

# Acute Management of Intraperitoneal Extravasation of Total Parenteral Nutrition (TPN) in a Very Preterm Infant: Case Report and Literature Review

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**Purpose:** Use of umbilical catheters is standard practice in neonatal intensive care units due to ease of insertion and provision of longer-term vascular access. Complications of umbilical venous catheters, including extravasation of total parenteral nutrition (TPN) fluid, are rare but when they occur have high mortality and morbidity. Umbilical venous catheters tend to migrate over time, and their position may change, so a high index of suspicion should be maintained. Our aim was to describe a case with extravasation of parenteral nutrition fluid and review the medical literature.

**Patients and Methods:** Case report.

**Results:** The infant was born at 28 weeks' gestation (1510 g). On day 6 he presented with nonspecific abdominal distension, hypotension, respiratory deterioration, metabolic acidosis and was critically ill. Radiological and ultrasound findings were consistent with TPN ascites due to a malpositioned umbilical venous catheter. Bedside paracentesis without laparotomy was carried out. Despite a stormy course, the infant recovered and the liver injury with conjugated hyperbilirubinemia improved over a period of several months.

**Conclusion:** Emergency bedside ultrasound and paracentesis with catheter removal may be lifesaving and avoid laparotomy in an already critically unwell preterm infant.

**Keywords:** total parenteral nutrition, extravasation, ascites, preterm infant umbilical venous catheter, medical management

## Introduction

Siting umbilical venous and arterial catheters is common practice in neonatal intensive care units since 1947.<sup>1</sup> A correctly placed umbilical venous catheter (UVC) is a convenient way to secure central venous access and has several advantages when compared with peripheral venous cannulation. UVCs enable use of higher osmolality fluid eg total parenteral nutrition (TPN), safe administration of medications such as inotropes and eliminate the stress and pain associated with repeated peripheral venous puncture.<sup>2</sup> Although it is a relatively easy-to-perform procedure, prior experience with UVC placement shows that ideal catheter tip position (upper border of T8 to lower border of T9 vertebral body) is not achieved in approximately 31.9% of cases.<sup>3</sup> Unfortunately, these central vein catheterisations are also associated with a number of complications. These include blood-borne catheter-related infection, blood loss during catheterisation or catheter detachment, air embolism, catheter tip migration, thromboembolic complications, cardiac tamponade, disorders of cardiac rhythm and pericardial or pleural effusion.<sup>4-9</sup> Although

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thought to be uncommon, complications such as air in the portal system (20%), portal venous thrombosis (6%) and hepatic lesions (7%) have been noted on ultrasound.<sup>8</sup> Improper position of UVCs can allow leakage of hyperosmolar parenteral nutrition into the liver tissue, with significant damage to the liver parenchyma, hepatic necrosis and ascites.<sup>4-6,10</sup> Proper positioning of umbilical venous catheters to avoid the above-mentioned catheter-associated complications is paramount. Point-of-care ultrasonography (POCUS) is useful and precise in locating the catheter tip in relation to the portal venous system, inferior vena cava (IVC) and heart when position on the radiograph is uncertain. In a prospective study of 65 extremely low-birthweight infants, only 38% of catheter tips were in optimal position when its position was re-confirmed by POCUS, with catheter migration reported in up to 50% during the first week of life.<sup>3,11</sup> Active surveillance of catheter tip position, by either radiograph or preferably POCUS when expertise exists, is vital to prevent (or aid in early identification of) UVC extravasations.<sup>3</sup> This was highlighted in a recent study where a 4-day-old, 24-week gestational neonate developed isolated ascites. POCUS revealed a malpositioned UVC, the removal of which resulted in prompt resolution of symptoms and hence prevention of any complications.<sup>12</sup>

## Materials and Methods

### Case Presentation

#### Patient Information

A male infant was delivered vaginally at home following spontaneous preterm labour at 28 weeks and 6 days weighing 1510 g. The pregnancy was complicated by gestational diabetes mellitus. The infant was assigned Apgar scores of 9 and 9 at 1 and 5 min of age based on the history following an unattended home birth. He was admitted to the neonatal unit at 1 hour of age following ambulance transfer; pulse oximeter saturations were 99% and core temperature 35.9°C. Due to respiratory distress, nasal continuous positive airway pressure (CPAP) at 7 cm H<sub>2</sub>O via Hudson prongs (Teleflex Medical, Wellington, New Zealand) was commenced with room air. He also received caffeine, probiotics and a short course of antibiotics in line with unit guidelines.

A double lumen UVC (Argyle 5Fr, Covidien Auckland, New Zealand) was inserted with the tip just below the diaphragm at the level of T9 thoracic vertebra and the position accepted after discussion with radiology

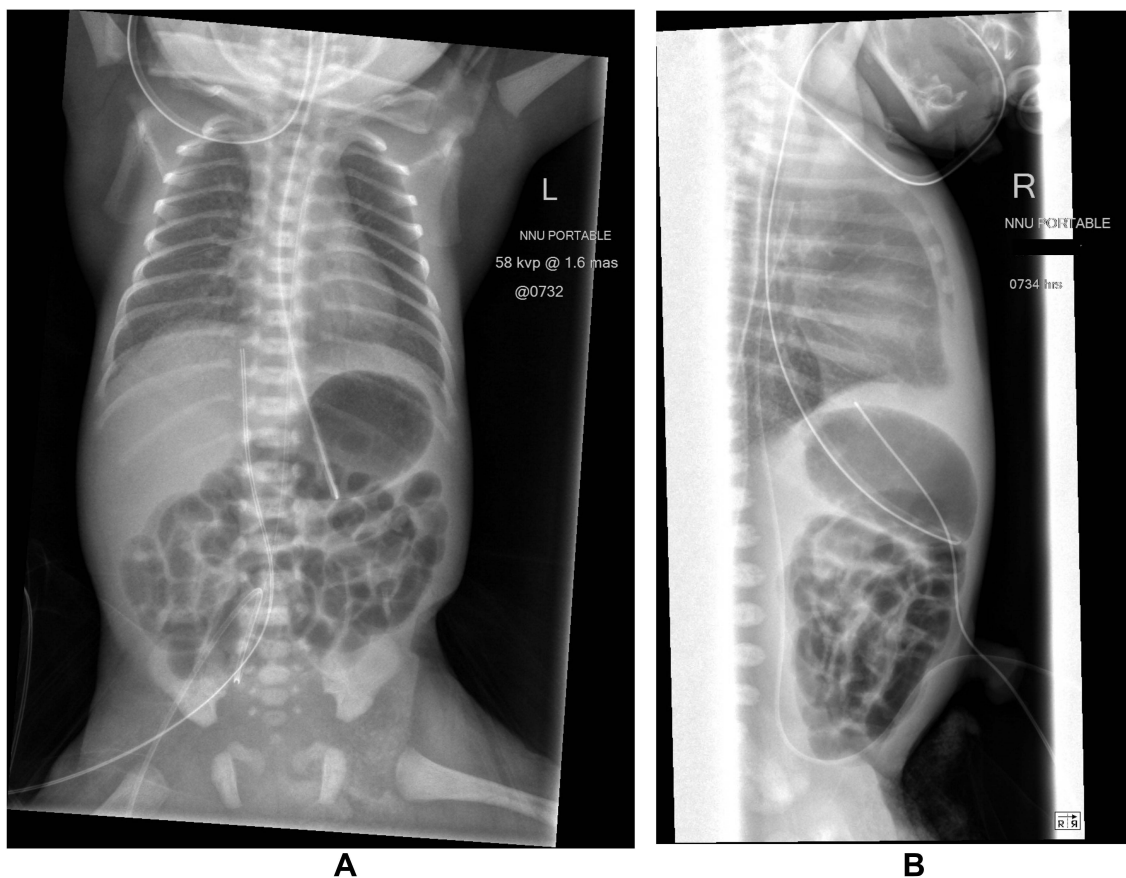
(Figure 1). Standard TPN solution together with Vitalipid (Biomed, Auckland, New Zealand) was commenced and graded up to 160 mL/kg/d with 3 g intravenous lipid. Enteral feeds (expressed breast milk) were commenced on day 2 and graded up to 48 mL/kg/d by day 7 and TPN reduced accordingly.

#### Clinical Findings, Diagnostic Testing and Assessment

On day 6 the infant deteriorated when he developed respiratory distress and desaturation events requiring recommencement of CPAP therapy (which had ceased the previous day). He clinically deteriorated further over the next 4–6 hours, developing worsening pallor, hypotension (blood pressure 26/12 mmHg, mean 20 mmHg), marked abdominal distention, metabolic acidosis (pH 7.07, PaCO<sub>2</sub> 6.6 kPa, base excess -17), hyperglycaemia (23.2 mmol/L) and hyponatraemia (124 mmol/L). Feeds were stopped and abdominal X-rays ordered. The differential diagnoses at this time included necrotising enterocolitis, sepsis or other acute surgical abdomen such as volvulus. The X-rays showed a picture consistent with fluid in the abdominal cavity, with abdominal distension and a paucity of bowel gas and the catheter tip in the hepatic shadow (Figure 2). Point-of-care abdominal ultrasound confirmed the presence of abdominal fluid, the overall picture being consistent with TPN extravasation/ascites.

#### Intervention

Due to the critical condition of the patient and the fact that paediatric surgical support is not available on site, emergency bedside treatment was performed. The UVC was removed and an ascitic tap performed in the right iliac fossa using a size 17 cannula following infiltration with local anaesthetic; 105 mL of salmon pink coloured fluid was removed, with marked reduction of abdominal distention. Antibiotics were commenced, and aggressive resuscitation was required including elective intubation, mechanical ventilation and cardiovascular support. An adrenaline bolus was given for hypotension followed by fluid boluses, adrenaline and dopamine infusions and a red blood cell transfusion (15 mL/kg; haemoglobin 108 g/L). Coagulation screen revealed a normal activated partial thromboplastin time, prothrombin ratio 1.7 and normal fibrinogen level. Blood pressure, blood gases and urine output improved with these measures. Inotropes were gradually weaned over the next 48 hours and the infant extubated to CPAP. The peritoneal aspirate had a glucose



**Figure 1 (A and B)** Anteroposterior and lateral films showing initial umbilical venous catheter positioning at the level of 9th thoracic vertebra. The position of the umbilical arterial line was adjusted.

concentration of 56 mmol/L with protein <10 g/L, red blood cells  $53 \times 10^9/L$  and white blood cells  $2.1 \times 10^9/L$ .

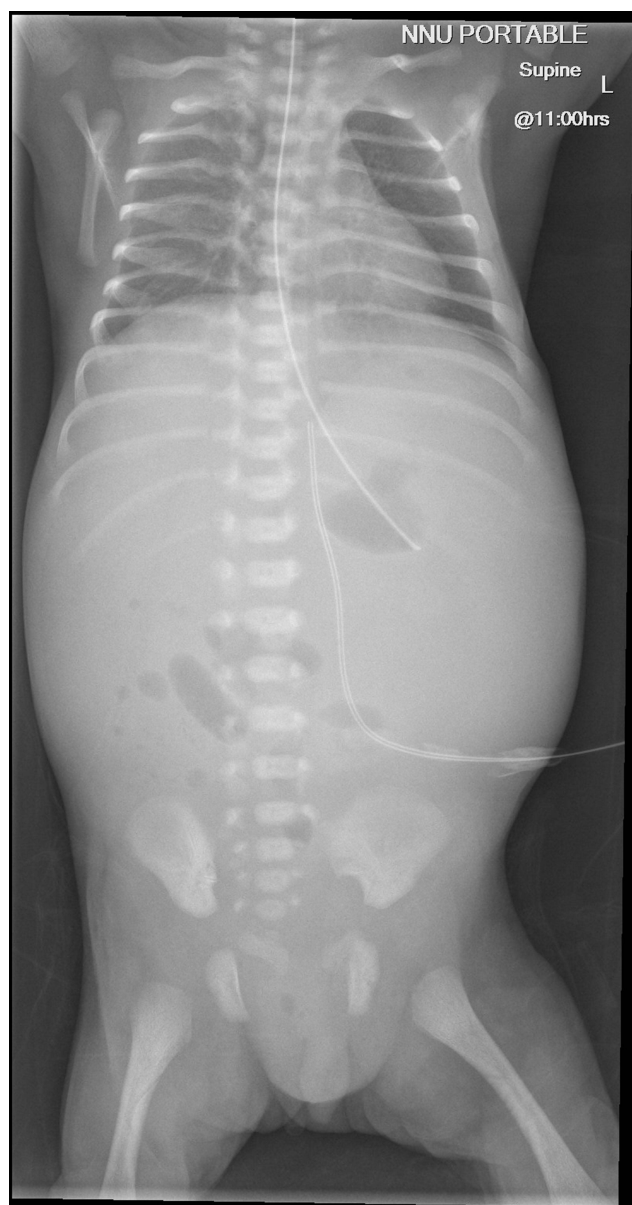
### Follow-Up and Outcomes

Subsequent abdominal ultrasound showed a complex fluid collection centred in the right lobe of the liver ( $3 \times 4 \times 4$  cm) with a hyperechoic avascular rim, the latter probably reflecting liver parenchymal injury (Figure 3). Both kidneys had isoechoic material within the renal pelves associated with minor distention, suspicious for haemorrhage. The liver function tests showed a modest rise in aspartate aminotransferase (AST) levels to 512 U/L, but this resolved within 4 days; there was, likewise a mild transient rise in alanine aminotransferase (ALT) and gamma glutamyl transpeptidase (gamma GT) levels. A conjugated hyperbilirubinemia developed, with a maximum level at 5 weeks after the acute event of 90  $\mu\text{mol/L}$  and total bilirubin level of 109  $\mu\text{mol/L}$ . By 3 months, the bilirubin levels were normal. Serial ultrasounds showed resolution of the intrahepatic collection apart from a small, irregular, avascular area of increased echogenicity in the right lobe

(Figure 3). Renal ultrasound a month after the initial scan was normal, although a small pocket of residual intra-abdominal free fluid remained.

### Discussion

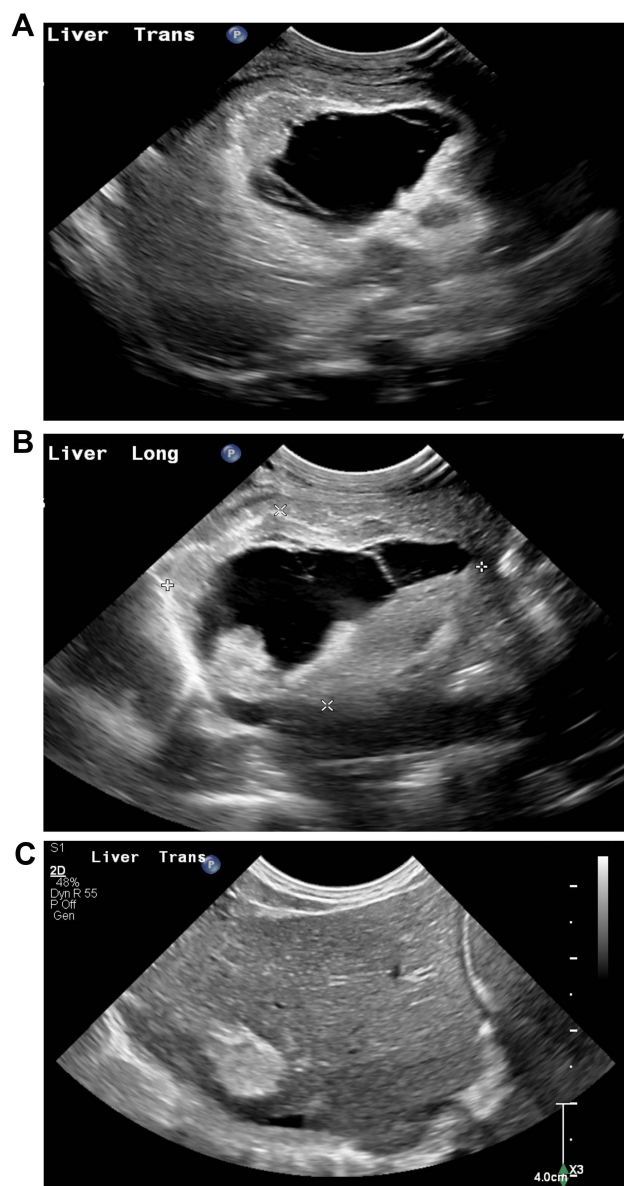
This very preterm infant suffered acute deterioration due to extravasation of TPN fluid into the liver followed by marked abdominal ascites. Whilst treatment may involve laparotomy for both diagnostic and therapeutic reasons,<sup>4,10</sup> urgent bedside treatment was required in this case. There have been a number of cases described where this has been successfully carried out,<sup>2,11</sup> and paracentesis could, therefore, be considered as a less invasive alternative to laparotomy where the diagnosis is likely. There is uncertainty as to removal of the UVC and whether there is an increased risk of bleeding. To our knowledge, there have been no reports of this occurring following bedside removal compared to removal at laparotomy. In one case series, all 4 infants improved following removal at the bedside.<sup>11</sup>



**Figure 2** Supine abdominal film showing distension and paucity of abdominal gas (note umbilical venous catheter is now malpositioned and between T9 and T10).

The insidious nature of the TPN accumulation is suggested by the fact that the volume of fluid removed would have been infused over 24 hours or more, although there was probably blood and exudate in the total.

The appropriate position of UVC is just above or at the level of the diaphragm (T7–T9) between the inferior vena cava and the right atrium after passage through the portal system and ductus venosus.<sup>7–10</sup> There is a concern of the UVC being positioned in the liver when it is below the diaphragm (T10 or below). The position, although borderline in this case (T9), was accepted following radiology opinion. Repeat abdominal films showed the tip had



**Figure 3** (A) Transverse liver scan showing cavitation and hyperechoic rim. (B) Longitudinal liver scan showing extent of lesion and septation (distance between the markers is 42 mm). (C) Transverse liver scan 2 months after the injury showing small residual area (approximately 1 cm in size) in right lobe of liver.

migrated to T11, but whether this occurred de novo or was due to the abdominal distension was unclear. Confirmation of UVC position is usually done radiographically with antero-posterior and lateral films. However, a recent study has shown that localisation of the UVC in preterm infants by X-ray is often imprecise and ultrasound is being increasingly used,<sup>11</sup> although this is not standard practice in many neonatal units.

As far as the nature of injury is concerned, the catheter tip can directly injure the vessel wall (mechanical micro-injury), leading to direct leakage of TPN fluid into the



peritoneum.<sup>13</sup> In addition to the mechanical microinjury, hyperosmolar TPN fluid can lead to portal phlebothrombosis and liver necrosis with TPN fluid leakage into necrotic foci, injured sinusoids and small subcapsular veins.<sup>2</sup> It is likely that fluid collects beneath the liver capsule and then leaks into the peritoneum and may cause a complicated ascites with septae and debris.<sup>14</sup> This mechanism of catheter malposition leading to vascular injury with subsequent extravasation and ascites has also been previously reported.<sup>2</sup> Although the hepatic lesion and biochemical anomalies resolved in this case, to date follow-up has been for 6 months, and this is a limitation of the report.

This case highlights the fact that catheter-related complications must be considered whenever there is acute abdominal distension with a UVC in place. Malposition has been recognised as the most common UVC-related complication and the most important risk factor for hepatic extravasation in literature.<sup>15</sup> Point-of-care ultrasonography is a valuable adjunct investigation to confirm UVC tip placement, especially when information from standard radiographs is uncertain. The clinical spectrum of extravasation injury varies widely from insidious ascites, unexplained change in biochemical parameters to rapid intravascular volume depletion, and potentially catastrophic renal failure.<sup>3</sup> Paracentesis with catheter removal and aggressive supportive therapy may be lifesaving and potentially avoid the need for laparotomy. Resolution of the liver injury was noted over a period of several months.

## Ethical Considerations

The child's parent has provided informed consent and written approval for publication of this case report. Institutional approval was not required to publish the case details.

## Disclosure

The authors have no conflicts of interest or financial disclosures to declare, and no funding was obtained for the report.

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