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REVIEW

# Nanotechnology, from quantum mechanical calculations up to drug delivery

#### Beata Szefler

Department of Physical Chemistry, Faculty of Pharmacy, Collegium Medicum, Nicolaus Copernicus University, Bydgoszcz, Poland Abstract: There are several reasons why nanotechnology is currently considered as the leader among the most intensively developing research trends. Nanomatter often exhibits new properties, other than those of the morphology of a continuous solid. Also, new phenomena appear at the nanoscale, which are unknown in the case of microcrystalline objects. For this reason, nanomaterials have already found numerous applications that are described in this review. However, among intensively developed various branches of nanotechnology, nanomedicine and pharmacology stand out particularly, which opens new possibilities for the development of these disciplines, gives great hope for the creation of new drugs in which toxicological properties are reduced to a minimum, reduces the doses of medicines, offers targeted treatment and increases diagnostic possibilities. Nanotechnology is the source of a great revolution in medicine. It gives great hope for better and faster treatment of many diseases and gives hope for a better tomorrow. However, the creation of new "nanodrugs" requires a special understanding of the properties of nanoparticles. This article is a review work which determines and describes the way of creating new nanodrugs from ab initio calculations by docking and molecular dynamic applications up to a new medicinal product, as a proposal for the personalized medicine, in the early future.

**Keywords:** fullerenes, nanoparticles, drug delivery, personalized medicine, ab initio, molecular dynamics

#### Introduction

In the last guarter of the century, fullerenes became one of the dominant discoveries in the field of physical chemistry. Fullerenes are a new allotropic form of carbon. Research on them has contributed to a huge number of scientific publications and their use is restricted by several hundred patents. In the year 1996, three explorers, Harold Kroto, Richard Smalley and Robert Curl, received the Nobel Prize in this field of chemistry, which confirmed the importance of this kind of science.<sup>1</sup> Not so long ago, it was thought that coal occurs in two allotropic forms that differ in their crystal structure, namely, diamond and graphite, but in 1985, the above-mentioned scientists revolutionized knowledge about carbon and discovered a new allotropic variety, a caged form of carbon.<sup>2</sup> The crystal structure of fullerenes is completely different from graphite and diamond, since it is made up of  $C_{60}$  and  $C_{70}$  carbon molecules. There are two fundamental differences between graphite, diamond and fullerenes. The first two mentioned varieties of carbon occur in atomic form, while fullerenes are its molecular form. In the crystalline networks of diamond or graphite, peripheral atoms are saturated with other elements, most often more reactive hydrogen; so, formally, carbon in these varieties does not occur in pure form. Fullerenes, on the

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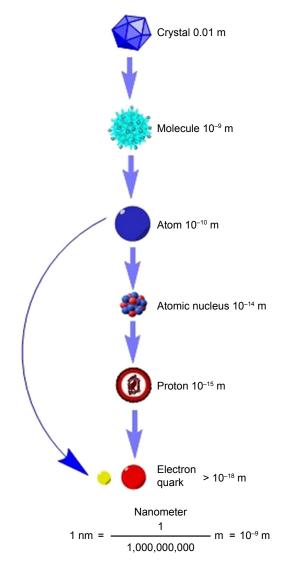


Figure I How small is the nanometer?

other hand, are a variety of pure carbon. The discovery of fullerenes and the enormous development of research in this field have led to increased knowledge about carbon nanostructures. At the beginning of the 90s, carbon nanotubes (CNTs), carbon nanocrystallites with onion structure and carbon nanocapsules were discovered. Nanotechnology is an absolutely new quality in technology and, at the same time, it is something so different that it cannot be compared to anything else. It is an action in the world of small objects with sizes reaching individual molecules of chemical compounds. The smallest objects which man had dealt with were located on a micro-scale, which means that they were described in millionth of a meter. This was practically enough to deal with the anatomical description of the cells of living organisms and some of their structural parts. A limitation of the study of smaller structures was the resolution of optical microscopes. After the invention of the electron microscope in 1931, it became possible to distinguish two separate points even closer together. Nanotechnology can be defined as a science dealing with objects for which the smallest elementary particle does not exceed 100 nm even in one plane (Figure 1). This size is, in fact, comparable with the size of macromolecules such as enzymes or receptors (about 5 nm) and is smaller than the human cell, whose size is estimated at 10,000–20,000 nm.<sup>3–5</sup>

This technology interferes with the structure of matter at the molecular level, and thanks to this, we can count on the rapid development of certain fields of science, particularly material engineering, as well as chemistry, electronics, optics, pharmacy, medicine and cosmetology. Thanks to nanostructures, many physicochemical properties of substances, for example, melting point and color, can be controlled.

#### Structure

Fullerenes are (besides graphite and diamond) the third allotropic form of carbon. This name covers the entire family of molecules with the general formula C2n (n>16), in which the surface of the solid is built of only carbon atoms, located only on its surface (Figure 2).

Among the large fullerene family, fullerenes containing 60 or 70 carbon atoms are the most widespread (Figure 3) and, at the same time, the best-known ones.<sup>3,6,7</sup> Studies of carbon clusters by mass spectrometry show that the "carbon ball family" is almost infinitely large. The knowledge of higher fullerenes is quite limited due to their much lower availability. The most popular fullerene (Figure 3), containing 60 carbon atoms (the Buckminster fullerene  $C_{60}$ ), has the shape of a truncated icosahedron, that is, it looks exactly like a football.  $C_{70}$ , on the other hand, has an additional ring of carbon atoms and it is the best-known higher fullerene. Compared to  $C_{60}$ , its molecule has a hexagonal ring band attached to the middle, which reduces the symmetry of the fullerene cage.  $C_{70}$  has an ovoidal structure and has physicochemical properties similar to  $C_{60}$ .

These particles have many interesting qualities, and their electrochemical properties (Figure 4) are particularly interesting and intensely studied.<sup>8–20</sup>

Due to its spatial structure, the fullerene molecule  $C_{60}$  enjoys the greatest attention from scientists and it is considered to be an "ideal" structure (Figures 4 and 5). The  $C_{60}$  fullerene molecule has the shape of a spheroid, or more precisely a truncated icosahedron, which has

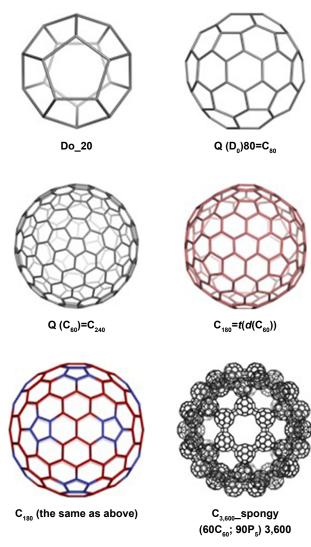


Figure 2 Fullerenes and a hyper-fullerene (bottom right corner).

60 vertices, each constituting one carbon atom (Figure 5). According to the theoretical proof of L Euler,<sup>224</sup> a symmetrical solid with C20+2n vertices must be enclosed by 12 pentagons and n hexagons. The smallest carbon cluster that meets this rule is  $C_{60}$  and its particles have a diam-

eter slightly greater than 1 nm. Each of the  $C_{60}$  fullerene carbon atoms is surrounded by an identical environment; therefore, all atoms are equal and the molecule does not contain weak points of chemical interactions. Although the wrapping of the graphite layer in the carbon cage is accompanied by stresses, thanks to symmetry, they are distributed evenly across the molecule.<sup>22</sup>  $C_{60}$  molecules have a symmetrical structure and, thanks to that, they are extremely durable.<sup>23</sup>

### **Fullerenes classification**

The multi-atom carbon fullerenes are completely empty inside and have a sufficiently large inner diameter to accommodate even the largest atoms of chemical elements (Figure 6), including radioactive elements and noble gas atoms (endohedral fullerenes).<sup>24–26</sup> Exohedral fullerenes, on the other hand, are fullerenes to which foreign atoms are joined from the outside of the fullerene cage. Heterofullerenes are fullerenes in which the carbon atoms are replaced by other atoms (Figure 7).

The results of research on the synthesis of endohedral fullerenes with uranium proved to be a surprise. The formation of a stable U @  $C_{28}$  structure was proved, and also, model calculations showed that  $C_{28}H_4$  fullerene having four external hydrogen atoms should be a very stable structure. Thus, the search for the smallest fullerene that can bind some chemical outside or inside the atoms of its cage seems to be an extremely important task.

The creation of new nano-objects requires a special understanding of the properties of nanoparticles, and because the carbon allotropy has a dominant role in nano-domain, both for theoretical reasons and their further applications, zero-, one-, two- and three-dimensional carbon-based structures were studied, such as fullerenes, nanotubes, graphene, spongy carbon and hyper-diamonds. As nano-structured functional materials, inorganic compounds such as silicates,

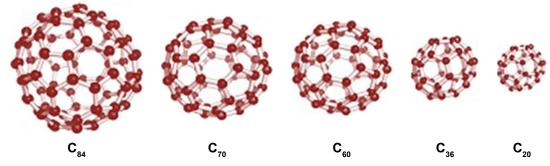


Figure 3 The most popular fullerenes.

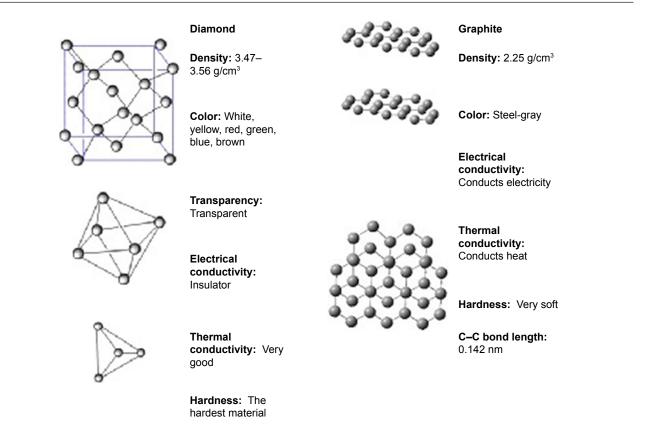


Figure 4 Allotropic varieties of carbon. Note: Data from Dubois et al.<sup>21</sup>

borates, selenides, sulfides and oxides have also found several applications. Action at the molecular level has led to the development of nanotechnology in many areas such as material engineering, chemistry, biology and cosmetic area, but in pharmacology and medicine, and quantum computing, it can be useful in providing the theoretical background for new syntheses and applications. Properties of fullerenes result mainly from their aromatic character.

# Physicochemical properties of fullerenes

Fullerenes exhibit several similar general physicochemical properties. They do not dissolve well in typical organic solvents (much better in aromatic than in aliphatic ones),

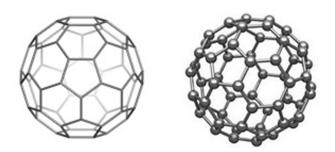
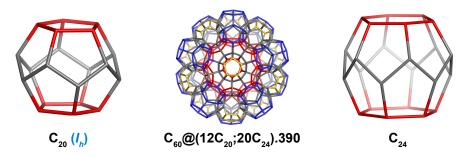


Figure 5 Spatial structure of the fullerene molecule C<sub>60</sub>

and the best solvents include benzene and its derivatives, toluene and carbon disulfide. Maximum solubility at 280 K does not increase with increasing temperature. The solution of  $C_{60}$  in toluene is purple and  $C_{70}$  is red. Fullerenes are easily solvated/combined with solvent molecules to form stable complexes. C60 molecules form a crystalline structure and their geometric structure corresponds to beveled regular icosahedron and has 12 pentagonal rings, 20 hexagonal rings and 30 double bonds located in six-membered rings. Fulleryte with a density of 1.65 g/cm<sup>3</sup> has the distance between centers equal to 1,004 nm and it is an electrical insulator. Despite the initially expected chemical inactivity of C<sub>60</sub> and its derivatives, it turned out that fullerenes can be functionalized. Based on the way of functionalization, it was distinguished into exo- and endohedral forms of fullerenes and heterofullerenes.

 $C_{60}$  and its homologues have interesting and often unique properties; hence, they show potential applications in many areas such as superconductivity, photo-optics, biochemistry, catalysis, material and fuel engineering. The physicochemical properties used in the areas of prospective application of fullerenes are illustrated in Figure 8:

In the 90s, CNTs, carbon nanocrystallites with "onion" structure and carbon nanocapsules were discovered.



**Figure 6** Examples of small and large fullerenes. **Note:** Data from Jones<sup>23</sup> and Guo et al.<sup>27</sup>

Nanotubes are single-walled or multi-walled carbon tubes with a diameter of even <1 nm and lengths larger by many orders of magnitude with extremely interesting physico-chemical properties.

The development of research in this field preceded by the discovery of fullerenes had resulted in tremendous increase in knowledge about the carbon nanostructure.

## **Chemical properties (aromaticity)**

Fullerenes and other nanoparticles are aromatic structures. Aromaticity is used to describe the durability and reactivity of structures containing delocalized  $\pi$  electrons.<sup>28–33</sup> However, the delocalization of  $\pi$  electrons alone does not justify the particular durability that aromatic compounds have. The  $\pi$  electron cloud must contain a certain number of electrons, fulfilling the Hückel rule. The cyclic (planar)  $\pi$  electron system with (4n+2) electrons is more stable than the system containing (4n) electrons. Aromaticity is a multidimensional concept. Due to the complexity of the phenomenon of aromaticity, one parameter is not enough to describe it. The statistical surveys conducted show that two or even three independent indices are necessary to describe the variability of the aromatic character, hence the diversity of indexes describing the aromaticity of compounds.

In the "energetic criterion",<sup>34-37</sup> the concept of energy criterion is based on resonance energy and aromatic

stabilization energy. This concept results from Pauling's theory of valence bonds. One of the effects of  $\pi$  electron delocalization is to increase the thermodynamic durability of molecules compared to similar structures in which such delocalization is not possible. However, in the case of nanoparticles, their stability and reactivity is related not only to the energy criterion, but also, above all, to their deformation.

In the "electronic criterion",<sup>34,35,38</sup> the distribution of  $\pi$  electron can be represented by the numerical structures of the Kekulé values, allowing the construction of one numerical structure to superimpose the geometric structures of Kekulé. An example may be icosahedral C<sub>60</sub> which has 12,500 such structures. The higher the Kekulé structure, the higher is the stability.

Schleyer proved that the aromatic compounds are those structures that exhibit high magnetic susceptibility, "magnetic criterium".<sup>39–45</sup> The basis of research is the chemical shift of protons in the nuclear magnetic resonance spectrum. The greatest influence on such chemical shifts has local diamagnetic currents, paramagnetic currents acting on further distances and annular electron currents. In case of fullerenes, aromaticity as assessed by magnetic criteria reflects reactivity and stability.

The "geometrical criterion" says that in aromatic compounds, the carbon–carbon bond lengths are the same, and single and double bonds cannot be distinguished.<sup>34,35,46–52</sup>

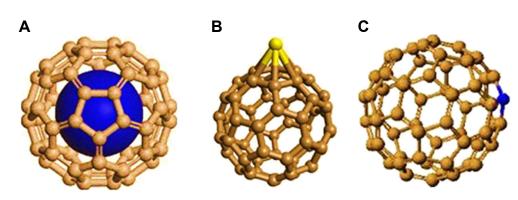
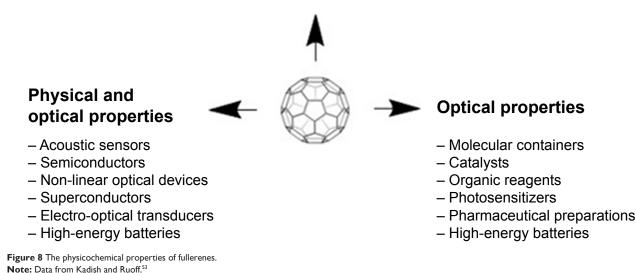


Figure 7 Endohedral fullerene (A), exohedral fullerene (B) and heterofullerene (C).

# **Physical properties**

- Lubricating materials
- High-strength fibers
- Molecular membranes
- Thin layers and diamonds
- Abrasive materials
- Acoustic sensors
- Molecular containers



The most frequently used index of aromaticity based on this criterion is the Harmonic Oscillator Model of Aromaticity (HOMA) index. Originally defined for hydrocarbons, it was later extended to heteroatom-containing compounds. The "structural/geometric criterion" predicts for  $C_{60}$  bond length variation between [6,6]- and [5,6]-bonds. Based on experimental data, the [6,6]-bonds are shorter than [5,6]-bonds in neutral fullerenes.

As the carbon allotropy has a dominant role in the nano-field, both for theoretical reasons and for further application prospects, the following carbon structures were tested: fullerenes, nano-pipes, graphite, diamond and spongy blocks of CNTs, namely, from zero-, to three-dimensional structures. In this way, several articles and several chapters of books were created.

# Circulenes

A circulene is a molecule that looks like a flower<sup>17</sup> with a core and surrounding petals. The general formula is  $[n:(p_1,p_2)_{n/2}]$ , where *n* is the size of the core polygon and  $p_i$  are the polygonal petals. For n>6, the molecule is saddle shaped, whereas for n<6, it has a bowl-shaped geometry.<sup>54–56</sup> The second type of

#### circulenes is useful in the synthesis of fullerenes,<sup>57,58</sup> while the first type can be found in the spongy carbon.<sup>59–61</sup>

Two types of fullerenes, one with joined patches and the other one with disjoined patches, are shown in Figure 9.

In Figure 10 are shown coronene  $[6:6_6]$ , isocoronene  $[6:(5,7)_3]$  and sumanene  $[6:(5,6)_3]^{63}$  circulenes.

The stability of the considered polycyclic compounds was estimated on the total energy per C atom and highest occupied molecular orbital(HOMO)-lowest occupied molecular orbital (LUMO) gap,<sup>63</sup> which can represent chemical hardness and is also an indicator of the molecular kinetic stability. The aromatic character of various flowers was estimated on three criteria: magnetic nuclear-independent chemical shifts (NICS)<sup>62</sup> (1 Å above and below the geometric center of gravity of the ring and in the middle of the aromatic ring), energetic (heats of formation) and geometric HOMA index (Figures 9 and 10).<sup>63</sup>

# Diamond D5

Diamond D5<sup>8,16,64</sup> is a hyperdiamond with pentagonal rings, built up on the frame of mtn structure, appearing in clathrate hydrates of type II. The  $C_{17}$  (centrohexaquinane)

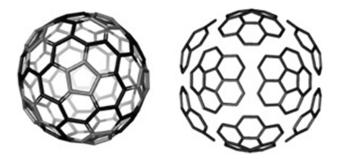


Figure 9 The [5:6<sup>5</sup>] patch in fullerenes: joint patch in  $C_{_{140}}$  (left) and disjoint patch in  $C_{_{240}}$  (right).

was proposed<sup>64</sup> as the seed of D5. However, the classical diamond is Diamond D666-72 (Figure 11A), built of hexagonal rings with sp3 carbon atoms, and it is used in technology and jewelry because of its mechanical characteristics and esthetic appeal. Ultrasound cavitation,<sup>73</sup> chemical vapor deposition and high pressure-high temperature are applied to produce synthetic diamonds. A hexagonal network is called lonsdaleite (space group P63/mmc),<sup>74</sup> and several diamond-like networks have also been proposed.65,75,76 Some multitori were proposed by Diudea and Ilíc<sup>77</sup> (Figure 11C). For example, the name of diamond D5 was given by Diudea<sup>8,16,64,77,78</sup> for structures with pentagonal rings.<sup>8,16,64,77</sup> As it was presented earlier, the seed of this diamond is C<sub>17</sub> centrohexaquinane earlier studied by Gund and Gund,<sup>79</sup> Paquette and Vazeux<sup>80</sup> and more recently by Kuck.<sup>81–83</sup> The hyperdiamond D5 belongs to the space group Fd-3m<sup>84,85</sup> and is built up in the frame of mtn structure as a trinodal net. However, D5 belongs to the type II clathrate  $C_{34}$ .<sup>86</sup> This family of clathrates is a Si<sub>34</sub>-analog, which was already synthesized. C<sub>34</sub> is the repeating unit of the diamond D5 network and is formed by dimerization of two molecules of C<sub>17</sub> (Figure 11B). An adamantine ada\_20\_158 (Figure 11D, left) can also condense to form the diamond D5 network (Figure 11D, right). The main unit of the hyper-diamond D5 can be  $C_{20}$ . In a large enough network,

the ratio C-sp3/C-total renders to 1. The net is called the diamond  $D5^{8,16,64}$  because most of the rings in the molecule are pentagonal.

During the study of diamond D5, four carbon structures were investigated based on C17 skeleton, built of carbon atoms or from carbon and oxygen atoms. The research was carried out using the molecular dynamics (Amber) and the ab initio methods at discrete Fourier transform (DFT) level. The structural stability was assessed on the basis of root-meansquare deviation (RMSD) and the total potential and kinetic energy obtained after molecular dynamics simulations. The four hypothetical seeds of D5 were used for structural and energy stability studies of the all-carbon structure  $C_{17}$ and the ones built from carbon and oxygen atoms (trioxa derivatives of  $C_{17}$ ), as shown in Figure 11. The isomer P1 was synthesized by Paquette and Vazeux<sup>80</sup> (Figure 11C), while  $D_1$  and  $D_2$  were proposed by Diudea<sup>8</sup> (Figure 11E). The last structures would be used in dimerization to  $C_{34}$ , with the repeating unit<sup>86</sup> called D5.

The all-carbon seed  $C_{17}$  was the most resistant to changes in temperature during all molecular dynamics, while  $D_2$ isomer was the most sensitive to changes in temperature among the four studied structures. The structural stabilities of  $P_1$  and  $D_1$  isomers were similar and only slightly more sensitive to temperature as compared with the all-carbon  $C_{17}$ in molecular dynamic (MD). The structure of  $D_1$  was the most stable also after optimization at the DFT level of theory.

In the future, the results can have a practical aspect and can be used for dimerization reactions to  $C_{34}$  and condensation to adamantane-like structures, finally leading to diamond D5.

#### Polybenzenes

The structural stability (Hartree–Fock [HF] level, DFT) with respect to  $C_{60}$  as well as to diamonds (D5 and D6) has also been estimated for polybenzenes.<sup>15</sup> O'Keeffe et al<sup>87</sup>



Figure 10 Circulenes with hexagonal core: coronene (left); isocoronene (middle) and sumanene (right).

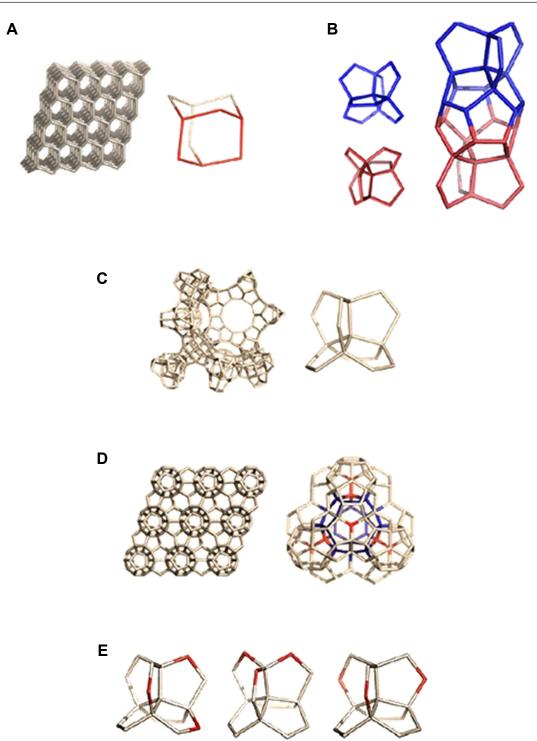


Figure 11 The repeating units, in crystallographic terms, of the diamond D5 and D6 networks. Notes: (A) Diamond  $D_6$  and its repeating unit adamantane. (B) Two  $C_{17}$  units give a dimer  $C_{34}$ ; (C) the  $C_{17}$ ; (D) adamantane; (E)  $C_{17}$  hexaquinane triooxo-derivatives:

Paquette  $P_1$  and Diudea,  $D_1$  and  $D_2$ .

projected two kind of structures:  $6.8^2 D$  (polybenzene, Figure 12), belonging to the Pn3m space group with the topology of diamond, and  $6.8^2P$ , belonging to the Im3m space group, similar to *P*-type surface. Both described

structures show higher stability compared to  $C_{60}$ . The 6.8<sup>88</sup> *D* that can stay as an insulator, 6.8<sup>88</sup> *P* that is metallic, as well as zeolites and spongy carbon represent schwarzite structures.<sup>88–91</sup>

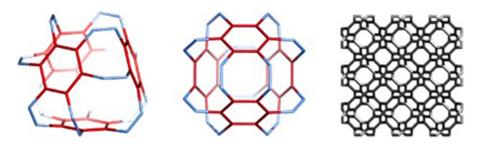


Figure 12 Benzene rings in the D-surface; BTA\_48=6.82 D (left) BTA\_48 unit (middle) and its diamondoid BTA\_f\_-network (in a [K,K,K]-domain, k=3, right).

Polybenzenes can spherically evolve or show linear periodicity (Figures 12 and 13). In this way, two structures are created, namely, BTA\_48 and BCZ\_48, respectively (Figures 12 and 13, left), colloquially called an armchair (BTA\_48) and a saddle (BCZ\_48). Tetrahedral unit BTA\_48 can be possibly identified either by octagons R(8) or by dodecagons R(12). Identification by R(8) leads to  $6.8^2 f_{cc}$ -net (Figure 12, right), with the topology of D<sub>6</sub>-diamond.<sup>92,93</sup>

There are oligomers of BTA\_48 such as  $BTA_{2ecl}$ \_90 (Figure 14, left) and  $BTA_{Cy5}$ \_210 (Figure 14, middle) and the multitorus  $BTA_{20}$ \_780 (Figure 14, right), where the second structure can be built of the first and the third structure can be built of the second by self-arranges, respectively.

The 3-periodic net BTZ24<sub>anti-</sub>333 with { $6.9^2$ }; 3-c net "*uta*" belongs to the *Fd-3m* space group (Figure 15). A quasispherical structure of icosahedral symmetry can be created by 12 units of BTZ<sub>20</sub> in self-arrangement. The 1-periodic networks can be formed by the units BTA<sub>20</sub> and BTZ<sub>20</sub> (Figure 15).

The results showed a significant stability of these structures, which gave a further perspective on their synthesis in the laboratory. Therefore, the Raman spectra and the infrared spectra were tested.

After calculations, the most stable were BTA\_48 and BCA\_96, both structures with values of Etot/atom(au) equal to 38.156 au. On the other hand, the least stable structure

was BCZ\_72 (Etot/atom(au) equal to 38. 056 au). However, the BCZ\_48 structure showed the highest value of geometry index of aromaticity HOMA (0.989).

As suggested O'Keeffe et al,<sup>87</sup> the stability of polybenzene based on HOMO–LUMO HL gap and values of Etot/C was over that of the reference  $C_{60}$  fullerene and resembled the stability of diamond networks.

The values of Etot/atom, HOMA and HOMO–LUMO gap calculated after optimizations at HF (HF/6–31G\*\*) and DFT (B3LYP/6–311+ G\*\*) levels of theory revealed that the stability of dendrimers decreased monotonically with the increasing number of atoms, and also, the dendritic dimer was less stable than the dia-dimer. Compared to the reference  $C_{60}$ , all tested polybenzenes, that is, dendritic dimer and dia-dimer were very stable.

During the study, a structure construction of the network units of polybenzene, described by O'Keeffe et al,<sup>87</sup> was proposed. Their stability, relative to fullerene  $C_{60}$  and diamonds D5 and D6 was estimated at the HF level of theory. The calculations carried out confirmed their stability. The practical aspect of computational work is clearly visible here, which is obviously worth emphasizing.

#### Polybenzenes multitori

Multitori<sup>9,10,14</sup> are complex structures consisting of more than one single torus.<sup>94–97</sup> They include negatively curved

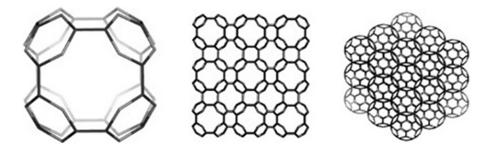


Figure 13 Benzene rings in the P-surface; BCZ\_48=6.8<sup>2</sup> P (left), its networks in a cubic (K,K,K)-domain, k=3 (middle) and the corner view of this network (right).

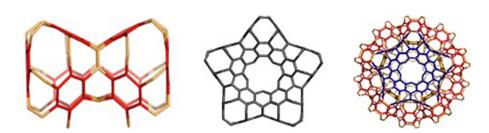


Figure 14 Oligomers of BTA\_48: BTA\_2ed\_90 (left) and BTA\_Cy5\_210 (middle) and the multitorus BTA\_20\_780 (right).

substructures,<sup>98–100</sup> termed schwarzites.<sup>98–102</sup> Multitori appear in natural zeolites and in spongy carbon, formed by self-assembly of repeating units. Multitori can show a linear periodicity or they can develop spherically, creating systems of different complexity.<sup>103</sup> The map operations<sup>103–109</sup> were used for design of Multitori with CVNET<sup>110</sup> software and Nano Studio.<sup>111</sup> Multitori, similar to rods, show a linear periodicity or can spherically evolve, and in this way were formed the polybenzenes multitori BTZ and BTA. The multitori BTA ("armchair") were compared to the ("zig-zag") BTZ (Figure 16).

The calculations at the HF level of theory (HF/6–31G\*\*) were performed in the gas phase using Gaussian 09<sup>112</sup> program, and based on HOMO–LUMO gap and the total energy/carbon atom, the energy and structural stability were estimated. Also, using JSChem program,<sup>113</sup> the strain energy values were estimated. As usual, the  $C_{60}$  structure was taken as the reference. The analysis of the obtained results showed that BTZ multitori were as stable as  $C_{60}$  fullerene. Even so, BTA are more energetically stable compared with BTZ, which makes them more likely to exist in spongy coal or zeolite structures. BTZ multitori can be eventually synthesized in the laboratory.

#### Nanotube junctions

As described above, modeling of fullerenes and nanotube junctions<sup>11,12</sup> can be combined by using some mapping operations. In this way, high-generation dendrimers can be constructed. Again, the hypothetical nanotube junctions were

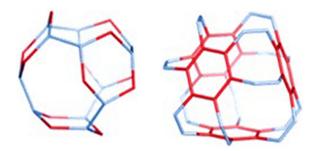


Figure 15 BTZ\_24 (left) and BTA\_48 (right) polybenzenes, open fullerenes.

constructed using CVNET110 and Nano Studio111 software programs (TOPO GROUP CLUJ-international scientific group created by prof. M.V. Diudea focus researchers from many countries, Babes-Bolyai University, Faculty of Chemistry and Chemical Engineering, Cluj-Napoca, Romania). Eight tetrapodal units were designed, where the energies were estimated at the HF level. Their stabilities are discussed in the scope of HOMO-LUMO space, energy of bonds and the HOMO aromaticity index and total energy.34,35,46-52 The calculations were carried out by using  $G09^{112}$  at the HF (HF/6–31G\*\*) level of theory in gas phase. The open-end hydrogenated structures were used for calculations. As a reference structure,  $C_{60}$  was considered. During the synthesis of nanotube fullerenes, single- and multiwalled nanotubes, onion-fullerenes and others can appear. Experimentally, fullerenes can be spanned. In this way are built open cages. The open faces can be prolonged by nanotubes of various chirality and tessellation (most probably, a hexagonal one). Such spanned fullerenes (prolonged or not) are called nanotube junctions. They can be tetra-, octa- and icosahedral, when symmetry is taken into account.

The junctions (tetrapodal and tetrahedral) are very interesting. They exhibit similarity with the sp3 hybridized tetrahedral carbon atom. The valences are now nanotubes, while the atom is an opened cage embedded on the surface of genus 2.<sup>114,115</sup> As there is a single C atom, a tetrapodal junction can be used to build various nanostructures such as dendrimers and multitori multi torus (MT).

The connections the points of connectivity two of five units named TriPen\_T\_60A 60A and the dendrimer (at the first generation) with the patch of this unit called "tripentylene",  $[6:(0,5)^3]$  (Figure 17). The unit TriPhen\_T\_60A can self-arrange, using map operations Le(Op(Ca(T))), to a pentagonal multitorus MT comprising five such units (Figure 18).

Next, using the map operations, from 12 pentagonal MT, the  $MT20^{116-118}$  (a supra-structure) can be created (Figure 19).

After optimization of the study structures, *E*tot/C, HOMO– LUMO HL gap and the total energy of course were calculated (Table 1).

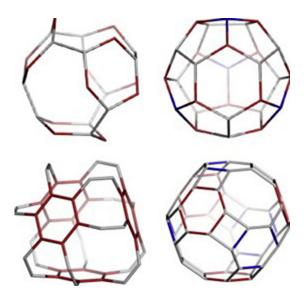


Figure 16 Top row: BTZ\_24 designed from S2(T)\_28=C28. Bottom row: BTA\_48 formed by spanning the Le(P4(T))\_48 cage.

The obtained values confirmed the possibility of using various nanotube junctions in further experimental work by welding the randomly superposed nanotubes. In comparison to  $C_{60}$ , the value of  $E_{\rm HF}/C$  is favorable for tetrapodal junction. According to the Haddon's theory,<sup>119–123</sup> again, the HOMO–LUMO gaps are in favor of these open structures. Based on this part of the study, it can be concluded that the tetrapodal junctions can be used for the synthesis of new nanostructures in the laboratory.

In the next step, the CNT junctions can self-assemble into more complex structures, such as diamondoids and/or multitori of high genera.

The units were designed by using symmetry in embedding the triple hexagon patches (Figure 20, left column) or starting from the objects Op2a(S2(M)); M=Tetrahedron T or Cube C with deletion of one atom from each heptagonal face of the transformed map M (Figure 20, right column). An "eclipsed" dimer, the unit T\_3HexZ\_52 forms, which can self-arrange to a hyper-pentagon, and the joining of 12

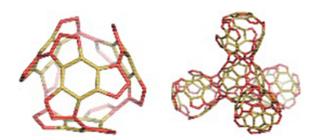


Figure 17 Dendrimer (right) and TriPen\_T\_60A (left).

such hyperfaces leads to a multitorus T\_3HexZ20\_1040 (Figure 21) of icosahedral symmetry.

An "intercalated" dimer is built from the unit T\_3HextwZ\_40, leading to a hyper-hexagon, forming diamondoids at the end (Figure 22).

The unit C\_3HexZ\_104 can build a multitorus as an infinite periodic lattice with k-the repeating unit embedded in the P-surface (Figure 23).

Examples are four units open to be inserted in exactly  $4\times 2$  simple tori and one more torus that joins all the above four units (Figure 24).

The Euler's theorem was applied to calculate the genus in a differently tessellated network (Figure 25).

The unit C\_3HextwZ\_80 can form a multitorus C\_3HextwZ15\_1200 (Figure 26). The six units of octahedron are joined by a central unit according to Cartesian coordinate directions. The eight units of the cube are connected to the centers of their faces by the diagonal directions (Figure 26, middle). In this way, as in the diamond, the octahedron fits the face-centered cube positions. Thus, the cube accommodates the vertices of its dual (the octahedron) in the center of its faces and one unit in the cube/octahedron center. Among any four units there is a hollow space; the structure can evolve periodically in a single direction (Figure 26, right).

It can be concluded that stability of the investigated junctions is comparable with the reference fullerene. The closest values to the reference structure show "twisted" junctions (Table 2). As expected for structures with larger "open" faces, the strain is lower for the octahedral junctions. Because the twisted structures are more anti-aromatic in comparison to the non-twisted ones, the geometric index of aromaticity HOMA is not relevant.<sup>121</sup>

The vibrational spectra of study junctions were simulated, which identified the differences between twisted and non-twisted structures and between the two different embeddings (tetrahedron and cube).

Based on this part of research, it can be concluded that various nanotube junctions could appear in real experiments by welding, under an electron beam, of the randomly superimposed nanotubes.

#### Spongy nanostructures

Spongy structures<sup>18,84</sup> are high-genera and large nanostructures with characteristic holes on their surface. Some new structures, spongy polyhedral, were proposed for research. They can evolve with 1-periodicity or radially, to provide multi-shell cages.

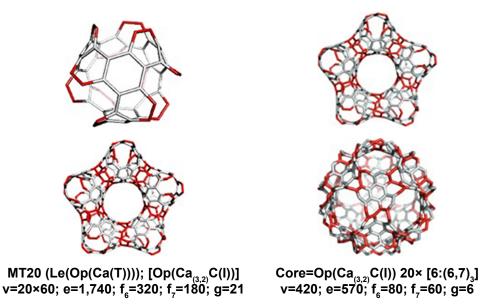


Figure 18 Top row: TriPhen\_T\_60A (left) and a pentagonal hyper-ring (right). Bottom row: Multi-torus MT(Le(Op(Ca(T)))); [Op(Ca<sub>0,2</sub>C(I))] (left) and its core (right).

Because of the large number of atoms, that is, >1,500, the density functional-based tight binding (DFTB) method<sup>124,125</sup> was used for computing of these structures. This method was combined with the self-consistent charge (SCC) technique and resulted in SCC-DFTB method.<sup>126</sup> In this way, the results obtained were comparable with some higher-level theoretical methods.127-129 The SCC-DFTB geometry optimizations were performed using the DFTB+ program.<sup>125</sup> DFTB is useful in the case of large nanoparticles. For this reason, it has certain drawbacks, such as underestimation of the gap values in the case of sp2 carbon-only structures and overestimation of the gap values for the hydrogenated ones. Gaussian 09<sup>112</sup> was used in the case of some structures with level of calculations HF and DFT and 6-31 g (d,p) basis set. The small radius of C<sub>20</sub> (ie, large pyramidalization angle of sp2-hybridized carbon atoms) causes an extremely high reactivity/instability of the dodecahedron-based structures, such as carbon-only structures, but they become more stable by hydrogenation.<sup>124</sup> For reference, the fully hydrogenated  $C_{60}H_{60}$  was chosen here. One can see that full hydrogenation of the dodecahedron as C<sub>20</sub>H<sub>20</sub>causes structural stabilization (Table 3). The values for the included structures show, however, a lower stability; the spongy cage Do(Do20) 250H100 (Table 3) is more stable than the corresponding filled structure Do(a)Do(Do20) 270H80. Passivation by full hydrogenation, resulting in a far deeper gap, is important in the case of structures presented in Table 4. One can see that the filled structures (Table 4) have values of HOMO-LUMO gap lower than the spongy ones, meaning a larger kinetic instability.

Looking at the  $C_{60}$  dimers analogous to the hyperdimers on 750 and 810 atoms (figure in Table 5 and entries 5 and 6), the same ordering can be found in Table 4 for the carbon-only dimers: Gap ( $C_{60}P_2J_{5-}115$ ) > Gap( $C_{60}P_2J_{6-}114$ ); this could be a result of the fact that joining by pentagonal faces (J5) results in more hexagonal faces, involved in double-bond conjugations, thus stabilizing the whole structure. Conversely, the passivation by hydrogenation is more effective in the case of J6-dimer, which is more reactive than the carbon-only molecule. Three series of calculations were made on DFTB, HF and DFT levels of theory to see if the ordering of stability is influenced or not by the used approach. We can see that because the calculations are made in vacuum (no solvation process involved), the ordering is preserved in these three approaches.

Compared to fullerene  $C_{60}$ , the structures built up by  $C_{60}\&C_{24}\&C_{10}$  show the highest stability (Table 5). The values of HOMO–LUMO gap and energy/atoms (in DFTB) in the case of cages with 300 and 900 atoms are higher than in case of  $C_{60}$ . These multi-cages contain the  $C_{60}$  fullerene non-coalesced with itself but separated by smaller cages  $C_{24}$  and  $C_{10}$ . The last structure in Table 6 also represents an aggregation of  $C_{60}$ , with the units sharing a pentagon, while the interspaces have the topology of twin-truncated tetrahedral TT. It is relatively less stable as carbon-only structure, compared with the non-coalesced  $C_{60}$  structures. Hydrogenation of rod-like structures based on  $C_{60} \& C_{12}$  aggregation (Figure 7) could provide stable, useful materials (Table 7).



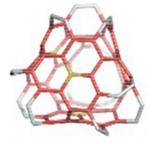
TriPen\_T\_60A; patch: [6:(0,5)<sub>3</sub>]



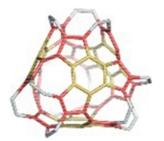
TriPhen\_T\_60A; patch: [6:(0,6)<sub>3</sub>]



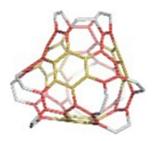
TriPhen\_TT\_84Z; patch: [6:(6,7)<sub>3</sub>]



Tri6\_T\_7\_76A; patch: [1:(6)<sub>3</sub>]



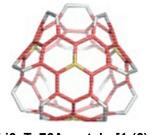
TriPen\_TT\_84A; patch: [6:(5,8)<sub>3</sub>]



TriPhen\_TT\_84A; patch: [6:(6,7)<sub>3</sub>]



Tri6\_T\_64Z; patch: [1:(6)<sub>3</sub>]



Tri6\_T\_76A; patch: [1:(6)<sub>3</sub>]

Figure 19 Tripentylene, triphenylene and hexagon triples as tetrapodal nanotube junctions.

# Fullerenes in medicine: how nanotechnology extends diagnostic and therapeutic possibilities?

There is a reasonable belief that the most important future applications of fullerenes lie in the field of medicine. After all, carbon is the basis of all living organisms and the fullerene discovery can certainly be compared to the discovery of benzene, whose derivatives account for 40% of all drugs,

even the most popular aspirin. The  $C_{60}$  molecule can bind to any functional group. At the same time, it is indifferent, nontoxic and so small that it easily comes into contact with cells, proteins and viruses. In addition, its interior can also be filled with active substances. During working on small objects, we observe a very important feature, mainly increasing the surface to volume ratio, which makes the molecules chemically more reactive. Only this single feature makes it

Table I Tetrapodal nanotube junctions and their energy properties<sup>a</sup>

	Structure	Е <sub>нг</sub> /С (au)	HL gap (eV)	Strain/C×I0 <sup>3</sup> (kcal/mol)	HOMA patch	Kekulé count
I	TriPen_T_60A	-38.092	7.191	21.873	-0.455	128
2	TriPen_TT_84A	-38.028	7.043	12.004	-0.401	12500
3	TriPen_T_60A	-38.095	8.070	21.120	0.222	1944
4	TriPen_TT_84A	-38.029	7.762	11.696	0.283	12500
5	TriPen_TT_84Z	-38.023	4.815	42.630	0.493	256
6	Tri6_T_64Z	-38.082	5.824	37.971	0.636	0
7	Tri6_T_7_76A	-38.046	6.250	11.276	0.279	2700
8	Tri6_T_76A	-38.047	5.612	19.566	0.340	9504
9	C <sub>60</sub>	-38.864	7.418	137.600	0.493	12500
10	Triphenylene	-38.260	10.378	0	0.678	9

Note: <sup>a</sup>C<sub>60</sub> was used as a reference structure.

Abbreviation: HOMA, Harmonic oscillator model of aromaticity.

possible to drastically reduce the dose of the drug without impairing its therapeutic effect. Nanotechnology has allowed the development of new materials (called nanomaterials) with a number of properties that are desirable, such as antibacterial effect, magnetic excitation, increased conductivity or electrical resistance, increased resistance to corrosion and abrasion and increase in plasticity. That is why, they can be used in medicine.

The main problems regarding the use of fullerenes in medical chemistry were their insolubility in polar solvents, as well as formation of aggregates in aqueous solvents. However, these problems have been solved through a series of chemical modifications of fullerene molecules. Therefore, the so-called exo- and endohedral functionalization is carried out (Figure 27).

The essence of exohedral chemistry is the chemical reactions of attachment occurring "outside" the fullerene

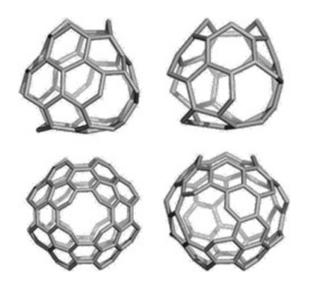


Figure 20 T\_3HexZ\_52 (top, left), T\_3HextwZ\_40 (top, right), C\_3HexZ\_104 (bottom, left) and C\_3HextwZ\_80 (bottom, right).

molecules, in which the structure of the carbon cage remains unchanged (Figure 27). The prospects of fullerenes' connections are huge, as there are an astronomical number of isomers. In "Chemical Abstracts" – the basic source of citations of chemical literature in this field in the world – there are already >5,000 known fullerene derivatives. Unlike other organic, aliphatic and aromatic compounds, fullerenes do not contain hydrogen atoms or other functional groups, so they cannot undergo substitution reactions (except heterofullerens). Substitution reactions occur only with "functionalized" fullerenes, that is, when they have been attached to specific groups of atoms.

#### Exohedral fullerenes

The exohedral reactions of fullerenes are mainly based on the attachment of radicals or functional groups to carbon atoms by saturating the double bond. Exohedral chemistry of fullerenes is extremely rich and covers all basic areas of organic functionalization (Figure 27). The research concerns mainly  $C_{60}$  and, to a lesser extent,  $C_{70}$ . Fullerenes,  $C_{60}$  and  $C_{70}$ , can take part in many different reactions, including the most typical - reduction and oxidation. Reduction - joining reactive atoms, most often hydrogen atoms, to the outside of the carbon cage - is carried out by various techniques, and currently, the most hydrogenated fullerene is C<sub>60</sub>H<sub>36</sub>. Also, fullerenes can be oxidized, with the C60 molecule being less resistant to pure oxygen than graphite at a temperature of about 500 K. Mild oxidation leads to the formation of epoxide compounds of the  $C_{60}O_n$  type, where n may vary from 1 to 4 and carbonyl groups appear in the molecule without disturbing the structure of the molecule. An interesting group of derivatives are fulleroles, substituted with hydroxyl groups, which are soluble in water.  $C_{60}X_n$  halogen derivatives have also been synthesized, where X is fluorine,

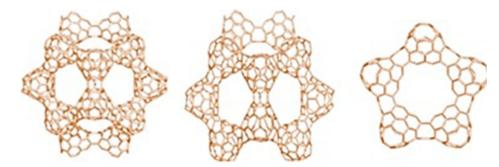


Figure 21 Multitorus T\_3HexZ20\_1040; g=21 (left) built up by T\_3HexZ\_52 and its substructures: T\_3HexZ10\_520; g=11 (middle) and a hyper-pentagon T\_3Hex5\_260; g=6 (right).

bromine or chlorine and n can reach 60. Metallofullerenes are complex compounds of fullerenes with metals, in which the metals are elements from the platinum group and they have interesting catalytic properties (Figure 27).

#### Endohedral fullerenes

From the beginning, the fullerene explorers had the idea that an empty "cage" of fullerene could be filled with something (Figure 27). The diameter of  $C_{60}$  is 0.7 nm, so the interior of the molecule can be a "container" for other atoms of any size or can be a reactionary environment of endohedral chemistry, "intraframe" chemistry. The internal atom is insulated from the environment and, at the same time, the exchange of electrical charge. This results in interesting properties, for example, pure  $C_{60}$  is an electrical insulator and after taking over the metal charge, it can become a conductor. The fullerenes having an alkali metal atom its inside show superconductors properties and they are not sensitive to contact with air.

#### Heterofullerenes

Heterofullerenes are fullerenes in which a partial substitution of the carbon atom (s) in the  $C_{60}$  cage structure takes place by atoms of other elements, most commonly boron and nitrogen atoms. However, it has not been possible to obtain macroscopic quantities of such heterofullerenes to enable detailed examination and verification of their interesting properties (Figure 27).

#### Cyclodextrin

The main problems concerning the use of fullerenes in medical chemistry are their formation of aggregates and insolubility and the formation of aggregates in aqueous solvents (polar solvents). However, these problems have been solved by a series of chemical modifications of fullerene molecules. Fullerenes can be closed in cyclodextrins, which mask the carbon sphere, thereby increasing the solubility of such derivatives in polar solvents. Due to the size of  $C_{60}$ , the most common  $\beta$ -cyclodextrin cannot be used directly (Figure 28). Hence, for the carbon masking of the sphere, dextrins of larger sizes are used, which form  $C_{60}$  complexes in a 2:1 ratio.<sup>130</sup> To create the possibility of using s-cyclodextrin to form a complex with the  $C_{60}$  molecule, fullerene was converted to a biphenyl derivative (Figure 28).<sup>131</sup>

Fullerene derivatives were also obtained by adding different hydrophilic groups to  $C_{60}$ . The more such groups the fullerene molecule has, the greater its hydrophilicity. An example of such derivatives is the fullerene dendrimeric derivatives. The dendrimeric  $C_{60}$  derivative, having specifically carboxylic groups (Figure 29), shows a high degree of solubility in water.<sup>132</sup> Cycloaddition processes are a large group of fullerene functionalizations (fullerene cycloadducts),



Figure 22 Diamondoids built up by T\_3HextwZ\_40: Ada\_400; g=11 (left), Dia\_560; g=15 (middle) and the network T\_3HextwZ\_(2,2,2)\_1760; g=45 (right).

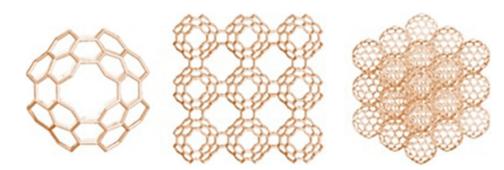


Figure 23 C\_3HexZ\_104, g=3 (left), its P-type-crystal network C\_3HexZ\_(3,3,3)\_2808 (middle) and the same array in the corner view (right).

which create the possibility of synthesis of a wide range of new compounds, for example, the preparation of macromolecular fullereno-dendrite is based on the addition of phenolic groups in the first stage, to which the dendritic macromolecule is then attached.

All modifications of fullerenes, by the attachment of different functional groups or entire molecules of chemical compounds, cause an increase in the hydrophilicity of derivatives and also contribute to the preparation of new compounds which exhibit biological and pharmacological activity. The properties of the new derivatives are slightly altered, but they still exhibit the characteristic physical and chemical properties of fullerenes.

Fullerenes can act as antioxidants, protect nerve cells, prevent cell apoptosis, act as enzyme inhibitors, have antibacterial and antiviral effects, and it is also planned to use fullerenes for the treatment of osteoporosis. Above all, they have already found quite a significant place in cancer diagnostics since nanostructures represent the future in anticancer treatment, and have also found application in cosmetology.

#### Dendrimers and fullerene derivatives

In the course of neurodegenerative diseases such as Lou Gehrig's, Parkinson's or Alzheimer's, overproduction of ROS occurs. ROS are natural products of metabolism,



Figure 24 Multitorus C\_3HexZ4\_1184; e=1776; f6=496; f7=64; f8=16; f=576; by Euler formula, g=\_(1184\_1776+576)\_2)/2=9; by theorem 2, g=2\_4+1 (in black/red)=9.

but sometimes their concentration may increase rapidly leading to a phenomenon called oxidative stress. Too much ROS cause damage or death of the neuronal cell due to their oxidizing action. In such cases, it is beneficial to introduce a radical-scavenging agent that, although does not eliminate, significantly decreases neuronal mortality. Such antioxidant factors may be fullerene hydroxyl derivatives, fullerenols, which are excellent and are able to neutralize oxygen radicals. Fullerenols also reduce the toxicity of free radicals in the nervous tissue.133 In contrast, other fullerene derivatives, carboxylefullerenes (Figure 30), show effective counteracting action against the degradation of neuronal cells associated with amyotrophic lateral sclerosis.<sup>134</sup> Fullerenes can also prevent self-destruction, namely, apoptosis. It is a biochemical process of cells in which transforming growth factor- $\beta$ plays an important role. During this process, ROS induction occurs and the only way to stop or at least reduce the scale of cell destruction is the use of antioxidants. Such properties are shown by fullerene carboxyl derivatives. Nanostructures may prevent apoptosis in some cells by neutralizing the ROS induced by transforming growth factor-\beta.135

Numerous studies have been carried out on the nucleotide chain cleavage process in the presence of fullerene derivatives. This phenomenon occurs only in the presence of light and has been tested in bacterial cells and plasmids.<sup>136</sup> It is believed that one of the steps of the oligonucleotide chain cleavage mechanism is the photon excitation of fullerene, followed by the transformation of molecular oxygen into the induced singlet state  ${}^{1}O_{2}$ . Then, fullerene returns to the basal state and, at the same time, the interaction of reactive  ${}^{1}O_{2}$  with the oligonucleotide occurs.<sup>137</sup> The proposed mechanism is shown in Figure 31. This process can also be used in photochemotherapy<sup>137</sup> and, in particular, in the treatment of skin cancer.

Some fullerene derivatives (Figure 32) may be inhibitors of enzymes such as serine proteases and cysteine

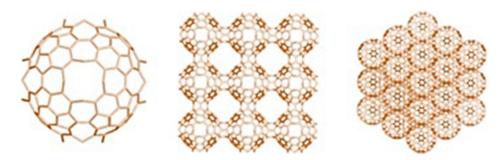


Figure 25 Sum\_CZ\_192, g=3 (left), its P-type network Sum\_CZ\_(3,3,3)\_5184 (middle) and its corner view (right).

proteases.<sup>136</sup> Fullerenes of *S*-glutathione transferase,<sup>138</sup> cytochrome P450 monooxygenase and mitochondrial ATPase were also found.<sup>139</sup> Electrophilicity and hydrophobicity with high reduction potential are the key elements of fullerenes' activity toward enzymes. It is also expected that among fullerenes, effective anti-AIDS drugs will be found. The C<sub>60</sub> derivative, which is an HIV protease inhibitor, has already been synthesized (Figure 32). The molecule fits the active viral protease center and strongly interacts with the van der Waals forces.<sup>140</sup> Modifications of fullerene derivatives are still underway, aimed at a stronger interaction with HIV protease inhibitor and the most effective blocking of the enzyme.

The lipophilicity of the carbon sphere allows the incorporation of  $C_{60}$  into biological membranes, causing them to destabilize, which enables them to be used as antimicrobial agents<sup>141</sup> against *Bacillus subtilis*, *Mycobacterium avium*, *Candida albicans* and *Escherichia coli*.<sup>142,143</sup> The fullerene salts proved to be very effective. Attention should also be paid to fullerenopeptides.<sup>144</sup> The peptide derivative of fullerene (Figure 32) shows lipophilic properties with hydrophilicity and the ability to undergo electrostatic interactions, which is derived from the peptide part, makes them exhibit antibacterial properties. *E. coli* and *Staphylococcus aureus* bacteria were tested, which showed sensitivity to this derivative. An analogous peptide lacking the fullerene part (Figure 32) showed no activity against these bacteria.<sup>145</sup> In addition, fullerenopeptides may have different effects depending on the type of bacteria – acting more strongly on Gram-positive bacteria and less strongly on Gram-negative bacteria.<sup>146</sup>

It is also hoped that fullerenes can be used to treat osteoporosis. Currently, in the treatment of this disease, diphosphate compounds and the F<sup>-</sup> anion are used. However, diphosphate drugs are not effectively absorbed from the gastrointestinal esophagus, and also, F<sup>-</sup> administered in the form of NaF is highly toxic.<sup>147–149</sup> Diphosphate fullerene  $C_{60}(OH)_{16}AMBP$  (Figure 33) shows the ability to reduce hydroxyapatite mineralization.<sup>150</sup> Similar studies regarding compound  $C_{60}(OH)$  indicated high affinity for hydroxyapatite. These results give hope for the use of these nanostructures in targeted therapy for this disease.

From a certain date, fullerenes have also been used as safe and effective contrast agents, iohexal and iopamidol. Only 2%–8% of the studied population exhibits allergic reaction after the contrast is administered. Therefore, it was looked for measures with longer duration of action, what could extend the observation time of the patient, and would be nontoxic for each patient. Because a fullerene cage is empty inside, it is possible to use fullerenes also in this field of medicine. A lot of isotopes have been placed in the middle of the carbon sphere, resulting in endohedral metallofullerenes.<sup>151</sup> Such molecules are characterized by high stability and lack of biotransformation, which prevents the release of toxic

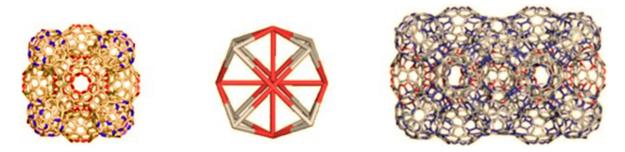


Figure 26 C\_3HextwZ15\_1200, g=31, m=1 (left); its reduced graph, v=15, e=30 (middle) and a linear periodic array C\_3HextwZ25\_2000, g=52, m=2 (right).

	Structure	E <sub>HF</sub> /C (au)	HL gap (eV)	Strain/C (kcal/mol)	HOMA patch	Kekulé count
Ι	T_3HexZ_52	-37.986	6.140	5.435	-0.131	972
2	C_3HexZ_104	-37.999	5.342	2.329	0.258	944784
3	T_3HextwZ_40	-38.021	6.681	5.799	-0.583	72
4	C_3HextwZ_80	-38.036	6.050	2.551	-0.020	11025
5	C <sub>60</sub>	-38.864	7.418	8.256	0.493	12500

Table 2 Structural and energetic properties for two types of triple hexagon patched nanotube junctions<sup>a</sup>

Note: <sup>a</sup>As a reference structure, C<sub>60</sub> fullerene was used.

Abbreviation: HOMA, Harmonic oscillator model of aromaticity.

isotopes during therapy. Attempts have been made to use endohedral metallofullerene  $166\text{Ho}@C_{82}(OH)_x$  as a contrast agent. This compound persisted in the blood over 1 hour, and after that it was almost completely removed from the body and showed no toxicity in vivo.<sup>152,153</sup>

There are also studies on the use of endohedral metallofullerene in MRI. Fullerenes can also be used as carriers of genes, proteins or medicinal substances.<sup>154</sup> It has been shown that the tetraaminofullerenic derivative can transport plasmid DNA.<sup>155</sup> Another fullerene derivative,  $C_{60}(CO_2H)_2$ , has the ability to penetrate cell membranes and connect specifically to cell organelles.<sup>156</sup> In the future, fullerenes may be used as drug carriers, in particular, highly polar molecules attached to the fullerene sphere, such as  $C_{60}$ -oligo DNA. Fullerene drug carriers can penetrate the cell membranes by transporting the drug to selected tissues.<sup>157</sup> Extremely interesting chemical properties and specific construction of fullerenes give many prospective opportunities to use these carbon balls.

# Nanoparticles used in medicine and pharmacy

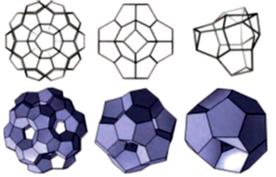
Based on the field of usage of nanoparticles, they could be divided into silver, gold, copper, magnetic and core–shell nanoparticles, quantum dots, fullerenes and CNTs. However, in medicine and pharmacy, the magnetic nanoparticles (MNPs) such as fullerenes and CNTs are mostly used.

#### Magnetic nanoparticles

MNPs are built of an inorganic core, for example, cobalt, nickel or iron oxide, with a coating that is compatible with the tissues into which it is inserted.<sup>158</sup> Magnetic properties

**Table 3** DFTB data for  $DO/C_{20}$ -based hydrogenated spongy structures (figure in the last row in the table); reference structure  $C_{60}H_{60}$ 

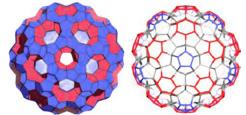
	Structure	C atoms	Etot (au)	Etot/C (au)	Gap (eV)
I	C <sub>60</sub> H <sub>60</sub>	60	-125.584	-2.093	10.412
2	$C_{20}H_{20}$	20	-42.089	-2.104	10.880
3	Do@Do <sub>12</sub> -130H <sub>60</sub>	130	-247.251	-1.902	7.723
4	P <sub>4</sub> TRS(Do) <sub>12</sub> -110H <sub>80</sub>	110	-219.994	-2.000	7.908
5	S <sub>2</sub> (Do)_140H <sub>100</sub>	140	-290.104	-2.072	8.290
6	Do(Do <sub>20</sub> )_250H <sub>100</sub>	250	-465.370	-1.861	5.474
7	Do@Do(Do <sub>20</sub> )_270H <sub>80</sub>	270	-491.660	-1.821	4.736

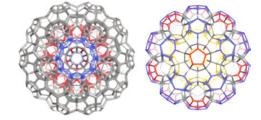


Spongy structures decorated by dodecahedron Do cages, derived from the platonic solids: dodecahedron ( $Do=C_{20}$ , left); cube (C=C8. middle) and tetrahedron (T=C4, right).

Structure	C atoms	Etot (au)	Etot/C (au)	Gap (eV)
P <sub>4</sub> TRS(C <sub>60</sub> )_330H <sub>240</sub>	330	-660.845	-2.003	8.816
$C_{60}@((C_{20})_{12})(C_{24})_{20})_{3}$ (C <sub>24</sub> ) <sub>20</sub> )_390H180;	390	-739.686	-1.897	2.507
	750	-1412.332	-1.883	7.937
	810	-1491.515	-1.841	2.660
	1,410	-2642.55 I	-1.874	7.831
C <sub>60</sub> (Do <sub>60</sub> ) <sub>2</sub> _J6_1392H516	1,392	-2604.758	-1.871	6.552
	$\begin{array}{c} P_{4}TRS(C_{60})\_330H_{240}\\ C_{60}@((C_{20})_{12}\\ (C_{24})_{20})\_390H180;\\ C_{60}(Do_{60})\_750H_{300}\\ C_{60}@C_{60}(Do_{60})\_810H_{240}\\ C_{60}(Do_{60})\_5\_1410H530 \end{array}$	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	$\begin{array}{ c c c c c c c } \hline P_4 TRS(C_{60})\_330H_{240} & 330 & -660.845 \\ \hline C_{60}@((C_{20})_{12} & 390 & -739.686 \\ \hline (C_{24})_{20})\_390H180; & & & \\ \hline C_{60}(Do_{60})\_750H_{300} & 750 & -1412.332 \\ \hline C_{60}@C_{60}(Do_{60})\_810H_{240} & 810 & -1491.515 \\ \hline C_{60}(Do_{60})\_5\_1410H530 & 1,410 & -2642.551 \\ \hline \end{array}$	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$

**Table 4** DFTB data for the spongy  $C_{60}$ -based structures (figures in the last row in the table)





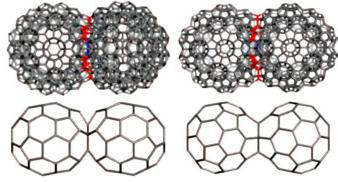
Spongy structure, Do decorated, derived from  $C_{60}$ ;  $C_{60}(Do_{60})_{-}750$  (also named RS(P4( $C_{60}$ ))330)@(S2( $C_{60}$ )420)\_750, left) and its inside is hollow TRS(P<sub>4</sub>( $C_{60}$ ))\_330 (right).

Filled form of the spongy structure  $C_{_{60}}(Do_{_{60}})_{-}750$ :  $C_{_{60}}@C_{_{60}}(Do_{_{60}})_{-}810$ (also named  $C_{_{60}}@((C_{_{20}})_{_{12}}; (C_{_{24}})_{_{20}}_{_{20}}@Do_{_{60}}_{-}810$ , left) and  $C_{_{60}}(@(C_{_{20}})_{_{12}}; (C_{_{24}})_{_{20}}_{_{20}}390$  (right).

Abbreviation: DFTB, density functional-based tight binding.

Table F Farmer	data fan sha C	J:	:	:
Table 5 Energy	data for the $C_{40}$	dimers (ligure	in the last row	in the table)

	Structure	Theory	Etot (au)	Etot/C (au)	Gap (eV)
	C <sub>60</sub>	HF	-2,271.830	-37.864	7.418
	C <sub>60</sub> P215_115		-4,354.333	-37.864	7.597
	C <sub>60</sub> P216_114		-4,316.491	-37.864	6.270
	C <sub>60</sub>	B3lyp	-2286.174	-38.103	2.760
	C <sub>60</sub> P215_115		-4381.797	-38.103	2.907
	C <sub>60</sub> P216_114		-4343.730	-38.103	1.908
3	C <sub>60</sub>	DFTB	-102.185	-1.703	1.930
	C <sub>60</sub> P215_115		-195.708	-1.702	2.044
	C <sub>60</sub> P216_114		-194.183	-1.703	1.444
	C <sub>60</sub> H <sub>60</sub>	HF	-2306.420	-38.440	13.679
	C <sub>60</sub> P2J5_115H110		-4417.286	-38.41 I	12.252
	C <sub>60</sub> P2J6_114H108		-4378.295	-38.406	12.818
5	C <sub>60</sub> H <sub>60</sub>	B3lyp	-2321.937	-38.699	6.736
	C <sub>60</sub> P2J5_115H110		-4446.990	-38.669	5.708
	C <sub>60</sub> P2J6_114H108		-4407.716	-38.664	5.909
)	C <sub>60</sub> H <sub>60</sub>	DFTB	-124.582	-2.076	12.091
	C <sub>60</sub> P2J5_115H110		-236.608	-2.057	8.101
	C <sub>60</sub> P2J6_114H108		-234.229	-2.055	9.026



Rod-like dimers of  $C_{60}(Do_{60})$ \_750: C60(Do60\_2\_5\_1410) (left) and  $C_{60}(Do_{60}2_6_1392)$  (right) and the corresponding  $C_{60}$ P2J5\_115 and  $C_{60}$ P2J6\_114 simple  $C_{60}$  dimers (bottom).

Abbreviations: DFTB, density functional-based tight binding; HF, Hartree–Fock.

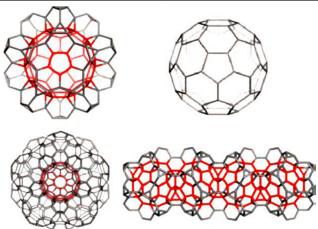
	Structure	C atoms	Etot (au)	Etot/C (au)	Gap (eV)
I	C <sub>60</sub>	60	-103.292	-1.722	1.798
2	$C_{60} @((C_{10})_{12}(C_{24})_{20})$	300	-512.794	-1.709	2.845
3	$C_{60} @((C_{10})_{12} (C_{24})_{20}) @((C_{10})_{30}; (C_{60})_{20})$	780	-1340.010	-1.718	1.024
1	$C_{60} @((C_{10})_{12}(C_{24})_{20}) @((C_{10})_{30}; (C_{60})_{12})((C_{24})_{20})$	900	-1545.56	-1.717	2.452
5	$C_{60} @((C_{12})_{20}(C_{60})_{20})_{12})_{570}$	570	-980.894	-1.721	1.474
left) mad	tructure $C_{60}@(C_{24})_{20}$ _300 (also named $C_{60}@((C_{10})_{12})$ , (C e from truncated octahedral TO (right); the window fac agonal prisms P5=C10 (not seen).	ies are just	Radial and linear aggregati $TT_{20}$ I50 (or C <sub>60</sub> @(C <sub>12</sub> ) <sub>20</sub> (2×TT) <sub>20</sub> )_570 (or Le(Do( TT <sub>20</sub> -I50)_4_465 (right b	_150, left top), C <sub>60</sub> (rig @Do <sub>12</sub> _130)_570, left	ht top), C <sub>60</sub> @((C <sub>60</sub> )

**Table 6** DFTB data for spongy  $C_{co}$ -based structures, as carbon-only cages (figures in the last row in the table)

of nanoparticles depend on the presence and modification of surface ligands, size of the core and, first of all, on the composition. The MNPs show the property of superparamagnetism and are used in clinical diagnostic techniques. The introduction of MNPs into the examined tissue results in the disturbance of their local magnetic field, causing a reduction of relaxation time. This phenomenon is used in MRI.<sup>159</sup> The use of MNPs significantly improves the

**Table 7** DFTB data for linearly aggregated  $C_{60} \& C_{12}$  cages (figure in the last row in the table)

	Structure	C atoms	Etot (au)	Etot/C (au)	Gap (eV)
I	C <sub>60</sub> @((C <sub>12</sub> ) <sub>20</sub> )_I_I50H <sub>60</sub>	150	-279.799	-1.865	7.34
2	$C_{60}@((C_{12})_{20})_2_{255H_{60}}$	255	-471.215	-I.848	7.05
3	C <sub>60</sub> @((C <sub>12</sub> ) <sub>20</sub> )_3_360H <sub>60</sub>	360	-662.630	-1.841	6.93
4	$C_{60}@((C_{12})_{20})_4_465H_{60}$	465	-854.045	-1.837	6.88



Radial and linear aggregation of  $C_{60}$  &TT/ $C_{12}$  small cages:  $C_{60}$  @TT $_{20}$ \_150 (or  $C_{60}$  @( $C_{12}$ ) $_{20}$ \_150, left top),  $C_{60}$  (right top),  $C_{60}$  @(( $C_{60}$ ) $_{12}$ ;(2×TT) $_{20}$ \_570 (or Le(Do@Do $_{12}$ \_130)\_570, left bottom) and ( $C_{60}$ @TT $_{20}$ \_150)\_4\_465 (right bottom).

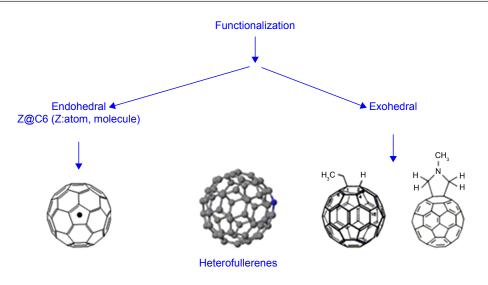


Figure 27 Exohedral, endohedral and heterofullerenes.

distinction between cancerous and healthy tissues. In addition to imaging tumor tissues, MNPs are used to observe the cardiovascular system, mainly in the detection of atherosclerotic plaques and other diseases of the cardiovascular system.<sup>160,161</sup> MNPs can be additionally combined with organic and fluorescent dyes, for example, rhodamine or fluorescein isothiocyanate, which allows to determine the extent of resection of tumor tissue in an intraoperative study. Another application of MNPs is the supply of pharmaceuticals to specific pathological tissues by using the affinity of the surface ligands used, magnetic attraction and by manipulating the external magnetic field.<sup>159</sup>

Biocompatibility, lack of toxicity and high accumulation in cancerous tumors enable magnetic nano-sized magnetic particles (NCz) also to be used in the so-called "intracellular" hyperthermia. This therapy involves the use of MNPs and a variable magnetic field to produce a significant amount of heat in cancer cells. Depending on the temperature produced and the heating time, the death of cancer cells or their sensitivity to radiotherapy or chemotherapy is directly observed.<sup>162</sup> Because nanotechnology is a fast-growing multidisciplinary field of science, it has also found application in pharmacy (Figure 34). It have been conducted studies about the route of dministration new forms of drugs or studies about the active substance of the chemical structure, what could lead to a reduce the toxicity of drug.

This technique, among others, is an innovative biodistribution method, for example, in studies on drug molecules delivered for a specific biological purpose. In recent years, interest in modern methods of drug delivery using nanostructures has increased, so you can count on a better ability to achieve a specific place of action of drugs (Tables 8–10). New excipients with potential application in drug technology have been developed, from which carriers of active substances, including proteins and genes, are constructed. The expected effect of the introduction of nanotechnology in medicine and pharmacy in this area is to increase the effectiveness of medicines and decrease the side effects of excipients (Tables 8–10). Currently, nanoparticles are mainly used as drug carriers and substances with antibacterial and virucidal

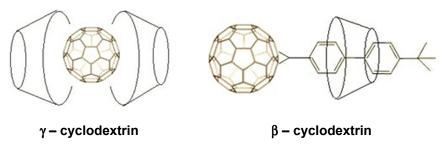
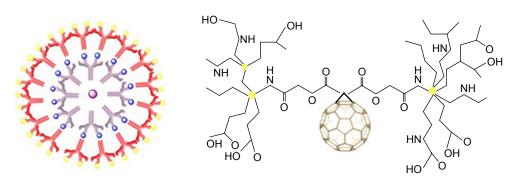


Figure 28 Some examples of dextrins.



**Figure 29** Structure of dendrimers. **Note:** Data from Brettreich and Hirsch.<sup>132</sup>

properties. They also play a large role in diagnostics, where they are used in immunohistochemistry, genetic research and in the detection of pathogens and tumors. They increase the speed, accuracy and sensitivity of biological tests with small sample volumes. Despite many advantages and applications not only in the field of medicine, but also in environmental protection and in various technological branches, it is necessary to conduct the cytotoxicity tests of the nanoparticles and nanomaterials.

### Fullerenes and CNTs

Fullerenes are nanostructures with a shape similar to the sphere composed of conjugated rings consisting of five or six carbon atoms. The most popular ones are 60-atom nanostructures with the shape of a truncated icosahedron. CNTs assume the shape of an empty cylinder made of coiled graphene (Figure 35). They can create structures with a length of a few centimeters and a diameter of a few nanometers. Due to the number of layers building the wall of the nanotube, they are divided into single-wall nanotubes and polyhedral nanotubes (Figures 35 and 36).

CNTs are used as drug carriers which enables their continuous and constant dosing in pathological cells (Figure 36). In addition, they may contain antibodies or enzymes specifically targeting their action.<sup>199</sup> For example, polyhedral nanotubes containing cisplatin show anticancer activity by inhibition of tumor cell growth.<sup>200</sup> Similar results were obtained by combining doxorubicin with CNTs in the treatment of breast cancer<sup>201</sup> or by combining carboplatin with CNTs in the treatment of bladder cancer.<sup>202</sup> CNTs are

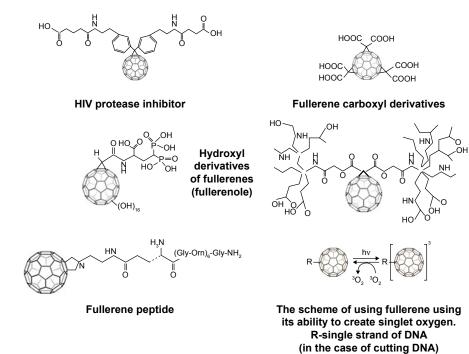
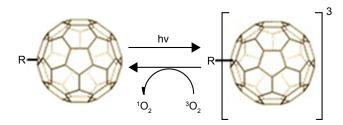


Figure 30 Dendrimers and fullerene derivatives.



**Figure 31** The scheme of fullerene using its ability to create singlet oxygen. **Notes:** In the figure, symbol R means single strand of DNA (in the case of DNA cleavage). First,  ${}^{3}C_{60}$  (100% efficiency) is created as a result of photoexcitation. Next, with the participation of excited fullerene and molecular oxygen, singlet oxygen  ${}^{1}O_{2}$  is generated, while the excited fullerene returns to the ground state. As a result, the DNA strand may be cut, thanks to the action of  ${}^{1}O_{2}$ .

characterized by high semiconductivity, strong fluorescence and Raman scattering. They can also be used as a scaffold for immobilizing biomolecules. Such scaffolds are used in biological diagnostics as nanosensors in protein microarrays with a detection sensitivity up to 1 fmol/L.<sup>203</sup> The use of the biosensor may be based on the sensing of changes in glucose concentration in the intercellular fluid, which, as a result of the increase in the amount of sugar in the body, increases the fluorescence of the infrared nanotubes.<sup>204</sup> Fullerenes are used for imaging of tumors during surgical procedures and for observation of lymph nodes located closest to tumor foci. Additionally, radioactive isotopes used in radiotherapy can be introduced into the interior of nanostructures.<sup>205</sup>

#### Drug delivery nanostructures

"Drug delivery" is an interdisciplinary field of nanobiotechnology that combines engineering, biology, chemistry and medicine. This new trend of science creates the possibility of directing and releasing traditional medicines in a controlled, specific and local way. Thanks to the nanomolecules, the kinetic release of drugs could be regulated, their biodistribution adjusted and the toxic side effects minimized, while the therapeutic effect of a given drug is increased. Because the current drug delivery is characterized by a limited therapeutic due to the inability to achieve high drug concentration in the tissue and and due to the inability to direct the drug to a single cell, that's why is planned to build a generation of functional biosensors that can be controlled from the outside and that allows for "intelligent" drug delivery. The constructive goal of the nanodrug is to overcome the inherent limitations of biomacromolecular therapeutic agents, including short plasma half-life, poor stability, potential immunogenicity and maximization of therapeutic activity, while minimizing the toxic side effects of the drugs. During working on small objects, a very important feature is observed, that is, increasing the surface to volume ratio. Only this one feature gives the possibility of reducing the drug to the absolute minimum, while maintaining the therapeutic effect of the drug and also minimizing the toxic effects of the drug. The size range in nanometers increases the ability of drug delivery carriers to penetrate the cell membranes, reduces the risk of unwanted hepatic or spleen removal from the body and minimizes their uptake by the reticuloendothelial system.

Thus, the following studies<sup>206–220</sup> set out a new trend in scientific research "drug delivery", which consists of three thematic components:

- the properties of fullerenes described above,<sup>8–20,206</sup>
- design,<sup>206–210,212–214</sup>
- docking of drugs and molecular dynamics.<sup>215–219</sup>

#### Commercial nanoparticles

Recently, the main goal of research is to create multifunctional nanoparticles and nanomaterials, the properties of which could be controlled in the body through the local environment and external factors such as the external magnetic field. Many pharmaceutical companies have their own research programs aimed at introducing new products based on nanoparticles and nanomaterials and improving current pharmaceuticals. As a result of intense and long analyses, commercial nanosubstances have been introduced, which have been used, among others, in the diagnosis or treatment of neoplastic diseases (Table 11).

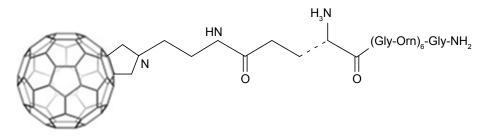
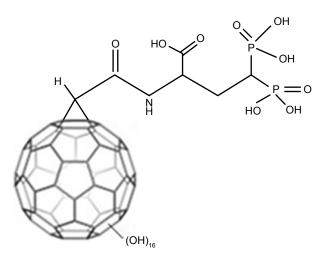


Figure 32 An analogous peptide lacking the fullerene part.



# Table 8 Nanoparticles as carriers of anticancer drugs

	•
Type of nanoparticle	Disease
Liposomes	Acute lymphatic leukemia, <sup>163</sup> ovarian cancer, <sup>164</sup> lung cancer <sup>165</sup>
Polymeric micelles	Colon cancer, <sup>166</sup> breast cancer, <sup>167</sup> lung cancer <sup>168,169</sup>
Dendrimers	Ovarian cancer, <sup>170</sup> lung cancer <sup>171,172</sup>
Carbon nanoparticles	Bladder cancer, <sup>173,174</sup> prostate cancer, <sup>175</sup> lung cancer, <sup>176</sup> breast cancer <sup>177</sup>
Inorganic nanoparticles	Prostate cancer, <sup>178</sup> osteosarcoma, <sup>179</sup> lung cancer, <sup>180</sup> malignant melanoma <sup>181</sup>

which was further used in reducing certain signals of transduction due to the selected functions of molecular receptors. To support the anticancer effect, the enzyme (GOx, 3QVR) was released,<sup>220</sup> which resulted in the reduction of ATP/ADP synthesis, that, in turn, caused hypoxia of cancerous tissues (Figure 38).

The release of the adsorbed enzyme on nanostructures was fully controlled to promote antitumor activity. Release of the enzyme, resulting in abnormal ATP/ADP synthesis, triggered hypoxic states in lung cancer cells and tissues at the molecular level. In the next step, radiotherapy was applied to target lung cancer. The studies were preceded by quantitative structure-activity relationship studies, microfluidic and genetic/epigenetic approaches to characterize multifunctional and multilayered graphene as a new drug and contrast candidate (drug delivery).

The nature of interactions between PEI<sup>216,217</sup> (Acknowledgment section) and GOx 3QVR<sup>220</sup> enzyme was studied by docking and molecular dynamics procedures. GOx is an enzyme which plays the role of biosensors that can be immobilized onto different nanomaterials and polymers such as PEI.

In order to solve the problem of maintaining the native GOx enzyme (3QVR; Figures 38 and 40) activity despite its immobilization on the surface of the PEI polymer, molecular dynamics studies were carried out (Figure 39). The stability of the complex ligand–enzyme in terms of structure and energy was assessed. Before molecular dynamics, in order to

Picture technique	Type of nanoparticle
Computer tomography	Inorganic nanoparticles <sup>182</sup>
MRI	Magnetic nanoparticles <sup>183,184</sup>
Positron emission tomography	Silicon nanoparticles <sup>185</sup>
Photoacoustic imaging	Carbon nanoparticles <sup>186,187</sup>

Figure 33 Diphosphate fullerene C<sub>60</sub>(OH)<sub>16</sub>AMBP.

Nanoparticles are a hope in the development of personalized medicine, not only for therapeutic purposes, that is, in real-time cancer treatment at the molecular level, but also for monitoring treatment. For anticancer treatments and molecular MRI, multifunctional and multilayered grapheneencapsulated magnetic nanoparticles were designed and developed at the same time. By assembling polymeric nanogel polyethylenimine (PEI)<sup>216</sup> (Acknowledgment section) and antibodies on the nanomolecule,<sup>220</sup> it could be possible to identify a new cancer by recognizing integrin receptors on lung cancer tissues (Figure 37).

The attached monoclonal antibody was directed to selected receptors of the integrin of tissues and tumor vessels,



Figure 34 Application of nanostructures in pharmacy.

Method of treatment	Type of nanoparticle	Disease
Photodynamic therapy	Inorganic nanoparticles	Breast cancer, <sup>188</sup> liver cancer <sup>189</sup>
	Carbon nanoparticles	Liver cancer, <sup>190</sup> breast cancer <sup>191</sup>
Photothermal therapy	Magnetic nanoparticles	Prostate cancer, <sup>192</sup> glioblastoma multiforme <sup>193</sup>
	Inorganic nanoparticles	Squamous cell carcinoma of the skin <sup>194,195</sup>
	Carbon nanoparticles	Breast cancer, <sup>196</sup> neuroma <sup>197</sup>
Gene silencing	Inorganic nanoparticles	Liver cancer <sup>198</sup>

 Table 10 The use of nanoparticles in the diagnostic imaging of tumors

search the best PEI–GOx affinity, docking had been carried out, after which the structure of PEI<sup>216,217</sup> (Acknowledgment section) was selected (C14N8\_07\_B22; Figure 39). Two places with the best affinity were found after docking (Figure 40), inside of GOx (LIG1) and on its surface (LIG2).

These ligand–enzyme complexes showed differences in their structural and energetic characteristics (see Acknowl-edgment section).<sup>216,217</sup>

The RMSD values of systems, their average values and SDs showed that these two systems (LIG1 and LIG2; Figure 41) were quite similar. In the first active side, inside of the protein, the stabilization of RMSD ligand appeared with values with small deviations 0.4 Å after 20 ns, while in case of complex formed by ligand on the surface of enzyme, the deviation of RMSD values reached much more higher values (Figure 41).

In the first case, small deviation of RMSD values means possibilities of strong and medium hydrogen bond

formation, and in the second case, it means possibilities of weak hydrogen bond formation. The mobility of the LIG1, as we can see in Figure 42, is correlated with changes in the values of dihedral angle (C7–N3–C4–C3), and going further, its structural property decides about hydrogen bond forces.

Inside of the protein, the hydrogen bonds (ie, interactions) formed between enzyme and ligand were shorter and stronger, while the lengths of the hydrogen bonds of ligand–enzyme created on the surface of protein were long and weak (Figure 43).

Because one of the problems in creation of intelligent nanoparticle was immobilization of enzyme on the polymer surface, the study of immobilization of GOx on PEI was carried out during molecular dynamics. The analysis of trajectories confirmed energetic and structural stabilization of the formed ligand–enzyme complexes inside of the protein and on its surface.

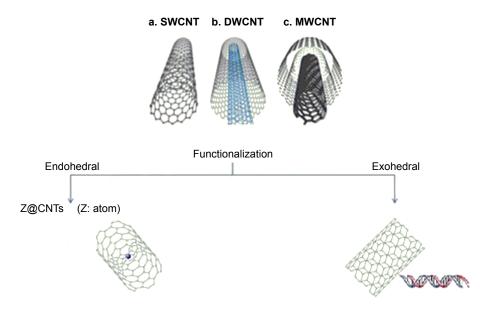


Figure 35 CNTs. 199-205

Abbreviations: CNTs, carbon nanotubes; DWCNT, double-walled carbon nanotube; MWCNT, polyhedral carbon nanotube; SWCNT, single-walled carbon nanotube.

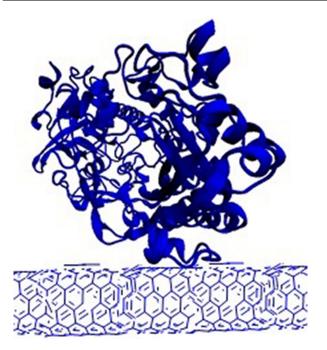


Figure 36 Equilibrated structure of the SWNT–PSE–GOX complex.<sup>199</sup> Note: Data from Mackay.<sup>199</sup> Abbreviation: SWNT, single-walled nanotube.

# **Conclusion and future perspectives**

There are several reasons why nanotechnology is currently taking the lead among the most intensively developing research trends. Nano-matter often exhibits new properties, other than those of the morphology of a continuous solid. Also, new phenomena appear at the nanoscale, which are unknown in the case of microcrystalline objects. For this reason, nanomaterials have already found numerous applications,

Nanoparticles	Application
Gold nanoparticles	Diagnosis of HIV (in vitro)
	Diagnosis of blood vessels
	Probes in PCR, Western blot
Silver nanoparticles	Bandages ACTICOAT
	Signal amplifier
Nanoparticles	Toothpastes
of apatite	
Magnetic nanoparticles	Cancer diagnostics (in vitro)
	Cell recognition
	Diagnosis and treatment of
	cardiovascular diseases
Quantum dots	Probes in Western blot
	Bio-detection
	Flow cytometry
	Luminescent biomarkers
Carbon nanotubes	Diagnosis of the respiratory system
Dendrimers	Treatment of HIV, cancer and inflammation

Table II Commercial uses of nanoparticles in medicine	Table I	L	Commercial	uses	of	nano	particle	s in	medicine
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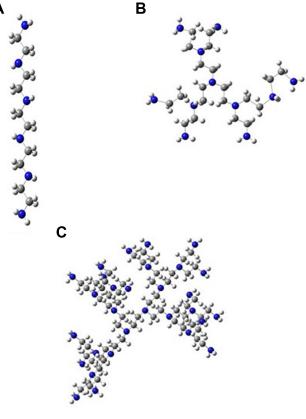


Figure 37 Examples of polyethylenimine molecules: linear (A); branched (B) and dendrimer (C).<sup>216217\*</sup> Note: Data from Szefler et al.<sup>216217</sup>

which have been described in this review. Among intensively developed various branches of nanotechnology, nanomedicine stands out particularly.<sup>222</sup> It uses nanoparticles (NCz) and nanomaterials in areas such as nanodiagnostics, nanopharmacology and nanooncology. Nanodiagnostics is mainly based on rapid diagnosis of disease states by using NCz as markers and indicators in diagnostic tests. But one of the best

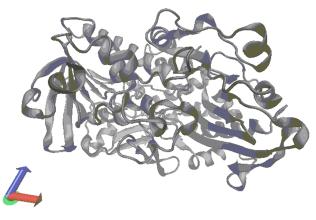
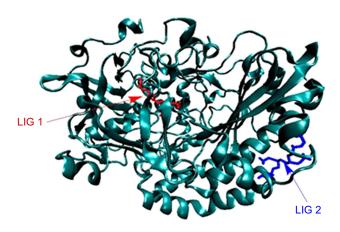


Figure 38 The protein 3QVR.216\*,217\*,220

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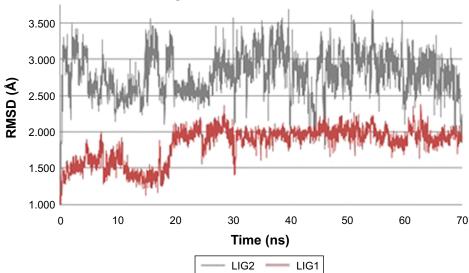


Figure 39 The ligand PEI C14N8 07 B22.216\*,217\*



**Figure 40** Two sites of the interaction PEI\_C14N8\_07\_B22-3QVR were used during molecular dynamics: inside (LIG1) and on its surface (LIG2). **Note:** Data from et al<sup>216</sup> and Szefler et al.<sup>217</sup>

developing areas of nanomedicine is nanopharmacology.<sup>221</sup> Thanks to the use of nanoparticles, the pharmacodynamic and pharmacokinetic parameters of the drug are improved, including, among others, bioavailability, time of release of the active substance and prolongation of pharmacological action time. For therapeutic purposes, nanoparticles in the form of liposomes, fullerenes, nanotubes and dendrimers are most commonly used.<sup>222</sup> Therefore, nanopharmacology is based on the creation of carrier nanosystems enabling the selective delivery of the drug and its controlled release in pathological cells or tissues. Nanopharmacology also deals with the creation of new nanodrugs and the improvement of existing ones.<sup>223</sup> Therefore, the introduction of nanotechnology into medicine and pharmacology opens new possibilities for the development of these disciplines, gives great hope for the creation of drugs where toxicological properties are reduced to a minimum, reduces the doses of medicines, offers targeted treatment, that is, getting the medicines exactly to diseased areas and, at the same time, protecting healthy tissues. It also increases diagnostic possibilities, is an intraoperative assistant for doctors and provides the opportunity to quickly convalesce patients by minimizing the invasiveness of treatments. Such creation of new "nanodrugs" requires a special understanding of the properties of nanoparticles. That is why, in this article, the way of creating a new nanodrug has been described from ab initio calculations by docking and molecular dynamic applications, up to creation of new nanodrug, as a proposition which can be used in the near



RMSD of ligand in the first an second active side

Figure 41 RMSD distribution of ligand PEI\_C14N8\_07\_B22 inside of protein and on the protein surface. Abbreviation: RMSD, root-mean-square deviation.

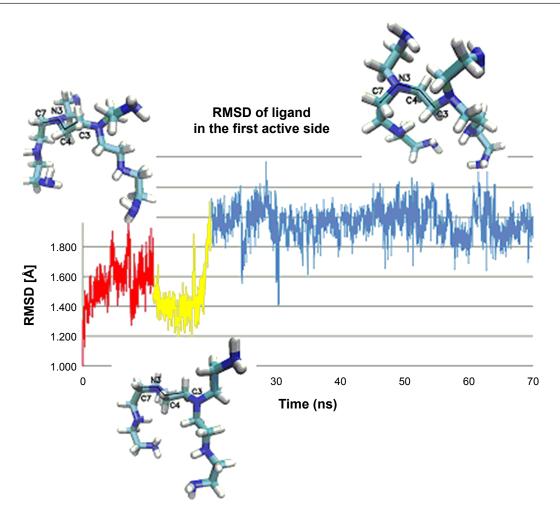


Figure 42 Distribution of values of the dihedral angle of ligand (C7–N3–C4–C3, LIG1) during MD simulation inside of the protein. Abbreviation: RMSD, root-mean-square deviation.

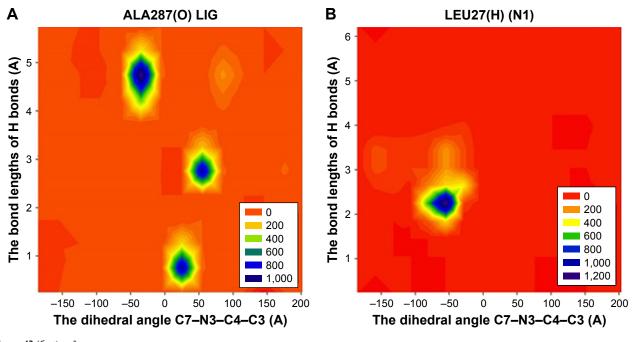
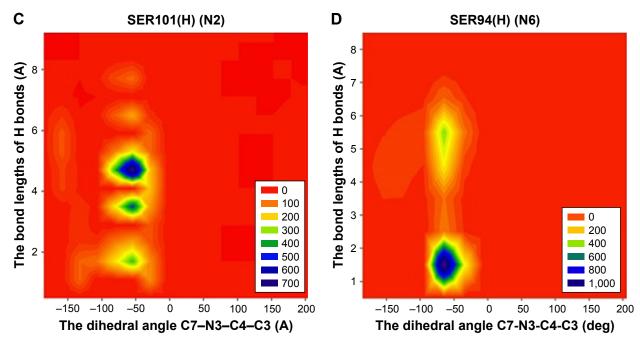


Figure 43 (Continued)



**Figure 43** The length of hydrogen bonds created inside of protein (LIGI) as a function of dihedral angle  $C_7 - N_3 - C_4 - C_3$  during MD simulation. **Notes:** (**A**) The length of hydrogen bonds created between oxygen atom (O) of aminoacid Alanine 287 (ALA287) and ligand. (**B**) The length of hydrogen bonds created between hydrogen atom (H) of aminoacid Leucine 27 (LEU27) and nitrogen atom NI of ligand. (**C**) The length of hydrogen bonds created between hydrogen atom (H) of aminoacid Serine 101 (SER101) and nitrogen atom N2 of ligand. (**D**) The length of hydrogen bonds created between hydrogen atom (H) of aminoacid Serine 94 (SER94) and nitrogen atom N6 of ligand.

future in personalized medicine. Nanotechnology is the source of a great revolution in medicine. It gives great hope for better and faster treatment of many diseases, and thus gives hope for a better tomorrow.

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# Disclosure

The author reports no conflicts of interest in this work.

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