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ORIGINAL RESEARCH

# MicroRNA-194 regulates cell viability and apoptosis by targeting CDH2 in prostatic cancer

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**Introduction:** Prostate cancer (PCa) is one of the most common malignancies in men. However, a lack of understanding of the mechanism underlying PCa metastasis has strongly limited the effectiveness of therapy for this disease. Thus, investigating the mechanism of PCa may help improve the prognosis of PCa patients. The goal of this study was to investigate the role of microRNA-194 (miR-194) in PCa.

**Materials and methods:** The expression of miR-194 and cadherin 2 (CDH2) at the transcriptional level was measured by quantitative real-time polymerase chain reaction (qRT-PCR). The MTT assay cell apoptosis assay and Western blotting were used to determine the role of miR-194 and CDH2 in the PC3 human PCa cell line. The dual luciferase reporter assay system was performed to clarify the relationship between miR-194 and CDH2. qRT-PCR results showed that miR-194 was downregulated and CDH2 was upregulated in PC3 cells.

**Results:** Transfection with miR-194 mimics decreased cell viability and increased the rate of apoptosis compared with the control group of PC3 cells. Bioinformatics and the luciferase reporter assay indicated that CDH2 was a target of miR-194, and Western blot analysis suggested that CDH2 was negatively regulated by miR-194. Further studies revealed that the downregulation of CDH2 suppressed cell viability and promoted the apoptosis of PC3 cells and that miR-194 directly targeted CDH2 in PC3 cells. Finally, the in vivo experiments showed that miR-194 mimics suppressed tumor growth and induced apoptosis in a greater proportion of cells by decreasing the expression of CDH2 compared with the control group.

**Conclusion:** The results of this study showed that miR-194 targeted CDH2 to regulate PCa cell survival in vitro and suppress tumor growth in vivo. These findings suggest that miR-194 may be a useful therapeutic target in PCa.

Keywords: prostatic cancer, microRNA-194, CDH2, cell viability, apoptosis

#### Introduction

Prostate cancer (PCa) is one of the most common malignancies in men and is a heterogeneous spectrum of disease ranging from indolent to lethal malignancy.<sup>1</sup> Patients with advanced or metastatic PCa have poor prognosis and suffer from metastasis-related symptoms.<sup>2</sup> Currently, effective treatment options for castration-resistant PCa are quite limited.<sup>3</sup> Thus, there is an urgent need to identify more efficient, novel biomarkers that can be used to confirm the malignant potential of PCa and to predict patient clinical outcome, evaluate the risk of recurrence, and select optimized therapeutic strategies.<sup>4</sup> Furthermore, investigating the mechanism underlying PCa will improve current therapeutic modalities and increase the survival of PCa patients.

MicroRNAs (miRNAs) are a group of small non-coding RNAs (20–22 nucleotides) that post-transcriptionally regulate gene expression.<sup>5</sup> It is well known that some miRNAs are abnormally expressed in different types of tumors, which function

OncoTargets and Therapy 2018:11 4837-4844

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as oncogenes or tumor suppressors,<sup>2</sup> although studies have indicated that miRNAs may be involved in PCa progression and metastasis.<sup>6-9</sup> However, their precise roles in this disease have not been fully elucidated.

Cadherin-2 (CDH2), also known as N-cadherin, is a member of the cadherin family that regulates many biological processes.<sup>10</sup> It is upregulated in various cancers, including bladder, colorectal, and lung and gastric cancers.<sup>10–12</sup> How-ever, little research has been conducted to determine whether CDH2 is correlated with PCa.

In this study, we investigated the mechanism of the miR-194/CDH2 axis in regulating the pathological mechanisms in PCa cells. We found that miR-194 targeted CDH2 to regulate PCa cell survival in vitro and suppress tumor growth in vivo. The results of this study provide a better understanding of PCa pathogenesis, which indicate that miR-194 serve as a therapeutic target in PCa.

## Materials and methods Cell culture

Human PCa cell line (PC3) and normal prostate epithelial cell lines (RWPE-1) were obtained from the American Type Culture Collection (ATCC; Manassas, VA, USA). Cells were maintained in RPMI-1640 medium (Gibco, Carlsbad, CA, USA) supplemented with 10% fetal bovine serum (FBS) at 37°C and 5% CO<sub>2</sub>.

# Quantitative real-time polymerase chain reaction (qRT-PCR)

Total RNA was extracted from cells and tissues with TRIzol<sup>®</sup> reagent (Invitrogen, CA, USA) according to manufacturer's instructions. RNA was reverse transcribed into cDNA using PrimeScript RT reagent kit (TaKaRa, Dalian, China). qRT-PCR was performed with SYBR Premix Ex Taq (TaKaRa). GAPDH was considered as an internal normalized reference. The relative level was calculated by relative quantification (2<sup>-ΔΔCt</sup>) method. The primers used were as follows: miR-194: forward, 5'-ATGGACCTGGGAGCGACGAGGAAG-3' and reverse, 5'-TCTGGCCTGGGAAGGACTC-3'; GAPDH: forward, 5'-TGGTATCGTGGAAGGACTC-3' and reverse 5'-AGTAGAGGCAGGGATGATG-3'; CDH2: forward, 5'-GTCAGCAGAAGTTGAAGAAATAGTG-3'.

### Transfection

Cells were cultured for 24 h and seeded into 96-well plate for transfection. miR-194 mimic (20 nmol/L) and negative control (NC) (20 nmol/L) were purchased from Genscript (Shanghai, China) and were used according to manufacturer's protocol. CDH2 small interfering RNA (siRNA) (20 nmol/L) and NC (20 nmol/L) were synthesized by GenePharma. Then they were transfected into cells using Lipofectamine<sup>TM</sup> 2000 reagent. After 48 h incubation, transfected cells were collected and purified.

### MTT assay

MTT assay was performed for cell viability detection. Different groups of cells were seeded into 96-well plate. Then, MTT solution (20  $\mu$ L, 5 mg/mL in phosphate buffered saline [PBS]) was added to each wells and incubated at 37°C for 4 h. Then the absorbance at 492 nm was measured and the proliferation efficiency was examined. The experiments were repeated three times independently.

#### Cell apoptosis assay

At 48 h post-transfection, the cells were collected and washed in ice-cold PBS. Annexin V-FITC/propidium iodide (PI) apoptosis detection kit (Multisciences, Shanghai, China) was used to assess cell apoptosis according to the manufacturer's instructions. The cells were incubated with 5  $\mu$ L of Annexin V-FIFC for labeling for 15 min. Then 10  $\mu$ L of PI was added into each specimen. Cell apoptosis was analyzed in a flow cytometer (BD Biosciences). All experiments were performed in triplicate independently.

### Western blot

The cells and tissue were lysed with RIPA buffer. The protein concentration was determined using a BCA Protein Assay kit (Pierce Biotechnology, Rockford, IL, USA) according to the manufacturer's instructions. Protein lysates were separated by 10% SDS-PAGE gel and then transferred to polyvinylidene fluoride membranes (Millipore, Billerica, MA, USA). Membranes were blocked and incubated with CDH2 antibody (1:2,000, ab18203; Abcam, Cambridge, UK) or GAPDH antibody (1:5,000, sc-365062; Santa Cruz) at 4°C overnight, respectively. Then membranes were washed in tris buffered saline Tween (TBST) and incubated with horseradish peroxidase-conjugated secondary antibodies (1:5,000, ab197527; Abcam) for 1 h at room temperature. ECL Western blotting substrate (Pierce) was used for visualizing and detection.

### Luciferase reporter assay

For target gene assays, a wild-type (WT) 3'-UTR fragment of CDH2 containing the putative miR-194 binding sequence was inserted into a pmirGlO Dual-luciferase miRNA Target Expression Vector (Promega, Madison, WI, USA), while mutant (MUT) 3'-UTR was also cloned into the vector to generate CDH2-mutated-type contained mutated binding site. Cells at 60% confluence were co-transfected with CDH2-WT or CDH2-MUT and miR-194 mimics (20 nmol/L) using Lipofectamine<sup>™</sup> 2000. After 48 h, dual Luciferase reporter assay system (Promega) was used to evaluate the Luciferase activity following manufacturer's instructions.

#### Animal models

Male BALB/c nude mice were purchased from the experimental animal center of China Medical University. All animal studies were in accordance with the Guidance Suggestions for the Care and Use of Laboratory Animals made by the Ministry of Science and Technology of China. All the procedures involved in rats were approved by the Ethics Committee of China Medical University. Subcutaneously, mice were injected with  $2\times10^6$  PC3 cells transfected with or without miR-194 mimic, and healthy BALB/c mice were chosen as control group. Each group had 6 mice. The tumors' volume was measured every 5 days after injection. Tumor volume was calculated according to the following formula: tumor volumes (mm<sup>3</sup>) = length × width × height. After 30 days post-injection, tumors were collected.

#### **TUNEL** assay

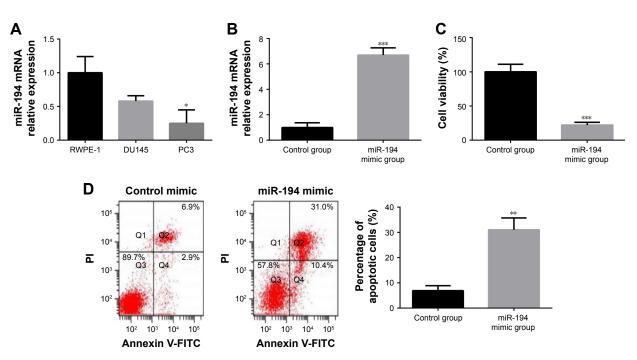
For detecting cell apoptosis in tumor tissues, TUNEL assay was performed using the TUNEL Apoptosis Assay Kit (Beyotime Institute of Biotechnology, Jiangsu, China) according to the manufacturer's instructions. Tumors tissues were fixed in 4% paraformaldehyde, dehydrated, embedded in paraffin, and cut into 4- $\mu$ m-thick sections. Tumor sections were incubated in 3% H<sub>2</sub>O<sub>2</sub> and then the sections were added in the TUNEL reaction mixture. The sections were subsequently rinsed and visualized using diaminobenzidine. Hematoxylin was used for counter-staining. The numbers of TUNEL-positive cells of 5 random fields were counted, and then the cell apoptosis rate was calculated as the percent of TUNEL-positive cells.

#### Statistical analysis

Experimental data were conducted using GraphPad Prism 4 software. The data were presented as mean  $\pm$  SD. Student's *t*-test and one-way ANOVA were used for statistical analyses. Differences were considered statistically significant at \**P* < 0.05, \*\**P* < 0.01, \*\*\**P* < 0.001, and \*\*\*\**P* < 0.0001.

### **Results** MiR-194 mimic suppresses PC3 cells survival

The expression level of miR-194 in PC3 cells was detected by qRT-PCR. The results showed that the relative expression of miR-194 was significantly downregulated in PC3 cells compared with the normal prostate epithelial cell line RWPE-1 (Figure 1A). Transfection with miR-194 mimics



**Figure 1** Differences in miR-194 expression between PCa cell line (PC3) and normal prostate epithelial cell line (RWPE-1), and suppression of PC3 cells survival by miR-194. (**A**) qRT-PCR results showed that miR-194 mRNA was significantly downregulated in PC3 cells than in RWPE-1 cells. (**B**) qRT-PCR analysis was used to determine the efficacy of miR-194 mimic in PC3 cells. (**C**) MTT analysis showed that upregulation of miR-194 suppressed PC3 cells survival. (**D**) Upregulation of miR-194 triggered apoptosis in PC3 cells ( $^{**}P < 0.001$ ,  $^{***}P < 0.001$ ).

Abbreviation: qRT-PCR, quantitative real-time polymerase chain reaction.

in PC3 cells markedly increased the expression of miR-194 compared with control cells (Figure 1B) and decreased cell viability (Figure 1C). The results of the cell apoptosis assay showed that the increased expression of miR-194 increased the apoptosis rate compared with control PC3 cells (Figure 1D). These results demonstrated that miR-194 mimics decreased cell viability and increased the apoptosis rate of PC3 cells.

# MiR-194 directly targets CDH2 in PC3 cells

To investigate the molecular mechanism by which miR-194 regulates cells survival, putative miR-194 targets were predicted through bioinformatics analysis, and CDH2 was shown to be a potential target of miR-194 (Figure 2A). We evaluated the mRNA and protein expression of CDH2 in PC3 cells by qRT-PCR and Western blotting, respectively, and found that CDH2 expression in PC3 cells was much higher than that in RWPE-1 cells (Figure 2B–D). Transfection of miR-194 mimics significantly decreased the expression of CDH2 (Figure 2E–G). In addition, the luciferase reporter assay showed that co-transfection of miR-194 mimics and WT CDH2 in PC3 cells led to a significant decrease in

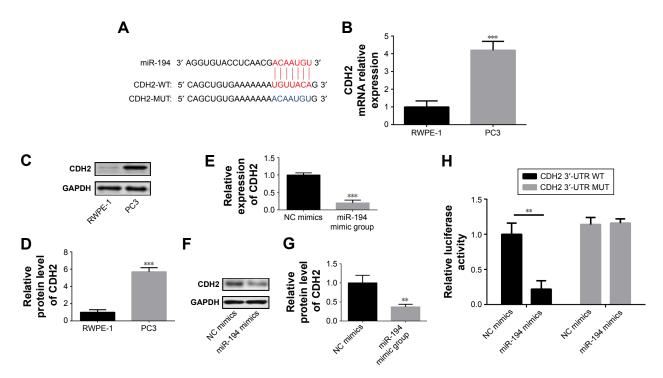
luciferase activity (Figure 2H). However, co-transfection of miR-194 mimic and MUT CDH2 did not lead to changes in luciferase activity compared to cells transfected with MUT CDH2 alone. These results confirmed that miR-194 targeted CDH2 and negatively regulated its expression.

# Downregulation of CDH2 suppresses PC3 cells survival

After understanding the relationship between miR-194 and CDH2, we explored the regulatory role of CDH2 in PC3 cells. To this end, PC3 cells were transfected with CDH2 siRNA to decrease its expression. Then qRT-PCR and Western blotting were conducted to determine transfection efficiency at the RNA and protein level (Figure 3A and B). CDH2 downregulation suppressed cell viability while promoting the apoptosis of PC3 cells (Figure 3C and D). These results showed that the downregulation of CDH2 suppressed PC3 cell survival.

# MiR-194 mimic suppressed tumor growth in vivo

A mouse model of PCa was used to explore the effects of miR-194 on tumor growth in vivo. Mice were injected with PC3 cells or miR-194 mimics transfected PC3 cells to



#### Figure 2 MiR-194 directly targeted the 3'-UTR of CDH2 mRNA.

**Notes:** (**A**) Schematic representation of the mature miR-194 sequence, putative miR-194 target site in the 3'-UTR of CDH2 mRNA. (**B**) qRT-PCR results showed that CDH2 mRNA was significantly upregulated in PC3 cells than in RWPE-1 cells. (**C**, **D**) The Western blot results showed that CDH2 proteins were more significantly expressed in PC3 cells than in RWPE-1 cells. (**E**–**G**) MiR-194 mimic transfection decreased the expression of CDH2 significantly. (**H**) Overexpression of miR-194 markedly decreased the relative luciferase activity in the WT 3'-UTR of CDH2 mRNA, while the mutated 3'-UTR of CDH2 was insensitive to miR-194 overexpression (\*\*P < 0.01, \*\*\*P < 0.001). **Abbreviations:** CDH2, cadherin 2; WT, wild type; MUT, mutant; NC, negative control; qRT-PCR, quantitative real-time polymerase chain reaction.

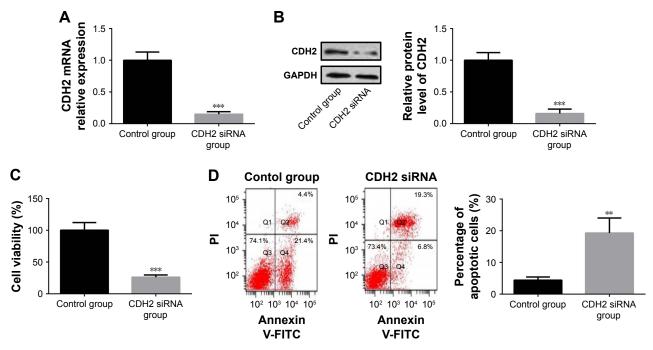


Figure 3 Downregulation of CDH2 inhibited PC3 cells survival.

**Notes:** (**A**) qRT-PCR analysis was used to determine the efficacy of CDH2 siRNA in PC3 cells. (**B**) Western blot results showed that CDH2 siRNA could decrease the CDH2 protein expression in PC3 cells. (**C**) Downregulation of CDH2 expression led to inhibition of PC3 cells survival. (**D**) Downregulation of CDH2 triggered apoptosis in PC3 cells (\*\*P < 0.01, \*\*\*P < 0.001).

Abbreviations: CDH2, cadherin 2; siRNA, small interfering RNA; qRT-PCR, quantitative real-time polymerase chain reaction.

form prostatic tumors. The tumor volume was significantly decreased by miR-194 mimic treatment compared with the control group (Figure 4A). The addition of miR-194 mimic more effectively suppressed tumor growth. Furthermore, our results also showed that miR-194 mimics induced apoptosis in a greater proportion of cells compared with the control group (Figure 4B). The relative protein expression of CDH2 was also significantly downregulated in the miR-194 mimic group compared with the control group (Figure 4C). Taken together, these data showed that miR-194 mimic suppressed tumor growth by decreasing CDH2 expression in vivo.

#### Discussion

PCa is a well-known epithelial malignant tumor characterized by frequent metastasis, and its growth and progression rely on the activation of androgen receptor.<sup>13–15</sup> However, a lack of understanding of the mechanism underlying PCa has strongly limited the effectiveness of therapy for this disease. Thus, understanding the molecular mechanism of PCa may help to improve the prognosis of PCa patients. The main aim of this study was to evaluate the effects of miRNA on the survival of PCa cells to gain a better understanding of the molecular mechanisms of PCa. To this end, we examined the expression of miR-194 in PC3 and normal prostate epithelial cells and found that miR-194 was dramatically downregulated in PC3 cells. In addition, we found that miR-194 modulated cell survival and tumor growth by targeting CDH2 (Figure 5).

Many studies have revealed the effect of miRNAs on tumor progression including regulating proliferation, metastasis, and chemoresistance of tumor cells.<sup>16-19</sup> In a previous study, the author analyzed the miRNA profile in hemolysisfree blood plasma of patients with PCa and found that the metastatic PCa was associated with increased levels of hsamiR-22-3p, hsa-miR-663a, and hsa-miR-4674 compared with non-metastatic PCa.20 Previous studies have found that the level of hsa-miR-619-5p was elevated in patients with extracapsular spreading of the tumor, increasing significantly from stage pT2 to stage pT4.21 The results of a previous study indicated that miR-194 could downregulate the expression of oncogenic matrix metalloproteinase (MMP) 2 and MMP9 by targeting bone morphogenetic protein 1, suggesting a potential novel mechanistic target by which phenethyl isothiocyanate suppresses PCa cell invasion.<sup>22</sup> Furthermore, overexpression of miR-194 in PCa cells could inhibit cell migration and invasion and induce multinucleated cells, and lentivirus-mediated stable expression of miR-194 in PCa cells reduced cell colony formation and decrease their tumorigenic ability.23 miR-194 also promoteed invasive capacity of PCa by inhibiting suppressor of cytokine signaling 2.24 Furthermore, miR-203 was highly upregulated in breast cancer tissues and

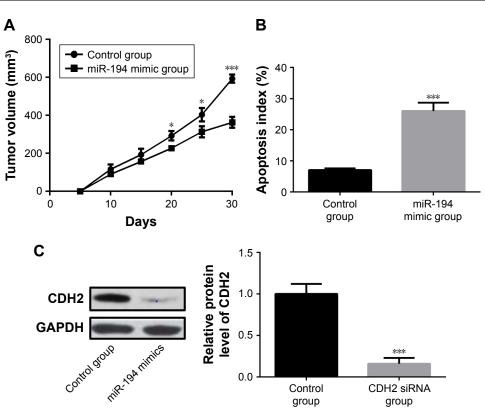


Figure 4 MiR-194 mimic suppressed tumor growth in vivo.

**Notes:** (**A**) Addition of miR-194 mimic more effectively suppressed tumor growth. (**B**) TUNEL assay was performed to detect cell apoptosis in tumor tissues. (**C**) Relative protein level of CDH2 was also significantly downregulated in miR-194 mimic group compared with control group (\*P < 0.05, \*\*\*P < 0.001). **Abbreviations:** CDH2, cadherin 2; NC, negative control.

estrogen receptor (ER)-positive breast cancer cell lines, and anti-miR-203 decreased mammosphere formation and the expression of stem cell markers in the MCF-7 and ZR-75-1 breast cancer cells. Therefore, anti-miR-203 may be a potential therapeutic strategy in ER-positive breast cancer.<sup>25</sup> Here, our present study explored the interaction between miR-194 and PCa cells survival. MiR-194 was shown to be downregulated in paclitaxel (PTX)-resistant ovarian cancer cell lines and its overexpression attenuated PTX resistance in these cells.<sup>26</sup>

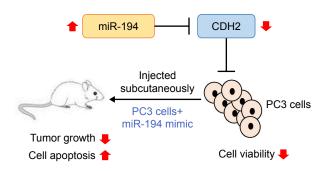


Figure 5 Schematic diagram of proposed mechanism.

**Notes:** Overexpression of miR-194 can suppress PC3 cells survival by inhibiting the expression of CDH2. In vivo, overexpression of miR-194 can suppress tumor volume and promote cells apoptosis. **Abbreviation:** CDH2, cadherin. In accordance with previous study, our data suggested that the expression of miR-194 was significantly decreased in PC3 cells. In addition, miR-194 targeted CDH2 to regulate PC3 cells survival in vitro and suppressed tumor growth in vivo.

Our study also revealed that CDH2 is a potential target of miR-194. CDH2 is a member of the cadherin family, which regulates many cellular processes including apoptosis, angiogenesis, and chemoresistance.<sup>27</sup> In addition, it is reported that CDH2 plays a significant part in the epithelial-mesenchymal transition (EMT).28 In a previous study, miR-194 was shown to inhibit tumor growth and osteosarcoma metastasis by downregulating CDH2 and insulin-like growth factor 1 receptor; thus, miR-194 may be a promising therapeutic agent for osteosarcoma.<sup>29</sup> Furthermore, a recent study also showed that miR-194 was significantly reduced in osteosarcoma compared with normal bone tissue and could inhibit the malignant behavior of osteosarcoma by downregulating CDH2 expression.<sup>27</sup> Our study showed similar results in that CDH2 was upregulated in PC3 cells compared with the normal prostate epithelial cell line. In addition, we observed that CDH2 expression was negatively regulated by miR-194. To further confirm our results, the luciferase reporter assay

was conducted to explore the interaction between CDH2 and miR-194 and the results showed that miR-194 directly targeted CDH2 in PC3 cells. Then, we further investigated the effects of CDH2 on survival of PC3 cells and found that downregulation of CDH2 inhibited the cell survival of PC3 cells. Transfection of miR-194 mimics suppressed tumor growth even more effectively, and the protein level of CDH2 was also significantly downregulated in miR-194 mimics group compared with control group. Taken together, the results of this study showed that miR-194 mimics suppressed PCa cells survival and tumor growth by negatively regulating the expression of CDH2 in PCa cells. However, in the current study, clinical validation was lacking and further studies are required to determine whether miR-194 and CDH2 can serve as novel therapeutic targets in PCa.

### Conclusion

In summary, our present study found that miR-194 targeted CDH2 to regulate PC3 cells survival in vitro and suppressed tumor growth in vivo. The newly found miR-194/CDH2 link provides new lights in the potential mechanism of PCa. As miRNA-based therapy is currently in clinical trial, our results indicate that miR-149 may be a novel candidate for PCa treatment.

#### Disclosure

The authors report no conflicts of interest in this work.

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