ORIGINAL RESEARCH Silencing of Long Non-Coding RNA-HCG18 Inhibits the Tumorigenesis of Gastric Cancer Through Blocking PI3K/Akt Pathway

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Purpose: Long non-coding RNAs (lncRNAs) p critical regula Jes in the tumorigenesis of GC. This study aimed to investigat the rematory effect and mechanism of IncRNA-HCG18 on GC.

Methods: The expression of lncRNA-7 G18 was det ted GC tissues and cell lines by qRT-PCR. LncRNA-HCG18 was sile ced h GS and Mc 803 cells by the transfection of IncRNA-HCG18 siRNA (si-HCG18). MTT, we swell and Annexin V-PI double staining assay were performed to as the proliferation, gration, invasion and apoptosis of GC cells. The expression of PI Akt pathwar, apoptosis-, and migration-related proteins were activator of I3K/Akt pathway 740 Y-P was used to activate detected by Western blot. cells. A uman tumor xenograft model was established in the PI3K/Akt pathway in A mice to evaluate ets of si-meer 8 in vivo.

HCG^{*} overexpressed in GC tissues and cells. Up-regulation of **Results:** LncRNA ositively correlated with the stage of tumor node metastasis and IncRNA USG18 w ng of lncRNA-HCG18 suppressed the proliferation, migration and on det . Silen inv induced the apoptosis of GC cells. Silencing of lncRNA-HCG18 blocked the asion, ar pathway. The intervention of 740Y-P reversed the anti-tumor effect of lncRNA-PI3 HCG18 GC cells. In addition, silencing of lncRNA-HCG18 suppressed the growth of GC xenografts mice.

nclusion: Silencing of lncRNA-HCG18 inhibited the tumorigenesis of GC through ing the PI3K/Akt pathway, suggesting a novel therapeutic target for GC.

Keywords: gastric cancer, lncRNA-HCG18, PI3K/Akt pathway, proliferation, migration

Introduction

Gastric cancer (GC) is a common type of malignancy, which is the second leading cause of cancer-related death worldwide.^{1,2} The high metastatic potential of GC leads to the poor prognosis of patients, with a 5-year survival rate of less than 20%.3 Although the surgery and adjuvant chemotherapy have made great progress in the treatment of GC, the prognosis of GC patients is still poor since more than 80% of patients are diagnosed in the advanced stage.⁴⁻⁶ Therefore, identifying novel targets for the diagnosis and treatment of GC are urgently needed.

Long non-coding RNAs (lncRNAs) are linear RNA transcripts of the mammalian genome without protein-coding function.7 Recently, various cancer-related lncRNAs have been identified, and their biological functions in tumorigenesis have also been confirmed, such as lncRNA-MALAT1 in prostate cancer,8 and lncRNA-HOTAIR9 and

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lncRNA-ANRIL¹⁰ in cervical cancer. It is worth mentioning that lncRNAs exert critical regulatory roles in the development of GC. Zhao et al¹¹ have shown that overexpression of IncRNA-HULC promotes the proliferation and invasion, and inhibits the apoptosis of SGC7901 cells. Li et al¹² have indicated that overexpression of lncRNA-CASC2 inhibits the growth of GC cells via blocking the MAPK pathway. Wu et al have proved that silencing of lncRNA-FEZF1-AS1 represses the tumorigenesis of GC by activating the Wnt/βcatenin pathway.¹³ LncRNA-human leucocyte antigen complex group 18 (HCG18) is a 2430-bp lncRNA located on chromosome 6p22.1. Xi et al¹⁴ have found that lncRNA-HCG18 represses the growth of nucleus pulposus (NP) cells and accelerates the development of intervertebral disc degeneration (IDD). Si-Yu et al¹⁵ have determined a tumorpromoting role of lncRNA-HCG18 on liver cancer. However, the biological function of lncRNA-HCG18 on GC remains unclear.

Phosphoinositide 3-kinase (PI3K)/protein kinase B (Akt) signaling pathway is indispensable in the progression of cancers, which can modulate the tumorigenesis, metastasis, and cell proliferation and apoptosis.¹⁶ Recently, accumulating researches have suggested that the regulatory effects of IncRNAs on GC are closely related to the PI3K/A pathway.¹⁷ For examples, lncRNA AK023391 accelerate the proliferation and invasion of GC cells via act g the PI3K/Akt pathway.¹⁸ LncRNA-UCA1 acceler es the norigenesis of GC via modulating the proteins doy mediators involving the PI3K/Akt athway. LncRNA CRNDE plays an important role in 20. pting GC procession by activating the PI3K/Akt pathway.²⁰ The we attempted to determine whether the regular ory role of lnck A-HCG18 on GC is associated with the PI3K/Al pathway.

In this study, we inestimed the regulatory effect of lncRNA-HCG18 CGC and the underlying mechanism involving the PI3K like particly. The expression of lncRNA-HCG18 we up thin GC tissues and cell lines. Functional explanents were performed to determine the role of lncRNA-HCG18 on the tumorigenesis of GC in vitro and in vivo. Our findings may reveal a novel therapeutic target for GC, and provide a new insight into the underlying mechanism for the treatment of GC.

Materials and Methods

Tissue Samples

Forty-five patients with GC (29 males and 16 females; average age 59.12 ± 6.79 years) were screened from April 2017 to

May 2018 in our hospital. Paired tumor tissues and adjacent normal tissues (ANT) were obtained from patients underwent surgical resection. Patients had not received preoperative adjuvant chemotherapy, radiotherapy, targeted therapy or immunotherapy before surgical resection. Pathological diagnosis was performed in accordance with the WHO classification criteria of digestive system tumors (2010 edition). This study was approved by the Local ethics committee, and informed consents were obtained from all patients.

Cell Culture

Normal human gastric epithelial our line (GEX1) and GC cell lines (MKN45, MGC803, Acc) were obtained from Shanghai Cell Bank of the chinese Andemy of Sciences (Shanghai, China). All cours were haintaneous in Dulbecco's modified Eagle's modium (DDEM; Hyelone, logan, Utah, USA) containing 20% fetal bytine forum (FBS; Hyclone) and cultured is an ecubator (MAC-15AC, SANYO, Japan) at 37°C. When reaching 90% confluence, cells were passaged at a fatio of 1:3. Sogarithmic growth phase cells were used for subsequent experiments.

Cell lansfiction

LENA-HCG18 siRNAs (si-HGC18-1 and si-HGC18-2) and siRNA negative control (si-NC) were purchased from Sangon Biotech Co., Ltd (Shanghai, China). AGS and IGC803 cells were transfected with si-HCG18 or si-NC using Lipofectamine 2000 reagent (Invitrogen, Waltham, MA, USA). Cells without transfection were considered as the Blank control. In addition, the transfected AGS cells were further treated with an activator of PI3K/Akt pathway 740 Y-P (50 µg/mL, TocrisBioscience, Ellisville, MO, USA).

qRT-PCR

Total RNA was extracted from GC tissues and cells using TRIzolTMPlus RNA Isolation Reagents (Invitrogen, Waltham, MA, USA). A Reverse Transcription Kit (Takara, Otsu, Japan) was used for reverse transcription. qRT-PCR was performed on an ABI 7500HT Fast Real-Time PCR System (Applied Biosystems, Foster City, CA, USA) under the following conditions: 95°C for 10 min, 40 cycles at 95°C for 10 s, 60°C for 20 s and 72°C for 34 s. GAPDH was used as the internal control. The mRNA expression level was calculated using the $2^{-\Delta\Delta Ct}$ method. The primer sequences were HCG18, forward: 5'-ATCCT GCCAATAGATGCTGCTCAC-3, reverse: 5'-AGCCAC CTTGGTCTCCAGTCTC-3'; GAPDH, forward: 5'-TG

ACGTGCCGCCTGGAGAAAC-3, reverse: 5'-CCGGCA TCGAAGGTGGAAGAG-3'.

Western Blot

Total proteins were isolated from cells using RIPA Lysis Buffer (Elabscience, Wuhan, China), and then quantified using a BCA Protein Assay Kit (ThermoFisher, SanJose, CA, USA). The protein samples were separated by 10% SDS-PAGE and transferred onto a polyvinylidene fluoride (PVDF) membrane. The membrane was then blocked in 5.0% non-fat milk for 45 min and incubated with primary antibody at 4°C overnight. The primary antibodies included anti-GAPDH (1:1000, ab9485, Abcam, Cambridge, England), -PI3K (1:1000, 4292, CST, Danvers, MA, USA), -p-PI3K (1:1000, 17,366, CST), -Akt (1:1000, 9272, CST), -p-Akt (1:1000, 4060, CST), -MMP-2 (1:1000, ab97779, Abcam), -MMP-9 (1:1000, ab38898, Abcam,), -Bcl-2 (1:1000, ab32124, Abcam), and -Bax (1:1000, ab32503, Abcam). Subsequently, the membrane was incubated with HRP-conjugated goat anti-rabbit IgG (1:10,000, G-21234, Invitrogen) for 1 h at 25°C. Protein bands were visualized using a Chemiluminescent Substrate Kit (Bio-Rad, Hercules, CA, USA). GAPDH was used as the internal control.

MTT Assay

Cells were seeded into 96-well plates (6 × 10² cm (well, 2.6) μ L/well) and cultured in an incubator ato 7°C foro, 24, 4, and 72 h, respectively. MTT (5 mg/mL, 0) μ L cm, 1.00, San Antonio, TX, USA) was then used into the well. After 4 h of incubation, DMSO (159 are well) was accord to terminate the reaction. The optical density 0.495 nm (OD₄₉₅) was measured by a Microphe Reader (Apple 1 Biosystems).

Annexin V-Providum Iodide (PI) Double Staining

Cell ap otosis we detected using an Annexin V-fluorescein isothiocy. It of ITC)/FF Kit (Invitrogen). Briefly, cells were seeded into a rell plates (1×10^5 cells/well, 500 µL/well) and then stained with 5 µL Annexin V-FITC and 5 mL PI for 10 min at 25°C in the dark. The cell apoptosis was assessed by a MUSETM flow cytometer (MerckMillipore, Billerica, MA, USA).

Wound Healing Assay

Cells were seeded into 6-well plates (1×10^6 cells/well), and cultured until 90% confluence. A scratch was then made using a sterile pipette tip. After 48 h of culturing, the wound area

was photographed and measured under an optical microscope (Olympus Ckx53, Tokyo, Japan) using Image J Software.

Transwell Invasion Assay

Cell invasion was detected using a Transwell Chamber (BD Biosciences, Franklin Lakes, NJ, USA). Briefly, cells were seeded in the upper chamber pre-coated with matrigel. The medium containing 10% FBS was added to the lower chamber. After 48 h of culturing, cells on the upper chamber were removed. Cells in the lower chamber were stained with 0.1% crystal wrone for 30 min, and counted under a microscope (Olympus 1kx53) at five randomly selected fields

Establishment of X nograft Tumor Model in Mice

LB/c, 4 weeks old) were Twelve Max nude mice obtained from banghai experimental animal center, academy sciences (Shanghai, China). Mice rere randomly divided into three groups: Mock, si-NC nd si-HCG1 group (n = 4 each group). AGS cells were strutaneously injected into the left axilla (1×10^7 cells/ mice, 0.2mL/mice). The longest diameter (L) and the st diameter (W) of the tumor xenograft were measured with a vernier caliper every 7 days after injection. The tumor volume was calculated using the following formula: $V = L \times W^2/2$. At the end of the 4th-week postinjection, mice were anesthetized with pentobarbital sodium (60 mg/kg), and killed by cervical dislocation. The tumor xenografts were dissected completely and then weighed. Animal experiments were performed in accordance with the "Guidelines for the Care and Use of Laboratory Animals" published by the National Institutes of Health and were approved by Linyi Cancer Hospital's ethics committee.

Statistical Analysis

All experiments were performed in triplicates and repeated at least three times. Data were presented as means \pm standard deviation (SD) and analyzed by SPSS 22.0 statistical software (SPSS Inc., Chicago, IL). Student's *t*-test was used to analyze the differences between the two groups. One-way ANOVA followed by Tukey's post hoc test was used to analyze the differences among multigroups. Differences were considered statistically significant at P < 0.05.

Results LncRNA-HCG18 Was Overexpressed in GC Tissues

The expression of lncRNA-HCG18 in tumor tissues (GC) and adjacent normal tissues (ANT) were detected by qRT-PCR. As shown in Figure 1A, the expression of lncRNA-HCG18 was significantly higher in the GC group than that in the ANT group (P < 0.0001). In addition, the expression of lncRNA-HCG18 was significantly higher in tumors at I/ II stage than that in tumors at III/IV stage (P < 0.0001), and was significantly higher in tumors at T1-2 stage than that in tumors at T3-4 stage (P < 0.0001, Figure 1B and C). The above results indicated that lncRNA-HCG18 was overexpressed in GC tissues, and overexpression of lncRNA-HCG18 was positively correlated with the stage of tumor node metastasis and invasion depth.

Silencing of IncRNA-HCG18 Repressed the Proliferation and Induced the Apoptosis of GC Cells

The expression of lncRNA-HCG18 was detected in three GC cell lines (MKN45, MGC803, AGS) and norm human gastric epithelial cells (GES-1). qRT-PCR showed that the expression of lncRNA-HCG18 expression in GC cell lines (MKN45, MGC803, AGS) was gin ntly higher than that in GES-1 cells ($P < 0.0^{\circ}$, Figur 2A). MGC803 and AGS cells with relatively -h **CKNA** HCG18 expression were used for the follows experiments. LncRNA-HCG18 was # n s nced in M C803 and AGS cells by the transfection of si-1 G18-1/2. qRT-PCR showed that the expression of lncRNA-CG18 in the si-HCG18-1/2 group s significantly lower than that in the Blank group (P < 0.0gure 2^P, si-HCG18-1 with relatively high e en ien was used for the Sile

subsequent experiments. MTT assay showed that the OD_{495} values at 48 and 72 h post-culturing were significantly decreased in the si-HCG18 group compared with Blank group (P < 0.05, Figure 2C). In contrast to cell proliferation, si-HCG18 promoted the apoptosis of MGC803 and AGS cells (P < 0.01, Figure 2D).

Silencing of IncRNA-HCG18 Inhibited the Migration and Invasion of GC Cells

Wound healing and transwell assay were performed to detect the migration and invasion of area 03 and AGS cells, respectively. Both the migration and invation ability of cells in si-HCG18 group were conficantly decreased compared with those in the Blank group $0^{2} < 0.01$, Figure 3A and B).

Silencing of acRNA-NCC 18 Blocked the PI3K/Akt Path ay

In order explore the equatory mechanism of lncRNA-HCC18 involving the PI3K/Akt pathway, the expression of U3K/Akt pathway-related proteins was detected by Wester blot. The protein expression levels of p-AKT/ AKT and PU3K/PI3K in MGC803 and AGS cells were sign ently decreased in the si-HCG18 group compared with the Blank group (P < 0.01, Figure 4).

ctivation of the PI3K/Akt Pathway Reversed the Anti-Tumor Effect of LncRNA-HCG18 Silencing on GC Cells

In order to investigate whether the effects of lncRNA-HCG18 on GC cells were associated with the PI3K/Akt pathway, an activator of PI3K/Akt pathway, 740 Y-P was used to activate the PI3K/Akt pathway in AGS cells. As shown in Figure 5A, 740 Y-P reversed the inhibiting effect of si-HCG18 on the PI3K/Akt pathway (P < 0.05). In







Figure 2 Silencing of IncR inhibited t proliferation and induced the apoptosis of GC cells. (A) Relative IncRNA-HCG18 expression in GC cell lines (MKN45, MGC803, AGS) au elial cells (GES-1) were determined by qRT-PCR. *** P < 0.001 vs GES-1; (B) Transfection efficiency of si-HCG18-1/2 in gastric ep mal hu MGC803 and by gP CR; (C) The proliferation of MGC803 and AGS cells was determined by MTT assay; (D) The apoptosis of MGC803 and AGS s asses nnexinV-P e staining assay. Blank, MGC803 and AGS cells without transfection; si-NC, MGC803 and AGS cells transfected with si-RNA cells was d mined by 9 1/2 MGC803 and AGS cells transfected with si-HCG18-1/2. * P < 0.05, ** P < 0.01 vs Blank. negative trol; si-HQ

addition, 740 P reversed the inhibiting effects of si-HCG18 on the proliferation, migration, invasion of AGS cells, and reversed the promoting effect of si-HCG18 on the apoptosis of AGS cells (P < 0.05, Figure 5B–E). The expression of apoptosis- and migration-related proteins was further detected by Western blot. As shown in Figure 5F, the protein expression of MMP-2, MMP-9 and Bcl-2 was significantly decreased, and the protein expression of Bax was significantly increased in si-HCG18 group compared with those in si-NC group (P < 0.01). The intervention of 740 Y-P significantly reversed the expression of the above proteins in AGS cells (P < 0.05, Figure 5F).

Silencing of IncRNA-HCG18 Inhibited the Growth of GC Xenografts in Mice

A human tumor xenograft model in mice was established to evaluate the anti-tumor effect of lncRNA-HCG18 silencing on GC in vivo. As shown in Figure 6A–C, the tumor volume



Figure 3 Silent of InCRN (10018 inhibited the migration and invasion of GC cells. (A) Wound healing assay was performed to detect the migration of MGC803 and AGS cells; (B) Train cells of was performed to detect the invasion of MGC803 and AGS cells. Blank, MGC803 and AGS cells without transfection; si-NC, MGC803 and AGS cells transfected with si-HCG18. ** P < 0.01 vs Blank.

and weight were significantly decreased in the si-HCG18 group compared with the Mock group (P < 0.01). These results demonstrated that the silencing of lncRNA-HCG18 repressed the growth of GC xenografts in mice.

Discussion

The development of GC is a complicated biological process involving multiple factors and signaling pathways. Previous studies have proved that lncRNAs are dysregulated in GC, such as the up-regulation of lncRNA-HOAIR and -ANRIL, and the down-regulation of lncRNA-MEG3 and -GAS5.^{21–24} Huang et al²⁵ have shown that the expression of lncRNA-LINC00673 is up-regulated in GC and positively related to the poor prognosis of GC patients. Du et al²⁶ have found that the expression of lncRNA-CRNDE is increased in GC tissues and cell lines, and is positively



Figure 4 Silencing of IncRNA-HCG18 blocks are PI3Ks pathway. Western blot was performed to measure the relative expression of PI3K/Akt pathway-related proteins. Blank, MGC803 and AGS cells with a transfection; IC, MGC803 and AGS cells transfected with si-RNA negative control; si-HCG18, MGC803 and AGS cells transfected with si-HCG18. **P < 0.01 years.

associated with the depth of invasion, TNM stage and in et al²³ have revealed that lymph node metal sis. IncRNA-GAST acts a tur -inhibitor in GC and tic fac. GC patients. However, the a negativ progn specific ple of ¹ PNA-HCG18 in GC remains unclear. In expression of lncRNA-HCG18 was signifithis study, cantly up-regulated in GC tumor tissues and was positively associated with ne stage of tumor node metastasis and invasion depth. Similar with the previous researches, our findings indicate that lncRNA-HCG18 is a tumor promoter in GC.

LncRNA-HCG18 plays a promoting role in the development of IDD, which is involved in the proliferation and apoptosis of NP cells.¹⁴ However, researches on the regulatory effects of lncRNA-HCG18 on GC cells are limited. Xu et al²⁷ have demonstrated that NOTCH1 represses the progression of bladder cancer via cooperating with lncRNA-HCG18. Si-Yu et al¹⁵ have found that the upregulation of lncRNA-HCG18 promotes the proliferation and invasion, inhibits the apoptosis of hepatocarcinoma (HCC) cells. Qu et al²⁸ have illustrated that lncRNA-HCG18 promotes the proliferation and migration of nonsmall cell lung cancer (NSCLC) cells. Consistent with the function of lncRNA-HCG18 in HCC and NSCLC, IncRNA-HCG18 promoted the proliferation, migration, invasion, and inhibited apoptosis of GC cells. Our results indicate that lncRNA-HCG18 is an oncogenic factor in GC. Furthermore, a tumor xenograft model in mice was established to evaluate the role of lncRNA-HCG18 on GC in vivo. In consistent with in vitro results, we found that silencing of lncRNA-HCG18 inhibited the growth of GC xenografts in mice.



ugh blocking the PI3K/Akt pathway. Figure 5 Silencing of IncRNA-HCG18 inhibited the proliferation, migration and invasion, and inhibited a apopte f AGS cells th (A) Western blot was performed to measure the relative expression of PI3K/Akt pathway-related proteins; (B) The feration of AGS cells was detected by MTT assay; (C) The apoptosis of AGS cells was detected by AnnexinV-PI double staining assay; (D) The migration GS cells was de ed by wound healing assay; (E) The invasion of AGS cells was detected by transwell assay; (F) Western blot was performed to measure the tive expression of migratic and apoptosis-related proteins. si-NC, AGS cells transfected with si-RNA negative control; si-HCG18, AGS cells transfected with si-HCG si-HCG18 + 740 Y-P, AGS cells transfected with si-HCG18 and treated with 740 Y-P (an activator of PI3K/Akt pathway). * P < 0.05, ** P < 0.01 vs si-NC; # P < 0.05, # < 0.01 vs si-HQ 18



Figure 6 Silencing of IncRNA-HC \mathbf{R} such essed the endograft tumor growth of GC in nude mice. (A) Tumor morphology at the end of the 4th-week post-injection; (B) The tumor volume at every work (C) The nor weight one end of the 4th-week post-injection. Mock, mice injected with AGS cells without transfection; si-NC, mice injected with AGS cells transfected with a GI at the end of the 4th-week post-injection with AGS cells transfected with si-HCG18. ** P < 0.01, *** P < 0.01, *** P < 0.01 vs Mock.

PI3K/Akt pathway in a priitical effects in modulating the biological process of cell growth, survival, proliferation, invasion and apoptois.²⁹ PI3K/Akt pathway is involved in many types of human cancers including GC.^{30–32} The aberrant activation of the PI3K/Akt pathway is closely related to the progression of GC.¹⁶ Li et al³³ have shown that LEMD1 promotes the proliferation of GC cells through activating the PI3K/Akt pathway. Huang et al¹⁸ have revealed that lncRNA-AK023391 promotes the tumorigenesis of GC through activating the PI3K/Akt pathway. Du et al²⁰ have proved that lncRNA-CRNDE promotes the proliferation, migration and

invasion of GC cells through activating the PI3K/Akt pathway.²⁵ In this study, we found that silencing of si-HCG18 blocked the PI3K/Akt pathway in GC cells. In order to further identify whether the effects of lncRNA-HCG18 on GC cells were associated with the PI3K/Akt pathway, 740 Y-P (an activator of PI3K/Akt pathway) was used to treat GC cells. The results showed that 740 Y-P significantly reversed the anti-tumor effect of si-HCG18 on AGS cells. We speculate that silencing of lncRNA-HCG18 may promote the proliferation, migration and invasion, and inhibit the apoptosis of GC cells by blocking the PI3K/Akt pathway.

Conclusions

In summary, lncRNA-HCG18 was up-regulated in GC tissues and cell lines. Silencing of lncRNA-HCG18 promoted the proliferation, migration and invasion, and inhibited the apoptosis of GC cells by blocking the PI3K/Akt pathway. Silencing of lncRNA-HCG18 could also inhibit the growth of GC xenografts in mice. LncRNA-HCG18 is an oncogene in GC, which may be used as a novel therapeutic target in clinical practice.

Ethics Approval and Consent to Participate

This study was conducted after obtaining approval of Linyi Cancer Hospital's ethical committee and written informed consent from the patients.

Animal experiments were performed in accordance with the "Guidelines for the Care and Use of Laboratory Animals" published by the National Institutes of Health and were approved by Linyi Cancer Hospital's ethics committee.

Author Contributions

All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work

Disclosure

The authors report no conflicts of interest in the work.

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