## ORIGINAL RESEARCH Impacts of Different Spirometry Reference Equations and Diagnostic Criteria on the Frequency of Airway **Obstruction in Adult People of North China**

This article was published in the following Dove Press journal: International Journal of Chronic Obstructive Pulmonary Disease

Mengshuang Xie Liwei Cui Jinhuan Liu Wei Wang Jun Li Wei Xiao

Department of Pulmonary and Critical Care Medicine, Qilu Hospital, Shandong University, Jinan, People's Republic of China

Correspondence: Wei Xiao Department of Pulmonary and Critical Care Medicine, Oilu Hospital, Shandong University, 107 Wenhua West Road, Jinan 250012, People's Republic of China Tel/Fax +86 53182166294 Email xiaowei4226@163.com



Background and Objective: The reference equations and diagnostic criteria play a critical role in the interpretation of pulmonary function tests (PFTs). The aim was to investigate the impacts of different reference equations and diagnostic criteria on the frequency of airway obstruction in adult people of a large teaching hospital of North China.

Methods: The spirometry data of all adult people who underwent PFTs in Qilu hospital from April 2012 to November 2015 were collected. Two spirometry reference equations, namely, Zhongshan-2011 and Global Lung Function Initiative 2012 (GLI-2012) were compared. The frequency of airway obstruction using different spirometry prediction equations and diagnostic criteria including forced expiratory volume in 1 s (FEV1)/forced vital capacity (FVC) <92% of predicted value and FEV1/FVC <lower limits of normal (LLN) were investigated.

**Results:** A total of 57,888 subjects were recruited with a mean age of  $55.5 \pm 13.72$ . There were significant differences in LLN and predicted value between the GLI-2012 and Zhongshan-2011. The average age of those who had an LLN of FEV1/FVC below 0.7 was  $66.59 \pm 6.05$  years using GLI-2012, which was significantly lower than that in Zhongshan-2011 (77.46±2.63, P<0.001). Using FEV1/FVC<LLN as diagnostic criteria, Zhongshan-2011 identifies more obstructive subjects than GLI-2012 in each age group. In 45-59 or 60-80 age group, more participants were defined as obstructive using FEV1/FVC<92%pred than FEV1/FVC<LLN (both P<0.001). Conclusion: Zhongshan-2011 identifies more airway obstruction than GLI-2012 in adult people of North China. Compared to FEV1/FVC<LLN, FEV1/FVC<92%pred may lead to overdiagnosis of airway obstruction in elderly people.

Keywords: lung function, LLN, airflow limitation, reference equations, COPD

#### Introduction

Airway obstruction is caused by an increase in airway resistance when intrathoracic or extrathoracic narrowing of the airway leads to a reduction of airflow. Airway obstruction is one of the main characteristics of obstructive lung diseases including asthma and chronic obstructive pulmonary disease (COPD).<sup>1,2</sup> Spirometry is the most commonly used method for the diagnosis of airway obstruction. Among the parameters of spirometry, the ratio of forced expiratory volume in 1 s (FEV1) to forced vital capacity (FVC) is the most widely accepted indicator of airway obstruction. The reduction of FEV1/FVC generally indicates the presence of airway obstruction.<sup>3</sup>

Although pulmonary function tests (PFTs) have been widely used for decades, there are still some difficult issues in the accurate interpretation of PFTs and diagnosis of airway obstruction. One of the problems is the controversial diagnostic criteria. In the diagnosis of airway obstruction, there is still a controversy regarding the appropriate cut-off values for FEV1/FVC. FEV1/FVC < lower limits of normal (LLN) are accepted by various guidelines on PFTs such as American Thoracic Society (ATS)/European Respiratory Society (ERS) interpretative strategies for lung function tests.<sup>4</sup> In China, FEV1/FVC <92% of predicted value is also recommended by the guidelines for PFTs published by Chinese Thoracic Society.<sup>5</sup> Fixed cut-off such as FEV1/FVC <0.7 is accepted as the definition of airflow limitation by Global Initiative for Chronic Obstructive Lung Disease (GOLD).<sup>6</sup>

Reference equations also play an important role in the correct interpretation of PFTs. The interpretation of PFTs is usually dependent on the comparisons of data measured in an individual patient or subject with reference values deriving from the epidemiological data of healthy subjects.<sup>4</sup> Using different lung function reference equations may influence the interpretation of PFTs results. There are two widely accepted reference equations for adult people of North China: the reference equations published by Zhongshan hospital (Zhongshan-2011)<sup>7</sup> and Global Lung Function Initiative 2012 equations (GLI-2012) for northeast Asians.<sup>8</sup> Zhongshan hospital is one of the earliest hospitals which carry out PFT in China and the Zhongshan-2011 reference equations are widely used in Northern and Eastern China. The GLI-2012 are multi-ethnic reference equations for spirometry for the 3–95-yr age range.<sup>8</sup> GLI-2012 were developed for four specific populations: Caucasian, Black, North-East Asian and South-East Asian and were intended to be applied globally.<sup>8</sup> Previous studies showed that the applicability of GLI-2012 was different in different countries or populations.<sup>9-14</sup> However, the values of GLI-2012 in North Chinese have not been fully investigated yet.

In clinical practice, the presence of different reference equations and/or diagnostic criteria causes great difficulties for the accurate interpretation of PFTs. The aim of this study was to investigate the impacts of different reference equations and diagnostic criteria on the frequency of airway obstruction in adult people of a large teaching hospital of North China.

#### **Population and Methods** Study Population

The study was conducted in accordance with the Declaration of Helsinki, national and institutional standards.<sup>15</sup> The study was approved by the Ethics Committee of Qilu Hospital of

Shandong University (No 2015091). To preserve the participants' privacy and data confidentiality, the participants' data have been identified before analysis. All analyses in this retrospective study were performed based on the data from anonymized patients. Due to the non-interventional retrospective nature of this study, the Ethics Committee of Qilu Hospital of Shandong University approved an informed consent waiver for the retrospective medical record review.

The data were collected from a database that contained all the adult patients' PFTs data of Qilu hospital, one of the top medical centers in North China, between April 2012 and November 2015. The database includes 70,513 subjects who underwent PFTs, including patients with pulmonary diseases, people who underwent health examinations and patients who underwent preoperative examination. The inclusion criteria were: 1) age between 18 and 80 years; 2) PFTs that fulfil ATS/ERS guidelines of lung function tests.<sup>4,16</sup>

#### **Pulmonary Function Tests**

All PFTs were performed on computerized spirometers (Masterscreen, Jaeger, Hochberg, Germany) according to the ATS/ERS recommendations.<sup>4,16</sup> Each spirometer was calibrated daily using a syringe of 3 L volume. A minimum of three satisfactory slow and forced vital capacity manoeuvers were required of each subject. All the data of PFTs enrolled in this study were measured without the use of bronchodilators. The Basic information involving age (year), height (m), weight (Kg), body mass index (BMI; Kg/m<sup>2</sup>) were collected before PFTs. Spirometry parameters including FEV1 [L], FVC (L), FEV1/FVC (%) and vital capacity (VC; L) were collected.

#### Calculation of Predicted Value and LLN

The predicted values and LLN of FEV1, FVC and FEV1/ FVC were derived using prediction equations from the GLI-2012 (North-East Asian) and Zhongshan-2011.<sup>7,8</sup> The prediction equations include sex, age, height and weight. The impacts of different reference equations and diagnostic criteria on the frequency of airway obstruction in adult people of a large teaching hospital of North China. Those participants with pre-bronchodilator FEV1/FVC lower than cut-off values were termed as airway obstruction. The cut-off values of FEV1/FVC were calculated using two different reference equations (Zhongshan-2011 and GLI-2012) and two diagnostic criteria (LLN and 92% predicted).

#### Statistical Analysis

Statistical analyses were performed using SPSS version 19.0 (IBM Corporation, Armonk, NY, USA) and Medcalc version 15.2 (MedCalc Software, Ostend, Belgium). Demographic and clinical characteristics of all subjects were summarized descriptively. Quantitative data were expressed as mean and standard deviation (SD). The normality assumption was tested through the kolmogorov-smirnov test. The independent samples and paired t-tests were used to test group differences of normally distributed data and chisquare test was used to compare classified variables. The differences of predicted values of spirometry parameters between two prediction equations were evaluated using Bland-Altman plot. Correlation between the measurements was calculated with the Pearson correlation coefficient. A P-value less than 0.05 was considered statistically significant.

#### Results

#### Participants' Characteristics

A total of 12,625 subjects were not included and 57,888 subjects met the selection criteria (Figure 1). The mean age was  $55.5\pm13.72$  and 33,677 (58.18%) were males. The participants were divided into three groups: age 18-44, age 45-59 and age 60-80 according to the global burden of disease study 2000.<sup>17</sup> The basic characteristics of the participants are shown in Table 1.

#### The Comparison Between Two Reference Equations

The predicted value between the two versions of reference equations are compared in Table 2. The LLN and predicted FEV1/FVC from Zhongshan-2011 was higher than that from GLI-2012. The LLN and predicted FVC from Zhongshan-2011 was lower than that from GLI-2012. The trends of FEV1/FVC and FVC were same in



Figure I Flowchart of the selection of the study population.

	Total	Age 18–44	Age 45–59	Age 60–80
Subjects, n	57,888	12,134	19,977	25,777
Age, years	55.50±13.72	34.65±7.20	52.75±4.37	67.45±5.50
Sex (male, %)	58.18	48.82	56.01	64.26
Height, cm	163.37±8.17	165.17±8.38	163.52±7.97	162.41±8.07
Weight, kg	65.90±12.29	66.65±13.95	66.92±11.76	64.76±11.75
BMI, kg/m <sup>2</sup>	24.64±3.93	24.33±4.18	24.98±3.75	24.52±3.92
FEVI, L	2.36±0.87	2.98±0.84	2.44±0.81	2.00±0.73
FVC, L	3.14±0.94	3.74±0.95	3.26±0.88	2.78±0.80
VC, L	3.26±0.93	3.82±0.94	3.37±0.88	2.92±0.80
FEV1/FVC	0.7397±0.1354	0.7959±0.1086	0.7415±0.1312	0.7181±0.1414

Note: Data are presented as mean ± standard deviation and n or n (%)

Abbreviations: BMI, Body Mass Index; FEVI, forced expiratory volume in 1 s; FVC, forced vital capacity; VC, vital capacity.

males and females. The predicted value of FEV1 from Zhongshan-2011 was higher in males and lower in females compared to that from GLI-2012. The LLN of FEV1 from Zhongshan-2011 was lower in males and higher in females compared to that from GLI-2012. The difference was 0.15L in FVC and 0.01L in FEV1 between two reference equations.

 Table 2 The Comparison Between Zhongshan-2011 and GLI-2012

 Reference Values

	Zhongshan-2011	GLI-2012	P-value
FEVI pred, L	2.85±0.58	2.84±0.59	<0.001
Males	3.19±0.41	3.13±0.52	<0.001
Females	2.36±0.41	2.45±0.43	<0.001
FVC pred, L	3.40±0.70	3.55±0.71	<0.001
Males	3.85±0.45	3.94±0.58	<0.001
Females	2.76±0.44	3.00±0.46	<0.001
FEV1/FVC pred	0.8177±0.0253	0.8020±0.0253	<0.001
Males	0.8112±0.0233	0.7927±0.0225	<0.001
Females	0.8269±0.0250	0.8140±0.0231	<0.001
FEVI LLN, L	2.31±0.53	2.32±0.58	<0.001
Males	2.59±0.41	2.63±0.49	<0.001
Females	1.91±0.40	1.80±0.39	<0.001
FVC LLN, L	2.80±0.62	2.97±0.68	<0.001
Males	3.21±0.39	3.37±0.54	<0.001
Females	2.24±0.39	2.42±0.43	<0.001
FEV1/FVC LLN	0.7465±0.0207	0.7038±0.0312	<0.001
Males	0.7394±0.0189	0.6965±0.0305	<0.001
Females	0.7565±0.0188	0.7141±0.0291	<0.001

**Notes:** The data was the predicted value and LLN of the participants. Data are presented as mean  $\pm$  standard deviation. Zhongshan-2011, the reference value published by Zhongshan hospital 2011.

**Abbreviations:** FEVI, forced expiratory volume in 1 s; FVC, forced vital capacity; GLI-2012, Global Lung Function Initiative 2012 equations; LLN, lower limits of normal; VC, vital capacity.

The Bland-Altman plot also showed that compared to GLI-2012, the Zhongshan-2011 underestimate the predicted value and LLN of FVC whereas predicted value and LLN of FEV1/FVC were overestimated in Zhongshan-2011 than in GLI-2012 (Figure 2).

# The Relationship Between Reference Values of FEVI/FVC and Age

The relationship between reference values of FEV1/FVC and ages using Zhongshan-2011 and GLI-2012 was investigated. The predicted value of FEV1/FVC was negatively correlated with ages (R=-0.7 in Zhongshan-2011 and R=-0.917 in GLI-2012) at a significant level. We further investigated the age of the participants whose LLN of FEV1/FVC were lower than 0.7. Using GLI-2012 of reference value, 27,893 (48.18%) participants' LLN of FEV1/FVC were lower than 0.7 and only 113 (0.20%) of the participants' LLN of FEV1/FVC were lower than 0.7 using Zhongshan-2011. The average age of those participants with an LLN of FEV1/FVC below 0.7 was 66.59±6.05 using GLI-2012, which was significantly lower than that in Zhongshan-2011 (77.46±2.63, P<0.001). The smallest age of LLN blow 0.7 was 52 in GLI-2012 whereas 70 in Zhongshan-2011.

#### The Influence of Diagnostic Criteria on the Frequency of Airway Obstruction

The frequency of airway obstruction using different diagnostic criteria: FEV1/FVC< LLN or FEV1/FVC<92%pred (Table 3) was compared. When Zhongshan-2011 was used as reference value, there was no significant difference in airway obstruction frequency between two diagnostic criteria in 18–44 age group (31.66% vs 32.59%, P=0.124). However, in other age groups



Figure 2 Bland-Altman spot of LLN and predicted values of GLI-2012 and Zhongshan-2011. Note: Zhongshan-2011, the reference value published by Zhongshan hospital 2011.Panels **A**, **C** and **E** illustrate the comparisons of LLN of FEV1, FVC and FEV1/FVC between GLI-2012 and Zhongshan-2011; Panels **B**, **D** and **F** illustrate the comparisons of predicted values of FEV1, FVC and FEV1/FVC between GLI-2012 and Zhongshan-2011. **Abbreviations:** Δ, difference of GLI-2012 data minus Zhongshan-2011 data; FEV1, forced expiratory volume in 1 s; FVC, forced vital capacity; GLI-2012, Global Lung Function Initiative 2012 equations; LLN, lower limits of normal.

(45–59 or 60–80), more participants were defined as obstructive using FEV1/FVC<92%pred than FEV1/FVC<LLN (P<0.001). When GLI-2012 was used as reference value, there were more subjects defined as obstructive using FEV1/FVC<92%pred than FEV1/FVC<LLN (P<0.001) in all age groups.

### The Frequency of Airway Obstruction Using Different Reference Equations

Using FEV1/FVC<LLN as diagnostic criteria, more people were defined as obstructive according to Zhongshan-2011 than GLI-2012 in each age group (P<0.001). Among all the age groups, the 60–80 age group showed the largest

		0	•				
Subjects, n(%)	All	Zhongshan-2011		Р	GLI-2012		Р
		FEVI/FVC <lln< th=""><th>FEVI/FVC&lt;92% pred</th><th></th><th>FEVI/FVC<lln< th=""><th>FEVI/FVC&lt;92% pred</th><th></th></lln<></th></lln<>	FEVI/FVC<92% pred		FEVI/FVC <lln< th=""><th>FEVI/FVC&lt;92% pred</th><th></th></lln<>	FEVI/FVC<92% pred	
All	57,888	22,715(39.24%)	23,874(41.24%)	<0.001	16,345(28.24%)	21,076(36.41%)	<0.001
Age 18-44	12,134	3842(31.66%)	3954(32.59%)	0.124	2853(23.51%)	3685(30.37%)	<0.001
Age 45–59	19,977	7761(38.85%)	8088(40.49%)	<0.001	5644(28.25%)	7067(35.38%)	<0.001
Age 60-80	25,777	,  2(43.  %)	,832(45.90%)	<0.001	7848(30.45%)	10,324(40.05%)	<0.001

Table 3 The Influence of Diagnostic Criteria and Reference Equations on the Frequency of Airway Obstruction

Notes: Data are presented as n or n (%). Zhongshan-2011, the reference value published by Zhongshan hospital in 2011.

Abbreviations: FEV1, forced expiratory volume in 1 s; FVC, forced vital capacity; GLI-2012, Global Lung Function Initiative 2012 equations; LLN, lower limits of normal.

difference in airway obstruction frequency between two reference equations (43.11% vs 30.45%, P<0.001). Using FEV1/FVC<92%pred as diagnostic criteria produced similar results, more people were defined as obstructive according to Zhongshan-2011 than GLI-2012 in each age group (P<0.001). The largest difference was also showed in 60–80 age group (45.90% vs 40.05%, P<0.001).

#### The Diagnosis Concordance Rate Between the Two Reference Equations

When using FEV1/FVC<LLN as diagnostic criteria, the diagnosis concordance rate between the two reference equations was 88.99% (51,516/57,888) in all the participants, 91.83% (11,143/12,134) in 18-44 age group, 89.40% (17,860/19,977) in 45-59 age group, 84.34% (22,513/25,777) in 60-80 age group (Table 4). When using FEV1/FVC<92%pred as diagnostic criteria, the diagnosis concordance rate was 94.20% (54,530/57,888) in all participants, 95.39% (11,575/12,134) in 18-44 age group, 94.10% (18,798/19,977) in 45-59 age group and 93.72% (24,157/25,777) in 60-80 age group (Table 5).

#### Discussion

In this study, we investigated the influence of diagnostic criteria and reference equations in the diagnosis of airway obstruction in adult Chinese. There were significant differences between the two reference equations (GLI-2012 and Zhongshan-2011). The Zhongshan-2011 identified more obstructive subjects than GLI-2012. Different diagnostic criteria can also influence the frequency of airway obstruction.

The reference equations are the basis for the interpretation of PFT. To the extent of the authors' knowledge, there are still no reports comparing the applicability between Zhongshan-2011 and GLI-2012 in adult people of North China. In this study, a large sample of adult people who underwent PFTs in a teaching hospital of North China was Table 4 Numbers of Concordant and Discordant Pairs WhenUsing FEV1/FVC<LLN as Diagnostic Criterion Between GLI-</td>2012 and Zhongshan-2011 to Diagnose Airway Obstruction

Subjects, n(%)	GLI-2012		Total
	No	Yes	
All			
Zhongshan-2011			
No	35,172 (60.76%)	I (0.00%)	35,173
Yes	6371 (11.01%)	16,344 (28.23%)	22,715
Total	41,543	16,345	57,888
Age 18-44			
Zhongshan-2011			
No	8291 (68.33%)	1 (0.01%)	8292
Yes	990 (8.16%)	2852 (23.50%)	3842
Total	9281	2853	12,134
Age 45–59			
Zhongshan-2011			
No	12,216 (61.15%)	0 (0.00%)	12,216
Yes	2117 (10.60%)	5644 (28.25%)	7761
Total	14,333	5644	19,977
Age 60-80			
Zhongshan-2011			
No	14,665 (56.89%)	0 (0.00%)	14,665
Yes	3264 (12.66%)	7848 (30.45%)	11,112
Total	17,929	7848	25,777

Note: Data are presented as n or n (%).

Abbreviations: FEV1, forced expiratory volume in 1 s; FVC, forced vital capacity; GLI-2012, Global Lung Function Initiative 2012 equations; LLN, lower limits of normal.

enrolled. The results of this study showed that there were significant differences between the two reference equations in FEV1/FVC. The predicted value and LLN of FEV1/FVC in GLI-2012 were significantly lower than that in Zhongshan-2011. One possible reason is that two versions of reference equations were obtained from differently recruited "normal" or "healthy" subjects. This result indicated that adult people are more likely to be diagnosed with airway obstruction when the Zhongshan-2011 rather than GLI-2012 is used.

Subjects, n(%)	GLI2-012		Total
	Νο	Yes	
All			
Zhongshan-2011			
No	33,734 (58.27%)	280 (0.04%)	34,014
Yes	3078 (5.32%)	20,796 (35.92%)	23,874
Total	36,812	21,076	57,888
Age 18-44			
Zhongshan-2011			
No	8035 (66.22%)	145 (1.19%)	8180
Yes	414 (3.41%)	3540 (29.17%)	3954
Total	8449	3685	12,134
Age 45–59			
Zhongshan-2011			
No	11,810 (59.12%)	79 (0.39%)	11,889
Yes	1100 (5.51%)	6988 (34.98%)	8088
Total	12,910	7067	19,977
Age 60-80			
Zhongshan-2011			
No	13,889 (53.88%)	56 (0.22%)	13,945
Yes	1564 (6.07%)	10,268 (39.83%)	11,832
Total	15,453	10,324	25,777

Table 5 Numbers of Concordant and Discordant Pairs WhenUsing FEV1/FVC<92% Pred as Diagnostic Criterion Between</td>GLI-2012 and Zhongshan-2011 to Diagnose Airway Obstruction

Note: Data are presented as n or n (%).

Abbreviations: FEV1, forced expiratory volume in 1 s; FVC, forced vital capacity; GLI-2012, Global Lung Function Initiative 2012 equations.

The FEV1/FVC of normal population declined with the increase of ages. Our results also proved that the reference values of FEV1/FVC decreased with ages. However, the average age of those participants who had an LLN of FEV1/FVC below 0.7 was significantly lower in GLI-2012 than that in Zhongshan-2011. A previous US study proved that, in Caucasians, the difference between different reference equations in LLN of FEV1/FVC might be influenced by height and age.<sup>18</sup> Both of the two versions have the average age at which the LLN of FEV1/FVC fall below 0.70 is over 60 years, which is older than the results of a previous study (42 and 48 years in males and females).<sup>19</sup> This may be due to differences in the race of study populations. More people were defined as obstructive according to Zhongshan-2011 than GLI-2012, especially in old people.

Beside the reference equations, the criterion for airway obstruction definition also has a large impact on the diagnosis of airway obstruction.<sup>20–22</sup> The FEV1/FVC<LLN was the most widely used diagnostic criteria for airway

obstruction. However, because the calculation of LLN was relatively complex, the usage of LLN in clinical practices was limited. In that case, some scholars proposed to use FEV1/FVC or FEV1/vital capacity (VC) lower than the percentage of predicted value as a surrogate diagnostic criteria.4,23 For instance, the consensus statement of ERS on COPD in 1995 recommended FEV1/VC <88% predicted in males or <89% predicted in females as the diagnostic criteria of airway obstruction.<sup>23</sup> FEV1/FVC<92% predicted has also been recommended by the Chinese guideline of PFT,<sup>5</sup> but there is still a lack of studies to confirm the accuracy of these diagnostic criteria. The results show that FEV1/FVC <92%pred identified more airway obstruction than FEV1/FVC<LLN in people older than 45, especially in 60-80 age group. This indicates that FEV1/FVC <92%pred may lead to overdiagnosis of airway obstruction in elderly people compared to LLN. The difference between the two diagnostic criteria was larger when using GLI-2012, which indicated the accuracy of FEV1/FVC<92%pred might be influenced by different reference equations.

We further investigated the diagnostic concordance between two reference equations in different age groups. When using FEV1/FVC<LLN as diagnostic criteria, the diagnosis concordance rate between the two reference equations was 88.99%, which was lower than that of using FEV1/ FVC<92%pred as diagnostic criteria (94.20%, p<0.001). When FEV1/FVC<LLN as diagnostic criteria, the diagnosis concordance rate between the two reference equations in 60–80 group was lower than younger groups.

In recent years, the z-score has been recommended as an evaluating index for spirometry parameters.<sup>8</sup> Z-scores indicate how many standard deviations a measurement is from its predicted value. However, the Zhongshan-2011 has no z-score equations of spirometry parameters. In addition, the statistical value of z-score (-1.64) was equal to LLN at the 5th centile.<sup>8</sup> In order to compare between these two reference equations, we chose to use LLN but not z-score. In this study, we only based on the PFTs to determine airway obstruction. But in clinical practice, other factors including symptoms and chest imaging should also be considered, especially for patients near cut-off values.

The GOLD guideline uses post-bronchodilator FEV1/ FVC<0.7 as the diagnostic criteria of airflow limitation.<sup>6</sup> Because the fixed cut-off value of FEV1/FVC is simple and its value on the diagnosis and treatment of COPD has been verified in numerous clinical trials, some hospitals in China use GOLD criterion to define the airway obstruction.<sup>24–29</sup> However, previous studies proved that using a fixed FEV1/FVC ratio may result in a significant number of falsepositive results in old people.<sup>30,31</sup> In addition, GOLD criterion for COPD is defined by a post-bronchodilator FEV1/FVC <0.7, which may not suitable for pre-bronchodilator estimation of airway obstruction. So the GOLD criterion was not enrolled in this study.

The fitness of GLI-2012 and Zhongshan-2011 in North China has not been fully illustrated. The results of this study showed that only 0.20% of the participants' LLN of FEV1/FVC using Zhongshan-2011 were lower than 0.7, which indicated that FEV1/FVC was overestimated in Zhongshan-2011. In our previous study, we proved that the LLN of FEV1/FVC of GLI-2012 was lower than normal people aged 60–84 years old in Jinan, a city with more than 7 million people in North China.<sup>32</sup> So both Zhongshan-2011 and GLI-2011 may not be the most appropriate reference equations for the adult people of North China.

Our study has several limitations. First, this was a retrospective study and only those who underwent PFTs in hospital were enrolled, and the age was limited from 18 to 80. These might lead to possible selection bias. In the future, we will make a further study on the community population of Chinese with a wider range of ages. Second, the fitness of the reference equations and diagnostic criteria for healthy people had not been investigated.

#### Conclusion

In conclusion, the predicted value of GLI-2012 and Zhongshan-2011 differs significantly. The Zhongshan-2011 identifies more obstructive subjects than GLI-2012 in each age group of adult people of North China. The influence of diagnostic criteria on the frequency of airway obstruction related with reference equations and age groups. Compared to LLN, FEV1/FVC <92%pred may lead to overdiagnosis of airway obstruction in elderly people.

#### **Acknowledgments**

This work was supported by grants from the National Key Research and Development Program in China [grant number 2016YFC0903603].

#### Disclosure

The authors report no conflicts of interest in this work.

#### References

- Rogliani P, Ora J, Puxeddu E, Cazzola M. Airflow obstruction: is it asthma or is it COPD? Int J Chron Obstruct Pulmon Dis. 2016;11:3007–3013. doi:10.2147/COPD
- 2. Hogg JC, McDonough JE, Suzuki M. Small airway obstruction in COPD. *Chest.* 2013;143(5):1436–1443. doi:10.1378/chest.12-1766
- 3. Crapo RO. Pulmonary-function testing. *N Engl J Med.* 1994;331 (1):25–30. doi:10.1056/NEJM199407073310107
- 4. Pellegrino R. Interpretative strategies for lung function tests. *Eur Respir J.* 2005;26(5):948–968. doi:10.1183/09031936.05.00035205
- Group SPFT. Guidelines for pulmonary function tests. *Chin J Tubere Respir Dis.* 2014(7). 487–491. doi: 10.3760/cma.j.issn.1001-0939.2014.07.002)
- GOLD. Global initiative for chronic obstructive lung disease, global strategy for the diagnosis, management and prevention of COPD 2017. [updated 2017; cited 2011]. Available from: https://goldcopd. org/gold-2017-global-strategy-diagnosis-management-preventioncopd/. Accessed March 17, 2020.
- 7. Ren WY, Zhu L, Zhao RY, et al. Preliminary study on medical reference range for adult pulmonary function parameters in Shanghai. *Chin J Respir Crit Care Med.* 2012;11(3):253–256.
- Quanjer PH, Stanojevic S, Cole TJ, et al. Multi-ethnic reference values for spirometry for the 3–95-yr age range: the global lung function 2012 equations. *Eur Respir J.* 2012;40(6):1324–1343. doi:10.1183/09031936.00080312
- Langhammer A, Johannessen A, Holmen TL, et al. Global lung function initiative 2012 reference equations for spirometry in the Norwegian population. *Eur Respir J.* 2016;48(6):1602–1611. doi:10.1183/13993003.00443-2016
- Hüls A, Krämer U, Stolz S, et al. Applicability of the global lung initiative 2012 reference values for spirometry for longitudinal data of elderly women. *PLoS One*. 2016;11(6):e157569. doi:10.1371/journal.pone.0157569
- Arigliani M, Canciani MC, Mottini G, et al. Evaluation of the global lung initiative 2012 reference values for spirometry in African children. *Am J Resp Crit Care*. 2017;195(2):229–236. doi:10.1164/ rccm.201604-0693OC
- 12. Slattery F, Schermer T, Esterman A, Johnston K, Crockett A. The global lung function initiative 2012 equations are as well-suited as local population derived equations to a sample of healthy professional firefighters. *Can Respir J.* 2017;2017:1–6. doi:10.1155/2017/ 6327180
- Backman H, Lindberg A, Sovijärvi A, Larsson K, Lundbäck B, Rönmark E. Evaluation of the global lung function initiative 2012 reference values for spirometry in a Swedish population sample. *BMC Pulm Med.* 2015;15(1). doi:10.1186/s12890-015-0022-2
- 14. Fasola S, La Grutta S, Cibella F, Cilluffo G, Viegi G. Global lung function initiative 2012 reference values for spirometry in South Italian children. *Resp Med.* 2017;131:11–17. doi:10.1016/j. rmed.2017.07.061
- World Medical Association. World medical association declaration of Helsinki: ethical principles for medical research involving human subjects. *JAMA*. 2013;310(20):2191–2194. doi: 10.1001/jama.2013. 281053.
- 16. Miller MR. Standardisation of spirometry. *Eur Respir J.* 2005;26 (2):319–338. doi:10.1183/09031936.05.00034805
- Shibuya K, Mathers CD, Boschi-Pinto C, Lopez AD, Murray CJ. Global and regional estimates of cancer mortality and incidence by site: II. Results for the global burden of disease 2000. *BMC Cancer*. 2002;2(1):37. doi:10.1186/1471-2407-2-37
- Linares-Perdomo O, Hegewald M, Collingridge DS, et al. Comparison of NHANES III and ERS/GLI-2012 for airway obstruction classification and severity. *Eur Respir J.* 2016;48(1):133–141. doi:10.1183/13993003.01711-2015

- Swanney MP, Ruppel G, Enright PL, et al. Using the lower limit of normal for the FEV1/FVC ratio reduces the misclassification of airway obstruction. *Thorax*. 2008;63(12):1046–1051. doi:10.1136/ thx.2008.098483
- Viegi G, Pedreschi M, Pistelli F, et al. Prevalence of airways obstruction in a general population. *Chest.* 2000;117(5suppl 2):339S–345S.
- 21. Andreeva E, Pokhaznikova M, Lebedev A, Moiseeva I, Kutznetsova O, Degryse J. The prevalence of chronic obstructive pulmonary disease by the global lung initiative equations in north-western Russia. *Respiration*. 2016;91(1):43–55. doi:10.1159/ 000442887
- 22. Vaz Fragoso CA, McAvay G, Van Ness PH, et al. Phenotype of normal spirometry in an aging population. *Am J Resp Crit Care*. 2015;192(7):817–825. doi:10.1164/rccm.201503-0463OC
- 23. Siafakas NM, Vermeire P, Pride NB, et al. Optimal assessment and management of chronic obstructive pulmonary disease (COPD). *Eur Respir J.* 1995;8(8):1398–1420. doi:10.1183/09031936.95.08 081398
- Vogelmeier C, Hederer B, Glaab T, et al. Tiotropium versus salmeterol for the prevention of exacerbations of COPD. *New Engl J Med.* 2011;364(12):1093. doi:10.1056/NEJMoa1008378
- 25. Singh D, Papi A, Corradi M, et al. Single inhaler triple therapy versus inhaled corticosteroid plus long-acting β2-agonist therapy for chronic obstructive pulmonary disease (TRILOGY): a double-blind, parallel group, randomised controlled trial. *Lancet.* 2016;388(10048):963. doi:10.1016/S0140-6736(16)31354-X

- Wedzicha JA, Banerji D, Chapman KR, et al. Indacaterolglycopyrronium versus salmeterol-fluticasone for COPD. *New Engl J Med.* 2016;374(23):2222. doi:10.1056/NEJMoa1516385
- 27. Vestbo J, Anderson JA, Brook RD, et al. Fluticasone furoate and vilanterol and survival in chronic obstructive pulmonary disease with heightened cardiovascular risk (SUMMIT): a double-blind randomised controlled trial. *Lancet*. 2016;387(10030):1817. doi:10.1016/ S0140-6736(16)30069-1
- Decramer M, Celli B, Kesten S, et al. Effect of tiotropium on outcomes in patients with moderate chronic obstructive pulmonary disease (UPLIFT): a prespecified subgroup analysis of a randomised controlled trial. *Lancet*. 2009;374(9696):1171–1178. doi:10.1016/ S0140-6736(09)61298-8
- Tashkin DP, Celli B, Senn S. A 4-year trial of tiotropium in chronic obstructive pulmonary disease — NEJM. N Engl J Med. 2008;359 (15):1543–1554. doi:10.1056/NEJMoa0805800
- Hardie JA, Buist AS, Vollmer WM, Ellingsen I, Bakke PS, Morkve O. Risk of over-diagnosis of COPD in asymptomatic elderly never-smokers. *Eur Respir J.* 2002;20(5):1117–1122. doi:10.1183/ 09031936.02.00023202
- Medbø A, Melbye H. Lung function testing in the elderly—Can we still use FEV1/FVC<70% as a criterion of COPD? *Resp Med.* 2007;101(6):1097–1105.
- 32. Tian XY, Liu CH, Wang DX, et al. Spirometric reference equations for elderly Chinese in Jinan aged 60–84 years. *Chin Med J (Engl)*. 2018;131(9):1016–1022. doi:10.4103/0366-6999.227840

International Journal of Chronic Obstructive Pulmonary Disease

#### **Dove**press

Publish your work in this journal

The International Journal of COPD is an international, peer-reviewed journal of therapeutics and pharmacology focusing on concise rapid reporting of clinical studies and reviews in COPD. Special focus is given to the pathophysiological processes underlying the disease, intervention programs, patient focused education, and self management

protocols. This journal is indexed on PubMed Central, MedLine and CAS. The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit http://www.dovepress.com/testimonials.php to read real quotes from published authors.

Submit your manuscript here: https://www.dovepress.com/international-journal-of-chronic-obstructive-pulmonary-disease-journal