


The Prognostic Factors of Preoperative Prognostic Nutritional Index and Radiological Findings of Solid Pseudopapillary Tumors of Pancreas: A Single-Center Experience of 14 Years

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Introduction: Solid pseudopapillary tumors of pancreas (SPTP) is an indolent rare tumor with malignant potential. The prediction of malignancy is an enigma. The aim of this study is to explore the relationship between operative measurements and malignancy prognosis of SPTP patients.

Methods: A cohort of consecutive 102 patients were enrolled in this study. Preoperative measurements and clinical outcomes were analyzed.

Results: Eighteen patients (17.6%) were confirmed as malignant. The malignant SPTP of the optimal cut-off value was 47.9 ($p=0.012$) for prognostic nutritional index (PNI). The value of $PNI \leq 47.9$ and incomplete capsule were significantly correlated with malignancy. Univariate analysis showed that the $PNI \leq 47.9$ ($p=0.013$) and incomplete capsule ($p<0.001$) were predictors of disease-specific survival (DSS). Multivariate analysis identified the $PNI \leq 47.9$ ($p=0.036$) and incomplete capsule ($p=0.023$) as the independent prognostic factors of DSS. The new score of 0,1,2 based on PNI and capsule presence stratified the patients into 3 groups. The patients with low PNI and incomplete capsule achieved the worst prognosis.

Conclusion: The combination test of operative PNI and capsule presence would be a reliable indicator of the aggressive natural history of SPTP.

Keywords: solid pseudopapillary tumor, pancreas, prognostic nutritional index, disease-specific survival

Introduction

Solid pseudopapillary tumors of pancreas (SPTP) is a low malignant potential tumor predominantly occurring in young women. The majority of SPTP presented with a relatively indolent biological behavior, while others manifested aggressive invasion into adjacent organs or distant metastasis. Papavramidis et al and Law et al had, respectively, summed up 718 and 2744 SPTP patients in the English literature.^{1,2} The reports of SPTP have increased markedly since 2000.³ Despite the increasing research, the natural history of SPTP is still uncertain. Reliable prognostic variables are essential for clinical management. Some studies indicated risk factors (such as ki-67, microscopic appearance) were related to malignancy and adverse outcomes.^{4,5} However, these variables could only be assessed after surgery. Thus, preoperative findings associated with malignancy behavior should be clarified.

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The progression of malignant tumors is related to the deterioration of the body condition via systemic inflammation and malnutrition. It is well known that nutritional status and cancer-related inflammation could exert a great impact on the pathogenesis of various types of pancreatic tumors.⁶⁻⁹ Some inflammatory and nutritional biomarkers, such as the neutrophil to lymphocyte ratio (NLR), platelet-to-lymphocyte ratio (PLR), systemic immune-inflammation index (SII), and the prognostic nutritional index (PNI) are discovered to be widely used to reflect the immunonutritional level. These parameters are simple to perform in regular routine examinations. Nevertheless, few studies were concentrated on the association between the immunonutritional markers and malignancy of SPTP.

In the most widely used imaging examination such as CT (computed tomography), MRI (magnetic resonance imaging), EUS (endoscopic ultrasound), SPTP mainly represents a well-capsulated heterogeneous mass with solid and cystic components. The presence of capsule, the proportion of solid component, and large tumor size may predict malignancy.^{3,10} EUS-FNA (endoscopic ultrasound-fine needle aspiration) is an effective method with extremely high diagnostic rates in SPTP.¹¹ However, some researchers regarded EUS-FNA not to be safe enough, and reported that it could cause rupture of tumor and seeding of the needle tract.¹² EUS-FNA was also an invasive procedure which might influence immunonutritional markers.

The aim of this research was to provide a preoperative scoring method incorporating serum tests and radiological features, which might be an efficient predicting tool for the prognosis in SPTP.

Methods

Study Design

This study was a single-center retrospective analysis. From January 2006 to January 2020, 102 consecutive patients with pathologically confirmed SPTP at the Department of General Surgery, the First Hospital of China Medical University were retrospectively reviewed.

The primary inclusion criteria were as follows: 1) age more than 18 years; and 2) complete peripheral serum routine tests and abdominal computed tomography (CT) scans available within a month before surgery. The exclusion criteria were: 1) combined with an infectious disease; 2) having a history of prior malignancy; 3) receiving

ERCP, EUS-FNA or other invasive examination before surgery. Exclusion criteria and the flow chart are shown in Figure 1.

Follow-Up

All the patients were followed up by telephone interview, outpatient visits, and China's native app, WeChat, and all surviving patients were followed up for 14 years. Patient status was due to the time of the last follow-up as follows: no evidence of disease, alive with disease, dead of disease, dead of other causes. Survival time was determined as starting from the date of the first operation until the end of follow-up due to either death or end of data collection. Only "dead of disease" was considered an event in the analysis of disease-specific survival (DSS).

Data Collection and Clinical Outcome

Data on patient demographics, preoperative parameters, surgical details, and histopathological results were obtained from medical records.

NLR, PLR, SII, and PNI were calculated using formula: $NLR = \text{neutrophil counts/lymphocyte counts}$; $PLR = \text{platelet counts/lymphocyte counts}$; $SII = \text{platelet counts} \times \text{neutrophil counts/lymphocyte counts}$; and PNI

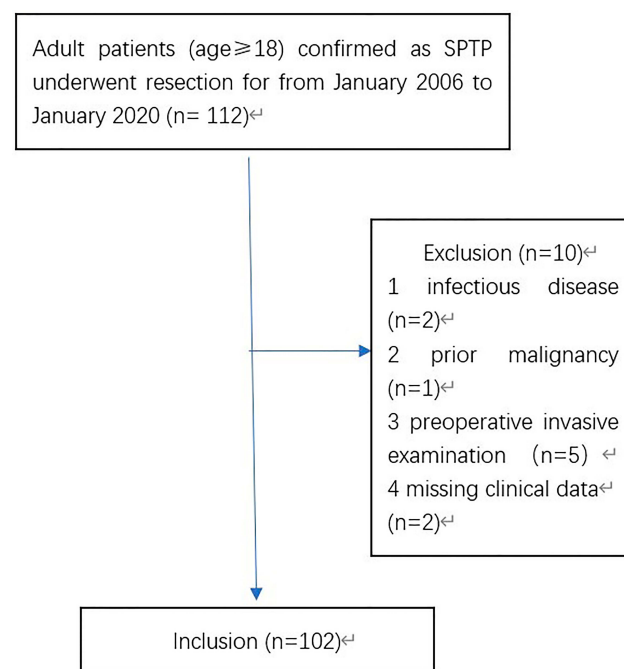


Figure 1 Flow chart of the SPTP patients in this study. In total, 102 of 112 patients (91.1%) could be analyzed after the exclusion of two patients who acquired infectious disease, one patient who had prior lung cancer, five patients who received invasive procedures such as ERCP or EUS-FNA, and two patients who had insufficient clinical data.

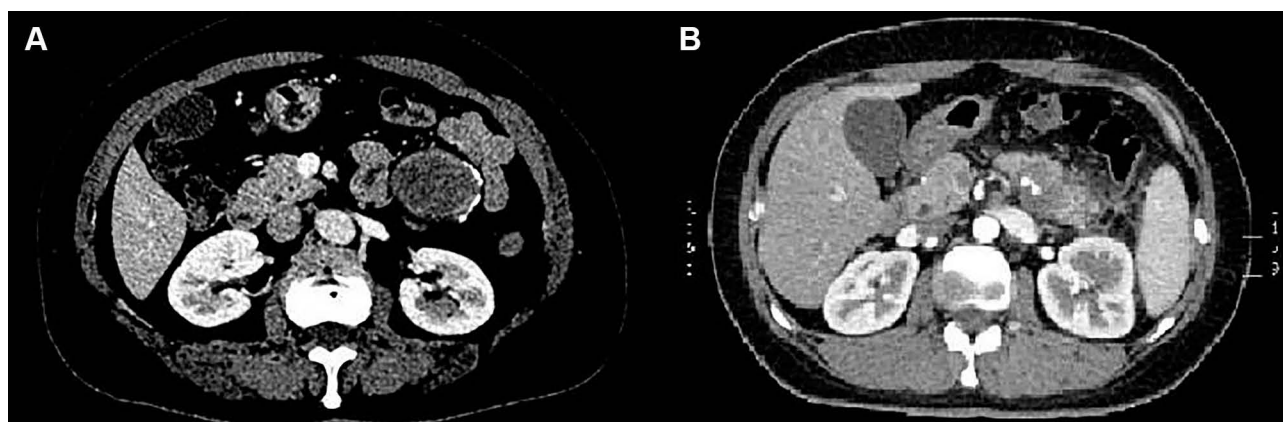


Figure 2 (A) The SPT located at the tail of pancreas with complete capsule was confirmed to be benign. (B) The SPT located at the tail of pancreas with incomplete capsule was confirmed to be malignant due to pancreatic parenchymal invasion.

= albumin level (g/L) + 5 × total lymphocyte counts ($10^9/L$).

For the radiological analysis, every image from 102 patients was reviewed with CT or MRI. Each tumor was analyzed according to the following categories: tumor location (head and neck, body and tail, extra-pancreatic site), component of the tumor (solid and

cystic, solid, cystic), morphology of capsule (complete, incomplete), calcification (present, absent). “Incomplete capsule” was defined as a capsule which does not surround the entire periphery of the SPT. A typical CT image in our case series including complete and incomplete capsule is shown in Figure 2.

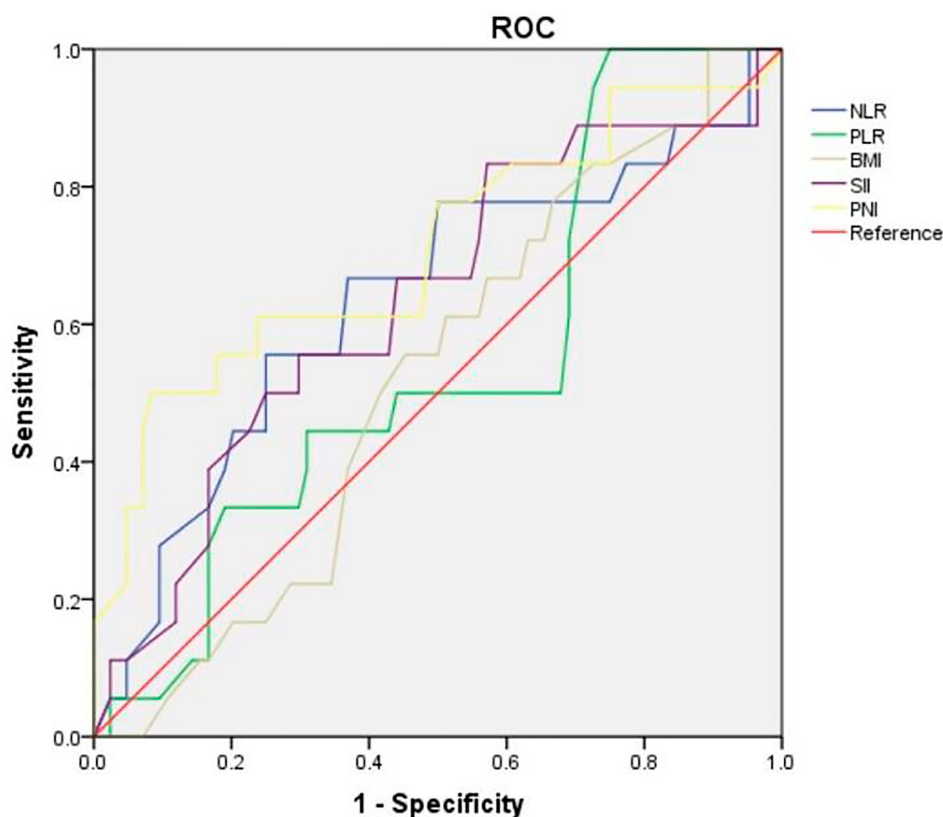


Figure 3 Receiver operating characteristic curves for predicting malignant SPT by PNI (AUC 0.686), BMI (AUC 0.522), NLR (AUC 0.636), PLR (AUC 0.545), and SII (AUC 0.632). **Abbreviation:** AUC, area under the curve.

Table 1 The Optimal Cutoff of PNI, BMI, NLR, PLR, and SII

Parameters	Cutoff	Sensitivity	Specificity
PNI	47.9	0.556	0.798
BMI	22.7	0.778	0.333
NLR	3.1	0.554	0.750
PLR	100.9	1	0.250
SII	363.8	0.833	0.429

Table 2 Clinical Characteristics of SPTP Patients

Parameters	Patient Number (n=102)	%
Age (year, average)	37.0±12.8	
Gender		
Female	90	88.2%
Male	12	11.8%
BMI (average)	24.3±2.3	
Clinical Presentation		
Abdominal pain	40	39.2%
Abdominal distention	18	17.6%
Abdominal mass	20	19.6%
Incidental detection	49	48.0%
Nausea and vomiting	10	9.8%
Back pain	4	3.9%
Hematuria	2	1.8%
Component of tumor		
Solid and cystic	49	48.0%
Solid	19	18.6%
Cystic	34	33.3%
Calcification	20	19.6%
Dilated main pancreatic duct	3	2.9%
Tumor location		
Head+neck	36	35.3%
Body+tail	65	63.7%
Extrapancreatic site	1	0.9%
Tumor size (cm)	6.6±3.8cm	
Operation type		
Pancreaticoduodenectomy	10	9.8%
Pylorus-preserving pancreaticoduodenectomy	5	4.9%
Duodenum-preserving pancreatic head resection	4	3.9%
Middle pancreatectomy	4	3.9%
Distal pancreatectomy with preserving-spleen	25	24.5%
Distal pancreatectomy with splenectomy	23	22.5%
Enucleation	29	28.4%
Palliative operation	2	1.9%
Surgical period (hour average)	3.6±1.1	

(Continued)

Table 2 (Continued).

Parameters	Patient Number (n=102)	%
Postsurgical complications		
Pancreatic fistula	18	17.6%
Intra-abdominal abscess	9	8.8%
Gastrointestinal bleeding	2	1.9%
Gastric fistula	1	0.9%
Capsule pattern		
Complete capsule	85	83.4%
Incomplete capsule	17	16.6%
Benign tumor	84	82.3%
Malignant tumor	18	17.6%
Vascular infiltration	3	2.9%
Pancreatic parenchymal invasion	8	7.8%
Adjacent organ invasion	6	5.9%
Perineural invasion	1	0.9%

The definition of malignant SPTP was confirmed by the WHO criteria, such as angioinvasion, perineural invasion, pancreatic parenchymal invasion, or deep infiltration into the surrounding tissue or metastasis.

Statistical Analysis

Descriptive statistics were represented as mean ± standard deviation [SD] or as the median (range) or as proportion. The characteristics of the 2 groups (with benign and malignant SPTP) were performed using χ^2 test, the Mann–Whitney *U*-test for categorical variables, and independent-sample *t*-test for continuous variables. The optimal cut-off values of continuous variables including NLR, PLR, SII, and PNI for predicting malignant SPTP were determined by using receiver operating characteristic (ROC) curve analysis and the Youden index. The Kaplan–Meier method was used to estimate DSS. Variables with $p < 0.1$ in univariable analysis were included in multivariable analysis. A Cox proportional-hazards regression analysis was performed. A *p*-value of less than 0.05 was considered significant. All statistical analyses were performed with the Statistical Package for Social Sciences (SPSS) 24.0 for Windows (Chicago, Illinois).

Results

Preoperative Examination

The cohort of 102 cases consisted of 12 male cases and 90 female cases, with a ratio of male/female of 1:7.5. The

Table 3 Predictive Factors of Malignant SPTP

Factor	Benign	Malignant	p-value
Average age	36.0±11.8	41.8±16.6	0.084
Average BMI	23.7±2.4	23.8±1.9	0.882
Average NLR	2.6±2.0	3.7±2.6	0.105
Average PLR	151.9±90.7	149.7±51.7	0.918
Average SII	654.7±614.0	961.2±828.4	0.152
Average PNI	51.1±4.2	48.3±3.8	0.012
Gender			
Male	10	2	0.924
Female	74	16	
Symptoms			
Present	44	9	0.854
Absent	40	9	
Serum tumor marker			
Elevated	7	1	0.691
Normal	77	17	
Average tumor size (cm)			
<5 cm	36	5	0.137
>5 cm	48	13	
Tumor location			
Head+neck	27	9	0.236
Body and tail	57	8	
Extrapancreatic site	0	1	
Calcification condition			
Calcification	16	4	0.749
Non-calcification	68	14	
Component of tumor			
Solid	17	2	0.087
Solid and cystic	43	6	
Cystic	24	10	
Pattern of capsule			
Complete capsule	78	7	<0.001
Incomplete capsule	6	11	
PNI			
≤47.9	17	11	0.001
>47.9	67	7	

average age was 37.0±12.8 years (18–71). The clinical presentation of SPTP was non-specific; patients often represent two or more symptoms.

At baseline, the average value of BMI, NLR, PLR, SII, and PNI were, respectively, 24.3±2.3, 2.8±2.2, 151.5±84.9, 708.7±662.6, and 50.6±4.3. Their ranges were 18.5–28.7, 1.1–11.7, 69.5–625.5, 229.9–3721.7, and 42.6–59.6.

The area under curve (AUC) for predicting malignancy of SPTP was 0.686 ($p=0.012$), 0.522 ($p=0.769$), 0.636 ($p=0.071$), 0.545 ($p=0.551$) and 0.632 ($p=0.079$) for PNI,

BMI, NLR, PLR, and SII (Figure 3). The optimal cut-off PNI, BMI, NLR, PLR, and SII was 47.9, 22.7, 3.1, 100.9, and 363.8 by the highest Youden index (shown in Table 1).

The level of tumor markers, including AFP, CEA, CA199, CA125, and CA242, was slightly increased in 8 patients.

The radiological presentations were consistent with solid and cystic pattern in 49 cases, solid pattern in 19 cases, and cystic pattern in 34 cases. Calcification in the tumor and dilated main pancreatic duct were reported for 20 patients and 3 patients. There were 85 cases completely encapsulated and 17 cases incompletely encapsulated.

There were 36 cases (35.3%) distributed on the pancreatic head and neck, 65 cases (63.7%) distributed on the pancreatic body and tail, and 1 case (0.9%) distributed on the extrapancreatic site (located at a site surrounded by the left kidney, spleen, and pancreatic tail). The mean size of the tumors was 6.6±3.8 cm (2–15 cm).

Surgery and Postoperative Outcome

R₀ resection was performed in 100 cases, while a palliative operation was performed in 2 cases. Radical resection was impossible, and cholangiojejunostomy was performed in 2 cases because massive superior mesenteric vein involvement made mass reduction and graft reconstruction unfeasible. Total surgical period was 3.6±1.1 h (1–9.1 h).

No one died during the perioperative period. Postsurgical complications occurred in 30 patients. The most common complication was pancreatic fistula (18 cases), followed by intra-abdominal abscess (9 cases), gastrointestinal bleeding (2 cases), gastric fistula (1 case). These complications were resolved by conservative therapy except for one case undergoing second surgery for gastrointestinal bleeding.

Immunohistochemical staining showed that alpha 1-antichymotrypsin (AACT), vimentin, neuron-specific enolase (NSE), ki-67 appearing positive expression mostly and the positive rates for them were 95.9% (95/99), 92.7% (90/97), 75% (60/80), and 71.1% (32/45) respectively.

Statistics for all the above are listed in Table 2.

Characteristics of Malignant SPTP

All the cases (102 cases) were pathologically confirmed as SPTP, and 18 cases (17.6%) were diagnosed as malignant, as follows: vascular infiltration was identified in 3 patients, pancreatic parenchymal invasion concurrent with

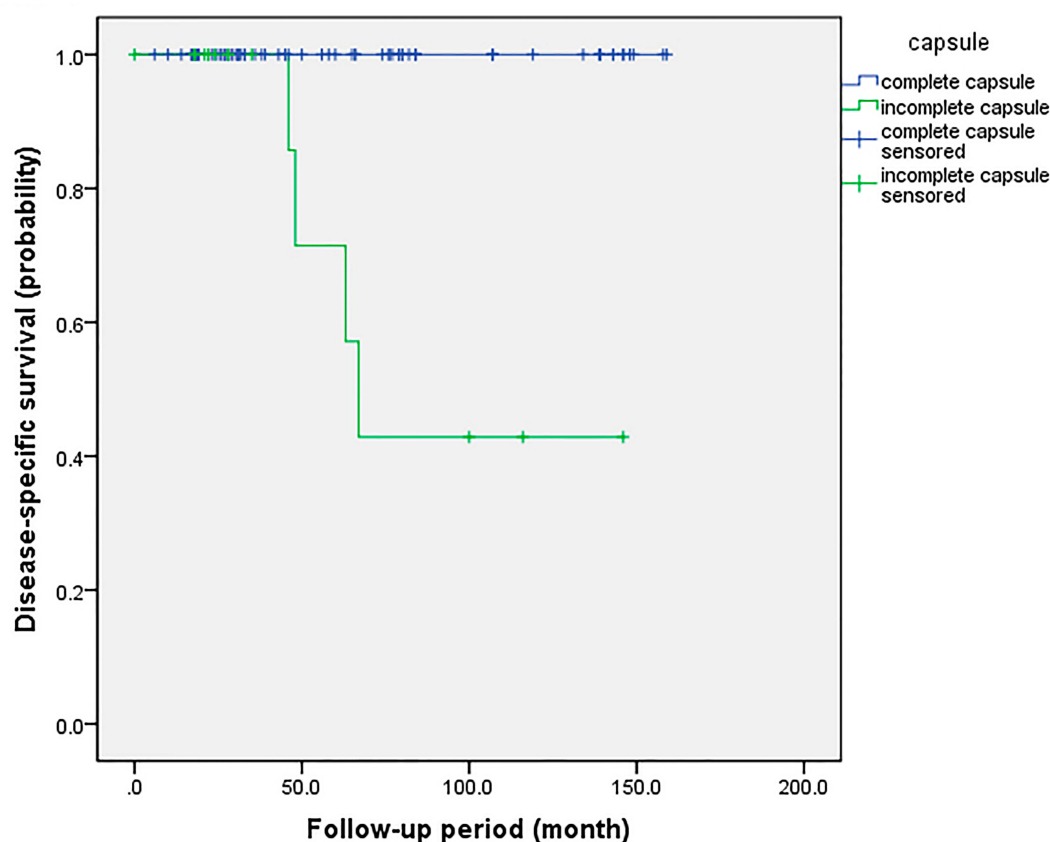


Figure 4 Cumulative Kaplan–Meier survival curve associated with capsule in SPTP. The patients with incomplete capsule had significantly shorter DSS than those with complete capsule.

peripancreatic fat tissue infiltration occurred in 8 cases, adjacent organ invasion was found in 6 cases, perineural invasion was present in 1 case. None had lymph node metastasis. Table 3 compares and summarizes the characteristics of patients with benign and malignant tumors. We found incomplete capsule ($p<0.001$) and $\text{PNI} \leq 47.9$ ($p=0.001$) were presenting more significantly in the malignant group.

Follow-Up Results

Follow-up information was available for 97 patients with a median follow-up time of 59 months (6–159 months). Ninety-one patients were alive without evidence of disease at last follow-up, including 3 patients after resection of adjacent organs. Five cases of malignant SPTP (clinical details were shown in the [supplemental file](#)) suffered from recurrence or metastasis, and two underwent the second operation after 23 and 40 months of the first resection. Six patients died, 4 died of SPTP, 1 died of a traffic accident, and 1 died of heart failure. Five patients were lost to follow-up. The 3, 5, and 10-year disease-specific survival was 100%, 97.9%, and 95.8%.

By univariate analysis, incomplete capsule ($p<0.001$) and $\text{PNI} \leq 47.9$ ($p=0.013$) were significant predictors of disease-specific survival (shown in Figures 4 and 5). Another two parameters with $p<0.1$, i.e. tumor size ($p=0.089$) and component of tumor ($p=0.081$) were also further conducted in the multivariate analysis. Incomplete capsule ($p=0.023$) and $\text{PNI} \leq 47.9$ ($p=0.036$) were still identified as the independent prognostic factor for DSS in SPTP patients. (shown in Table 4)

Preoperative Prognostication of the coPNI-Capsule

We established the prognostication combined PNI and capsule (coPNI-Capsule) in SPTP. Patients with complete capsule and high PNI were assessed as 2 points, patients with incomplete capsule and high PNI or with complete capsule and low PNI were assessed as 1 point, and patients with incomplete capsule and low PNI were assessed as 0 points. Three groups with scores of 0, 1, and 2 represent DSS with significant

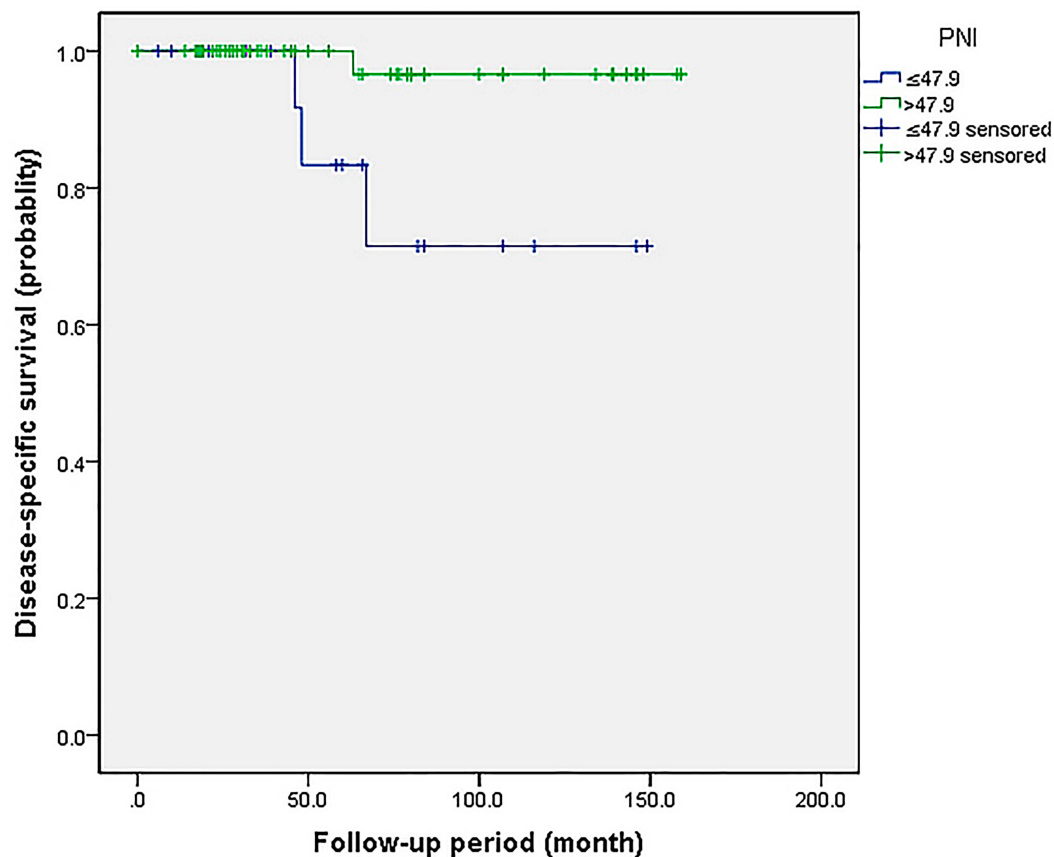


Figure 5 Cumulative Kaplan-Meier survival curve associated with PNI in SPTP. The patients with low PNI had significantly shorter DSS than those with high PNI.

difference ($p=0.001$) (shown in Figure 6). The new stratification of coPNI-capsule could significantly predict the DSS in SPTP using the preoperative parameters.

Discussion

The low incidence of SPTP has postponed establishing a staging system for the management of patients. There is a paucity of standards for defining malignancy and prognosis by limited follow-up research. In recent years, the number of SPTP in China is growing; Yu et al and Pancreatic Surgery of Chinese Academic Society of Young, respectively, analyzed 553 cases and 713 cases in the Chinese population.^{13,14} Thus, due to the advantage of a large sample of Chinese patients, our study recruiting 102 cases during 14 years is convincing. To date, the largest sample SPTP of a single center in China is reported as 243 cases.¹⁵

In our cohort, 17.6% (18/102) patients were diagnosed as malignant. Interestingly, in our study, none was observed for distant metastasis at initial diagnosis;

however, three malignant cases suffered subsequent hepatic metastasis.

Previously many studies have illustrated the risk factors predicting malignancy. Xu et al found that the distal location of SPTP indicated malignancy,¹⁶ whereas other studies did not show any relation between location and malignancy.^{5,13,17} Ye et al regarded that SPTP with incomplete capsule had larger tumor size compared to the complete capsule group.¹⁸ Song et al revealed that discontinuity capsule was not only the predictive factor of malignancy but also a significant predictor of disease-specific survival.¹⁷ Meanwhile, Wang et al indicated that lack of complete capsule and age >40.5 years were independent risk factors of malignant SPTP.¹⁹ A meta-analysis involving articles in English revealed that malignant SPTP tended to be larger in diameter and younger in age than the benign type.²⁰ In recent years, the prognostic value of Ki-67 in SPTP obtained increasing attention. Some researchers considered that Ki-67 could be recommended as a valuable immunohistochemical parameter for predicting recurrence.²¹ In addition,

Table 4 Prognostic Factors for DSS by Univariate and Multivariate Analysis

Variable	Univariate Analysis		Multivariate Analysis	
	DSS		DSS	
	OR(95% CI)	P-value	OR(95% CI)	P-value
Age <35 ≥35	Reference 0.535(0.325–1.716)	0.267		
Gender Female Male	Reference 0.851(0.513–3.747)	0.143		
BMI <18.5 18.5 ≤ 23.9 >24	Reference 4.347(0.277–16.574) 2.013(0.062–7.865)	0.178		
Symptoms Present Absent	Reference 4.655(0.689–7.231)	0.253		
Tumor marker Elevated Normal	Reference 0.645(0.116–2.413)	0.455		
Average tumor <5cm >5cm	Reference 1.067(0.931–2.380)	0.089	Reference 1.488(0.261–2.639)	0.321
Calcification Calcification Non-calcification	Reference 2.323(0.013–8.165)	0.731		
Tumor location Head+neck Body and tail Extrapancratic site	Reference 1.651(0.549–3.211) 4.157(0.466–12.478)	0.121		
Pattern of capsule Complete capsule Incomplete capsule	Reference 3.523(1.245–7.943)	0.000	Reference 1.218(1.161–2.639)	0.023
PNI >47.9 ≤47.9	Reference 2.454(1.421–5.152)	0.013	Reference 2.568(1.273–5.466)	0.036
Component Cystic Solid Solid and cystic	Reference 1.137(0.952–2.712) 1.250(0.898–5.845)	0.081	Reference 3.950(0.563–8.231) 4.089(0.021–11.225)	0.434

Ki-67 index >4% was significantly related to poorer recurrence-free survival and disease-specific survival.⁵ The meta-analysis indicated that the risk of malignancy in SPTP became higher with the gradual increase of the Ki-67 index.²²

Yang et al indicated that NLR might predict malignancy and recurrence-free survival.²³ In our study, none of NLR, PLR, or SII were predictive of malignancy except for PNI. PNI, composed of albumin and lymphocytes, has been widely used not only as a marker of nutritional status

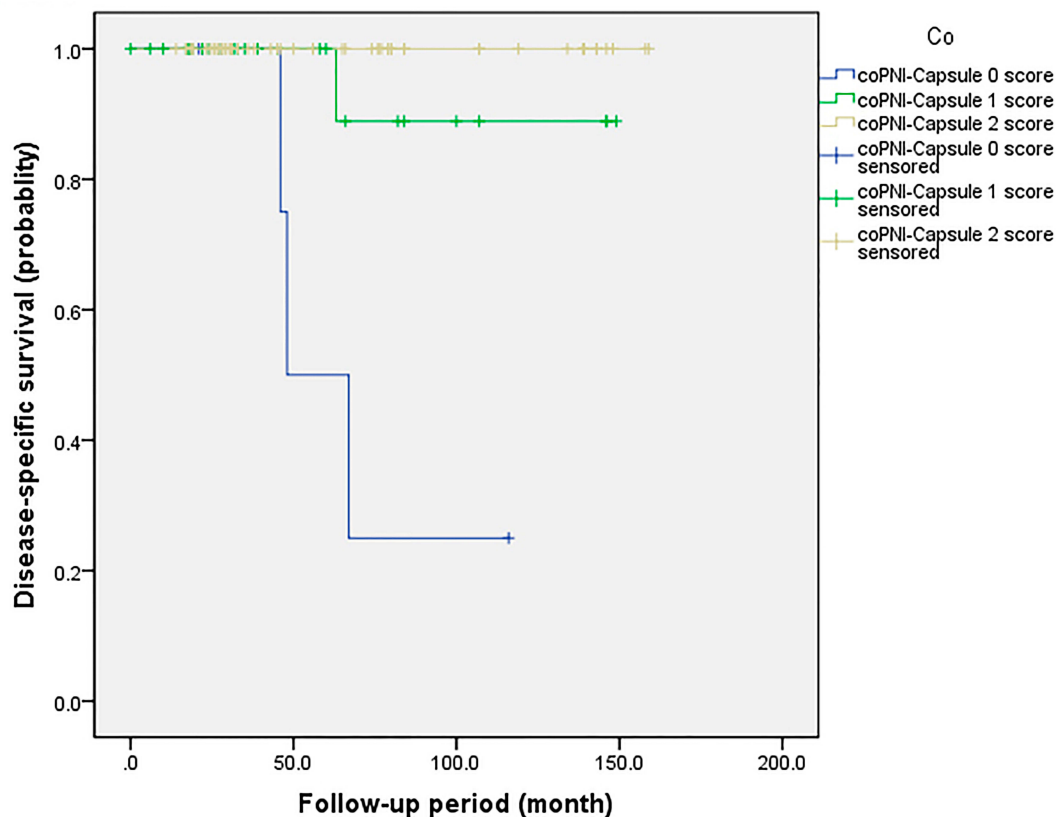


Figure 6 Cumulative Kaplan–Meier survival curve associated with coPNI-Capsule in SPTP. The patients with incomplete capsule and low PNI had significantly worse DSS.

but also a prognostic indicator in pancreatic cancer;^{8,24} however, there was no study focused on SPTP. To our knowledge, this is the first study to reveal PNI as a promising indicator for malignancy in SPTP. We defined the PNI as a binary variable as follows: $PNI \leq 47.9$; $PNI > 47.9$. Then, we investigated that low PNI was significantly related to decreased DSS. Low PNI may be attributed to hypoalbuminemia and/or lymphocytopenia. Patients of pancreatic tumor evolving in protein malnutrition, probably suffered a decline in weight and albumin.²⁵ On the other hand, lymphocytopenia might be an indication of a lower number of CD4+T helper lymphocytes, resulting in a poorer lymphocyte-mediated immune response to malignancies, contributing to tumor cell progression.²⁶

Imaging findings are also essential preoperative examination. SPTP often represented the mixed solid and cystic component with a well-circumscribed capsule. Chuang et al showed incomplete encapsulation was significantly observed in malignant SPTP,²⁷ while the study did not detect the prognosis or survival for the further step. We found incomplete encapsulation to be a

risk factor of malignancy and also a prognostic indicator of DSS.

The multivariate Cox analysis confirmed low PNI and incomplete capsule as independent prognostic factors. Therefore, we further combined PNI and capsule presence as the score 0, 1, and 2 to be evaluated. Three groups differ significantly in DSS. Patients with high PNI and complete capsule achieved the best prognosis, whereas patients with low PNI and incomplete capsule achieved the worst prognosis.

In clinical practice, the prognosis of SPTP is not based only on tumor resectable feasibility, but also takes into account the immunonutritional status of SPTP patients. Immunonutrition is thought to alter the production of cytokines and immune function. Hence, early nutritional intervention including oral immunonutrition is essential for the patients with low PNI preoperatively.

There are several limitations to our current investigation. Firstly, it is a single-center retrospective study. Secondly, the other well-known inflammatory indexes such as C-reactive protein, and the Glasgow score were not used for analysis, as a large portion of patients were

not tested preoperatively. Finally, the AUC of determining PNI malignant is comparatively low. In spite of these limitations, this is the first study to reveal that PNI and incomplete capsule were reliable indicators of predicting malignancy and prognosis in SPTP. In future, a multicenter and large-sample study should be validated to corroborate our results.

Conclusion

In summary, our research confirmed that PNI value and capsule presence based on preoperative basic examination would be a simple and efficient tool to evaluate the natural history of SPTP. We suggest that patients with low PNI \leq 47.9 and incomplete capsule should be monitored carefully and closely.

Ethics

This research was approved by the Ethics Committee of the First Hospital of China Medical University. Due to the retrospective study, patients' informed consent was waived. All research methods are in accordance with the regulations of the First Hospital of China Medical University. We declare that all the patient data are confidential and in compliance with the Declaration of Helsinki.

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Disclosure

The authors declare that they have no conflicts of interest.

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