

Clinical features and prognostic factors of primary bone marrow lymphoma

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Background: Primary bone marrow lymphoma (PBML) is a very uncommon neoplasm originally arising in the bone marrow system, and the most common pathological type is diffuse large B-cell lymphoma.

Patients and methods: To describe the clinical characteristics of PBML and evaluate the risk factors related to prognosis, we recruited and studied 66 patients from our center and the current published literature. Various symptoms are present at the onset of PBML, the most important of which is cytopenia, followed by fever. Forty-seven of these patients were included in our analysis.

Results: Univariate analysis suggested that B symptoms ($P=0.024$), a low serum platelet level ($<75 \times 10^9/L$; $P=0.032$), an elevated serum LDH level ($P=0.039$), and not achieving a complete response (CR) following initial therapy ($P=0.007$) are associated with worse outcomes. Multivariate analysis showed that only a low serum platelet level ($<75 \times 10^9/L$), B symptoms, and not achieving a CR following initial therapy are independent factors for prognosis. In addition, intensive regimens appear to be beneficial for prognosis.

Conclusion: PBML is a lymphoma with special clinical features, and its recognition is important for establishing a definitive prognosis model and searching for appropriate therapy.

Keywords: diffuse large B-cell lymphoma, primary bone marrow lymphoma, bone marrow, B symptoms, cytopenia

Background

Primary bone marrow lymphoma (PBML) is an extremely rare form of lymphoma with rapid disease progression and a poor prognosis.^{1,2} A previous case series study conducted by Martinez et al¹ focused on the pathological features of PBML; however, only a few clinical features were found to be associated with the disease. Five different pathological types of lymphoma can originate in the bone marrow, including Hodgkin's lymphoma (HL), diffuse large B-cell lymphoma (DLBCL), peripheral T-cell lymphoma, not otherwise specified lymphoma (PTCL, NOS), ALK-negative anaplastic large cell lymphoma (ALK-negative ALCL), and follicular lymphoma (FL).¹ Among these types, DLBCL is the most common pathological subtype. However, due to the low incidence of the disease, large-scale and systematic case series studies are lacking; therefore, information regarding the clinical features of PBML is lacking. Additionally, the current treatments for PBML are not uniform and have not been standardized, and most treatments focus on only the pathological type and lack specificity and scientific evidence. Furthermore, no study has reported the risk factors affecting the outcomes of PBML. Thus, we reviewed some cases that had been diagnosed at our single center and analyzed previous studies. The present study aimed to investigate the specific clinical

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features and risk stratification effects on the outcomes of these patients and to discuss treatment strategies for PBML.

Patients and methods

Patient selection and data collection

The following criteria were used to define PBML: 1) pathologically confirmed bone marrow involvement, regardless of peripheral blood involvement; 2) absence of lymph node, spleen, liver, or other extra marrow involvement upon physical examination or imaging studies (including thoracic, abdominal, and pelvic enhanced computerized tomography [CT], systemic superficial lymph node B-scan ultrasonography, and systemic positron emission tomography/CT [PET/CT]; among these imaging studies, PET/CT is considered relatively authoritative); 3) no evidence of localized bone tumors; 4) bone marrow biopsy with no signs of bony trabecular destruction or PET/CT revealing diffuse enhanced bone marrow metabolism without a localized bone lesion; and 5) exclusion of leukemia/lymphoma cases, including chronic lymphocytic leukemia/small lymphocytic lymphoma, prolymphocytic leukemia, lymphoplasmacytic lymphoma, hairy cell leukemia, Burkitt lymphoma (Burkitt leukemia variant), and acute lymphoblastic leukemia.¹

In addition to the above mentioned diagnostic criteria, we added the following exclusion criteria: 1) cases with a second tumor or a disease that could seriously influence survival and 2) B-cell lymphomas that could not be further diagnosed.

All patients' clinical data, including sex, age, initial symptoms, peripheral blood indicators at first admission, LDH level, β -2 microglobulin level, international prognostic index, treatment modality, treatment response, and radiological findings, were collected. The bone marrow examination included a bone marrow smear cytologic examination, bone marrow biopsy, and bone marrow aspiration.

This study was approved by the ethics committee of the First Affiliated Hospital of Zhengzhou University and was conducted in accordance with the Declaration of Helsinki. Written informed consent for the collection of medical information was obtained from all patients. All procedures performed in the study were in accordance with the ethical standards of the institutional research committee.

Statistical analysis

Complete response (CR), partial response (PR), stable disease (SD), and progressive disease were used to define the classification of the treatment response according to the criteria for malignant lymphoma. The overall survival (OS) was defined from the date of pathological diagnosis to death or to the last

date of follow-up. We divided the degree of cytopenia into the following four levels: Grade 0: leukocytes $\geq 4.0 \times 10^9/L$, hemoglobin ≥ 110 g/L, platelets $\geq 100 \times 10^9/L$; Grade 1: leukocytes $(3.0-3.9) \times 10^9/L$, hemoglobin (95–100) g/L, platelets $(75-99) \times 10^9/L$; Grade 2: leukocytes $(2.0-2.9) \times 10^9/L$, hemoglobin (80–94) g/L, platelets $(50-74) \times 10^9/L$; Grade 3: leukocytes $(1.0-1.9) \times 10^9/L$, hemoglobin (65–79) g/L, platelets $(25-49) \times 10^9/L$; and Grade 4: leukocytes $(0-1.0) \times 10^9/L$, hemoglobin < 65 g/L, platelets $< 25 \times 10^9/L$. OS and survival curves were analyzed by the Kaplan–Meier method. The survival of patients with different prognostic variables was analyzed by the log-rank test, and multiple independent prognostic factors were analyzed using a Cox proportional hazards regression analysis. The correlations between two variables were analyzed by Pearson's chi-square analysis. *P*-values < 0.05 were considered statistically significant, and the statistical analyses were performed using SPSS 21.0.

Results

Patient characteristics in our center

Seven patients with PBML who were treated at the Lymphoma Diagnosis and Treatment Center of Henan Province were enrolled between July 2011 and June 2017 into this study; their clinical characteristics are listed in Table 1. The median follow-up time was 10.4 months (range: 1.0–25 months) and the median age at diagnosis was 56 years (range: 38–72 years). There were five deaths, accounting for 71.4%. Of these patients, three patients died from treatment failure and other two patients finally succumbed to recurrence of the disease. Notably, PET/CT was used in four cases, and all cases revealed disseminated bone marrow with diffuse hypermetabolism, and the median standard uptake value level was 5.9 (range: 4.8–7.5).

Literature review and statistical analysis

Data of 66 cases of PBML were collected and analyzed as follows: 7 cases were among the cases at our center and 59 cases were identified through searching PubMed, China National Knowledge Infrastructure, and Wanfang Data from 1997 to 2018, and the specific information of these patients is presented in Table 2. Nineteen of them were excluded due to lack of specific follow-up time; finally, 47 cases were enrolled into this retrospective analysis. As shown in Table 2, the female/male ratio of the patients was 4:7 (24:42), and the age ranged between 29 and 81 years (median: 60.0 years; average: 57.6 years). PBML occurred in various pathological types of lymphoma. The most common PBMLs were DLBCLs with 40 cases (60.6%). The other types included HL

Table I Clinical features of seven patients with PBML in our center

Case	Diagnosis	Age/sex	Main symptoms	WBC count (10 ⁹ /L)	Hb (g/dL)	Platelets (10 ⁹ /L)	LDH	B2MG	IPI	Treatment	Outcome overall	Overall survival (months)
1	PTCL, NOS	47/F	Cytopenia	6.75	94	30	N	N	1	3GDPT – PR 3CHOP – PD 4ESHAP – PD 2DICE – not been evaluated	Dead	18
2	T-cell lymphoma and HLH	38/F	B cytopenia	0.46	79	15	H	H	2	1RCHOP – not been evaluated 1 (Etoposide + dexamethasone + cyclosporine) – not been evaluated	Dead	1
3	T-cell lymphoma	62/M	B cytopenia	2.07	85	115	N	N	3	GDPT×2 – SD 3CHOP – PR 1 (Decitabine + thalidomide + etoposide + dexamethasone) – CR	Alive	12
4	DLBCL	62/M	B cytopenia	3.2	60	81	H	H	4	2REPOCH – CR 2REPOCH – CR 2RCHOP – CR	Alive	25
5	DLBCL	50/F	B cytopenia	5.3	99	286	N	H	2	6RCHOP – PR – relapse – 2 (fotemustine + temozolomide + dexamethasone) – not been evaluated	Dead	7
6	DLBCL and HLH	62/M	B cytopenia, joint pain, chest distress	3.2	71	3	H	H	3	1 (Rituximab + methylprednisolone + etoposide) – not been evaluated	Dead	1
7	DLBCL and HLH	72/M	B cytopenia, fatigue	9.9	113	77	H	H	3	2 (Etoposide + dexamethasone + cyclosporine) – CR – relapse – 2 (etoposide + dexamethasone + cyclosporine)	Dead	9

Abbreviations: B, B symptoms; B2MG, β 2-microglobulin; CHOP, cyclophosphamide, epirubicin, vincristine, prednisone; CR, complete response; DICE, dexamethasone, ifosfamide, mesna, etoposide; DLBCL, diffuse large B-cell lymphoma; ESHAP, etoposide, methylprednisolone, high-dose cytarabine, and cisplatin; GDPT, gemcitabine, cisplatin, prednisone, and thalidomide; H, high; Hb, hemoglobin; HLH, hemophagocytic lymphohistiocytosis; IPI, international prognostic index; N, normal; PBML, primary bone marrow lymphoma; PD, progressive disease; PR, partial response; PTCL, NOS, peripheral T-cell lymphoma, not otherwise specified; REPOCH, rituximab, etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin; SD, stable disease; WBC, white blood cells.

Table 2 Clinical characteristics of 66 patients with PBML from literature (cases 1–66)

Case	Initial diagnosis	Age (years)	Sex	Initial symptoms	B2MG	LDH	WBC/Hb/PLT	G	Initial treatment	IR	OS (months)	Reference
1	HIV-negative HL	64	M	Fever, cytopenia	NA	H	2.1/85/61	2	ABVD	F	0.1	Ponzoni et al ³³
2	HIV-negative HL	50	M	Fever, cytopenia	NA	H	2.1/74/40	3	ABVD	F	0.7	Cacoub et al ³⁴
3	HIV-negative HL	66	F	Fever, cytopenia	NA	N	2.5/112/132	2	ABVD	CR	15.0+	Dholaria et al ³⁵
4	HIV-negative HL and HLH	68	M	Fever, cytopenia	NA	H	3.2/78/16	4	NO	NA	2.0	Yasuyoshi et al ²¹
5	HIV-positive HL	29	M	Fever, cytopenia	NA	H	3.2/91/102	2	MOPP/ABV	CR	31.0	Gerard et al ³⁶
6	HIV-positive HL	58	M	Fever, cytopenia	NA	NA	NA	NA	ABVD	F	2.0	Ponzoni et al ³⁷
7	HIV-positive HL	36	M	Fever, cytopenia	NA	NA	NA	NA	ABVD	F	4.0	Ponzoni et al ³⁷
8	HIV-positive HL	31	M	Fever, cytopenia	NA	NA	NA	NA	ABVD	CR	18.0+	Ponzoni et al ³⁷
9	HIV-positive HL	49	M	Fever, cytopenia	NA	NA	NA	NA	ABVD	CR	114.0+	Ponzoni et al ³⁷
10	HIV-positive HL	33	M	Fever, cytopenia	NA	NA	NA	NA	EBV	NA	4.0	Ponzoni et al ³⁷
11	HIV-positive HL	34	M	Fever, cytopenia	NA	NA	NA	NA	ABVD	CR	3.0+	Ponzoni et al ³⁷
12	HIV-positive HL	55	M	Fever, chills, weight loss, cytopenia	NA	NA	NA	NA	NA	NA	NA	Salama et al ³⁸
13	HIV-positive HL	43	M	Fever, cytopenia, vomiting	NA	NA	2.1/90/115	2	ABVD	NA	1.0+	Shah et al ³⁹
14	HL	89	F	Fever, cytopenia	NA	NA	NA	3	NA	NA	NA	Suzuki et al ⁴⁰
15	T-cell lymphoma and HLH	38	M	Fever, cytopenia	H	H	0.46/79/15	4	RCHOP	F	1.0	Our case
16	T-cell lymphoma	62	F	Fever, cytopenia	N	N	2.07/85/115	2	GDPT	PR	12.0+	Our case
17	PTCL, NOS	34	M	Hypercalcemia	NA	H	NA	NA	ALL	F	9.6	Martinez et al ¹
18	PTCL, NOS	73	F	Fatigue, malaise, cytopenia	NA	NA	1.3/76/33	3	Pentostatin	F	44.4	Martinez et al ¹
19	PTCL, NOS	47	M	Cytopenia	N	N	6.75/94/30	3	3GDPT	PR	18.0	Our case
20	ALK-negative ALCL and HLH	60	M	Fever, jaundice, cytopenia	NA	NA	1.7/N/107	3	Cortisol + cyclosporine	F	NA	Gudgin et al ⁴¹
21	ALK-negative ALCL	60	M	Fever, cytopenia	H	N	1.5/86/105	3	1CHOP	CR	NA	Szomoret al ⁴²
22	FL	76	M	NO	N	N	13.65/140/216	0	NO	NA	64.8+	Martinez et al ¹
23	FL	81	F	Cytopenia	H	H	19.9/73/67	3	COP	F	3.6	Martinez et al ¹
24	FL	61	F	Bone pain	N	N	7.1/132/236	0	RCHOP	CR	40.8+	Martinez et al ¹
25	FL	55	M	Cytopenia	N	H	11.4/97/300	1	RCHOP	CR	12.0+	Martinez et al ¹
26	FL	78	M	Hemorrhage, cytopenia	NA	N	8.6/75/1	4	THP-COP	PR	NA	Kagoya et al ⁴³
27	DLBCL and HLH	62	F	Fever, joint pain, cytopenia, chest stress	H	H	3.2/71/3	4	R-methylprednisolone + etoposide	F	1.0	Our case
28	DLBCL and HLH	72	F	Fever, fatigue, cytopenia	H	H	9.9/113/77	1	Etoposide + dexamethasone + cyclosporine	CR	9.0	Our case
29	DLBCL and HLH	57	M	Fever, weight loss, cytopenia	H	H	4.8/65/68	3	RCHOP	CR	10.0+	Kim et al ⁴⁴
30	DLBCL and CAD	70	F	Cytopenia, jaundice	NA	H	5.9/4.6/331	4	RCHOP	CR	22.0+	Kosugi et al ⁴⁴
31	DLBCL and CAD	75	F	Cytopenia	NA	NA	NA	NA	RCHOP	CR	NA	Sumi et al ⁴⁵
32	DLBCL and CAD	76	M	Fever, cytopenia, jaundice	NA	H	5.3/74/NA	NA	RCHOP	CR	19.0	Yamashita et al ⁴³
33	DLBCL and CAD	69	M	Fatigue, somnolence, cytopenia	NA	H	NA/80/NA	NA	RCHOP	CR	NA	Niánle et al ⁴⁶

34	DLBCL		62	F	Cytopenia		H	H	H	3.2/70/81	4	REPOCH	CR	25.0+	Our case
35	DLBCL		50	M	Fever, cytopenia		N	H	H	5.3/99/286	1	RCHOP	PR	7.0	Our case
36	DLBCL		70	F	Fatigue, cytopenia		NA	NA	NA	5.4/81/67	2	NA	F	NA	Huimin et al ¹⁷
37	DLBCL		60	F	Fever, cytopenia		NA	NA	NA	0.58/71/176	4	RCHOP	CR	NA	Huimin et al ¹⁷
38	DLBCL		56	M	Fatigue, cytopenia		NA	NA	NA	2.84/73/33	3	RCHOP	4CR	NA	Huimin et al ¹⁷
39	DLBCL		58	M	Fever, fatigue, cytopenia		NA	H	H	52.8/106/21	4	RCHOP	CR	19.0	Wang et al ⁴⁸
40	DLBCL		41	M	Fever, joint pain, weight loss, cytopenia		NA	H	H	2.75/100/NA	NA	CHOEP	PR	10.0	Ren et al ⁴⁹
41	DLBCL		56	M	Cytopenia, jaundice		H	N	N	1.9/41/62	4	RCHOP	NA	40.0+	Hu et al ⁵⁰
42	DLBCL		52	F	Cytopenia		NA	NA	NA	8.1/60/386	4	RCHOP	NA	NA	Bhagat et al ²
43	DLBCL		52	F	Cytopenia		NA	NA	NA	2.3/77/48	3	RCHOP	F	NA	Bhagat et al ²
44	DLBCL		64	M	Cytopenia		NA	NA	NA	4.8/60/27	4	Chlorambucil + prednisolone	NA	NA	Bhagat et al ²
45	DLBCL		51	F	Cytopenia		NA	NA	NA	1.9/81/24	4	RCHOP	CR	NA	Bhagat et al ²
46	DLBCL		76	F	Dyspnea, cytopenia		NA	H	H	NA	NA	RCHOP	CR	27.0+	Nicola et al ⁵¹
47	DLBCL		52	F	Cytopenia		NA	N	N	8.1/60/286	4	NA		NA	Sharma et al ⁵²
48*	DLBCL		39	F	Fever, cytopenia		NA	N	N	2.95/65/NA	NA	RCHOP	CR	NA	Kazama et al ⁵²
49	DLBCL		44	M	Fever, cytopenia		N	H	H	NA	NA	CHOP	NA	8.0	Chang et al ⁵³
50	DLBCL		65	M	B, cytopenia		H	N	N	3.5/102/56	2	RCHOP	CR	20.4+	Martinez et al ¹
51	DLBCL		63	F	Fatigue, cytopenia		H	H	H	2.8/97/121	2	HD-CHOP	PR	54.0	Martinez et al ¹
52	DLBCL		29	M	Malaise, cytopenia		H	H	H	1.7/82/66	3	CHOP	F	7.2	Martinez et al ¹
53	DLBCL		63	F	Bone pain, fatigue, cytopenia, malaise		N	H	H	5.1/89/207	2	COP	PR	21.6	Martinez et al ¹
54	DLBCL		71	F	Fatigue		H	H	H	NA	NA	RCHOP	CR	18.0	Martinez et al ¹
55	DLBCL		45	M	Bone pain		NA	NA	NA	NA	NA	RCHOP	F	7.2	Martinez et al ¹
56	DLBCL		72	M	Fatigue, cytopenia		NA	H	H	5.2/52/221	4	RCHOP	F	4.8+	Martinez et al ¹
57	DLBCL		67	M	Infections, cytopenia		NA	H	H	2.6/108/61	2	ALL	F	28.8	Martinez et al ¹
58	DLBCL		32	M	Bone pain, fatigue, malaise, cytopenia		NA	H	H	3.7/106/162	1	VACOPB	CR	105.6+	Martinez et al ¹
59	DLBCL		78	F	B, cytopenia		NA	H	H	22.5/120/67	3	RCHOP	CR	4.0	Alvares et al ⁵⁴
60	DLBCL		73	F	B, cytopenia		H	H	H	7.7/110/46	3	CHOP	F	NA	Alvares et al ⁵⁴
61	DLBCL		42	M	B, fatigue, cytopenia		NA	H	H	2.3/105/50	2	RCHOP	F	NA	Alvares et al ⁵⁴
62	DLBCL		51	M	Bone pain, fatigue, malaise, cytopenia		NA	H	H	3.7/117/273	1	CHOP	F	12.0	Martinez et al ¹
63	DLBCL		79	M	Bone pain, fatigue, malaise, cytopenia		NA	H	H	4.5/87/500	2	RCHOP	CR	18.0+	Martinez et al ¹
64	DLBCL		70	M	B, bone pain, cytopenia		N	N	N	2.8/63/173	4	CHOEP	PR	9.0	Martinez et al ¹
65	DLBCL		67	M	Fever, cytopenia		NA	NA	NA	N/71/N	NA	NA	NA	NA	Nagasaki et al ⁵⁵
66	DLBCL		40	M	Fatigue, dyspnea, cytopenia		NA	H	H	NA/43/NA	NA	HYPERCAVD	CR	33.0+	Matthies et al ⁵

Notes: *Received autologous stem cell transplantation. + Alive.

Abbreviations: ALL, prednisone, vincristine, daunorubicin, L-asparaginase, cyclophosphamide, cytarabine, bleomycin, 6-mercaptopurine; ALCL, ALK-negative anaplastic large cell lymphoma; B, symptoms; B2MG, β 2-microglobulin; CAD, cold agglutinin disease; CHOEP, cyclophosphamide, doxorubicin, vincristine, prednisolone, etoposide; CHOP, cyclophosphamide, epirubicin, vincristine, prednisone; COP, cyclophosphamide, vincristine, prednisone; CR, complete response; DLBCL, diffuse large B-cell lymphoma; EBV, Epstein-Barr virus; EPOCH, cyclophosphamide, epirubicin, vincristine, prednisone, cyclophosphamide; G, hematoepoietic function grade; GDPT, gemtactabine, cisplatin, prednisone, and thalidomide; H, high; Hb, hemoglobin; HD, high dose; HL, Hodgkin's lymphoma; HLH, hemophagocytic lymphohistiocytosis; HYPERCAVD, cyclophosphamide, vincristine, dexamethasone, adriamycin/methotrexate, cytarabine; IR, initial response; MOPP/ABV, methotrexate, vincristine, cyclophosphamide, prednisone/adriamycin, bleomycin, vinblastin; N, normal; NA, not available; OS, overall survival; PLT, platelets; PR, partial response; PTCL, NOS, peripheral T-cell lymphoma, not otherwise specified; RCHOP, rituximab, cyclophosphamide, epirubicin, vincristine, prednisone; REPOCH, rituximab, etoposide, prednisone, cyclophosphamide, vincristine, prednisone; VACOPB, etoposide, doxorubicin, cyclophosphamide, vincristine, prednisone, bleomycin; WBC, white blood cells.

(14/66, 21.2%), PTCL, NOS (3/66, 4.5%), ALK-negative ALCL (2/66, 3.0%), and FL (5/66, 7.6%). Six patients with PBML had hemophagocytic lymphohistiocytosis (HLH) at the same time, and the mean survival time was only 4 months. No examples of successful treatment were found in our study. Additionally, four patients had complicated cold agglutinin disease, and these patients usually present with cytopenia accompanied by elevated serum cold agglutinin levels. Finally, three patients were still alive and only one patient died from relapse 19 months after the initial chemotherapy. Of all the 40 cases of DLBCL, we obtained the immunohistochemical results of 39 patients, and these results are shown in Table 3. Thirty-three patients died during follow-up, including 20 patients who died from disease progression and 10 patients who died from chemotherapy-related complications. Additionally, 29/57 patients achieved CR, 9/57 patients achieved PR after initial therapy, and the overall response rate was 67.7% (50.9% CR +15.8% PR). PBML of different pathological types showed distinct prognoses. Most patients with HL were treated with doxorubicin, bleomycin, vinblastine, and dacarbazine (ABVD) or ABVD-like regimens. The median survival period was 4 months, and HIV-negative HL had a poorer OS than HIV-positive HL ($P=0.097$). However, statistically significant indicators related to prognosis could not be obtained due to insufficient data. The treatment strategies and survival time of the T-cell lymphoma patients were diverse. The median survival period was 9.6 months. Among four out of five patients with FL, only one patient died. Most patients with DLBCL were treated with cyclophosphamide, epirubicin, vincristine, prednisone (CHOP) or a CHOP-like regimen. The median survival period was 19 months. The clinical features of 47 patients included in the retrospective analysis are summarized in Table 4. The median OS was 19 months. In the univariable analysis, the Kaplan–Meier method and log-rank test were used to analyze the influence of the following factors on survival: sex, age, degree of cytopenia, serum hemoglobin level, serum leukocyte level, serum platelet level, B symptoms, serum LDH level, serum $\beta 2$ -microglobulin level, and response to initial treatment; the degree of cytopenia, serum platelet level, B symptoms, serum LDH level, and response to initial treatment were found to be significantly correlated with OS ($P<0.05$; Table 5), and the survival curves are shown in Figure 1. Additionally, we attempted to identify the difference in prognosis between HL and non-Hodgkin's lymphoma and between T-cell and B-cell lymphoma; both results were not statistically significant. Due to the limited number of cases, only those factors with P -values <0.05 were studied, including the serum LDH

Table 3 Pathological, phenotypic, and molecular features of DLBCL cases (n=34)

Case	CD20	CD10	CD5	BCL-2	BCL-6	Involvement (%)
27	+	NA	NA	NA	NA	NA
28	+	NA	NA	NA	NA	NA
29	+	–	+	–	+	65.4
30	+	–	–	+	NA	NA
31	+	–	–	+	NA	NA
32	+	–	–	+	+	NA
33	+	–	–	NA	NA	NA
34	NA	NA	NA	NA	NA	NA
35	+	NA	NA	NA	NA	NA
36	+	–	NA	+	–	36.7
37	+	–	+	+	–	9.78
38	+	+	–	NA	+	18.4
39	+	–	–	+	–	39
40	+	+	–	NA	NA	NA
41	+	–	–	NA	NA	4.5
42	+	–	NA	NA	NA	35
43	+	–	NA	NA	NA	42
44	+	–	NA	NA	NA	50
45	+	–	NA	NA	NA	50
46	+	NA	NA	+	NA	NA
47	+	NA	NA	–	+	NA
48	+	NA	–	–	NA	NA
49	+	NA	+	NA	NA	23.5
50	+	–	–	–	–	70
51	+	–	–	+	NA	90
52	+	–	–	+	–	20
53	+	–	–	+	–	15
54	+	+	–	+	+	80
55	+	–	–	+	–	70
56	+	–	–	+	–	80
57	+	–	–	+	–	70
58	+	NA	–	NA	NA	100
59	+	NA	–	NA	NA	80
60	+	–	–	NA	NA	70
61	+	–	–	NA	NA	70
62	+	+	–	+	NA	80
63	+	–	–	+	+	90
64	+	NA	–	NA	NA	100
65	+	–	+	NA	NA	35
66	–	NA	NA	NA	NA	25–75

Abbreviations: DLBCL, diffuse large B-cell lymphoma; NA, not applicable.

level, B symptoms, serum platelet level, degree of cytopenia, response to initial therapy, and degree of cytopenia* serum platelet level (which is defined as the interaction of two variables), and the results showed that there was an interaction

Table 4 Clinical characteristics of 47 patients with PBML

Variable	Total, n	Percentage (%)
Age (years)		
≤60	24	51.1
>60	23	48.9
Sex		
Male	33	70.2
Female	14	29.8
Degree of cytopenia		
Grades 1 and 2	18	52.9
Grades 3 and 4	16	47.1
Serum hemoglobin level (g/L)		
≤75	11	30.6
>75	25	69.4
Serum leukocyte level (10 ⁹ /L)		
≤4.0	22	62.9
>4.0	13	37.1
Serum platelet level (10 ⁹ /L)		
≤75	15	45.5
>75	18	54.5
Serum LDH level		
Normal	8	21.1
High	30	78.9
Serum β2-microglobulin level		
Normal	9	45
High	11	55
B symptoms		
Yes	26	55.3
No	21	44.7
Response to initial treatment		
CR	20	48.8
Not CR	21	51.2

Abbreviations: CR, complete remission; PBML, primary bone marrow lymphoma.

between the two variables. Considering the *P*-value of the univariable analysis and clinical convenience, we excluded the variable of degree of cytopenia from the Cox regression model. Finally, the LDH level, B symptoms, serum platelet level, and response to initial therapy were included in the Cox regression analysis, and a low serum platelet level, B symptom, and not achieving CR following the initial therapy showed an independent association with an unfavorable OS (Table 5). In addition, because of the uniformity of the treatment options for DLBCL, we divided the patients into two groups: one group included 23 cases with RCHOP, RCHOP-like/CHOP, or CHOP-like regimens and the other

Table 5 Univariate and multivariate analyses for overall survival

Variable	Univariate analysis	Multivariate analysis	P-value
	HR (P-value)	HR (95% CI)	
Age (years)	0.549		
≤60			
>60			
Sex	0.584		
Male			
Female			
Degree of cytopenia	0.041		
Grades 1 and 2			
Grades 3 and 4			
Serum hemoglobin level (g/L)	0.93		
≤75			
>75			
Serum leukocyte level (10 ⁹ /L)	0.823		
≤4.0			
>4.0			
Serum platelet level (10 ⁹ /L)	0.06		
≤75		4.553 (1.371–15.125)	0.013
>75			
Serum LDH level	0.048		
High			
Normal			
Serum β2-microglobulin level	0.615		
High			
Normal			
B symptoms	0.037		
Yes		1.4229 (2.891–70.031)	0.001
No			
Response to initial treatment	<0.001		
Not CR		12.429 (2.871–53.802)	0.001
CR			

Abbreviation: CR, complete remission.

group included 5 cases with intensive regimens, including HVPERCAVD, EPOCH, ALL, HD-CHOP, and VACOPB. The patients who had received intensive regimens showed a better OS (*P*=0.01; Figure 2).

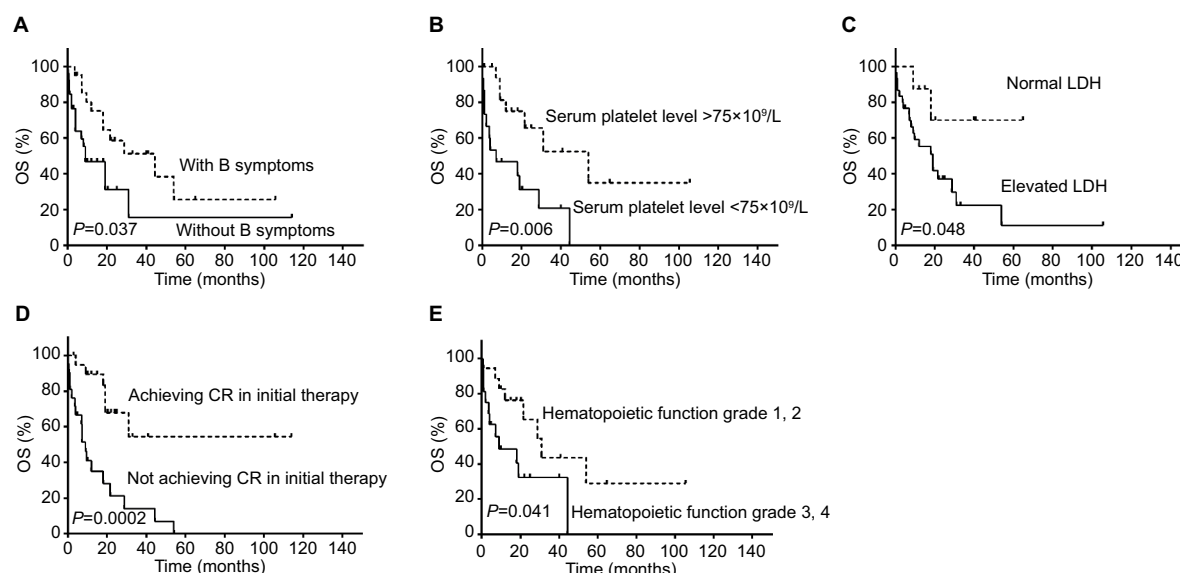


Figure 1 Univariable analyses of prognostic factors for OS for our 66 patients with PBML.

Notes: (A) Kaplan meier of OS in two groups with and without B symptoms; (B) Kaplan meier of OS in two groups with serum platelet level $>75 \times 10^9/L$ and with serum platelet level $<75 \times 10^9/L$; (C) Kaplan meier of OS in two groups with normal LDH and with elevated LDH; (D) Kaplan meier of OS in two groups achieving CR and not achieving CR in the initial therapy; (E) Kaplan meier of OS in two groups with hematopoietic function grade 1, 2 and hematopoietic function grade 3, 4.

Abbreviations: CR, complete response; OS, overall survival; PBML, primary bone marrow lymphoma.

Discussion

The present study is the largest study concerning PBML to date. To the best of our knowledge, regarding the clinical features and prognosis of primary marrow bone lymphoma, we are the first to perform a systematic and comprehensive review and establish a prognostic model of PBML. PBML has been sporadically reported in the literature since the 1970s. Compared with other lymphomas of the same pathological type, PBML is usually difficult to diagnose, progresses rapidly, and is easy to combine with multiple complications, such as severe infection and HLH, only part of people in the conventional treatment respond well, and OS is relatively short.¹⁻³ In some cases, a clear diagnosis lacks complete evidence, and often, primary bone lymphoma (PBL) cases, which occur infrequently, are misdiagnosed as PBMLs. Most clinical manifestations of PBLs include bone pain and fractures; most of the common lesion features are destructive through localized radiological examination; and the disease often presents with a local single lesion.^{1,4} In contrast to PBL, the important symptoms of PBML include cytopenia and B symptoms, and the occurrence of bone pain is relatively rare based on our data. Additionally, in our study, the lesion was usually confined to the marrow cavity during the early stage, and the PET/CT results of 13 patients, not only from our center but also from the literature review, all presented diffuse abnormal fluorodeoxyglucose uptake in the bone marrow that appeared to be more intense in the axial bones;

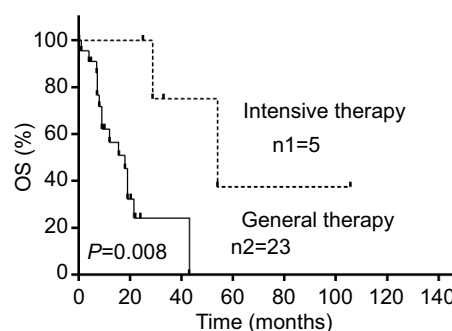


Figure 2 Curve of cumulative survival of patients with PBML diagnosed as DLBCL with general therapy or with intensive therapy.

Notes: n1 represents the initial number of recipients of the intensive therapy; n2 represents the initial number of recipients of the general therapy.

Abbreviations: DLBCL, diffuse large B-cell lymphoma; OS, overall survival; PBML, primary bone marrow lymphoma.

therefore, we believe that PET/CT has a certain importance in the diagnosis of PBML, and so, we added this item to the criteria proposed by Martinez et al¹ in 2012. In addition, MRI usually reveals a diffusely abnormal marrow signal (low on T1-weighted images, high on T2-weighted images) in the bone marrow cavity.⁵ Thus, imaging data can provide important information for the identification of PBL and PBML.

In our studies, three clinical variables were proved to be independent prognostic factors, including B symptoms, serum platelet levels, and response to initial treatment. In several studies about lymphoma, B symptoms have been found to be an important prognostic variable for OS.⁶⁻⁸ The degree of cytopenia is clearly closely related to disease severity.

Therefore, cytopenia likely affects prognosis. However, our results indicate that platelet count was also an independent factor affecting prognosis. In fact, based on our data, thrombocytopenia does not affect treatment or increase the number of bleeding events. Some early studies^{9–11} have revealed that thrombocytopenia affects the survival results in lymphomas with bone marrow involvement, including PBML. In addition, a similar prognostic result was reported in early-stage B-cell gastric lymphoma¹² and DLBCL.^{13,14} We believe that autoimmune thrombocytopenia-associated PBML may be a potential cause because autoimmune-induced thrombocytopenia predicted relapse in one-third of lymphoma patients in a study.¹⁵ Age, which is a classic risk factor, was no longer associated with the OS in our study. In some conventional studies, older age-associated poor prognosis may be caused by the following three potential factors: multiple comorbidity, lower tolerance to therapy, and multiple organ dysfunction, including bone marrow function.^{16,17} However, our study indicated that the incidence of complications was nearly equal between the older age group and the younger age group. Additionally, PBML is a disease that severely influences and impairs various organ functions, especially bone marrow function, thereby reducing chemotherapy tolerance. Thus, age seems to be less important than disease malignancy.

Compared with the data from literature review, the incidence of T-cell lymphoma in our center is relatively higher, and the data showed that OS seems to be shorter, which may be associated with a higher rate of B symptoms and HLH. Lymphoma-associated HLH is a relatively vicious disease associated with the uncontrolled activation of the normal immune system,^{18,19} and another important reason is that only two people achieved CR after initial treatment.

Patients with leukopenia or thrombocytopenia were all administered granulocyte-colony stimulating factor (G-CSF) or recombinant human thrombopoietin, but without success. Hammerström reported that three patients with neutropenia secondary to lymphoid bone marrow involvement responded well to G-CSF before chemotherapy.²⁰ However, we found no other literature confirming this problem. Based on our single-center experience, G-CSF or recombinant human thrombopoietin treatment for cytopenia involving or originating in the bone marrow is usually ineffective.

Most patients with HL were treated with ABVD or an ABVD-like regimen. Unfortunately, more than half of these patients died in the short term, and disease progression was the dominant cause of death. Morita et al²¹ reported that HIV-negative cases tended to progress rapidly and resulted in worse outcomes, which is consistent with our analysis.

Regarding T-cell lymphoma, we first used the gemcitabine, cisplatin, prednisone, and thalidomide regimen in our patients because this regimen was proven to be more efficient than CHOP for the treatment of PTCL in a prospective, randomized, controlled, and open-label clinical trial;²² however, the results were not satisfactory and the results of the CHOP regimen were also not satisfactory. Some reports had mentioned that lymphomas, especially T-cell lymphomas, were the main cause of secondary HLH and were associated with a poorer prognosis.^{23,24} This condition also appeared in PBML. Among the patients with primary bone marrow T-cell lymphomas, two out of seven (28.6%) patients had HLH complications and died within a month. The clinical use of decitabine in T-cell PBML is a ground-breaking initiative, and the result that patients had increased long-term survival is also promising. Among all PBML cases, the FL cases seemed to show the mildest symptoms and best prognosis, likely due to the slow development of the disease itself. Martinez et al reported a patient who had leukocytosis as the only abnormal indicator at the time of onset and survived for >5 years until the end of follow-up. In the past two decades, most reported PBMLs have been DLBCLs. Regarding treatment, CHOP or the CHOP-like regimen was usually used as the first-line regimen, and only a small subset of patients (two cases) died from chemotherapy-related side effects during the initial therapy; our results showed that intensive regimens seem to be more effective. We suggest that this effectiveness might be because continuous low concentrations of drugs increased the effectiveness of killing aggressive cancer cells and decreased MDR-1-mediated resistance.^{25–28} Additionally, in some studies investigating aggressive non-Hodgkin's lymphoma with high-risk factors, the patients who received intensive chemotherapies actually showed a better OS than those treated with CHOP.^{29,30} In addition, some studies have published the following results in non-Hodgkin's lymphoma with bone marrow infiltration: the response rate, OS, and progression-free survival of patients treated with intensive regimens were significantly higher than those of patients treated with the standard CHOP regimen.^{11,31} In conclusion, we believe that intensive therapy may indeed be conducive to survival in PBML. However, another problem that cannot be ignored is that intensive treatment may lead to greater risks in PBML than other high-risk non-Hodgkin lymphomas. Thus, safety and chemotherapy tolerance require extensive data, and the CHOP or CHOP-like regimen remains a relatively safe and moderate regimen. Kazama et al³² reported that a patient who underwent autologous stem cell transplantation (Auto-SCT) after eight cycles of RCHOP survived for >7

years, representing another clinically significant therapeutic initiative illustrating the possibility that Auto-SCT can improve prognosis. Five cases (case 35, case 39, case 55, case 57, and case 59) developed central nervous system involvement during follow-up, and case 59 developed neurological lesions despite intrathecal prophylaxis, indicating not only that intrathecal treatment is necessary, but also that more valuable therapeutic measures need to be investigated to prevent intracranial progression.

This study had some limitations. First, although we expanded the sample size by reviewing the literature, this study was still a relatively small-scale study, which might have influenced the accuracy of our results. Second, some data were missing in this retrospective study. Third, this study involved less discussion and analysis of target molecules, pathology, and biology.

Conclusion

PBML is a type of lymphoma with a relatively poor prognosis compared to other lymphomas. Patients usually have poor general condition at the time of onset and a poor tolerance to initial chemotherapy during the acute phase. The survival period is generally short. B symptoms, a low serum platelet level ($<75 \times 10^9/L$), and not achieving CR following initial therapy are unfavorable prognosis factors. Additionally, some intensive regimens that differ from traditional regimens or Auto-SCT are worth considering and further exploring. Furthermore, additional and larger prospective multicenter studies are required in the future.

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Author contributions

All authors contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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