

# US/MR Bimodal Imaging-Guided Bio-Targeting Synergistic Agent for Tumor Therapy

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**Purpose:** Breast cancer is detrimental to the health of women due to the difficulty of early diagnosis and unsatisfactory therapeutic efficacy of available breast cancer therapies. High intensity focused ultrasound (HIFU) ablation is a new method for the treatment of breast tumors, but there is a problem of low ablation efficiency. Therefore, the improvement of HIFU efficiency to combat breast cancer is immediately needed. This study aimed to describe a novel anaerobic bacteria-mediated nanoplatfrom, comprising synergistic HIFU therapy for breast cancer under guidance of ultrasound (US) and magnetic resonance (MR) bimodal imaging.

**Methods:** The PFH@CL/Fe<sub>3</sub>O<sub>4</sub> nanoparticles (NPs) (Perfluorohexane (PFH) and superparamagnetic iron oxides (SPIO, Fe<sub>3</sub>O<sub>4</sub>) with cationic lipid (CL) NPs) were synthesized using the thin membrane hydration method. The novel nanoplatfrom *Bifidobacterium bifidum*-mediated PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs were constructed by electrostatic adsorption. Thereafter, US and MR bimodal imaging ability of *B. bifidum*-mediated PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs was evaluated in vitro and in vivo. Finally, the efficacy of HIFU ablation based on *B. bifidum*-PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs was studied.

**Results:** *B. bifidum* combined with PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs by electrostatic adsorption and enhanced the tumor targeting ability of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. US and MR bimodal imaging clearly displayed the distribution of the bio-targeting nanoplatfrom in vivo. It was conducive for accurate and effective guidance of HIFU synergistic treatment of tumors. Furthermore, PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs could form microbubbles by acoustic droplet evaporation and promote efficiency of HIFU ablation under guidance of bimodal imaging.

**Conclusion:** A bio-targeting nanoplatfrom with high stability and good physicochemical properties was constructed. The HIFU synergistic agent achieved early precision imaging of tumors and promoted therapeutic effect, monitored by US and MR bimodal imaging during the treatment process.

**Keywords:** high-intensity focused ultrasound, nanoparticles, *Bifidobacterium bifidum*, imaging guidance, cancer therapy

## Introduction

The treatment of breast cancer is facing the big challenge of insufficient treatment. High intensity focused ultrasound (HIFU) has shown unprecedented potential for cancer treatment and widely used in treating primary and metastatic solid tumors.<sup>1,2</sup> Theoretically, HIFU increases the temperature of target tissues by focusing ultrasonic energy.<sup>3-5</sup> However, because ultrasound energy attenuates with increasing treatment depth, ultrasound energy deposition is usually insufficient in deep and large tumor tissues.<sup>6</sup> Therefore, improving the efficiency of treatment while reducing damage to normal tissues is challenging. The introduction of gaseous HIFU synergistic agents enhances the ultrasonic cavitation effect and improves the effect of HIFU ablation.<sup>7</sup> The most widely used substances are perfluorocarbons (PFH) with low boiling point (56°C) liquid-gas phase transition properties, which are used for synthesizing nanoscale HIFU synergistic agents.<sup>8-14</sup> Nano drug delivery system has been widely used in the treatment of tumors,<sup>15-18</sup> but the HIFU synergist developed based on nanomaterials still has some

problems of poor targeting and loss to normal tissues. Moreover, HIFU treatment is inseparable from image monitoring, but single ultrasound imaging makes it hard to meet the growing demand for HIFU treatment. Therefore, we need to find a more optimal method to actively target delivery of synergists and increase the accumulation of synergists in tumors. At the same time, it is necessary to introduce a non-invasive multimodal monitoring method to monitor the treatment process in real time.

The accumulation of synergistic agents in targeted tissues is the key for improving therapeutic efficiency of HIFU ablation. Therefore, tumor targeting properties of HIFU synergistic agents should be improved. The use of live tumor-targeting bacterial vectors as natural “microrobots” is a potential strategy for cancer therapy. *Bifidobacterium bifidum*,<sup>19,20</sup> *Salmonella typhimurium*,<sup>21</sup> *Escherichia coli*,<sup>22,23</sup> and other anaerobic bacteria have been widely used in cancer treatment due to their good biosafety and biocompatibility properties. Theoretically, the unique structure of a tumor site determines the hypoxic characteristics of the tumor microenvironment, and anaerobic *B. bifidum* is highly selective and can deeply colonize hypoxic tumor sites.<sup>24,25</sup> Bacterial colonization in tumors can improve retention efficiency and prolong retention time of lipid nanoparticles.<sup>26,27</sup> In addition, functional nanomaterial-modified anaerobic *B. bifidum* can enhance the effect of precise tumor targeting therapy and early imaging.<sup>28</sup>

Multimodal imaging probes or contrast agents need to be introduced into the nanoplatform to ensure accurate HIFU therapy.<sup>29</sup> Each imaging technique has its inherent limitations, however, such as the relatively low sensitivity of magnetic resonance (MR) imaging and the low resolution of ultrasound (US) imaging. Therefore, developing novel imaging contrast agents that integrate the distinct strengths of different imaging techniques would be valuable for biomedical diagnosis.<sup>30</sup> Bimodal imaging provides more detailed diagnostic information than unimodal imaging. US and MR imaging can accurately assess the therapeutic effect of HIFU ablation. Accurate tumor diagnosis can improve prognosis and survival rate. Therefore, combining US and MR imaging is extremely important in cancer diagnosis.

In this study, a *B. bifidum*-mediated nanoplatform was constructed for HIFU ablation of tumors under the guidance of multimodal imaging. First, cationic liposomes have the advantages of good biodegradability, easy surface modification, and prolonged circulation time. They are widely used as imaging agents and nanodelivery carriers for anti-tumor drugs. Second, liquid PFH was vaporized into microbubbles by acoustic drop vaporization (ADV) to enhance ultrasonic cavitation and achieve synergistic HIFU treatment. Additionally, superparamagnetic iron oxides (SPIO,  $\text{Fe}_3\text{O}_4$ ) were integrated into the shell of liposomal nanoparticles (NPs) to enhance  $T_2$ -weighted MRI capability of NPs. Finally, *B. bifidum* was connected with PFH@CL- $\text{Fe}_3\text{O}_4$  NPs by electrostatic adsorption to construct the bio-targeting nanoplatform.

## Materials and Methods

### Materials

Lipids, including 1,2-dipalmitoyl-sn-glycero-3-phosphocholine (DPPC), 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[amino(polyethyleneglycol)-2000] (DSPE-PEG2000-Amine), and DC-cholesterol hydrochloride (DC-CHOL) were purchased from Avanti Polar Lipids (Alabaster, AL, USA). Chloroform ( $\text{CHCl}_3$ ) was purchased from Chongqing East Chemical Industry Ltd, Co. (Chongqing, China). Superparamagnetic iron oxide nanoparticles ( $\text{Fe}_3\text{O}_4$ , 10 nm, 25 mg/mL) were purchased from Ocean Nanotech Co. Ltd. (San Diego, USA). Perfluorohexanes (PFH, a PFC compound with a boiling point of  $56^\circ\text{C}$ ) were purchased from Biofroxx Ltd, Co. (Shanghai, China). 1,1'-dioctadecyl-3,3,3',3'-tetramethylindotricarbocyanine iodide (DiR) was purchased from AAT Bioquest Inc. (USA). 2-(4-Aminodiphenyl)-6-indolecarbamidinedihydrochloride (DAPI), 1,1'-dioctadecyl-3,3,3',3'-tetramethylindocarbocyanine perchlorate (DiI) and fluorescein isothiocyanate (FITC) were purchased from Beyotime Biotechnology Co., Ltd (Shanghai, China).

### Methods

#### Preparation and Synthesis of PFH@CL/ $\text{Fe}_3\text{O}_4$ NPs

The cationic liposomal (CL) nanoparticles encapsulating  $\text{Fe}_3\text{O}_4$  and PFH were prepared by thin film hydration methods.<sup>31</sup> First, 6 mg DPPC, 2 mg DSPE-PEG (2000)-amine, and 2 mg DC-cholesterol were dissolved in 10 mL  $\text{CHCl}_3$ . Thereafter, 200  $\mu\text{L}$   $\text{Fe}_3\text{O}_4$  NPs were added sequentially. In an ice bath, the mixture was emulsified using a rotary evaporator (Yarong Inc., Shanghai, China) to remove the organic solvent and form the lipid films at a temperature of  $52^\circ\text{C}$  for 1 h. Subsequently, 200  $\mu\text{L}$  PFH was added into lipid films and sonicated using an ultrasonic probe (Sonics and Materials, Inc., USA) at 100 W for 5 min.

After the prepared emulsion was centrifuged at 8000 rpm for 5 min, the supernatant was discarded. The precipitate of  $\text{Fe}_3\text{O}_4$  and PFH was washed using deionized water. The process was repeated thrice. Finally, the precipitate was dissolved in 2 mL deionized water and lyophilized for 48 h. The dried samples were stored at 4°C for further use. PFH/CL NPs,  $\text{Fe}_3\text{O}_4$ /CL NPs, and CL NPs were prepared using a similar procedure without adding PFH or  $\text{Fe}_3\text{O}_4$  NPs. To prepare fluorescent NPs, the fluorescent dye, DiI or DiR was added to the organic phase in the dark.

### *B. bifidum* Culture

*B. bifidum* strain, ATCC 29521 (*B. bifidum*, American Type Culture Collection), was cultured in Man–Rogosa–Sharpe (MRS) broth in a hypoxic environment created using an anaerobic airbag-anoxic closed system for 18 h at 37°C. Colony forming units (CFUs) were counted. *B. bifidum* was collected by centrifugation at 4°C (1000 rpm, 5 min) and washed thrice. *B. bifidum* was resuspended in PBS until the concentration was adjusted to  $1 \times 10^6$  CFU/mL.

### Characterization of PFH@CL/ $\text{Fe}_3\text{O}_4$ NPs and *B. bifidum*

The structure and morphologic characterization of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs were observed under the transmission electron microscope (TEM, Hitachi H-7600, Japan) and optical microscope (Olympus BX51, Japan). The average particle size distribution, zeta potential of the PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs, and zeta potential of *B. bifidum* were determined by a dynamic laser light scattering system (DLS, Malvern Instruments, UK). The stability of mean particle size and zeta potential of the NPs dissolved in PBS were measured within 9 days. The PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs were dissolved in dimethylsulfoxide; thereafter, 36% HCl was added to the solution to decompose  $\text{Fe}_3\text{O}_4$ . The solution containing Fe was diluted with 1% HCl. The concentration of  $\text{Fe}_3\text{O}_4$  in PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs was measured using the atomic absorption spectrometer (Hitachi model Z-5000, Hitachi Ltd, Japan). The encapsulation efficiency of  $\text{Fe}_3\text{O}_4$  was calculated with the following equation: Encapsulation efficiency (%) = (the mass of  $\text{Fe}_3\text{O}_4$  in sample)/(the total mass of  $\text{Fe}_3\text{O}_4$ )  $\times$  100%

### Construction of the Biological Target Magnetic NPs

The biological target magnetic NPs were constructed by the ligation of PFH@CL/ $\text{Fe}_3\text{O}_4$  nanoparticles and *B. bifidum* by electrostatic adsorption. The PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs (1 mg/mL) and *B. bifidum* ( $1 \times 10^6$  CFU/mL) were mixed at the ratio of 10:1. Afterwards, the mixture is incubated at room temperature for 5 min. The resulting *B. bifidum*-NP bioconjugates were centrifuged and washed with PBS for three times to remove unreacted NPs. The experimental details of TEM and DLS of *B. bifidum*-NP bioconjugates can be found in the [Supporting Information 1.1](#).

To observe the connection between PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs and *B. bifidum*, the samples were divided into the targeted group (PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs + *B. bifidum*) and non-targeted group (PFH/Lip/ $\text{Fe}_3\text{O}_4$  NPs + *B. bifidum*). The targeted group was treated with  $1 \times 10^6$  CFU/mL FITC-labeled *B. bifidum* and 1 mg/mL DiI-labeled PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs, whereas the non-targeted group was treated with  $1 \times 10^6$  CFU/mL FITC-labeled *B. bifidum* and 1 mg/mL DiI-labeled PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs. The connection between both groups was directly observed by confocal laser scanning microscopy (CLSM, Nikon A1, Japan). To quantitatively detect the connection rate of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs and *B. bifidum*, the samples were divided into targeted group, non-targeted group, and *B. bifidum* control group, and the connection rate was detected by flow cytometry (FCM, BD FACSVantage SE, USA).

### Cell Culture

The 4T1 breast cancer cells and vascular smooth muscle cells (VMSCs) were provided by the Institution of Ultrasound Imaging of Chongqing Medical University (The use of the cell lines was approved by the ethics committee of Chongqing Medical University). The cells were cultured in Roswell Park Memorial Institute-1640 (RPMI-1640) medium with 10% fetal bovine serum and 1% penicillin/streptomycin at 37°C and 5%  $\text{CO}_2$ .

### Animal Model

Female BALB/c mice (4–6 weeks old, weight of 18–20 g) were provided by the Experimental Animal Center of Chongqing Medical University. All the experimental procedures were approved by the animal ethics committee of Chongqing Medical University. All procedures involving animals were conducted, following the guidelines of the Institutional Animal Care and Use Committee of Chongqing Medical University. To establish the tumor model,  $1 \times 10^6$

4T1 cells suspended in 100  $\mu$ L PBS was injected intravenously into the right thigh muscle of BALB/c mice. When the tumor volume reached 200 mm<sup>3</sup>, the tumor-bearing mice were used.

## In vivo Tumor Targeting Detection

Three tumor-bearing mice were randomly selected and injected intravenously with 200  $\mu$ L *B. bifidum* ( $1 \times 10^6$  CFU/mL). All mice were sacrificed on day 7 after injection, and their heart, liver, spleen, lung, kidney, and tumor tissues were collected, homogenized, and smeared on BL Agar plates for anaerobic culture at 37°C. The biological distribution of *B. bifidum* in major organs and tumors was observed.

To further explore the tumor targeting ability of biological target NPs, tumor-bearing mice were randomly divided into targeted group and non-targeted group (three mice per group). In the targeted group, the mice were pre-injected intravenously with 200  $\mu$ L *B. bifidum* ( $1 \times 10^6$  CFU/mL), and 200  $\mu$ L of DiR-labeled PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs (1 mg/mL) was injected intravenously after 7 days. In the non-targeted group, 200  $\mu$ L of PBS was injected in advance, and 200  $\mu$ L of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs (1 mg/mL) was injected after 7 days. The fluorescence signals of NPs in vivo were recorded at pre-injection, 6 h, 24 h, 30 h, and 48 h post-injection using LB983 NC320 in vivo imaging (Berthold Technologies GmbH & Co. KG, Germany). The tumors and major organs were collected, and in vitro fluorescence signal intensity was measured.

## In vitro and in vivo Ultrasound Imaging

The liquid–gas phase transition of PFH in the NPs was observed under the optical microscope. A drop of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs (1 mg/mL) was added to 10 mL Eppendorf tube and irradiated by HIFU exposure (Chongqing Haifu Medical Technology Co., Ltd., Chongqing, China). Vaporization of the NPs was observed before and after HIFU exposure.

For in vitro US imaging, four groups were divided as follows: PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group, PFH/CL NPs group, Fe<sub>3</sub>O<sub>4</sub>/CL NPs group, and PBS group. The NPs of each group were transferred to 10-mL Eppendorf tubes and irradiated with HIFU (acoustic power 150 W, irradiation duration of 3 s). They were immediately transferred to 3% agarose gel (w/v) phantom. The US images under B mode and contrast-enhanced ultrasonography (CEUS) mode were acquired before and after HIFU irradiation using My LabCalssC advanced ( Esaote, Italy). The gray value was measured using the DFY software (Institution of Ultrasound Imaging of Chongqing Medical University, China).

For in vivo US imaging, the 4T1 tumor-bearing mice were randomly divided into four groups (three mice per group): PBS, *B. bifidum*, PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NP, and *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NP groups. The *B. bifidum* group and *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group were intravenously injected with 200  $\mu$ L *B. bifidum* ( $1 \times 10^6$  CFU/mL), whereas the PBS group and PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group were intravenously injected with 200  $\mu$ L PBS. After 7 days, the mice in the PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group and *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group were intravenously injected with 200  $\mu$ L PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs (1 mg/mL). The PBS group and *B. bifidum* group were intravenously injected with 200  $\mu$ L PBS. At 30 h post-injection (according to the in vivo fluorescence results), US images of tumor region of interest (ROI) were obtained before and after HIFU irradiation, and average gray of each tumor was quantitatively measured using the DFY software.

## In vitro and in vivo Magnetic Resonance Imaging

For in vitro MRI performance, the PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs at various concentrations of Fe<sub>3</sub>O<sub>4</sub> (20, 40, 100, 250, and 500  $\mu$ g/mL) were resuspended in 3% agarose gel and placed in 2 mL Eppendorf tubes for T<sub>2</sub>-weighted MRI (Bruker 7.0 T MRI scanner, Germany). T<sub>2</sub>-weighted imaging parameters were set as: TE = 27 ms, TR = 2500 ms, slice thickness = 2.0 mm, FOV = 40 mm  $\times$  40 mm, and flip = 180°. The T<sub>2</sub> signal intensity (SI) of ROI in each group was measured.

For in vivo MRI, 4T1 tumor-bearing mice were randomly divided into targeted group (*B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs (1 mg/mL)) and non-targeted group (PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs (1 mg/mL)), three mice per group. The T<sub>2</sub>-weighted images were acquired at pre-injection, 6 h, 24 h, 30 h, and 48 h post-injection. The T<sub>2</sub>-weighted imaging parameters were set as follows: TE = 45 ms, TR = 2500 ms, slice thickness = 1.0 mm, FOV = 35 mm  $\times$  25 mm, and flip = 180°. The T<sub>2</sub> SI in the tumor region (SI<sub>tumor</sub>) was measured. The percentage of signal intensity decrease (PSID) was used to assess MRI effectiveness, PSID = (SI<sub>pre</sub> – SI<sub>post</sub>)/SI<sub>pre</sub>  $\times$  100%.



## Synergistic Effect for HIFU Ablation

The experimental details of the synergistic effect of HIFU therapy in vitro can be found in [Supporting Information 1.2](#).

For the evaluation of HIFU synergistic therapy in vivo, 4T1 tumor-bearing mice were randomly divided into four groups (three mice per group): PBS+HIFU, *B. bifidum* + HIFU, PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU, *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU (Refer to the grouping method of in Vivo US Imaging). Thirty hours after injection, the tumor site was ablated with HIFU irradiation (150 W, 3 s). Twenty-four hours after HIFU ablation, tumor tissues were stained with 2% 2,3, 5-triphenyltriazolium chloride (TTC) solution. The Gray Val 1.0 software of the HIFU device was used to record the Gray level changes in the ablation area of patients in the four groups before and after HIFU irradiation, and the ablation area V was calculated as follows:  $V(\text{mm}^3) = (\pi/6) \times \text{length} \times \text{width} \times \text{depth}$ . Furthermore, energy efficiency factor (EEF) was measured according to the equation:  $\text{EEF} (\text{J}/\text{mm}^3) = \eta Pt/V$ , where  $\eta$  (set to 0.7 in the instrument) represents the focusing coefficient of HIFU transducer, P (W) represents the total power of HIFU, and t (s) represents total ablation time.

Hematoxylin-eosin (H&E) staining and terminal deoxynucleotide transferase-mediated notched-end labeling (TUNEL) were used to observe antitumor effects. A day after HIFU treatment, 4T1 tumor-bearing mice were euthanized, and tumor tissues were placed in 4% paraformaldehyde for H&E staining to observe the degree of tumor necrosis. Apoptosis was observed by TUNEL assay.

## Biocompatibility Evaluation of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs

The cytotoxicity of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs in vitro was detected by the traditional MTT method. VMSC cells and 4T1 cells were cultured in 96-well plates ( $1 \times 10^4$  cells per well) for 24 h, and different concentrations of NPs (0.1, 0.5, 1, 2.5, and 5 mg/mL) were added to each well plate for 24 h. Thereafter, 20  $\mu\text{L}$  of MTT solution (5 mg/mL) was added and incubated for 4 h. Finally, dimethyl sulfoxide (DMSO) was added to the solution and mixed. Additionally, the absorbance of each well was measured using a microplate reader (BIO-TEKEL  $\times$  800, USA) at 490 nm. Cell viability (%) was calculated using the following equation:

$$\text{Cell viability} = (\text{OD}_{\text{Cells+ NPs}} - \text{OD}_{\text{blank}}) / (\text{OD}_{\text{Cells}} - \text{OD}_{\text{blank}}) \times 100\%$$

The experimental details of the Hemolysis test can be found in [Supporting Information 1.3](#).

For evaluating in vivo toxicity, female BALB/c mice (18–20 g) were randomly divided into the biological target NP group and control group (three mice per group). Blood samples were collected 3, 7, and 14 days after injection of biological target NPs for biochemical examinations, including complete blood count of white blood cells (WBC), hemoglobin (HGB), red blood cells (RBC), and platelets (PLT); liver function markers, including alanine aminotransferase (ALT) and aspartate transaminase (AST); kidney function markers, such as creatinine (CREA), blood urea nitrogen (BUN), myocardial enzyme-spectrum lactate dehydrogenase (LDH), and creatine kinase (CK). After 14 days, the major organs (heart, liver, spleen, lung, and kidney) were stained with H&E for histological analysis and observed under an optical microscope.

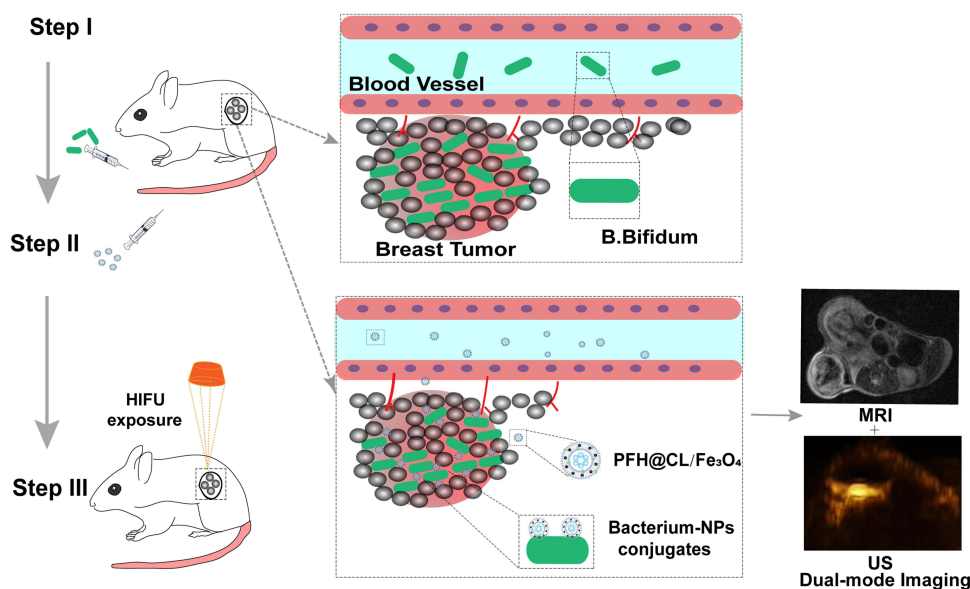
## Statistical Analysis

All data were analyzed using the IBM SPSS 25.0 software. Statistical data are presented as mean  $\pm$  standard deviation (SD). Multi-group comparisons were analyzed using one-way ANOVA analysis, and differences between individual groups were determined using the LSD test (NS, no significance, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ).

## Results and Discussion

### PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs for *B. bifidum*-Mediated HIFU Ablation

Herein, as shown in [Scheme 1](#), the *B. bifidum*-mediated strategy was designed to deliver PFH@CL-Fe<sub>3</sub>O<sub>4</sub> NPs by electrostatic adsorption to solid tumors, resulting in enhanced efficiency of HIFU treatment due to the tumor-targeting ability of *B. bifidum*. The pre-targeting technique was used to verify the tumor-targeting ability of *B. bifidum* and stimulate the proliferation of *B. bifidum* in tumors to become targets of nanoparticles. Specifically, in the first step, *B. bifidum* was injected into mice bearing 4T1 xenografts with intravenous injection once every 24 h, three times in total.



**Scheme I** Schematic illustration of *B. bifidum*-mediated PFH@CL-Fe<sub>3</sub>O<sub>4</sub> targeted NPs for HIFU ablation and US/MR imaging.

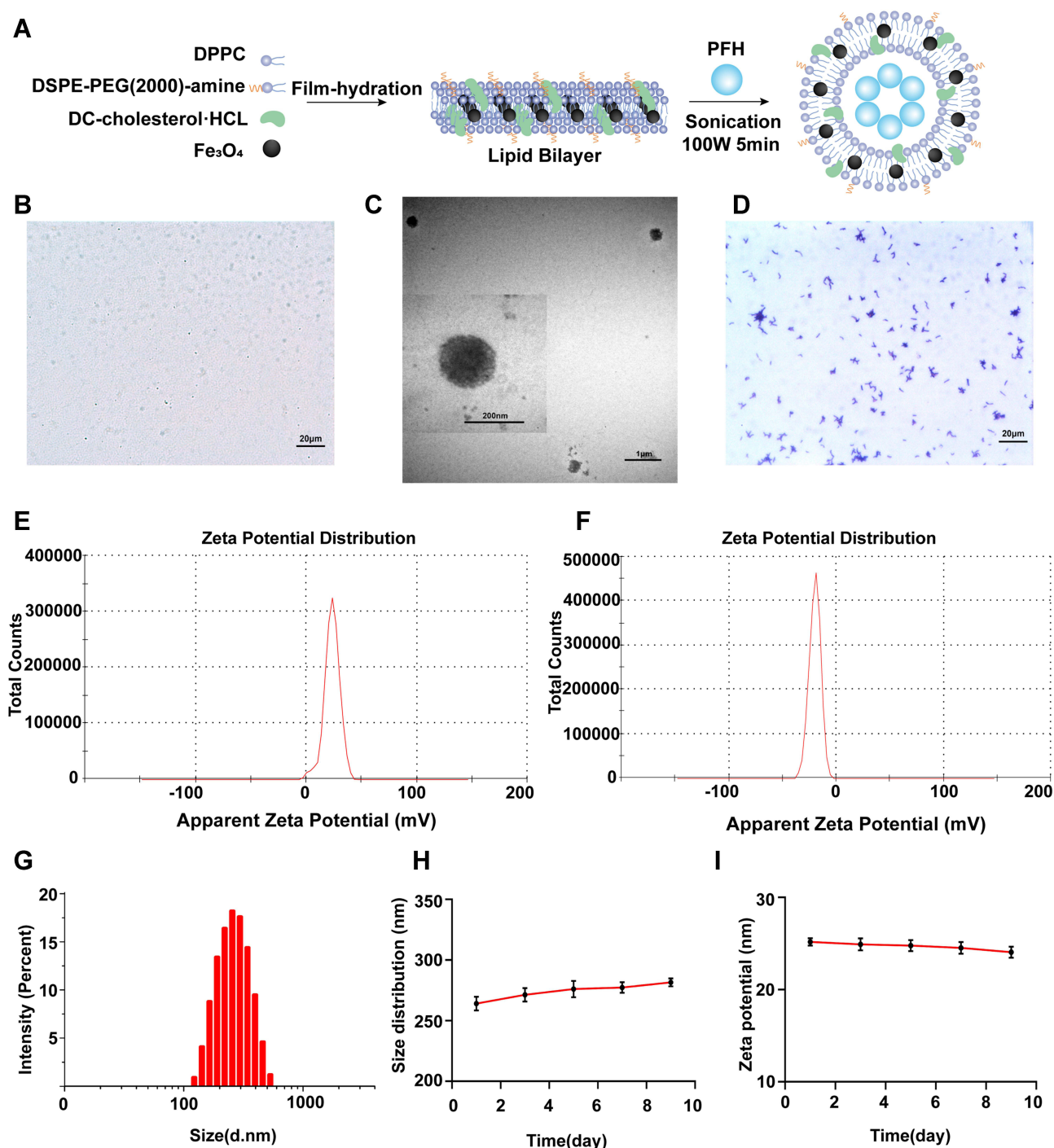
**Abbreviations:** PFH, perfluorocarbon; Fe<sub>3</sub>O<sub>4</sub>, superparamagnetic iron oxide; PFH@CL-Fe<sub>3</sub>O<sub>4</sub> NPs, PFH and Fe<sub>3</sub>O<sub>4</sub> coloaded cationic lipid nanoparticles; *B. bifidum*, *Bifidobacterium bifidum* strain ATCC29521; HIFU, High intensity focused ultrasound.

In the second step, after 7 days, PFH@CL-Fe<sub>3</sub>O<sub>4</sub> NPs were injected again. Due to the negative potential of the surface of *B. bifidum*, cationic lipid NPs were aggregated into the tumor target area by electrostatic adsorption. This enabled targeted multimodal imaging in conjunction with HIFU therapy of tumors. Compared with the traditional HIFU synergistic agents, the novel bio-targeted nanoplatfrom had the advantages of good tumor targeting, temperature-sensitive phase transition, and HIFU ablation guided by ultrasound and MR, which is expected to become a new candidate method for HIFU ablation.

## Synthesis and Characterization of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and *B. bifidum*

The PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs were synthesized through the thin film hydration method to concurrently encapsulate Fe<sub>3</sub>O<sub>4</sub> and inert PFH as the core of the NPs (Figure 1A). The uniform lipid membranes included DPPC, DSPE-PEG (2000), DC-CHOL, and Fe<sub>3</sub>O<sub>4</sub>. The inner PFH was stably encapsulated in the membranes by the emulsification approach, forming PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs of PFH and Fe<sub>3</sub>O<sub>4</sub>. The resultant PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs had a regular spherical morphology and good dispersity in optical microscopy and TEM images, and Fe<sub>3</sub>O<sub>4</sub> NPs were efficiently embedded in the spherical shell (Figure 1B and C). The Gram stain films of *B. bifidum* were observed under an optical microscope (Figure 1D). The average zeta potentials of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and *B. bifidum* were  $+23.2 \pm 7.0$  mV and  $-19.8 \pm 5.3$  mV, respectively (Figure 1E and F). The results indicated that they could be connected by electrostatic adsorption.

The PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs were relatively uniform nanospheres with a diameter of  $267.4 \pm 65.2$  nm (PDI = 0.015) (Figure 1G). NPs can invade the vascular endothelial space to reach the core of tumor tissues. The PEGylation of lipid NPs prevent clearance by the mononuclear phagocytic system of the liver and spleen, which increases the circulation time of NPs.<sup>32</sup> Furthermore, the long-term stability of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs was evaluated. The diameter and zeta potential of NPs remained stable within 9 days (Figure 1H and I), indicating the desirable long-term stability of the prepared nanocomposites. Liposomes have a good hydrophobicity and bilayer structure of phospholipid molecules; therefore, they are considered as ideal drug delivery vectors.<sup>33,34</sup> The Fe<sub>3</sub>O<sub>4</sub> NPs content in the PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NP package was  $221.0 \pm 12.8$  µg/mL, and the loading efficiency was 88.4% wt% by atomic absorption spectrometry, which provided a possible use of nanoparticles in MRI.<sup>35,36</sup>



**Figure 1** Synthesis and characterization of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and *B. bifidum*. (A) Synthetic procedures for PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs via thin film hydration method. (B) Optical microscope image of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs (400 × magnification), the scale bar is 20 μm. (C) TEM images of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. (D) Optical microscope image of Gram stain of *B. bifidum* (400 × magnification), the scale bar is 20 μm. (E) Surface zeta potential of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. (F) Surface zeta potential of *B. bifidum*. (G) Particle size distribution of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. (H) The particle size PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs over a period of 9 days in deionized water. (I) The zeta potential of NPs over a period of 9 days in deionized water.

**Abbreviations:** Fe<sub>3</sub>O<sub>4</sub>, Superparamagnetic Iron Oxide; PFH, perfluorohexanes; CL, cationic liposome; NPs, nanoparticles; HIFU, high-intensity focused ultrasound; TEM, transmission electron microscopy.

## In vitro Construction of Biological Target Magnetic NPs

Herein, *B. bifidum* had a negative charge on its surface, whereas the NPs had a positive charge. Therefore, *B. bifidum* can be connected to PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs by electrostatic adsorption. Unlike the smooth surface *B. bifidum* (Figure S1A), the

*B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs consisted of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs adhering to the surface of *B. bifidum* (Figure S1B). The particle size of *B. bifidum* alone was 955.4±28.74 nm (PDI = 0.153) (Figure S2A), and the *B. bifidum* coupled PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs was 1258.39±37.8 nm (PDI = 0.191) (Figure S2B). Furthermore, the conjugation of *B. bifidum* and PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs was evaluated by the CLSM method. Compared with the non-targeted group, the targeted group had several DiI-labeled red fluorescence PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs attached to the FITC-labeled green fluorescence *B. bifidum*, showing an orange fluorescence signal (Figure 2A). The conjugation efficiency of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and *B. bifidum* was detected using FCM. The results indicated that the connection rate was 97.95% in the targeted group and 1.29% in the non-targeted group (Figure 2B). These results indicated that *B. bifidum* and PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs successfully synthesized biological target magnetic NPs, which confirmed that the *B. bifidum* binds to cationic liposome NPs through electrostatic adsorption.<sup>26,27,37</sup>

## Targeting Ability of Biological Target Magnetic NPs

To elaborate the distribution of *B. bifidum* in vivo 7 days after intravenous injection, the mice were sacrificed, and major organs (heart, liver, spleen, lung, kidney, and tumor tissues) were homogenized. Bacteria were colonized in the tumor tissues. In contrast, the main normal organs were bacteria-free (Figure 3A). Our research group confirmed that *B. bifidum* can specifically target tumor tissues and reproduce in a hypoxic tumor microenvironment.<sup>22</sup> These results suggest that *B. bifidum* can actively target and colonize tumor tissues.<sup>38</sup> Anaerobic *B. bifidum* readily proliferates in the anaerobic zone of the tumor after intravenous injection, which may be due to selective colonization of anaerobic bacteria in the hypoxic, immunosuppressive, and unique tumor microenvironment.<sup>39</sup>

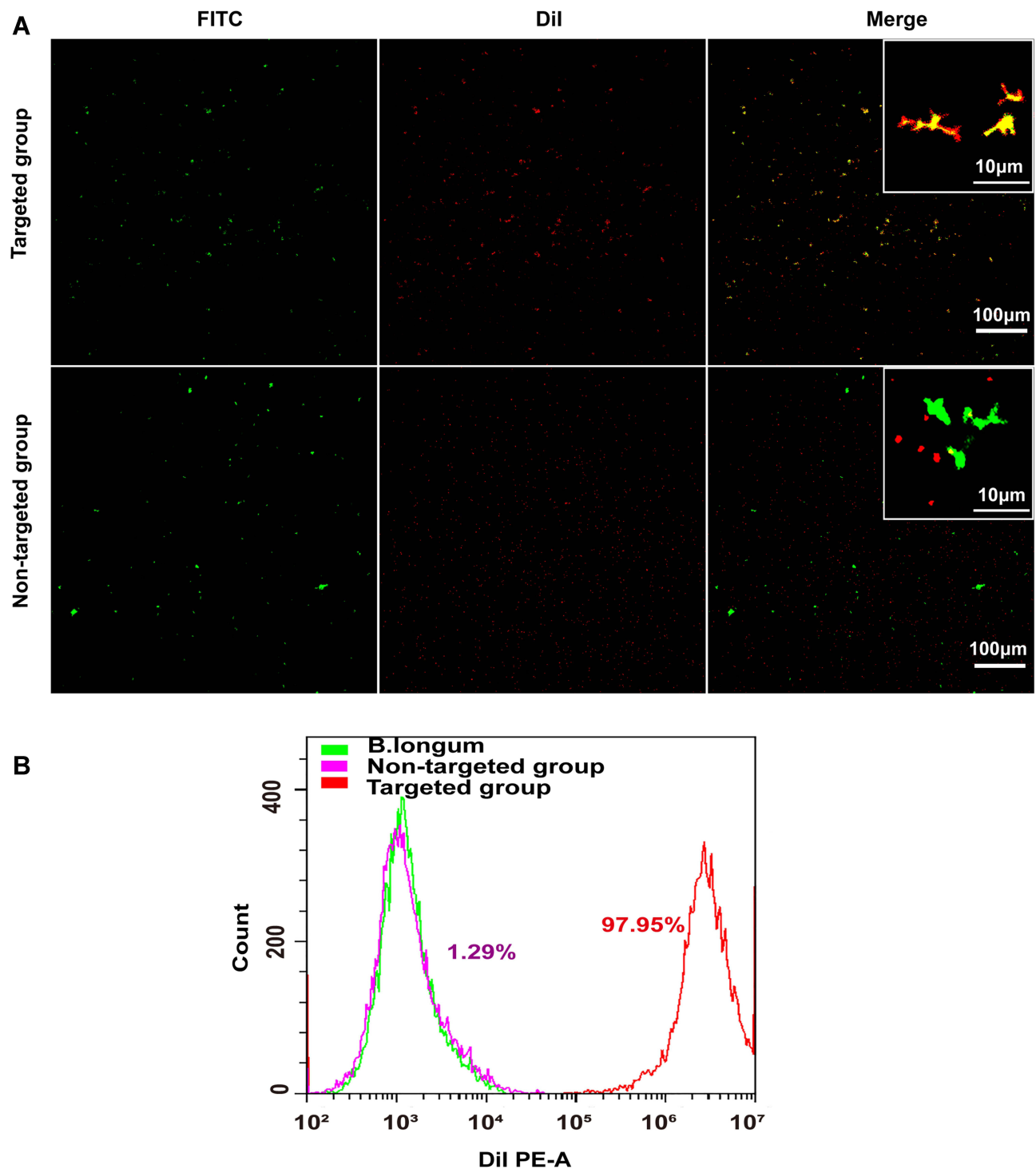
To further evaluate the tumor targeting accumulation and distribution of biological target magnetic NPs in vivo, the fluorescence distribution of DiR-labeled PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs in mice was detected 6 h after intravenous injection. Fluorescence intensity of the targeted group increased gradually with time and reached the maximum at 30 h post-injection. Importantly, with the extension of time to 48 h after injection, a strong fluorescence intensity signal could still be observed, indicating that DiR-labeled PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs of the targeted group could remain in the tumor site (Figure 3B). The fluorescence intensity of the targeted group was significantly higher than that of the non-targeted group (Figure 3C), demonstrating that *B. bifidum* effectively targets PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and prolongs its tumor accumulation time. In addition, major organs and tumors were harvested at 48 h post-injection to further confirm the accumulation of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs in tumor tissues. As shown in in vitro imaging (Figure 3D), the liver and spleen had strong fluorescence signals in both groups, which was attributed to uptake effects of the reticuloendothelial system.<sup>40</sup> The fluorescence intensity of the targeted group at the tumor resection site was significantly stronger than that of the non-targeted group (Figure 3E). These results suggest that *B. bifidum* cloned at the tumor site could effectively retain PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. This phenomenon may be related to the following factors: the proliferation of the bifidobacterium in tumors can increase vascular permeability and retention by increasing nitric oxide levels. Therefore, PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs easily penetrate the vascular endothelium and enter tumor tissues.<sup>41,42</sup>

All of the above phenomena prove that the *B. bifidum* can target and reproduce in tumor anoxic areas to retain more PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. Therefore, the increasing therapeutic agents can enhance targeted imaging effect.

## In vitro and in vivo Ultrasound Imaging

First, the phase transition of HIFU-induced NPs was studied to evaluate the US imaging capability of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. The imaging ability of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs before and after irradiation was observed under an optical microscope. After irradiation, NPs enlarged and fused into microbubbles (Figure 4A). The PFH contained in PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs were simulated and heated by HIFU irradiation, resulting in liquid-gas phase transition of NPs and formation of large microbubbles. Ultrasonic imaging B-mode and CEUS-mode were used to observe the ability of NPs to form microbubbles (Figure 4B). Before HIFU irradiation, no obvious echogenicity was present in the CEUS-mode. However, after HIFU irradiation, significant differences were present in the CEUS-mode of each group, which confirmed the formation of bubbles in the mixture. Notably, the gray value of CEUS in the PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NP group was significantly higher than that in the PFH/CL, Fe<sub>3</sub>O<sub>4</sub>/CL and PBS groups (\*\*p < 0.001) (Figure 4C), suggesting that combination of Fe<sub>3</sub>O<sub>4</sub> NPs and PFH could accelerate the formation of bubbles.<sup>43</sup> Thereafter, US images of tumors were obtained to detect



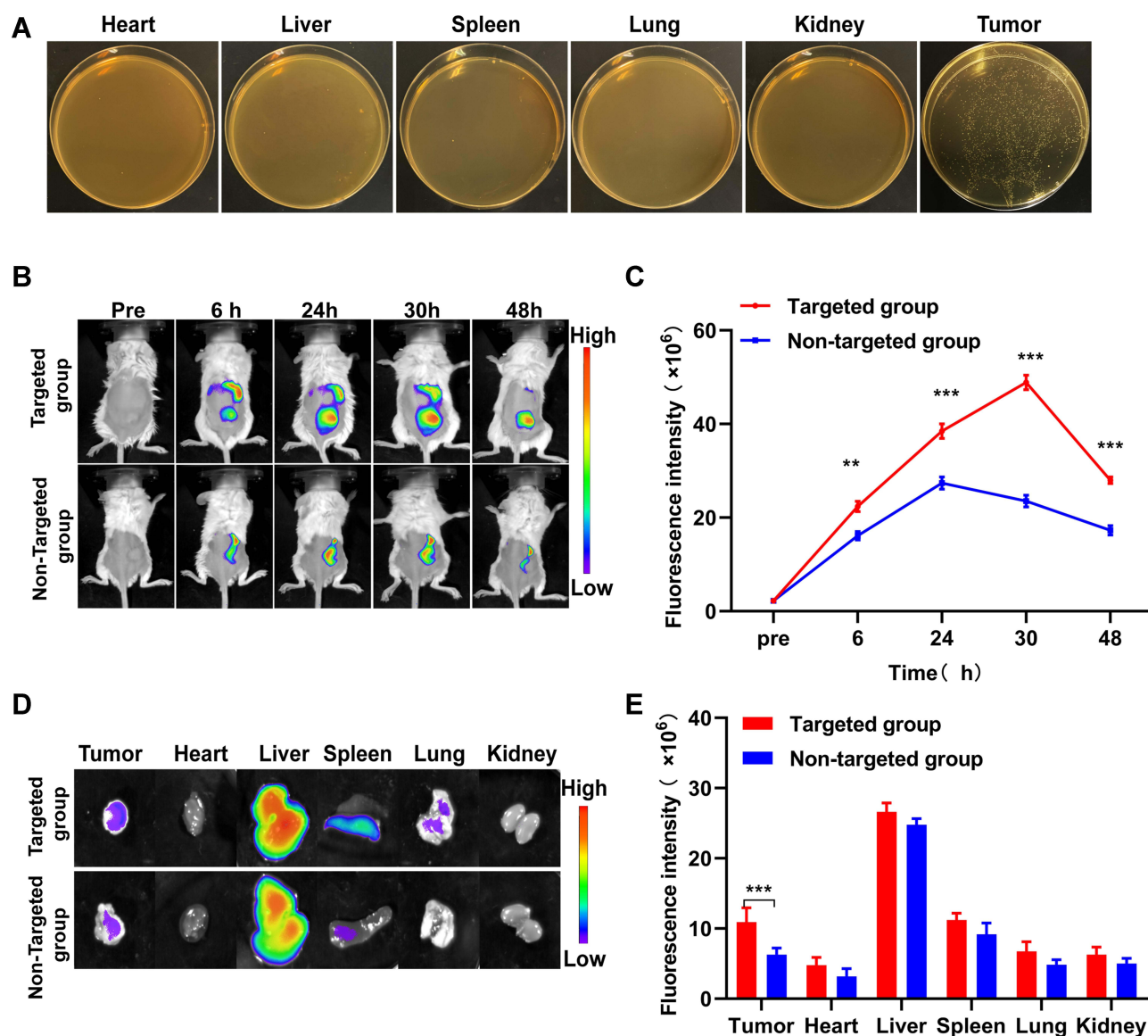


**Figure 2** In vitro construction of the biological targeting magnetic NPs. **(A)** CLSM images of Dil-labeled cationic and non-cationic NPs (red) and FITC-labeled *B. bifidum* (green). Compared with the non-targeted group, there was a significantly stronger red fluorescent signal on the surface of *B. bifidum* in the targeted group, the scale bar is 100 μm. **(B)** FCM image of binding efficiencies of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and *B. bifidum*.

**Abbreviations:** Fe<sub>3</sub>O<sub>4</sub>, Superparamagnetic Iron Oxide; PFH, perfluorohexanes; CL, cationic liposome; NPs, nanoparticles; *B. bifidum*, *Bifidobacterium bifidum* strain ATCC 29521; FITC, fluorescein isothiocyanate; Dil, 1,1'-dioctadecyl-3,3',3'-tetramethyl lindocarbocyanine perchlorate; CLSM, confocal laser scanning microscope.

where PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs could be viewed by US imaging. In vivo ultrasound imaging of each group was observed before and after HIFU irradiation (Figure 4D). Before HIFU exposure, no significant difference in echo intensity of the CEUS-mode was present in each group. However, the echo intensity of the CEUS-mode in the *B. bifidum*+



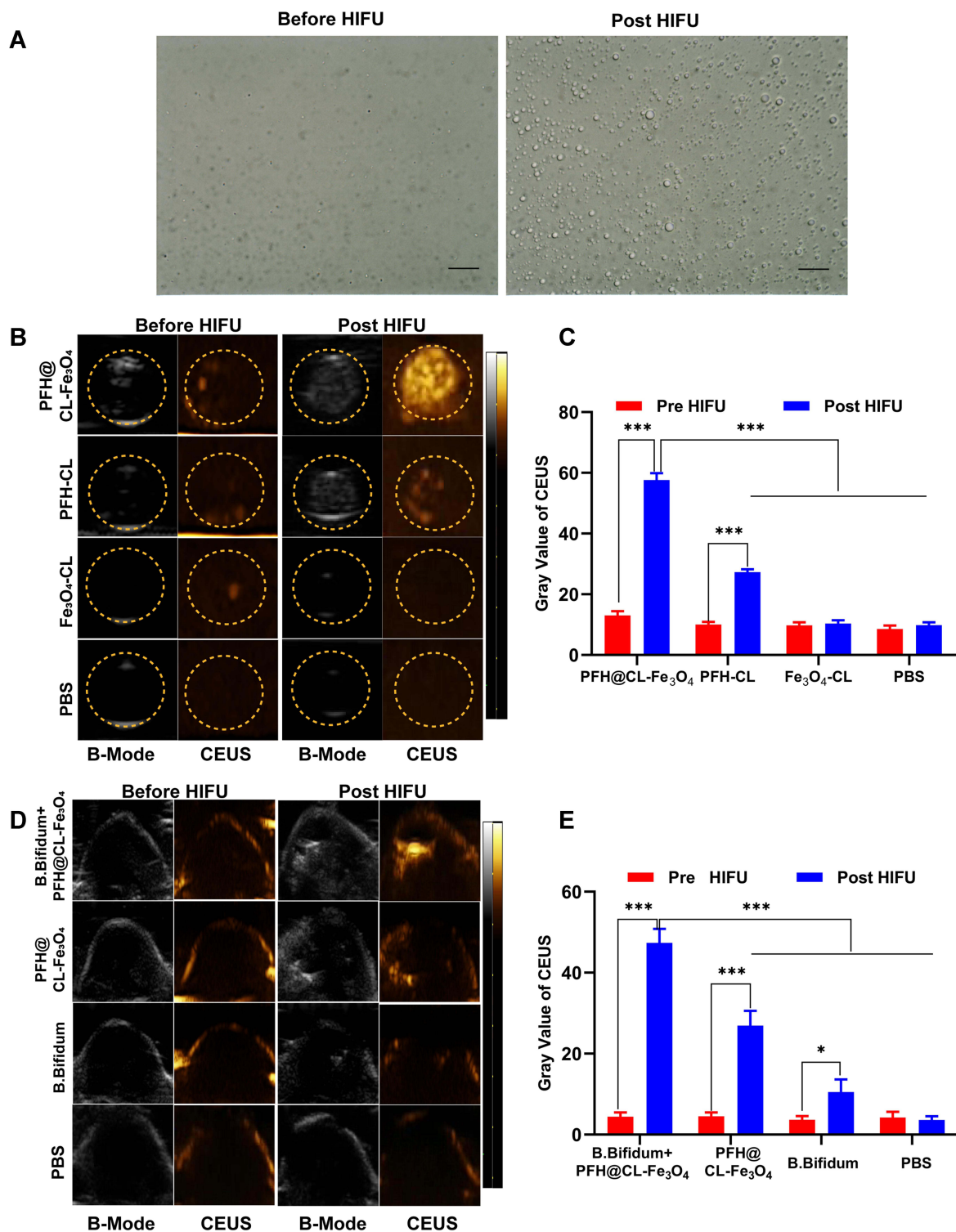


**Figure 3** In vivo targeting behaviors of biological targeting magnetic NPs. **(A)** Homogenates of tumor tissues and normal organs were cultured on solid BL agar. **(B)** In vivo targeting efficiency before and after PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs with intravenous administration. Fluorescence intensity of tumor-bearing mice at pre-injection and 6h, 24h, 30h, 48h post-injection of targeted group and non-targeted group. **(C)** The corresponding in vivo quantitative fluorescence intensity of tumor. The fluorescence intensity in targeted group was slightly higher than that in non-targeted group 6h after injection of NPs (\*\*p < 0.01). The fluorescence intensity in targeted group was significantly higher than that in non-targeted group 30h after injection of NPs (\*\*\*p < 0.001). **(D)** In vitro fluorescence intensity of the major organs (heart, liver, spleen, lung and kidney) and tumors 48h after injection of targeted group and non-targeted group. **(E)** The corresponding in vitro quantitative fluorescence intensity of major organs and tumors. The fluorescence intensity of tumor in targeted group was significantly higher than that in non-targeted group (\*\*\*p < 0.001).

**Abbreviations:** Fe<sub>3</sub>O<sub>4</sub>, Superparamagnetic Iron Oxide; PFH, perfluorohexanes; CL, cationic liposome; NPs, nanoparticles; *B. bifidum*, *Bifidobacterium bifidum* strain ATCC 29521; FITC, fluorescein isothiocyanate.

PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group after HIFU exposure was significantly higher than that before irradiation (\*\*\*p < 0.001). In addition, the gray value of the CEUS-mode in the *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group was higher than that in the PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NP, *B. bifidum*, and PBS groups (\*\*\*p < 0.001) (Figure 4E).

This phenomenon may be related to the following factors. First, PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs can strongly absorb ultrasonic energy and create heat under HIFU irradiation, leading to the liquid-gas phase transition of PFH to produce bubbles. Concurrently, the ultrasonic pressure wave generated by the thermal expansion of the tissues increases the acoustic signal.<sup>44</sup> Second, *B. bifidum* implanted in the tumor tissue enhances the deposition and retention of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs, resulting in an increase in the echo intensity of the tumor target. As a result, the biological target magnetic NPs can provide more detailed information about tumors after intravenous injection and effectively guided tumor therapy.

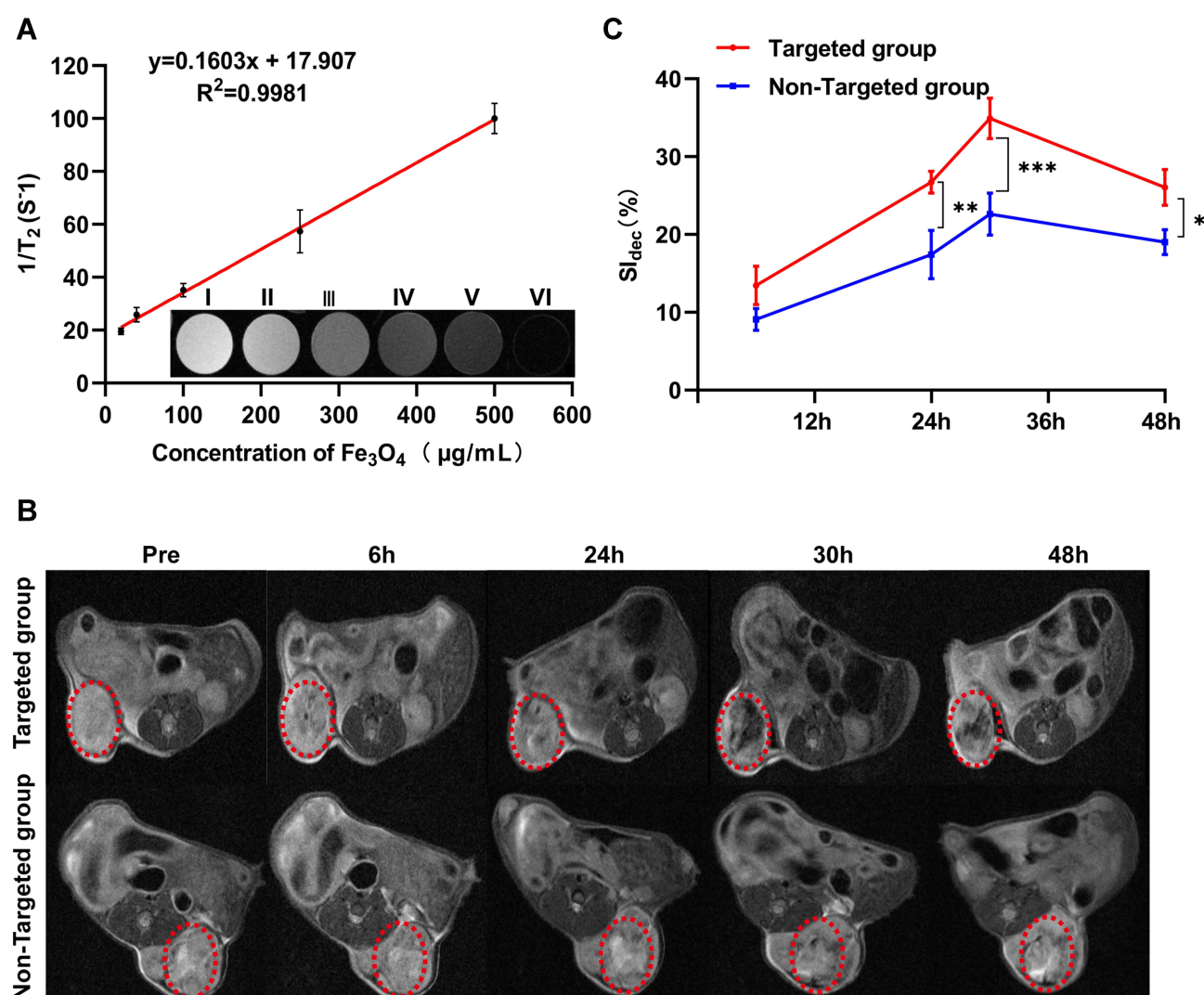


**Figure 4** The phase transition of biological targeting NPs and contrast-enhanced ultrasound imaging both in vitro and in vivo. **(A)** Optical microscope image of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs before and after HIFU irradiation (400 × magnification). After irradiation, the NPs became larger and fused into microbubble, the scale bar is 20 μm. **(B)** In vitro ultrasound images of PFH@CL-Fe<sub>3</sub>O<sub>4</sub>, PFH-CL, Fe<sub>3</sub>O<sub>4</sub>-CL, PBS before and after HIFU irradiation. **(C)** The gray value of in vitro CEUS before and after HIFU irradiation (n = 3). The gray value of PFH@CL-Fe<sub>3</sub>O<sub>4</sub> was significantly higher than those of other groups after HIFU irradiation (\*\*p < 0.001). **(D)** In vivo B-mode and CEUS images of *B.Bifidum* + PFH@CL-Fe<sub>3</sub>O<sub>4</sub>, PFH@CL-Fe<sub>3</sub>O<sub>4</sub>, *B.Bifidum* and PBS before and after HIFU irradiation. **(E)** The gray value of in vivo CEUS before and after HIFU irradiation (n=3). The CEUS gray value of *B.Bifidum* group after HIFU ablation was slightly higher than that before HIFU ablation (\*p < 0.05), and the CEUS gray value of *B. Bifidum* + PFH@CL-Fe<sub>3</sub>O<sub>4</sub> group and PFH@CL-Fe<sub>3</sub>O<sub>4</sub> group after HIFU ablation was significantly higher than that before ablation (\*\*p < 0.001). After HIFU ablation, the CEUS gray value of *B.Bifidum* + PFH@CL-Fe<sub>3</sub>O<sub>4</sub> group was significantly higher than that of the other three groups (\*\*p < 0.001).

**Abbreviations:** Fe<sub>3</sub>O<sub>4</sub>, Superparamagnetic Iron Oxide; PFH, perfluorohexanes; CL, cationic liposome; NPs, nanoparticles; *B.Bifidum*, *Bifidobacterium bifidum* strain ATCC 29521; US, ultrasound; B-mode, brightness modulation; CEUS, contrast-enhanced ultrasound.

## In vitro and in vivo Magnetic Resonance Imaging

Superparamagnetic  $\text{Fe}_3\text{O}_4$  is an ideal contrast agent for T2-weighted MRI. The capability of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs to entrap  $\text{Fe}_3\text{O}_4$  NPs for MR imaging was verified in vitro. The different concentrations of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs exhibited negative enhancement on T2-weighted MR images. In addition, MRI signal intensity decreased with the increase in  $\text{Fe}_3\text{O}_4$  concentration (Figure 5A), confirming the ability of  $\text{Fe}_3\text{O}_4$  in PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs to enhance MRI as a T2-weighted contrast agent. The  $r_2$  values of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs at different concentrations were quantitatively compared using the inverse relaxation time diagram ( $1/T_2$ ). Furthermore, the in vivo MRI potential of PFH@CL/ $\text{Fe}_3\text{O}_4$  NP, as a contrast agent, was evaluated. Negative dark effects were observed of tumor in the targeted group 6 h after intravenous injection (red circle callout) compared with the untargeted group (Figure 5B). The percentage of signal intensity reduction (SI dec) was used to quantitatively analyze the MRI signal intensity. The T2-weighted signal intensity of the targeted group decreased by 34% and reached its lowest value at 30 h post-injection. Decreased signaling persisted in the tumor up to 48 h after injection due to active targeted accumulation of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs at the tumor site (Figure 5C). The superparamagnetic  $\text{Fe}_3\text{O}_4$  encapsulated in liposome is an ideal contrast agent for T2-weighted MRI,



**Figure 5** MRI assessment of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs in vitro and in vivo. **(A)** The curve of  $1/T_2$  versus PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs at elevated  $\text{Fe}_3\text{O}_4$  concentration. Inset: T2-weighted MR intensities of PFH@CL/ $\text{Fe}_3\text{O}_4$  NPs at different  $\text{Fe}_3\text{O}_4$  concentration ( $n = 3$ ). **(B)** Image of 4T1 tumor-bearing mice (region enveloped by the red dotted line) at pre, 6h, 24h, 30h and 48h post-injection of targeted NPs and non-targeted NPs. **(C)** Quantitative analysis of  $\text{SI}_{\text{dec}}$  ( $n = 3$ ), the difference was detected in the targeted group and non-targeted group (\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ).

**Abbreviations:**  $\text{Fe}_3\text{O}_4$ , Superparamagnetic Iron Oxide; PFH, perfluorohexanes; CL, cationic liposome; NPs, nanoparticles; *B. Bifidum*, *Bifidobacterium bifidum* strain ATCC 29521; MRI, magnetic resonance imaging; SI, signal intensity.



which is conducive to accurate tumor diagnosis and can guide the selection of time windows and real-time monitoring during cancer therapy.<sup>45,46</sup>

Therefore, MR imaging results were similar to fluorescence imaging results, both in vitro and in vivo, suggesting that *B. bifidum*-mediated PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs can be retained in tumors and be used as a contrast agent for T2-weighted MRI. Bio-targeted nanoplatforms combined with *B. bifidum* and PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs can provide guidance and monitoring during HIFU therapy.

## Synergistic Effect of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and HIFU Therapy

Encouraged by the distinct bubble-generation capability of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs, the in vitro synergistic HIFU-based tumor ablation was evaluated by using ex vivo bovine livers (Figure S3A). Among these groups, the prepared NPs could improve the coagulative volume of HIFU ablation for ex vivo bovine livers (Figure S3B). In vivo synergistic effect of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs and HIFU irradiation in combating breast cancer was systematically evaluated. The treatment was initiated 30 h post-injection with different NPs, and the maximum concentration of *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs in the tumor was observed by fluorescence imaging. After HIFU irradiation, the gray value of the tumor target region in all groups had varying degrees of change (Figure 6A). In addition, the gray value in the *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU group (Figure 6B) was higher than that in the other groups (\*\*p < 0.001).

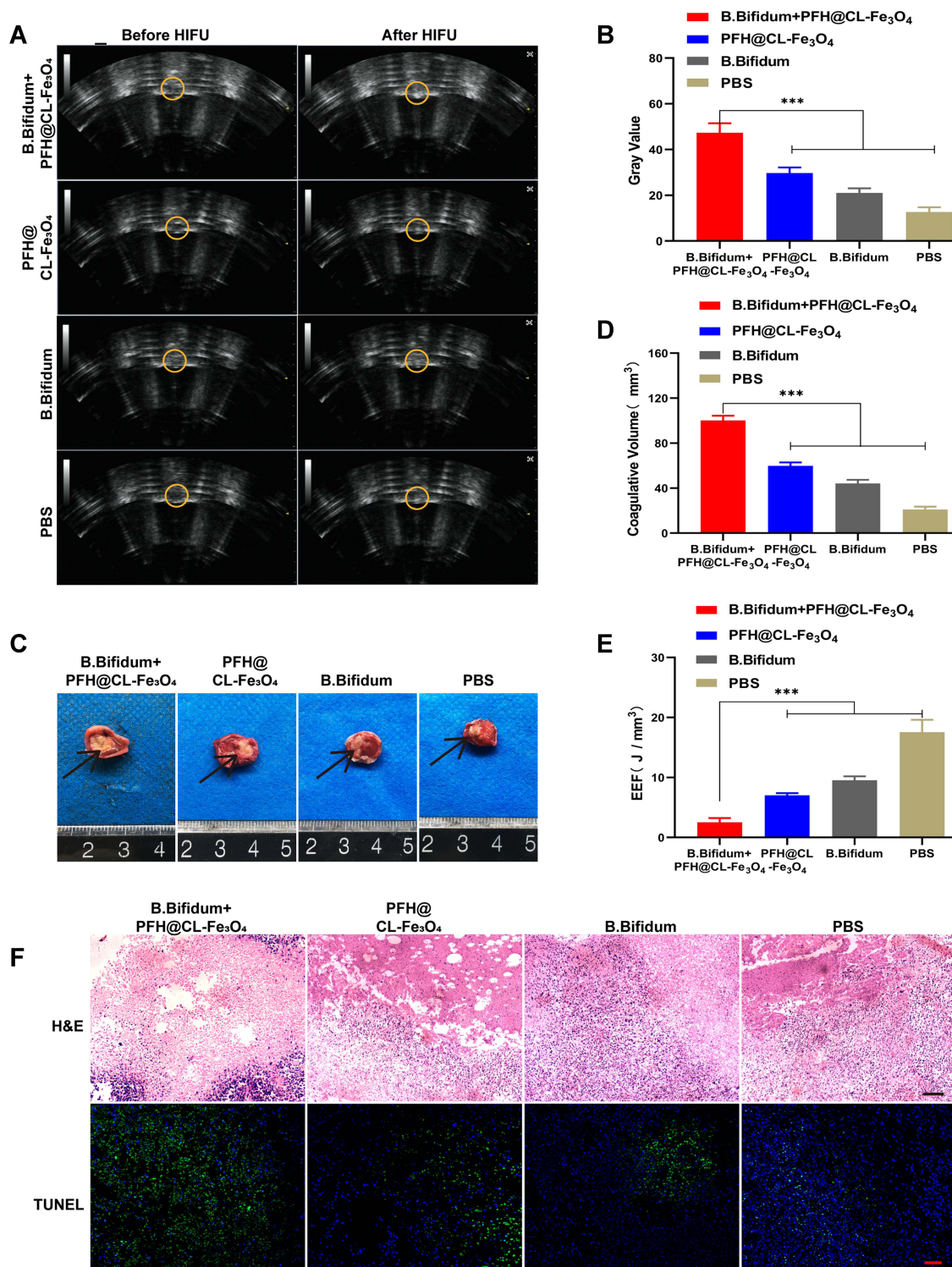
TTC staining indicated that the coagulative necrosis region of the ablated region was grayish-white, whereas the non-ablated region was red (Figure 6C). A clear separation was observed between the ablated and non-ablated areas in the *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU group and PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group. The results suggest that PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs could damage the target tissues without affecting the adjacent normal tissues. The quantitative analysis of coagulative necrosis volume (Figure 6D) exhibited that the volume of the *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU group was significantly larger than that of the other groups (\*\*p < 0.001). Moreover, the EEF values (Figure 6E) of the *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU group was markedly lower than those of the other groups (\*\*p < 0.001). The introduction of microparticles or nanoparticles could change the acoustic environment of tissues, thus enhancing the acoustic energy deposition to improve the therapeutic efficiency of HIFU.<sup>47</sup> This was also confirmed in our study. This result indicated that under the same HIFU irradiation conditions, bio-targeted NPs had a stronger synergistic effect than the other treatment options because *B. bifidum* in tumor target areas capture several PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. In addition, multimodal imaging can select the optimal treatment time based on the distribution of nanoparticles in vivo to guide the efficient and effective treatment of tumors.

To further validate the degree of tumor necrosis after HIFU ablation, two approaches of pathological examinations were applied. The H&E staining of the tumor tissues in the *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU group had the largest region of coagulative necrosis, and the gap between the ablation target region and non-ablation target region was clearly obvious, indicating the excellent ability of the biological target NPs in ablating tumors. In contrast, tumor cells in nests exhibited good cellular morphology in the PBS group. Moreover, for evaluating the tumor-cell proliferation and apoptosis levels of tumors after HIFU ablation, immunohistochemical staining with the TUNEL assays was performed (Figure 6F). Apoptosis can be induced by heat, cold and ultraviolet stimulation, which is a normal physiological process to maintain tissue homeostasis. Studies have shown that heat stress enhanced by microbubbles may be associated with more apoptotic events during HIFU exposure.<sup>48</sup> The results indicated that positive staining (brown nuclei) cells represented apoptotic cells, and the tumor tissues in the *B. bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs + HIFU group had the least number of brown proliferative cells by the TUNEL assay.

The above results prove that PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs could serve as HIFU synergistic agents. Moreover, *B. bifidum*-mediated PFH@CL/Fe<sub>3</sub>O<sub>4</sub> can be retained in tumor target regions for longer durations, further enhancing the HIFU ablation efficiency.

## Biosafety Assay

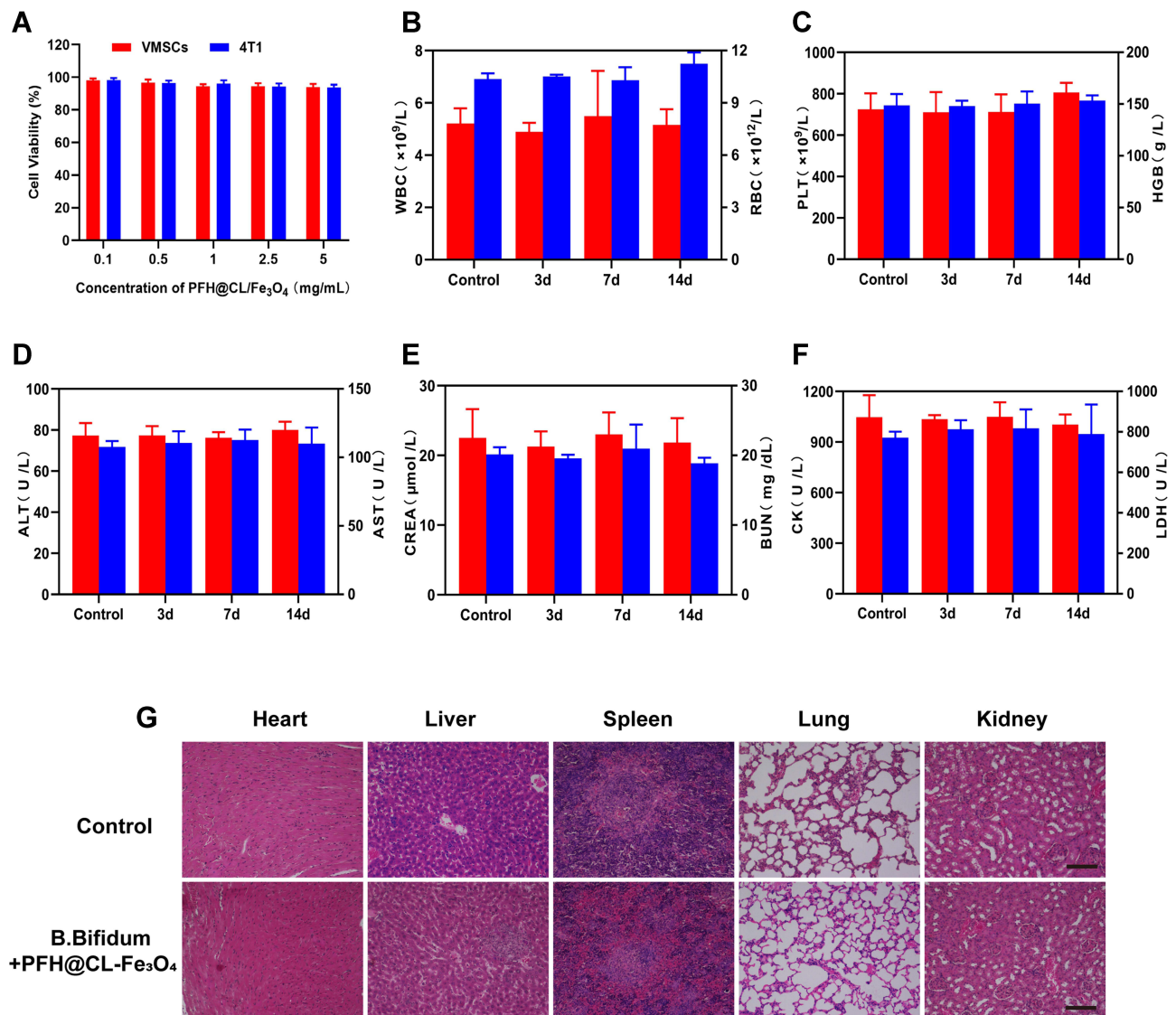
To evaluate the cytotoxicity of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs, cell cytotoxicity using the MTT assay and in vivo toxicity in healthy BALB/c mice were analyzed. Cell viability results of 4T1 cells and VMSCs cells showed no significant cytotoxicity, the concentration of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs increased to as high as 5 mg/mL (Figure 7A). Then, we conducted the hemolysis test to



**Figure 6** Synergistic HIFU treatment of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. **(A)** In vivo US imaging of tumor tissues (yellow circle) before and after HIFU irradiation in different group. The yellow dotted circle marks the tumor nodules. **(B)** The comparison of gray values of tumor tissues in each group after HIFU irradiation. The mean grayscale difference in the *B.Bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group was significantly higher than the other groups ( $n = 3$ , \*\*\*  $p < 0.001$ ). **(C)** Coagulative necrosis of tumors by TTC staining after HIFU therapy, the necrosis tissue appears grayish white (black arrow) and the normal tumor tissue is red. **(D)** The comparison of coagulative necrosis of tumor tissues in each group after HIFU irradiation. The coagulative necrosis volume of the *B.Bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group was significantly bigger than any other groups ( $n = 3$ , \*\*\*  $p < 0.001$ ). **(E)** The comparison of EEF of tumor tissues in each group after HIFU irradiation. The results showed that the *B.Bifidum* + PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs group was significantly lower than any other groups ( $n = 3$ , \*\*\*  $p < 0.001$ ). **(F)** Optical microscope images of tumor sections from each group after HIFU ablation were stained for HE staining, TUNEL assay. There exists a significant boundary between the nonablated and ablated region in HE staining ( $200 \times$  magnification), the scale bar is  $20 \mu\text{m}$ . TUNEL positive cells are in brown and increased in the coagulation necrosis region ( $400 \times$  magnification), the scale bar is  $10 \mu\text{m}$ .

**Abbreviations:** Fe<sub>3</sub>O<sub>4</sub>, Superparamagnetic Iron Oxide; PFH, perfluorohexanes; CL, cationic liposome; NPs, nanoparticles; *B.Bifidum*, *Bifidobacterium bifidum* strain ATCC 29521; HIFU, high-intensity focused ultrasound; TTC, 2, 3, 5-Triphenyltetrazoliumchloride; TUNEL, terminal-deoxynucleotidyl transferase-mediated nick end labeling.





**Figure 7** Biosafety assay. (A) Cell viability assay of different concentration PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs incubated with 4T1 breast tumor cells and VMSCs normal cells. (B–F) Hematological assay of BALB/c mice of control group and the experimental groups at the corresponding time point. (G) H&E staining in major organs (heart, liver, spleen, lung, and kidney) of control group and the experimental groups after HIFU ablation (H&E:  $\times 200$  magnification), the scale bar is 20  $\mu$ m.

**Abbreviations:** HIFU, high-intensity focused ultrasound; H&E, hematoxylin and eosin staining.

evaluate the preliminary biocompatibility of PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs. Only a minor hemolysis rate ( $<5\%$ ) was observed when the PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs concentrates were as high as 5 mg/mL (Figure S4), indicating favorable biocompatibility of the nanocarriers for in vivo applications.

Furthermore, to evaluate the in vivo safety of biological target NPs, the blood biochemical indexes and H&E staining in mice were examined. The results of WBC, RBC, PLT, HGB (Figure 7B and C), ALT and AST (Figure 7D), BUN and CREA (Figure 7E), and CK and LDH (Figure 7F) indicated negligible differences among all groups at 3 days, 7 days, and 14 days post-injection, indicating that toxicity was undetectable in the mice during the tests. Additionally, the H&E staining analysis of the heart, liver, spleen, lung, and kidney revealed no noticeable damage with the use of biological target NPs (Figure 7G). These results reveal the high histocompatibility of biological target NPs.

## Conclusion

This is the first study to report a *B. bifidum*-mediated strategy to deliver PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs by electrostatic adsorption approach into solid tumor under the dual-modal imaging (MR/US) guidance. These novel bio-targeting NPs were developed for synergistic HIFU therapy of tumors. Specifically, we successfully synthesized PFH@CL/Fe<sub>3</sub>O<sub>4</sub> NPs using film hydration methods which can target *B. bifidum* colonized in tumor by electrostatic adsorption.<sup>30,49,50</sup> The elaborately designed bio-targeting NPs can achieve high tumor accumulation and significantly enhance HIFU therapeutic efficiency under the dual-modal imaging guidance. Compared with the typical cancer-treatment protocols, such as chemotherapy, *B. bifidum*-mediated strategy can significantly synergistic HIFU treatment for breast cancer. Furthermore, the US combined MR imaging performance is conducive to monitoring the reaction of tumor sites and guiding the selection of the HIFU irradiation time window during cancer therapy. Multimodal imaging integrates the advantages of individualized imaging modalities and provides more accurate biological information for the early diagnosis of tumors and monitoring of HIFU therapy.<sup>51,52</sup> However, the utility of this biologically targeted potentiator of HIFU for real-time monitoring and prognostic assessment through multimodal imaging should be further investigated in this study. In summary, this multimodal image-guided HIFU approach provides a promising strategy for the diagnosis and treatment of triple negative breast cancer and can be used as a safe clinical transformation method. In the future research, this bio-targeted approach could be used to guide US, MR and photoacoustic imaging multimodal nanomaterials and in combination with immunotherapy and chemotherapy for triple negative breast cancer.

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Fujie Jiang and Lu Wang contributed equally to this work.

## Disclosure

The authors report no conflicts of interest in this work.

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