

Subcentimeter Nodules with Diagnostic Hallmarks of Hepatocellular Carcinoma: Comparison of Pathological Features and Survival Outcomes with Nodules Measuring 1–2 cm

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Objective: To compare the pathologic diagnosis and survival of patients with subcentimeter and 1–2 cm nodules that present with diagnostic hallmarks of hepatocellular carcinoma (HCC).

Methods: Diagnostic hallmarks of HCC were defined as hyperintensity on T2 weighted imaging, restricted diffusion, arterial phase hyperenhancement, washout on portal venous phase, and hypointensity on hepatobiliary phase. We retrospectively included 139 patients undergoing curative resection with single nodules ≤ 2 cm that present imaging features described above on gadoteric acid-enhanced MRI. The final diagnosis was confirmed by histopathological assessment. Recurrence-free survival (RFS) was compared using Kaplan–Meier analysis with the Log-rank test. Factors associated with overall and early recurrence were identified using Cox regression analysis.

Results: Among 139 nodules (49 nodules < 1 cm), there was no significant difference in the percentage of HCC between subcentimeter and 1–2 cm nodules (94.0% vs 94.4%, $P > 0.999$). Microvascular invasion (MVI) was less common in subcentimeter HCC (4.3% vs 17.6%, $P = 0.032$). There were 27 recurrences during a median follow-up time of 46.7 months. Patients with subcentimeter HCC achieved less recurrence, with a 5-year RFS rate of 87.3%. The MVI-positive patients had more early and overall recurrence. A tumor size < 1 cm was associated with lower overall recurrence (HR, 0.336; $P = 0.047$). No factors were independently associated with early recurrence.

Conclusion: Subcentimeter nodules with diagnostic hallmarks of HCC are highly associated with HCC diagnosis and achieve less tumor recurrence after resection. Early diagnosis and treatment of subcentimeter HCC may be more appropriate.

Keywords: carcinoma, hepatocellular, magnetic resonance imaging, gadolinium ethoxybenzyl DTPA

Introduction

Early diagnosis and treatment improve the prognosis of patients with hepatocellular carcinoma (HCC).¹ In high-risk patients, HCC can be diagnosed noninvasively based on its typical diagnostic hallmarks without pathological confirmation.² As gadoteric-acid disodium, a liver-specific contrast agent, is widely used, subcentimeter HCC is not uncommonly encountered in clinical practice.³ Guidelines from the American Association for the Study of Liver Disease (AASLD) and the European Association for the Study of the Liver (EASL) only recommend a definitive diagnosis of HCC for lesions larger than 1 cm.^{4,5}

However, the diagnosis algorithms in some Asian guidelines are not constrained by the diameter, and subcentimeter HCC can be diagnosed and treated as early as possible.^{6–8}

The discrepancies among guidelines reflect two major hotspots of research related to subcentimeter HCC, that is, how to accurately diagnose it and whether it should be treated aggressively. Recent studies related to preoperative diagnosis found that the incidence of HCC among subcentimeter nodules presenting with typical five image features of HCC was as high as 80–90%.^{9,10} However, to our knowledge, no pathology study has been performed to investigate the pathological diagnosis of such nodules and few studies have focused on patients without a history of HCC. With regard to management strategy, there has been little agreement on how best to deal with these nodules. Although previous studies concluded that early treatment of subcentimeter HCC did not improve survival compared with those measuring 1–2 cm, these studies were flawed by insufficient sample sizes and different treatment modalities.^{11,12}

In the present study, we aimed to investigate the pathological diagnosis of subcentimeter nodules with diagnostic hallmarks of HCC in treatment-naïve patients and to determine whether treatment of HCC in a subcentimeter level would improve survival outcomes.

Materials and Methods

Patients

The Institutional Review Board of Zhongshan Hospital Fudan University approved this retrospective study (B2020-372R), which followed the Declaration of Helsinki's ethical guidelines. Written informed consent was waived due to its retrospective nature. We stated that patient data was strictly confidential.

We registered consecutive treatment-naïve patients suspected of solitary hepatic solid lesions according to gadoxetate acid-enhanced MRI (EOB-MRI) reports from January 2012 to December 2020 by searching the electronic imaging database of the local institution. The inclusion criteria were as follows: (a) patients who had chronic hepatitis B virus (HBV) infection or liver cirrhosis of any etiology; (b) lesion size ≤ 2 cm on EOB-MRI; (c) patients who had no prior history of other malignancies; and (d) patients who received curative hepatectomy (R0 resection). This selection yielded 349 initial eligible patients with 349 hepatic lesions. Of those, we excluded 51 patients who: (a) had a history of antitumor treatment before surgery ($n = 22$); (b) whose interval between MR scan and surgery > 1 month ($n = 10$); (c) who had inadequate MR image quality ($n = 15$); and (d) who were lost to follow-up or died in the perioperative period ($n = 4$).

A total of 159 nodules that did not show diagnostic hallmarks of HCC were excluded. Diagnostic hallmarks of HCC were defined as the combination of the following five imaging features that known to be suggestive of HCC: T2-weighted imaging (T2WI) mild-moderate hyperintensity, restricted diffusion, nonrim arterial hyperenhancement (nonrim APHE), nonperipheral washout only in portal venous phase (PVP), and hypointensity on hepatobiliary phase (HBP). Whether a nodule depicted diagnostic hallmarks of HCC was determined according to the consensus of two radiologists (with 14 and 16 years of experience) ([Supplementary Table 1](#)). Ultimately, 139 nodules from 139 patients were included in final analysis ([Figure 1](#)).

Electronic medical records were used to collect clinical information and laboratory data for all patients, including patient demographics, etiology of chronic liver disease; serum levels of hepatitis B virus deoxyribonucleic acid load, albumin, total bilirubin, aspartate transaminase, alanine transaminase, platelets, prothrombin time, international normalized ratio, alpha-fetoprotein (AFP); Child-Pugh class; and Albumin-bilirubin grade.

Acquisition of EOB-MRI Images

All patients were scanned on a 1.5-T scanner (Magnetom Aera, Siemens Healthcare). Routine liver protocols consisted of transverse T2WI, T1-weighted imaging, in-phase and opposed-phase sequences, and diffusion-weighted imaging. Gadoteric acid-enhanced T1-weighted imaging was performed at the arterial phase, PVP, transitional phase (TP), and HBP after the injection of gadoxetate disodium (Primovist, Bayer Pharma) at a dose of 0.025 mmol/kg. Detailed parameters of all the sequences are found in a published paper.¹³

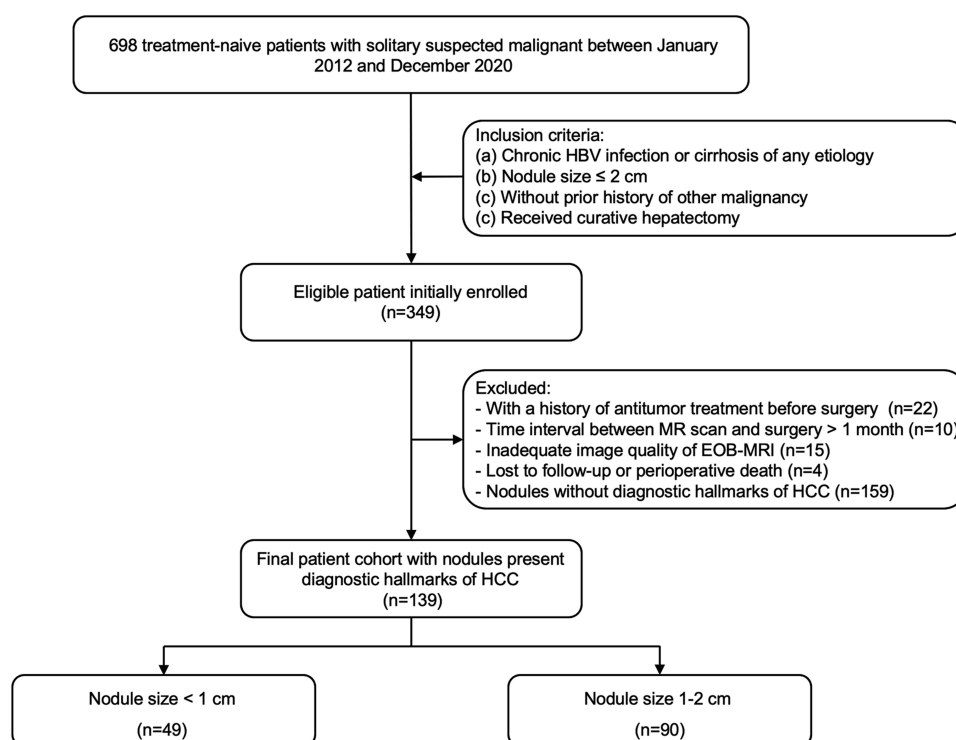


Figure 1 Flow chart of patient inclusion and exclusion.

Image Analysis

The MR images were retrieved from the picture archiving and communication system workstation (Centricity RA1000, General Electric). All images were deidentified and then presented randomly to two board-certified abdominal radiologists. They were blinded to the clinical data and histological results but were aware that the patients were at high risk for HCC. Two observers independently measured the maximum diameter of observations on HBP. The average diameter was applied to minimize measurement bias. The detailed definition of the aforementioned five MRI features is summarized in [Supplementary Table 2](#).

Measurement of Outcomes

Clinical and radiologic follow-up was performed for all HCC patients after surgery, including contrast-enhanced CT or MRI at 1 month after resection and every 3–6 months thereafter, according to the institutional protocol. Decisions about imaging modality and exploring extrahepatic metastasis were made by our hepatology clinic. Recurrence was defined as intrahepatic or extrahepatic neoplasms detected by CT/MRI, positron emission tomography (PET)-CT or confirmed by histopathology. Early recurrence was defined as recurrence within the first 2 years after resection. The data were censored on December 31, 2021.

Histopathologic Data

Two pathologists specializing in liver pathology (both with more than 10 years of experience) rereviewed the specimen slides of all patients. The final histopathologic diagnosis was remade by consensus based on the 2019 WHO classification.¹⁴ The following features were also recorded: liver fibrosis stage, hepatitis activity grade, tumor differentiation according to the Edmonson-Steiner grade, capsule formation, microvascular invasion (MVI), satellite foci, serosal invasion, and the expression of cytokeratin 19 (CK19) and Ki-67. MVI was defined as the presence of tumor in the portal vein, hepatic vein, or in a large capsular vessel of the surrounding hepatic tissue lined with endothelium that was visible only on microscopy.¹⁵ CK19-positive expression was defined as membranous or cytoplasmic immunoreactivity present in $\geq 5\%$ of tumor cells, while Ki-67-positive expression referred to $\geq 10\%$ of positive tumor cells.^{16,17}

Statistical Analysis

Comparison of the frequencies of categorical variables between subcentimeter nodules and those measuring 1–2 cm was performed by Fisher's exact test. The Mann–Whitney *U*-test was performed for continuous variables. The recurrence-free survival (RFS) and overall survival (OS) rates were calculated by the Kaplan–Meier method, and the differences were compared using the log–rank test. Univariable and multivariable analyses were carried out to identify prognostic factors for early recurrence and overall recurrence using the Cox proportional hazards regression model. Factors with a *P* value <0.1 in univariable analysis were candidates for the stepwise multivariable analysis. Hazard ratios (HRs) with 95% confidence intervals (CIs) are reported. Differences with a *P* value of <0.05 were considered statistically significant. The kappa statistic (κ) was calculated as a measure of agreement between observers for image analysis, with values of 0.41–0.60 indicating moderate agreement, 0.61–0.80 indicating substantial agreement, and >0.81 indicating excellent agreement. Data were analyzed using SPSS Statistics version 24 (IBM Corp.).

Results

Patient and Nodule Characteristics

The final study cohort included 139 patients (109 male; median age, 52 years, interquartile range, 45–57 years) with solitary hepatic lesions who underwent curative hepatectomy. Cirrhosis was demonstrated in the majority of patients (stage F0–F2: 19.4%; stage F3: 13.7%; stage F4: 66.9%). Among the 135 patients (97.1%) with HBV infections, 78 (57.8%) were taking an oral antiviral agent. The median preoperative AFP serum level was 26.1 ng/mL (interquartile range, 4.2–153.0 ng/mL). There were 16 (11.5%) patients with AFP serum levels exceeding 400 ng/mL (Table 1). The median time interval between EOB-MRI examination and surgery was 14 days (interquartile range, 8–20 days).

A total of 131 nodules (94.2%) were pathologically confirmed as HCC (Figure 2). The histological types of other nodules that also exhibited diagnostic hallmarks of HCC included angiomyolipoma (3 of 139 patients, 2.2%), combined hepatocellular carcinoma-cholangiocarcinoma (3 of 139 patients, 2.2%), intrahepatic cholangiocarcinoma (1 of 139 patients, 0.7%), and bile duct adenoma (1 of 139 patients, 0.7%). The mean size of all 139 nodules was 12.9 ± 3.6 mm,

Table 1 Baseline Characteristics of Patients with Lesions Presenting Diagnostic Hallmarks of HCC

Variables	Total Cohort (N = 139)	Size < 1 cm (N = 49)	Size ≥ 1 cm (N = 90)	P
Age (years)	51.1 ± 10.0	49.6 ± 9.7	52.0 ± 10.1	0.174
Sex				>0.999
Male	109 (78.4)	39 (79.6)	70 (77.8)	
Female	30 (21.6)	10 (20.4)	20 (22.2)	
Etiologies				0.297
HBV	135 (97.1)	49 (100)	86 (95.6)	
HCV	4 (2.9)	0 (0)	4 (4.4)	
Total bilirubin (μmol/L)	11.9 (8.9,16.4)	11.8 (8.3,15.5)	12.0 (9.6,17.0)	0.307
Serum albumin (g/L)	44.0 (41.0,46.0)	44.0 (42.0,46.5)	44.0 (40.0,46.0)	0.501
AST (U/L)	26 (21.0,34.0)	24.0 (18.5,31.0)	24.5 (20.0,31.2)	0.834
ALT (U/L)	24.0 (20.0,31.0)	26.0 (19.5,35.5)	26.0 (21.0,33.3)	0.475
Prothrombin time (s)	11.8 (11.3,12.5)	11.7 (11.3,12.3)	11.8 (11.2,12.5)	0.574
INR	1.03 ± 0.07	1.03 ± 0.06	1.04 ± 0.08	0.868
Platelet count (10 ⁹ /L)	136.5 ± 56.5	140.9 ± 57.9	134.1 ± 60.0	0.505
AFP (ng/mL)				0.474
≤20	66 (47.5)	22 (44.9)	44 (48.9)	
20–400	57 (41.0)	23 (46.9)	34 (37.8)	
≥400	16 (11.5)	4 (8.2)	12 (13.3)	

(Continued)

Table 1 (Continued).

Variables	Total Cohort (N = 139)	Size < 1cm (N = 49)	Size ≥ 1 cm (N = 90)	P
HBV-DNA				0.747
<10 ⁴ IU/mL	128 (92.1)	46 (93.9)	82 (91.1)	
≥10 ⁴ IU/mL	11 (7.9)	3 (6.1)	8 (8.9)	
Child-Pugh score				>0.999
5	134 (96.4)	47 (95.9)	87 (96.7)	
6	5 (3.6)	2 (4.1)	3 (3.3)	
ALBI grade				0.543
1	126 (90.6)	46 (93.9)	80 (88.9)	
2	13 (9.4)	3 (6.1)	10 (11.1)	
Hepatitis score				0.275
0–1	43 (30.9)	18 (36.7)	25 (27.8)	
2–4	96 (69.1)	31 (63.3)	65 (72.2)	
Fibrosis score				0.500
0–2	27 (19.4)	12 (24.5)	15 (16.7)	
3	19 (13.7)	7 (14.3)	12 (13.3)	
4(cirrhosis)	93 (66.9)	30 (61.2)	63 (70.0)	0.347

Note: Data are presented as mean ± SD or number (%) or median with interquartile range.

Abbreviations: HCC, hepatocellular carcinoma; HBV, Hepatitis B Virus; HCV, Hepatitis C Virus; AST, aspartate aminotransferase; ALT, alanine aminotransferase; INR, international normalized ratio; AFP, Alpha-fetoprotein; ALBI, Albumin-bilirubin.

and 35.3% (49/139) were smaller than 1 cm. There was no significant difference in the proportion of HCC between subcentimeter nodules and those with a diameter of 1–2 cm (94.0% vs 94.4%, $P > 0.999$) (Table 2). The proportion of malignancy in subcentimeter nodules with diagnostic hallmarks of HCC was 95.9% (47/49).

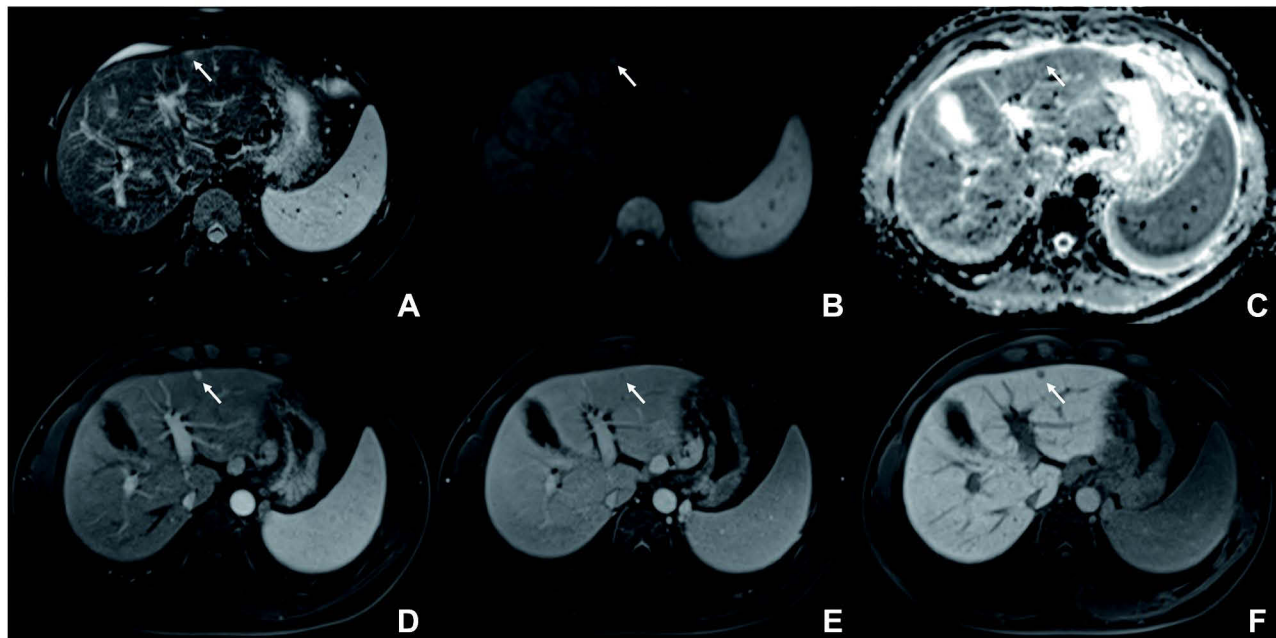


Figure 2 A 7.3mm pathologically proven HCC in a 62-year-old man with hepatitis B virus infection. Axial T2-weighted images reveal a nodule (arrow) with mild hyperintensity in S2 of the liver (A). This nodule exhibit restricted diffusion (arrow) in DWI ($b = 500$ seconds/mm²) and ADC (B and C), homogeneous hyperenhancement (arrow) on arterial phase (D), nonperipheral washout (arrow) on portal venous phase (E), and hypointensity (arrow) on hepatobiliary phase (F). Pathologic evaluation for resected specimen demonstrated an Edmondson grade II HCC without microvascular invasion. During a follow-up period of 96.5 months, no recurrence occurred.

Abbreviations: HCC, hepatocellular carcinoma; DWI, diffusion weighted image; ADC, apparent diffusion coefficient maps.

Table 2 Histological Type of Nodules with Typical Imaging Features of HCC

Histological Type	Total Cohort (N = 139)	Size <1 cm (N = 49)	Size ≥1 cm (N = 90)	P
HCC	131 (94.2)	46 (94.0)	85 (94.4)	>0.999
Non-HCC malignancy	4 (2.9)	1 (1.9) [cHCC-CCA]	3 (3.3) [1 iCCA and 2 cHCC-CCA]	
Benignity	4 (2.9)	2 (4.1) [bile duct adenoma and angiomyolipoma]	2 (2.2) [angiomyolipoma]	

Note: Data are presented as number (%) and detailed histological type in brackets.

Abbreviations: HCC, hepatocellular carcinoma; cHCC-CCA, combined hepatocellular carcinoma-cholangiocarcinoma; iCCA, intrahepatic cholangiocarcinoma.

Pathological Characteristics of HCCs Up to 2 cm

At pathologic analysis, the majority of HCCs (74.0%, 97/131) were located in the right lobe. Edmondson-Steiner grade I or II was observed in 100 (76.4%) HCCs. MVI was less frequently observed in <1 cm HCC than in 1–2 cm HCC (2 of 46 [4.3%] vs 15 of 85 [17.6%]; $P = 0.032$). However, there was no significant difference in the incidence of intact capsules, macrovascular invasion, serosal invasion, Ki-67 positivity, or CK-19 positivity between subcentimeter HCCs and 1–2 cm HCCs ($P > 0.05$ for all) (Table 3).

Analysis of Survival in Patients with Solitary HCCs Up to 2 cm

During the median follow-up period of 46.7 months (interquartile range, 28.9–67.3 months), 27 recurrences were observed, including 15 early recurrences (55.6%). The estimated RFS rates were 93.9%, 84.3%, and 72.9% at 1, 3, and 5 years, respectively

Table 3 Comparison of Pathological Variables Between HCC of Different Sizes

Variables	Total Cohort (N=131)	Tumor Size <1cm (N=46)	Tumor Size ≥1 cm (N=85)	P
Location				0.997
Left lobe	31 (23.7)	11 (23.9)	20 (23.5)	
Right lobe	97 (74.0)	34 (73.9)	63 (74.1)	
Caudate lobe	3 (2.3)	1 (2.2)	2 (2.4)	
Edmondson-Steiner grade				0.707
I	6 (4.6)	3 (6.6)	3 (3.5)	
II	94 (71.8)	33 (71.7)	61 (71.8)	
III	31 (23.6)	10 (21.7)	21 (24.7)	
Capsule				0.363
Without	77 (58.8)	28 (60.8)	49 (57.7)	
Non-intact	20 (15.3)	9 (19.6)	11 (12.9)	
Intact	34 (25.9)	9 (19.6)	25 (29.4)	
Microvascular invasion				0.032
Absent	115 (87.0)	44 (95.7)	70 (82.4)	
Present	17 (13.0)	2 (4.3)	15 (17.6)	
Satellite foci				>0.999
Absent	131 (98.5)	46 (100)	83 (97.6)	
Present	2 (1.5)	0 (0)	2 (2.4)	
Serosal invasion				>0.999
Absent	91 (69.5)	32 (69.6)	59 (69.4)	
Present	40 (30.5)	14 (30.4)	26 (30.6)	
Ki-67				>0.999
Positive	113 (86.3)	40 (87.0)	73 (85.9)	
Negative	18 (13.7)	6 (13.0)	12 (14.1)	
CK-19 positive				0.681
Positive	35 (26.7)	11 (23.9)	24 (28.2)	
Negative	96 (73.3)	35 (76.1)	61 (71.8)	

Note: Data are presented as number (%).

(Figure 3A). Twenty-five patients suffered intrahepatic recurrence, and two patients had both extrahepatic and intrahepatic recurrences. Among these patients, 18 (66.7%) received a second surgical resection, 4 (14.8%) received radiofrequency ablation, 3 (11.1%) received transarterial chemoembolization, 1 (3.7%) received systemic therapy, and 1 (3.7%) received stereotactic radiotherapy. Eight patients died during long-term follow-up, and 7 deaths were due to tumor progression. The estimated OS rates were 99.2%, 96.6%, and 95.4% at 1, 3, and 5 years, respectively (Figure 3B).

Variables associated with overall tumor recurrence in univariable analysis were MVI (HR, 2.418; $P = 0.058$) and tumor size <1 cm (46 of 131 HCCs) (HR, 0.306; $P = 0.029$). Multivariable analysis showed that only tumor size <1 cm was associated with low recurrence (HR, 0.336; $P = 0.047$). In addition, Kaplan–Meier survival analysis demonstrated that tumor size <1 cm was associated with both lower overall and early tumor recurrence ($P = 0.021$ and 0.048 , respectively) (Figure 3C and D). However, this association for early recurrence was not confirmed with multivariable Cox regression analysis (HR, 0.305; $P = 0.123$). The estimated RFS rates at 1, 3, and 5 years were 97.8%, 92.4%, and 87.3% for subcentimeter HCCs and 91.8%, 80.1% and 65.7% for 1–2 cm HCCs, respectively. MVI was associated with both overall and early tumor recurrence ($P = 0.049$ and 0.014 , respectively) in the Kaplan–Meier survival analysis (Figure 4). However, MVI was not significant in multivariable Cox regression analysis for either overall (HR, 1.960, $P = 0.152$) or early recurrence (HR, 2.709, $P = 0.070$). In addition, none of the baseline clinical covariates, including serum AFP level, ALBI grade, and cirrhosis, showed an association with risk for overall and early recurrence in Cox regression analysis (Table 4).

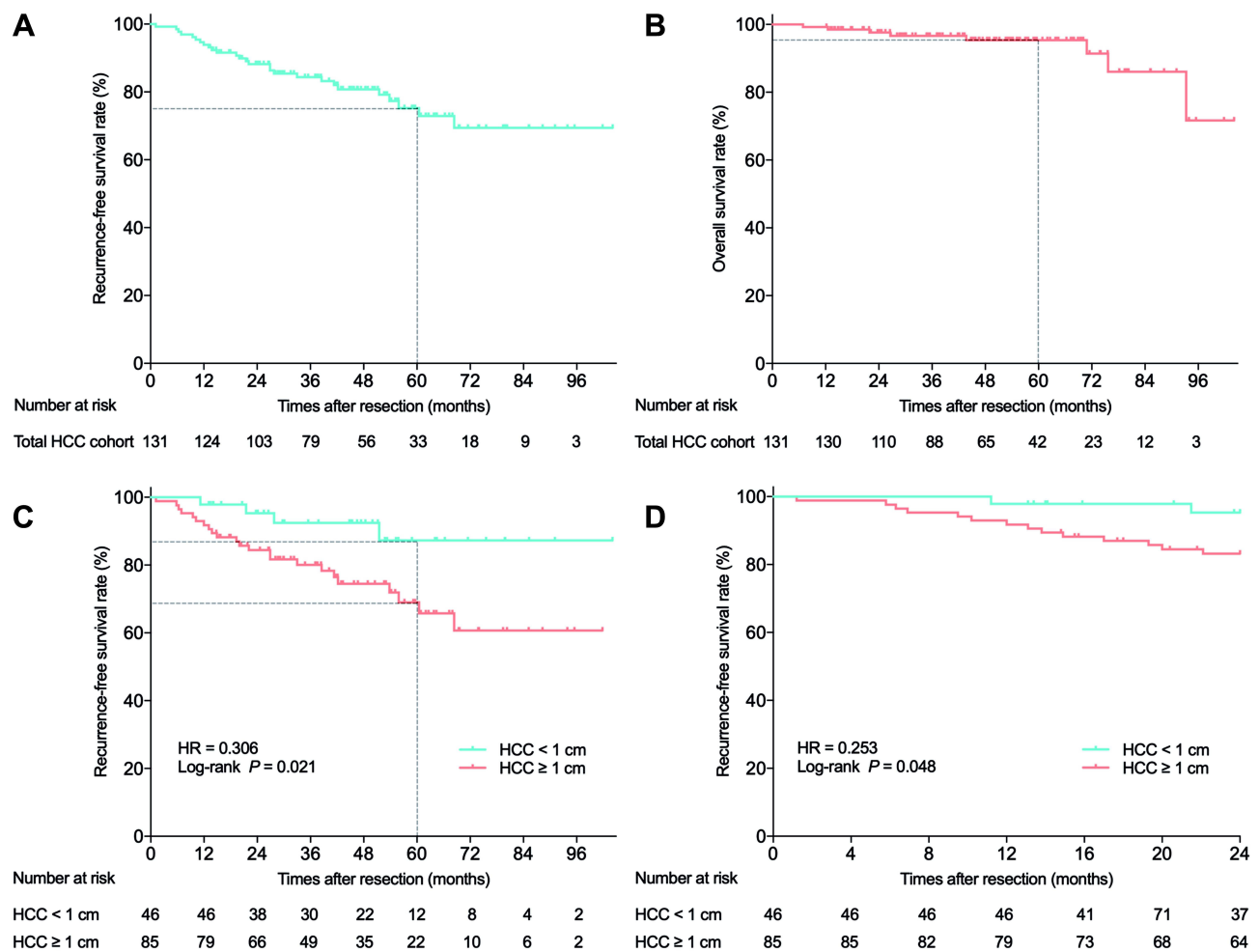


Figure 3 Overall and recurrence-free survival in 131 patients with solitary HCC up to 2 cm. (A and B) Kaplan–Meier curves for recurrence-free survival (A) overall survival (B) and after surgical resection of total HCC cohort. (C and D) Kaplan–Meier curves for overall recurrence (C) and early recurrence (D) after surgical resection of HCC according to tumor size.

Abbreviation: HCC, hepatocellular carcinoma.

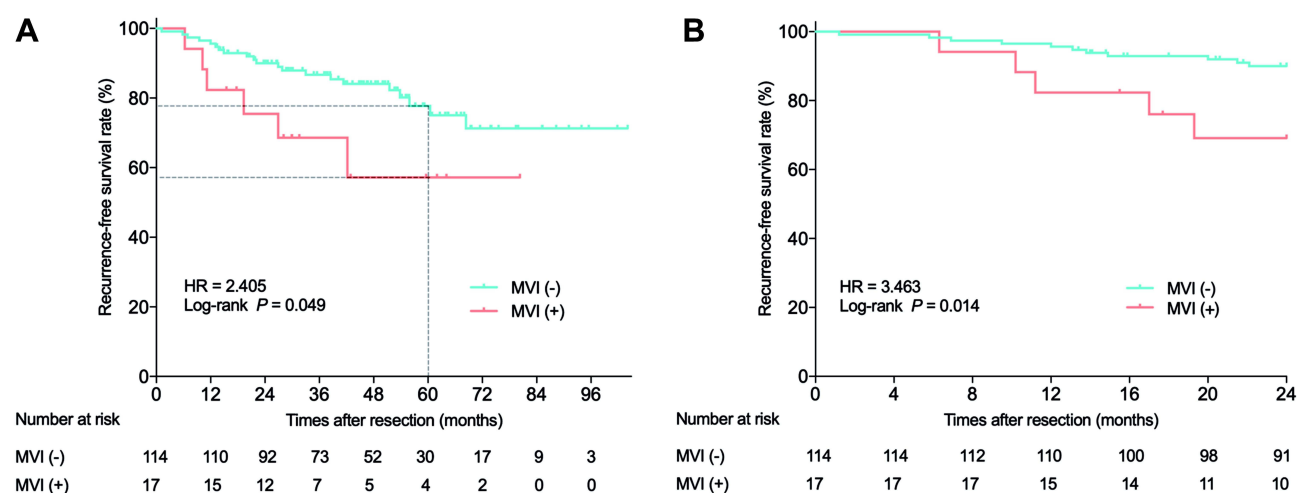


Figure 4 Kaplan–Meier curves of overall recurrence (A) and early recurrence (B) showing a comparison between patients with and without microvascular invasion.

Discussion

The present study reconfirms that subcentimeter nodules with typical imaging features of HCC are strongly correlated with HCC diagnosis and newly shows that patients with subcentimeter-sized HCC may have a lower recurrence rate after surgical resection. Our results may help in establishing appropriate management of suspicious subcentimeter HCC in treatment-naïve patients.

Several studies evaluated the imaging features of subcentimeter HCCs and proposed possible diagnostic algorithms.^{18–20} According to a study of subcentimeter hypervascular nodules detected on EOB-MRI, 52.8% of HCC demonstrated hyperintensity on T2WI and diffusion-weighted imaging, washout on PVP or TP, and hypointensity on HBP.¹⁸ In patients with a prior history of HCC, Song et al¹⁰ reported that the majority of such nodules (89.9%) would progress to overt HCC in 12 months. In patients without a history of HCC, 81.3% (13/16) of such subcentimeter nodules were eventually diagnosed as overt HCC.⁹ However, washout appearance was evaluated on either PVP or TP in these studies, which merits closer inspection. In addition to the de-enhancement of the tumor, TP hypointensity may also reflect the early uptake of gadoteric acid by the surrounding liver parenchyma.²¹ Therefore, this may more or less lead to a decrease in diagnostic specificity.²² To avoid this controversy, a stricter definition of washout appearance (nonperipheral hypointensity only in PVP) was utilized in our study, which is in line with the AASLD and EASL guidelines.^{4,5} We believe that the higher percentage of subcentimeter HCC (94.0%), compared with previous studies, may be partially attributed to the strict criteria of washout appearance used in our study. These findings may suggest that among high-risk treatment-naïve patients, a diagnosis of HCC could be made with confidence if subcentimeter nodules present with all the diagnostic hallmarks of HCC, including washout only in PVP.

In our study, a tumor size <1 cm was an independent factor associated with lower overall recurrence and patients with subcentimeter HCC had a lower rate of both overall and early recurrence. To our knowledge, few studies have discussed the survival outcomes of patients with subcentimeter HCC. A study of 618 patients with different-sized HCC undergoing resection found a prolonged OS of 28.5 months for patients with subcentimeter HCC compared with those with HCC measuring 1–2 cm.²³ In addition, tumor size ≥ 1.5 cm was found to be a significant factor of recurrence after resection of HCC up to 2 cm.²⁴ However, being inconsistent with our result, Sun et al¹² reported a similar RFS and OS between patients with subcentimeter HCC and 1–2 cm HCC undergoing resection or ablation. These discrepancies may be explained by the insufficient sample size of patient with subcentimeter HCC undergoing resection (only 13 cases) and the length of follow-up (median: 24.3 months) of their study. In addition, intrahepatic recurrence may represent minor metastasis or multicentric occurrence that was undetected before curative treatment. EOB-MRI showed higher sensitivity in detecting hepatic lesions in HBP images than dynamic CT and MRI, which could detect additional HCC nodules that have been missed on dynamic CT and therefore reduce the tumor recurrence.^{3,25} The utilization of EOB-MRI minimizes

Table 4 Univariable and Multivariable Analysis for Overall and Early Recurrence in HCC Cohort

Variables	Overall Tumor Recurrence				Early Tumor Recurrence			
	Univariable Analysis		Multivariable Analysis		Univariable Analysis		Multivariable Analysis	
	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P
Clinical findings								
Age (≥ 50 year)	0.692 (0.325–1.476)	0.341			0.613 (0.228–1.647)	0.332		
Sex (Male)	1.072 (0.368–3.119)	0.899			0.695 (0.224–2.156)	0.529		
AFP ($> 20\text{ng/mL}$)	0.860 (0.404–1.830)	0.695			0.967 (0.363–2.575)	0.946		
Total bilirubin ($> 20.4\text{ng/mL}$)	1.602 (0.553–4.640)	0.385			1.968 (0.561–6.910)	0.291		
Platelet count ($< 100 \times 10^9/\text{L}$)	0.637 (0.241–1.683)	0.363			0.684 (0.195–2.402)	0.554		
Prothrombin time ($> 13\text{s}$)	2.117 (0.500–8.952)	0.308			1.594 (0.211–12.074)	0.652		
HBV DNA ($\geq 10^4\text{IU/mL}$)	1.225 (0.368–4.086)	0.741			1.712 (0.389–7.535)	0.477		
ALBI grade 2	1.536 (0.530–4.456)	0.429			0.678 (0.090–5.134)	0.707		
Cirrhosis	1.323 (0.559–3.131)	0.524			0.620 (0.231–1.667)	0.344		
Anti-HBV therapy	0.818 (0.382–1.752)	0.606			0.962 (0.349–2.646)	0.939		
Tumor pathology								
Tumor size ($< 1\text{ cm}$)	0.306 (0.106–0.885)	0.029	0.336 (0.115–0.984)	0.047	0.252 (0.057–1.108)	0.068	0.305 (0.067–1.377)	0.123
Differentiation (III or IV)	1.004 (0.403–2.499)	0.993			1.451 (0.504–4.177)	0.490		
Microvascular invasion	2.418 (0.972–6.012)	0.058	1.960 (0.780–4.930)	0.152	3.474 (1.205–10.016)	0.021	2.709 (0.992–7.957)	0.070
Ki-67 positive	0.884 (0.333–2.347)	0.805			2.551 (0.337–19.316)	0.365		
CK19 positive	0.718 (0.288–1.792)	0.477			0.960 (0.309–2.977)	0.943		

Abbreviations: HCC, hepatocellular carcinoma; AFP, alpha-fetoprotein; CK19, Cytokeratin 19; HBV DNA, hepatitis B virus deoxyribonucleic acid load; ALBI, Albumin-Bilirubin.

incorrect preoperative HCC identification and tumor staging, thus allowing for accurate assessment of recurrence. Another study reported the RFS in patients with subcentimeter HCC did not differ significantly between immediate treatment (including chemoembolization and ablation) and watchful waiting until it progresses to overt HCC.¹¹ However, the survival was counted from the date of diagnosis in their study, which may result in a lead time bias that artificially inflates patient survival, even though the treatment is ineffective.²⁶ We believe that our results, which are, of course, inevitably influenced by the intrinsic bias of the study design, are still meaningful, given the current lack of reliable data obtained from well-designed studies.

MVI is a direct pathological feature of intrahepatic metastases and a risk factor for tumor recurrence.²⁷ It was present in 13.0% of HCC (only 4.3% for subcentimeter HCC) in our study, which is consistent with previous studies that reported incidence rates ranging from 12.4% to 33.1% for very early-stage HCC.^{28–30} MVI-positive patients had higher overall and early recurrence rates in our study. This finding was in accord with a recent propensity score matching analysis indicating that solitary HCC ≤ 2 cm with MVI had a poor prognosis.²⁸ Unexpectedly, MVI was not an independent risk factor for either overall or early recurrence in multivariable analysis. The low present rate of MVI (only 13.0%) in included patients may explain the lack of significance in multivariable analysis. However, we cannot omit the impact of MVI on the prognosis of patients. Due to the lack of malignant biological behaviors and better survival outcomes after resection, it can be assumed that subcentimeter HCC should be treated immediately rather than adopting a watchful-waiting management strategy when the diagnosis is made with high confidence.

There are several limitations to this study. First, this is a retrospective and single-center study. Inevitably, some selection bias and influencing factors are involved. To make our results as objective as possible, we performed multivariable analysis regarding survival outcome. However, multicenter large sample-sized prospective studies are needed to verify our results. Second, given that the patients in the present study had very small HCCs, more than 5 years of follow-up would be required to reach conclusions about OS to be drawn. However, the recurrence after resection was a robust predictor associated with worse long-term survival.³¹ Last, our study may be limited in its general applicability. The predominant subjects included in this study had HBV-associated chronic liver disease with good liver functional reserve. Therefore, outcomes may vary in patients with different demographic characteristics.

In conclusion, subcentimeter nodules with all five diagnostic hallmarks of HCC are strongly correlated with HCC diagnosis. Because the better survival outcomes of patients with subcentimeter HCC, it may be more considerable to initiate treatment rather than withhold treatment until it reach ≥ 1 cm.

Abbreviations

EOB-MRI, gadoteric acid-enhanced MRI; HCC, hepatocellular carcinoma; APHE, arterial phase hyperenhancement; PVP, portal venous phase; HBP, hepatobiliary phase; RFS, recurrence-free survival.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors report no conflicts of interest in this work.

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