ORIGINAL RESEARCH

Gold Nanoparticles Perturb Drug-Metabolizing Enzymes and Antioxidants in the Livers of Male Rats: Potential Impact on Drug Interactions

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Methods: Animals were divided into three equal groups: a control group, a group treated with chitosan nanoparticles (200 mg/kg, 50±5 nm) and a group treated with gold nanoparticles (4 mg/kg, 15±5 nm). Rats were orally administered their respective doses daily for 10 days.

Results: Both chitosan and gold nanoparticles decreased the body weights by more than 10%. Gold nanoparticles reduced the activities of antioxidants (superoxide dismutase and catalase), and reduced glutathione level and elevated the malondialdehyde level in the liver. Gold nanoparticles caused significant reductions in CYP1A1, CYP2E1, quinone oxidoreductase1, and glutathione S-transferase and elevated CYP2D6 and N-acetyl transferase2. Chitosan elevated CYP2E1 and CYP2D6 and reduced UDP-glucuronosyltransferase 1A1. Both nanoparticles disturbed the architecture of the liver, but the deleterious effects after gold nanoparticles treatment were more prominent.

Conclusion: Taken together, gold nanoparticles severely perturbed the DMEs and would result in serious interactions with many drugs, herbs, and foods.

Keywords: CYP450, chitosan, drug interactions, drug metabolizing enzymes, oxidative stress

Background

The use of NPs in industry and in a wide range of consumer products is greatly increasing.¹ In the biomedical field, NPs show great potential as anti-infective agents and in drug delivery,² and as anticancer agents.³ Chitosan nanoparticles (CSNPs) are natural materials with excellent physicochemical, antimicrobial and biological characteristics, making them superior environmentally friendly materials that have been used extensively in drug delivery.⁴ CSNPs are favorable carriers for different drugs, particularly hydrophobic drugs, and anticancer drugs.⁵

Gold nanoparticles (AuNPs) have been found to be useful in a full range of applications, such as for drug delivery and the diagnostic and controlled release of chemical agents, including antioxidants, anticancer drugs, amino acids, isotopes,

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antibiotics, nucleic acids, peptides and glucose. AuNPs are the most widely studied nanoparticles with many biomedical applications due to their finely controlled shape, size, and surface chemistry.⁶ AuNPs are promising therapeutic agents for the treatment of AIDS,⁷ tumors⁸ and Parkinson's disease.⁹ However, the increase in the use of these nanoparticles has caused potential concerns about possible drug interactions and unforeseen responses inside humans and other living organisms.¹⁰

Due to the widespread applications of these nanoparticles in health-care systems and polypharmacy, possible drug interactions cannot be ruled out. A drug interaction is an unintended effect of a drug due to changes in its pharmacokinetics or pharmacodynamics that could result in accumulation of the drug, toxicity and adverse effects. Drug interactions could also result in rapid elimination of the drug without achieving the therapeutic action.¹¹

Drug-metabolizing enzymes (DMEs) play a crucial role in drug interactions. DMEs are a diverse collection of proteins that are responsible for metabolizing a vast range of xenobiotics, including drugs, pesticides, pollutants, and food toxicants. DMEs are also involved in the metabolism of endogenous compounds such as steroids and prostaglandins.¹² DMEs are usually divided into 2 phases: I and II. Phase I enzymes include oxidationreduction and hydrolytic enzymes such as cytochrome P450 enzymes (CYP450s), quinone oxidoreductase (NQO1), microsomal epoxide hydrolase (mEH) and carboxylesterase (CE). Phase II enzymes include conjugative enzymes such as glutathione S-transferase (GST), UDPglucuronosyltransferases (UDPGTs), and N-acetyltransferase 2 (NAT2).¹³ The FDA in 2018 estimated that over two million people are hospitalized annually in the USA alone due to drug interactions resulting in about 106,000 deaths every year. Although drug discovery is a very lengthy and costly process, drug interactions caused the withdrawal of 462 medicinal products from the market between 1953 and 2013.¹⁴

There are not enough data concerning the effects of nanoparticles in general, especially CSNPs and AuNPs, on DMEs in the liver. Searching the pubmed.gov for drugmetabolizing enzymes and gold nanoparticles yielded two publications only and with chitosan yielded ZERO indicating the lack of research in this area. Therefore, the present study aimed to investigate the effects of CSNPs and AuNPs on the gene and protein levels of some key DMEs, antioxidant status, and liver function and architecture in male rats.

Methods

Tested Compounds and Doses

Chitosan nanoparticles (CSNPs, 50 ± 5 nm) and gold nanoparticles (AuNPs, 15 ± 5 nm) were purchased from Nano Tech Company (6th of October City, Giza, Egypt). The characterization of the nanoparticles is shown in Figure 1A and B.

Animals and Experimental Design

Adult male Wistar albino rats weighing 140–160 g were used in the present study. Animals were obtained from the Faculty of Medicine, Alexandria University (Alexandria, Egypt). Animals were kept on basal diet and tap water *ad libitum*. After an acclimation period of two weeks, the 21 animals were divided equally into 3 groups. Group 1 served as the control and received 0.3 mL (the same volume used in the other two groups) of isotonic saline, group 2 was administered 200 mg/kg CSNPs¹⁵ and group 3 was treated with 4 mg/kg AuNPs.¹⁶ Animals were orally treated with their respective doses daily for 10 days. The nanoparticle solutions were sonicated before use. All

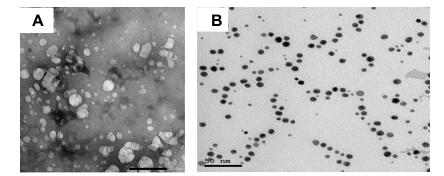


Figure I Electron micrographs showing (A) CSNPs and (B) AuNPs.

procedures and experimental protocols were approved by the Institutional Ethics Committee at the Faculty of Science, Ain Shams University (Protocol # 2018-AZ13 -7) and were carried out according to the criteria outlined in the "Guide for the care and use of the laboratory animals".

Blood Collection and Liver Homogenate Preparation

At the end of the experimental period, all animals were anaesthetized using isoflurane. Heparinized blood samples were collected in test tubes on ice. The blood was centrifuged at 860 ×g for 20 min for the separation of plasma. The plasma was kept at -80° C. Two parts of the liver were removed; one part was used for histopathology, and the second part was used for total RNA extraction for the assessment of gene expression using qPCR. The remaining livers were immediately removed and perfused through the hepatic portal vein using chilled saline solution (0.9%), and then dried and homogenized in ice-cold sucrose buffer (0.25 M, 10%, w/v). The homogenates were centrifuged at 10,000 ×g for 20 min at 4°C, and the supernatant was collected and stored at -80° C.

Observation of the General Health Status

The daily routine included watching the behavior of the animals, examination of stool appearance and consistency, determination of food consumption and fluid intake, and measurement of individual body weights. All observations were normal among all groups.

Biochemical Parameters

The activities of plasma alanine aminotransferase (ALT) and aspartate aminotransferase (AST) were determined using commercial kits (Biosystems S.A. Costa Brava 30, Barcelona, Spain). The assays were performed strictly according to the procedures given by the manufacturer.

Markers of Oxidative Stress

Heating the sample with thiobarbituric acid (TBA) at a low pH produces a pink chromogen, and its absorbance was measured at 532 nm. The level of thiobarbituric acid reactive substances (TBARS) was calculated from a standard curve constructed using serial concentrations of tetramethoxypropane.¹⁷ The activities of superoxide dismutase (SOD), glutathione S-transferase (GST) and catalase (CAT) in the liver homogenates were measured using colorimetric kits (Biodiagnostic,

Egypt) according to the instructions of the manufacturer. Reduced glutathione (GSH) content was assayed after protein precipitation by a metaphosphoric acid reagent. The rate of formation of 5-thio-2-nitrobenzoic acid (TNB) from GSH by 5,5'-dithiobis-(2-nitrobenzoic acid) (DTNB) was monitored at 412 nm. The total glutathione content in the samples was determined from a GSH standard curve.¹⁸

RNA Isolation and Quantitative Real-Time PCR (qPCR)

The livers were stored in RNAlater (Qiagen, Hilden, Germany) at -80°C. RNA isolation was performed using an RNeasy Plus mini kit (Qiagen, Hilden, Germany). The RNA integrity and purity were determined at 260/280 nm. Reverse transcription was performed using the Maxime RT PreMix kit (iNtron, Korea). This kit can simply synthesize cDNA with just a PCR machine by 2 steps in a single tube. Quantitative PCR assays were carried out using Rotor-Gene SYBR Green with a Low ROX qPCR Kit (Enzynomics, Korea). Specific primers (Life Technologies, Prague, Czech Republic) were used to determine the mRNA levels of *CYP1A1, CYP2E1, CYP3A4 (CYP3A1* in rats), *CYP2D6, NAT2, NQO1, CE, UDPGT1A1*, and *mEH*, in addition to the housekeeping gene GAPDH (Table 1). Measurements were performed in triplicate. The obtained data were analyzed by

Table ISequences of Primers Used for the Real-Time PCRAnalysis

Gene	Forward Primer	Reverse Primer	
CYPIAI	5-GAT GCT GAG GAC	5-CAG GAG GCT GGA	
	CAG GAA ACC GC-3	CGA GAA TGC-3	
CYP2E1	5-GGA TGT GAC TGA	5-TGG GGT AGG TTG	
	CTG TCT CC-3	GAA GGG AC-3	
CYP2D6	5-AGC TTC AAC ACC	5-CAG CAG TGT CCT	
	GCT ATG GT-3	CTC CAT GA-3	
CYP3A4	5-GGT CCA GTG GGA	5-TTG GAG ACA GCA	
	TTT ATG-3	ATG ATC-3	
NAT2	5-TAC ATT TCC CAG	5-TCA GGA CTG TGT	
	AGA TCC-3	TGT GCT-3	
UDPGTIAI	5-TCC TCA GAC GCT	5-AGT GTG TGA TGA	
	CCT GTG-3	ACG CCC GA-3	
CE	5-CTG GAC TTA CTT	5-TGC AAC CAA GTC	
	GGA AAC CC-3	CTG GAA CA-3	
mEH	5-GAC TCA CGG AGC	5-GCC GGA TGC TCT	
	CTA CAC TT-3	CAT CTT CT-3	
NQOI	5-CCG AAG CAT TTC	5-TGC GTG GGC CAA	
	AGG GTC GT-3	TAC AAT CA-3	
GAPDH	5-TCA AGA AGG TGG	5-AGG TGG AAG AAT	
	TGA AGC AG-3	GGG AGT TG-3	

the $\Delta\Delta^{Ct}$ method.¹⁹ The results were expressed as the fold change in the treatment groups relative to the control.

Measurement of the DME Protein Levels in the Liver

The ELISA kits for the determination of CYP1A1 (cat# EKU03591), CYP2E1 (cat# EKE620870), and CYP3A1 (cat# EKE62407) were obtained from Biomatik Corporation (Delaware, USA). The ELISA kits for the determination of CYP2D6 (cat# SED302Hu), NQO1 (cat# SEL969Hu), CE (cat# SEC374Ra) and UDPGT1A1 (cat# SEG920Ra) were obtained from Cloud-Clone Corp (Texas, USA).

Histopathological Examination

Samples of livers from all groups were fixed in 10% formalin. Then, the samples were dehydrated in alcohol, cleared in xylene and embedded in paraffin. The liver sections were cut to a thickness of 5 μ m. Sections were deparaffinized in xylene, rehydrated in alcohol and then rinsed in hematoxylin and eosin.²⁰ Photographs were taken using a light Olympus microscope attached to a digital camera.

Statistical Analysis

All statistical analyses were performed using SPSS 18.1 software (Chicago, IL, USA). The results are expressed as the mean \pm SEM, n=7. The distribution of data was tested by the Kolmogorov–Smirnov test. The results were analyzed for statistical significance by one-way ANOVA followed by the Tukey–Kramer multiple comparisons test. Values of P< 0.05 were considered significant.

Results

The synthesized nanoparticles were characterized by different spectroscopic analyses. Gold nanoparticles appear as spherical deep-red water-soluble particles with maximum absorption at 517 nm and with average size (based on TEM) of 14 ± 3 nm. The chitosan nanoparticles appear as white particles suspended in water with average size of 50 ± 5 nm.

Administration of CSNPs or AuNPs reduced the body weight gain by $\sim 21\%$ and 45%, respectively, compared to the control. However, these reductions were statistically insignificant (Figure 2). Similarly, the liver weights were also insignificantly decreased in both groups (Figure 2).

The changes in gene expression of many xenobioticmetabolizing enzymes, including phase I and phase II enzymes, after administration of CSNPs and AuNPs were investigated (Figure 3). AuNPs significantly reduced the mRNA levels of *CYP1A1*, *CYP2E1*, *CYP3A4*, *CE* and *NQO1* and elevated the expression of *NAT2* by more than 200%. The effects of CSNPs were less prominent; they only elevated the expression of *CYP2E1* by less than 2-fold but significantly reduced the expression of *UDPGT1A1*. *CYP2D6* was the only gene elevated by both CSNPs and AuNPs by ~3-fold (Figure 3). mEH was the only gene that was devoid of any response to both CSNPs and AuNPs (data not shown).

To identify the cellular and molecular level at which these nanoparticles act, the protein levels of the genes that showed significant changes were measured in the liver by ELISA. The protein levels of CYP2E1 and CYP3A4 were not significantly affected by any treatment (data not shown). The measured protein levels of all other genes confirmed the effects seen at the mRNA

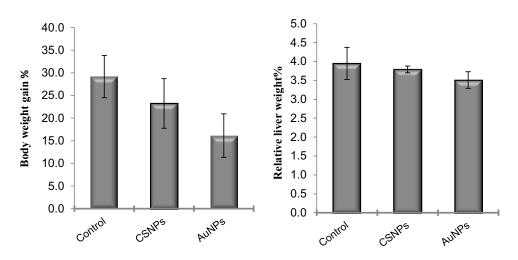


Figure 2 Effect of chitosan (CSNPs) and gold (AuNPs) nanoparticles on body weight gain% and relative liver weight% of adult male rats, n=7.

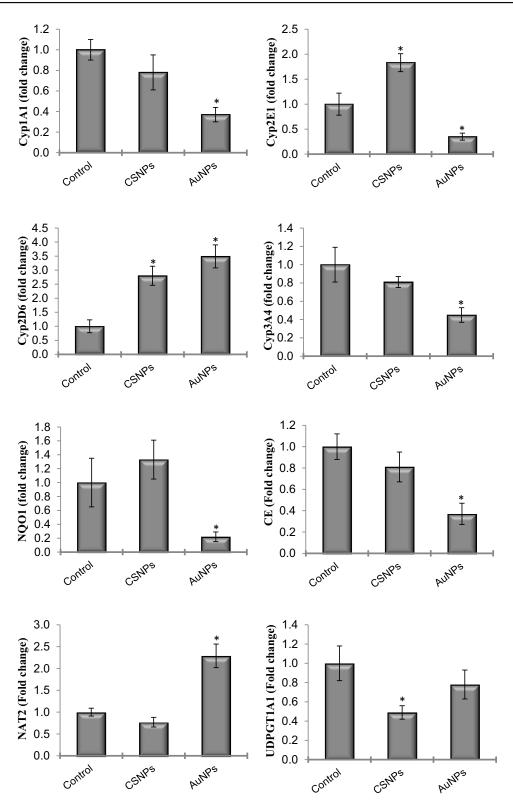


Figure 3 Effect of chitosan (CSNPs) and gold (AuNPs) nanoparticles on the gene expression of some xenobiotic-metabolizing enzymes in adult male rats, n=7. *Significant compared to control, P< 0.05.

level (Figure 4). The protein levels of CYP1A1, CE, and NQO1 were significantly reduced in rats treated with AuNPs. AuNPs but not CSNPs significantly elevated

the protein level of CYP2D6, although CSNPs elevated the gene expression of this enzyme (Figure 4). With the exception of UDPGT1A1, CSNPs were devoid of any

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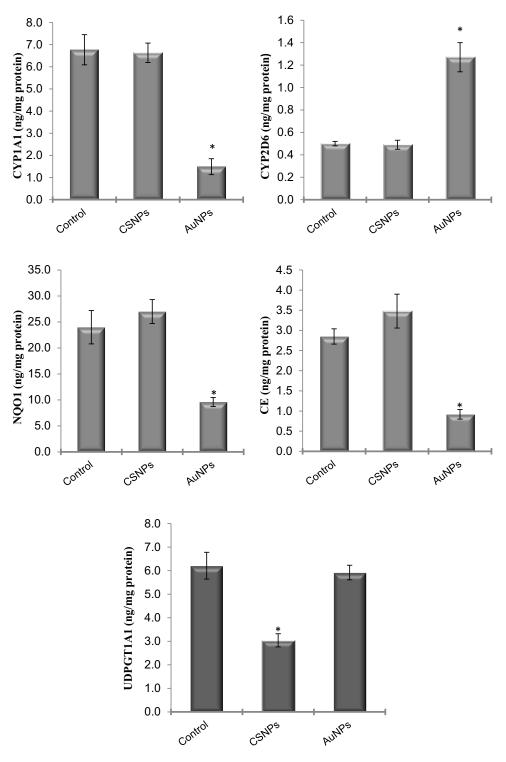


Figure 4 Effect of chitosan (CSNPs) and gold (AuNPs) nanoparticles on the protein level of some xenobiotic-metabolizing enzymes in adult male rats, n=7. *Significant compared to control, P< 0.05.

significant effect on the proteins investigated. Consistent with its effect on gene expression, CSNPs reduced the protein level of UDPGT1A1 by \sim 50% (Figure 4). The protein level of NAT2 was not measured in the current study.

Changes in the plasma ALT and AST activities and albumin level in animals treated with CSNPs or AuNPs did not achieve statistical significance (Table 2). CSNPs did not cause any significant changes to the antioxidants measured (SOD, GST, catalase, and GSH) or MDA in the

	Control	CSNPs	AuNPs
ALT (U/L)	24.2±1.2	30.6±2.2	29.6±3.5
% Change		↑26.5	↑22.5
AST (U/L)	50.3 ±4.3	33.5±3.3	46.2±3.4
% Change		↓27.9	↓8.2
Albumin (g/dl)	4.9±0.3	4.26±0.4	4.3±0.4
% Change		↓13.6	↓12.4
SOD (U/mg protein)	65.3±4.9	57.3±1.8	24.0 ±4.0*
% Change		↓12.3	↓63.2
CAT (U/mg protein)	46.3±3.5	50.3±1.5	18.0±2.1*
% Change		↑8.6	↓6 1 .1
GST (U/mg protein)	48.7±2.6	51.0±5.2	20.7±4.1*
% Change		<u></u> ↑4.7	↓57.5
GSH (mmol/g tissue)	41.7±3.8	42.3±3.9	14.7±2.0*
% Change		↑1.4	↓64.7
MDA (nmol/g tissue)	13.2±0.8	18.7±0.8	24.5±2.7*
% Change		↑4 1.7	↑85.6

Table 2Effect of Chitosan (CSNPs) and Gold (AuNPs)Nanoparticles on Liver Functions and Oxidative Stress

Notes: Data are expressed as mean \pm SEM, n=7; *Significant difference compared to control at p < 0.05.

liver. AuNPs caused significant reductions (\sim 60%) in all antioxidants investigated and a significant elevation (\sim 85%) in MDA level in the liver (Table 2).

The gene expression of *CYP1A1* was positively and strongly correlated with the activities of hepatic SOD and catalase and GSH level. The protein level of CYP1A1 was positively correlated with the protein levels of NQO1 and CE. The CYP2D6 protein level was negatively correlated with the protein levels of CYP1A1, NQO1 and CE and positively correlated with CYP2E1. The protein level of NQO1 was positively correlated with that of CE (Figure 5).

Administration of CSNPs caused marked dilation of the central vein and portal tract with few infiltrating lymphocytes in liver lobules and marked sinusoidal dilation. Some hepatocytes appeared with vacuolated nuclei. AuNPs also caused marked dilatation of the central vein with infiltrating lymphocytes and fibrosis surrounding the portal tract with hemorrhage. The liver lobules showed densely stained pyknotic nuclei and a few necrotic nuclei (Figure 6).

Discussion

Some gold nanoformulations are in clinical trials for photothermal therapy for tumors.²¹ CSNPs are already in used in many cosmetics as well as nanocarriers for some medicines.²² Therefore, humans are already exposed to these nanoparticles and are expected to be heavily exposed in the next decades. One of the major problems in drug discovery is unintended drug interactions. These result from the inhibition or induction of key drug-metabolizing enzymes. Drug interactions are responsible for many fatalities and/or socioeconomic burdens.²³ Therefore, the present study aimed to evaluate the effect of AuNPs and CSNPs on the major drug-metabolizing enzymes (DMEs). Although AuNPs and CSNPs are used for drug delivery and/or imaging through oral or intravenous routes, yet most drugs are taken orally. In addition, through this oral route the drugs will pass to the liver which is the main organ that contains the drugmetabolizing enzymes. Therefore, the current study focused on the oral administration of these nanoparticles. First, we assessed the effects of AuNPs and CSNPs on the expression levels of nine genes coding for major DMEs, and then we estimated the effects on the protein levels of these enzymes. The levels of nine key phase I and phase II DMEs (CYP1A1, CYP3A1 (3A4), CYP2D6, CYP2E1, mEH, NQO1, UDPGT1A1, CE, and NAT2) were measured in the liver (the main organ for drug metabolism). The liver, due to many structural and functional factors, is the main organ exposed to exogenous as well as endogenous chemicals and pollutants.^{24,25} The cytochrome P450 (CYP) system is the largest and most important enzyme superfamily for drug metabolism and plays a key role in the detoxification and clearance of a wide range of xenobiotics and endogenous substances. They are also involved in the metabolism of many steroid hormones, eicosanoids and fatty acids.²⁶ Approximately 85% of drugs currently in use in addition to other lipophilic xenobiotics are primarily metabolized by these microsomal enzymes in humans.^{27,28} Therefore, any change in the expression of these enzymes would greatly affect the drug metabolism resulting in serious drug interactions. The P450 profiling is a mandatory file for approval of new drugs by the FDA. There are limited data available on the induction/inhibition of certain CYPs by nanoparticles, including metallic and polymeric nanomaterials. NQO1 reduces the quinones such as ubiquinone and benzoquinone, to hydroquinones through two-electron reduction.²⁹ Changes in this enzyme have been linked to different forms of cancers, Alzheimer's disease, and oxidative stress as well as drug interactions.³⁰ Carboxyl esterases hydrolyze carboxylic esters into alcohol and carboxylate. The latter is conjugated and excreted. They play a crucial role in the metabolism of neurotransmitters and many pesticides. Acetylcholine esterase is an important example from this family.³¹ NAT2 metabolizes many arylamines and hydrazine drugs as well as many carcinogens.³² The main function of phase II DMEs is the conjugation which makes the substrates more water

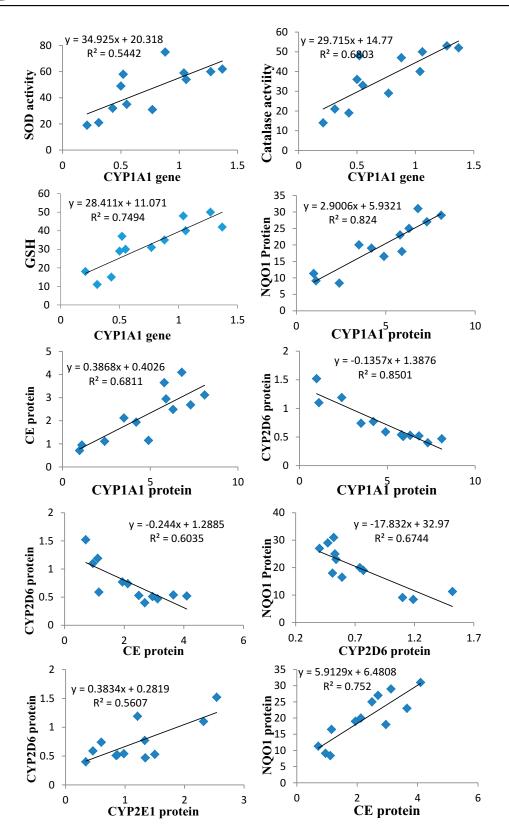


Figure 5 The Pearson significant correlations between different parameters (different proteins and genes of the drug-metabolizing enzymes, antioxidant enzymes, and reduced glutathione).

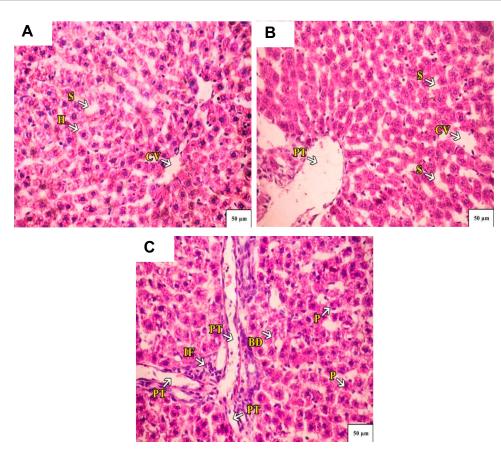


Figure 6 (A) A Photograph of control rat liver. The hepatocytes radiate from the central vein (CV) toward the periphery of the lobule. Normal hepatocytes (H) with milddilated blood sinusoids (S) are seen. (B) A photograph of rat liver administered with chitosan, a marked dilation of central vein (CV) and portal tract (PT), there are few infiltrating lymphocytes in liver lobules, marked sinusoidal dilation (S). Some hepatocytes appear with vacuolated nuclei. (C) A photograph of rat liver administered with AuNPs. A marked dilation of central vein (CV), and infiltrating lymphocytes and fibrosis (IF) surrounding the portal tract (PT) with hemorrhage along with mild-dilated bile duct (BD) are seen. The liver lobules showed densely stained pyknotic nuclei (P) and few necrotic nuclei. H&E stain $40\times$.

soluble and thus helps in their safe elimination. GSTs are primarily involved in the conjugation and removal of electrophilic xenobiotics. They play a significant role in antioxidant defense and they also have a unique role in chemotherapeutic resistance of cancer cells.³³ Although UDPGT1A1 is mainly involved in the bilirubin metabolism, it also plays a significant role in the metabolism of many drugs such as irinotecan.³⁴

The present study showed that AuNPs significantly reduced the expression of *CYP1A1, CYP2E1, CYP3A4, CE* and *NQO1* and elevated the expression of *NAT2*. Treatment with AuNPs or CSNPs elevated the expression of CYP2D6. Treating animals with CSNPs elevated the expression of CYP2D6. Treating animals with CSNPs elevated the expression of UDPGT1A1. It has been found that AuNPs accumulate in the liver and spleen, affecting the gene expression of many enzymes.^{35,36} Hepatic P450s are primarily involved in the synthesis and/or metabolism of endogenous and exogenous compounds.^{37,38} CYP450 enzymes are the main players in

drug and metabolite clearance. Therefore, inhibition of CYP450s leads to drug-drug interactions and toxicity,³⁹ while their induction increases drug elimination and reduces drug efficacy.⁴⁰ Therefore, the numbers of drugs/xenobiotics that will be affected by these induction and inhibition effects on various CYPs are enormous. Inhibition of CYPs would result in serious adverse effects of almost all classes of drugs, including analgesics, anesthetics, immunosuppressants, antivirals, antibiotics, antifungals, anticancer agents, antidepressants, antihypertensives, statins, and antacids.⁴¹ This would also affect the metabolism of endogenous molecules such as neurotransmitters and hormones. This would also result in the accumulation and toxicity of pesticides and agrochemicals in the body.⁴² It has been shown that silver nanoparticles exhibit strong inhibitory effects on the biotransformation activity of the human CYP3A family.43,44

Elevations in NAT2 and CYP2D6 would cause the rapid elimination of target xenobiotics/drugs and failure of therapy. CYP2D6 alone is responsible for the metabolism of approximately 25% of clinically administered drugs.⁴³ The measured protein levels of almost all genes confirmed the effects seen at the mRNA levels. The protein levels of CYP2E1 and CYP3A4 were not significantly affected by any treatment. A linear correlation between gene expression and protein expression does not always exist due to the complexity of steps involved in the transcription, post-transcription, translation and post-translation processes.

The hepatotoxicity of AuNPs may be attributed to the accumulation of nanoparticles in the liver⁴⁵ but unfortunately, we have not measured the level of AuNPs in liver in the current study. The differential sensitivity of these major CYP isozymes to inhibition by AuNPs may be attributed to the structural diversity, heterogeneity, and plasticity among eukaryotic microsomal CYPs.⁴⁶ AuNPs with a larger curvature had a stronger inhibitory effect on CYPs.⁴⁷ AuNPs influenced the catalytic activity of CYP enzymes at the cellular and molecular levels in vivo and in vitro.^{36,48-50} Since most of these enzymes are regulated by nuclear orphan receptors, binding to these receptors cannot be ruled out as a possible mechanism that needs further investigation.

AuNPs induced oxidative stress in the liver tissues that led to the accumulation of free radicals and thereby reduced the activities of liver antioxidant enzymes (SOD, CAT, and GST) and GSH level. Treatment of rats with CSNPs and AuNPs increased MDA level, indicating lipid peroxidation. In a previous study, AuNPs induced oxidative stress in the liver and caused hepatic tissue damage.⁵¹ The increase in MDA levels in the liver from CSNP- and AuNP-treated rats might indirectly lead to an increase in oxidative DNA damage.^{52,53} Some studies have reported that the administration of metal oxide particles leads to oxidative stress, cell changes and death, and DNA destruction.^{54,55} A previous study found that IP administration of AuNPs (10 nm) for three days elevated antioxidant levels but these levels were reduced after seven days of treatment.⁵⁶

It has been reported that nanoparticles initiate reactive oxygen species (ROS) production, leading to oxidative stress, while the redox state of the cell is imbalanced.⁵⁷ ROS induction by nanoparticles is considered the number one mode of nanotoxicity and has been attributed to the presence of prooxidant groups on their reactive surface or because of nanoparticle–cell interactions. In the present study, AuNPs reduced all the antioxidants studied. Intraperitoneal injection of AuNPs into mice decreased catalase and glutathione peroxidase in healthy and diabetic mice.⁵⁸ It was found that ROS production increased with the increase in the concentration of nanoparticles.⁵⁹ It was also concluded that the toxicity of AuNPs depends on their ability to trigger the intracellular formation of ROS from dioxygen.⁶⁰

Nanoparticles in the current study did not cause any significant changes in the activities of ALT and AST or albumin level, which is in accordance with a previous study.⁵⁹ However, administration of AuNPs caused severe changes in the architecture of the liver, as evidenced by the histopathological examination in accordance with a previous study.⁶¹ CSNPs also caused some tissue deterioration but this was much less than that caused by AuNPs. Hepatic tissue deterioration confirmed the biochemical changes reported in the present study.

The gene expression of CYP1A1 was positively and strongly correlated with the activities of hepatic SOD and catalase and GSH level. The protein level of CYP1A1 was positively correlated with the protein levels of NQO1 and CE. The CYP2D6 protein level was negatively correlated with the protein levels of CYP1A1, NQO1 and CE and positively correlated with CYP2E1. Crosstalk between different transcription factors, such as AhR and Nrf2, could be responsible for the correlation between different antioxidants (NQO1, SOD, catalase and CE) and CYP1A1. AhR is responsible for the induction of different CYPs (CYP1A1 in particular), and Nrf2, through binding to Antioxidant Response Elements (AREs), is responsible for the induction of many antioxidant enzymes.⁶² However, all these hypotheses remain speculative and need further studies to explain the possibility that nanoparticles could be ligands of different orphan nuclear receptors.

To conclude, gold nanoparticles, although examined at a low dose, perturbed many phase I drug-metabolizing enzymes with the potential to cause serious drug interactions. These particles also disturbed the antioxidant milieu of the liver by reducing many antioxidants. This was reflected by the architecture of the liver tissue. Although CSNPs caused some disturbances, the deleterious effects after AuNP treatment were more prominent. Taken together, caution must be taken when using AuNPs as a medicine or in cosmetics. CSNPs were safer than AuNPs in the current study. Further studies are required to identify the molecular pathways and possible target receptors and transcription factors of these nanoparticles.

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Disclosure

The authors declare no conflicts of interest.

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