of ZFAS1 and MAGI2-AS3 and found that molecular interrogation of platelet lncRNA ZFAS1 and MAGI2-AS3 can offer valuable diagnostics information for NSCLC patients analyzed, of both MAGI2-AS3 (AUC is 0.853 in AD and 0.892 in SCC) and ZFAS1 (AUC is 0.780 in AD and 0.744 in SCC). More importantly, combination of two lncRNAs possessed a better

ability for discrimination between NSCLC and controls. We also analyzed the correlation between plasma lncRNA and platelet lncRNA, and we found that there was moderate correlation between both *MAGI2-AS3* (r=0.738, p<0.0001) and *ZFAS1* (r=0.751, p<0.0001). Furthermore, we found the correlation between the two lncRNAs' level and the clinicopathologic characteristics of the 101 NSCLC cancer patients and found that the expression level of *ZFAS1* is negatively correlated to the TNM stage while *MAGI2-AS3* expression significantly correlated with TNM stage, lymph-node metastasis, and distant metastasis. These findings suggested that the use of TEPs as a biosource to diagnose cancer may enable earlier diagnosis of cancer, improve convenience for NSCLC patients, and ultimately serve as supplement for clinical oncologic decision-making.

TEP is an emerging source for liquid biopsy, confrontation of platelets with tumor cells through transfer of tumorassociated biomolecules and results in the sequestration of such biomolecules,<sup>35,36</sup> as shown in Figure 5. Numerous studies have emphasized the role of platelets in tumor biology, from a diagnostic standpoint of view, and TEPs carry important tumor molecular signature, with the potential to be used as a viable biosource for companion diagnostics and therapy selection.

In the present study, we extracted DNA of 14 platelets and plasma samples to detect EGFR intracellular mutations including 19-Del, L858R, T790M, 20-Ins, G719X, S768I, and L861Q by ARMS; our data suggested that only three plasma samples could detect EGFR mutation in accordance with tissue while there was no positive result in platelets, which also indicated there was no contamination of platelet DNA by plasma DNA, and the reasons that we analyzed to explain it are as follows: first, DNA in the blood of cancer patients is derived from cells that disintegrate by necrosis and apoptosis in expanding tumor tissue,<sup>37</sup> and this contributed to the results of plasma that were in accordance with the tissue; second, platelets reserve megakaryocyte-derived cytoplasmic pre-mRNA, some of which are spliced into mRNA,<sup>38</sup> but most of them are microRNAs accounting for 80%;<sup>39</sup> third, platelets can take up tumor-derived membrane vesicles such as exosomes that contain tumor-associated biomarkers;<sup>16,35</sup> however, tumor cells might tend to exploit circulating RNA as a means to "communicate" with their regional or distal environment than the DNA derived from



Figure 5 A schematic figure summarizing potential role of platelets in NSCLC.

Notes: Platelets communicate with tumor cells through uptaking of tumor-associated biomolecules and thus may serve as a potential diagnostic marker for NSCLC. Abbreviations: AD, adenocarcinoma; NSCLC, non-small-cell lung cancer; SCC, squamous cell carcinoma. necrosis or apoptosis.<sup>15,40</sup> Finally, the detection sensitivity of the ADx-ARMS *EGFR* mutation detection kit we used might be low.

Then, we shifted the focus of research to RNA of platelets. A previous study<sup>16</sup> has shown that blood platelets isolated from glioma patients contain the tumor-associated RNA biomarker EGFRvIII, and EGFRvIII has an in-frame deletion of the extracellular domain and is found in numerous types of human tumors. As EGFRvIII has been reported to be tumor specific and has oncogenic potential, it has been shown to be an extremely attractive target for anticancer therapy and is more sensitive to TK inhibition.<sup>41</sup> Duan et al<sup>42</sup> found EGFR*vIII* in eight of 114 (7.0%) in tissues of NSCLC patients. Therefore, we detected the EGFRvIII expression in TEPs and the corresponding plasma isolated from NSCLC; EGFRvIII was detected in three of 205 (1.5%) patients, including 2.1% (2/95) SCC and 0.9% (1/110) AD, and there was no difference with EGFRvIII detection between platelets and plasma. The data suggested that platelets are closely related to NSCLC and platelets contain tumor-derived RNA biomarker, which was consistent with the previous report.<sup>16</sup>

#### Conclusion

Our data suggested that TEP is a promising biosource to enable diagnosis of NSCLC, companion diagnostics of NSCLC, and improve convenience for NSCLC patients.

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#### Disclosure

The authors report no conflicts of interest in this work.

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