

Stimulating Students' Interprofessional Teamwork Skills Through Community-Based Education: A Mixed Methods Evaluation

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Endang Lestari¹
Albert Scherpbier²
Renee Stalmeijer²

¹Medical and Health Professions Education Unit, Faculty of Medicine, Universitas Islam Sultan Agung, Semarang, Indonesia; ²School of Health Professions Education, Faculty of Health, Medicine and Life Sciences, Maastricht University, Maastricht, the Netherlands

Background: Interprofessional education (IPE) is suggested as a good means to prepare future healthcare professionals for collaborative work in interprofessional teams enabling them to solve complex health problems. Previous studies have advocated experiential IPE, including community-based IPE (CBIPE). This study aims to evaluate a CBIPE programme by exploring the students' perception toward CBIPE design and toward groups' teamwork.

Methods: To identify students' perceptions of teamwork, the Interprofessional Teamwork Evaluation questionnaire was administered to 254 students of medical, nursing and midwifery programme. Three uni-professional focus group (FG) discussions were conducted to analyse the students' perception of the design of community-based education and underlying reasons for teamwork.

Results: FGs reported three aspects that influence skills development in collaborative practice among students that shed light on why midwifery and nursing students held less positive perceptions of communication and mutual support: 1) communication gap due to lack of confidence, 2) contrasting ways of thinking affect communication in decision-making, and 3) the leadership culture in the health services.

Conclusion: A CBIPE programme was successfully implemented at Universitas Islam Sultan Agung. It demonstrated that students in the health professions can develop skills in collaborative practice despite having some problems with communication and mutual support.

Keywords: community-based interprofessional education, interprofessional education, interprofessional teamwork evaluation

Introduction

The increasing complexity of healthcare issues demands collaboration between various healthcare professions.¹⁻³ However, it has been demonstrated that conducting collaborative care is not always self-evident and sometimes negatively influences patient safety and efforts to prevent health problems in the community.⁴⁻⁸

To better prepare future healthcare professionals for collaborative work in interprofessional teams, implementation of interprofessional education (IPE) in health professions education has been suggested.^{9,10} IPE in health care takes place when two or more healthcare professions learn about, from, and with each other with collaboration and improved health outcome as the end objectives.¹¹

Future collaboration can be further enhanced by providing healthcare students from various professions with opportunities to actively learn and interact together.¹²

Correspondence: Endang Lestari
Email endanglestari@unissula.ac.id

However, IPE formats situated in the classroom alone seem not always sufficient to develop some of the skills needed for collaborative health care.^{13–15} Consequently, the scope of IPE initiatives needs to be broadened.¹⁶ Several authors advocate for experiential IPE situated in practice-based settings.^{17–19}

Community-based education (CBE) is suggested as a model for facilitating IPE in collaborative skills in the workplace.^{20–22} CBE is defined as learning activities that use the community extensively as a learning environment, in which not only students but also teachers, members of the community, and representatives of other sectors are actively engaged throughout the educational experience.²³ Community-based IPE (CBIPE) is the process by which a group of two or more students from different health-related occupations with different educational backgrounds learn together while utilising the community as a learning environment, with collaboration and interaction as part of their learning goals.²⁴ CBIPE students learn in the context of the community itself and are expected to work collaboratively in interprofessional teams to provide an expected health service despite limited resources.²¹ CBIPE programmes may also produce the added benefit of exposing students to concepts that might not be accounted for, or explicitly taught, in all health profession curricula, especially those dealing with family medicine, primary care, social determinants of health and cultural competence.^{25,26} Moreover, CBIPE helps stimulate social accountability in health profession students.²⁷ Various approaches to CBIPE have been previously reported such as learning in rural and primary healthcare settings,^{24,28,29} community-based learning within broader community context^{16,22,30} and for specific community context; the commonly used model of CBIPE in the western countries.^{21,31–35} The nature of interprofessional learning activities is mainly to provide healthcare services primary healthcare setting, not in the community. Examples of CBIPE in specific community contexts have often been limited to specific settings like senior housing³² or child healthcare.³⁴ To enable students to acquire comprehensive skills ranging from diagnosing health problems in the community, to formulating and implementing the problem-solving activities,^{20,22} designing a CBIPE program providing those learning opportunities needed to be designed.

Although CBIPE programmes have been implemented globally, there seem to be few reports on the implementation itself and result of these programmes in Asian contexts.^{21,24,36,37} Understanding the transferability of

CBIPE in an Asian context might be especially important given the great need for interprofessional collaboration in this region.³⁸ As most Asian countries, Indonesia has to deal with health problems of a very large and diverse population with different races, culture, ethnicities, religions, social strata, education and with relatively few resources for integrated community care system.³⁹ Understanding what is needed for effective implement CBIPE in an Asian context could therefore have potential to improve future health practice. Moreover, healthcare setting in Asian is unique as it is influenced by strong culture of social hierarchy in the community. Although healthcare teams are often characterized by issues of hierarchy and power,^{40,41} these issues are exacerbated in Asian settings. Status in Asian culture is a pervasive organizing principle in all social relationships and is based on such criteria as family background, age, education level and professional rank.⁴² Regarding professional rank and educational level, doctors in Asian society are considered to have a high status compared to other health professionals such as nurses, midwives and so on. The Asian culture of status reported complicates effective interprofessional communication, teamwork and collaboration in healthcare teams,^{43–46} as the communication style applied is commonly paternalistic or one directional; which reflect doctor's sense of superiority to the other healthcare professionals; rather than partnership style; which can be found in western context and reflect a culture with more bigger sense of "equity".^{38,43}

This study aims to evaluate the design of a CBIPE project implemented in an Indonesian university. As interprofessional collaboration is the main goal of IPE and teamwork is known to be an important aspect influencing collaboration,⁴⁷ this study addresses the following research questions:

1. How do students perceive teamwork during CBIPE?
2. How do students' experience the design of the CBIPE programme?

Context

Community Health Services in Indonesia

Community healthcare centres are at the forefront of public health services in Indonesia. They have the main task of improving the quality of health through community health development programmes and basic health services

that involve community members. Each community healthcare centre serves 30,000–50,000 residents or a sub-district, with a population of 10,000–20,000, that has one community healthcare centre. In providing health services, if the community healthcare centre receives or treats cases of emergency or non-emergency (chronic illness) but the available health workers do not have the authority or are unable to provide certain medical treatment or supporting health services that are needed by patients, they must refer these patients to more capable health facilities, such as public/private hospitals. Thus, the referral system is based on medical indication, rather than patient request.

As the faced health problems are increasingly complex, health workers from various professions in community healthcare centres must work together. They must not only provide basic healthcare services but also diagnose health problems that exist in the community and provide appropriate interventions for respective problems by providing preventive programmes that involve community members. As these duties are the responsibility of health workers, students following health professional education must gain experience in them.

IPE at Universitas Islam Sultan Agung

Universitas Islam Sultan Agung began an IPE project in 2013. Since 2016, students in medicine, nursing, and midwifery have been participating in the IPE curriculum, which is spread over several semesters, starting in the 2nd year. During their pre-clinical year (50 hours), the main learning approaches are Interprofessional Problem-Based Learning tutorials and interprofessional clinical skill simulation training in the form of integrated patient management.

Previous Community-Based Experience of Participants

Before participating in CBIPE, all students from the three health programmes involved had previous experience in uni-professional CBE. Medical students had experienced conducting one community health survey and providing health education for the community on three occasions. Midwifery students had visited clients at home, with each student visiting three families on average, with two visits per patient. In addition, midwifery students had been apprenticed at rural midwifery clinics and Public Health Centres for 8–9 weeks, providing primary care services. Nursing students would have been immersed in primary

health care at Public Health Centres, including 1 month of conducting home visits.

Community-Based Interprofessional Education

In 2016, CBIPE was introduced for clinical-year medical and nursing students and final-year pre-clinical phase midwifery students who were taking clinical rotations in Community Medicine. The Sultan Agung Community-Based Interprofessional Education (SACBIPE) programme starts with one-week training course for all participants in the form of lectures, discussions and simulations on topics such as the ethics of conducting surveys, interprofessional collaboration, cultural problems in health care and so forth. After this course, students are divided into groups of seven containing 2–3 medical and nursing students and two midwifery students. All groups are distributed in several villages in the District of Genuk, Semarang, Indonesia. Each group is responsible for a neighbourhood, normally consisting of 25–30 families with 3–8 members per family.

Students spend 2 weeks in the community, working on CBIPE activities as designed in the SACBIPE programme. They conduct a community health-problem survey, analysing the data to diagnose primary community health problems and determining and implementing interventions for the respective problems.

Students present the findings of their data collection and analysis as well as intervention proposals to a forum attended by the field supervisors of all programmes, the head or staff from the local public health centre and community leaders. The proposed intervention can be in the form of counselling and education for the community, collaboration with the community on disease prevention, training voluntary community health workers in certain topics, home visits for family education, and so forth. At this stage, students must be able to identify the roles and responsibilities of each profession and share the task based on their role and authority. When students find an overlap of the task between professions, they discuss giving the task to the more competent profession or they will accomplish the task together. Types of activities, content and schedules of interventions proposed by the group must be discussed in advance with the group's field supervisor. Coming from various health professions, the field supervisors and health professionals in charge of community healthcare service in the area, such as village midwives or

nurses, assist the team of students in implementing the interventions.

At the end of the programme the students reflect on all the conducted processes. During this step, students not only discuss the project but also reflect on the interprofessional collaboration. Students might describe what they have accomplished, their limitations, and their thoughts for future recommendation. Facilitated by the field supervisor, the reflections are done in the interprofessional group, whose members collaborate on writing the reflection report (Figure 1).

Methods

The current study to evaluate students' experiences with CBIPE and their collaborative skills was conducted in 2017–2018. A total of 254 students (109 medical students,

61 midwifery students and 84 nursing students) had participated in two terms of SACBIPE.

Research Design

We applied an explanatory, sequential mixed methods design to answer the research questions.⁴⁸ We first collected quantitative data on students' self-perceived teamwork performance during the SACBIPE programme with the Interprofessional Teamwork Evaluation.⁴⁷ The results of the scale were then used as input for qualitative data collection, consisting of uni-professional focus group (FG) discussions aimed at understanding the underlying reasons for students' perceptions of teamwork and collaborative performance. Students' perception of the CBIPE programme was also probed during the focus groups.

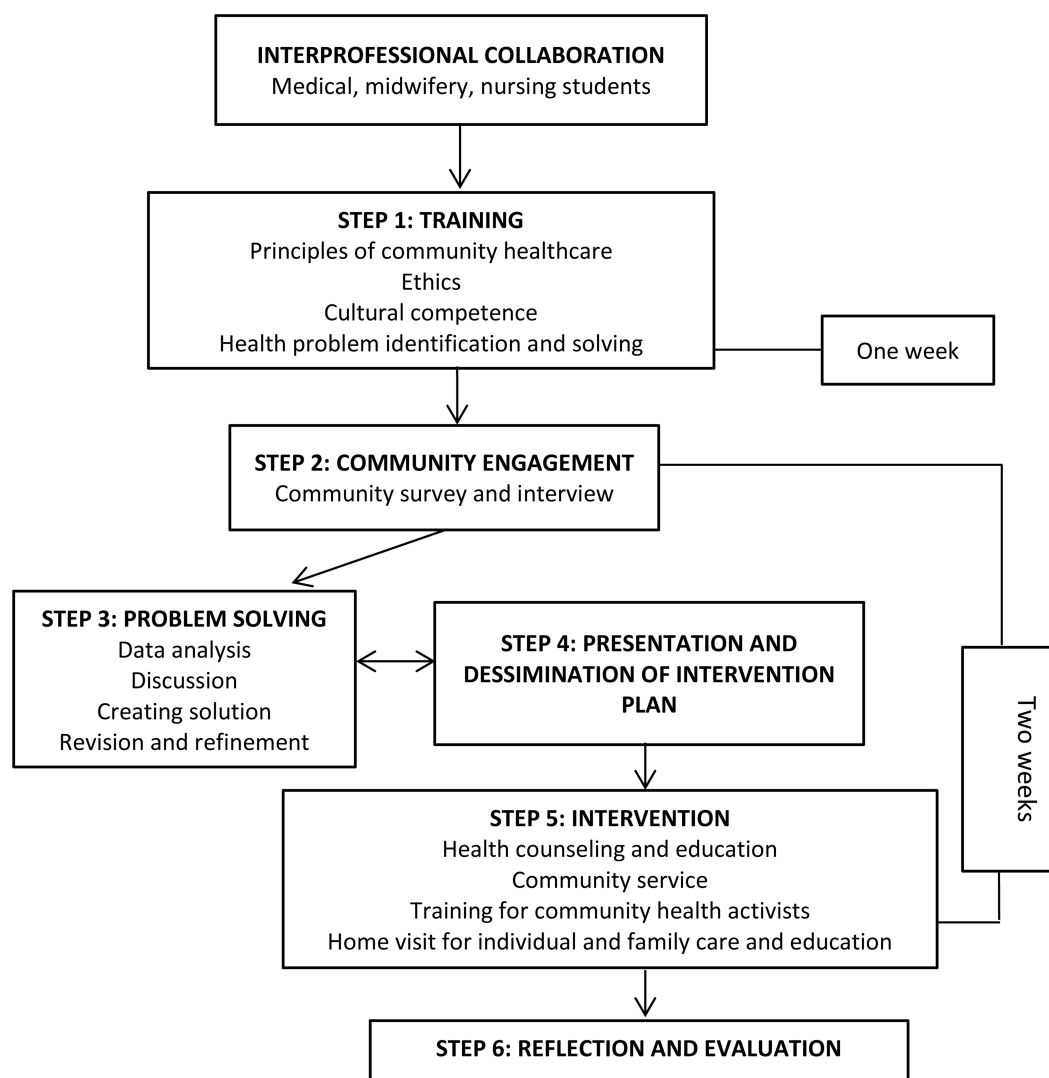


Figure 1 Design of the Sultan Agung Community-Based Interprofessional Education (SACBIPE) programme.

Quantitative Data Collection

Students' perceptions of teamwork were assessed with Interprofessional Teamwork Evaluation⁴⁷ which was adapted from the Teamwork Perception Questionnaire developed by TeamSTEPPS.⁴⁹ The Interprofessional Teamwork Evaluation consists of 23 items divided into four subscales: team structure, leadership, situation monitoring, mutual support and communication. All items were assessed on a 1–5 Likert scale, from strongly disagree to strongly agree.

The Indonesian version of the Interprofessional Teamwork Evaluation had not been validated. Double-back translation by two language experts was applied in translating the questionnaire.

Quantitative Data Analysis

Factor analysis was used to explore the construct validity of the Indonesian version of the questionnaire, and Cronbach's alpha was calculated to determine internal consistency using SPSS (version 20; IBM Corporation, Armonk, NY, USA). The Cronbach's alpha was acceptable if it was >0.7 . Suitability of the correlation matrix was determined by the Kaiser-Meyer-Olkin (KMO) measure of sampling adequacy and Bartlett's test of sphericity. The KMO score was considered good and applicable if it was >0.7 and Bartlett's test of sphericity was significant with $P < 0.05$. The numbers of factors retained for the initial solutions and entered into the rotation were determined with Kaiser's criterion (eigenvalues >1). Initial factor extraction was performed using principal component analysis. Finally, we performed an exploratory factor analysis using Promax rotation to define the clearer structure. Kruskal–Wallis and Mann–Whitney U statistical analyses using IBM SPSS (version 23.0) were applied to evaluate the mean rank difference of total scores and subscale scores among subjects since the data were not normally distributed.

Qualitative Data Collection

To gain a better understanding of the students' perception of interprofessional teamwork and collaboration performance, we organised three uni-professional focus groups. We deliberately chose not to mix students from different programmes to overcome potential barriers to communication and to encourage participation in the discussion.⁵⁰ FG participation was voluntary. Students were invited to participate in FGs during the wrap-up session. Eight midwifery students, ten nursing students and ten medical students took

parts. Lecturers in community medicine (AL and SY) who understood the concept and aims of the study facilitated the FGs with the aid of a discussion guide.⁵¹ The two facilitators took turns being the discussion facilitator because they had to handle three focus group discussions. When one was on duty, the other was observing. There was no power relationship between facilitators and students because the facilitators were not the CBIPE field supervisors. The FG guide included the following questions for students: (a) what is your perception of the design of the SACBIPE, (b) what needs to be improved in the SACBIPE, (c) what is your perception of the interprofessional teamwork and collaboration during the programme, (d) why did they score certain items on the questionnaire low or high? All FGs were tape recorded and transcribed verbatim by two experts in medical education.

Qualitative Data Analysis

The verbatim transcripts were coded and analysed by two experts (authors EL and SY), who independently evaluated the transcripts and developed coding categories. Afterward, they discussed the coding categories and agreed on the coding, which they finally applied to the data. After this process, all members of the research team discussed the findings up to the point of consensus on the overarching themes. For the thematic content analysis, ATLAS.Ti (version 7; ATLAS.ti Scientific Software Development GmbH, Berlin, Germany) was used.

Ethics

The study complied with the Declaration of Helsinki and was approved by the Bioethics Committee for Medical/Health Research Faculty of Medicine Islamic University of Sultan Agung Semarang (Letter No. 352/XII/2016/Komisi Bioetik) and was conducted at Universitas Islam Sultan Agung, Semarang, Indonesia. Taking part in the study posed no physical risks to participants. A cover letter explaining the study's goal and confidentiality accompanied the questionnaire. Written informed consent obtained from participants included information concerning reproducing their responses. All students were informed that this project was part of an evaluation of the programme, that participation was voluntary and refusal to join the study would have no consequences. Consent was implied by the fact that students completed the questionnaire and took part voluntarily in the FGs. To ensure confidentiality we anonymised both the questionnaires and the transcripts of the FG interviews.

Results

Evaluation of the SACBIPE Programme

The SACBIPE programme was evaluated in focus group discussions. FGs were conducted with 26 voluntary participants from midwifery, nursing, medical programmes (Table 1). The findings indicate that students felt they benefited from the programme. Students enjoyed problem-solving and practising in real settings as they were interested in active learning. Students reported that by working together as a team in the community, they improved their “soft” skills, such as communication, leadership, conflict management, leadership and collaboration. The CBE format also helped students develop their skills in decision-making, planning and role sharing. Students said that they experienced identifying their own and other professions’ roles and the boundaries between them.

Discussing community problems with other health professional students was interesting. We had to discuss the problem, decide on possible interventions to solve it, schedule activities and share tasks among team members. Conflicts were discussed in the group. I think this was good practice for us to improve our collaboration skills. (Nursing student 3)

Students felt a stronger need to truly collaborate in the community-based interprofessional education activities, something which the interprofessional PBL they had previously experienced did not afford them.

Community-based IPE benefits us more than just PBL discussion in class, like we did in the pre-clinical phase. In this community-based IPE, we faced a real problem, not a scenario, that required us to collaborate and work together, and share roles in evaluating and solving the community health problem. (Medical student 6)

Students identified assessment of SACBIPE as in need of improvement. In the current design of SACBIPE, assessments are conducted by field supervisors and health professionals from the public health centre. Students suggested that

it would be much fairer if assessments were also carried out by the community, such as family members who are visited or by voluntary community health workers who always collaborate with students in every intervention activity.

Quantitative Findings

Students’ perception of teamwork was evaluated with the Interprofessional Teamwork Scale. Of the 254 participants, 210 filled in the questionnaire completely (82.7%), 57 midwifery, 69 nursing, and 84 medical students (Table 2).

Factorial Analysis of the Questionnaire

The KMO index was 0.895, indicating sampling adequacy, while the Bartlett sphericity chi-square index was 2295.118, with $p = 0.000$ (<0.001) indicating that the correlation matrix was an identity matrix and therefore suitable for factor analysis. Exploratory factor analysis yielded three subscales which differed from the original questionnaire’s subscales by Shrader et al.⁵² Items of “communication” subscale converged with several items of the “mutual support” subscale, while all items of the “leadership” subscale converged with the items of the “team structure” subscale. Because the factorial analysis resulted in a different structure from the original questionnaire, the authors chose to rename the subscales as follows: subscale (a) “communication and mutual support” (13 items), subscale (b) “team structure and leadership” (7 items) and subscale (c) “situation monitoring” (3 items) with Cronbach’s alpha scores of 0.924, 0.853 and 0.712, respectively (Table 3).

Table 2 Characteristics of Subjects

	Midwifery		Nursing		Medical	
	N	%	N	%	N	%
Gender						
Male	0	0	27	39.1	36	42.9
Female	57	100	42	60.9	48	57.1
Experience of working with students from other study programmes						
Yes	41	71.9	51	73.9	45	53.6
No	16	28.1	18	26.1	39	46.4
	Mean	SD	Mean	SD	Mean	SD
Age	19.8	0.64	20.2	0.54	21.8	0.42
Response rate	81.5%		82.2%		84%	

Table 1 Characteristics of Uni-Professional FG Participants

	Midwifery		Nursing		Medical	
	N	%	N	%	N	%
Gender						
Male	0	0	6	60.0	3	30.0
Female	8	100	4	40.0	7	70.0
	Mean	SD	Mean	SD	Mean	SD
Age	19.2	0.7	19.8	0.35	20.4	0.52

Table 3 Factor Loading of Each Item of Interprofessional Teamwork Evaluation (ITE)

Subscales	Loadings		
	I	II	III
	$\alpha =$ 0.924	$\alpha =$ 0.853	$\alpha =$ 0.712
Communication and mutual support			
Q3. All clinical roles represented (eg patient/community interview, medication history/review; diagnostic exam; intervention plan)	625		
Q9. Empowers team members to speak freely and ask questions (minimal time spent dominating encounter and providing one-way orders just coming from leader)	784		
Q13. Team members share focus on patient problem and outcome	726		
Q14. Members provide task-related support	781		
Q15. Advocates for the patient/community	582		
Q16. Team members are properly assertive	726		
Q17. Disagreement with team members assessment, actively and openly discuss alternatives	751		
Q18. Collaborates with team members (eg, discuss things among each other in smaller groups first)	806		
Q19. Introduction of team members to patient/family/community	662		
Q20. Members provide brief, clear, specific and timely information/recommendations to other members	796		
Q21. Members seek information from all available team members (eg ask for help; second set of eyes; solicit opinions)	808		
Q22. Verify that communicated information is accurate (eg clarify when there is uncertainty or disagreement, information is verified and confirmed)	794		
Q23. Member side conversations are openly communicated with team as a whole	716		
Team structure and leadership			
Q1. Team leader established and evident (ok to shift over course of interview, leader still clear)		660	
Q2. Roles and responsibilities established (support member roles clear)		645	
Q4. Clinical roles shared among members of the team (eg more than one person fulfils all roles)		727	
Q5. Actively share information among team members (eg shares results of survey etc.)		706	
Q6. Balances workload with team (team leader not dominating entire encounter)		775	
Q7. Delegates tasks, unanswered clinical questions as appropriate		781	
Q8. Conducts briefs, huddles and debriefs throughout the patient encounter (summarises, team reviews thoroughly/systematically what has happened, what still needs to be addressed, etc.)		785	
Situation monitoring			
Q10. Includes patient/family/community in conversation and the encounter (should occur throughout the scenario)			746
Q11. Cross monitors fellow team members (other team members find out information being exchanged and decisions being made in side conversations)			868
Q12. Update team members on patient status/result of intervention etc.			858

In general, medical students' scores for interprofessional teamwork were higher than the scores of midwifery and nursing students. The Kruskal–Wallis statistical test results revealed significant differences in students' mean rank scores on all items in subscale communication and mutual support, with the scores of midwifery students the lowest compared to the nursing and medical students. The results showed that midwifery students had a poor perception of interprofessional communication and the mutual support carried out by the group

during the CBIPE activities. In addition, there were significant differences in students' mean scores regarding "Team leader established and evident" and "Actively shares information among team members", with the mean scores of nursing and medical students lower than midwifery students. These results indicate that the three groups of students assess leadership performance differently. Communication, mutual support and leadership are a problematic area of interprofessional teamwork (Table 4).

Table 4 Mean Difference of Each Item

	Midwifery	Nursing	Medical	p
Communication and mutual support				
Q3. All clinical roles represented (eg patient/community interview, medication history/review; diagnostic exam; intervention plan)	3.72 ± 0.45	3.87±0.33	4.30±0.46	0.000*
Q9. Empowers team members to speak freely and ask questions (minimal time spent dominating encounter and providing one-way orders just coming from leader)	3.48 ± 0.50	3.61±0.49	4.40±0.54	0.000*
Q13. Team members share focus on patient/family/community problem and outcome	3.51 ± 0.53	3.56±0.50	4.37±0.53	0.000*
Q14. Members provide task-related support (eg midwife gives education to pregnant woman based on the diagnosis of doctor, etc.)	3.59 ± 0.49	3.64±0.48	4.29±0.48	0.000*
Q15. Advocates for the patient (eg “let’s think about what’s in the patient’s/community’s best interest”)	3.33 ± 0.47	3.64±0.66	4.19±0.47	0.000*
Q16. Team members are properly assertive (eg willing to participate, speak up, acknowledge)	3.55 ± 0.53	3.73±0.48	4.37±0.48	0.000*
Q17. Disagreement with team members’ assessment, actively and openly discuss alternatives	3.41 ± 0.49	3.52±0.50	4.31±0.53	0.000*
Q18. Collaborates with team members (eg, discuss things with each other in smaller groups first)	3.58 ± 0.52	3.58±0.49	4.35±0.50	0.000*
Q19. Introduction of team members to patient/family/community	3.65 ± 0.61	3.56±0.53	4.22±0.47	0.000*
Q20. Members provide brief, clear, specific and timely information/recommendations to other members	3.47 ± 0.50	3.59±0.49	4.28±0.48	0.000*
Q21. Members seek information from all available team members (eg ask for help; second set of eyes; solicit opinions)	3.42 ± 0.49	3.54±0.50	4.37±0.50	0.000*
Q22. Verify the accuracy of communicated information (eg clarify when there is uncertainty or disagreement, information is verified and confirmed)	3.46 ± 0.50	3.51±0.50	4.30±0.50	0.000*
Q23. Member’s side conversations are openly communicated with team as a whole	3.52 ± 0.53	3.68±0.48	4.16±0.48	0.000*
Team structure and leadership				
Q1. Team leader established and evident (ok to shift over course of interview, leader still clear)	4.22 ± 0.72	4.02±0.51	4.03±0.50	0.041*
Q2. Roles and responsibilities established (support member roles clear)	4.14 ± 0.69	4.21±0.58	4.02±0.62	0.186
Q4. Clinical roles shared among members of the team (eg all members have roles to do)	4.08 ± 0.70	4.14±0.63	4.09±0.72	0.926
Q5. Actively share information among team members (eg shares results of survey etc.)	4.26 ± 0.74	4.08±0.63	3.93±0.63	0.009*
Q6. Balances workload with team (team leader not dominating entire encounter)	4.00 ± 0.75	4.14±0.61	3.87±0.57	0.052
Q7. Delegates tasks, unanswered clinical questions as appropriate	4.07 ± 0.77	4.09±0.57	4.05±0.61	0.929
Q8. Conducts briefs, huddles and debriefs throughout the patient encounter (summarises, team reviews thoroughly/systematically what has happened, what still needs to be addressed, etc.)	4.05 ± 0.74	4.08±0.61	4.06±0.62	0.970
Situation monitoring				
Q10. Includes patient in conversation and the encounter (should occur throughout the scenario)	4.19 ± 0.62	3.96±0.65	4.02±0.58	0.109
Q11. Cross monitors fellow team members (other team members find out information being exchanged and decisions being made in side conversations)	4.17 ± 0.68	4.02±0.66	3.96±0.59	0.113
Q12. Update team members on patient status/result of interventions, etc.	4.13 ± 0.73	4.00±0.70	4.08±0.54	0.617

Note: *Significantly different based on the Kruskal–Wallis statistical test.

Qualitative Findings

Focus groups discussions shed light on why midwifery and nursing students give less positive perceptions of communication and mutual support. The reasons were: communication gap due to lack of confidence, different ways of thinking affected communication in decision-making, and the leadership culture on collaborative practice in health services.

Communication Gap Due to Lack of Confidence

Some nursing and midwifery students felt insecure when collaborating with medical students. They felt inferior in terms of both social status and knowledge. This lack of

confidence impeded communication and coordination between students during collaboration.

In our opinion communication is still a problem. We don’t feel so involved. We rarely propose anything at meetings, and sometimes we’re scared to even ask for information. We don’t know why, but we hesitate because we feel that our knowledge is not as important as the science of medical students. (Midwifery student 6)

Different Ways of Thinking and Level of Education Affected Decision-Making

Another communication problem was in decision-making. Medical students were often the ones to decide. Midwifery

and nursing students complained that they wanted to contribute and provide alternative solutions, but, as medical students generally wanted a fast answer, they made quick decisions which the other professional students would have to agree with.

We really want to argue, but, while we're still thinking of alternatives, the med students already make the decision, so finally we all have to agree with it. (Midwifery student 1)

Nursing students suggested that the differences may be influenced by how students from both health professions are educated to think in making decisions.

In our opinion there is difference in the way of thinking of medical and nursing students. We, nurses, are used to thinking holistically. Even when doing nursing care or nursing diagnostics, we make considerations such as from 'head to toe'. For medical student it might be considered as taking time. So, what happens was that while we were still thinking they already made the decision. OK, finally we just followed. (Nursing student 7)

Level of education also influenced decision-making collaboration. As informed earlier that midwifery students were in their final year (3rd year) therefore they were in different grades with medical and nursing students who were in their clinical phase (year 5). Unequal level of education was reported by students as factors that might hinder communication.

We realised that communication problems arose because midwifery students are junior to us, so they might have a feeling of apprehensive when it comes to expressing opinions. Even though we have asked them to argue, they provided very few opinions. Finally, we decided lots and they followed (Medical student 5)

Leadership Culture in Health Services Influences the Choice of Team Leader

The other interesting finding was that all 30 groups of inter-professional teams in this study were led by medical students. This may be explained by the fact that the health profession culture places doctors in the highest hierarchical position of collaborations. Therefore, midwifery and nursing students tended to give leadership positions to medical students.

Yes, we appointed medical students as leaders in our group, that's the culture, right? Even so, we still had opportunity to lead several smaller projects, related to our responsibilities. (Nursing student 2)

Discussion

This study aimed to evaluate students' perception toward teamwork during CBIPE programme and how they experience the CBIPE educational design. To answer the first question, we did a survey using the Interprofessional Teamwork Evaluation Instrument and to answer the second question, we collected data from focus group discussions.

Students experienced the three weeks of IPE activities as successful in stimulating them to work in teams with the community to solve the community's health problems. However, midwifery and nursing students had markedly different experiences. Although students had the opportunity to develop their communication skills with the SACBIPE programme, the quantitative data indicated that midwifery and nursing students did experience problems with communication and mutual support. The results of the FGs showed that the root of this issue was the lack of confidence and initiative in nursing and midwifery students. Previous studies have reported that midwifery students often lack confidence in their own abilities.⁵³ Nursing and midwifery students are reported to consider themselves less competent than medical students in terms of knowledge and skills due to several factors, such as their status in society, competence and academic abilities.^{54,55} Tyastuti and colleagues (2013) recommend implementing non-scheduled extra-curricular activities for multi-professional students to help them improve their relations before they begin an IPE programme.⁵⁶

Medical students were mostly the leaders of the community-based projects in our research, a situation similar to one reported by a previous study.⁵⁴ The quantitative finding also reported that in general midwifery students and nursing students were satisfied with the way medical students lead the group. They reflected that it was natural to make medical students as leaders of the groups because in real healthcare team context doctors will lead the healthcare teams. This perception was affected by healthcare team culture which was developed based on hierarchical relationships and dominant-subordinate relationships^{40,57} and which always places doctors as the highest position and marginalized other professions. Yet with the complexity of current health problems, it is known that leadership must be collaborative and must focus on building trust and sharing power.⁴¹ Such collaborative efforts necessitate a shift away from vertical or hierarchical relationships of influence to horizontal power sharing.⁵⁸ Considering that, healthcare

professional students including nurses and midwives must be prepared with leadership competencies to enable them to meet the challenges of leading collaboratively with other professions. IPE is one approach that can be implemented to develop shared, transformational leadership skills.^{41,59,60}

The uni-profession FGs revealed that students were satisfied with the design of SACBIPE and that it helped them to learn about IPC and community-based practice. Students argued that the learning design was more effective in fostering collaboration and teamworking skills compared to their experiences with interprofessional PBL. This finding suggests that active engagement in a workplace learning setting is a more effective way to expose students to IPC and help them learn about it. It also suggests that learning in real practice effectively fosters the culture that must be developed in the real situation and that learning with an IPE design will be effective if implemented in practice-based settings.^{17–19,61}

CBIPE seems a potentially effective way to stimulate interprofessional collaborative learning for students. Our research indicates that successful implementation is possible but that the role of supervisor/teacher and assessment procedures both require close attention. Previous studies have highlighted the role of the supervisor/teacher in community-based IPE.^{24,56} In the IPE context, teaching staff must perform additional roles, including facilitating collaboration, sharing IPV values, such as showing respect, valuing other professions, collaboration, assessing collaboration and facilitating reflection on and evaluation of collaboration.^{62–64} This requires the faculty development programme to pay specific attention to developing equal perceptions and the teachers' understanding of interprofessional education and collaboration so that they can develop, implement, and facilitate IPE activities.^{62,65–67}

The literature has also paid attention to IPE assessment.^{68–70} Assessment of community-based education is known to be done by measuring problem-solving skills, communication, leadership and critical thinking capabilities. Assessment can be done by applying such methods as direct observation of particular skills during an intervention, the students' report, and reflection sessions.^{71,72} These methods are also suitable for CBIPE, with the addition assessing the particular skills and attitudes that need to be developed in collaboration with other health workers.^{24,73} Our research suggests incorporating specifically the views of community members in the assessment since they have first-hand experience with the students' activities.

The mixed methods approach to evaluate a model of community-based interprofessional education, this SACBIPE programme, and the resulting teamwork skills of the students can be considered strengths of this study. There is a limitation in that data were collected from schools of health profession of one university in Indonesia, which might restrict the generalizability of our findings. However, we aimed to increase transferability⁷⁴ by providing a rich context description of the setting and programme so that others might interpret the value of the research for their own context. Future research could try to further unravel the influence of culture and power dynamics on interprofessional community-based education.

Conclusion

The SACBIPE programme was successfully implemented. It demonstrated that it could help health professional students develop their skills in collaborative practice. SACBIPE could provide learning activities that treat the community extensively as a learning environment, fostering active engagement not only in students but also members of the community throughout the educational experience. With CBIPE, students learn in the context of the community itself and work collaboratively in interprofessional teams to provide an expected health service despite limited resources. Nevertheless, problems are still found in communication and leadership skills, so that teaching in these skills needs improvement in the future. As complex learning, IPE needs a comprehensive approach in its implementation that includes various teaching methods and proper learning strategies. To this end, community-based education models seem promising.

Data Sharing Statement

Materials and supporting data are deidentified, however, they are available for download on the website: https://drive.google.com/drive/folders/1pH6iMwf43x18JGCQGbha2vuKNRa_FtS3. All files may be used for research and education with further consent.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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