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ORIGINAL RESEARCH

## m<sup>6</sup>A methyltransferase METTL3 suppresses colorectal cancer proliferation and migration through p38/ERK pathways

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**Purpose:** Although many biological processes are involved in the modification of  $N^{6}$ -methyladenosine (m<sup>6</sup>A), the exact role of m<sup>6</sup>A in the development of malignant tumors remains unclear. Methyltransferase 3 (METTL3) is a major RNA N<sup>6</sup>-methyladenosine methyltransferase. We aimed to explore the role of METTL3 in colorectal cancer (CRC) carcinogenesis and disease progression.

**Methods:** In this study, immunohistochemistry was performed with a tissue microarray. qRT-PCR and Western blots were used to evaluate the expression of METTL3 in CRC cells. The effect of METTL3 on cell proliferation, migration and invasion of CRC cells was examined by IncuCyte Live Cell Analysis System and transwell assay, respectively.

**Results:** The results suggested that positive expression of METTL3 was significantly associated with longer survival time (P=0.011). We next demonstrated that overexpression of METTL3 could inhibit proliferation, migration and invasion in CRC cells, while down-regulation of METTL3 shows the opposite result. Furthermore, downregulation of METTL3 resulted in activation of p-p38 and p-ERK. Moreover, the inhibitors of p38 or ERK kinase could significantly reverse the effect of migration and invasion, which was induced by knockdown of METTL3.

**Conclusion:** We concluded that METTL3 played a tumor-suppressive role in CRC cell proliferation, migration and invasion through p38/ERK pathways, which indicated that METTL3 might be a novel marker for CRC carcinogenesis, progression and survival. **Keywords:** METTL3, colorectal cancer, N<sup>6</sup>-methyladenosine, migration

### Introduction

Colorectal cancer (CRC) is the third most common cancer worldwide.<sup>1</sup> The survival outcomes in CRC remain poor, due in part, to the presence of distant metastases.<sup>2</sup> Thus, investigating the molecular mechanism of CRC progression and metastasis is crucial in the development of future therapeutic advances. Accumulating evidence has revealed the multistep process in CRC carcinogenesis that involves complicated and dynamic interplay between host genetics, epigenetics and transcriptomic alterations.<sup>3,4</sup>

The importance of DNA methylation plays in the proliferation and metastasis of CRC is well-established.<sup>5</sup> However, the role of N<sup>6</sup>-methyadenosine (m<sup>6</sup>A) in the modification of RNA remains unclear. m<sup>6</sup>A is recognized as the most common internal modification in mammalian mRNA,<sup>6</sup> which is a dynamic reversible process and plays a crucial role in epigenetic regulation.<sup>7,8</sup> METTL3 and METTL14 were

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## Material and methods CRC specimens and cell-lines

The samples were collected from patients who underwent surgery at the Taizhou Hospital in Zhejiang province from 2008 to 2011 with a follow-up information till 2017. All clinical samples were collected with written informed consent from patients, and the ethical approval was granted from the Committees for Ethical Review of Shanghai Outdo Biotech Company. The human CRC cell lines (HCT-116, DLD-1, KM-12 and HCT-8) were obtained from the American Type Culture Collection (ATCC) and maintained in RPMI-1640 culture medium that was supplemented with 10% FBSand working strength penicillinstreptomycin Solution as antibiotics (all from Gibco, New York, NY, USA) at 37°C in an atmosphere of 5% CO<sub>2</sub> in The final concentration of p-38 (SB203580, air. Selleckchem, Shanghai, People's Republic of China) and ERK (SCH772984, MCE) inhibitor was both 2uM.

# Establishment of stable knockdown and overexpressed cells

The open-reading frame (ORF) of METTL3 was amplified from the cDNA of HCT-116 cells and inserted into the Psin vector. CRC cells were stably transduced with METTL3overexpressing lentiviral and Psin control vectors. For the METTL3 knockdown studies, CRC cells were stably transfected with PLKO control vectors and transduced with METTL3 knockdown lentiviral vectors (Table S1). Lentiviruses were packaged by transfecting the 3-plasmid transfer vector: psPAX2: pMD2.G=6: 3: 1.5 ug into 293 Ta cells. The released virus in the liquid media was harvested at 48 hrs and 72 hrs post-transduction and concentrated by ultracentrifugation. To establish the stable knockdown and overexpressing cells, both HCT-116 and DLD1 cells were transduced with the lentivirus at a multiplicity of infection (MOI) of 10 with 5  $\mu$ g/mL polybrene (Sigma, Saint Louis, MO, USA). The stable expressing cells were selected by treating with puromycin for 2 weeks.

# Immunohistochemistry and western blotting

The slide was incubated in 0.3% hydrogen peroxide for 30 mins to block endogenous peroxidase activity. Tissues were permeabilized with 0.5% Triton X-100 for 30 mins and incubated with working strength citrate buffer (pH 6.0) for 15 mins to retrieve the antigen of interest. After three washes in PBS, the slides were blocked in 5% normal goat serum. Samples were then cross-reacted with anti-METTL3 antibody (Abcam, ab195352; Cambridge, UK) that was diluted 1:100 and incubated with the sample for 2 hrs at room temperature. A secondary horseradish peroxidase (HRP)-conjugated anti-rabbit IgG (H+L) was incubated with the slides for 30 mins. In addition, nuclei were visualized using a Leica fluorescence microscope.

Cell monolayers were lysed by incubating with RIPA buffer (Beyotime, Shanghai, People's Republic of China) that was supplemented with a protease inhibitor cocktail (Sigma) on ice for 30 mins. Lysates were centrifuged at 12,000 g for 20 mins, and supernatants were harvested and saved. The protein concentrations were determined using a BCA Protein Assay Kit (Boster, Pleasanton, CA, USA). Proteins were separated by SDS-PAGE using an 8–10% PAGEand transferred to nitrocellulose membranes (BioRad, Hercules, CA, USA).

The membranes were then blocked by 5% milk for 1 hr at room temperature. After four washes in PBST (PBS supplemented with 0.5% Triton X-100), membranes were immunoblotted with HRP-conjugated goat anti-mouse antibody (1:10,000) for 1 hr. The signal strength of revealed protein bands was detected with an enhanced chemiluminescence (ECL) substrate and captured with Image-Lab software (BioRad). Rabbit monoclonal antibody METTL3, P38, p-P38, ERK, p-ERK, JNK, and p-JNK were purchased from Cell Signaling Technology, Inc. (St. Louis, MO, USA). Detection of the relative protein band intensities of GAPDH served as an internal loading control. **Proliferation and colony formation assay** Approximately  $5 \times 10^3$  cells were seeded into 96-well flatbottomed plates, and the real-time proliferation of those seeded cells was detected by the IncuCyte® S3 Live Cell Analysis System (Roche Applied Sciences, Indianapolis, IN, USA). Cell growth was assessed for 4 days.

For the colony formation assay, 5–1,000 cells were seeded into 6-well culture plates and cultured for 14 days. Four percent paraformaldehyde was used to fix cells for 10 mins and crystal violet aqueous solution was used to stain cells (Beyotime) for 15 mins. The plates were photographed, and the colonies were then counted. All experiments were independently set up three times, and the representative results of this assay are shown.

#### Transwell migration and invasion assays

For the migration assays, approximately  $4 \times 10^4$  cells were suspended in 200 µL serum-free RPMI-1640 and added into the upper chamber of a Transwell plate (Corning, New York, NY, USA) with an 8 µm pore size polycarbonate filter. The lower chamber had 500 µL complete culture medium with 10% FBS dispensed. The cells were cultured for 48 hrs, following which cells were fixed in 4% paraformaldehyde and then stained with crystal violate. A cotton swab was used to remove cells on the upper surface of the filter manually. The migrating cells were observed by microscopy, and the average value of the crystal violate intensity was calculated. The invasion assay was performed similarly for a migration assay with the exception of dispensing 5% Matrigel into the upper chamber before seeding cells into the culture system.

# RNA isolation and quantitative real-time PCR assays

Total RNA was separated from cultured cells with TRIzol reagent (Invitrogen, Carlsbad, CA, USA). RT-PCR used a commercially available Reverse Transcription Kit (Toyobo, Osaka, Japan). qPCR assays were performed by the SYBR Green kit (Toyobo) on the ABI7300 instrument. The assay was performed across three biological replicates.

#### Statistical analysis

An optimized cutoff of METTL3 expression was generated using R (maxstat package; Torsten Hothorn; https://cran.r-project.org/web/packages/maxstat/index. html). Survival curves were calculated using a Kaplan-Meier method and statistically significant differences were determined by a log-rank test. Data were analyzed with GraphPad Prism 5 (GraphPad Software Inc, San Diego, CA, USA) and presented as the mean ± SD about the mean. An unpaired two-sided Student's t-test was used to analyze differences of multiple experimental groups. Alpha values at P < 0.05 were considered statistically significant. We obtained CRC expression profiles from the National Center for Biotechnology Information Gene Expression Omnibus database (accession codes GSE33113 and GSE39582) and analyzed these expression profiles using gene set enrichment analysis (GSEA; Subramanian et al, 2005).

#### Results

## Correlation between the METTL3 expression and clinical features in CRC patients

Immunohistochemistry of METTL3 was conducted in a tissue microarray (Figure 1). 181 patients were enrolled with comprehensive baseline clinical characteristics. 181 CRC patients were divided into METTL3 expression group (n=47) and no METTL3 expression group (n=134). The clinical features of both groups were compared (Table 1), which indicated that the negative expression of METTL3 was significantly correlated with larger tumor size (P=0.031) and higher metastasis rates (P=0.002).



Figure 1 Differential expression of methyltransferase 3 (METTL3) in microarray. (A) Negative expression of METTL3. (B) Weak expression of METTL3. (C) Strong expression of METTL3. The positive expression of METTL3 is indicated by red arrows.

Variable	Total	METTL3	P value	
		Negative (n=134)	Positive (n=47)	
Age				0.662
<60	57	41 (71.9)	16 (28.1)	
≥60	124	93 (75.0)	31 (25.0)	
Gender				0.949
Male	97	72 (74.2)	25 (25.8)	
Female	84	62 (73.8)	22 (26.2)	
Tumor size				0.031
≤15	91	61 (67.0)	30 (33.0)	
>15	90	73 (81.1)	17 (18.9)	
Metastasis				0.002
Tumor metastasis	7	0 (0.0)	7 (100.0)	
No metastasis	174	134 (77.0)	40 (23.0)	
Histological grade				0.601
I-II	158	8 (74.7)	40 (25.3)	
III–IV	23	16 (69.6)	7 (30.4)	
Tumor stage				0.734
TI-T2	17	12 (70.6)	5 (29.4)	
T3–T4	164	122 (74.3)	42 (25.6)	

 Table I Relationship between methyltransferase 3 (METTL3) expression and the clinicopathological characteristics of the studied patient groups

Notes: Bold: P<0.05, P values were two-tailed and based on Pearson Chi-square test.

## Expression of METTL3 is positively correlated with better survival in CRC patients

### To further determine the clinical relevance, we assessed the correlation between METTL3 expression and prognosis in CRC patients. Univariate analysis (Figure 2A) indicated that high METTL3 expression was correlated with longer survival time (P=0.011). Analysis of GEO survival data also suggested that CRC patients with high METTL3 expression had lower disease-free survival rates (Figure 2B and C). In addition, tumor size (P=0.006), metastasis (P=0.002), clinical stage (P=0.0001) and tumor classification (P=0.025) were associated with survival by univariate analysis. Moreover, multivariate analysis indicated that tumor location, tumor size, clinical stage, tumor classification and METTL3 expression status were independent prognostic factors (Table 2).

## Knockdown of METTL3 promotes proliferation and metastasis in CRC cells

We established a stable METTL3 knockdown models in HCT16 and DLD1 cells with two shRNA (shMETTL3-1 and shMETTL3-2) to investigate the function of METTL3

in CRC cells. Successful knockdown of METTL3 was validated by qRT-PCR and western blot (Figure 3A and B). Knockdown of METTL3 obviously promoted CRC cell proliferation (Figure 3C) and the number of colony formation (Figure 3D). The result of transwell cell migration assay suggested that knockdown of METTL3 significantly increased the migration and invasion abilities of CRC cell (Figure 3E and F). Our results suggest that METTL3 may inhibit CRC cellular growth and metastasis.

## Overexpression of METTL3 inhibited CRC cellular growth and metastasis

We then overexpressed METTL3 in HCT8 and KM12 cell lines. Overexpression of METTL3 was demonstrated in both qRT-PCR and western blot analyses (Figure 4A and B). METTL3 overexpression remarkably inhibited CRC cell proliferation and colony formation efficiency (Figure 4C and D). Furthermore, overexpression of METTL3 significantly inhibited CRC cellular migration and invasion abilities (Figure 4E and F). Results from knockdown and overexpression models indicated that METTL3 might serve as a suppressor gene that inhibits CRC cellular proliferation and metastasis.



Figure 2 Correlation between expression of METTL3 and survival. (A) Expression of METTL3 is positively correlated with better survival in CRC patients (log-rank test, P=0.011). (B) Kaplan–Meier survival curves show that patients with high METTL3 expression had reduced disease-free survival time compared with patients with low expression of METTL3 (log-rank test, P=0.018; GSE33113: High METTL3=13; Low METTL3=75; time=months). (C) Patients with high METTL3 expression were associated with poor disease-free survival (log-rank test, P=0.03; GSE39582: high METTL3=371; low METTL3=186; time=months). Abbreviations: CRC, colorectal cancer; METTL3, methyltransferase 3.

Variable	HR	Univariate analysis	Р	HR	Multivariate analysis	Р
		95% CI			95% CI	
Age ≥60 vs. <60	1.185	0.756–1.856	0.459			
Gender Male vs. female	1.036	0.681–1.577	0.867			
Tumor side Right vs. left	0.898	0.587–1.373	0.619	0.599	0.378–0.948	0.029
Tumor size >15 vs. <15	1.817	1.187–2.781	0.006	1.744	1.121–2.713	0.014
Metastasis Yes vs. no	3.492	1.591–7.665	0.002			
Clinical stage III–IV vs. I–II	2.977	1.781-4.978	0.000	2.836	1.661-4.842	0.000
Tumor stage T2–T4 vs. T1	3.721	1.176–11.774	0.025	3.315	1.039–10.575	0.043
METTL3 expression Negative vs. positive	2.024	1.106-3.529	0.013	1.908	1.087–3.347	0.024

Table 2 Multivariate analysis of overall survival in 181 CRC patients

**Notes:** Bold: *P*<0.05, *P* values were two-tailed and based on Pearson Chi-square test. **Abbreviations:** CRC, colorectal cancer; METTL3, methyltransferase 3.

## METTL3 inhibited CRC cell proliferation and migration by modulating the p38/ERK pathways

We further investigated the role of METTL3 in the MAPK signaling pathway. The results demonstrated that p-p38 and p-ERK expression was significantly higher in the METTL3 knockdown models, while lower in the METTL3 overexpression groups. However, the expression of both p-JNK and JNK was unchanged when comparing both groups (Figure 5A). Thus, we tested whether METTL3 affects cell proliferation through the P38 or ERK pathways. In these studies, small-molecule inhibitors of p38 kinase or ERK kinases were, respectively, used to assess the effects of these inhibitors on migration and proliferation (Figure 5B and C). Compared with the control group, the inhibitors of p38 or ERK kinases significantly inhibited the migration, invasion and proliferation abilities that were induced by knockdown of METTL3.

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Figure 3 Knockdown of METTL3 promoted CRC proliferation and migration. (A) Downregulation of METTL3 in HCT116 and DLD1 cell lines was validated with qRT-PCR (\*P<0.05). (B) Knockdown of METTL3 in HCT116 and DLD1 cell lines was validated by Western blot assay (\*P<0.05). (C) Downregulation of METTL3 significantly promoted CRC cellular proliferation. (D) Downregulation of METTL3 clearly increased the number of colony formation. (E) Downregulation of METTL3 promoted cell migration capacity. (F) Knockdown of METTL3 enhanced cellular invasion ability. \*P<0.05. All experiments were independently set up three times. Abbreviations: CRC, colorectal cancer; METTL3, methyltransferase 3.



Figure 4 Overexpression of METTL3 inhibited CRC growth and migration. (A) Overexpression of METTL3 in KM12 and HCT8 cells was validated by qRT-PCR (\*P<0.05). (B) Overexpression of METTL3 in KM12 and HCT8 cells was validated by Western blot assay (\*P<0.05). (C) Overexpression of METTL3 inhibited cellular proliferation. (D) Overexpression of METTL3 was clearly associated with decreased number of colony formation. (E) Overexpression of METTL3 inhibited cell migration capacity. (F) Overexpression of METTL3 inhibited cell invasion capacity. \*P<0.05. All experiments were independently set up three times. Abbreviations: CRC, colorectal cancer; METTL3, methyltransferase 3.



Figure 5 Changes in the p38/ERK pathways. (A) Knockdown of METTL3 resulted in changes in the expression of p38/ERK markers with a gain in p-p38 and p-ERK. By contrast, overexpression of METTL3 promoted losses in p-p38 and p-ERK. \*P<0.05. (B) Migration and cellular invasion capacities following METTL3 knockdown could be rescued by using inhibitors of p38 kinase or ERK kinases. (C) Proliferation capacities following METTL3 knockdown could be rescued by using inhibitors of p38 kinase or ERK kinases. All experiments were independently set up three times. Abbreviation: METTL3, methyltransferase 3.

4398 submit your manuscript | www.dovepress.com DovePress Furthermore, we found that the effects of these inhibitors on migration, invasion and proliferation had no significant difference compared with DMSO in HCT116 shNC group (Figure S1A and B). These findings suggested that METTL3 might play a role in inhibiting CRC cell proliferation and migration by modulating the p38/ERK pathways.

#### Discussion

Even though many biological processes are involved in the modification of m<sup>6</sup>A, its specific role in CRC remains largely obscure. The methyltransferase METTL3 has been reported to participate in tumorigenesis and the development of many cancers.<sup>16,17</sup> However, relatively few studies have reported the functional role of METTL3 in CRC carcinogenesis and development.

The present study showed that loss of METTL3 expression was correlated with a larger tumor size, an advanced stage of development and metastatic disease in CRC. Furthermore, positive METTL3 expression was shown to be an independent and favorable prognostic factor in CRC, suggesting that METTL3 expression might affect CRC prognosis. Accordingly, METTL3 can affect CRC cellular functions including proliferation, migration and invasion. More importantly, we identified both p38 and ERK as downstream targets of METTL3. Thus, our findings shed new light on the progression of CRC development.

Our study had indicated that METTL3 acted as a tumor-suppressor gene in CRC, which was consistent with carcinostasis role in renal cancer cell.<sup>16</sup> However, Chen et al<sup>15</sup> reported that when METTL3 serves as an oncogene, its functional expression could contribute to the progression of hepatocellular cancer development. In their study, it was shown that dysregulation of METTL3 silenced the function of the tumor-suppressor SOCS2 and promoted liver carcinogenesis.<sup>15</sup> Moreover, METTL3 can promote breast cancer disease progression by inhibiting the tumor-suppressor let-7g.<sup>17</sup> Additionally, METTL3 was also reported to promote bladder cancer progression via AFF4/NF-KB/MYC signaling network.<sup>18</sup> The main reason for the dual role of METTL3 in the regulation of cancer might account for the differences in the targeted pathways and cancer heterogeneity.

Functionally, we investigated the potential molecular mechanisms by which METTL3 affects CRC cell proliferation through regulating p38/ERK signaling pathway. It has been reported that the p38/ERK signaling pathway has long been known to be essential in cell proliferation and

metastasis in different cancer types.<sup>19–21</sup> In this study, p-P38 and p-ERK were activated in the METTL3 knockdown group. Whereas, the expression levels of p-P38 and p-ERK were lower in METTL3 overexpression group. Moreover, blocking p38 and ERK kinase can inhibit the migration and invasion that was induced by knockdown of METTL3. Therefore, this study provided evidence that METTL3 might affect progression in CRC through the p38/ERK signaling pathway. However, it remains unclear whether m<sup>6</sup>A modification was regulated and which target was modulated. Therefore, further experiments are needed to clarify this fundamental question.

In summary, the present study has implicated METTL3 as a favorable prognostic factor in CRC patients. In addition, METTL3 regulated the cellular proliferation, migration and invasion capabilities in CRC and discovered that the p38/ERK pathways were involved in the molecular mechanisms of these observed functional behaviors in CRC. Thus, our finding may provide new insights into the role of tumor-suppressor and molecular mechanism of METTL3 by p38/ERK pathways in CRC.

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### Disclosure

The authors report no conflicts of interest in this work.

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## Supplementary materials



Figure SI The effects of p38 and ERK kinases inhibitors on migration, invasion and proliferation. (A) The effects of these inhibitors on migration and invasion had no significant difference compared with DMSO in HCTI16 shNC group. (B) The effects of these inhibitors on proliferation had no significant difference compared with DMSO in HCTI16 shNC group. (B) The effects of these inhibitors on proliferation had no significant difference compared with DMSO in HCTI16 shNC group. All experiments were independently set up three times. Abbreviation: DMSO, Dimethyl sulfoxide.

Νο	Start	Oli oligo sequence go type	
Sh-M3-I			
	Top strand	5'-CCGGCTCAGTGGATCTGTTGTGATACTCGAGTATCACAACAGATCCAC	
		TGAGTTTTTG-3'	
	Bottom strand	5'- AATTCAAAAACTCAGTGGATCTGTTGTGATAGAGCTCTATCACAACAG	
		ATCCACTGAG-3'	
Sh-M3-2			
	Top strand	5'-CCGGCAGGAGATCCTAGAGCTATTACTCGAGTAATAGCTCTAGGATCT	
		CCTGTTTTTG-3'	
	Bottom strand	5'-AATTCAAAAACAGGAGATCCTAGAGCTATTAGAGCTCTAATAGCTCTA	
		GGATCTCCTG-3'	

#### Table SI Two oligos for sh-methyltransferase (METTL3) lentivirus construct

Abbreviations: Sh-M3-I, shMETTL3-I; Sh-M3-2, shMETTL3-2.

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