

Development of a Risk Prediction Model of Subsequent Bloodstream Infection After Carbapenem-Resistant Enterobacteriaceae Isolated from Perianal Swabs in Hematological Patients

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Purpose: Patients with hematological diseases are at high risk of carbapenem-resistant Enterobacteriaceae (CRE) infection, and CRE-related bloodstream infection (BSI) is associated with high mortality risk. Therefore, developing a predictive risk model for subsequent BSI in hematological patients with CRE isolated from perianal swabs could be used to guide preventive strategies.

Methods: This was a single-center retrospective cohort study at a tertiary blood diseases hospital, including all hematological patients hospitalized from 10 October 2017 to 31 July 2021. We developed a predictive model using multivariable logistic regression and internally validated it using enhanced bootstrap resampling.

Results: Of 421 included patients with CRE isolated from perianal swabs, BSI due to CRE occurred in 59. According to the multivariate logistic analysis, age (OR[odds ratio]=1.04, 95% CI[confidence interval]: 1.01–1.06, $P=0.004$), both meropenem and imipenem minimal inhibitory concentration (MIC) of the isolate from perianal swabs $>8\mu\text{g/mL}$ (OR=5.34, 95% CI: 2.63–11.5, $P<0.001$), gastrointestinal symptoms (OR=3.67, 95% CI: 1.82–7.58, $P<0.001$), valley absolute neutrophil count ($10^9/\text{L}$) >0.025 (OR=0.07, 95% CI: (0.02–0.19, $P<0.001$) and shaking chills at peak temperature (OR=6.94, 95% CI: (2.60–19.2, $P<0.001$) were independently associated with CRE BSI within 30 days and included in the prediction model. At a cut-off of prediction probability $\geq 21.5\%$ the model exhibited a sensitivity, specificity, positive predictive value and negative predictive value of 79.7%, 85.6%, 96.27% and 47.47%. The discrimination and calibration of the prediction model were good on the derivation data (C-statistics=0.8898; Brier score=0.079) and enhanced bootstrapped validation dataset (adjusted C-statistics=0.881; adjusted Brier score=0.083). The risk prediction model is freely available as a mobile application at <https://liujia1992.shinyapps.io/dynnomapp/>.

Conclusion: A prediction model based on age, meropenem and imipenem MIC of isolate, gastrointestinal symptoms, valley absolute neutrophil count and shaking chills may be used to better inform interventions in hematological patients with CRE isolated from perianal swabs.

Keywords: carbapenem-resistant Enterobacteriaceae, bloodstream infection, risk prediction model, hematological patients, perianal colonization

Introduction

The emergence and spread of carbapenem-resistant Enterobacteriaceae (CRE) have become a serious global public health problem.¹ Patients with hematological malignancies, whose immune functions are suppressed or even deficient, are at high risk of CRE infection and have a higher mortality rate due to receiving radiotherapy, chemotherapy,

immunosuppressants or hematopoietic stem cell transplantation (HSCT).^{2–4} Among all types of CRE infection, bloodstream infection (BSI) was shown to be the independent risk factor for mortality.⁵ Furthermore, patients with CRE BSI had a median of 52 hours from culture collection until receipt of active therapy and they had a higher BSI-related mortality rate than those who received appropriate antibiotic therapy within the first 24 h of blood culture collection.^{6,7} Fortunately, CRE-active empirical therapy was associated with a lower 30-day mortality rate.^{6,7} Therefore, early identification of patients with CRE BSI and rapid initiation of empiric CRE-targeted therapy should be considered to improve prognosis.

However, some predictive features appear to be ineffective for patient identification. Given that CRE colonization was an independent risk factor for CRE infection,⁸ CRE asymptomatic carriers and previously infected patients are usually at increased risk of having a subsequent CRE infection. Thus, clinicians are often compelled to initiate early empiric CRE-targeted therapy. However, most CRE carriers did not develop CRE infection at a later stage. A systematic review analyzed 1806 CRE-colonized patients from 10 studies and found that the subsequent cumulative rate of infection was only 16.5%.⁹ For patients that are in fact unlikely to have a true CRE infection, active CRE-targeted empirical treatment may cause antibiotics abuse and increase the economic burden. Therefore, developing a quantified risk prediction model based on the risk factors of subsequent BSI in CRE carriers will help clinicians better identify specific individuals who would truly benefit from early empiric CRE-targeted treatment.

Some risk prediction models of subsequent infection in patients with CRE colonization have been developed. However, the subjects of these studies were mainly patients in intensive care units,⁸ patients undergoing liver transplantation,¹⁰ or hospitalized patients containing only a small number of participants from the hematology department.^{11,12} Other studies constructed the models for carbapenem-resistant *Klebsiella pneumoniae* (CRKP) strain only.¹¹ However, unlike CRKP which is the main strain of CRE infection in patients with hematological tumors in Europe and the United States, carbapenem-resistant *Escherichia coli* (CREC) and CRKP account for almost half of the strains of CRE infection in Chinese patients with hematological tumor.^{3,13} This justifies the need to develop another model suitable for diagnosing and treating patients with hematological diseases with different disease characteristics and treatment approaches.

In summary, given the high risk of CRE infection in patients with hematological diseases and the high mortality of CRE BSI, this study aimed to develop a predictive risk model for subsequent BSI in hematological patients with CRE isolated from perianal swabs to identify patients at high risk of CRE BSI who are eligible to receive appropriate empirical antibiotic therapy.

Materials and Methods

Study Design and Patients

This was a single-center real-world retrospective cohort study at a 769-bed tertiary blood diseases hospital in Tianjin, China. The number of admissions to the hematology ward of the hospital is nearly 30,000 per year. Data of hematological patients hospitalized from 10 October 2017 to 31 July 2022 were collected, and patients with CRE isolated from perianal swabs were included in this study. Patients were divided into the case group and control group based on the occurrence of subsequent CRE BSI in the following 30 days. The exclusion criteria were: 1) occurrence of CRE BSI before the first CRE isolated from perianal swabs; 2) urinary or pulmonary CRE infection within 30 days after the first CRE isolated from perianal swabs; 3) death or loss to follow-up within 30 days in the control group. The follow-up time of patients was considered from the time of the first perianal CRE positive to CRE BSI onset (cases), or 30 days after the first isolation of CRE from perianal swabs (controls). The clinical outcome was the occurrence of CRE BSI occurred within 30 days after the first isolation of CRE from perianal swabs. Each case was included only once at the time of the first CRE isolation from blood cultures, even if more than one CRE BSI was reported. The onset of BSI was defined as the date of collection of the positive blood culture sample. The presence or absence of clinical outcome was decided blinded to the predictors under study.

Microbiology

All patients routinely received perianal screening for CRE within 48 hours of each hospital admission. In addition, some patients received perianal bacterial culture tests when they were suspected of infection by a competent physician during hospitalization. Perianal skin and throat swab samples were collected and submitted for examination by specially trained medical staff. Bacterial culture, identification and drug sensitivity test were conducted by special technicians in the microbiology laboratory, and the target bacteria were CRE. All CRE strains were isolated from perianal skin swabs and blood samples. Blood culture was performed using an automatic blood culture system (BD, USA). The isolation and identification of bacteria were carried out strictly following the relevant provisions of the National Clinical Laboratory Procedures. VITEK 2 compact (bioMérieux, France) was used to identify the isolates and MALDI-TOF MS (bioMérieux, France) was used for further confirmation. Antibiotic susceptibility testing was performed in the microbiology laboratory of the hospital using an automated system (VITEK 2 Compact) with the broth microdilution and disk diffusion methods. The following antibiotics were tested: penicillins (ticarcillin, piperacillin), β -lactamase inhibitor combinations (amoxicillin/clavulanic acid, piperacillin/tazobactam, cefoperazone/sulbactam), cephalosporins (cefazolin, cefuroxime, ceftazidime, cefepime, cefotaxime, cefotetan, cefpodoxime, ceftizoxime), quinolones (levofloxacin, moxifloxacin, ciprofloxacin, norfloxacin), carbapenems (imipenem, meropenem, doripenem), aminoglycosides (amikacin, tobramycin), tetracyclines (tetracycline, minocycline), aztreonam, trimethoprim/sulfamethoxazole and tigecycline. The minimum inhibitory concentration (MIC) was measured according to the guidelines of the 31st Edition of the Clinical and Laboratory Standards Institute (CLSI) M100-Performance Standards for Antimicrobial Susceptibility Testing.¹⁴ The detection of carbapenemases in CRE according to the modified carbapenem inactivation assay (mCIM and eCIM) provided by the CLSI 31th Edition.

Data Collection and Definition

Baseline characteristics were collected, such as: demographic data (age and sex), diagnosis of hematologic diseases, level of the disease risk, Charlson Comorbidity Index, prior 30-day antibiotic use before first isolation of CRE, microbiological characteristics (strain type and site, carbapenemases production and carbapenems MIC of isolate in the first perianal CRE positive), hematopoietic stem cell transplantation, treatment (radiotherapy, chemotherapy, immunosuppressive therapy and invasive catheter) and complications (emergence or progression of lung infection, oral mucositis, perianal infection, gastrointestinal symptoms and infections caused by other bacteria) after first isolation of CRE. Data on the valley absolute neutrophil count, the peak body temperature, blood pressure at peak body temperature, heart rate at peak body temperature, and the presence or absence of shaking chills during the observation period were also collected.

CRE were Enterobacteriaceae bacteria that meet any of the following conditions: 1) Drug resistance to any carbapenems (The MIC of imipenem, meropenem and doripenem was ≥ 4 mg/L, or the MIC of ertapenem was ≥ 2 mg/L); 2) producing carbapenemase; 3) if it is a bacteria that is naturally resistant to imipenem, such as *Morganella morganii*, *Proteus* genus, *Providencia* genus, it must also be resistant to other carbapenems like meropenem, ertapenem, doripenem.¹⁵ The onset of BSI was defined as the date of collection of the positive blood culture sample. Acute leukemia (AL), including acute myeloid leukemia and acute lymphoblastic leukemia in complete remission (CR), lymphoma in CR or partial remission, refractory anemia of myelodysplastic syndrome (MDS) and untreated severe aplastic anemia (SAA) were defined as standard risk. Meanwhile, AL in induction failure or relapse, lymphoma in stable disease or progression and MDS/SAA transfusion dependence with no response to treatment were classified as high risk.^{13,16} Chemotherapy or radiation therapy was defined as the prescription of cytotoxic antineoplastic drugs or ionizing radiation for cancer cure or palliation. Pulmonary infection was diagnosed when patients had an acute respiratory disorder and new onset of pulmonary infiltration on chest computed tomography.¹⁷ Gastrointestinal symptoms included the presence of abdominal pain, diarrhea, or lower gastrointestinal bleeding. Perianal infections included perianal pain, perianal abscess, anal fistula, perianal gangrene or scrotal infection. Shaking chills were defined as feeling extremely cold with rigors and generalized bodily shaking, even under a thick blanket.¹⁸

Statistical Analysis

R (Version 4.0.4) was used for statistical analysis. The Shapiro–Wilk test was used to check the normal distribution of continuous data. Normally distributed continuous data were expressed as means $\pm$ standard deviation (SD) and tested using the Student's *t*-test. Non-normally distributed continuous data were expressed as medians (first quartile, third quartile) and tested using the Mann–Whitney *U*-test. Categorical data were expressed as number (n) and percentage (%) and tested using the Chi-square test or Fisher's exact test.

Candidate variables, selected based on statistical significance in univariate logistic analysis ($P < 0.05$), clinical experience and published data were included in the multivariate logistic analysis using stepwise methods. The final variables in the prediction model were selected by the clinical significance, principle of statistics¹⁹ and the results of the multivariate logistic analysis ($P < 0.05$). The final regression model was visualized by a nomogram to predict the CRE BSI. Furthermore, the receiver-operating characteristic (ROC) curve (area under the curve [AUC]) and the C-statistic were used to assess the discrimination ability of this nomogram. The calibration curves and Brier score were used to assess the calibration ability of this nomogram. In addition, enhanced bootstrap internal validation was performed to verify the diagnostic efficiency of the model. Furthermore, decision curve analysis (DCA) was performed to determine the model's clinical usefulness. $P < 0.05$ was considered statistically significant. An online prediction tool (Shiny App) was prepared using the DynNom package in R. The construction process was conducted according to the Transparent Reporting of a multivariable prediction model for Individual Prognosis or Diagnosis guidelines.²⁰

Results

Study Population and Baseline Characteristics

A total of 478 patients were screened, and 421 were finally included in the study according to the study's exclusion criteria. CRE BSI occurred in 59 patients (Figure 1). The median time from the first positive perianal CRE to the onset of CRE BSI was 11 (1–30) days. The mortality rate within 30 days was 20.34% among CRE BSI patients (Figure 2A). The first three strains isolated from perianal swabs were CREC (39.7%), CRKP (33.7%) and carbapenem-resistant *Enterobacter cloacae* (CREL) (18.3%), and the other isolated strains are shown in Table 1. Of all the species detected from blood, 45.9% were CRKP, 42.6% were CREC, and 11.5% were CREL (Table 2). Among these 59 patients, the coincidence rate of strains isolated from perianal swabs and blood samples was 96.61% and only two patients (3.39%) had differences between the colonization strain and infection strain (Figure 2B). In addition, the trend of drug resistance of perianal skin swabs and blood isolates to imipenem, meropenem, piperacillin-tazobactam, levofloxacin, amikacin, aztreonam and tigecycline was highly consistent (Figure 2C).

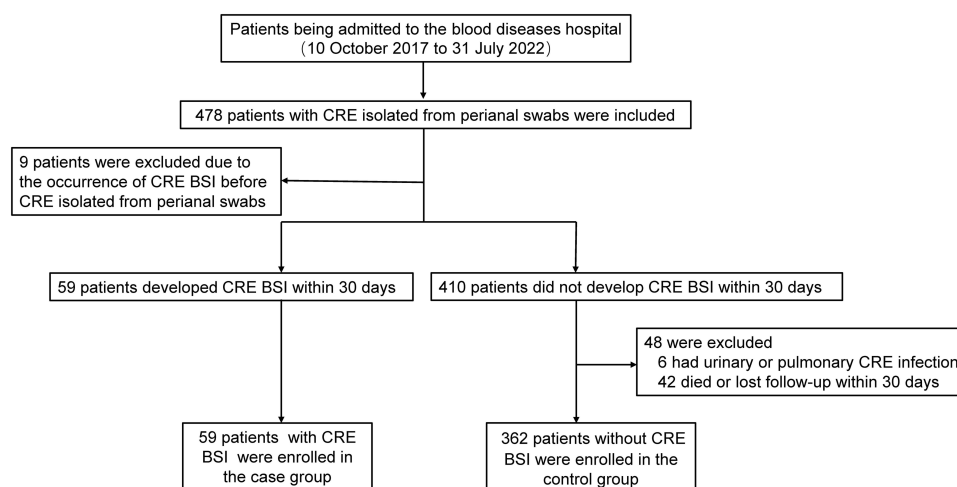


Figure 1 Participant flow diagram.

Abbreviations: CRE, carbapenem-resistant Enterobacteriaceae; BSI, bloodstream infection.

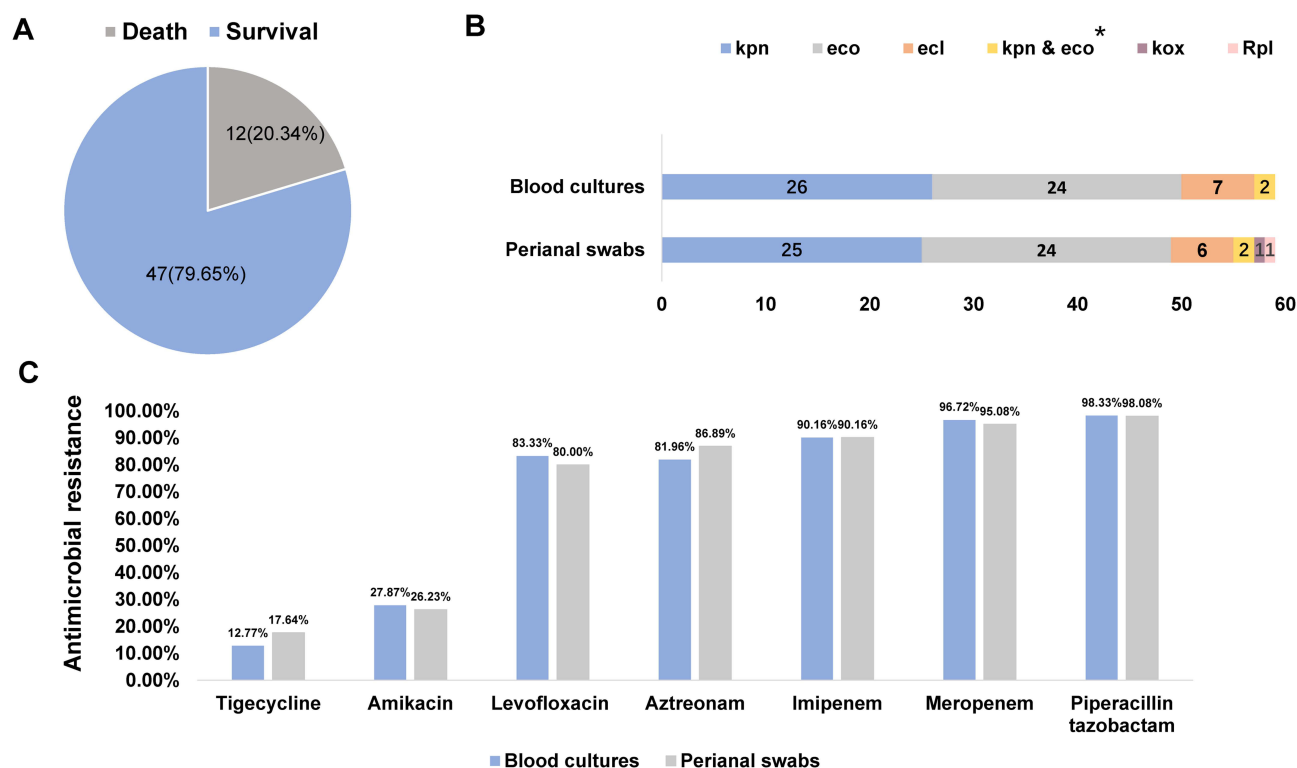


Figure 2 Survival and microbiological results of 59 patients with CRE BSI. (A). The 30-day mortality of patients with CRE BSI. (B). The distribution of CRE strains (61 strains) isolated from the first perianal swab samples and blood samples in 59 patients.

Notes: *Kpnaneco in blood cultures and perianal swab represent two bacteria isolated from this patient, and there are two patients in this situation. (C). Comparison of drug resistance rate (%) of CRE strains (61 strains) isolated from blood samples and perianal swabs of 59 patients with CRE BSI.

Abbreviations: CRE, carbapenem-resistant Enterobacteriaceae; BSI, bloodstream infection; kpn, *Klebsiella pneumoniae*; Eco, *Escherichia coli*; Ecl, *Enterobacter cloacae*; Kox, *Klebsiella oxytoca*; Rpl, *raoultella planticola*.

Before November 2019, our hospital laboratory could only identify whether CRE strains were carbapenemase-producing, and could not further determine whether the carbapenemases were serine carbapenemases or metallo-carbapenemases. Among 228 perianal swabs from patients after November 2019, 112 perianal isolates were carbapenemase-producing CRE (CP-CRE), of which 78.57% (88/112) were metallo-carbapenemases and 21.43% (24/112) were serine-carbapenemases. Similarly, among the 35 CRE isolates from blood samples included after November 2019, 32 were CP-CRE, of which 71.87% (23/32) were metallo-carbapenemases and 28.13% (9/23) were serine-carbapenemases.

Detailed characteristics of all patients are presented in Table 2. CRE BSI and non-CRE BSI patients differed significantly by age, multi-site colonization, carbapenemases production, both meropenem and imipenem MIC of isolate >8 µg/mL, chemotherapy, radiotherapy, perianal skin infection, gastrointestinal symptoms, valley absolute neutrophil count, peak body temperature, heart rate at peak body temperature and shaking chills at peak body temperature after the first CR-positive perianal test (all $P < 0.05$).

Associated Factors of CRE BSI

To screen for factors associated with subsequent BSI after CRE isolation from perianal swabs, we performed univariate logistic analyses of patients with and without CRE BSI (Table 3). In total, 17 candidate variables, selected based on clinical and statistical significance in univariate logistic analysis ($P < 0.05$), clinical experience and published data, were included in the multivariate logistic analysis. Multivariate analysis found that age, carbapenemases production, both meropenem and imipenem MIC of isolate >8 µg/mL, hematopoietic stem cell transplantation, perianal skin infection, gastrointestinal symptoms, valley absolute neutrophil count ($10^9/L \leq 0.025$), peak body temperature $\geq 38^\circ C$, heart rate at peak body temperature > 100 bpm and shaking chills at peak temperature ($P < 0.05$) were independently associated with CRE BSI (Table 3).

Table 1 Distribution of Carbapenem-Resistant Enterobacteriaceae Strains in Perianal Swabs from 421 Patients

Bacteria	Number (%)
<i>Klebsiella pneumoniae</i>	142 (33.7%)
<i>Escherichia coli</i>	167 (39.7%)
<i>Enterobacter cloacae</i>	77 (18.3%)
<i>Citrobacter freundii</i>	8 (1.9%)
<i>Klebsiella oxytoca</i>	8 (1.9%)
<i>Enterobacter aerogenes</i>	5 (1.2%)
<i>Proteus mirabilis</i>	5 (1.2%)
<i>Raoultella ornithinolytica</i>	4 (1%)
<i>Proteus penneri</i>	1 (0.2%)
<i>Enterobacter kobe</i>	1 (0.2%)
<i>Citrobacter amalonaticus</i>	1 (0.2%)
<i>Serratia marcescens</i>	1 (0.2%)
<i>Raoultella planticola</i>	1 (0.2%)

Table 2 Characteristics of All Patients (n = 421)

Variables	Total (n=421)	CRE BSI (n=59)	Non-CRE BSI (n=362)	P*
Sex, n (%)				0.630
Male	252 (59.8%)	37 (63%)	215 (59%)	
Female	169 (40.2%)	22 (37%)	147 (41%)	
Age, n (%)	36 (27.51)	41 (30, 54)	36 (23,48.5)	0.010
Diagnosis, n (%)				0.158
AML	170 (40.4%)	23 (39%)	168 (46%)	
MDS	69 (16.4%)	10 (17%)	59 (16%)	
ALL	96 (22.8%)	11 (19%)	85 (23%)	
AA	45 (10.7%)	9 (15%)	36 (9.9%)	
Other	20 (4.8%)	6 (10%)	14 (3.9%)	
Charlson Comorbidity Index, n (%)				0.993
≤2	213 (50.6%)	46 (78%)	167 (46%)	
>2	208 (49.4%)	13 (22%)	195 (54%)	
Risk, n (%)				0.195
High-risk	274 (65.1%)	34 (58%)	240 (66%)	
Standard-risk	147 (34.9%)	25 (42%)	122 (34%)	

(Continued)

Table 2 (Continued).

Variables	Total (n=421)	CRE BSI (n=59)	Non-CRE BSI (n=362)	P*
Bacteria, n (%)				0.064
CRE-Klebsiella pneumoniae	142 (33.7%)	27 (46%)	115 (32%)	
CRE-Escherichia coli	167 (39.7%)	24 (41%)	143 (40%)	
CRE-Enterobacter cloacae	77 (18.3%)	6 (10%)	71 (20%)	
Other	35 (8.3%)	2 (3.4%)	33 (9.1%)	
Multi-site colonization, n (%)	30 (7.13%)	10 (17%)	20 (5.5%)	0.004
Carbapenemases production, n (%)	227 (53.9%)	50 (85%)	177 (49%)	<0.001
Both meropenem and imipenem MIC of isolate >8ug/mL[#], n (%)	181 (43%)	46 (78%)	135 (37%)	<0.001
Prior 30-day antibiotic use, n (%)				
Carbapenems	209 (49.6%)	30 (51%)	179 (49%)	0.842
β-lactamase inhibitors	126 (29%)	21 (36%)	105 (31%)	0.306
Fluoroquinolones	45 (10.7%)	3 (5.1%)	42 (12%)	0.133
Aminoglycosides	14 (3.3%)	3 (5.1%)	11 (3.0%)	0.427
Peptide antibiotics	78 (18.5%)	8 (14%)	70 (19%)	0.290
Tigecycline	27 (6.4%)	6 (10%)	21 (5.8%)	0.245
Linezolid	76 (18.1%)	12 (20%)	64 (18%)	0.622
Hematopoietic Stem Cell Transplantation, n (%)	257 (61%)	30 (51%)	227 (63%)	0.083
Chemotherapy, n (%)				0.034
No	204 (48.5%)	21 (42%)	183 (54.6%)	
Ordinary intensity chemotherapy	128 (30.4%)	18 (36%)	110 (32.8%)	
Conditioning regimen	53 (12.6%)	11 (22%)	42 (12.5%)	
Radiotherapy, n (%)	9 (2.1%)	4 (6.8%)	5 (1.4%)	0.026*
Immunosuppressive therapy, n (%)	262 (62.2%)	37 (63%)	225 (70%)	0.232
Invasive catheter, n (%)	390 (92.6%)	57 (97%)	333 (92%)	0.286*
Oral mucositis, n (%)	87 (20.7%)	14 (24%)	73 (20%)	0.531
Perianal infection, n (%)	111 (26.4%)	31 (53%)	80 (22%)	<0.001
Gastrointestinal symptoms, n (%)	117 (27.8%)	31 (53%)	86 (24%)	<0.001
Emerging or progression of lung infection, n (%)	110 (26.1%)	16 (27%)	94 (26%)	0.852
Bacteremia caused by other bacteria, n (%)	34 (8.1%)	9 (15%)	25 (6.9%)	0.039
Valley absolute neutrophil count, 10⁹/L, n (%)				<0.001
≤0.025	222 (52.7%)	55 (93%)	167 (46%)	
>0.025	199 (47.3%)	4 (6.8%)	195 (54%)	

(Continued)

Table 2 (Continued).

Variables	Total (n=421)	CRE BSI (n=59)	Non-CRE BSI (n=362)	P*
Peak body temperature, °C, n (%)				<0.001
<38	179 (42.5%)	7 (12%)	172 (48%)	
≥38	242 (57.5%)	52 (88%)	190 (52%)	
Systolic blood pressure at peak body temperature, mmHg, n (%)				0.157
≤130	270 (64.1%)	33 (56%)	237 (65%)	
>130	151 (35.9%)	26 (44%)	125 (35%)	
Diastolic blood pressure at peak body temperature, mmHg, n (%)				0.506
≤80	328 (77.9%)	44 (75%)	284 (78%)	
>80	93 (22.1%)	15 (25%)	78 (22%)	
Heart rate at peak body temperature, bpm, n (%)				<0.001
≤100	283 (67.2%)	24 (41%)	259 (72%)	
>100	138 (32.8%)	35 (59%)	103 (28%)	
Shaking chills at peak temperature, n (%)	32 (7.6%)	15 (25%)	17 (4.7%)	<0.001
Consecutive days of hospitalization, n (%)				0.172
≤30	73 (17.3%)	11 (19%)	62 (17%)	
30–90	174 (41.3%)	30 (51%)	144 (40%)	
>90	174 (41.3%)	18 (31%)	156 (43%)	

Notes: *According to the type of data, the appropriate analysis method was selected. Pearson chi-square test was used for binary data. Nonparametric Mann–Whitney rank sum test was used for ordered categorical data. †T-test was used for measurement data. ‡These CRE isolates were isolated from perianal swabs.

Abbreviations: CRE, carbapenem-resistant Enterobacteriaceae; BSI, bloodstream infection; AML acute myelogenous leukemia; MDS, myelodysplastic syndrome; ALL, acute lymphoblastic leukemia; AA, aplastic anemia; MIC, minimal inhibitory concentration.

Development of the Prediction Model

Considering the clinical significance, stability and limited number of the variable, in addition to the convenience of clinical application, the following five variables were included in the prediction model: age, carbapenem resistance level, gastrointestinal symptoms, valley absolute neutrophil count and shaking chills at peak temperature within 30 days after first CRE-positive perianal test. The results of the logistic analysis are shown in [Table 4](#). According to the logistic analysis, age (OR [odds ratio]=1.04, 95% CI [confidence interval]: 1.01–1.06, $P=0.004$), both meropenem and imipenem MIC of isolate >8ug/mL (OR=5.34, 95% CI: 2.63–11.5, $P<0.001$), gastrointestinal symptoms (OR=3.67, 95% CI: 1.82–7.58, $P<0.001$), valley absolute neutrophil count ($10^9/L$)>0.025 (OR=0.07, 95% CI: (0.02–0.19, $P<0.001$) and shaking chills at peak temperature (OR=6.94, 95% CI: (2.60–19.2, $P<0.001$) were independently associated with CRE BSI within 30 days. As described in [Figure 3](#), the operation of the model was based on the nomogram in which all five factors described above correspond to values obtained during the multivariate analysis. The risk prediction model is freely available as a mobile application at <https://liujia1992.shinyapps.io/dynnomapp/>.

Performance of the Prediction Model

Discrimination was assessed using the ROC curve, and the AUC for predicting BSI by the nomogram model was 0.890 (95% CI: 0.846–0.934) ([Figure 4A](#)). Risk stratification was performed in all patients based on the optimal cut-off value

Table 3 Univariate and Multivariate Logistic Analysis for the CRE BSI Within 30 Days

Variables	Univariate		Multivariate	
	OR (95% CI)	P	OR (95% CI)	P
Gender				
Female	Ref			
Male	0.87 (0.49–1.53)	0.63		
Age	1.03 (1.01–1.05)	0.01	1.04 (1.02–1.07)	0.002
Diagnosis				
AML	Ref			
MDS	1.24 (0.56–2.75)	0.601		
ALL	0.95 (0.44–2.03)	0.885		
AA	1.83 (0.78–4.27)	0.165		
Other	3.13 (1.09–8.95)	0.033		
Charlson Comorbidity Index				
≤2	Ref			
>2	1.03 (0.53–2)	0.933		
Risk				
High-risk	Ref			
Standard-risk	1.45 (0.83–2.53)	0.197		
Bacteria				
CRE- <i>Escherichia coli</i>	Ref			
CRE- <i>Klebsiella pneumoniae</i>	0.71 (0.39–1.13)	0.275		
CRE- <i>Enterobacter cloacae</i>	0.36 (0.14–0.91)	0.032		
Other	0.26 (0.06–1.14)	0.274		
Multi-site infection, yes	3.49 (1.54–7.89)	0.003	2.68 (0.80–9.05)	0.11
Carbapenemases production, yes	5.81 (2.77–12.16)	<0.001	3.04 (1.03–9.39)	0.046
Both meropenem and imipenem MIC of isolate # >8ug/mL	5.95 (3.1–11.41)	<0.001	3.19 (1.24–8.77)	0.019
Prior 30-day carbapenems use, yes	1.06 (0.61–1.83)	0.842		
Prior 30-day β-lactamase inhibitors use, yes	1.35 (0.76–2.41)	0.307		
Prior 30-day fluoroquinolones use, yes	0.41 (0.12–1.36)	0.145		
Prior 30-day aminoglycosides use, yes	1.71 (0.46–6.32)	0.422		
Prior 30-day peptide antibiotics use, yes	0.65 (0.3–1.44)	0.292		
Prior 30-day tigecycline use, yes	1.84 (0.71–4.76)	0.21		
Prior 30-day linezolid use, yes	1.19 (0.6–2.37)	0.623		
Hematopoietic Stem Cell Transplantation, yes	0.62 (0.35–1.07)	0.085	0.34 (0.14–0.79)	0.014

(Continued)

Table 3 (Continued).

Variables	Univariate		Multivariate	
	OR (95% CI)	P	OR (95% CI)	P
Chemotherapy				
No	Ref			
Ordinary intensity chemotherapy	1.56 (0.82–2.94)	0.174		
Conditioning regimen	2.52 (1.22–5.19)	0.012		
Radiotherapy, yes	5.19 (1.35–19.93)	0.016		
Immunosuppressive therapy, yes	0.71 (0.4–1.25)	0.234		
Invasive catheter, yes	2.48 (0.58–10.69)	0.222		
Oral mucositis, yes	1.23 (0.64–2.37)	0.531		
Perianal infection, yes	3.9 (2.21–6.89)	<0.001	3.48 (1.61–7.76)	0.002
Gastrointestinal symptoms, yes	3.55 (2.02–6.25)	<0.001	5.93 (2.59–14.4)	<0.001
Emerging or progression of lung infection, yes	1.06 (0.57–1.97)	0.852		
Infection caused by other bacteria, yes	2.43 (1.07–5.5)	0.034		
Valley absolute neutrophil count, 10⁹/L				
≤0.025	Ref			
>0.025	0.06 (0.02–0.18)	<0.001	0.07 (0.02–0.22)	<0.001
Peak body temperature, °C				
<38	Ref			
≥38	6.72 (2.98–15.2)	<0.001	2.25 (0.81–6.83)	0.13
Heart rate at peak body temperature, bpm				
≤100	Ref			
>100	3.67 (2.08–6.47)	<0.001	2.98 (1.34–6.83)	0.008
Shaking chills at peak temperature, yes	6.92 (3.23–14.82)	<0.001	4.09 (1.41–12.2)	0.010
Systolic blood pressure at peak body temperature, mmHg				
≤130	Ref			
>130	1.49 (0.86–2.61)	0.158		
Diastolic blood pressure at peak body temperature, mmHg				
≤80	Ref			
>80	1.24 (0.66–2.35)	0.506		
Consecutive days of hospitalization				
≤30	Ref			
30–90	1.17 (0.55–2.49)	0.676		
>90	0.65 (0.29–1.46)	0.295		

Note: #These CRE isolates were isolated from perianal swabs.

Abbreviations: CRE, carbapenem-resistant Enterobacteriaceae; BSI, bloodstream infection; OR, odds ratio; CI, confidence interval; Ref, reference; AML, acute myelogenous leukemia; MDS, myelodysplastic syndrome; ALL, acute lymphoblastic leukemia; AA, aplastic anemia; MIC, minimal inhibitory concentration.

Table 4 Final Multivariable Analysis for Predicting Risk of CRE BSI Within 30 Days

Variable	β -Coefficient	OR (95% CI)	P
Age	0.0364	1.04 (1.01–1.06)	0.004
Both meropenem and imipenem MIC of isolate [#] >8ug/mL	1.6752	5.34 (2.63–11.5)	<0.001
Gastrointestinal symptoms, yes	1.3014	3.67 (1.82–7.58)	<0.001
Valley absolute neutrophil count, 10 ⁹ /L			
≤0.025		Ref	
>0.025	−2.6379	0.07 (0.02–0.19)	<0.001
Shaking chills at peak temperature, yes	1.9378	6.94 (2.60–19.2)	<0.001
Intercept	−4.2536		

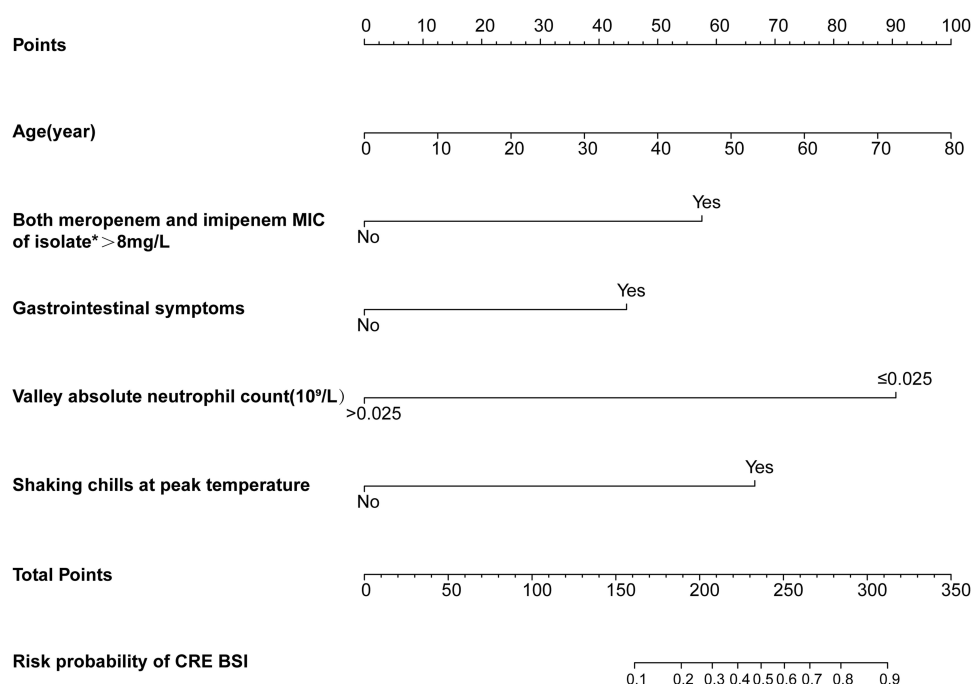
Note: [#]These CRE isolates were isolated from perianal swabs.

Abbreviations: CRE, carbapenem-resistant Enterobacteriaceae; BSI, bloodstream infection; OR, odds ratio; CI, confidence interval, Ref, reference; MIC, minimal inhibitory concentration.

(0.215) of the ROC curve. The incidence of CRE BSI in the high-risk patients was higher than that in the low-risk patients (47.5% vs 3.7%, $P<0.001$) (Figure 5). At a cut-off of prediction probability $\geq 21.5\%$, the model exhibited a sensitivity, specificity, positive predictive value and negative predictive value of 79.7%, 85.6%, 96.27% and 47.47%. A calibration curve was used to assess the consistency between predictions by the model and observed risks across of the population. The Hosmer-Lemeshow goodness of fit test was used to evaluate the degree of calibration of the proposed logistic regression model, and the test results indicated that the model had a good test efficiency ($P=0.534$) (Figure 4B).

Internal Validation and Clinical Usefulness of Model

Internal validation of this proposed prediction model was performed using the 500 times resampling enhanced bootstrap method to estimate the C-Statistic and Brier Score. The apparent C-statistic and apparent Brier score was 0.8898 and

**Figure 3** The nomogram used to predict the risk of CRE BSI in hematological patients. Points are summed for each risk factor.

Note: ^{*}These CRE isolates were isolated from perianal swabs.

Abbreviations: CRE, carbapenem-resistant Enterobacteriaceae; BSI, bloodstream infection; MIC, minimal inhibitory concentration.

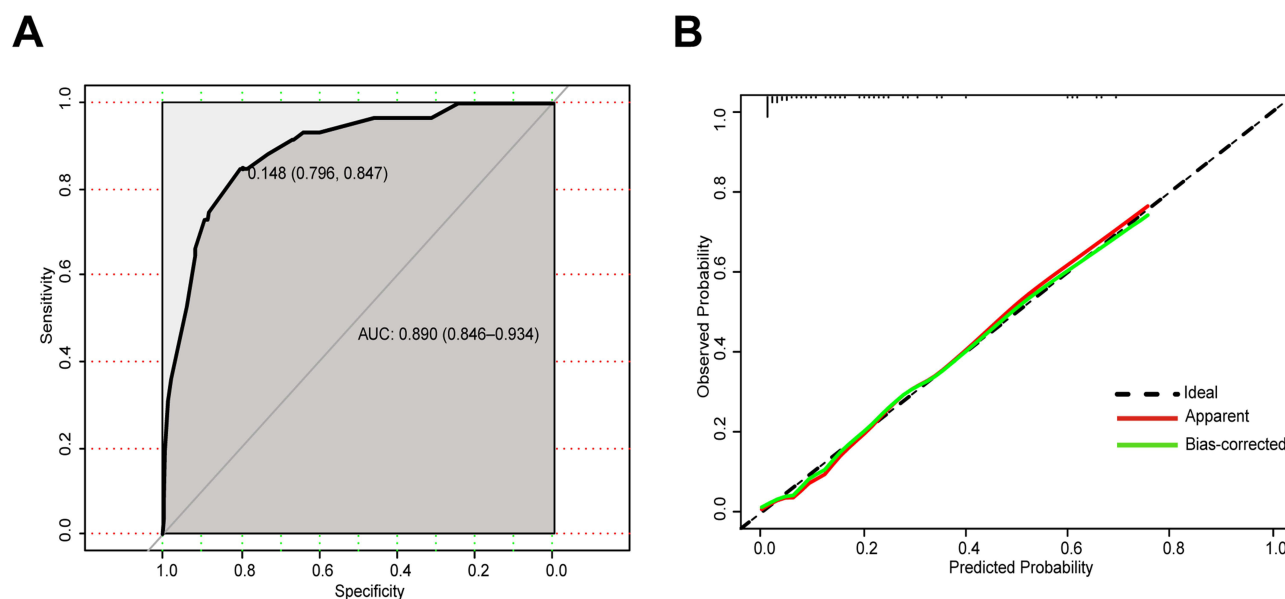


Figure 4 (A). The area under the receiver operating characteristic curve (AUC) was calculated to assess the diagnostic performance of the proposed model. **(B).** Calibration curve of the proposed prediction model. The x-axis represents the predicted probability of CRE BSI risk from the model. The y-axis represents the actual CRE BSI rate. The black diagonal dotted line represented a perfect performance by an ideal model. The red dotted line represents the performance of the proposed prediction model, while the solid green line represents bootstrap-corrected performance of the proposed prediction model. The Hosmer-Lemeshow goodness-of-fit test was $P=0.534$.

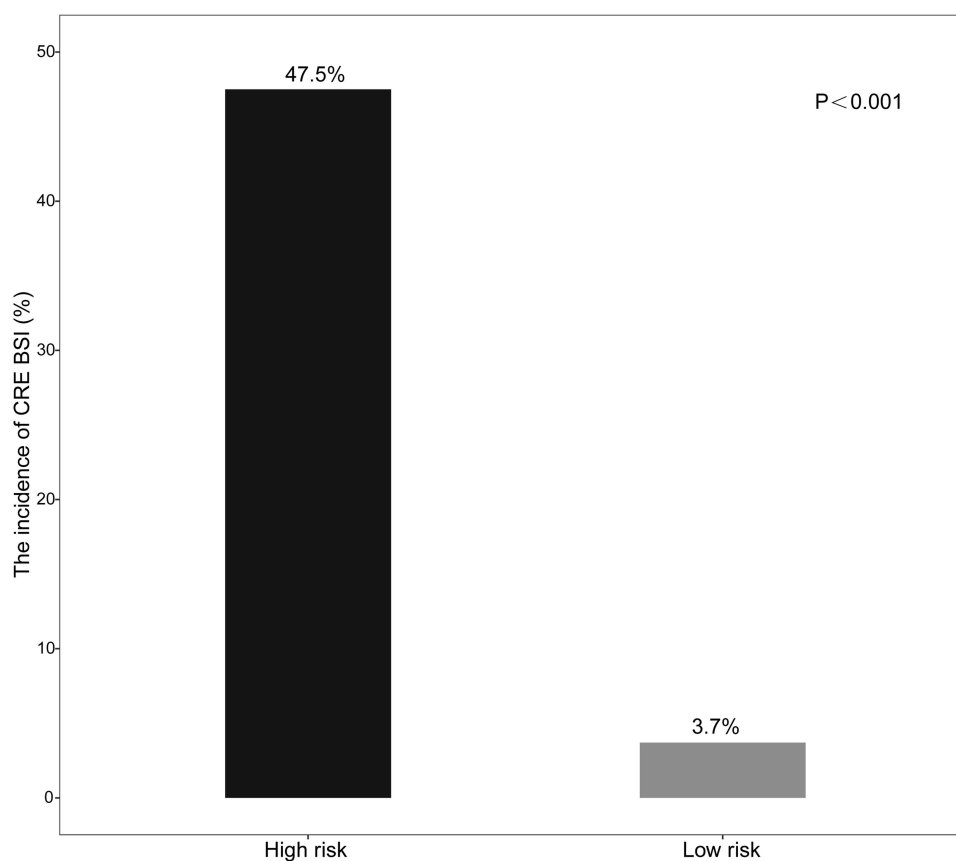


Figure 5 The incidences of CRE BSI in the high risk and low risk patients were significantly different ($P < 0.001$). Risk stratification was performed in all patients based on the optimal cut-off value (0.215) of the proposed prediction model.

Abbreviations: CRE, carbapenem-resistant Enterobacteriaceae; BSI, bloodstream infection.

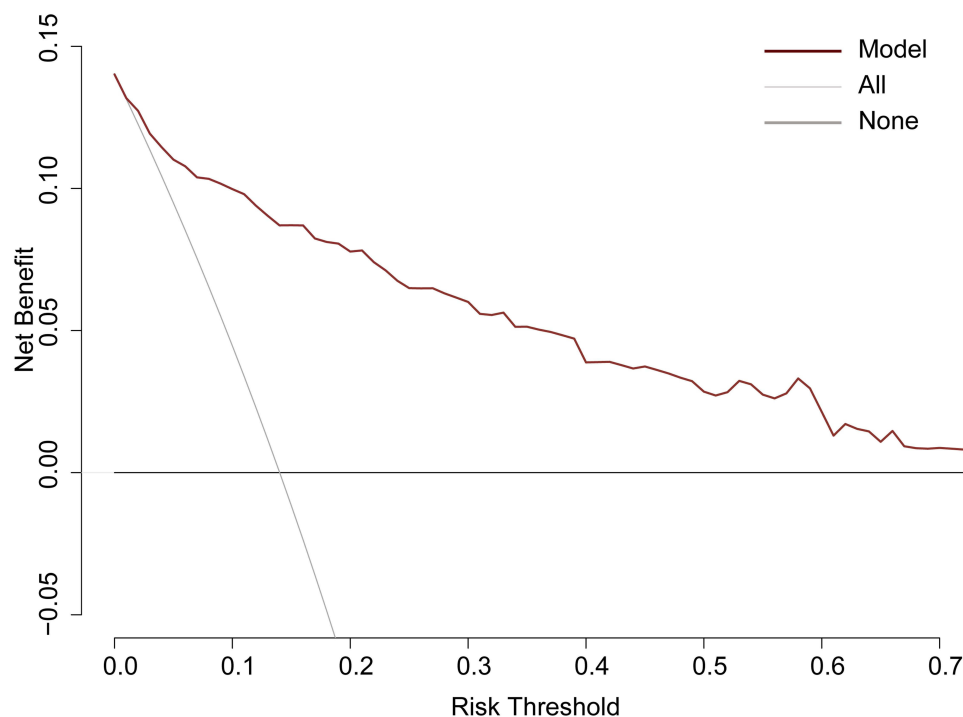


Figure 6 Decision curve analysis (DCA) of model-directed empirical anti-CRE therapy. The x-axis indicates the threshold probability, and the y-axis indicates the net benefit. The red curve represents the proposed prediction model. The grey line indicates the assumption that all patients received empirical anti CRE therapy. The horizontal black line indicates the assumption that no one received empirical anti-CRE therapy.

0.079, respectively. The optimism of the C-statistic and Brier score was 0.0088 and -0.0039 , respectively. The adjusted C-statistic and Brier score was 0.881 and 0.083, respectively.

The DCA showed that if the threshold probability of the patient was 5–70%, using this theoretical risk-model guided strategy (ie, empiric administration of CRE-active antibiotics) adds more benefit than either the treat-all-patients scheme or the treat-none scheme (Figure 6).

Discussion

Similar to previous studies,⁹ only 14% of patients developed BSI after CRE was isolated from swabs in this study, and the vast majority of patients developed CRE BSI within 30 days. However, the mortality rate of about a quarter still grim. Whether and when CRE carriers need to be de-colonization is uncertain, and the potential risk factors of infection vary between different populations. Due to the critical consequences of CRE BSI, this study aimed to develop a BSI prediction model in hematological patients with CRE to identify high risk patients who are eligible for appropriate empirical antibiotic therapy. This single-center retrospective cohort study, conducted in patients with hematological diseases and positive CRE anal swab has found that age, meropenem and imipenem MIC of isolate from perianal swabs, gastrointestinal symptoms, valley neutrophil value ($10^9/L$) ≤ 0.025 and shaking chills at peak temperature within 30 days of the first positive perianal test were independently associated with the occurrence of CRE BSI. The developed prediction model based on the above risk factors demonstrated acceptable specificity and sensitivity and was validated using the enhanced bootstrap method. To the best of our knowledge this is the first prediction model proposed for the risk evaluation of subsequent CRE BSI after CRE perianal swab positive among hematological patients and obtained results that may contribute to guiding risk stratification of CRE in clinical practice.

Although CRE strains are resistant to carbapenems, when meropenem or imipenem MIC of isolated CRE strains $\leq 8\mu\text{g/mL}$, meropenem or imipenem can still be used in combination with another drug with in vitro anti-CRE activity to treat CRE infection under the conditions of increased dosage and prolonged administration time.^{20,21} Interestingly, our study found that when both meropenem and imipenem MIC of isolates from perianal swabs $>8\mu\text{g/mL}$, meaning isolates

had a relatively high resistance to carbapenems, patients were more likely to develop subsequent BSI. The results were similar to the study of Wang et al who used carbapenem resistance score to evaluate the carbapenem resistance of isolates according to the inhibition zone diameters of meropenem and imipenem.¹² They found that high carbapenem resistance score was an independent risk factor for subsequent CRE BSI in rectal carriers. Thus, CRE strains with high resistance to carbapenems isolated from carriers might be associated with the occurrence of BSI. Meanwhile, their finding also suggest that the commonly used carbapenems may not be a good selection for patients with CRE BSI.

Gastrointestinal mucositis caused by radiotherapy and chemotherapy is a complex reaction of the mucous membranes, accompanied by a series of gastrointestinal symptoms, and its severity is difficult to assess.²² Patients with malignant hematological diseases and hematopoietic stem cell transplantation recipients have a high risk of developing invasive infections due to enteric bacteria because of chemotherapy-induced gastrointestinal mucositis.^{3,23,24} Wang et al found that gastrointestinal injury with definite diagnosis, including gastrointestinal bleeding or perforation, ostomy or excision of stomach and intestine, gastroenteritis, cholecystitis and pancreatitis was an independent risk factor of subsequent CRE BSI.¹² Likewise, our study found that hematological patients with gastrointestinal symptoms, including abdominal pain, diarrhea and gastrointestinal bleeding, after CRE colonization were independent risk factors for subsequent CRE BSI and could be included in the model for risk assessment of CRE BSI in CRE carriers. The damage to gastrointestinal barrier is a potential entry for CRE, which reasonably explains the occurrence of subsequent BSI. Hence, paying attention to reducing gastrointestinal injury for hematological patients may help to prevent the occurrence of BSI.

Patients with neutropenia were highly related to BSI.^{25,26} Most hematological patients will develop neutropenia due to immune deficiency, radiotherapy and chemotherapy, but only some developed subsequent CRE BSI. It is worthwhile to further explore the relationship between the time and value of neutropenia and CRE BSI. Cao et al found that agranulocytosis time ≥ 21 days was a risk factor for BSI in hematopoietic stem cell transplantation recipients.²⁶ However, there is a lack of relevant research. Hence, we analyzed the neutropenia value and found that patients were more likely to develop subsequent CRE BSI when their valley neutrophil value ($10^9/L$) was less than 0.025. This result may contribute to the further risk stratification of patients with neutropenia in clinical practice.

Previous studies failed to show that age may be associated with CRE BSI.^{27,28} However, this study found that age was one of the independent risk factors included into the prediction model. The differences listed above might be explained by the fact that previous studies were focused on children or adult patients of a certain age. In addition, prior antibiotic treatment was not significantly associated with BSI in our study, while previous studies found that tigecycline use before admission was associated with BSI.¹² This may be because patients with hematological diseases often suffer from immune deficiency, resulting in high rates of antibiotics use. Furthermore, shaking chills were strong predictors of subsequent CRE BSI in our study, which is in line with our traditional understanding that chills and are often associated with severe infection and bacteremia.^{18,29,30} Those notions are worth continuing their verification in subsequent studies and potentially suggesting them for use in clinical practice.

A similar prediction model proposed by Giannella et al¹⁰ was based on chemotherapy, radiotherapy, invasive abdominal manipulation, and colonization at multiple sites, which showed less or no predictive value in our study. This may be related to different subjects. The patients included in the Giannella's study were from large-scale tertiary nursing general hospitals, while our study subjects were only patients with hematological diseases, and most of them received radiotherapy and chemotherapy, making it difficult to appreciate any difference. Focusing on a specific population is also one of the strengths of this study. Unlike the above mentioned study, that only studied CRKP, this study included all CRE strains. In our study, CREC was the most frequently found strain (39.7%), followed by *Klebsiella pneumoniae* (33.7%) and CREL (18.3%), which is reflective of the real clinical setting in China. In particular, the type of bacterial strains was not restricted in light of possible in vivo inter-species plasmid transfer.^{31–33}

Based on this model, patients in the high-risk group with fever or other signs of infection can be considered strong anti-infective treatment, given that CRE strains and antibiotic susceptibility testing from perianal skin swabs and blood samples were highly consistent. Drug selection can refer to the sensitive drugs of previous bacteria in perianal swabs before the blood culture results.

This study had some limitations. Firstly, the sample size is relatively small, with fewer events but more variables were included in the analysis. Although this study had the largest number of hematological patients with BSI after a positive CRE perianal swabs (n=59) reported so far, the model should be further evaluated in larger studies to reach a conclusion regarding the proposed sensitivity. Secondly, this was a single center study without external validation. Finally, this study has inherited all limitations of a retrospective design, including the possibility of bias.

Conclusion

The proposed prediction model based on age, meropenem and imipenem MIC of isolate, gastrointestinal symptoms, valley absolute neutrophil count and shaking chills may be used for risk stratification of CRE BSI in hematological patients with CRE isolated from perianal swabs.

Ethics Statements

This study was approved by the ethical committee of the Institute of Hematology and Blood Diseases Hospital, Chinese Academy of Medical Sciences (QTJC2022012-EC-1). Written informed consent was waived by the ethics committee for research in health due to the anonymized retrospective analysis. In addition, this study was conducted in accordance with the Declaration of Helsinki.

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Disclosure

Dr Jianxiang Wang is an adviser for Abbvie, outside the submitted work. The authors declare no competing interests.

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