REVIEW

# Synthesis, Characterization, Functionalization and Bio-Applications of Hydroxyapatite Nanomaterials: An Overview

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**Abstract:** Hydroxyapatite (HA) is similar to natural bone regarding composition, and its structure favors in biomedical applications. Continuous research and progress on HA nanomaterials (HA-NMs) have explored novel fabrication approaches coupled with functionalization and characterization methods. These nanomaterials have a significant role in many biomedical areas like sustained drug and gene delivery, bioimaging, magnetic resonance, cell separation, and hyperthermia treatment due to their promising biocompatibility. This review highlighted the HA-NMs chemical composition, recent progress in synthesis methods, characterization and surface modification methods, ion-doping, and role in biomedical applications. HA-NMs have a substantial role as drug delivery vehicles, coating material, bone implant, coating, ceramic, and composite materials. Here, we try to summarize an overview of HA-NMs with the provision of future directions.

Keywords: hydroxyapatite nanomaterial, nanoparticle, calcium phosphate, drug delivery system, composite materials, biomimetic

# Introduction

Knowledge about the conformation and constitution of natural bone through macroscale to the nanoscale is currently expanding progressively.<sup>1</sup> Previously, the knowledge regarding bone composition and its utilization as a gadget was not explored. Microscopic methods noticeably enhanced bone research, particularly with collagen fibrils, the building blocks of bone.<sup>2,3</sup> The crystals of bones are the smallest crystals manufactured naturally with 2–4 nm width and a few nm long.<sup>4</sup> The composition of bone can be ordered in a pyramid fashion, like muscles, with hydroxyapatite (HA) crystals at the pyramid base. Different composition of bone is dependent upon the nature and location of bone in the body. Such compositional arrangement can be either layer-by-layer or lamellar. HA is organized so that c-axes of HA are aligned along the collagen fibril axes.<sup>5,6</sup> The hierarchical configuration of bone is presented in Figure 1.

HA is chemically defined as the calcium (Ca) apatite in mineral form, whereas apatite is a cluster of minerals having phosphate.<sup>7</sup> Different salts of calcium phosphate (CaP) are summarized in Table 1. Among several calcium phosphates, HA is the central complex that resembles chemically and conformationally with bone phosphate complexes. Moreover, hydroxyapatite nanomaterial (HA-NM) is a good carrier for the guided release of substances since it is the most stable calcium phosphate derivative.<sup>8</sup> The scientists observed different conditions relative to pH 6–14, temperature 60–140°C to determine their impact on the HA-NMs structure and shape.<sup>9</sup> Therefore, HA has various roles in pharmaceuticals, biomedicine, protein chromatography, water treatment, and fertilizers.<sup>10–12</sup> The characteristics of chemically synthesized HA-NMs are determined by the synthesis method used.<sup>13</sup> HA is extremely bio-compatible due to its chemical compatibility with biological mineralized bone and is widely used in a range of biomedical applications.<sup>14</sup>

HA-NM has great osteoconductive property,<sup>15</sup> and fused with the bone and causes no harmful action. In terms of temperature, pH, and intravascular fluid arrangement, HA-NM is a highly stable calcium phosphate ceramic material.<sup>16</sup> Bioactive and biocompatible properties of HA-NMs make it useful in the biomedical area. It is used mostly in bone tissue-

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#### **Graphical Abstract**





Figure I Hierarchical bone configuration at varying size scales. The cortical bone microstructure is made up of osteons with lamellae Haversian channels, while the structural units at the nanoscale are collagen threads having rolls of mineralized collagen fibrils.

regeneration, as reported by several researchers.<sup>17</sup> HA-NM is useful as an implanting substance as well as a coating material. It has also been used as a drug carrier and sustained drug release, which will assist in osteoblastic cell growth.<sup>18</sup> Because of its usefulness in biomedical applications, HA-NM is the topic of research in the field of biomedical research for many years.<sup>19</sup> HAP promotes stiffness in bones and teeth and correlates to the primary component.<sup>20</sup> HAP is useful in biological applications because of its physical and chemical similarities to natural enamel. It can be utilized to develop biomaterials based on nanoparticles and nanocomposites, as well as prosthetic bones and teeth.

The scope of this review is to summarize the synthesis strategies and biomedical applications of HA-NMs. Firstly, we discuss the chemical composition, different synthesis methods, and characterization tools for HA-NMs. We classified section two according to the techniques for the synthesis of hydroxyapatite nanomaterials. Secondly, the authors described the surface functionalization of HA-NMs followed by ion-doped HA-NMs. Finally, we detailed the biomedical

Name	Symbols	Chemical Formula	Ca/P Ratio	Ref.
Tetracalcium phosphate	ТТСР	Ca <sub>4</sub> (PO <sub>4</sub> ) <sub>2</sub> O	2.0	[141]
Hydroxyapatite	HA or HAp	Ca10(PO4)6(OH)2	1.67	[9,10]
Fluoroapatite	FA or FAp	Ca10(PO4)6F2	1.67	[23]
Oxyapatite	OA or OAp	Ca10(PO4)6O	1.67	[14]
Calcium deficient hydroxyapatite	CDHA	$Ca_{10}-x (HPO_4)x (PO_4)_6-x (OH)_2-x (0 < x < 1)$	1.5–1.67	[5]
$\beta$ -Tricalcium phosphate	β-ΤϹΡ	Ca <sub>3</sub> (PO <sub>4</sub> ) <sub>2</sub>	1.5	[36]
$\alpha$ -Tricalcium phosphate	α-TCP	Ca <sub>3</sub> (PO <sub>4</sub> ) <sub>2</sub>	1.5	[7]
Octacalcium phosphate	OCP	Ca <sub>8</sub> (HPO <sub>4</sub> ) <sub>2</sub> (PO <sub>4</sub> ) <sub>4</sub> .5H <sub>2</sub> O	1.33	[106]
Amorphous calcium phosphate	ACP	Ca <sub>x</sub> (PO <sub>4</sub> ) <sub>y</sub> .nH <sub>2</sub> O	1.2-2.2	[28]
Dicalcium phosphate anhydrous (Monetite)	DCPA	CaHPO <sub>4</sub>	1.0	[44]
Dicalcium phosphate dehydrate (Brushite)	DCPD	CaHPO <sub>4</sub> .2H <sub>2</sub> O	1.0	[32]
Monocalcium phosphate anhydrous	MCPA	$Ca(H_2PO_4)_2$	0.5	[93]
Monocalcium phosphate monohydrate	MCPM	Ca(H <sub>2</sub> PO <sub>4</sub> ).2H <sub>2</sub> O	0.5	[2]

Table I Different Salts of Calcium Phosphate

applications of HA-NMs depending on their use as a drug delivery carrier, coating material, composite material, and ceramic material.

# Chemical Constitution and Synthesis of HA Nanomaterials

HA is comprised of calcium and phosphates and is known to be a member of the apatite family. The unit cell formula and general formula of HA are  $Ca_{10}(PO_4)_6(OH)_2$  and  $Ca_5(PO_4)_3OH$ , respectively.<sup>21</sup> The order of calcium and phosphate in the unit cell is such that at M1 and M2 positions, four atoms of calcium are bounded by nine phosphate components, and six calcium atoms are bounded by six atoms of phosphate constituents, respectively. Figure 2 describes the



Figure 2 Hydroxyapatite crystal structure, (A) top view and (B) side view. Dashed lines represent one line.

crystallographic structure of hydroxyapatite.<sup>22–24</sup> Regardless of the original source, HA contains some impurities like hydroxyl ions (OH<sup>-</sup>), phosphite ions (PO<sub>3</sub><sup>3-</sup>), fluoride ions (F<sup>-</sup>), and chloride ions (Cl<sup>-</sup>). Chloride ions and phosphate ions can change the HA configuration, while hydroxyl ions and fluoride ions can boost the conformational toughness.<sup>25</sup>

There are numerous methods described for the synthesis of HA-NMs. HA magnitude and arrangement are critically important for their biomedical applications.<sup>26</sup> Several reports are available regarding the formation and magnitude of HA-NMs than its arrangement. Electrospinning (ES),<sup>27</sup> solid-state (SS),<sup>28,29</sup> chemical precipitation (CP),<sup>30</sup> electrospraying (ESp),<sup>31</sup> self-propagating combustion (SPC),<sup>32</sup> surfactant-assisted precipitation,<sup>33,34</sup> microwave irradiation (MI),<sup>35,36</sup> microemulsion (EMe),<sup>37</sup> flux cooling (FC),<sup>38</sup> and chemical vapor<sup>39</sup> are the methods which are known for the synthesis of HA-NMs. Different arrangements (Table 2) and chemical components<sup>40</sup> result from all these techniques. CP, sol-gel (SG), and hydrothermal are commonly used techniques; however, it is hard to get a high aspect ratio, precise stoichiometry, and high crystallinity. The conventional wet mechano-chemical technique accomplishes stoichiometry of the end product.<sup>41</sup> In these techniques, co-precipitation of Ca<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub> and Ca(OH)<sub>2</sub> is performed, followed by conformation purification by calcination at 1000–1200°C. If the stoichiometry of Ca/P is not controlled to 1.67, then the remaining phases like CaO and beta-tricalcium phosphate (TCP) are made at higher and lower values, respectively. Likewise, it is hard to regulate agglomeration, crystal growth, immediate nucleation, and coarsening during the precipitation phenomenon.<sup>42</sup> Numerous additives such as poly (acrylic acid),<sup>43</sup> cetyltrimethylammonium bromide,<sup>44</sup> allylamine hydrochloride<sup>45</sup> are applied to prepare the tailored size of the HA-NMs.

The solid-state technique has limited utility due to the long-time duration and requirement of high temperature. It permits the fabrication of different phases of CaP (alpha and beta-TCP). These phases result in adverse changes in the mechanical characteristics of HA, and hence the activity of HA becomes uncertain.<sup>46</sup> Another method to synthesize HA-NMs is the sol-gel method which has advantages over other methods due to low temperature (less than 400°C) and results in homogeneous nano-sized materials. The precursors in this method, ie, calcium nitrate tetrahydrate (Ca (NO<sub>3</sub>)<sub>2</sub>.4H<sub>2</sub>O) and phosphoric pentoxide (P<sub>2</sub>O<sub>5</sub>) are mixed, frozen, and calcinated at 400–700°C for 8 hr to increase the crystallinity of HA and to remove the impurities.<sup>47</sup> Quick precipitation technique is prioritized to manufacture uniform nanorods or nanoparticles. This method has supremacy over other methods because it prevents crystal growth as well as nucleation. However, the aging technique can also be utilized for the same purpose.<sup>48</sup> Besides this, it is hard to get HA-NMs with a high aspect ratio, correct stoichiometry, and sufficient crystallinity.

# Techniques for Preparation

The synthesis of HA-NMs is favored across a wide range of compositions, as evidenced by X-ray diffraction patterns that are similar to those of naturally occurring apatite, as seen in the phase diagram of the CaO-P<sub>2</sub>O<sub>5</sub>-H<sub>2</sub>O system. The gramme atom ratio, Ca/P, was discovered to be in the range of 1.5-2.0 because such a phase is proven to be stable over a vast area in the phase diagram. These findings make it easier to determine the best experimental settings for the creation of HA-NMs. In mildly acidic, neutral, and basic environments, HA-NM is clearly the most stable of the calcium

Method	Symbol	Synthesis Time	Temp (°C)	Size (µm)	Distribution	Shape	Crystallinity	Phase Purity	Cost	Ref.
Core-shell	CS	>24	60-120	> 0.01	Narrow	Diverse	Variable	Variable	Variable	[10,88]
Electrospinning	ES	> 24	-	10 x 30 nm	Variable	Fibers	High	Variable	Variable	[21]
Self-propagating combustion	SPC	< 24	170-500	> 0.45	Wide	Diverse	Variable	High	Low	[26]
Microemulsion	MEm	> 24	RT	>	Narrow	Needle like	Low	Variable	High	[27,31]
Microwave irradiation	МІ	< 24	-	100 x 25 nm	Narrow	Diverse	High	High	Variable	[29,30]
Flux cooling	FC	< 24	200	18 x 2.1 nm	Wide	Hexagonal cylinder	High	Variable	Variable	[32]
Chemical precipitation	CP	> 24	RT	> 0.1	Variable	Diverse	Low	Variable	Low	[34,35]
Hydrothermal	нт	< 24	150-400	> 0.05	Wide	Needle-like	High	High	High	[40]
Electro spraying	ESp	>	-	75 x 40 nm	Wide	Diverse	Variable	Variable	Low	[42]
Solid-state	SS	>	1150 ± 100	> 2	Wide	Diverse	High	Low	Low	[43]
Sol-gel	SG	>	37–85	> 0.001	Narrow	Diverse	Variable	Variable	Variable	[44]

 Table 2 Techniques for the Synthesis of Hydroxyapatite Nanomaterials and Their Features

phosphates.<sup>49</sup> As a result, it is formed by the hydrolysis of other calcium phosphates. Bassett<sup>50</sup> found that HA-NM precipitates from solutions of calcium oxide and phosphorus pentoxide at acceptable concentrations, which is consistent with the phase diagram's suggestion.

#### Wet Techniques

The procedures based on precipitation from aqueous solutions<sup>51</sup> are the most suitable for preparing significant quantities of apatite. Because of the ease of experimental processes, high yields, and cleanliness of the samples, a method proposed by Hayek and Stadlman<sup>52</sup> is commonly employed for this purpose. The approach is based on the equation below.

10 
$$Ca(NO_3)_2 + 6 (NH_4)_2 HPO_4 + 8 NH_4OH = Ca_{10}(PO_4)_6(OH)_2 + 6 H_2O + 20 NH_4NO_3$$

1600 mL of a solution containing 79 g diammonium hydrogen phosphate was dropped under continual stirring into 1200 mL of a solution containing 230 g calcium nitrate,  $Ca(NO_3)_2.4H_2O$ , which was also kept at the same pH. On the basis of the aforementioned equation, the amounts of reactants taken were meant to provide a yield of roughly 100 g of sample. Based on the dissociation constants of phosphoric acid,<sup>53</sup> it can be shown that at the pH maintained, only the orthophosphate ions are dominant, avoiding the expected problems caused by acid phosphate coprecipitation.

By heating the filtered product to around 250°F, the associated volatile ammonium salts were sublimed off. The researchers used this process to generate HA-NM samples for X-ray diffraction and spectrum analyses after making minor modifications. This process was expanded to the synthesis of a few other isomorphs of HA-NMs with appropriate modifications, the main alterations being the complexing of metal ions with acceptable ligands.<sup>54</sup> Narasaraju et al updated this process, with the most significant change being the substitution of ethylene diamine for ammonium hydroxide.<sup>55</sup>

Arnold et al<sup>56</sup> used a simultaneous addition of ammoniacal solutions of calcium acetate and ammonium phosphate to roughly 10 1 of a mechanically agitated ammonium acetate solution, which was also kept alkaline, to obtain HA-NM of a high degree of purity. These procedures, which entail precipitating HA at high dilutions, have low yields and are hence inappropriate for preparing large volumes of samples quickly. Through proper modification of the foregoing procedures, the scientists generated samples of HA-NMs that were crystallinity and gramme atom ratio, Ca/P, similar to human tooth enamel. Narasaraju et al used a judiciously modified method of Hayek and Stadlmann to obtain HA-NM and calcium arsenate apatite, as well as a series of solid solutions, over the entire compositional range, with the method also being successful for the preparation of phosphate and vanadate apatite of lead and arsenate apatite of barium. Several investigators have used the wet procedures described above with slight modifications to generate HA-NMs samples for specialized uses in recent years.<sup>57</sup>

#### Dry Techniques

It is well known that when a dense heterogeneous mixture of suitable solid ingredients is heated to the right temperature, solid state diffusion of constituent ions can result in the formation of a desired lattice. Tromel looked into the best conditions for forming HA-NMs via a solid-state reaction involving tri and tetra calcium phosphates, or tricalcium phosphate and calcium oxide alternately.<sup>58</sup> On heating for a few hours at 1050°C in a current of moist air, solid mixes of these materials in proper composition with a gramme atom ratio, Ca/P, equal to 5/3, generated HA, as described by the following equations.

$$2 \operatorname{Ca}_{3}(\operatorname{PO}_{4})_{2} + \operatorname{Ca}_{4}\operatorname{P}_{2}\operatorname{O}_{9} + \operatorname{H}_{2}\operatorname{O} = \operatorname{Ca}_{10}(\operatorname{PO}_{4})_{6}(\operatorname{OH})_{2}$$

#### Hydrothermal Methods

As the name implies, hydrothermal procedures<sup>59</sup> include the application of high temperatures to aqueous solutions in order to enable the precipitation of crystals with dimensions bigger than those obtained using conventional wet methods. Because the boiling point of the aqueous precipitating medium is the upper limiting temperature at atmospheric pressure, heating under high pressure allows this limit to be exceeded. Because the system is subjected to a high temperature in a sealed enclosure, the requisite high pressure is produced by the vapor of the precipitating medium's solvent. The main benefit of such methods has been to improve the crystallinity and purity of the product significantly.

Hayek et al<sup>60</sup> and Perloff and Posner<sup>61</sup> both obtained similar outcomes, as evidenced by the creation of uniform HA-NMs crystals about 0.1 mm long in the form of hexagonal prisms. 2 g precipitated HA-NM was heated in an autoclave for 24 hours at 380°F with 15 mL 2 M sodium hydroxide solution. The sample's X-ray diffraction pattern included strong peaks, which was expected given its crystal size.

# **Methods of Characterization**

Several characterization methods based on direct visualization or spectroscopy are used for HA-NMs.<sup>62</sup> The chemical constitution of HA is evaluated by Raman and Fourier transform infrared (FTIR) spectroscopies. These techniques apply distinct properties, which make it easy to estimate the components. For instance, several FTIR peaks of HA have been represented at 574, 602, and 631 cm<sup>-1</sup> (O-P-O bending), 3572 cm<sup>-1</sup> (O-H stretching), and 1032, 1046, 1087 cm<sup>-1</sup> (P-O stretching) (Figure 3A). Whereas Raman spectra peaks are observed at 1045–963 cm<sup>-1</sup> with tetrahedral PO<sub>4</sub><sup>-3</sup> and P-O asymmetric stretching peaks are observed at 963 cm<sup>-1</sup> and 1045–1043 cm<sup>-1</sup>, respectively. The peaks at these certain points indicate that HA is uniform and extremely crystalline.<sup>63–65</sup> Elemental composition and details regarding elemental electronic state, empirical formula, and chemical state are studied by X-ray photoelectron spectroscopy (XPS). This method is quantitative spectroscopic and is surface sensitive. Photoelectron signals are displayed by HA-NMs in XPS spectra at 536.1 eV (O 1s), 347.9 eV (Ca 2p), and 133.2 eV (P 2p) (Figure 3B). TOF-SIMS spectra can also confirm the HA-specific peaks shown in Figure 3C.<sup>66</sup> Lu et al reported that TOF-SIMS spectrum (negative and positive) of CaP are obtained in the range of 0–500 m/z. They observed the prominent intensity peaks of CaO+, Ca+, and CaOH+ in the positive spectra, while OH-, O2-, O-, P-, HO2-, PO3, PO2-, and PO- in the negative spectra. Both these spectra were studied in the range of 1–100 amu. Additionally, impurities of K+, Mg+, and Na+ were found in the positive region, and F- and Cl- were discovered in the negative spectra.

Munir et al synthesized oval-shaped porous HA-NMs for the delivery of cefazoline in a controlled manner. They reported concentration-dependent high drug loading capacity of HA-NMs due to porous structure and pore volume described by N<sub>2</sub> sorption/desorption and BJH pore volume distribution studies, as shown in Figure 3D–F.<sup>67</sup> Yang et al explained the HA synthesis mechanism as shown in Figure 4A.<sup>68</sup> Figure 4B–D is field emission scanning electron microscopy (FE-SEM) images and Figure 4E–G is transmission electron microscopy (TEM) images of CaCO<sub>3</sub> nano-carriers, CaCO<sub>3</sub>/HA core/shell, and hmHANPs, respectively. Figure 4D and G are the SEM and TEM images of the final product and present an ellipsoid NP of size 600 nm × 400 nm having a hollow shape. The porous HA shell is almost 50 nm thick with open windows, responsible for high drug loading. Diffraction peaks at 26.1, 28.45, 30.1, 32.90, 35.97, 40.19, 41.82, 53.56, 55.75, 57.40, 69.12, 74.45, and 77.56, of HA-NMs, analogous to 002, 102, 210, 112, 300, 212, 130, 213, 321, 004, and 104 planes of hexagonal HA unit cell are presented by HA's X-ray diffraction (XRD) profile as shown in Figure 4B.<sup>69</sup> Details regarding size, morphology, dispersion of the HA-NMs, and shape are studied by direct visualization under FE-SEM, and TEM. The details provided by SEM are incontestable. So, to evaluate the size of the HA-NMs, dispersion, and shape of the HA-NMs, supplementary methods like TEM and atomic force microscopy are utilized. Raman Spectroscopy is also used for confirmation of the hydroxyapatite material, as shown in Figure 4C.

# Surface Modifications of HA-NMs

The surface modification of HA-NMs is the method of choice to control the dispersion of HA-NMs, detachment from the composite substances, and then to enable it for a particular use.<sup>70,71</sup> The most frequent problem faced by the analyst is the aggregation of HA-NMs. Aggregation of nanoformulation is dependent on the reagents and techniques utilized for their synthesis, hydrophilic-hydrophobic interface between the solutions (non-polymeric or polymeric nanoparticles), chemical nature of nanomaterial, and surface energy. Different bridging substances like emulgents and surfactants can be used to address these issues. For instance, researchers utilize bridging substances, ie, hydrostearic acid in poly (L-lactic acid) (PLA) and hydrophilic-hydrophobic HA.<sup>72</sup> The details of different modifying substances for the hydroxyapatite with respective methods are given in Table 3.

Mediators are the linking substances of amphiphilic nature, and when coated onto the surface of NMs, they help in the stabilization of fine dispersion of NMs.<sup>73</sup> However, mediators should not be cytotoxic, interfere with the biological and physiological characteristics of NMs, or affect bioavailability.<sup>74,75</sup> Various techniques have been utilized for modifying



Figure 3 Hydroxyapatite characterization by (A) FTIR spectrum of HA-NMs calcined at 400°C (a and b), while (c) signifies IR spectra of HA at different temperature. Figure A reprinted with permission from Elsevier, from: Kalita SJ, Verma S. Nanocrystalline hydroxyapatite bioceramic using microwave radiation: Synthesis and characterization. *Mater Sci Eng C.* 2010;30:295–303.<sup>65</sup> Copyright © 2010 Elsevier: (B) XPS spectrum showing the presence of Ca, O, P with small amounts of contamination (such as C), (C) TOF-SIMS spectra (a) Positive and (b) negative. Figures B and C reprinted with permission from American Chemical Society, from: Lu HB, Campbell CT, Graham DJ, Ratner BD. Surface characterization of hydroxyapatite and related calcium phosphates by XPS and TOF-SIMS. *Anal Chem.* 2007;72:2886–2894.<sup>66</sup> Copyright © 2000 American Chemical Society. (D) Nitrogen physiorption isotherms and BJH pore size distribution (E) adsorption (F) desorption. Figures D-F reprinted with permission from Xmerican Chemical Society. (C) TOF-SIMS and L et al. Controllably biodegradable hydroxyapatite nanostructures for cefazolin delivery against antibacterial resistance. *ACS Omega.* 2019;4(4):7524–7532.<sup>67</sup> Copyright © 2019 American Chemical Society (https://pubs.acs.org/doi/10.1021/acsomega.9b00541; further permissions related to the material excerpted should be directed to the ACS).



**Figure 4** Hydroxyapatite nanomaterials characterization (**A**) (a) An illustration indicating the synthetic process of hollow mesoporous hydroxyapatite nanoparticles (hmHANP). SEM images of (b) CaCO<sub>3</sub> nanoparticles, (c) CaCO<sub>3</sub>/HA core/shell nanocomposites, (d) hmHANP; TEM images of (e) CaCO<sub>3</sub> nanoparticles, (f) CaCO<sub>3</sub>/HA core/shell nanocomposites, (g) hmHANP (inset: dark-field STEM image). Figure A republished with permission of Royal Society of Chemistry, from: Yang YH, Liu CH, Liang YH, Lin FH, Wu KCW. Hollow mesoporous hydroxyapatite nanoparticles (hmHANPs) with enhanced drug loading and pH-responsive release properties for intracellular drug delivery. *J Mater Chem B*. 2013;1:2447–2450, <sup>68</sup> copyright © 2013 Royal Society of Chemistry; permission conveyed through Copyright Clearance Center, Inc. (**B**) XRD pattern of HA-NMs synthesized by hydrothermal treatment at 180 °C for (a) 12, (b) 24, and (c) 48 h. (**C**) Raman spectra of nanodisks (a) and nanorings (b). Inset shows the deviation of the specific peak. Figures B and C reprinted with permission from the American Chemical Society, from: Nathanael AJ, Hong SI, Mangalaraj D, Ponpandian N, Chem PC. Template-free growth of novel hydroxyapatite nanorings: formation mechanism and their enhanced functional properties. *Cryst Growth Des*. 2012;12:3565–3574.<sup>64</sup> Copyright © 2012 American Chemical Society.

the surface. Tanaka et al studied that hexanoic and decanoic acids can alter the HA-NMs surface, as these substances strongly link with P-OH via H-bonding. There are two main advantages of utilizing carboxylic acid. First, animals have different forms of carboxylic acid, eg, vitamins, metabolic inhibitors, fats, and proteins; therefore, the linkage of HA with these moieties is strong. The second advantage is that HA-NMs can be changed from a hydrophilic state to a lipophilic state by utilizing long-chain carboxylic acids.<sup>76</sup> Tanaka et al further performed the surface alteration by utilizing pyrophosphoric acid (PPA). Treatment of PPA with P-OH part of HA-NMs results in supplementary P-OH moiety coupled with H<sub>3</sub>PO<sub>4</sub>.<sup>77</sup> After PPA treatment, oleic acid and sodium dodecyl sulfate (SDS) were used as biocompatible amphiphile to modify the HA-NMs surface.<sup>78–80</sup> SDS attached to HA electrostatically, and scientists immobilized the polyvinyl pyrrolidone (PVP, hydrophobic-based interaction of HA-NMs with PVP), and bovine serum albumin (BSA, electrostatically interaction of SDS with HA-NMs) on SDS modified HA-NMs.<sup>81</sup>

Inorganic stuff like silanes is also used for surface modification due to linking capability, adhesion stimulation, and talent as mediators for organic and inorganic materials. HA bound silanes are observed to be non-toxic to the cells compared to non-bound HA.<sup>82,83</sup> Because of this, silanes are applied in the synthesis of materials applicable to bone implantation and dentistry.<sup>84</sup> Grafting is also an optimal technique for HA-NMs surface modification by using polymers to improve growth factors and dispersion to increase cellular growth. For instance, a study presented the grafting of

Modifying Substance	Method	Ref.	Modifying Substance	Method	Ref.
Insulin	Grafting	[10]	L-lactide (LA)	Polymerization	[67]
BMP-2	Grafting	<b>[49]</b>	Poly L-lactide (PLLA)	Grafting	[68]
Hydro stearic acid	Direct reaction	[54]	Vinylphosphonic acid	Grafting	[69]
Decanoic and hexanoic acids	Direct reaction	[57]	Ethylene glycol methacrylate phosphate	Polymerization	[121]
Pyrophosphoric acid (PP)	Direct reaction	<b>[59</b> ]	Glycidoxy propyltrimethoxy silane	Coating	[67]
Oleic acid	Direct reaction	[60]	Polyacrylic acid	Coating	[37]
Sodium dodecyl sulphate (SDS)	Direct reaction	[62]	Υ-Benzyl-L-glutamate N-carboxy anhydride	Polymerization	[72]
Polyvinyl pyrrolidone (PVP) and serum albumin	Grafting	[63]	Y-Methacroyloxy trimethyl silane	Coating	[75]
Silanes	Coating	[64]	L-Phenylalanine N-carboxy anhydride	Polymerization	[ <b>79</b> ]

Table 3 Various Methods Applied for the Modification of Hydroxyapatite

L-lactide to HA-NMs via ring-opening polymerization.<sup>85</sup> In the same report, carbonyl moieties of poly (L-lactide, PLLA) were used to graft PLLA to HA-NMs. It is noted that HA-NMs can be dispersed suitably in PLLA by this technique.<sup>86</sup>

#### Functionalization with Biological Compounds

Type I collagen, which has molecules that are about 300 nm in length, is the primary ingredient of the bioorganic matrix of bones. Collagen's structural and biochemical properties have been extensively studied, and more than 25 collagen subtypes have been found.<sup>87</sup> Both human and mammalian bodies include hundreds of different bioorganic chemicals, proteins, and biological macromolecules, in addition to collagens. Because they all appear to be well tolerated by the body, they could be utilized as functionalizing reagents to improve CaPO<sub>4</sub> unique features. CaPO<sub>4</sub> functionalized with gelatin, for example, has been extensively studied as a potential bone replacement biomaterial.<sup>88</sup> Gelatin foams, for example, have been successfully reinforced with HA and then crosslinked with a carbodiimide derivative. The antibiotic tetracycline was shown to be well carried by such foams. Alginates were also used to functionalize CaPO<sub>4</sub>.<sup>89</sup> Porous HA/ alginate formulations based on hydrogels, for example, were generated both biomimetically and by freeze-drying.

Furthermore, chitosan<sup>90</sup> and chitin<sup>91</sup> functionalization of CaPO<sub>4</sub> is highly common. For example, to functionalize HA powders with chitin, a solution-based approach was established in which the HA particles were uniformly disseminated. Despite the fact that the end products' mechanical characteristics appeared to be poor, microscopic inspections indicated that HA particles had been inserted between the polymer chains, weakening their connections and lowering the overall strength. Similarly, HA functionalized with chitosan was made via a hydrothermal technique from DCPD/chitosan formulations that had already been prepared.<sup>92</sup> When compared to chitosan alone, the data show that adding CaPO<sub>4</sub> to chitosan improved cell adhesion and produced better cell proliferation and well-spread morphology.

## Functionalization of Nano-Dimensional HA-NMs

Researchers frequently face the problem of nanodimensional particle aggregation. It depends on the type of particles, surface energy, reagents and/or procedures employed for synthesis, as well as the hydrophilic/hydrophobic interfaces between the particles and the fluid in the case of suspensions. The surface of nanodimensional CaPO<sub>4</sub> particles must be functionalized to prevent them from aggregating. Different emulsifying agents (such as detergents, coupling agents, and/ or surfactants) are employed to accomplish this. To make a stable suspension of nanodimensional HA in chloroform-dissolved polylactic acid, hydrostearic acid was utilised as a surfactant (PLA). The HA powder was efficiently disseminated in hydrostearic acid and homogeneously combined with PLA. As a result, continuous and uniform fibres of HA/PLA formulations were successfully created.<sup>93</sup> Similarly, oleic acid was used to functionalize the surface of HA particles in order to distribute them uniformly within poly(e-caprolactone) matrixes, and lauroyl chloride was used to functionalize biphasic formulations of 90% OCP and 10% HA in order to improve mineral phase dispersion in poly (L-lactic acid) matrices.<sup>94</sup>

Polyacrylic acid was successfully employed to functionalize the surfaces of Eu-doped nanodimensional HA and FA in order to generate stable aqueous suspensions. Stable fluorescent colloids were made using nanodimensional CaPO<sub>4</sub>

stabilised by surface functionalization with 5,10,15,20- tetrakis(4-phosphonooxyphenyl)porphine<sup>95</sup> and oligonucleotides in the same way. Another work successfully functionalized nanodimensional CaPO<sub>4</sub> with the fluorescing dye Cy3.<sup>96</sup> Additionally, N-(2-aminoethyl)-3-aminopropyltrimethoxysilane was utilised as a functionalizing and dispersing agent to make uniform and stable nanodimensional CaPO<sub>4</sub> particles, which were then loaded with DNA. In addition, the surface of HA particles was functionalized by sorption of decanoic and hexanoic acids to make them hydrophobic and limit their ability to adsorb water and carbon dioxide.<sup>76</sup>

Waterborne polyurethane/HA composites were made by in situ polymerization of functionalized HA to increase mutual interactions between the components. To accomplish so, nanodimensional HA particles were urethanated with 3-isocyanatemethyl-3,5,5-trimethyl-cyclohexylisocyanate to graft isocyanate groups as crosslinkers on their surface, and then polymerized using waterborne polyurethane monomers to generate the required composites. The findings suggested that the functionalized composites could be used to create new biomaterials with superior mechanical, thermal, and water resistance qualities.<sup>97</sup>

## Functionalized Nano-Dimensional HA-NMs for Transfection

Functionalized nanodimensional CaPO<sub>4</sub> particles have a wide range of applications, including as carriers of various biomolecules (such as DNA) into living cells to express proteins of interest.<sup>98</sup> Transfection is the process of purposely putting naked or refined nucleic acids into cells. The word transfection is a combination of transand infection. Transfection of genetic material (such as supercoiled plasmid DNA or siRNA constructs) or proteins (such as antibodies) is possible. Because many biomolecules are unable to enter live cells on their own, carriers appear to be necessary. The molecules of the transfecting material(s) must either be attached to the surface or incorporated into the bulk of nanodimensional CaPO<sub>4</sub> particles to be transported into the cells. In other words, to be transfected, nanodimensional CaPO<sub>4</sub> particles must be functionalized with a substance.

DNA encapsulation can also be used to functionalize nanodimensional  $CaPO_4$  particles. This was accomplished by dispersing aqueous solutions in hexane in the presence of a surfactant to create microemulsions containing calcium, orthophosphates, and DNA. DNA was encased in the  $CaPO_4$  core and so appeared to be protected from nuclease destruction in those particles. In vitro transfection tests revealed that these carriers had the same transfection effective-ness as the widely available transfecting reagent PolyFect (QIAGEN). Unfortunately, after 24 hours, the particles had become unstable and highly aggregated. Furthermore, nanodimensional  $CaPO_4$  was functionalized with 0.1 wt% positively charged amino acid arginine and 0.3 wt% glucose to increase DNA adsorption. Furthermore, DNA was delivered into *E. coli* and Staphylococcus aureus at room temperature using arginine-glucose functionalized  $CaPO_4$  particles, which did not require the preparation of competent cells.<sup>99</sup>

## Ion Doped HA-NMs

Researchers are paying attention to the HA-NMs doping with distant ions. However, many studies had been reported about HA-NMs doped ions with less evidence regarding cell culture, making it difficult for analysts to estimate ions doping effect on HA-NMs in association with cells. Several ions are being doped in HA conformation like iron (Fe<sup>3+</sup>), zinc (Zn<sup>2+</sup>), silicate (SiO<sub>4</sub><sup>4-</sup>), strontium (Sr<sup>2+</sup>), manganese (Mn<sup>2+</sup>), carbonate (CO<sub>3</sub><sup>2-</sup>), and magnesium (Mg<sup>2+</sup>). The details of some are given below.

These doped HA-NMs have an essential role in HA structure as their biochemistry and biological conformation resemble bone.<sup>100,101</sup> These doped ions cannot alter HA structural conformation as having the compliant ability with many ions. However, sometimes the solubility, crystallinity, and morphology of HA-NMs have been altered. The changes mentioned above cannot affect the properties; although biocompatibility may be changed, as mentioned by Zhao et al. He described that doping ions should be chosen as they may affect the cell properties. In MG63 cells, 1.5 wt% of Mg<sup>2+</sup> ions cause cell toxicity, but no toxicity for rMSCs case. Equilibrium of negative surface charge also affects the HA-NMs endocytosis and is prominent in MG63 comparative to rMSCs.

#### Magnesium and Strontium

Sr has a strong affinity for bone, where it is abundant, particularly in areas with high metabolic turnover.<sup>102</sup> Low doses of Sr have long been recognized to be effective in the treatment of osteoporosis, and Sr ranelate administration has recently been shown to lower the incidence of fracture in osteoporotic patients.<sup>103</sup> Sr ranelate inhibits osteoclast-resorbing activity and osteoclastic differentiation, reducing bone resorption while promoting bone production by boosting pre-osteoblastic cell replication and osteoblastic differentiation. The expanding body of evidence pointing to beneficial outcomes in long-term Sr therapy studies has piqued interest in its integration into HA.

Only Sr-substituted HAs have been tested in vitro on as-prepared materials.<sup>104</sup> The findings of the study, which used osteoblast-like MG63 cells and human osteoclasts, show that Sr has a dose-dependent effect on bone cell behavior. Increased alkaline phosphatase activity, collagen type I, and osteocalcin synthesis all suggest that Sr concentrations in the range 3–7% enhance osteoblast activity and differentiation. Furthermore, even a 1% Sr replacement is enough to impact osteoclast growth, which decreases as Sr content rises.

Cancer cells can be removed by using ion doping, for instance, HA-NMs doped with Mg<sup>2+</sup>. These materials eliminate the drug toxicity problem, and NMs need conjugating anticancer agents.<sup>105</sup> So, for using HA in cell cultures, the choice of doping ions is very critical. A study observed the outcome of two doping ions, ie, Mg and Sr, on HA-NMs biological characteristics and structural stability. It is noted that negatively charged surface, osteoblast reaction, and density of living cells were enhanced. Moreover, the stability of materials was also improved by Mg and Sr ions presence. It is inferred that mineral metabolism is affected by metal doping ions during the bone remodeling phenomenon. Furthermore, pre-osteoblastic cell proliferation and apoptosis of osteoclasts are boosted. New bone grafting materials can be prepared by doping different ions and are useful in the regeneration of tissue in quick mitigation.<sup>106</sup>

#### Iron and Manganese

In a study, researchers have synthesized Fe<sup>3+</sup> and Mn<sup>2+</sup> doped HA-NMs by ion-exchange and wet chemical methods. No morphological and conformational divergence was observed, and the size of the crystal remains the same with singlephase carbonated HA of B-type. Carbonated HA meaning the partial replacement of the carbonate group with phosphates in the lattice conformation. Both doping ions observe no toxic effect on osteoblast cells. Compared to Mn<sup>2+</sup> doped HA and pristine, HA doped Fe<sup>+3</sup> showed enhanced negative charge on surface and increased adhesion of osteoblast.<sup>107</sup> Thus, it is indicated that metal ions provide extreme biological and physico-mechanical advantages in tissue engineering. Even high concentrations of these cations are safe, with some exceptions. Likewise, the type of chemical substance used in biomaterials doped with metals must be appropriately selected. Further research is required to determine the action mechanism of doping ions at the cellular level and release pattern from biomaterials. Despite these limits, it is evidenced that metal-doped bio-ceramics have a rapid cure rate and timely applications in the biomedical field.<sup>108</sup>

Mn affects bone remodeling regulation, and a deficiency causes a decrease in organic matrix synthesis and a delay in endochondral osteogenesis, increasing the risk of bone abnormalities such decreased bone thickness or length.<sup>109</sup> Mn supplementation has been shown to be an effective inhibitor of bone loss following ovariectomy.<sup>110</sup> Mn can substitute for Ca in the structure up to one atom per unit cell (10 at. percent or 5.5 wt. percent) and preferentially enters the M(I) positions, causing a slight rotation of the PO43- ion, according to structural analysis of fluoro-apatite synthesized in the presence of Mn2+ (ionic radius 0.090 nm) and heat treated at 900°C.

The presence of the Mn2+ ion in solution, on the other hand, inhibits HA crystallization and reduces the amount of precipitate.<sup>111</sup> Furthermore, it was discovered that a high concentration of Mn2+ at the surface of HA particles acquired via ion exchange caused a quick drop in HA growth rate in SBF solutions.

## **Biomedical Applications of HA-NMs**

Scientists doing work in biosensors, industry, biomaterials, biochemistry, and bio-mineralization are interested in the association between protein molecules and inorganic substances.<sup>112</sup> Generally, NMs have been used for multipurpose especially in combatting antibiotic resistant bacteria.<sup>113</sup> Scholars researching tissue renovation and drug delivery provided enough evidence to evaluate the association between proteins and HA-NMs. Two linking points are present on HA, ie, "P" sites ( $PO_4^-$ ) and "C" sites ( $Ca^{2+}$ ), and are different due to their chemical constitution and definite

arrangement. In the crystal lattice, "C" sites are oriented in a rectangular way, while in the hexagonal arrangement are oriented along surfaces of the c-axis.<sup>112,114</sup> After HA suspension in an aqueous medium, the "C" points are exposed and positively charged. This charge is gained because of  $OH^-$  ions released from the crystal surface and causing  $Ca^{2+}$  ion leftovers at "C" site. Consequently, a linkage between protein (negative charge) and  $Ca^{2+}$  ions (positive charge) is developed.

A study described that oxygen of –COO ions having negative charge links with HA "C" site.<sup>115</sup> Solid-state NMR results have confirmed the interaction between HA surface and –COO<sup>-</sup> amelogenin ions.<sup>116</sup> It is stated that negatively charged "P" sites link with positively charged proteins. Furthermore, HA could be utilized in chromatography under physiological conditions to separate proteins of different types.<sup>117,118</sup> Researchers applied HA-NMs in orthopedics for bone implantation due to their biocompatible characteristics and significant abilities to be utilized in biomedical applications. In addition to HA-NMs, lipid-based NMs are also used to treat bone-relevant diseases, especially rheumatoid arthritis.<sup>119</sup>

HA-NMs can also be useful in bio-imaging, cancer therapy, and gene delivery, ie, by changing the faulty or missing gene, converting cancerous cells to normal cells, stimulating the elimination of cancerous cells, enhanced regeneration of destructed tissues with prominent growth of new tissues.<sup>120,121</sup> In fact, it is not easy to apply because of the unavailability of a non-toxic and biocompatible carrier for gene delivery. Researchers revealed that HA-NMs have the ideal properties to carry the gene to be considered a proficient candidate. They differentiated the gene delivery by positively charged zirconia (ZrO<sub>2</sub>) and HA, and concluded that gene expression by aqueous HA-NMs is higher in-vitro as compared to ZrO<sub>2</sub>.<sup>122</sup> HA-NMs have provided the emerging role in bio-imaging as suggested by Liu et al, for instance, in imaging intracellular substances and tissues using SiO<sub>2</sub>, fluorescein iso-thiocyanate.<sup>123</sup> In multifaceted biological measures, organs can be seen by utilizing fluorescence imaging techniques, ie, fluorescent hydroxyapatite (fHA) nanomaterials.<sup>124</sup>

## Role as Drug Delivery Carrier

Researchers have been working on using HA-NMs as a potential drug carrier agent for the past two decades and a half.<sup>125</sup> Munir et al summarized the role of nano HA as a carrier for different drugs like anti-resorptive, anticancer, antibiotics, NSAIDs, and vitamins. They also reviewed the HA role in the delivery of proteins, gene, and radionuclide.<sup>126</sup> Cellet et al produced HA nanowhiskers to load terbinafine, an antifungal medication, for delivery in the colon, to name a few. The manufactured nanowhiskers [crystallite size of 8.41 nm along (211), and 23.7 nm along (002)] could adsorb about 40.63 mg of terbinafine/g of HA with a BET calculated specific surface area of 67 m2/g. The HA-NMs were found to be good drug delivery vehicles, releasing around 90% of the medication in simulated stomach fluid and approximately 70% in simulated intestinal fluid after 30 hours.

Yu et al<sup>127</sup> used irregularly shaped HA nanoparticles of 30–40 nm size as carriers of vancomycin hydrochloride to manufacture antibacterial composites to protect prostheses against deep infection (VAN). They did this by incorporating VAN-loaded HA nanoparticles into a sticky matrix of oxidized sodium alginate and gelatin that worked as a good prosthesis adhesive. The loading capacity of HA nanoparticles for VAN was found to be around 956 g per 100 mg of HA nanoparticles. Although the scientists did not investigate the composite's drug release behavior, the VAN release pattern from bare HA nanoparticles was seen to have two strides. There was a burst release of VAN during the first 24 hours, releasing 61% of the total amount of loaded VAN, and a gradual release of VAN entrapped in HA nanoparticles porosity channels throughout the next 375 hours. The findings clearly show that HA nanoparticles can be used for controlled, long-term medication delivery.

Lian et al,<sup>128</sup> on the other hand, created a vancomycin-loaded nHA/collagen/PLA bone graft substitute with infectioninhibition properties for mending large-scale bone injury. The composite graft displayed a typical porous structure with a porosity of roughly 80% and compressive strength of 1.52 MPa, despite the shape and size of the utilized HA nanoparticles not being disclosed. The phosphate buffer solution was used to study the release kinetics of VAN from the composite graft in vitro, demonstrating a 98% release of the loaded medication after 4 weeks. The composite graft was found to have a high bacterial inhibition ratio (>99%), strong adherence to the damage site, and no inflammatory reactions when implanted subcutaneously. Anticancer medications have also been carried by HA nanoparticles. The adsorption and desorption kinetics of drug molecules were seen to be affected by drug characteristics and the shape of HA nanoparticles. The negatively charged alendronate and positively charged cisplatin were substantially adsorbed, whereas the neutral di(ethylenediamine platinum) medronate (DPM) complex had a reduced affinity for HA nanoparticles' negatively charged surface. While cisplatin adsorption was shown to be favored on a needle-shaped HA surface, alendronate adsorption was found to be favored on a plate-shaped HA surface. The rate of release of neutral DPM, on the other hand, appeared to be larger than that of charged alendronate and cisplatin. While neutral DPM released more quickly from needle-shaped HA nanoparticles than from plate-shaped nanoparticles, both charged medications released at similar rates from both types of HA nanoparticles.<sup>129</sup>

HAs-NMs are used as favorable materials in biomedical applications due to their reasonable biocompatibility, non-toxic behavior, suitable carrier talent, structure resemblance with bone, and rough surface.<sup>130</sup> Many studies demonstrate the role of HA-NMs as a drug vehicle for several drugs confirming their fitness to carry and deliver drugs, as shown in Figure 5.<sup>10,67,131</sup> The conformation of HA has been modified with spacers like glutamic acid, ie, an amino acid. By applying bifunctional hydrazine bisphosphonate (HBP) with hydrazine linkage, Yewle et al arranged proteins on the HA surface (Figure 6A). The graphs of immobilization of enhanced green fluorescent protein (EGFP) and  $\beta$ -lactamase are presented in Figure 6B and C, respectively. Initially, the surface of HA is modified by HBP, followed by deactivation of the protein by aldehyde functionality. Oxidation of N-terminal of serine and threonine causes aldehyde functionality. Analysts reasoned that organized proteins provide better action comparative to absorbed ones.<sup>132</sup>

Mesoporous SrHA nanorods and Gd doped luminescent HA are synthesized by Li et al and declared that HA tuned aptamers could be used against cancer cells.<sup>133</sup> HA covered by Ti discs is utilized for dexamethasone delivery using biodegradable poly (lactide-co-glycolide) (PLGA) NPs. This document revealed that Ti surface is covered by HA followed by immobilization of dexamethasone-loaded PLGA NPs on the covered Ti.<sup>134</sup> Mesoporous HA material was synthesized from raw eggshells at room temperature with surface area and pore volume of 284.1 m<sup>2</sup> g1 and 1.4 cm<sup>3</sup> g1, respectively. Due to the mesoporous property of HA, increased loading of ibuprofen (1.38 g g1 HA) was observed coupled with sustained release and reliable dissolution.<sup>135</sup> Many scientists are working on HA-NMs as drug delivery on implanting material surface and modifying the bio-activity of these materials.<sup>68,136–138</sup>

## Role as a Coating Material

Bone implanting materials could be utilized for treating defective bone as well as for bone remodeling. Various problems occur in synthesizing implanting material like bone repair, the bone coinciding, and implanting substance. The materials used for implantation should be harmless to the immune system. Currently, autografting, synthetic, and allografting



Figure 5 Schematic diagram to express the role of hydroxyapatite nanomaterials in drug delivery.



**Figure 6** (**A**) Oriented Immobilization of  $\beta$ -Lactamase and enhanced green fluorescent protein (EGFP) on HA through hydrazine bisphosphonates (HBPs). (**B**) Immobilization of EGFP and (**C**)  $\beta$ -lactamase on HA surfaces determined by fluorescence and BCA protein assay, respectively. EGFP and  $\beta$ -lactamase were immobilized on HA surfaces via seven different HBPs (1–7) and by simple adsorption like HA-EGFP and HA-BL, respectively. The corresponding EGFP and  $\beta$ -lactamase are denoted as HA-1-EGFP through HA-7-EGFP and HA-1-BL through HA-7-BL, respectively. HA-EGFP and HA-BL are referred to EGFP and  $\beta$ -lactamase physically adsorbed on HA in the absence of HBP. (\* indicates the values are significantly different from others p < 0.05, while \*\* indicates the values are significantly different from HA-1-BL and HA-5-BL p < 0.05). Figures A-C reprinted with permission from American Chemical Society from: Yewle JN, Wei Y, Puleo DA, Daunert S, Bachas LG. Oriented immobilization of proteins on hydroxyapatite surface using bifunctional bisphosphonates as linkers. *Biomacromolecules*. 2012;13:1742–1749.<sup>132</sup> Copyright © 2012 American Chemical Society.

techniques are utilized for repairing the damaged bone. In synthetic implanting methods, natural bone compliant material or artificially fabricated HA is used; still, there are some restrictions related to these methods. For instance, the material becomes useless due to the absorption of implanting material before bone development.<sup>139,140</sup> Sometimes, implant infection is caused by the prevalence of the disease, and death may occur, which is truly overwhelming for the community and patient.<sup>141</sup> Because of these, it is required to make a new path for implants in bone tissue regeneration. HA-NMs are also used as coating materials for prosthesis bio-integration, as shown in Figure 7A–C. This study has provided three colonization mechanisms anticipated for HA-NMs coatings.<sup>142</sup>

To fabricate the material for implantation, the following characteristics should be kept in mind: Firstly, a morphogenetic signal should be presented by the implant. Secondly, it should possess a signal carrier, thirdly occurrence of excellently vascularized host bed, and lastly, the presence of responsive cells on the implants should be confirmed for the signals.<sup>143</sup> To increase the action and bioavailability, a method is devised for the coating of bioactive and biocompatible material on the implant. HA is chemically identical to the natural bone applied as a coating substance, and osteointegration increases when the surface of implants is covered with HA.<sup>144</sup> Deterioration is controlled after strong sticking of sintered HA to the bone. Scientists have used the plasma spraying technique to coat HA on Ti implant, and its significance is to prevent sintered-HA fatigue.<sup>145</sup> Pulsed laser deposition, electrostatic sputtering method (layer-by-layer), thermal spraying, solution gel, dip coating, hot isostatic pressing, electrophoretic deposition, hot pressing, and electrostatic spraying are other techniques for HA-NMs coating on implanting material surfaces.<sup>146</sup>

Table 3 presents the supremacy and limits of the methods as mentioned earlier. The researchers inferred that the HA-NMs coated Ti alloy has identical sheer power as that of cortical bone.<sup>147</sup> One more study reports the HA-NMs coating on silicon nitride (Si3N4) surface, an inert substance, and good mechanical strength. This coating is done to enhance the bioactivity and compatibility, but  $Si_3N_4$  is not used considerably in biomedical science because of inert property.<sup>148</sup> The surfaces coated by HA-NMs can smoothly link with osteoblastic cells, results in the manufacture of osteoids.<sup>149,150</sup>



#### **Reaction Time**

Figure 7 Schematic diagram representing phases of colonization mechanisms anticipated for HA-NMs coating. (A) Adhesion phenomenon starts in the cells by confining anchoring/adhesion spots in micropore surfaces. (B) These cells give response to adjacent hierarchical environment. (C) The growth of filopodia is guided by coating material penetration and resulting formation of nano sized lengthy morphology. Figures A-C reprinted with permission from American Chemical Society from: Nasiri N, Mukherjee S, Panneerselvan A, Nisbet DR, Tricoli A. Optimally hierarchical nanostructured hydroxyapatite coatings for superior prosthesis biointegration. ACS Appl Mater Interfaces. 2018;10(29):24840–24849.<sup>142</sup> Copyright © 2018 American Chemical Society. (D) Mixed state including (i) PLGA rich state (ii) HA rich state (E) Grafting state (i) short chain/large number (ii) long chain/small number (F) Tensile strength measurements of PLGA-HA and interaction evaluation of tensile strength with and without PLGA-HA and interaction evaluation of tensile strength remission from Elsevier from: Park JW, Hwang JU, Back JH et al. High strength PLGA/Hydroxyapatite composites with tunable surface structure using PLGA direct grafting method for orthopedic implants. Compos Part B Eng. 2019;178:107449.<sup>160</sup> Copyright © 2019 Elsevier.

Researchers observed that osteoinductive characteristics of HA-NMs are also seen when these bind with the bone morphogenetic proteins (BMPs).<sup>151</sup> Under desired conditions, the growth of new bone is enhanced by using the methods to coat HA on the implants and metal alloys. The restriction of HA is due to the control of HA coating to survive the physiological load and problems relevant to third-body wear by HA materials.<sup>152</sup>

# Role as a Composite Material

In the regeneration of tissues, the use of polymers is considerably and significantly escalating.<sup>153–155</sup> Polymers may contain natural or synthetic origin with the biodegradable or non-biodegradable property. Researchers assumed the opinion of bone regeneration by using polymers.<sup>156</sup> Likewise, Kulkarni et al inferred that bone tissue regeneration is strengthened by polymer structure-based implanting sites and implants. In long bones, bone regeneration is stimulated by tubular absorbable polymer, and several synthetic polymers are applied either alone or with HA-NMs to enhance the

natural bone matrix.<sup>157</sup> Mostly used polyesters are poly (caprolactone),<sup>158</sup> PLA,<sup>159</sup> and PLGA.<sup>160</sup> Bioactivity and mechanical strength are provided to the composite materials by HA-NMs that act as enforcers.<sup>161</sup> PLGA provides high strength to HA-NMs in PLGA/HA composites with the required material surface via direct grafting method, as shown in Figure 7D–F.

It is observed that the research on the uses of HA composite materials is increasing steadily. The regeneration of bone tissue and therapies for bone defects like osteoporosis is advanced by fabricating HA/polymer scaffolds as a vehicle for drug delivery. The researchers reported that polymer itself can be used for efficient drug delivery to cancer cells.<sup>162</sup> HA/ PLGA composites are made by integrating PLGA into HA and assumed that accelerated osteogenesis and osteoblastic cell growth are raised after immobility and integration of the proteins with PLGA. Similarly, pamidronic acid is made immobile on HA surfaces to cure osteoporosis. Bones are susceptible to break due to extraordinary osteoclastic action, so according to a report, pamidronic acid lowers osteoclastic action coupled with stimulation of osteoblastic action by HA-NMs.<sup>163</sup> Scientists fabricated different composites like HA/polyethylene and HA/PLLA for use as bone biomaterials. It is reported that the mechanical power of these composites is enough to be employed in the regeneration of bone.<sup>164,165</sup>

HA/collagen composite was designed through blending to imitate natural bone, and the bending strength represented by the composite is 5.37 kPa. These composites can be efficiently used for the stability of conformation and finer adhesion. HA/poly (methyl methacrylate) (PMMA) composite is synthesized to play a substrate role for osteoblasts like human cells.<sup>166–168</sup> Mechanical power and bio-compatibility of minerals based on chitosan are attempted to modify by using different ratios of chitosan and HA-NMs materials. For instance, lyophilization and freezing techniques are used to synthesize HA-NMs and chitosan composites of high molecular weight. High molecular weight chitosan campsites have better mechanical characteristics as compared to medium molecular weight chitosan.<sup>169</sup> Several nano HA-collagen configurations are reported having superior biocompatibility and degradation by enzymes.<sup>170–172</sup>

## Role as Ceramics

Natural bone is an example of ceramic composites comprising calcium phosphate, water, and collagen.<sup>173,174</sup> Besides these components, bone also contains a minor quantity of proteins, polysaccharides, and lipids. Hardness is provided to the bone by calcium phosphate, which is present in HA crystalline form. In addition to bone components, HA consists of some adulterants like F<sup>-</sup>, Na<sup>+</sup>, and Mg<sup>2+</sup> ions and has length and width in nm. HA presence modifies osteoconductive characteristics between the implant and osteoblastic cells and the osteoinductive property of implants.<sup>175,176</sup> HA is commonly used for bone tissue regeneration either in ceramic, composite, or pristine form is similar to natural bone inorganic cement. The chosen material should be identical to the natural bone for accurate and required consequences. Natural bone is mimicked by fabricating HA bio-ceramics.

Regarding cortical bone, the mechanical strength of the bone and the implant should not be more than factor 55; otherwise, it has a side effect on the bone living cells.<sup>177</sup> Moreover, bone wearing results due to extra rigidity of the implanting material. HA bio-ceramic can be synthesized based on the necessities of the examination and the implanting substance. Zhao et al and Yang et al reported the role of micro/nano HA materials to stimulate osteogenesis of stem cells and trigger angiogenesis and osteogenesis through immunomodulation mechanisms, respectively.<sup>178,179</sup>

Sintered ceramics have compressive strength, tensile strength, and bending strength of 120–900 Mpa, 300 Mpa, and 38–250 Mpa, respectively. Despite porous ceramics having compressive strength, tensile strength, and bending strength 2–100 Mpa, 3 Mpa, and 2–11 Mpa, respectively, fabricate higher tensile strength implantation material.<sup>180,181</sup> By scorching the organic substances, the porous ceramics are made with interlinked pores.<sup>182,183</sup> It is mainly utilized for the growth of bone, its fixation, and drug delivery.<sup>184,185</sup> Research is continued to synthesize bio-ceramics to mimic the natural bone cement, as shown in Figure 8. Owing to this reason, fibers, metals, nanoparticles, and several strengthening materials are being studied. The biocompatibility of HA has been affected by these substances.

To cope with this problem, Zr bio-ceramic material based on HA is prepared by Ahn et al. It has increased mechanical characteristics and modified the structure to make it more favorable in the dental implanting substance and for orthopedic purposes.<sup>186</sup> Researchers utilized the electrospinning method to manage the conformation of ceramic substances based on HA. By this method, HA crystals are developed on the surface of HA ceramic (negatively charged) in stimulated fluids of



Figure 8 Porous HA ceramics (A) macroscopic image (B) SEM image representing spherical pores of diameter 100–200 µm are unified by pores with diameter 10–80 µm. Republished with permission from The Royal Society from: Yoshikawa H, Tamai N, Murase T, Myoui A. Interconnected porous hydroxyapatite ceramics for bone tissue engineering. J R Soc Interface. 2009;6(suppl\_3):S341-S348.<sup>192</sup> Copyright © 2009; permission conveyed through Copyright Clearance Center, Inc.

the body.<sup>187</sup> Scientists are trying to make an ideal scaffold to perform the tests on materials like HA/PMMA,<sup>188,189</sup> HA/ collagen,<sup>190</sup> and HA/PLA, and HA/PLGA.<sup>191,192</sup> Although there are advances in this field, more work is needed to fabricate implanting materials free from infection coupled with increased mechanical power.

## Conclusion

In conclusion, we discussed the recent progress in synthesis, characterization, functionalization, and bio-applications of hydroxyapatite nanomaterials. Researchers are doing comprehensive work on HA-NMs due to their resemblance to natural bone regarding composition and structure. Bioactive and biocompatible properties of HA-NMs make them useful in the biomedical area and mostly used in bone tissue-regeneration, as reported by several researchers. HA magnitude and arrangement are critically crucial for their biomedical applications. Scientists for the synthesis of HA-NMs describe numerous methods. Several techniques based on direct visualization or spectroscopy are used to characterize HA-NMs.

For surface modification of HA-NMs, different mediators are applied: the linking substances of amphiphilic nature, and when coated onto the surface of NMs, they help stabilize fine dispersion of NMs. These NMs are used as favorable materials in biomedical applications due to their reasonable biocompatibility, non-toxic behavior, suitable carrier talent, structure resemblance with bone, and rough surface. Bone implanting materials could be utilized for treating the defective bone, and the bone remodeling and HA-NMs work for it. In the regeneration of tissues, uses of HA-NMs and polymers are considerably and significantly escalating, and their combination usage shows significant success in coping with tissue-regeneration-related issues. Bioactivity and mechanical strength are both provided to the composite materials by HA-NMs that acts as an enforcer. HA bio-ceramic can be synthesized based on the necessities of the examination and the implanting substance. Previous reports showed the role of micro/nano HA materials to stimulate osteogenesis of stem cells, and trigger angiogenesis and osteogenesis through immunomodulation mechanism, respectively. In short, HA-NMs are promising nanomaterials with biocompatible and bone similarity features, so they can be used in different biomedical applications.

Sometimes, implant infection is caused by the disease prevalence, and death may occur, which is truly overwhelming for the community and patient. Because of this, it is required to make a new path for implants in bone tissue regeneration. Although there are advances in the role of HA-NMs in ceramics, more work is needed to fabricate implanting materials, which should be free from infection coupled with increased mechanical power.

# **Future Directions**

New materials are made for different purposes with the continuous progress in nanotechnology and materials science.<sup>193</sup> HA-NMs can be used in drug delivery, orthopedic implant, metallic, and coating implant. About their synthesis methods, it is an open matter to control the morphology and size of HA-NMs uniformly as the previous studies report non-homogeneous and non-uniform formulations. Additionally, textural features of HA-NMs are being controlled by applying a combination of different techniques like the microemulsion method with the hydrothermal technique. Similarly, some

methods have limited utility due to long time duration and high-temperature requirements like the solid-state technique. Thus, new synthesis methods must be discovered to solve these problems.

The aggregation of HA-NMs also provides free space for scientists to work on this topic. Different polymers are used to cope with this problem for a shorter duration but persist and need a permanent solution. Considerable progress reports have given the idea and information about cellular interaction with HA and other ceramics. Usually, HA has no strength to bear the loads; however, scientists are trying to make high mechanical strength material to bear the optimal load. Researchers have used different techniques to link polymers with calcium phosphate and HA, followed by a synthesis of an ideal material with elasticity, toughness, and mechanical power identical to the natural bone. The study should be conducted on the deposition of HA-NMs bio-interactive interface on the polymers (soft and rigid) and their bio-applications. It is suggested that HA-NMs with soft and rigid polymers could be used in skin tissues and bone replacement due to more pliability and superior strength, respectively.

Despite escalating research, many problems are still there for the researchers to avoid the infections. Bone fabrication is increased due to the osteoinductive and osteoconductive properties of HA-NMs. The biological characteristics of HA-NMs are modified by grafting growth factors and fabricating a trustworthy osteoinductive platform. Conversely, limits of HA coatings efficiency at diverse anatomic places, third-body wear by HA-NMs, and ability of HA coating strength to tolerate physiological loads have limited its use. Therefore, additional research work is needed to provide the solutions and further improvement in the biological and mechanical of HA-based implants to ensure their efficacy and safety.

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