

Apatinib for Treatment of Inoperable Metastatic or Locally Advanced Chondrosarcoma: What We Can Learn About the Biological Behavior of Chondrosarcoma from a Two-Center Study

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Purpose: For patients who have chondrosarcoma in the unresectable setting, antiangiogenic agents are reportedly effective. This multicenter, retrospective study investigated the anti-tumor activity of apatinib in patients with unresectable chondrosarcoma to gain insight into the biological behavior of this disease.

Methods: All of the patients with unresectable chondrosarcoma who were diagnosed between October 1, 2009, and November 1, 2019, in two sarcoma centers affiliated with Peking University were evaluated. Relevant information was collected from the medical records at both centers, from which patients receiving apatinib for systemic therapy were selected for analysis.

Results: In total, efficacy analysis was conducted in 33 patients with a median follow-up time of 22.1 (Q1, Q3, 14.6, 23.0) months. There were 20/33 (60.0%) conventional chondrosarcomas (grades 2–3), 5/33 (15.2%) dedifferentiated chondrosarcomas, 4/33 (12.1%) mesenchymal chondrosarcomas, 3/33 (9.1%) extraskeletal myxoid chondrosarcoma, and 1/33 (3.1%) clear-cell chondrosarcomas with 87.9% in metastatic and 12.1% in locally advanced states. The objective response rate was 6/33 (18.2%). The median progression-free survival (PFS) was 12.4 months (Q1, Q3, 7.0, 21.2), while the median overall survival has not yet been reached. Rare variants of chondrosarcoma tended to have a longer PFS than conventional chondrosarcoma ($P=0.06$). Based on clinicopathological factors Cox and univariate analysis, only extraskeletal myxoid chondrosarcoma and baseline target lesions <60 mm benefited from the drug apatinib ($P=0.14$ and $P=0.00$), respectively. Grade 3 or higher adverse events were frequent in 11/33 (39.3%) of patients who discontinued apatinib due to deterioration of their general condition.

Conclusion: Apatinib had clinically meaningful activity in patients with inoperable high-grade chondrosarcoma. However, special caution should be made in managing toxicity due to the indolent behavior and slow growth pattern after using this drug. Patients with a smaller tumor size and extraskeletal myxoid chondrosarcoma subtype might benefit from this therapy more.

Clinical Trial Registration: Registered February 7, 2020, with clinicaltrials.gov: NCT04260113.

Keywords: chondrosarcoma, apatinib, inoperable, metastasis, locally advanced

Introduction

Chondrosarcomas (CS) are heterogeneous, diverse groups of tumors characterized by the production of cartilage matrix.¹ They are the second most frequent primary

malignant tumors of bone following osteosarcomas, accounting for 20–27% of primary malignant bone neoplasms. The majority ($\geq 85\%$) are conventional CS, which can be categorized according to their location in bone into primary central and secondary peripheral CS, while the remaining 10% are rare variants of CS, which include periosteal, dedifferentiated, clear-cell, and mesenchymal CS.² According to a study by van Maldegem et al,³ the overall survival (OS) rate for advanced, unresectable conventional central CS was 48% at 1 year, 24% at 2 years, 12% at 3 years, 6% at 4 years, and 2% at 5 years.

In the last several decades, there has been no significant improvement in the survival of patients with CS.^{1–3} Surgery is the mainstay of treatment for this disease, with the aim of wide surgical margins.⁴ In selected cases, radiotherapy may achieve encouraging results when adequate doses are delivered by conformational techniques or proton beam/carbon ion radiotherapy.^{5,6} For advanced cases, there is no standard systemic treatment.^{1–4,7} A large retrospective study showed that for unresectable CS, the objective response rate (ORR) for chemotherapy was significantly different according to histological subtype: 31% for mesenchymal, 20.5% for dedifferentiated, 11.5% for conventional, and 0% for clear-cell sarcoma ($P=0.04$).⁴ However, approximately 70% of patients with grade 3 tumors will develop metastasis, which makes this orphan disease difficult to manage.¹ There is growing evidence from preclinical data, implicating angiogenesis in the pathogenesis of CS.^{8–10} In addition, vascularization increases with increasing histological grade.¹⁰ Imatinib,¹¹ dasatinib,¹² pazopanib,^{13–15} ramucirumab,¹⁵ and regorafenib¹⁶ have all been explored in CS of the advanced stage with diverse results. Apatinib is an active anti-angiogenesis tyrosine kinase inhibitor (TKI), which more selectively inhibits vascular endothelial growth factor receptor 2 with an IC_{50} of 0.001 μM in vitro while synchronously inhibiting c-kit (0.429 μM), PDGFR- α ($>1 \mu M$), Ret (0.013 μM), c-src (0.53 μM), EGFR ($>10 \mu M$), HER2 ($>10 \mu M$), and FGFR1 ($>10 \mu M$).¹⁷ In our off-label experience, this agent had high and durable responses in three CS patients.¹⁸

We conducted this retrospective, two-center study to summarize our prior experience on CS patients using apatinib, to gain insights into the biological behaviors and outcomes of patients with different subtypes in an advanced, unresectable setting.

Methods

Study Design and Participants

Prior to commencing the study, institutional review boards from the Medical Ethics Committee of Peking University People's Hospital and Peking University Shougang Hospital (Beijing, China) provided approval (identifier number: 2019PHD003-03 and IRBK-2020-060-02, respectively), which included authorization to perform a retrospective search of the electronic medical records and review all radiographic images for each patient. The search was performed at these two sarcoma centers to identify high-grade CS patients treated with apatinib between March 2016 and December 2019, of whom the histological diagnosis was centrally reviewed and confirmed again by two senior pathologists (SDH and SKK) at Peking University People's Hospital.

Criteria for the unresectable disease were judged by the multidisciplinary teams at these two hospitals and defined as complete resection of primary tumor and/or metastases was not deemed feasible due to technical inability because of the size or location of the primary tumor or extensive metastatic sites. Baseline information consisted of gender, age at first presentation of disease, date at disease diagnosis, disease location, subtypes, grades, date for initial apatinib therapy, Eastern Cooperative Oncology Group (ECOG) performance status¹⁹ at initial therapy, target or non-target lesions before apatinib therapy, previous systemic therapy, date of progression, progression patterns, date of death if available, and so on. Data regarding toxicity were also obtained from the electronic patient record. The study was conducted in accordance with Good Clinical Practice principles, the Declaration of Helsinki, and all local regulations.

Procedures

Apatinib was prescribed at 500 mg orally once daily, 30 min after the meal. Dose reductions were performed if patients' adverse events (AEs) could not be relieved by prophylactic management or symptomatic treatment and continued to exceed grade 2 according to the Common Terminology Criteria for Adverse Events version 5.0.²⁰ Whenever feasible, dosing was resumed at a higher ideal dose level. All of the patients had progressive disease after previous multimodal therapy and underwent a baseline scan before using apatinib. Response to treatment was assessed using Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1. Re-staging scans were

routinely performed every 2 months. The follow-up was generally done at an outpatient clinic; however, if the patient's condition was too weak, telephones or electronic mail might be used until death.

Outcomes

Progression-free survival (PFS) was defined as the time from the start of apatinib until disease progression, death, or last follow-up. Overall survival (OS) was defined as the time from the start of apatinib until death or last follow-up. Clinical benefit rate (CBR) was defined as the proportion of patients who did not have disease progression at 6 months. The disease control rate (DCR) was the proportion of patients who did not have disease progression on record. Duration of response (DoR) was defined as the time from the first documentation of objective response to the time of the first documentation of disease progression or death, whichever came first.

Statistical Analysis

The cutoff date for statistical analysis of clinical outcome was February 2, 2020. Clinical and pathological descriptive statistics were employed to show the distribution of variables in the population. The survival curves were calculated according to the Kaplan–Meier method. Prognostic factors were identified by univariate and multivariate analyses using a Cox regression model. Variables associated with PFS and OS with a P -value <0.05 in the univariate analysis were included in the multivariate analysis. Statistical analysis was performed using SAS Statistics (version 9.4) and GraphPad Prism (version 5).

Results

Clinicopathological Characteristics

A total of 40 patients with advanced CS treated with apatinib were identified, of whom 7 were lost to follow-up. All of them had taken apatinib home without coming back to clinics. These patients were mostly from remote countryside in different provinces of China and did not accept telephone reviews. Thus, 33 patients were included in this study, whose characteristics are described in [Table 1](#) (detailed information in [Appendix Table 1](#)). Their initial surgeries were done between October 1, 2009, and November 1, 2019, with pathological diagnosis confirmed as high-grade CS. With an average time of 19.9 months (95% confidence interval [CI]: 12.9, 27.0), these patients started apatinib because of uncontrollable disease progression between 2016 and 2019. The median age of

this cohort was 41.0 years (range 17.0–72.0), with a male to female ratio of 2.7. In total, 57.6% of patients had an ECOG status of 1 before apatinib therapy, while the median number of prior surgeries was 2 (range, 1–5). We included 20/33 (60.0%) conventional CS (grades 2–3), 5/33 (15.2%) dedifferentiated CS, 4/33 (12.1%) mesenchymal CS, 3/33 (9.1%) extraskeletal myxoid CS, and 1/33 (3.1%) clear-cell CS. At the beginning of treatment, tumors were located in the lungs only in 9/33 (27.3%) patients, at musculoskeletal sites only in 4/33 (12.1%), and both at pulmonary and musculoskeletal sites as well as visceral infiltration in 20/33 (60.6%). Combination chemotherapy (doxorubicin and ifosfamide-based regimen) had been administered in 13 cases (39.4%), previous TKIs (anlotinib) had been used in 2 (6.1%) patients, while 18 patients (54.6%) had not received any systemic therapy before treatment, most of whom had conventional chondrosarcoma (grades 2–3), which was generally thought to be refractory to chemotherapy. With a median follow up of 22.1 (Q1, Q3, 14.6, 23.0) months, 23/33 (69.7%) were alive with disease, 8 (24.2%) died of disease, and 2 (6.1%) died because of deterioration of their general condition without disease progression. Interestingly, until the last follow-up, 28 patients ceased apatinib: 17/28 (60.7%) because of disease progression and 11 (39.3%) because of severe toxicity or deterioration of the general condition.

Treatment Activity

Thirty-three patients were assessable for response ([Table 2](#)). Using RECIST, no patient had complete response (CR), 6 (18.2%) had partial response (PR), and 23 (69.7%) had stable disease (SD), with median time to best response of 2.0 (Q1, Q3, 1.1, 2.2) months. Progressive disease (PD) was observed in four (12.1%) patients. The DCR at 3 months reached 78.8% (26/33), while the CBR at 6 months was 54.6% (18/33). The median DoR was 5.4 (Q1, Q3, 1.8, 11.4) months with 2/6 (33.3%) still ongoing. Moreover, the ORR was significantly different according to histological subtype: 15.0% for conventional CS (3/20), 25.0% for mesenchymal CS (1/4), 20.0% for dedifferentiated CS (1/5), 0.0% for clear-cell CS (0/1), and 33.4% for myxoid CS (1/3) ([Figure 1](#)). Median PFS was 12.4 months (95% CI 7.0–21.2) ([Figure 2](#)). The 6-, 12-, and 24-month PFS rates were 72.9% (95% CI 55.9%, 87.8%), 54.8% (33.9%, 71.6%), and 12.5% (2.2%, 32.2%), respectively. We calculated these dedifferentiated, mesenchymal, extraskeletal myxoid, and clear-cell CS into a group as rare variants of CS and found that this group of patients tended to have a longer PFS than conventional chondrosarcoma ($P=0.06$).

Table 1 Patients' Demographics (N=33)

Demographic Characteristics	
Age	
Age (years; mean $\pm$ sd) (95% CI)	40.91 $\pm$ 13.61 (36.08, 45.74)
Gender, N (%)	
Male	24 (72.73)
Female	9 (27.27)
Surgeries, median (range)	2 (1, 5)
ECOG performance status at enrollment, N (%)	
0	14 (42.42)
1	19 (57.58)
Subtypes of chondrosarcoma, N (%)	
Common type, grades 2–3	20 (60.61)
Dedifferentiated type	5 (15.15)
Mesenchymal type	4 (12.12)
Extraskeletal myxoid chondrosarcoma	3 (9.09)
Clear-cell type	1 (3.03)
Median target lesion size at baseline (95% CI), mm	64.30 (57.59, 91.48)
<60mm, N (%)	16 (48.48)
$\geq$ 60mm, N (%)	17 (51.51)
Locations of lesions before using apatinib, N (%)	
Pulmonary lesions only	9 (27.27)
Musculoskeletal lesions only	4 (12.12)
Both at pulmonary lesions and musculoskeletal lesions as well as visceral infiltration	20 (60.61)
Primary tumor location, N (%)	
Extremities	10 (30.30)
Axial skeleton	19 (57.58)
Multiple lesions (malignancy transformation from endochondromatosis)	1 (3.03)
Maxillofacial region	2 (6.06)
Ribs	1 (3.03)
Time interval from diagnosis to apatinib treatment, N (%)	
(months; mean $\pm$ sd) (95% CI)	19.92 $\pm$ 19.87 (12.87, 26.96)
$\leq$ 24 months	16 (48.48)
>24 months	17 (51.52)
Previous antineoplastic treatments, N (%)	
Treatment naïve	18 (54.55)
$\geq$ 1 chemotherapy	13 (39.39)
Target therapy	2 (6.06)
Prior radiation	
Yes	1 (3.03)
No	32 (97.00)

(Continued)

Table 1 (Continued).

Demographic Characteristics	
Patients' reason for stopping apatinib, N (%)	28 (100.00)
Disease progression	17 (60.71)
Pulmonary lesions' progression	4 (14.29)
Musculoskeletal lesions' progression	12 (42.86)
New lesions	1 (3.57)
Deterioration of general condition	11 (39.29)

Abbreviations: CI, confidence interval; ECOG, Eastern Cooperative Oncology Group; N, number; sd, standard deviation.

Table 2 Efficacy of Apatinib in Patients with Advanced Chondrosarcoma

	Overall (N=33)
Median follow-up time (month)	22.10 (14.57, 22.97)
Confirmed objective response ^a	6 (18.18%)
Complete response	0 (0.00%)
Partial response	6 (18.18%)
Stable disease $\geq$ 3 months	18 (54.54%)
Stable disease < 3 months (more than 2 months)	5 (15.15%)
Progressive disease	4 (12.12%)
Disease control rate at 3 months	78.79% (26/33)
Clinical benefit rate at 6 months	54.55% (18/33)
Median time to best response (SD included) (Q1, Q3) (month)	2.03 (1.12, 2.23)
Duration of response	
Median (Q1, Q3) (month)	5.40 (1.83, 11.42)
Ongoing, n/N (%)	2/6 (33.33%)
ITT progression-free survival	
KM median (months)	12.43 (7.00, 21.20)
6 months	72.90% (55.90%, 87.75%)
12 months	54.82% (33.93%, 71.59%)
24 months	12.46% (2.22%, 32.15%)
ITT overall survival	
KM median	NR
Objective response for conventional chondrosarcoma (N=20)	4/20 (20.00%)
KM median (months) for conventional chondrosarcoma (N=20)	7.0 (95% CI 4.5, 9.6)
Patients' status at last follow-up	
AWD	23 (69.70%)
DOD	8 (24.24%)
DOT ^b	2 (6.06%)

Notes: Data are n (%); % (95% CI) or months (95% CI); ^aResponse was assessed in all enrolled patients; ^bFor those who died because of deterioration of general condition without disease progression.

Abbreviations: AWD, alive with disease; CI, confidence interval; DOD, died of disease; DOT, died of toxicity; ITT, intention-to-treat population; KM, Kaplan Meier; N, number; NR, not reached; SD, stable disease.

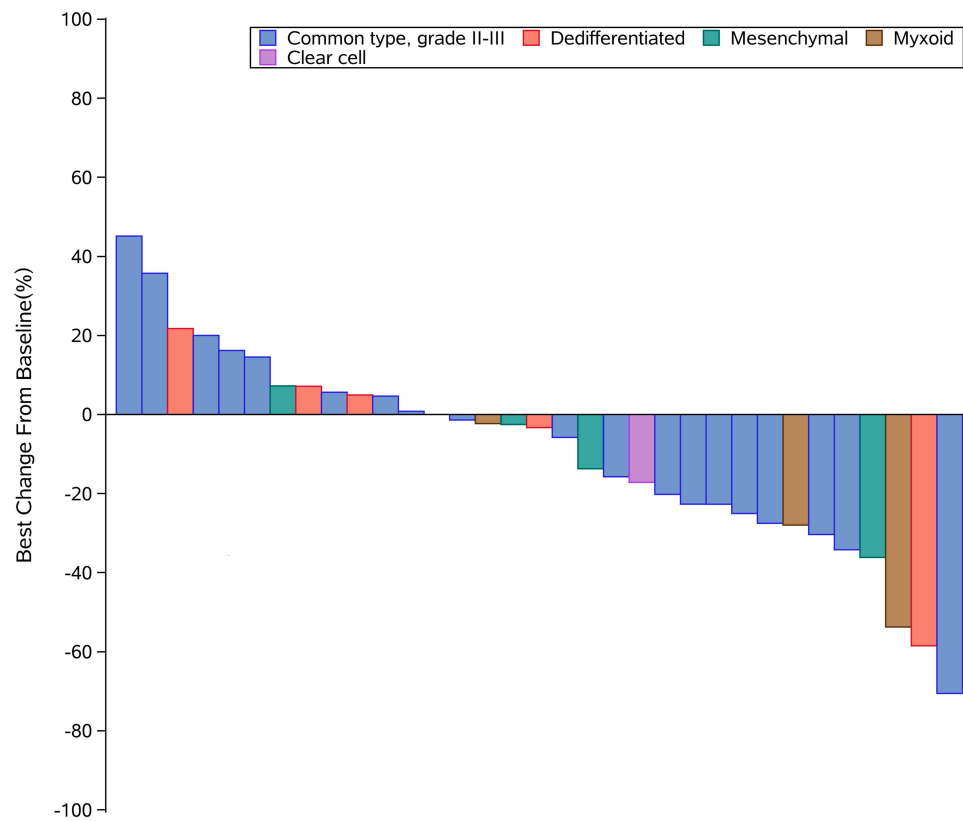


Figure 1 Waterfall plots for target lesions for the 33 patients (according to RECIST v1.1).

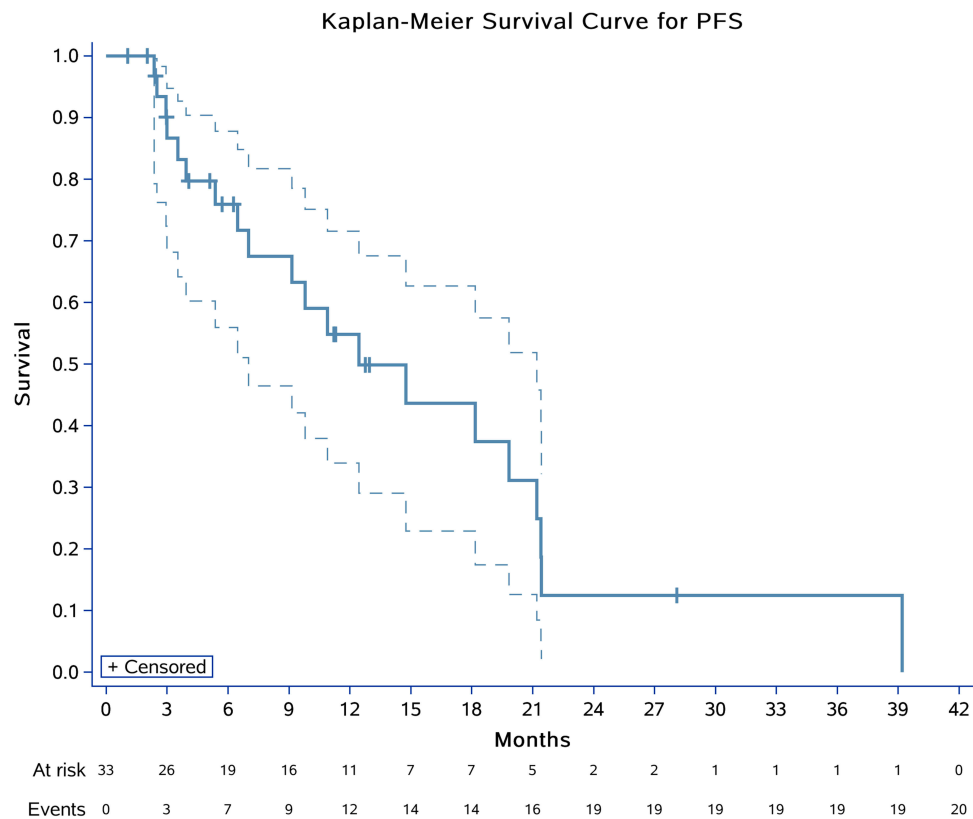


Figure 2 Kaplan-Meier plots for PFS in 33 patients with advanced CS. Crosses indicate censoring.

For conventional central CS (n=20), the median PFS was 7.0 months (95% CI 4.5, 9.6) with a 6-month PFS rate of 50.5% (95% CI 24.5%, 75.5%), while the median OS was 24.3 months (95% CI 5.5, 43.0). However, in all, the median OS has not yet reached the 12-month OS of 75.8% (95% CI 87–100) and 24-month OS of 61.9% (95% CI 77–100) (Figure 3). On univariate analysis, only extraskeletal myxoid CS subtype and baseline target lesion size were significantly associated with PFS ($P=0.08$ and $P=0.04$, respectively). We categorized the tumor size by RECIST 1.1 using baseline target lesions by median tumor size into those ≥ 60 mm and those < 60 mm and found out the progression-free survival obviously prolonged in those smaller in tumor size ($P=0.00$). For extraskeletal myxoid CS, although there were only 3 cases, the median DoR was 21.2 months (range, 10.9, 28.1) with one PR and two SD. From the forest plots summarized in Figure 4, it was evident that patients with extraskeletal myxoid CS and baseline target lesion size < 60 mm benefited more from apatinib ($P=0.14$ and $P=0.00$, respectively). For multivariate analysis, only baseline target lesion size had a tendency to influence PFS ($P=0.06$).

Toxicity

All 33 patients (100%) experienced one or more AEs, and 11 (39.3%) had AEs leading to the withdrawal of apatinib. Withdrawals due to AEs occurred after a median of 4 months of treatment (range, 1–8). Two patients died from infections, which were deemed possibly related to treatment. Upon review of their medical records, it was unclear if the infections occurred at a local health institution with the deterioration of their general condition. Grades 3 or 4 treatment-related AEs were observed including anorexia (12 patients [36.4%]), wound dehiscence and infections (9 [27.3%]), platelet decrease (3 [9.1%]), and hypertension (2 patients [6.1%]).

Discussion

This retrospective study first described the efficacy and safety of apatinib in treating CS with adequate follow-up in the advanced setting. At the same time, it reflected the basic biological behavior of CS, obtaining prolonged disease control with antiangiogenic therapy.

The context of CS formation makes it deficient in response to chemotherapy,¹ the mechanisms of which have been widely investigated but not completely

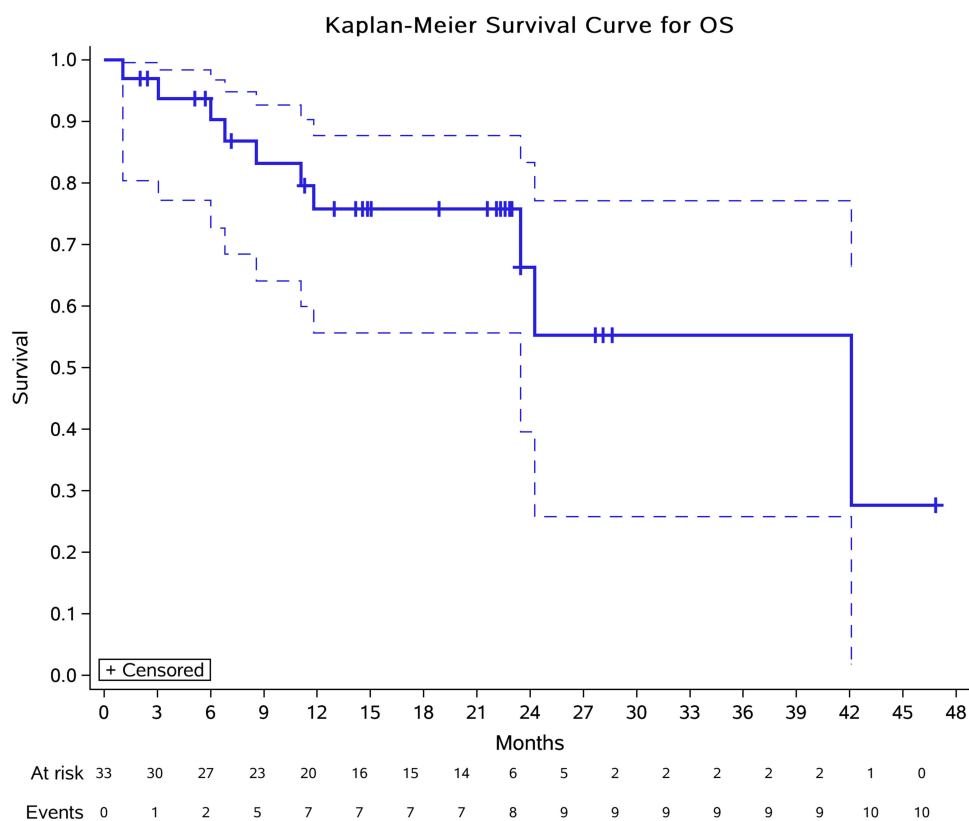


Figure 3 Kaplan-Meier plots for overall survival in 33 patients with advanced CS. Crosses indicate censoring.

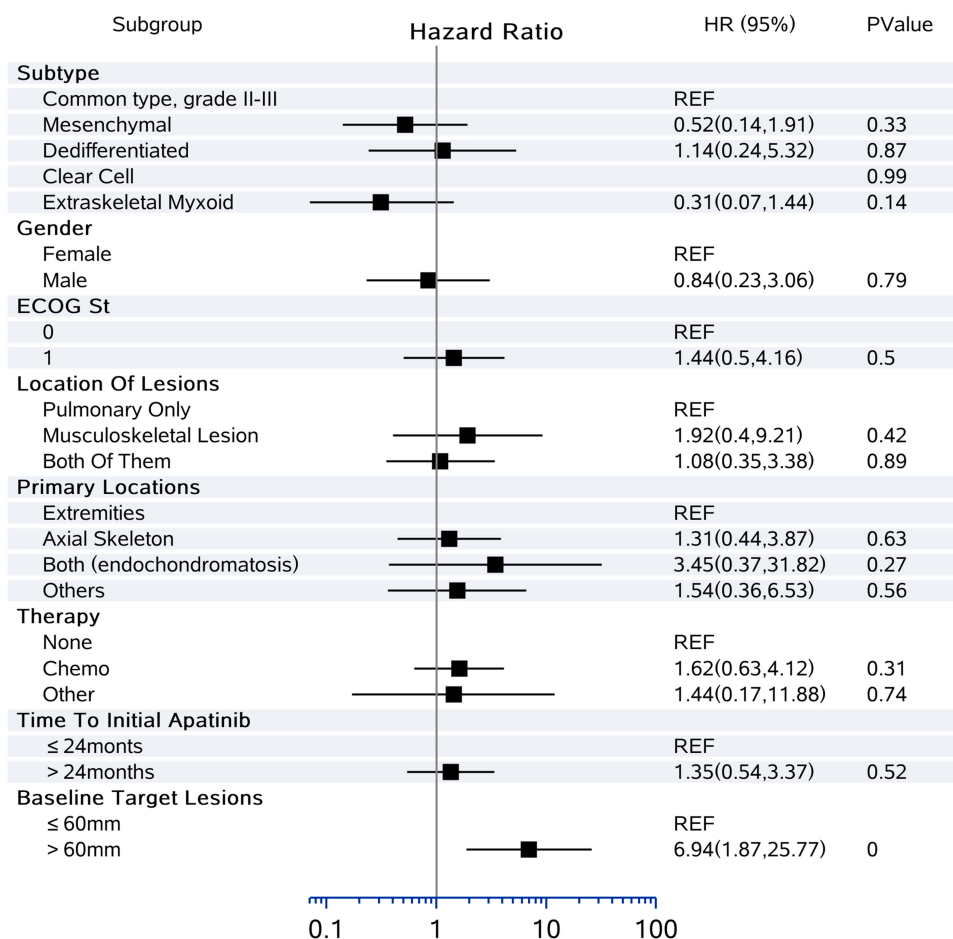


Figure 4 Forest plots of hazard ratios for disease progression in different clinical or pathological subgroups.

understood.²¹ Conventional central CS is the most common subtype with the majority being low histologic grade. However, approximately 10% are histologically high grade (grade 2 or 3) with a high risk for distant metastases and/or local recurrence.^{22,23} In previous decades, it has been believed that no available systemic therapy improved outcome.^{1,2} Dedifferentiated CS represents 9–10% of all CS and is characterized by conventional low-grade chondrosarcoma with abrupt transition to foci that has dedifferentiated into a higher grade, which occurs in older age with a 5-year survival rate of less than 25%.^{1,23} Chemotherapy might have a role in this subgroup, especially for the high-grade part.⁴ Mesenchymal CS and clear-cell CS represent two rare variants occurring in younger patients, the former of which is composed of small round cells and thought to be chemosensitive.⁴ However, Xu et al (2015) performed a systematic review of 107 patients in 2015 and concluded that chemotherapy regime based on anthracyclines did not benefit OS of mesenchymal CS.²⁴ Extraskeletal myxoid chondrosarcoma is a rare soft tissue

sarcoma marked by low sensitivity to the chemotherapeutic drugs but with indolent behavior and slow growth. It carries chromosome 9 reciprocal translocation involved NR4A3 gene locus.¹³ In this study, we noticed that this subtype benefited more than other CS subtypes with more indolent behavior and took a longer time to develop secondary resistance. At the same time, tumor size influenced the outcome. Those with large tumor burden do not experience much tumor shrinkage with apatinib treatment and can quickly develop resistance.

Currently, there is an urgent requirement to recognize factors causing resistance and discover new strategies for optimal treatment for this group of patients. Signaling pathways suggested to have a role in CS include Hedgehog (Hh),²⁵ Src,²⁶ PI3k–Akt–mTOR,²⁷ mutations in isocitrate dehydrogenase 1/2,²⁸ and angiogenesis.^{10,29} Nevertheless, it seems that all clinical trials targeted at gene-driven molecular pathways have failed except for anti-angiogenesis,² and the result of the latter is still controversial regarding whether it is actually beneficial for prognosis due to small

Table 3 Antiangiogenic Therapy for Advanced Chondrosarcoma

ClinicalTrials.gov Identifier	Time	N	Organization	Objects	Agents	ORR	mPFS (m)	PFS rate at 6 m	mOS (m)
NA	1980–2011	171	Rizzoli Institute and Leiden University Medical Center	Advanced, unresectable, conventional central chondrosarcoma	Observation; doxorubicin-based chemotherapy; or imatinib and sirolimus	NA	NA	NA	11 (20 m for those who received systemic treatment versus 15 m for those who received no treatment.)
NA	2007–2012	10	Tel-Aviv Sourasky Medical Center	Unresectable symptomatic chondrosarcoma (no subtypes specific)	Sirolimus and cyclophosphamide	10%	13.4	60%	15.5
NCT00928525	2007–2009	26	Italian Sarcoma Group	Nonresectable or metastatic PDGFR expression chondrosarcoma (conventional and myxoid)	Imatinib	0%	3.0	20%	11.0
SARC009 (NCT00464620)	2007–2016	11	SARC	Conventional chondrosarcoma, grade 1 or 2	Dasatinib	0%	5.5 ^a	47% ^a	21.6 (other sarcomas included)
NA	2010–2016	10	Fred Hutchinson Cancer Research Center; Royal Marsden Hospital and the Hadassah-Hebrew University Medical Center	Advanced chondrosarcoma (all subtypes included)	Pazopanib or Ramucirumab	0%	22.6	70%	NR
NA	1988–2011	180	15 European and American institutions ^b	Unresectable and/or metastatic chondrosarcoma (all subtypes included)	Various chemotherapy regimen	31% for mesenchymal subtypes, 20.5% for dedifferentiated subtypes, 11.5% for conventional subtypes and 0% for clear-cell subtypes	4.7	44.5%	18

NCT02066285	2014–2017	26	Spanish Group for Research on Sarcomas, Italian Sarcoma Group, French Sarcoma Group	Advanced extraskeletal myxoid chondrosarcoma	Pazopanib	18%	19	74% for 12-m PFS	NR
NCT01330966	2011–2015	47	City of Hope Medical Center	Unresectable or metastatic conventional chondrosarcoma	Pazopanib	2%	7.9	DCR at 16 w 43%	17.6
NCT02389244	NA	24	French Sarcoma Group and UNICANCER ^c	Metastatic or locally advanced chondrosarcoma	Regorafenib	8.3%	19.4 w	24 w PFS rate 47%	NA
Present study (NCT04260113)	2009–2019	33	PKUPH	Inoperable chondrosarcoma (multiple subtypes included)	Apatinib	24.24%	12.43	76.40%	42.10

Notes: ^aThis study was evaluated by Choi criterion, while the other was evaluated by RECIST 1.1; ^bIncluding Department of Medical Oncology, Institut Bergonié, Bordeaux; Department of Medical Oncology, Hôpital Cochin, Paris, France; Sarcoma Service, Memorial Sloan Kettering Cancer Center, New York, USA; Department of Medicine, Istituto Rizzoli, Bologna, Italy; Department of Medical Oncology, Institut Curie, Paris; Department of Medical Oncology, Centre Eugène Marquis, Rennes; Department of Medical Oncology, University Hospital Centre of Besançon, Besançon; Department of Medicine, Centre Oscar Lambret, Lille; Department of Medical Oncology, Hôpital La Timone, Marseille; Department of Medical Oncology, University Hospital Centre of Strasbourg, Strasbourg; Department of Medical Oncology, Institut de Cancérologie de la Loire, Saint Priest en Jarez; Department of Medical Oncology, Institut Paoli Calmettes, Marseille; Department of Medical Oncology, Centre René Gauducheau, Nantes; Department of Medicine, Institut Gustave Roussy, Villejuif; Department of Medicine, Centre Léon Bérard, Lyon, France; ^cUNICANCER Group is a hospital group entirely devoted to fighting cancer, which groups together the 20 French Comprehensive Cancer Centers.

Abbreviations: DCR, disease control rate; m, months; mOS, median overall survival; mPFS, median progression-free survival; N, number; NA, not available; NR, not reached; ORR, objective response rate; PFS, progression-free survival; PKUPH, Peking University People's Hospital; SARC, Sarcoma Alliance for Research through Collaboration; RECIST, Response Evaluation Criteria in Solid Tumors; w, weeks.

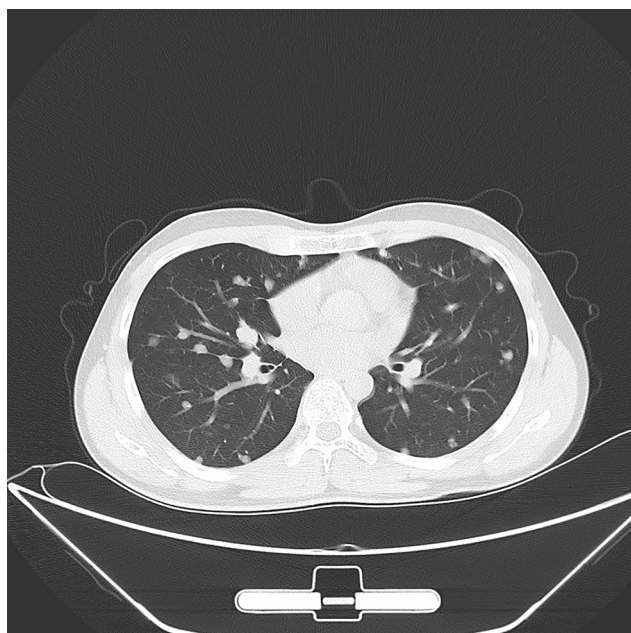


Figure 5 Chest Computed Tomography (CT) of a 17-year-old conventional CS patient before apatinib therapy on March 15, 2018.



Figure 7 Chest CT of the patient after using apatinib for more than 14 months with pneumothorax.

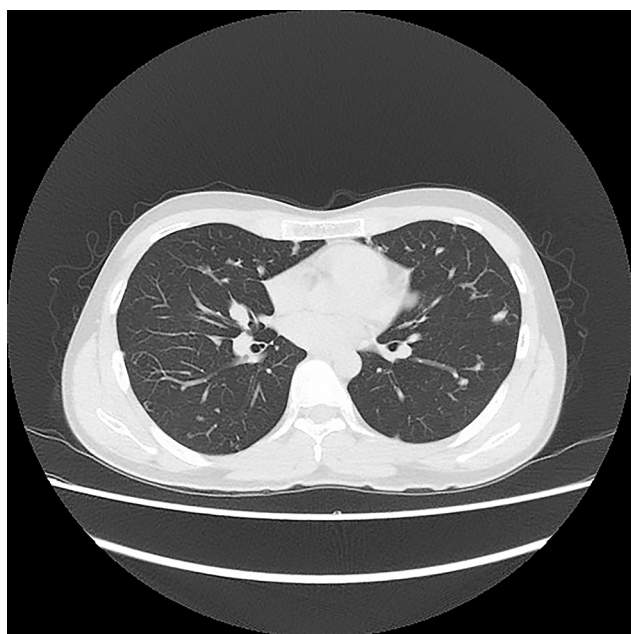


Figure 6 Chest CT of a conventional CS patient after using apatinib for more than 7 months.

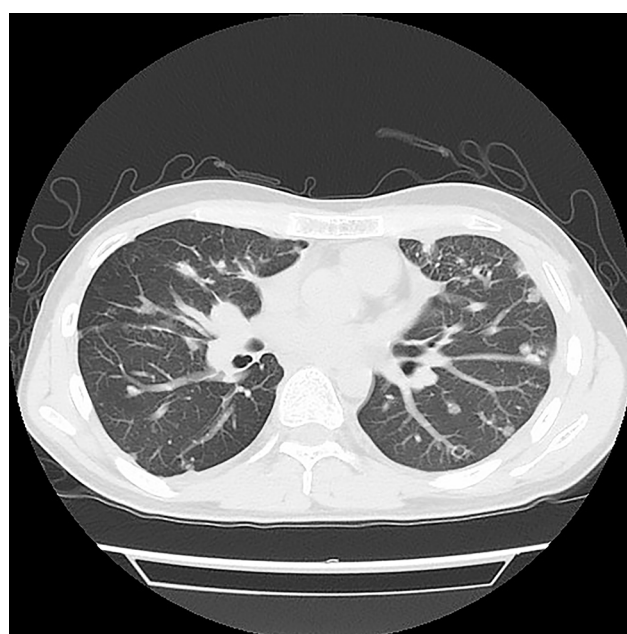


Figure 8 Chest CT of the patient after using apatinib for almost 22 months with pleurodesis.

sample sizes resulting in diverse prognoses.^{2-4,13,24} We summarized all of the anti-angiogenesis drugs, which have been tested in CS (Table 3). Pericartilage vessels are involved in supporting tumor growth, whereas intracartilage vessels might be involved in the acquisition of metastatic potential by cartilage tumors. VEGF expression is strongly associated with the presence of intracartilage

vessels.¹⁰ van Maldegem et al³ reviewed a large series of 171 patients with advanced, unresectable conventional CS from the Rizzoli Institute and Leiden University Medical Center and provided a standard for OS rates. Grignani et al¹¹ prospectively investigated imatinib on nonresectable or metastatic PDGFR expression conventional and myxoid CS and found no ORR, but a median PFS of 3 months. In

a heterogeneous group with sarcoma treated with dasatinib in a Phase 2 trial, the median 6-month PFS for CS was 47% with durable disease stable in three cases.¹² Pazopanib has been normatively investigated in both CS of any grade and advanced extraskelatal myxoid CS. Because of the diversity of these two subtypes' features, the DCR at 16 weeks was 43% in conventional central CS, and 12-month PFS in extraskelatal myxoid CS reached 74%.^{13,14}

In our study, the majority of patients had conventional CS (n=20) with an ORR of 15% and median PFS of 7.0 months, which represented a meaningful outcome and supported apatinib treatment in this group of traditionally chemotherapy-resistant disease. Regarding other CS subtypes, although response rates were diverse,^{11-14,16,24,29} longer PFS was observed comparing to other studies.^{3,11-14,16} Mi et al had reported that apatinib significantly enhanced the cytotoxicity of drugs targeted on P-glycoprotein (ABCB1), multidrug resistance protein 1 (MRP1, ABCC1), and breast cancer resistance protein (BCRP, ABCG2) and reversed ABCB1- and ABCG2-mediated multidrug resistance by inhibiting their transport function.³² We think this might partly explained the longer PFS observed in this study. Notably, the AE profile seen in this study of patients reflected what has been described in previous studies of apatinib in patients with osteosarcoma,^{30,31} but the patients' tolerability was markedly lower, with nearly 40% of patients dropping out for palliative treatment. These results make us question that for this potentially lifelong-used drug for advanced cases, what kind of therapeutic options would be better? A 17-year conventional CS patient's nearly 2 years' treatment experience presented typical therapeutic courses of these patients, which is shown in Figures 5–8. Current basic research has revealed that dedifferentiated CS could be eligible for anti-PDL1 therapy, and more importantly immunomodulation through CSF1R+ macrophages could be a promising therapeutic approach for conventional CS.³³ Maybe lowering the dose of apatinib in combination with immunotherapy might be a better option for this group of patients to better benefit disease control and quality of life.

In addition, our study has some limitations. Our retrospective study, despite using data from two experienced sarcoma centers in China, may have encountered some differences in the definition of unresectability between the centers that may have had some impact on the outcome of this study. Also, because of the retrospective nature, not all possible prognostic data could be reliably retrieved from the records, such as AEs, which might not be so

accurate as a prospective study. Third, because of the rarity of the disease, we had an insufficient sample size to permit subset analyses, especially for CS rare subtypes, which could have reduced the statistical power.

Conclusion

In summary, patients with inoperable advanced CS had an ORR of 18.2% and median PFS of 12.4 months after apatinib therapy, which represented a meaningful outcome in our experience. However, special caution should be made in managing this drug's toxicity due to long-term disease control. Patients with a smaller tumor size and extraskelatal myxoid CS might benefit from this therapy more.

Data Sharing Statement

We promised to cover patients' data confidentially. But patients' data will be made disguisedly available, including data dictionaries, for approved data sharing requests. Individual data will be shared that underlie the results reported in this Article, after de-identification and normalization of information (text, tables, figures, and appendices). The statistical analysis plan will also be available upon request. Anonymised data will be available beginning 3 months after and ending 2 years after publication of this Article to researchers after methodological review of the proposed analysis plan by the directors of Musculoskeletal Tumor center of Peking University People's Hospital. Proposals should be directed to xie.lu@hotmail.com. To gain access, data requestors will need to sign a data access agreement.

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Author Contributions

All authors contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

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Disclosure

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