# ORIGINAL RESEARCH In vitro and in vivo Evaluation of Folic Acid Modified DOX-Loaded <sup>32</sup>P-nHA Nanoparticles in **Prostate Cancer Therapy**

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Background: Prostate cancer (PCa) ranks second in the incidence of all malignancies in male worldwide. The presence of multiorgan metastases and tumor heterogeneity often leads to unsatisfactory outcomes of conventional radiotherapy treatments. This study aimed to develop a novel folate-targeted nanohydroxyapatite (nHA) coupling to deliver adriamycin (Doxorubicin, DOX), <sup>32</sup>P, and <sup>99m</sup>Tc simultaneously for the diagnosis and treatment of prostate-specific membrane antigen (PSMA) positive prostate cancer. Methods: The spherical nHA was prepared by the biomimetic method and characterized. Folic acid (FA) was coupled to nHA with polyethylene glycol (PEG), and the grafting ratio of PEG-nHA and FA-PEG-nHA was determined by the thermogravimetric analysis (TGA) method. In addition, <sup>32</sup>P, <sup>99m</sup>Tc, and DOX were loaded on nHA by physisorption. And the labeling rate and stability of radionuclides were measured by a  $\gamma$ -counter. The loading and release of DOX at different pH were determined by the dialysis method. Targeting of FA-PEG-nHA loaded with <sup>99m</sup>Tc was verified by in vivo SPECT imaging. In vitro anti-tumor effect of <sup>32</sup>P/DOX-FA-PEGnHA was assessed with apoptosis assay. The safety of the nano-drugs was verified by histopathological analysis.

Results: The SEM images showed that the synthesized nHA was spherical with uniform particle size (average diameter of about 100nm). The grafting ratio is about 10% for PEG and about 20% for FA. The drug loading and the delayed release of DOX at different pH confirmed its long-term therapeutic ability. The labeling of <sup>32</sup>P and <sup>99m</sup>Tc was stable and the labeling rate was great. SPECT showed that FA-PEG-nHA showed well in vivo tumor targeting and less damage to normal tissues.

Conclusion: FA-targeted nHA loaded with <sup>32</sup>P, <sup>99m</sup>Tc, and DOX may be a new diagnostic and therapeutic strategy for targeting PSMA-positive prostate cancer tumors, which may achieve better therapeutic results while circumventing the severe toxic side effects of conventional chemotherapeutic agents.

Keywords: prostate cancer, folic acid targeting, nanohydroxyapatite, <sup>99m</sup>Tc/ <sup>32</sup>P, adriamycin

## Introduction

Prostate cancer (PCa) is a group of neoplastic diseases with a high incidence rate worldwide and is also the second leading cause of cancer-related deaths in men.<sup>1</sup> In 2020, PCa accounted for 7.3% of all cancer incidences and 3.8% of male cancer-related deaths.<sup>2</sup> PCa frequently presents with metastases from multiple organs, and sufferers have an inferior long-term prognosis with a poor five-year survival rate.<sup>3</sup> Meanwhile, this extra-prostatic metastasis and tumor heterogeneity also often result in unsatisfactory treatment by conventional radiotherapy.<sup>4</sup> Therefore, there is an urgent clinical need for a novel, highly effective, and highly specific treatment for PCa.<sup>5,6</sup>

Prostate-specific membrane antigen (PSMA) is a specific target for prostate cancer and has been widely implicated in prostate cancer imaging and treatment in clinical settings. Many clinical trials using PSMA-targeted small molecules or

nanomaterials for the treatment of prostate cancer have vielded promising results.<sup>7-9</sup> PSMA, a protein with folate substrate hydrolase enzymatic activity, cleaves the amide bond of N-acetylaspartate and hydrolyzes extracellular polyglutamic acid to monoglutamic acid folate, which can be used by the cell.<sup>10</sup> Folate-coupled nanoparticles may be a promising PSMA-targeting nanocarrier as reported by several studies.<sup>11–14</sup> Therefore, it is feasible to develop a specific nano-targeted drug that targets PSMA-positive prostate cancer by coupling the two with folic acid (FA) as the targeting ligand and nanoparticles as the carrier for the loaded drug. Hydroxyapatite, a substance with bone-like composition, has great biocompatibility and bioactivity<sup>15</sup> and is widely used clinically for bone repair.<sup>16–19</sup> In addition, the porous structure of the nanohydroxyapatite (nHA) crystals has an inherent promising loading potential for the transport and release of a wide range of cytotoxic drugs.<sup>20</sup> In recent years, nHA loaded with chemotherapeutic agents such as adriamycin (doxorubicin, DOX) has proved promising as a bone tumor-targeting drug for tumor treatment and addressing tumor drug resistance.<sup>21–25 32</sup>P is a  $\beta$ -decay nuclide with a half-life of 14.3 d. Unlike other  $\beta$ -decay nuclides, <sup>32</sup>P emits only one  $\beta$ -ray (maximum energy of 1.71 MeV and average energy of 0.695 MeV). <sup>32</sup>P can covalently bind and thus stay in the DNA of cancer cells to effectively induce apoptosis,<sup>26</sup> which has promising clinical applications.<sup>27–29</sup> The current application of <sup>32</sup>P is primarily in the form of colloidal injections, while relatively few studies have been reported on <sup>32</sup>P-labeled targeted drugs. Recently, hydroxyapatite has been reported to label <sup>32</sup>P by physisorption.<sup>30</sup> Simultaneous loading of DOX and <sup>32</sup>P using nHA may be a preferable option for targeting drugs in prostate cancer.

In the present study, we report a nano-targeted drug that delivers oncotherapeutic agents to PSMA-positive prostate cancer cells, where DOX- and <sup>32</sup>P-loaded nHA was used as a carrier and FA-coupled polyethylene glycol (PEG) was used as the targeting ligand. Tumor targeting was verified in tumor-bearing mice by micro-SPECT imaging with <sup>99m</sup>Tc-labeled FA-PEG-nHA. The therapeutic ability of nano-targeting carriers loaded with <sup>32</sup>P and DOX was assessed by apoptosis assay in PSMA-positive LNCaP cells. Finally, the biosafety of the nanocarriers loaded with <sup>32</sup>P and DOX was verified by pathological analysis. This study provides a new approach to the diagnosing and treating of PSMA-positive prostate cancer tumors.

# **Materials and Methods**

## **Materials**

Analytical-grade chemicals and reagents were used in our study unless specified. Polyethylene glycol (PEG) 6000, (NH<sub>4</sub>) <sub>2</sub>HPO<sub>4</sub>, Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O, and NH<sub>3</sub>·H<sub>2</sub>O were purchased from Chengdu Cologne Chemical Reagent Factory (China). FA, N-Hydroxysuccinimide (NHS), dicyclohexylcarbodiimide (DCC), and DOX were purchased from Aladdin Industrial Co. (Shanghai, China). Na<sup>99m</sup>TcO<sub>4</sub> and NaH<sub>2</sub><sup>32</sup>PO<sub>4</sub> were purchased from Atomic Technology Co., Ltd (China). RPMI 1640 medium, Fetal bovine serum (FBS), Penicillin-streptomycin (PS), and Phosphate buffer solution (PBS) were purchased from HyClone (Waltham, MA, USA).

## Synthesis and Characterization of Nano-Hydroxyapatite

In this study, nHA was synthesized by the biomimetic method.<sup>31</sup> Briefly, 0.9854g of  $Ca(NO_3)_2 \cdot 4H_2O$  and 0.3299g of  $(NH_4)_2HPO_4$  were evenly spread over the bottom of the 100mL and 25mL beakers respectively, and then the 25mL beaker was placed into the 100mL beaker. The 6% PEG solution was prepared using double-distilled water, and the pH was adjusted to 11 by  $NH_3 \cdot H_2O$ . Next, the PEG solution was slowly added to the 25mL beaker until filled. Similarly, PEG solution was added to a 100 mL beaker up to the same liquid level in the 25mL beaker. After that, the whole system was stood for 5 min to allow calcium ions to adequately react with PEG. Then PEG solution continued to fill until the liquid level was 5 mm above the 25 mL beaker, and the 100 mL beaker was sealed with plastic wrap and left at room temperature for 4 days. Finally, the two beakers were filtered separately, and the sediment was washed 3–4 times with distilled water to obtain the target product.

The morphology of spherical nHA was characterized by a transmission electron microscope (TEM, JEM-1200EX, JEOL, Japan). The mean diameter and polydispersity index (PDI) of nHA were measured using Nano-ZS90 (Malvern Instruments, UK). The phase analysis was carried out using Shimadzu Lab-XRD-6000 X-ray Diffraction (XRD) at 40 kV

and 30 mA. In addition, the chemical structures of the nanoparticles were analyzed with a Fourier transform infrared spectrometer (FT-IR, Nicolet, 5DX/550II, USA) with a wavenumber range of 500–4000 cm<sup>-1</sup>.

# Synthesis and Characterization of FA-PEG-nHA Synthesis of PEG-nHA

The synthesis of PEG-nHA was conducted according to the previous study.<sup>30</sup> One gram of PEG was dissolved in 10 mL of distilled water under vigorous stirring and then mixed with spherical nHA at a mass ratio of 1:1 for 24 h under stirring. Subsequently, PEG-functionalized nHA precipitation was obtained after centrifugation at 12,000 rpm for 15 min. To eliminate unbound PEG6000, the reaction mixture was dialyzed (molecular weight cut-off at 8–14 kDa) against distilled water for 3 days and lyophilized.

## Synthesis of FA-NHS

The synthesis of PEG-nHA was conducted according to the previous study.<sup>32</sup> One gram g of folic acid was dissolved in a solution of 20 mL dimethyl sulfoxide (DMSO) mixed with 0.5 mL trimethylamine, and NHS and DCC in molar amounts of 1.1 were added. The reaction was stirred in the dark for 32 h, and the by-product bicyclohexylurea was removed by filtration. Then, distilled water was added to deposit the yellow NHS-ester, and then the deposit was washed 2–3 times with hot water and acetone, respectively. Finally, the product was dried under vacuum at room temperature and stored, which was stored in a refrigerator ( $-20^{\circ}$ C, dark).

## Synthesis of FA-PEG-nHA

The above 10 mg FA-NHS was dissolved in 0.5 mL anhydrous DMSO, and then PEG-nHA was added at a mass ratio of 1:1. The mixture was stirred for 12 h in the dark. The precipitate was separated by centrifugation, washed with distilled water, and freeze-drying.

# Characterization of FA-PEG-nHA

The chemical structures of PEG-nHA and FA-PEG-nHA were analyzed by FT-IR spectroscopy. The amount of PEG or FA grafted on the surface of nHA was determined by a thermogravimetric analyzer (TGA, TGA/DSC1/1600LF, Switzerland). The TGA detection range was from room temperature to 1000 °C with a ramp of 10 °C /min. The amount of PEG or FA grafted on the nHA surface should be the rate of weight loss during heating.

# Drug Loading and Release of FA-PEG-nHA

# <sup>32</sup>P Loading and Stability of FA-PEG-nHA

 $^{32}$ P was labeled on FA-PEG-nHA by physisorption. The protocol was described as follows: Na<sub>2</sub>H<sup>32</sup>PO<sub>4</sub> (1mCi, 150µL) solution was added into FA-PEG-nHA (10mg, 150µL), shaking at 37 °C overnight. After centrifugation and filtration, the precipitations were washed three times with distilled water to remove free radioisotopes. The labeling rate of <sup>32</sup>P is defined by equation (1):

$$LR = \frac{C_0 - C_1}{Co} \times 100\%$$
 (1)

Where LR is the labeling rate of <sup>32</sup>P.  $C_0$  is the cpm value of Na<sub>2</sub>H<sup>32</sup>PO<sub>4</sub> (1mCi, 150µL) measured by a  $\gamma$ -counter.  $C_1$  is the cpm value of summing the supernatant and the distilled water after washing, which is measured by a  $\gamma$ -counter. Stability was also verified by this method.

## DOX Loading and Release of FA-PEG-nHA

DOX can be adsorbed by nHA through electrostatic interaction and hydrogen bonding due to its unique structure.<sup>33</sup> The specific synthesis method was described as follows: 1 mL DOX solution (1 mg/mL) was added to FA-PEG-nHA (5 mg, 100  $\mu$ L) and stirred for 12 h in the dark. The nanoparticles were collected after centrifugation at 10,000 rpm and 4 °C for 30 min. Subsequently, nHA was washed three times with distilled water to remove free DOX, and the nanoparticles were

collected after freeze-drying. DOX concentration was measured by a UV spectrophotometer at 480 nm. Blank nanoparticles were measured as the baseline. The loading capacity of DOX is defined by equation (2):

$$LC = \frac{w_0 - w_1}{w_0} \times 100\%$$
 (2)

Where LC is the loading capacity of DOX.  $W_0$  is the concentration of DOX measured by UV before loading.  $W_1$  is the DOX concentration of summing the supernatant and the distilled water after washing.

The dialysis method was used to determine the in vitro release of the DOX from FA-PEG-nHA. Briefly, DOX-loaded nano-particles (20 mg, 1 mL) were placed into dialysis tubes (molecular weight cut-off at 3500Da) and immersed into 30 mL of PBS (pH 5, 6.8, and 7.4), shaken at 100 rpm, 37 °C. At different times, the sample was collected and the equivalent fresh-release media was added. The DOX concentration was analyzed by UV-vis spectroscopy at 480 nm. The calculation method is the same as equation (2).

#### Evaluation of Antitumor Efficacy in vitro

In this study, the prostate cancer cell-line LNCaP was purchased from the Chinese Academy of Sciences Cell Bank (Shanghai, China). The cell was cultured in RPMI 1640 medium supplemented with 10% FBS, and 1% penicillin-streptomycin at 37°C in a 5% CO<sub>2</sub> incubator. Cells in a logarithmic growth phase were used in all experiments. TUNEL staining was used to determine the antitumor effect by detecting the apoptotic cells in tumor tissues after different treatments. Firstly, seven 35mm glass substrate/confocal culture dishes were inoculated with 10<sup>5</sup>/180µL cells, and 20µL test solution (saline, 50uCi <sup>32</sup>P, 2.5µg DOX, 50uCi <sup>32</sup>P-FA-PEG-nHA, 100uCi <sup>32</sup>P-FA-PEG-nHA, 150uCi <sup>32</sup>P/FA-PEG-nHA or 150uCi/2.5ug <sup>32</sup>P/DOX-FA-PEG-nHA) was added. Secondly, cells were fixed using 4% paraformaldehyde for 10 min at room temperature after 72h incubation. Then, 200µL PBS solution containing 3% Triton X-100 was added for 10 min at room temperature to break the cell membrane. Finally, a 50 µL TUNEL (C1090, Beyotime, Shanghai, China) reaction mixture (45 fluorescent labeling solution and 5 µL TdT enzyme) was incubated at 37 °C for 60 min in a dark humidified environment. Finally, the nuclei were stained with DAPI (C1005, Beyotime, Shanghai, China) for 5 min at 37 °C, and apoptotic cells were observed by the fluorescence microscope (OPTIKA, Italy).

## **Animal Experiments**

#### Animal

The BALB/c mice (20–25 g, 8–10 weeks old) were purchased from Spitford Biotechnology Co., Ltd (Beijing, China). The radioactivity experiments were performed under a protocol approved by the Animal Ethics Committee of Chongqing Cancer Hospital (Chongqing, China). The bone tumor-bearing mice model was established as follows: LNCaP cells ( $10^4$  cells in 10 µL) were injected into the cavum medulla of the BALB/c mice tibias. The volume of the tumors and body weights of mice were measured every other day, and the tumor volumes were calculated according to the formula: tumor volume (mm<sup>3</sup>) =  $\pi/6 \times (\text{length}) \times (\text{width})^2$ .

#### Biodistribution

In this study, the bio-distribution of PEG-nHA, DOX-loaded PEG-nHA, and FA-PEG-nHA was determined using <sup>99m</sup>Tclabeled nHA. The labeling method is described as follows, and the labeling ratio and stability are determined using Equation (1). Na<sup>99m</sup>TcO<sub>4</sub> (0.4 mCi) was added into the PEG-nHA, DOX-loaded PEG-nHA, or FA-PEG-nHA, followed by 100  $\mu$ L of 10 mg/mL NaBH<sub>4</sub> (as the reductant). The resulting mixture was stirred for 1 h, and excess reductant was removed by centrifugation and washed with distilled water. When the volume of the tumor reached 200 mm<sup>3</sup>, the mice were subjected to 20uCi/100  $\mu$ L of the radiolabeled nanoparticulate via tail intravenous injection. And the biodistribution of PEG-nHA, DOX-loaded PEG-nHA, and FA-PEG-nHA was determined by SPECT/CT (Symbia T2, Siemens, USA).

#### Biosafety Assessment of Nano-Particulate

LNCaP tumor-bearing mice were subjected to saline (100 µL), DOX-FA-PEG-nHA (100µL, 0.5 mg/mL), <sup>32</sup>P-FA-PEG-nHA (100µL, 2mCi/mL) and <sup>32</sup>P/DOX-FA-PEG-nHA (100µL, 0.5mg/mL and 2mCi/mL) via intravenous injection. The

mice were euthanized after 3 weeks, and the major organs and tumors were collected and fixed with 4% paraformaldehyde, which were stained with hematoxylin and eosin (H&E) for histopathological analysis.

## Statistical Analysis

All quantitative measurements were conducted at least in triplicate and presented as means  $\pm$  SD. All data were statistically analyzed by one-way analysis of variance (ANOVA) and Student's *t*-test at a significance level of P < 0.05 in GraphPad Prism 8.0.2.

## Result

# Synthesis and Characterization of FA-PEG-nHA

In this study, the synthesis procedure of FA-PEG-nHA are shown in Figure 1.

#### Synthesis and Characterization of nHA

In this study, spherical nHA was synthesized by a biomimetic method, where Ca  $(NO_3)_2 \cdot 4H_2O$  and  $(NH_4)_2HPO_4$  were the sources of calcium and phosphorus in nHA, respectively. And PEG6000 was the soft matrix for nHA. The surface morphology of nHA was observed by TEM, and the prepared particles were regular and uniform spherical with smooth surfaces (Figure 2A). The diameter of nHA was about 100nm, PDI was 0.217, and the particle size distribution was narrow (Figure 2B).

The XRD analysis of the nHA powder showed (Figure 2C) that all the peaks were based on the characteristic structure of HA, and no crystalline phases except HA were observed, our result was similar to the work of Solechan et al.<sup>34</sup> The characteristic absorption peaks were detected at 25.8°, 31.7°, and 32.8°, which are the typical diffraction peaks of HA crystals (002), (211), and (300). The above results proved the success of HA synthesis.

#### FT-IR Spectroscopy

FT-IR spectroscopy, a very suitable technique in the study of nanoparticle and polymer functionalization, was used to characterize nHA (Figure 2D). The results showed the wavebands at 3448 cm<sup>-1</sup> and 1637 cm<sup>-1</sup> (adsorption of H<sub>2</sub>O), 1030 cm<sup>-1</sup> (stretching vibration of the P-O group in  $PO_4^{-3}$ ), 561 cm<sup>-1</sup> and 601 cm<sup>-1</sup> (O-P-O bending vibration), 1420 cm<sup>-1</sup> and 874 cm<sup>-1</sup> (CO<sub>3</sub><sup>-2</sup> group), which were characteristic absorption peaks in the FT-IR spectra of nHA. Overall, the results of FT-IR spectral analysis confirmed that the synthesized product was nHA.

The FT-IR spectra of nHA are compared with those of PEG-nHA (Figure 3A). The band located at 2927 cm<sup>-1</sup> corresponded to the presence of  $-CH_2$ , while the band located at 1452 cm<sup>-1</sup> corresponded to the bending vibration of the



Figure I Procedure for the synthesis of PEG-nHA (A). Synthesis of NHS-FA (B). Synthesis of FA-PEG-nHA (C).



Figure 2 Characterization of nano-hydroxyapatite. The TEM image (A) and particle size distribution (B) of nHA in water. The XRD patterns of nHA (C) ranging from 20-55°. The FT-IR spectra of nHA (D) ranging from 500-4000 cm<sup>-1</sup>.



Figure 3 Characterization of PEG-nHA and FA-PEG-nHA. The FT-IR spectra of PEG-nHA and nHA (A), and the FT-IR spectra of PEG-nHA, FA-NHS, and FA-PEG-nHA (B) are compared.

C-H bond in  $-CH_2$ . In addition, characteristic absorption peaks of PEG such as the stretching vibration of the C-O group at 1213 cm<sup>-1</sup> were found in the FT-IR spectrum of PEG-nHA, which indicated the successful grafting of PEG onto nHA.

FT-IR spectra of PEG-nHA, FA-NHS, and FA-PEG-nHA are shown in Figure 3B. The bands at 2853 cm<sup>-1</sup> in FA-PEG-nHA and 2851 cm<sup>-1</sup> in FA-NHS correspond to the stretching vibration of methylene. In addition, the characteristic IR peaks of FA-NHS and FA-PEG-nHA are mainly for the characteristic peak at 1686 cm<sup>-1</sup> (ester group), which is caused by the activation of the carboxyl group of FA by EDC and NHS. The absorption band of the benzene ring in FA was observed at 1605 cm<sup>-1</sup>. FT-IR spectral analysis showed that FA was successfully attached to PEG-nHA.

## TGA

The ratio of grafting of PEG-nHA and FA-PEG-nHA was determined by the thermogravimetric curves measured by the TGA/DSC1/1600LF thermogravimetric analyzer (Figure 4A and B). The slow loss of weight of nHA from room temperature to 100 °C may be related to the evaporation of water adsorbed on the surface of the nanoparticles. While the rapid weight loss between 100 °C and 600 °C was partly due to the cleavage of PEG and FA modified on the surface of the spherical nHA. At 600 ~ 1000°C, the weight slightly decreased due to the dehydroxylation of HA. The blue curve in Figure 4A presents the DSC (Differential Scanning Calorimetry) diagram of PEG-NHA, in which  $\alpha$  and  $\beta$  correspond to the pyrolysis of PEG with low and high quality respectively, which is consistent with the TG curve. Overall, the total weight loss of PEG-nHA was 15% and 35% for PEG-nHA and FA-PEG-nHA, respectively. And about 20% of FA was introduced into PEG-nHA.

# In vitro Drug Loading and Release

In this study, the loading procedure of <sup>32</sup>P and DOX are shown in Figure 5A.

## The Loading and Stability of <sup>32</sup>P

The <sup>32</sup>P was successfully labeled on FA-PEG-nHA by physisorption, and the labeling rate calculated by Equation 1 was 45%. The in vitro stability of the product after 24 hours of testing in PBS at 37°C (Figure 5B). The Radio-labeled FA-nHA showed



Figure 4 TGA analysis results of PEG-nHA and FA-PEG-nHA. The thermogravimetric curves of PEG-nHA (A) and FA-PEG-nHA (B).



Figure 5 Stability of <sup>32</sup>P or DOX from FA-PEG-nHA. The synthesis of <sup>32</sup>P/DOX-FA-PEG-nHA (**A**). Stability of <sup>32</sup>P in <sup>32</sup>P/DOX-FA-PEG-nHA over 24 hours (**B**). Stability of DOX in <sup>32</sup>P/DOX-FA-PEG-nHA at different pH over 20 days (**C**).

excellent stability in vitro with 98% activity, indicating that no significant <sup>32</sup>P loss was observed during <sup>32</sup>P/FA-nHA culture in vitro.

#### The Loading and Stability of DOX

DOX was successfully loaded onto FA-PEG-nHA using electrostatic interaction and hydrogen adsorption. The labeling rate calculated by Equation 2 was 15%. The different pH values such as nanoparticles encounter in vivo, the physiological pH in the blood circulation ( $\sim$ 7.4), the pH of the tumor microenvironment ( $\sim$ 6.8), and the pH in the intracellular compartment of the body-lysosome (~5.0), were used in this study to evaluate the stability of DOX-FA-PEG-nHA nanoparticles for a certain time after storage. And their stability was evaluated by detecting the change in light transmission of the nanoparticles. The change curves of the transmittance of the nanoparticles after 20 days are shown in Figure 5C. Under the tested pH conditions, the variation of the transmittance of nanoparticles fluctuated less and no significant precipitation was observed, which can indicate that the nanoparticles have great stability. At the same time, it was also found that the transmittance of DOX-FA-PEG-nHA nanoparticles was relatively low at different pH values, and the transmittance decreased with the increase in pH. The reason may be related to the change of surface charge under different pH conditions and the presence of DOX in the nanoparticles. The release of DOX from FA-PEG-nHA could be observed consistently over 15 days at different pH conditions, and the release rate of DOX from FA-PEG-nHA gradually increased with decreasing pH, and the release time gradually increased (Figure 6). The release of DOX from FA-PEG-nHA was about 50.42% at PH 7.4, 60.37% at pH 6.8, and 85.85% at pH 5.0, which may be due to the decrease of the adsorption capacity between nHA and DOX caused by the degradation of nHA. At pH 7.4, FA-PEG-nHA released about 50.42% of DOX, while 60.37% and 85.85% of DOX were released at pH 6.8 and pH 5.0, respectively, which may be due to the decrease of the adsorption capacity between nHA and DOX caused by the degradation of nHA. The results suggested that FA-PEG-nHA can reach a slow-release capacity similar to the <sup>32</sup>P half-life ( $T_{1/2} = 14.3$  d), which was suitable for long-term treatment under dual anti-tumor effects.

# Evaluation of in vitro Antitumor Efficacy

TUNEL staining was used to detect apoptotic cells in tumor tissues after different treatments to determine the anti-tumor effect of <sup>32</sup>P/DOX-FA-PEG-nHA (Figure 7). The results showed that the apoptosis of cells treated with <sup>32</sup>P-FA-PEG-nHA, DOX-FA-PEG-nHA, and <sup>32</sup>P/DOX-FA-PEG-nHA were much higher than those by saline, <sup>32</sup>P, and DOX groups. Tumor cell samples treated with <sup>32</sup>P/DOX-FA-PEG-nHA exhibited the strongest ability to induce apoptosis.



Figure 6 The release of DOX from FA-PEG-nHA.



Figure 7 Results of apoptosis assay. (G1 to G7 were saline, 50uCi <sup>32</sup>P, 2.5µg DOX, 50uCi <sup>32</sup>P -FA-PEG-nHA, 100 uCi <sup>32</sup>P-FA-PEG-nHA, 150uCi <sup>32</sup>P/FA-PEG-nHA or 150uCi/ 2.5µg <sup>32</sup>P/DOX-FA-PEG-nHA).



**Figure 8** Stability and Biological distribution of <sup>99m</sup>Tc-F0A-PEG-nHA. The <sup>99m</sup>Tc loading and imaging process of this experiment (**A**). Stability of <sup>99m</sup>Tc-nHA over 24 hours (**B**). Results of SPECT imaging of PEG-nHA-<sup>99m</sup>Tc, PEG-nHA-DOX/<sup>99m</sup>Tc and FA-PEG-nHA-DOX/<sup>99m</sup>Tc (**C**).



Figure 9 Results of TUNEL staining of different tissues.

# **Biological Distribution**

The nuclide loading and imaging process of this experiment are shown in Figure 8A. The <sup>99m</sup>Tc was successfully labeled on FA-PEG-nHA by physisorption, and the labeling rate calculated by Equation 1 was 71.2%. After purification by high-speed centrifugation and distilled water washing, 80% of the <sup>99m</sup>Tc was still loaded on FA-PEG-nHA after 24 h in pH 7.4 PBS (Figure 8B). <sup>99m</sup>Tc-FA-PEG-nHA was injected into the mice via the tail vein and visualized by SPECT/CT (Figure 8C). The results showed a higher accumulation of nanoparticles in the liver, which may be due to phagocytosis and internalization by macrophages in the liver. Furthermore, there was a significant tumor targeting of <sup>99m</sup>Tc-FA-PEG-nHA and <sup>99m</sup>Tc/DOX-PEG-nHA.

## **Biosafety Assessment of Nanoparticles**

Saline (100uL) and the previously synthesized DOX-FA-PEG-nHA, <sup>32</sup>P-FA-PEG-nHA, and <sup>32</sup>P/DOX-FA-PEG-nHA nano drugs were injected into the mice via the tail vein in cholera mice, respectively. After 3 weeks, the mice were executed and the main organs and tumors were collected for HE staining. The results showed that the apoptosis of tumor cells was similar to the results of TUNEL staining, without significant damage to the heart, liver, spleen, lung, and kidney (Figure 9). This suggested that healthy tissues and organs are well tolerated for FA-PEG-nHA tumor treatment.

# Discussions

FA is a high-affinity drug that targets the Folate Receptor (FR), and studies have shown that nanodrugs with FA targeting have promising applications in a variety of cancers.<sup>35–37</sup> It has been reported that PSMA promotes the binding and internalization of FA-targeted nanodrugs.<sup>38,39</sup> PSMA also retains its receptor-binding ability and endocytosis properties when folic acid is attached to nanoparticles.<sup>40,41</sup> Therefore, LNCaP cells with PSMA overexpression were selected in this work.

Traditional chemotherapeutic drugs such as cisplatin and DOX have certain side effects due to non-specific uptake and the lethality to healthy tissue cells.<sup>42</sup> It has been suggested that the decrease in immune system cells such as macrophages and leukocytes during the administration of conventional chemotherapeutic drugs is associated with the side effects of chemotherapeutic drugs.<sup>43</sup> In the present study, we designed and synthesized a nano drug loaded with DOX and with FA targeting, which avoid the side effects of conventional chemotherapeutic drugs. Meanwhile, the radionuclide <sup>32</sup>P can label on nHA by physisorption with a high labeling rate, high stability, and stronger tumor-killing effect than conventional chemotherapeutic drugs. Pathological results showed that FA-PEG-nHA loaded with DOX and <sup>32</sup>P had better biosafety in healthy tissues. Meanwhile, in vitro cellular assays confirmed that this combination radiotherapy group with dual anti-tumor effects had more significant inhibition of tumor cell growth than the independent DOX and <sup>32</sup>P groups.

<sup>99m</sup>Tc, a homoNuclear isomer of <sup>99</sup>Tc, is one of the most used radionuclides for diagnostic imaging in nuclear Medicine SPECT. Ana Luiza C Maia et al reported that <sup>99m</sup>Tc can also be labeled on nHA by physisorption.<sup>44</sup> In this

study, the distribution of FA-PEG-nHA labeled with <sup>99m</sup>Tc in animals was examined by SPECT imaging of FA-PEGnHA labeled with <sup>99m</sup>Tc. SPECT images demonstrated great targeting of FA-PEG-nHA in organisms with low uptake in normal tissue species, and in vitro stability tests showed great stability of FA-PEG-nHA labeled with DOX, <sup>32</sup>P, or <sup>99m</sup>Tc.

In this study, we designed a nano-targeted drug <sup>32</sup>P/DOX-FA-PEG-nHA with PSMA-targeted dual anti-tumor effects by coupling folic acid with nHA loaded with <sup>32</sup>P and DOX. The diameter of nHA nanoparticles was about 100 nm, and it had stable drug release ability at different pH after loading DOX. The labeling rate of radionuclide <sup>32</sup>P was 45% and that of <sup>99m</sup>Tc was 71.2%, both of which had great in vitro stability after 24 h, demonstrating the therapeutic integration potential of this nanodrug. In vitro results showed that FA-PEG-nHA was more efficient in killing prostate cancer cells compared to PEG-nHA, while FA-PEG-nHA loaded with DOX/<sup>32</sup>P showed the strongest tumor cell growth inhibition. SPECT imaging demonstrated great tumor targeting of <sup>99m</sup>Tc-loaded nanodrugs in the organism. In summary, this nanotargeted drug with dual anti-tumor effects loaded with <sup>32</sup>P and DOX can possess a stronger tumor-killing ability and tumor diagnostic ability, as well as reducing the side effects of chemotherapy drugs, providing a novel approach for the diagnosis and targeted treatment of PSMA-positive prostate cancer.

# **Ethics Approval**

This article contains animal experiments, the guidelines for animal experiments were followed by the Institutional Animal Care and Use Committee of Chongqing University Cancer Hospital, China.

# **Consent to Participate**

Informed consent was obtained from all participants included in the study.

# **Consent for Publication**

Informed consent was obtained from all participants included in the study.

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# Disclosure

The authors declare that they have no conflict of interest.

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