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ORIGINAL RESEARCH

### Sanguinarine exhibits potent efficacy against cervical cancer cells through inhibiting the STAT3 pathway in vitro and in vivo

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**Background:** Cervical cancer is the third most common malignancy among female cancer patients worldwide. Signal transducer and activator of transcription 3 (STAT3) is a transcription factor which regulates a variety of cancer cellular physiological activities including cervical cancer. Sanguinarine (SNG) is a natural plant-derived benzophenanthridine alkaloid that possesses antitumor activities in several cancer cells. However, its anticancer effect on human cervical cancer cells and the underlying mechanisms have not been fully defined.

**Methods:** In this study, the inhibitory effect of SNG on the proliferation and growth of HeLa cell was detected by MTT assay. Next, cell cycle and apoptosis of HeLa cells was analyzed using Annexin-V/PI double staining and flow cytometry. Then, we measured intracellular ROS generation induced by SNG in HeLa cells by DCFH-DA (10  $\mu$ M) staining, and the expression level of p-STAT3 and STAT3 was detected by Western blot. Finally, in order to study the effect of SNG on tumor growth in vivo, athymic nude mice were used in the vivo experiments.

**Result:** This study showed that SNG dose-dependently decreased the tumor cell proliferation and induced a marked increase in cell apoptosis in HeLa cells. Western blot analysis results revealed that SNG-induced antitumor effect might be mediated by STAT3 inhibition. SNG increased the expression of the proapoptotic protein Bax and reduced the expression of the antiapoptotic protein Bcl-2. We further found that SNG dose-dependently increased ROS level in Hela cells. Moreover, pretreatment with N-acetyl-l-cysteine, a scavenger of ROS, almost reversed the SNG-induced anticancer effect. In addition, SNG inhibited human cervical cancer xenograft growth without exhibiting toxicity in vivo.

**Conclusion:** Our findings highlight STAT3 as a promising therapeutic target. We also demonstrate that SNG is a novel anticancer drug for the treatment of cervical cancer.

Keywords: sanguinarine, STAT3, ROS, apoptosis, cervical cancer

#### Introduction

Cervical cancer has become the second common malignant tumor in young and middle-aged women worldwide.<sup>1</sup> There are 131,500 new cases of cervical cancer every year in China, accounting for more than 28% of the global cases.<sup>2</sup> Currently, the traditional three treatment methods of cervical cancer, namely surgery, chemotherapy, and radiotherapy, are unable to achieve satisfactory therapeutic effects.<sup>3</sup> Although radiotherapy is effective as a standard treatment to reduce surgical complications, it also triggers side effects which can be divided into 2 types.<sup>4</sup> Early side effects include erythema of the skin, wet skin peeling, and mucositis.

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Meanwhile, late side effects include radiation-induced fibrosis, atrophy, neural damage, and a range of endocrine and growth-related effects.<sup>5–7</sup> In particular, drug resistance in the treatment of cervical cancer is a major difficulty in clinical treatment. Therefore, it is an urgent problem to be solved to find a reasonable and effective treatment method for cervical cancer.

Natural products are important sources of existing drugs and play a significant role in the discovery of antitumor drugs.<sup>8,9</sup> In terms of antineoplastic drugs alone, about twothirds come from natural products.<sup>10</sup> Sanguinarine (SNG), an extract from the poppy family, has a variety of pharmacological activities, including antimicrobial, anti-inflammatory, antioxidative, and antifungal, and can improve liver function and immunity.<sup>11–14</sup> In recent years, it has been found that SNG has antitumor effects on colorectal cancer, pancreatic cancer, and breast cancer.<sup>15–17</sup> The mechanism of action of SNG on cervical cancer has rarely been reported.

The signal transducer and activator of transcription (STAT) family has dual roles of signal transduction and transcriptional activation and is a vital link of the JAK-STAT signaling pathway.<sup>18</sup> As a member of the STAT family, the continuous activation of STAT3 is closely related to malignant transformation of tumors. STAT3 can inhibit proinflammatory cytokines produced by tumor cells, contribute to immune escape, and promote tumor invasion and metastasis.<sup>19</sup> Therefore, the inhibition of STAT3 activity has a potential antitumor effect.

In this study, cervical cancer cells HeLa were taken as the research object to explore the mechanism of the effect of SNG on the ability of proliferation, apoptosis, and invasion of cervical cancer cells, so as to provide a new method for the treatment of cervical cancer.

#### Materials and methods

#### Reagents and antibodies

SNG was obtained from MedChem Express. The compounds used in vitro were dissolved in dimethylsulfoxide (DMSO). Antibodies including anti-Bax, anti-Bcl-2, anti-GAPDH, donkey anti-rabbit IgG-HRP and goat antimouse IgG-HRP horseradish peroxidase were purchased from Santa Cruz Biotechnology. Antibodies including p-STAT3 and STAT3 were obtained from Cell Signaling Technology. N-acetyl-L-cysteine (NAC), DMSO, and MTT were purchased from Sigma-Aldrich. ROS probe 2',7'-dichlorodihydro fluorescein diacetate (DCFH-DA) was purchased from Thermo Fisher. FITC Annexin V Apoptosis Detection Kit I and propidium iodide (PI) were purchased from BD Pharmingen. A protease phosphatase inhibitor mixture was obtained from Applygen Technologies.

# Cell culture of human cervical cancer cells

Human cervical cancer cell line HeLa was purchased from the American Type Culture Collection and cultured in minimum essential media (MEM) (Thermo Fisher Scientific, Waltham, MA, USA) with 10% FBS (Thermo Fisher Scientific). Cells were cultured in a humidified cell incubator with an atmosphere of 5% CO<sub>2</sub> at  $37^{\circ}$ C.

#### Cell viability assay

We used the MTT assay to determine the effect of SNG on cell growth. Cervical cells were plated in 96-well plates at a density of 8000 cells per well and cultured overnight at 37°C. The next day, cells were treated with required concentrations of SNG (0.5, 1, 2.5, 5, 10, and 20  $\mu$ M) for 24 hrs and 48 hrs. After the treatment, MTT reagent was added to each well and incubated for 3 hrs at 37°C. Later, DMSO was added per well to stop the reaction, and the absorbance was read at 490 nm.

#### Colony formation assays

To assess cervical cancer colony formation, HeLa cells were treated with SNG at various concentrations (0.5, 1, and 2  $\mu$ M) for 24 hrs. Subsequently, the SNG-containing medium was removed, and the cells were incubated for an additional 7 days in a normal medium. Emerging colonies were stained with crystal violet solution. A colony was defined as a cluster of at least 50 cells that can be determined microscopically.

#### Gel electrophoresis and Western blot

Cell or tumor tissue collection and homogenization were performed as previously described.<sup>20</sup> Then, the homogenates were centrifuged at  $12,000 \times g$  for 10 mins at 4°C. Concentrations of protein in whole-cell extracts were determined using the Bradford protein assay. After SDS electrophoresis and transfer, the blots were blocked for 2 hrs at room temperature with fresh 5% nonfat milk in 0.1% Tween 20 (TBST) and then incubated with a specific primary antibody in TBST overnight at 4°C. After being incubated with horseradish peroxidase-conjugated secondary antibodies for 1 hr, the blots were washed with TBST. Finally, the immunoreactive bands were visualized using ECL kit, and the density of the bands was measured by Image J computer software.

#### Measurement of intracellular ROS levels

DCFH-DA was used for measuring hydrogen peroxide.<sup>21</sup> After SNG (2, 4, and 6  $\mu$ M) treatment, cervical cancer cells were detached and incubated in MEM medium with DCFH-DA (10  $\mu$ M, 30 mins) at 37°C in the dark. Cells were collected, and the relative fluorescence of DCF was analyzed using Accuri C6 plus flow cytometry.

#### Annexin V-PI staining

According to the manufacturer's instruction, cells were collected and washed twice with PBS and then suspended in 500  $\mu$ L of 1× binding buffer. The cells were stained with 5  $\mu$ L of Annexin V and 10  $\mu$ L of PI and then incubated for 20 mins at room temperature in the dark. The stained cells were analyzed by Accuri C6 plus flow cytometry.

#### In vivo antitumor study

All mouse experiments were approved by the Ethics Committee of Chinese People's Liberation Army General Hospital. Tumors were established by orthotopic injection of cells  $(5 \times 10^6$  cells were mixed with PBS in 100 µL) into the right flanks of mice (athymic nude mice, male, 4-5 weeks old). Once the tumor volume reached about 50 mm<sup>3</sup>, these mice were randomly divided into two groups, with 6 per group. The control group received an intraperitoneal injection of saline solution, and the experimental group received an intraperitoneal injection (once daily) of SNG at a dose of 5 mg/kg. Tumor growth was measured twice weekly, and the volume of the tumors was calculated as Volume = length  $*\times$  width2/2. At the end of the experiment, the mice were sacrificed, and the tumors, liver, and kidney were resected for use in Western blot and histology analysis. All animals, chosen from Experimental Animal Center of the People's Liberation Army General Hospital, were handled according to the guidelines of the Institutional Animal Care and Use Committee.

#### MDA assay

The tumor tissue lysates were centrifuged at  $12,000 \times g$  for 10 mins at 4°C. The total protein concentrations were determined using the Bradford protein assay. Tumor tissue proteins were normalized and subjected to MDA assay as

described in the Lipid Peroxidation MDA assay kit (Beyotime, Shanghai, China). MDA levels were detected using multimode microplate readers at 535 nm.

#### H&E staining

For histologic analysis, the harvested liver and kidney tissues of mice were fixed overnight and paraffin embedded. The paraffin tumor tissue sections (4  $\mu$ m) were stained with H&E. Each image of the sections was captured using a light microscope.

#### Statistical analysis

All data represent at least three independent experiments and are expressed as the mean  $\pm$  SD. Statistical comparisons were made using one-way ANOVA. *P*-values <0.05 were considered statistically significant.

#### Results

## SNG suppresses cell viability and induces apoptosis in HeLa cells

In order to find out the effect of SNG on cell viability, HeLa cells were treated with SNG at different concentrations (0, 0.5, 1, 2.5, 5, 10, and 20  $\mu$ M) for 24 hrs or 48 hrs. As the dose of SNG increased from 1 to 20  $\mu$ M, the viability of cells was decreased in a dose-dependent manner in all HeLa cell lines (Figure 1A). Meanwhile, SNG treatment also reduced the survival rate of nontumor cell line (LO2). However, the half-maximal inhibitory concentration (IC<sub>50</sub>) value in LO2 cells was higher than that in Hela cells (IC<sub>50</sub>=5.2  $\mu$ M vs IC<sub>50</sub>=3.5  $\mu$ M), indicating that SNG was less toxic to normal cells (Figure S1). Then, we analyzed the effect of SNG on HeLa cell colony formation. Under the treatment of SNG (0.5, 1, and 2  $\mu$ M), the number of malignant cell colony formation was significantly reduced (Figure 1B and C).

In order to find out whether the inhibitory effect of SNG on HeLa cells was due to the apoptosis or cell cycle, Annexin-V/PI staining and flow cytometry were performed. As shown in Figure 1D and E, the apoptosis rate of HeLa cells was increased from  $3.5\%\pm0.8\%$  in control to  $15.5\pm3.9\%$ ,  $21.8\pm5.9\%$ , and  $40.8\pm7.6\%$ , with 2, 4, 6  $\mu$ M SNG, respectively. In addition, SNG treatment significantly elevated the expression of Bax and suppressed the expression of Bcl-2 (Figure 1F and G). These results suggest that the treatment of SNG could inhibit proliferation and induce apoptosis of cervical cancer cells.



**Figure I** Sanguinarine (SNG) has antiproliferative and apoptotic effects in HeLa cells. (**A**) Cell viability was analyzed using MTT cell proliferation assay kits. HeLa cells were treated with different concentrations of SNG (0, 0.5, 1, 2.5, 5, 10, and 20  $\mu$ M) for up to 24 hrs or 48 hrs. IC<sub>50</sub> values were calculated. (**B**) Effect of varying SNG concentrations on cervical cancer cell colony formation. Cells were incubated with SNG (0.5, 1, and 2  $\mu$ M) for 10 hrs and allowed to grow for 9–10 days. Colonies were stained by crystal violet dye. Then, the number of colonies was counted. (**C**) The colony formation ability of each group was shown in bar chart. (**D**) HeLa cells were exposed to SNG (2, 4, and 6  $\mu$ M) for 24 hrs. Percentage of cell apoptosis was determined by Annexin-V/PI staining and flow cytometry. Similar results were obtained in three independent experiments. (**E**) The percentage of apoptotic cells in the treatment groups was quantified. (**F**) Expression of apoptosis-related proteins Bcl-2 and Bax was determined by Western blot after treatment with SNG (2, 4, or 6  $\mu$ M) for 24 hrs in cervical cancer cells. GAPDH was used as internal control. (**G**) Quantification of data presented in panel **F**. All data here are expressed as means ± SD of triplicates. All images shown here are representative of three independent experiments with similar results. Data are shown as mean ± SEM (n=3) (\*P<0.05, \*\*P<0.01, \*\*\*P<0.01, \*\*\*P<0.01; \*\*\*P<0.01; #\*\*P<0.001; all versus DMSO group).

## SNG induces ROS accumulation and ROS-dependent apoptosis in HeLa cells

ROS plays an important role in promoting apoptosis of cancer cells.<sup>22–24</sup> To investigate whether SNG-induced apoptosis was related to the changes of ROS level, we measured intracellular ROS generation after SNG treatment (2, 4, and 6  $\mu$ M) for 3 hrs in HeLa cells by staining with DCFH-DA (10  $\mu$ M). Compared with DMSO group, the production of ROS with SNG (6  $\mu$ M) treatment was significantly increased (*P*<0.001) (Figure 2A). However, after the pretreatment of NAC (5 mM), a ROS scavenger, the levels of ROS generation in SNG-treated HeLa cells were significantly reversed (*P*<0.01) (Figure 2B). Moreover, SNG-induced apoptosis effect was almost

abolished when ROS levels were blocked by NAC (Figure 2C and D). In addition, we also found that the combined treatment of NAC and SNG decreased the Bax expression and increased the Bcl-2 expression compared with SNG alone (P<0.01) (Figure 2E and F). All these findings indicate that the production of ROS is a key regulator of SNG-induced apoptosis in cervical cancer cells.

# SNG inhibits STAT3 phosphorylation in HeLa cells

The transcription factor STAT is a newly discovered signal transduction pathway in recent years.<sup>25</sup> As a member of the STAT family, STAT3 is involved in the process of cell



**Figure 2** Sanguinarine (SNG) induces ROS accumulation and ROS-dependent apoptosis in HeLa cells. (**A**) Intracellular ROS generation dose-dependently induced by SNG (2, 4, and 6  $\mu$ M) was measured in HeLa cells by staining with DCFH-DA (10  $\mu$ M) and flow cytometry analysis. HeLa cells were treated with SNG for 3 hrs. (**B**) Effect of NAC (5 mM) pretreatment of 2 hrs on ROS levels. Then, Intracellular ROS generation was measured by flow cytometer. (**C**) HeLa cells were preincubated with or without NAC (5 mM) for 2 hrs before exposure to SNG at the indicated concentrations (2, 4, and 6  $\mu$ M) for 24 hrs. Percentage of cell apoptosis was determined by Annexin-V/PI staining and flow cytometry. Similar results were obtained in three independent experiments. (**D**) The percentage of apoptotic cells in the treatment groups was quantified. (**E**) Expression of apoptosis-related proteins Bcl-2 and Bax was determined by Western blot after treatment with SNG (6  $\mu$ M) or SNG (6  $\mu$ M) + NAC (5 mM) pretreated or NAC (5 mM) for 18 hrs in HeLa cells. GAPDH was used as internal control. (**F**) Quantification of data presented in panel **E**. All images shown here are representative of three independent experiments with similar results. Data are shown as mean  $\pm$  SEM (n=3) (\*P<0.05, \*\*P<0.001, \*\*\*P<0.001).

proliferation and apoptosis.<sup>26</sup> Western blot assay was used to examine STAT3 and STAT3 phosphorylation. Compared with the DMSO group, SNG treatment significantly inhibited STAT3 phosphorylation at tyrosine 705 in a dosedependent manner (Figure 3A and B). Besides, the STAT3 inhibition effects of SNG were reversed by pretreatment with NAC (Figure 3C and D). These results demonstrate that SNG can inhibit STAT3 signaling pathway through ROS generation.

### SNG inhibits HeLa xenograft tumor growth in vivo

To study the effects of SNG on tumor growth in vivo, athymic nude mice were used in the vivo experiments. As shown in Figure 4A and B, the tumors' volume and weight in SNG-treated mice were significantly lower than the control group (P<0.001). Meanwhile, no significant weight loss in mice was observed after the treatment of

SNG (5 mg/kg) for 32 days (Figure 4C). H&E staining results showed that the cytoplasm was normal without obvious vacuoles and defects, which revealed that the SNG had little toxicity and had little effect on liver and kidney of nude mice (Figure 4D). Moreover, SNG treatment increased significantly the MDA level in tumor tissues (Figure 4E). Additionally, SNG treatment reduced the protein expression levels of p-STAT 3 and STAT3 in tumor tissues (Figure 4F and G). Taken together, these findings revealed that SNG inhibited tumor growth by inducing ROS production and STAT3 signaling pathway inhibition in vivo.

#### Discussion

At present, the treatment of cervical cancer is mainly based on surgical treatment, supplemented by radiotherapy.<sup>27,28</sup> The purpose of this study was to elucidate the molecular mechanism of SNG-induced anticancer



Figure 3 Sanguinarine (SNG) inhibits STAT3 phosphorylation in HeLa cells. (A) The levels of p-STAT3 and STAT3 were detected by Western blot in HeLa cells. STAT3 was used as internal control. (B) Quantification of data presented in panel A. (C) HeLa cells were preincubated with or without NAC (5 mM) before exposure to SNG (6  $\mu$ M) for 12 hrs, and the expression of p-STAT3 and STAT3 was detected by Western blot. STAT3 was used as internal control. (D) Quantification of data presented in panel C. The results shown are representative of at least three independent experiments. Data are shown as mean ± SEM (n=3) (\*P<0.05, \*\*P<0.01).

effects in cervical cancer cells and to explore its effects on the growth of cervical cancer cells in vivo using the HeLa xenograft model. To our knowledge, SNG has good antitumor activity, and its antitumor mechanism is complex, involving many signal transduction pathways. Yi M et al<sup>29</sup> have indicated that SNG has an inhibitory effect on pancreatic cancer through Shh-Gli-Nanog pathway. Meanwhile, a flow cytometry analysis conducted by R. Zhang et al<sup>30</sup> have demonstrated that overexpression of SNG inhibits gastric cancer cell viability and induces cell apoptosis via DUSP4/ERK pathway. In the present study, we found that SNG significantly reduced the proliferation of HeLa cells at low concentration (2.5 µM). Moreover, our results demonstrated that SNG blocked the STAT3 signaling pathway in a dose-dependent manner so as to promote the apoptosis rate of cervical cancer cells.

STAT3 is a very important cell signaling pathway, leading to the occurrence and development of various tumors.<sup>11</sup> Stimulated by the cytokine growth factor, this pathway can act on specific DNA fragments in the nucleus to regulate the transcription of target genes, thus activating the pathway.<sup>26</sup> Under normal circumstances, activation of STATs is rapid and transient, but when specific STAT proteins continue to be expressed, especially STAT3 and STAT5, multiple tumors can develop.<sup>31,32</sup> STAT3 provides survival signal for tumor cells and inhibits their apoptosis,

which is mediated by the expression of Bcl-2 and Bcl-xl. In this study, Annexin-V/PI staining and flow cytometry revealed an increased apoptosis rate of HeLa cells after SNG treatment. Meanwhile, the expression of the proapoptotic protein Bax was increased, while the expression of the antiapoptotic protein Bcl-2 was reduced. The ratio of Bax/Bcl-2 controls the switch of mitochondrial permeability transition pore (MPTP); when the ratio of Bax/Bcl-2 increases, the opening of MPTP causing the permeability of mitochondrial membrane decreases.<sup>33</sup> Pharmacological and genetic in vivo and in vitro studies have showed that the destruction of the STAT3 signaling pathway can inhibit the expression of Bcl-2, activate the apoptotic gene Bax, and lead to the apoptosis of tumor cells,<sup>34</sup> which is consistent with our study.

We investigated the effect of SNG on the constitutive active STAT3 in HeLa cells, finding that the inhibition of STAT3 phosphorylation by SNG was dependent on ROS generation. ROS are derived from normal metabolites in the cell. Due to their different activities, these ROS have different physiological effects on cells, and the signal transduction pathway is the main physiological role.<sup>35</sup> Studies have shown that high levels of ROS accumulation in cells induce oxidative stress and ultimately kill cells by activating apoptotic signaling pathways.<sup>17,36</sup> In this study, the production of ROS played a vital part in the proapoptotic effect of



Figure 4 Sanguinarine (SNG) inhibits HeLa xenograft tumor growth in vivo. (A) SNG (5 mg/kg) treatment significantly inhibited tumor volume. (B) SNG (5 mg/kg) treatment significantly reduced tumor weight. (C) SNG treatment did not affect the bodyweight of mice. (D) HE staining of the major organs (liver, kidney), magnification 20x. (E) The levels of MDA in the tumor tissues. (F) Western blot analysis on the expression of p-STAT3 and STAT3 from respective tumor tissue lysates. STAT3 was used as protein loading control. (G) Quantification of data presented in panel F. The results shown are representative of at least three independent experiments. Data are shown as mean  $\pm$  SEM (n=3) (\*P<0.05, \*\*P<0.01, \*\*\*P<0.001).

SNG on cervical cancer cells. Treatment with SNG resulted in a dose-dependent increase in ROS levels in HeLa cells. However, after the treatment of ROS scavenger NAC, the levels of ROS generation in SNG-treated HeLa cells were significantly reversed. SNG also decreased the protein expression levels of p-STAT3 and STAT3, while NAC could reverse all these effects. The key role of continuous activation of STAT3 in the process of tumorigenesis and development confirmed that STAT3 is a proto-oncogene and can be used as a target for anticancer drugs.<sup>37</sup> Unlike traditional cytotoxic drugs which are characterized by poor selectivity, strong toxic and side effects, and easy drug resistance, target-specific antitumor drugs target the differences between normal

cells and tumor cells and have killing effects on tumor cells with little effect on normal cells.<sup>38</sup> In order to verify the idea, we studied the toxic effect of SNG on nontumor cells (LO2). The results showed that the IC<sub>50</sub> value in LO2 cells was higher than that in Hela cells (IC<sub>50</sub>=5.2  $\mu$ M vs IC<sub>50</sub>=3.5  $\mu$ M), indicating that SNG had little toxicity on normal cells. In vivo, SNG treatment reduced tumor volume and weight with no significant side effects in mice. Therefore, blocking transcription factors may be one of the most effective methods to treat tumors.

In addition to various chemotherapy drugs, some techniques such as nanoparticles also play a vital role in the target treatment of cervical cancer. As a means of drug delivery, nanoparticles could enhance the water solubility, stability, and bioavailability of drugs, so as to prolong their circulation in blood compartments.<sup>39</sup> A study conducted by G B et al<sup>40</sup> has indicated that the prepared nanoparticle containing a chemotherapeutic drug paclitaxel could locally release the paclitaxel at the target site to reduce the dose into the systemic circulation. Therefore, whether SNG-loaded nanocapsules can target to treat cervical cancer and improve its bioavailability needs to be further studied.

#### Conclusion

In conclusion, we studied the anticancer effects and potential mechanisms of SNG in cervical cancer cells. This experiment clarified that SNG regulates mitochondria-mediated apoptosis pathway through ROS generation, inhibits STAT3 signaling pathway to promote HeLa cell apoptosis, and provides new ideas and methods for the treatment of cervical cancer. In addition, our results suggest that screening and optimizing STAT3 inhibitors from natural products could be a target for developing new treatments for tumors with high STAT3 expression.

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#### Disclosure

The authors report no conflicts of interest in this work.

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### Supplementary material



Figure S1 Sanguinarine (SNG) shows little toxic effect in normal LO2 cells. Cell viability was analyzed using MTT cell proliferation assay kits. LO2 cells were treated with different concentrations of SNG (0, 0.5, 1, 2.5, 5, 10, and 20  $\mu$ M) for up to 24 hrs. IC<sub>50</sub> values were calculated. All images shown here are representative of three independent experiments with similar results. Data are shown as mean ± SEM (n=3) (\*P<0.05, \*\*P<0.01, \*\*\*P<0.001).

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