

Treatment Patterns and Predictors of Adherence in HIV Patients Receiving Single- or Multiple-Tablet Darunavir, Cobicistat, Emtricitabine, and Tenofovir Alafenamide

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Purpose: Darunavir, cobicistat, emtricitabine, and tenofovir alafenamide can be used as a single-tablet regimen (STR, DRV/c/FTC/TAF) or multiple-tablet regimen (MTR, DRV/c+FTC/TAF) to treat patients with human immunodeficiency virus (HIV). This study described treatment patterns and predictors of adherence among patients with HIV initiated on DRV/c/FTC/TAF or DRV/c+FTC/TAF.

Patients and Methods: A retrospective longitudinal study was conducted using linked claims and electronic medical records from Decision Resources Group's Real World Data Repository (7/17/2017–6/1/2019). Treatment-naïve and treatment-experienced virologically suppressed adults with HIV-1 prescribed DRV/c/FTC/TAF or DRV/c+FTC/TAF (index date) were included. Six-month persistence (no treatment gaps >60 and >90 days) and adherence (proportion of days covered [PDC]) to the index regimen were evaluated among patients with ≥6 months of observation post-index. Predictors of low adherence (PDC<80%) were evaluated using a logistic regression model.

Results: Among 2633 eligible patients (49.5 years old, 29% female, 37% African American/Black), 12% were treatment-naïve pre-index and 88% switched from a previous antiretroviral therapy; 84% initiated DRV/c/FTC/TAF and 16% initiated DRV/c+FTC/TAF. Among 822 DRV/c/FTC/TAF patients with ≥6 months of observation post-index, 80% and 86% had no >60- and >90-day gaps in DRV/c/FTC/TAF coverage, respectively, while among 204 DRV/c+FTC/TAF patients with ≥6 months of observation post-index, 69% and 75% had no >60- and >90-day gaps in DRV/c+FTC/TAF coverage, respectively. Mean (median) PDC for the index regimen was 81% (93%) for patients treated with DRV/c/FTC/TAF and 73% (83%) for patients treated with DRV/c+FTC/TAF. Predictors of low adherence included younger age (odds ratio [OR]=2.36, p=0.017), higher Quan-Charlson comorbidity index (OR=1.32, p=0.012), use of MTR regimen at index (OR=1.69, p=0.022), and prior low adherence (OR=2.56, p<0.001).

Conclusion: Among patients initiating a DRV/c-based regimen, those initiating STR had higher 6-month adherence/persistence than those initiating MTR, highlighting the potential benefits of the STR formulation, particularly among younger patients with multiple comorbidities and prior low adherence.

Keywords: HIV, protease inhibitors, treatment adherence and compliance, patient compliance, administrative claims, healthcare, electronic health records

Introduction

While human immunodeficiency virus (HIV) remains ineradicable, the introduction of highly effective antiretroviral therapy (ART) has substantially improved the

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prognosis of people living with HIV.¹ However, ART use remains suboptimal and <60% of HIV patients were reported to be virologically suppressed in 2016 in the United States (US).^{2,3} More recent estimates are available for smaller groups of patients which exceed the national viral suppression average, such as among those who received medical care from the Ryan White HIV/acquired immunodeficiency syndrome (AIDS) Program whereby 87% reached viral suppression in 2018.⁴ Nevertheless, a recent real-world study showed a mean proportion of days covered (PDC) of only ~50% among Medicaid and commercially insured patients.⁵

The recommendation by consensus for patients with HIV was to achieve $\geq 95\%$ adherence to ART.^{6–9} Recently, the Pharmacy Quality Alliance, a nationally recognized organization which provides consensus-based measures for medication safety, adherence and appropriate use, recommended $\geq 90\%$ adherence to be considered as optimal for ART.¹⁰ Suboptimal adherence to ART has been associated with an increased risk of virologic failure and drug resistance, resulting in a high burden for the healthcare system.^{7,11,12} The Department of Health and Human Services (DHHS) guidelines therefore recommend multiple strategies to improve adherence and persistence, including the use of tolerable and less complex ART regimens, such as single-tablet regimens (STRs).¹³ Among patients with adherence problems, the DHHS guidelines recommend using a darunavir (DRV)-based regimen because of its high genetic barrier to resistance.¹³ Approved on 1/29/2015, DRV/cobicistat (DRV/c) is a boosted protease inhibitor (PI) which can be prescribed with emtricitabine/tenofovir alafenamide (FTC/TAF) as a once daily multiple-tablet regimen (MTR) for the treatment of HIV-1 among treatment-naïve and treatment-experienced adults. On 7/17/2018, DRV/c/FTC/TAF (Symtuza[®]) became the first PI-based STR approved for HIV-1 treatment among treatment-naïve patients and virologically suppressed adults stable on ART for ≥ 6 months.¹⁴

While factors such as race, gender, and social determinants of health play an important role in adherence to ART,^{15–18} studies show that STRs confer benefits with regards to adherence^{5,19–27} and persistence^{25,28–30} compared to MTRs. However, whether DRV/c/FTC/TAF STR improves adherence and persistence compared to the 2-pill MTR formulation with the same components (ie DRV/c+FTC/TAF) remains to be assessed in a real-world setting. Therefore, this study aimed to describe the characteristics and treatment patterns, including adherence and persistence, of patients in the US insured through

multiple payer channels and initiated on DRV/c-based STR or MTR, as well as identify predictors of adherence in these patients.

Materials and Methods

Data Source

The Decision Resources Group's (DRG) Real World Data Repository (7/17/2017–6/1/2019) was used for this study. The database is made up of open source claims data from multiple electronic data interchanges and electronic medical records (EMR) data from a major EMR vendor in the US. DRG's Real World Data Repository, which includes patients from all states in the US (including beneficiaries of the Acquired Immunodeficiency Syndrome Drug Assistance Program), is broadly representative of the entire US population. Of note, reasons for ART discontinuation are not available in the database. Data are de-identified and comply with the patient requirements of the Health Insurance Portability and Accountability Act (HIPAA). As this was an analysis of claims data, Institutional Review Board (IRB) approval was not required. Per Title 45 of the Code of Federal Regulations (CFR), Part 46.101(b)(4),³¹ the administrative claims data analysis of this study is exempt from the IRB review for two reasons: (1) it is a retrospective analysis of existing data (hence no patient intervention or interaction), (2) no patient-identifiable information is included in the claims dataset.

Study Design

A retrospective longitudinal study design was used (Figure 1). The index date was the date of initiation of DRV/c/FTC/TAF or DRV/c+FTC/TAF on or after 7/17/2018. Priority was given to DRV/c/FTC/TAF followed by DRV/c+FTC/TAF when identifying the index date. For DRV/c+FTC/TAF, the index date was anchored at the date of the first claim for DRV/c, and FTC/TAF had to be claimed within ± 14 days of the index date. The pre-index period was the 12-month period of continuous clinical activity before the index date. The post-index period spanned from the index date until the earliest among end of continuous clinical activity or end of data availability. Continuous clinical activity was defined as a consecutive period of time where patients had ≥ 1 claim in each 3-month interval. Since an intent-to-treat approach was used, patients could switch to another ART regimen during the post-index period.

Study Population

Patients were included if they had ≥ 1 claim for DRV on or after 7/17/2018, used DRV as part of an ART regimen with

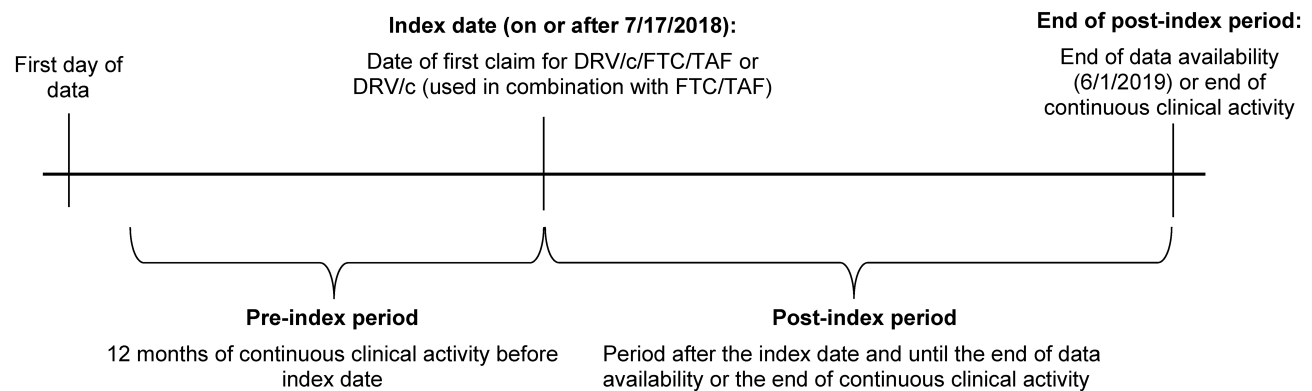


Figure 1 Study design scheme.

Abbreviations: c, cobicistat; DRV, darunavir; FTC, emtricitabine; TAF, tenofovir alafenamide.

c, FTC, and TAF (either DRV/c/FTC/TAF or DRV/c+FTC/TAF), had ≥ 12 months of continuous clinical activity pre-index, ≥ 1 claim with a diagnosis for HIV-1 on or before the index date, and were ≥ 18 years old on the index date. Patients were considered treatment-naïve if they had no claim for ART during the pre-index period, while ART switchers had ≥ 1 claim for ART during the pre-index period. Patients were excluded if they had history of ART and were not virologically suppressed during the 6-month period pre-index (ie ≥ 1 viral load test result ≥ 50 copies/mL during the 6-month period pre-index; viral load test results were obtained from EMR data), or had ≥ 1 claim with a diagnosis for HIV-2, liver disease, chronic renal insufficiency, pregnancy, or cancer during the 12-month pre-index period.

Study Measures

Demographic and clinical characteristics were described during the 12-month pre-index period. Treatment patterns were evaluated pre-index and over the post-index period (including switch to another ART). Among patients with ≥ 6 months of continuous clinical activity post-index, persistence to the index regimen was evaluated during the first 6 months post-index using the proportion of patients with no gap >60 and >90 days in index regimen coverage. For patients initiated on DRV/c+FTC/TAF, both DRV/c and FTC/TAF had to be taken to be considered persistent. If one of the medications from the regimen was missing, the patient was considered to have a gap in treatment. If one of the medications from the regimen was missing for >60 or >90 days, the patient was considered non-persistent.

Among patients with ≥ 6 months of continuous clinical activity post-index and ≥ 1 ART claim during the 6 months pre- and post-index, adherence to the index regimen

during the 6 months post-index and adherence to any ART during the 6 months pre- and post-index were evaluated. Adherence to the index regimen was measured using PDC, defined as the sum of non-overlapping days of supply for the index regimen divided by 6 months. The following PDC thresholds were reported: PDC $<80\%$ (non-adherence), PDC $\geq 80\%$ and $<95\%$ (suboptimal adherence), PDC $\geq 95\%$ (optimal adherence). Additionally, given the recent change in the recommended adherence threshold,¹⁰ PDC $\geq 90\%$ was also reported. For DRV/c+FTC/TAF, PDC by the index regimen was defined as the sum of non-overlapping days during which patients had a simultaneous supply of DRV/c and FTC/TAF.³²

Statistical Analysis

Pre-index demographic and clinical characteristics as well as treatment patterns (including adherence and persistence) were descriptively evaluated using means, standard deviations (SDs), and medians for continuous variables, and frequencies and proportions for categorical variables. A multivariable logistic regression model was used to evaluate pre-index predictors of low adherence to the index regimen, defined as PDC for the index regimen $<80\%$ at 6 months. Results were reported as odds ratios (ORs) with 95% confidence intervals and p-values.

Results

Among 846,574 patients with ≥ 1 claim with an HIV-1 diagnosis, 2633 were included in the study. A total of 308 (12%) patients were treatment-naïve pre-index and 2325 (88%) switched from a previous ART (Figure 2). At the index date, 2218 (84%) and 415 (16%) patients initiated DRV/c/FTC/TAF and DRV/c+FTC/TAF, respectively.

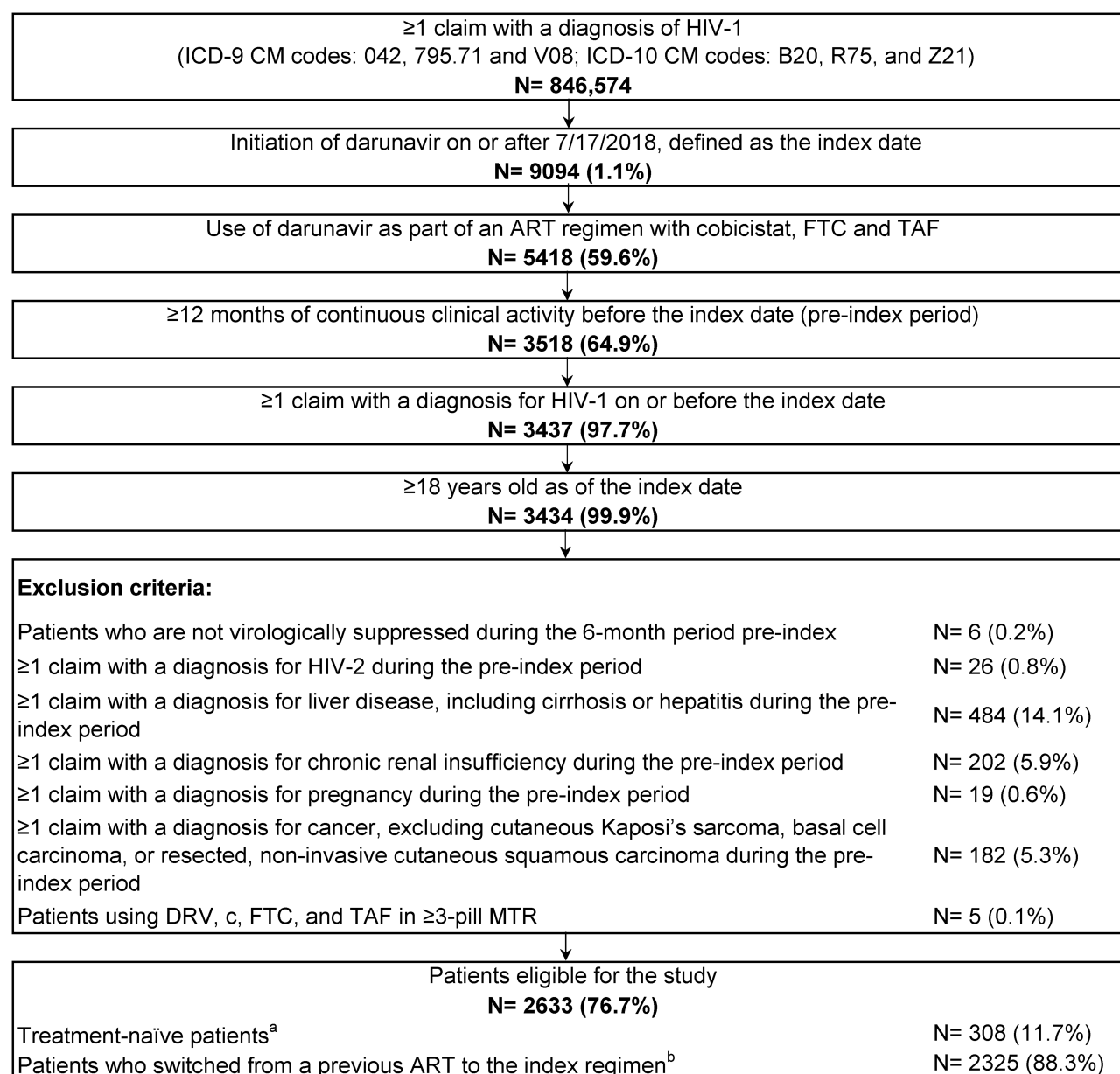


Figure 2 Identification of the study population.

Notes: ^aPatients with no claims for an antiretroviral prior to the index date. ^bPatients with ≥1 claim for an antiretroviral prior to the index date.

Abbreviations: ART, antiretroviral therapy; c, cobicistat; DRV, darunavir; FTC, emtricitabine; HIV, human immunodeficiency virus; ICD-9 CM/ICD-10 CM, International Classification of Disease, Ninth/Tenth Revision, Clinical Modification; MTR, multiple-tablet regimen; TAF, tenofovir alafenamide.

Overall, patients were observed for an average of 148 days (SD=85) post-index.

Pre-Index Characteristics

During the 12-month pre-index period, mean age was 49.5 years and 29% were female (Table 1). Among 795 (30%) patients with EMR data, 37% were African American/Black; 60% commercially insured, 20% covered by Medicare, and 16% covered by Medicaid. The 5 states with the highest proportions of patients were New York

(19%), Florida (13%), Texas (8%), California (8%), and Michigan (6%). The mean time from first HIV diagnosis to index date was 53.6 months among patients with available information on HIV disease onset (N=196 [7%]). The mean Quan-Charlson comorbidity index (CCI) score³³ (excluding HIV symptoms) was 0.5. Hypertension (30%), substance-related and addictive disorders (24%), depression (17%), chronic pulmonary disease (17%), and anxiety (13%) were commonly observed comorbidities. Characteristics were similar for patients initiated on DRV/

c/FTC/TAF (mean age: 49.7 years; 28.8% female; 36.9% African American/Black) and DRV/c+FTC/TAF (mean age: 48.5 years; 33.0% female; 38.3% African American/Black).

Treatment Patterns

During the pre-index period, 72% of the 2633 patients received a protease inhibitor (PI)-based regimen, including 64% who received a DRV-based regimen; 32% received an integrase strand transfer inhibitor (INSTI)-based regimen, 7% received a non-nucleoside reverse transcriptase inhibitor (NNRTI)-based regimen, and 57% had TAF as a component in their ART regimen (Figure 3). During the post-index period, 25% of patients switched to an INSTI-based regimen and 4% switched to an NNRTI-based regimen following the index regimen. The proportion of patients using STR during the pre-index period was 15%, and increased to 86% on or following the index date. The proportion of patients using MTR during the pre-index period was 69%, and decreased to 43% on or following the index date.

Persistence to Index ART

Among 1026 patients with ≥ 6 months of continuous clinical activity post-index, 78% had no gap in index regimen coverage for >60 days and 84% had no gap in index regimen coverage for >90 days (Figure 4A). Persistence was higher among DRV/c/FTC/TAF users than DRV/c+FTC/TAF users, as seen by the larger proportion of DRV/c/FTC/TAF users without coverage gaps >60 days (DRV/c/FTC/TAF=80% and DRV/c+FTC/TAF=69%) and >90 days (DRV/c/FTC/TAF=86% and DRV/c+FTC/TAF=75%).

Adherence to Index ART Regimen and to Any ARTs

Among 867 patients with ≥ 6 months of continuous clinical activity post-index and ≥ 1 ART claim during the 6 months pre- and post-index, 86% were initiated on DRV/c/FTC/TAF and 14% on DRV/c+FTC/TAF. Mean (median) PDC by index ART was 81% (93%) among DRV/c/FTC/TAF users and 73% (83%) among DRV/c+FTC/TAF users post-index. Non-adherence (ie PDC $<80\%$) was more common among DRV/c+FTC/TAF users (46%) than DRV/c/FTC/TAF users (28%; Figure 4B). Optimal adherence (ie PDC $\geq 95\%$) was more common among DRV/c/FTC/TAF users (46%) than DRV/c+FTC/TAF users (34%). Similarly, the proportion of

Table 1 Demographic and Clinical Characteristics in the 12-Month Pre-Index Period

Patient Characteristics	All Patients
	N= 2633
Age at index date (years), mean \pm SD [median]	49.5 \pm 11.8 [51.0]
Female, n (%)	775 (29.4)
Patients in EMR data, n (%)	795 (30.2)
Race, n (%)	
African American/Black	295 (37.1)
White	190 (23.9)
Hispanic	31 (3.9)
Other	6 (0.8)
Unknown	273 (34.3)
US geographic region ^a , n (%)	
South	1135 (43.1)
Florida	339 (12.9)
Texas	213 (8.1)
Northeast	666 (25.3)
New York	489 (18.6)
Midwest	388 (14.7)
Michigan	155 (5.9)
West	387 (14.7)
California	202 (7.7)
Unknown	57 (2.2)
Insurance plan/payer type ^a , n (%)	
Commercial plans	1574 (59.8)
Medicare	526 (20.0)
Medicaid	426 (16.2)
Other	68 (2.5)
Unknown	39 (1.5)
Year of index date, n (%)	
2018	1274 (48.4%)
2019	1359 (51.6%)
Patients with HIV disease onset information in EMR data, n (%)	196 (7.4)
Time (in months) between HIV disease onset and index date, mean \pm SD [median]	53.6 \pm 77.0 [28.2]
Comorbidities, n (%)	
Hypertension	778 (29.5)
Substance-related and addictive disorders	624 (23.7)
Depression	456 (17.3)
Chronic pulmonary disease	456 (17.3)
Drug abuse	370 (14.1)
Anxiety disorders	353 (13.4)
Obesity	315 (12.0)
Type II diabetes	301 (11.4)
Psychoses	293 (11.1)
Opportunistic infections	61 (2.3)

(Continued)

Table 1 (Continued).

Patient Characteristics	All Patients
	N= 2633
Quan-CCI, mean \pm SD [median]	4.7 \pm 3.1 [6.0]
Quan-CCI (excluding HIV symptoms), mean \pm SD [median]	0.5 \pm 1.0 [0.0]

Note: ^aEvaluated on the date closest to the index date.

Abbreviations: CCI, Charlson comorbidity index; EMR, electronic medical records; HIV, human immunodeficiency virus; SD, standard deviation; US, United States.

patients with PDC \geq 90% was higher among DRV/c/FTC/TAF users (58%) than DRV/c+FTC/TAF users (45%).

Among the 867 patients identified for the evaluation of PDC, mean (median) PDC by any ART increased from 77% (86%) during the 6-month pre-index period to 89% (97%) during the 6-month post-index period, with most of the observed PDC post-index being associated with the use of the index regimen (ie DRV/c/FTC/TAF or DRV/c+FTC/TAF; mean [median] PDC by index ART=80% [93%]). The proportion of patients with a PDC <80% by any ART decreased from 36% during the 6-month pre-index period to 17% during the 6-month post-index period, the proportion of patients with

a PDC \geq 80% and <95% decreased from 43% to 26%, and the proportion of patients with a PDC \geq 95% increased from 21% to 57%. Similarly, the proportion of patients with PDC \geq 90% increased from 38% pre-index to 69% post-index.

Predictors of Low Adherence

The odds of non-adherence were significantly higher among patients aged 18–34 years (adjusted OR=2.36, $p=0.017$), patients residing in the Northeast region (adjusted OR=1.98, $p<0.001$), patients with a higher Quan-CCI (adjusted OR=1.32, $p=0.012$), patients initiated on an MTR at the index date (adjusted OR=1.69, $p=0.022$), and patients with a PDC to any ART <80% during the 6 months pre-index (adjusted OR=2.56, $p<0.001$; [Figure 5](#)).

Discussion

This study is the first to assess real-world persistence and adherence associated with DRV/c/FTC/TAF or DRV/c+FTC/TAF. Included patients represented a diverse population (ie 37% African American/Black, 29% females, 16% Medicaid) with various comorbidities. The majority of patients used DRV/c/FTC/TAF and had previously received

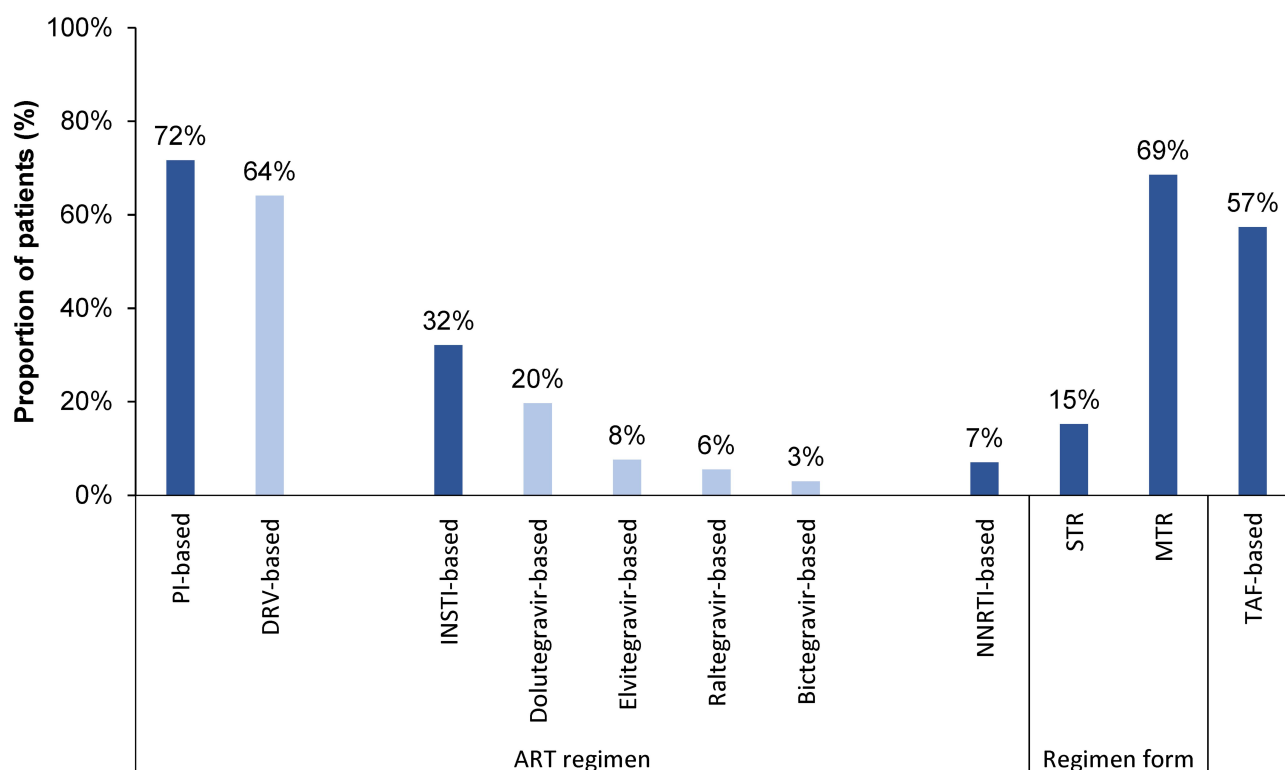
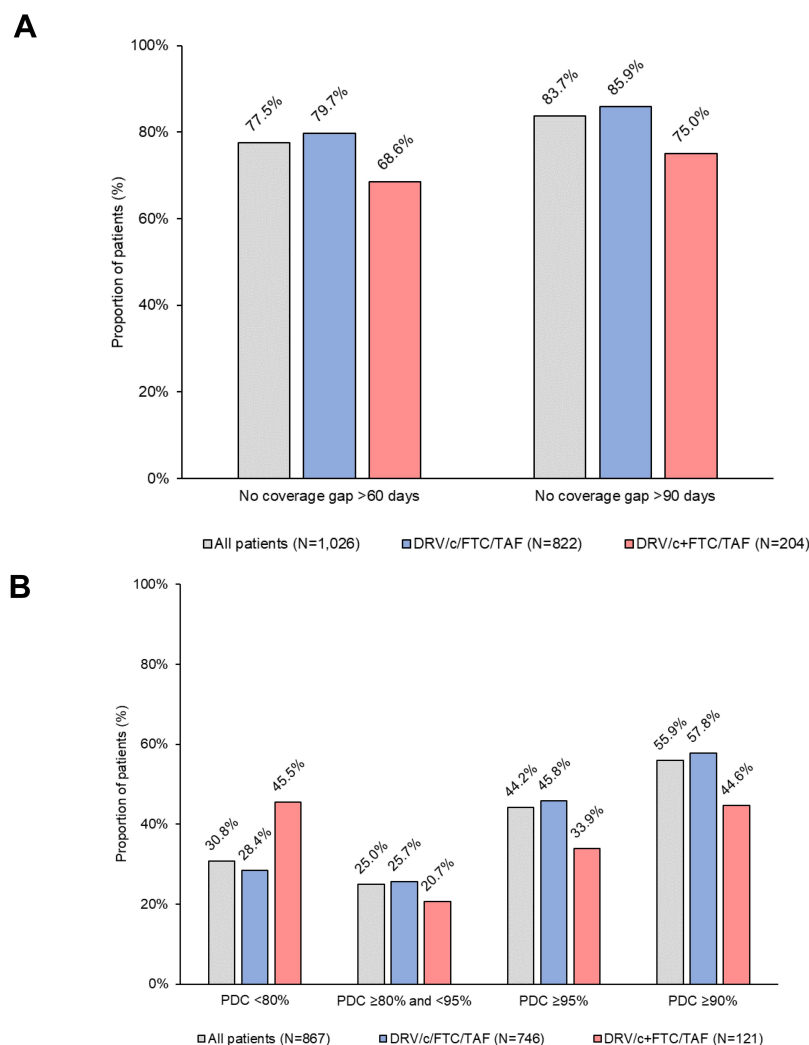


Figure 3 ART regimens received during the 12-month pre-index period.

Abbreviations: ART, antiretroviral therapy; DRV, darunavir; INSTI, integrase strand transfer inhibitor; MTR, multiple-tablet regimen; NNRTI, non-nucleoside reverse transcriptase inhibitor; PI, protease inhibitor; STR, single-tablet regimen; TAF, tenofovir alafenamide.



	All patients	DRV/c/FTC/TAF	DRV/c+FTC/TAF
PDC by index ART, % , mean ± SD [median]	80 ± 26 [93]	81 ± 26 [93]	73 ± 29 [83]

Figure 4 (A) Persistence and **(B)** adherence to the index ART regimen during the first 6 months post-index.

Abbreviations: ART, antiretroviral therapy; c, cobicistat; DRV, darunavir; FTC, emtricitabine; PDC, proportion of days covered; SD, standard deviation; TAF, tenofovir alafenamide.

another ART. On average, patients initiated treatment 53.6 months (4.5 years) after their first HIV diagnosis.

Patients using STR had higher persistence and adherence to the index regimen than those using MTR, consistent with prior studies.^{25,28–30} Regardless of the drug formulation, persistence rates remained high 6 months after the index date, corroborating adherence results for treatment-naïve patients rapidly initiated on DRV/c/FTC/TAF in the DIAMOND study, where mean (median) adherence as measured by pill count was 95% (99%) over a 48-week study period.³⁴ Post-index, a higher proportion of patients achieved PDC≥95% or PDC≥90% with

DRV/c/FTC/TAF than with DRV/c+FTC/TAF, consistent with previous literature showing that adherence is higher with STRs than MTRs,^{5,19–27,30,35} even when the components of the regimens are the same, as is the case in the current study (2-pill MTR versus STR). Additionally, >50% of patients achieved PDC to any ART ≥95%, higher than the 14–20% who achieved this threshold in a previous study.⁵ Given the known association between optimal adherence and lower rates of drug resistance and virologic failure⁷, the results of this study suggest that DRV/c/FTC/TAF may help decrease these risks.^{11,12} The proportion of patients achieving PDC to any ART ≥95% at 6 months

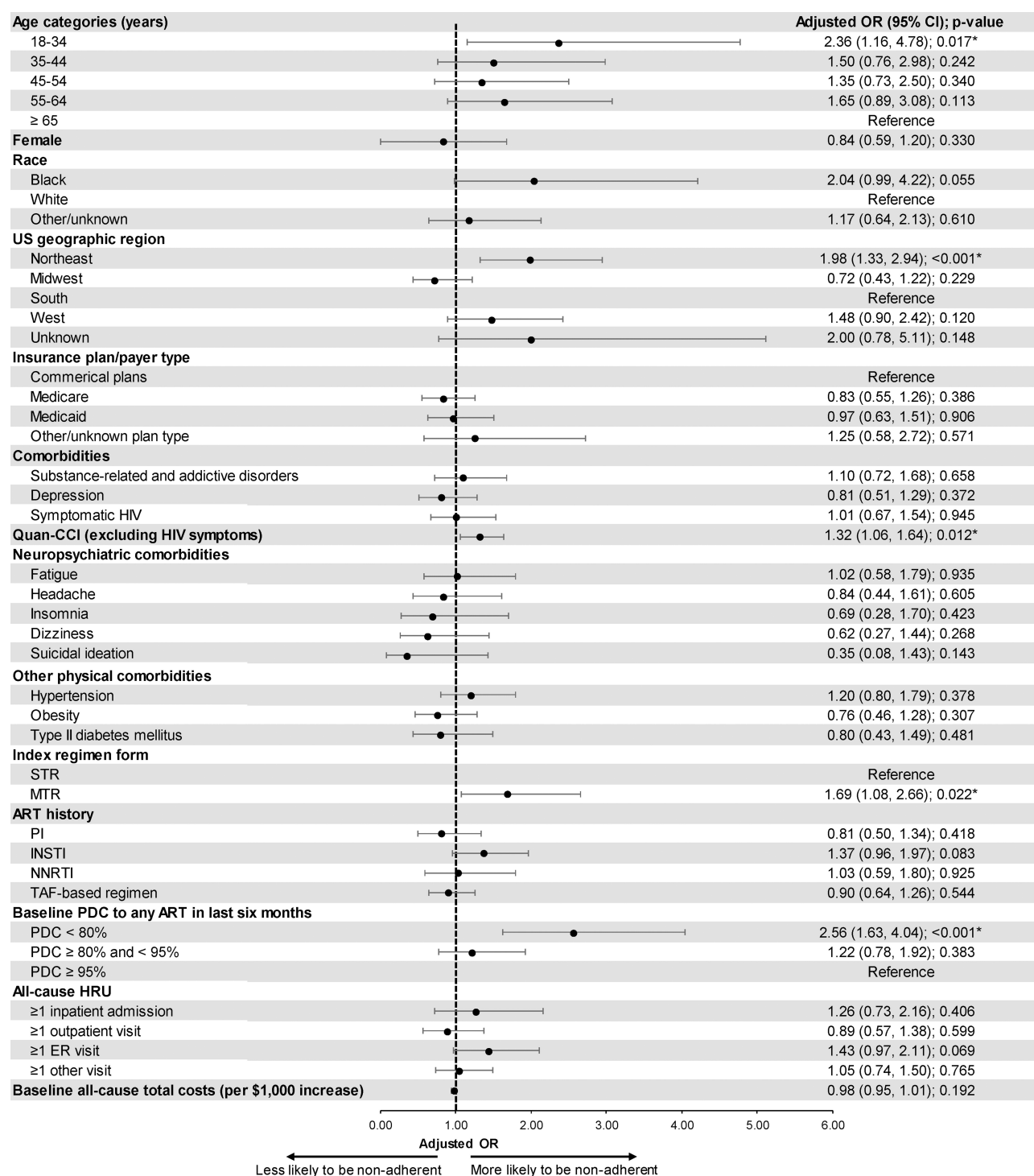


Figure 5 Predictors of low adherence.

Abbreviations: ART, antiretroviral therapy; CI, confidence interval; ER, emergency room; HIV, human immunodeficiency virus; HRU, healthcare resource utilization; INSTI, integrase strand transfer inhibitor; MTR, multiple-tablet regimen; NNRTI, non-nucleoside reverse transcriptase inhibitor; OR, odds ratio; PDC, proportion of days covered; PI, protease inhibitor; CCI, Charlson comorbidity index; STR, single-tablet regimen; TAF, tenofovir alafenamide; US, United States.

substantially increased from pre- to post-index (21% vs 57%). While many demographic factors may impact adherence, evidence from prior published work suggests that one challenge that may prevent a higher proportion of

patients from reaching PDC≥95% is weight gain, which has been associated with some ART regimens such as INSTIs^{36–39} (in the current study, 32% of patients previously received an INSTI-based ART regimen). Weight

gain has been shown to further compound non-adherence issues⁴⁰ and lead to an increased risk of diabetes and cardiovascular disease.⁴¹

Predictors of non-adherence were aligned with previous literature. Younger patients aged 18–34 years were more likely to be non-adherent to their index ART regimen than older patients, similar to a previous study.¹⁶ African American/Black patients were also associated with a strong – though borderline statistically non-significant – increase in the odds of non-adherence compared with White patients (OR=2.04, $p=0.055$). This result validates a previous study in which race was associated with a near-significant difference in self-reported adherence to ART ($p=0.0558$),¹⁵ and another which reported the odds of 100% medication adherence were 40% lower among African Americans/Black patients compared to White patients.¹⁷ Furthermore, the observation that patients with a higher Quan-CCI had higher odds of non-adherence is consistent with a previous study showing that the use of medications for other comorbidities in addition to ART was a predictor of ART non-adherence.⁴² Together, our data suggest that greater consideration for STRs should be placed among the younger, non-White patients (representing the majority of new HIV diagnoses in the US)⁴³ who have multiple comorbidities. The multivariable analysis also confirmed that receiving DRV/c+FTC/TAF was associated with significantly higher odds of non-adherence than receiving DRV/c/FTC/TAF. Other factors that could potentially impact adherence and persistence to ART but could not be assessed in this claims database are social and behavioral traits.

This study is subject to certain limitations. First, it was descriptive in nature and did not adjust for potential differences in characteristics between patients initiated on DRV/c/FTC/TAF or DRV/c+FTC/TAF. Indeed, some differences may exist between the two patient groups which could influence their adherence and persistence to ART. Second, DRG is a provider-based data source that does not capture the services patients received from a provider that is outside of the network. However, even if patients change providers to obtain different medications, they tend to obtain all claims for the same medication through a single provider. Third, as with all claims data sources, DRG's Real World Data Repository may contain inaccuracies or omissions in diagnoses, billing, and other variables. Fourth, since the study was conducted on US patients, the results may not be generalizable to patients in other countries as there may be differences in patient characteristics, treatment practices, and healthcare

systems. Finally, ART claims are assumed to indicate their use; however, patients may not adhere to the treatment regimen as prescribed.

Conclusion

In the current study, >85% of patients were treatment-experienced and switched from a previous ART. Adherence to any ART increased following the initiation of DRV/c/FTC/TAF or DRV/c+FTC/TAF and 6-month persistence and adherence were higher for the STR DRV/c/FTC/TAF than for the 2-pill MTR DRV/c+FTC/TAF. Predictors of low adherence included younger age, higher Quan-CCI, initiation of an MTR regimen on the index date, and low adherence to previous ART regimens. Further research with longer follow-up period is needed to confirm persistence and adherence trends over time.

Abbreviations

ART, antiretroviral therapy; c, cobicistat; CCI, Charlson comorbidity index; CFR, Code of Federal Regulations; CI, confidence interval; DHHS, US Department of Health and Human Services; DRG, Decision Resources Group; DRV, darunavir; EMR, electronic medical record; ER, emergency room; FTC, emtricitabine; HIPAA, Health Insurance Portability and Accountability Act; HIV, human immunodeficiency virus; HRU, healthcare resource utilization; ICD-9 CM, International Classification of Diseases, 9th Revision, Clinical Modification; ICD-10 CM, International Classification of Diseases, 10th Revision, Clinical Modification; INSTI, integrase strand transfer inhibitor; IRB, Institutional Review Board; MTR, multi-tablet regimen; NNRTI, non-nucleoside reverse transcriptase inhibitors; OR, odds ratio; PDC, proportion of days covered; PI, protease inhibitor; SD, standard deviation; STR, single-tablet regimen; TAF, tenofovir alafenamide; US, United States.

Data Sharing Statement

The data that support the findings of this study are available from DRG but restrictions apply to the availability of these data, which were used pursuant to a data use agreement. The data are available through requests made directly to DRG, subject to DRG's requirements for data access.

Ethics Approval and Informed Consent

Data are de-identified and comply with the patient requirements of the HIPAA. As this was an analysis of claims data,

IRB approval was not required. Per Title 45 of the CFR, Part 46.101(b)(4),³¹ the administrative claims data analysis of this study is exempt from the IRB review for two reasons: (1) it is a retrospective analysis of existing data (hence no patient intervention or interaction), (2) no patient-identifiable information is included in the claims dataset.

Consent for Publication

All authors confirm that the contents of this manuscript can be published.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

Dr Wing Chow is an employee of Janssen Scientific Affairs, LLC, during the conduct of the study; and owns stocks/shares at Johnson & Johnson, outside the submitted work. Ms Prina Donga is an employee of Janssen Scientific Affairs, LLC. Ms Aurélie Côté-Sergent is an employee of Analysis Group, Inc., a consulting company that has provided paid consulting services to Janssen Scientific Affairs, LLC, which funded the development and conduct of this study and manuscript. Dr Carmine Rossi is an employee of Analysis Group, Inc., a consulting company that has provided paid consulting services to Janssen Scientific Affairs, LLC, which funded the

development and conduct of this study and manuscript. Mr Patrick Lefebvre is an employee of Analysis Group, Inc., a consulting company that has provided paid consulting services to Janssen Scientific Affairs, LLC, which funded the development and conduct of this study and manuscript, and funded additional HIV researches in the past 36 months. Ms Marie-Hélène Lafeuille is an employee of Analysis Group, Inc., a consulting company, that has provided paid consulting services to Janssen Scientific Affairs, LLC to conduct this study; and has provided paid consulting services to Pharmacyclics and GlaxoSmithKline, outside the submitted work. Dr Hélène Hardy is an employee of Johnson and Johnson. Mr Bruno Emond is an employee of Analysis Group, Inc., a consulting company that has provided paid consulting services to Janssen Affairs, LLC, which funded the development and conduct of this study and manuscript. The authors report no other conflicts of interest in this work.

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