ORIGINAL RESEARCH

# Anticancer efficacy enhancement and attenuation of side effects of doxorubicin with titanium dioxide nanoparticles

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Correspondence: Zhijun Jiao Key Laboratory of Medical Immunology and Department of Laboratory Medicine, Affiliated Hospital of Jiangsu University, Zhenjiang, People's Republic of China Tel +86 511 8502 1135 Fax +86 511 8502 1135 Email jiaozhijun@ujs.edu.cn **Background:** Doxorubicin has a broad spectrum of anticancer activity, but its clinical application is limited due to serious side effects. The aim of this study was to explore a novel drug delivery system based on titanium dioxide ( $TiO_2$ ) nanoparticles for its potential role in enhancing the anticancer efficacy of doxorubicin while reducing its side effects.

**Methods and results:** Doxorubicin was loaded into  $\text{TiO}_2$  nanoparticles by forming complexes with the transition metal, titanium, to construct doxorubicin-titanium dioxide (DOX-TiO<sub>2</sub>) nano-composites as a drug delivery system. The anticancer activity of the DOX-TiO<sub>2</sub> nanocomposites was demonstrated by MTT assay, and the possible signaling pathway was explored by Western blot. In human SMMC-7721 hepatocarcinoma cells, our observations demonstrated that this drug delivery system markedly increased the efficiency of drug per dosage and decreased the IC<sub>50</sub>, resulting in anticancer efficacy enhancement and side effect attenuation.

**Conclusion:** Such a doxorubicin delivery strategy is promising in cancer therapy. Apoptosis may contribute to the mechanism, due to protein expression of Bcl-2 being downregulated and that of Bax and caspase 3 being upregulated.

Keywords: doxorubicin, titanium dioxide nanoparticles, drug delivery system, apoptosis

### Introduction

Doxorubicin is one of the most effective anticancer drugs to date, with a wide scope of activity in human cancers, including acute lymphoblastic leukemia, breast carcinoma, ovarian carcinoma, and hepatocellular carcinoma.<sup>1</sup> However, its clinical application is limited by its harmful side effects, the most significant of which is its cardiotoxicity, which can lead to cardiomyopathy and congestive heart failure.<sup>2</sup> Overcoming side effects is the greatest challenge for doxorubicin before its clinical application. Therefore, efforts have been made to develop new delivery techniques to reduce side effects, which could alter its biodistribution, enhance its deposition at the tumor sites, and improve its therapeutic efficacy. The availability of a nanocarrier drug delivery system is an exciting development that holds the promise of a fundamental change in cancer chemotherapy.<sup>3,4</sup>

A variety of organic<sup>5,6</sup> and inorganic<sup>7-10</sup> biomaterials have been explored for drug delivery purposes, among which the semiconductor nanomaterials, such as titanium dioxide ( $\text{TiO}_2$ ) nanoparticles and zinc oxide nanorods, are attracting an increasing level of attention.<sup>11–15</sup> Barick et al reported a method for entrapping drugs at sites capable of complexing with transition metal ions and suggested that drug release is dependent on the pH of the medium and the nature of the materials which encapsulate the drug.<sup>12</sup> It is also suggested that this general strategy could be readily extended to other inorganic carriers.<sup>12</sup>

In light of these observations, we explored a novel drug delivery system based on TiO, nanoparticles for doxorubicin by a simple and easy scheme to enhance its chemotherapeutic efficiency and reduce the side effects. To the best of our knowledge, no study of doxorubicin has been carried out using TiO<sub>2</sub> nanoparticles for anticancer efficacy enhancement and side effect attenuation. In this study, doxorubicin was loaded on TiO, nanoparticles which are chemically stable, environmentally friendly, and noncytotoxic,13,14 to form nanocomposites of doxorubicin-loaded titanium dioxide nanoparticles (DOX-TiO<sub>2</sub>) for a drug delivery system. Their encapsulation efficiency and loading efficiency was assessed by high-pressure liquid chromatography. We then identified the cytotoxic effects of DOX-TiO, in human SMMC-7721 hepatocarcinoma cells. The mechanism of anticancer efficacy enhancement and side effect attenuation were also investigated.

### Materials and methods Main chemicals and apparatus

Doxorubicin was purchased from Hisun Phamaceuticals, Zhejiang, China, and a stock solution was freshly prepared and stored in the dark at 4°C. Phosphate-buffered solution (0.1 M, pH 7.2) was prepared with double-distilled water. TiO<sub>2</sub> nanoparticles purchased from Degussa Corporation (Parsippany, NJ) were suspended in sterilized phosphatebuffered solution. Monoclonal antibodies, including Bax, Bcl-2, caspase 3, and  $\beta$ -actin, were purchased from Santa Cruz Biotechnology (Santa Cruz, CA). The horseradish peroxidase-conjugated IgG antibody was obtained from Nanjing KeyGenBiotech Inc (Nanjing, China). 4, 6-diamidino-2-phenylindole (DAPI) and 3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (MTT) were obtained from Sigma (St Louis, MO) and stored in the dark. All other reagents were of analytical grade. The optical density at 492 nm was recorded by a multiwell spectrophotometer reader (DG5033A, Nanjing, China). Transmission electron microscope images were obtained using a JEM-2100 transmission electron microscope (JOEL, Peabody, MA).

# Construction of DOX-TiO<sub>2</sub> nanocomposites

For a typical drug loading experiment, a 2 mL aqueous solution of doxorubicin (2 mg/mL) was added to a 1 mL aqueous suspension of  $TiO_2$  nanoparticles (10 mg/mL). The reaction mixture was kept overnight in the dark to construct the nanocomposites of DOX-TiO<sub>2</sub>, which acted as a drug delivery system. The zeta potential of the TiO<sub>2</sub> nanoparticles

and DOX-TiO<sub>2</sub> nanocomposites was determined to confirm the interaction of doxorubicin loading onto the TiO<sub>2</sub> nanoparticles. Doxorubicin-loaded TiO<sub>2</sub> nanoparticles were separated from the free-standing drug molecules by centrifugation at 5000 g for 20 minutes and the supernatant was determined by high-pressure liquid chromatography, allowing estimation of the drug encapsulation efficiency and loading efficiency. The encapsulation efficiency and loading efficiency were calculated using the following equations:

Encapsulation efficiency = (amount of drug in drug-loaded nanoparticles/initial amount of drug)  $\times 100\%$ 

Loading efficiency = (amount of drug in drug-loaded nanoparticles/total amount of drug-loaded nanoparticles)  $\times 100\%$ 

### Cell culture

Human SMMC-7721 hepatocarcinoma cells were obtained from the Shanghai Institute of Cells, Chinese Academy of Sciences, and maintained in RPMI 1640 (Gibco, Grand Island, NY) medium supplemented with 10% heat-inactivated fetal bovine serum, 100 U/mL penicillin, and 100  $\mu$ g/mL streptomycin (Sigma) at 37°C in humidified air with 5% CO<sub>2</sub>.

### Assay of anticancer activity

The cytotoxicity of the TiO, nanoparticles, doxorubicin, and DOX-TiO, was studied in the human SMMC-7721 hepatocarcinoma cell line by MTT assay. Cells at  $1 \times 10^{5}$ /mL were seeded in 96-well plates and incubated for 24 hours. The growth medium was then replaced with 200  $\mu$ L of the prepared medium containing free doxorubicin or DOX-TiO, in which the doxorubicin concentration was 0, 0.125, 0.25, 0.5, and 1  $\mu$ g/mL. The cells were also treated with TiO<sub>2</sub> nanoparticles alone to evaluate cytotoxicity. Untreated cells were used as the control group. The cells were further incubated for 48 hours, and the relative anticancer activity was assessed using MTT assays. In brief, MTT solutions were added after the treatments and incubated for an additional four hours. Dimethyl sulfoxide was added to solubilize the formazan crystal, and optical density at 492 nm was recorded. The cell viability fraction (%) was calculated as follows:

$$OD_{492 \text{ nm in test cells}}/OD_{492 \text{ nm in control cells}} \times 100\%$$

### Western blot analysis

Expression of apoptosis-related proteins was detected by Western blot after the different treatments. In brief, total protein was isolated and subjected to sodium dodecyl sulfate polyacrylamide gel electrophoresis, and transferred to a polyvinylidene fluoride membrane. After being blocked, the membrane was incubated with primary monoclonal antibodies, either anti-Bax, Bcl-2, caspase 3, or anti- $\beta$ -actin overnight at 4°C, and subsequently incubated with horseradish peroxidase-conjugated IgG antibody as the secondary antibody for one hour at room temperature. The protein bands were detected by an enhanced ECL detection system (Amersham, UK). After normalization by the corresponding expression of  $\beta$ -actin, protein expression levels of caspase 3, Bax, and Bcl-2 were determined by densitometry scans.

### Statistical analysis

All the data are presented as the mean  $\pm$  standard deviation. The F-test was used for significance testing, and P < 0.05 was considered to be statistically significant. All tests were performed using SPSS version 13.0 (SPSS Inc, Chicago, IL).

# **Results and discussion** Characterization of TiO<sub>2</sub> nanoparticles

A representative transmission electron microscopic image of the TiO<sub>2</sub> nanoparticles is shown in Figure 1. The particles had a spherical shape with a diameter of about 25 nm. The size distribution of the TiO<sub>2</sub> nanoparticles is shown in Figure 2. The particles had dimensions suitable for escaping rapid renal excretion, as well as avoiding components of the reticular endothelial system, thus facilitating potentially passive targeting of drugs to tumors via the enhanced permeation and retention effect and increasing drug accumulation in tumor cells after endocytosis.<sup>16</sup>

# Drug carrier role of $TiO_2$ nanoparticles

Previous investigations showed that doxorubicin has three potential metal binding sites. One is the nitrogen atom in



Figure I Transmission electron microscope image of magnetic titanium oxide nanoparticles.



Figure 2 Size distribution histogram of titanium oxide nanoparticles.

the sugar moiety and the other two are the chelating sites of the quinone and the phenolic oxygens on both sides of the anthracycline aromatic moiety.<sup>12</sup> In the present study, we explored the ability of  $\text{TiO}_2$  nanoparticles to act as a drug carrier for loading doxorubicin. As shown in Figure 3A, we observed the color change of pure doxorubicin from red to pink during the loading process, indicating that doxorubicin molecules can form complexes with  $\text{TiO}_2$  nanoparticles, forming DOX-TiO<sub>2</sub> nanocomposites as a drug delivery system due to the interaction of doxorubicin with  $\text{TiO}_2$ . Figure 3B shows a proposed schematic representation of doxorubicin loading



Figure 3 Photographic image (A) and the schematic representation (B) of doxorubicin loading onto the  $TiO_2$  nanoparticles through the formation of DOX- $TiO_2$  nanocomposites.

Abbreviations: DOX, doxorubicin; TiO<sub>2</sub>, titanium dioxide; Nps, nanoparticles.

onto the TiO<sub>2</sub> nanoparticles. In addition, the surface charge is an important physicochemical property of nanomaterials, and the zeta potential is the common indicator. The zeta potential of the TiO<sub>2</sub> nanoparticles (10 µg/mL) was negative (-26 mV) in pH 7.4 aqueous solution. When doxorubicin was loaded onto the TiO<sub>2</sub> nanoparticles, the zeta potential decreased to -5 mV, indicating that doxorubicin can easily self-assemble onto the surface of TiO<sub>2</sub> nanoparticles by electrostatic interaction. The encapsulation efficiency and loading efficiency of the doxorubicin-loaded TiO<sub>2</sub> nanoparticles was assessed and calculated to be  $60.46\% \pm 6.53\%$  and  $20.08\% \pm 2.14\%$ , respectively. The results show that DOX-TiO<sub>2</sub> nanocomposites may act efficiently as an anticancer drug delivery carrier.

# Anticancer efficacy enhancement and side effect attenuation

To explore further the anticancer efficiency of the novel drug delivery system based on DOX-TiO2 nanocomposites, we cultured human hepatocarcinoma SMMC-7721 cells with free doxorubicin at different concentrations (0, 0.125, 0.25, 0.5, and 1  $\mu$ g/mL) and with DOX-TiO<sub>2</sub> nanocomposites with equivalent doxorubicin concentrations for 48 hours. Cytotoxicity was estimated by MTT assay and is shown in Figure 4. Cytotoxicity testing of a nanomaterial is the firstlevel evaluation before its biomedical application. When treated by TiO, nanoparticles (10  $\mu g/mL$  ), about 95% of the cells survived (Figure 4, red line), which is consistent with our previous report.15 This result suggests lack of cytotoxicity for TiO, nanoparticles, thus ensuring a wide potential range of applications in the field of biomedical science and cancer therapy. Compared with doxorubicin alone (Figure 4, pink line), the viability of SMMC-7721 cells treated by DOX-TiO,



**Figure 4** Cytotoxic effect of doxorubicin or DOX-TiO<sub>2</sub> nanocomposites against the human SMMC-7721 hepatocarcinoma cells.

**Note:** Data expressed as the mean  $\pm$  standard deviation (n = 3). **Abbreviations:** DOX, doxorubicin; TiO<sub>3</sub>, titanium dioxide; Nps, nanoparticles. nanocomposites markedly decreased (Figure 4, blue line). Our results also indicate that lethality increases with increasing concentrations of DOX, suggesting a dose-dependent effect in vitro. This increased cytotoxicity may be due to improved doxorubicin cellular uptake by DOX-TiO<sub>2</sub> nanocomposites through the endocytosis pathway, which is a common characteristic of nanoparticle-based drug delivery systems.<sup>17</sup> Therefore, a sufficiently high concentration of doxorubicin can be generated within tumor cells by TiO<sub>2</sub> nanoparticles, thereby greatly promoting the cytotoxic effects.

The IC<sub>50</sub> value, ie, the concentration of a drug that inhibits cell growth by 50% in different treatments, was determined from the above dose response. As shown in Figure 5, the IC<sub>50</sub> value for free doxorubicin in the tumor cells was  $0.32 \,\mu$ g/mL, and DOX-TiO<sub>2</sub> nanocomposites could alter the IC<sub>50</sub> value to  $0.20 \,\mu$ g/mL. Considering that a high dose of doxorubicin may lead to serious side effects, especially congestive heart failure,<sup>2</sup> the lower IC<sub>50</sub> for the DOX-TiO<sub>2</sub> nanocomposite drug delivery system could improve therapeutic efficacy without high usage of doxorubicin and minimize its toxic side effects.

# Expression of Bax, Bcl-2, and caspase 3 proteins

Nuclear DNA is the main subcellular site of doxorubicin action for its antitumor activity. Doxorubicin can efficiently accumulate in the cell nucleus, intercalate DNA, and act as a cytostatic and apoptotic agent in tumor cells. The production of free radicals and oxidative stress is also closely involved in the action of doxorubicin, in terms of both anticancer and toxic effects.<sup>18</sup> To explore the possible signaling pathways through which DOX-TiO<sub>2</sub> nanocomposites enhance anticancer efficacy and attenuate side effects, we examined changes in the expression levels of apoptosis-regulating proteins, including Bax, Bcl-2, and caspase 3, by Western blot. As shown in Figure 6,



Figure 5 The  $IC_{s0}$  of DOX, DOX-TIO<sub>2</sub> nanocomposites for SMMC-7721 cells. Note: \*P < 0.05, compared with free DOX.

**Abbreviations:** DOX, doxorubicin; DOX-TiO $_2$ , titanium dioxide-doxorubicin nanocomposites.



**Figure 6** Expression of Bax, Bcl-2, and caspase 3 protein (**A**) and the Bax/Bcl-2 ratio (**B**) in the human SMMC-7721 hepatocarcinoma cells by Western blot after treatment with doxorubicin and/or TiO<sub>2</sub> nanoparticles for 48 hours. Line 1, control; line 2, incubated with 10  $\mu$ g/mL TiO<sub>2</sub> nanoparticles; line 3, incubated with 0.5  $\mu$ g/mL doxorubicin; line 4, incubated with 0.5  $\mu$ g/mL doxorubicin and 10  $\mu$ g/mL TiO<sub>2</sub> nanoparticles. **Abbreviations:** DOX, doxorubicin; TiO<sub>3</sub>, titanium dioxide; Nps, nanoparticles.

when the human SMMC-7721 hepatocarcinoma cells were treated with doxorubicin and DOX-TiO<sub>2</sub> for 48 hours, levels of Bax and caspase 3 protein were significantly upregulated compared with the other groups. Meanwhile, levels upregulated by DOX-TiO<sub>2</sub> were slightly higher than those upregulated by doxorubicin (P < 0.05). However, they were not obviously

altered when the cells were treated with TiO<sub>2</sub> nanoparticles alone (P > 0.05). In contrast, compared with the control group, levels of Bcl-2 protein in cells treated with doxorubicin and DOX-TiO<sub>2</sub> were both significantly downregulated. Furthermore, the level of Bcl-2 in cells treated with DOX-TiO<sub>2</sub> was lower than that in cells treated with doxorubicin, and was not obviously altered when the cells were treated with TiO<sub>2</sub> nanoparticles alone (P > 0.05). The ratio of Bax/Bcl-2 protein expression increased dramatically when the SMMC-7721 cells were treated with DOX-TiO<sub>2</sub> nanocomposites in our study.

Sensitivity of cells to an apoptotic stimulus is determined by the relative ratio of proapoptotic and antiapoptotic members of the Bcl-2 family, ie, the mitochondrial-related death switch.<sup>19</sup> Upregulated Bax leads to disruption of the integrity of the mitochondrial membrane, resulting in caspase 3 activation. Caspase activation is generally considered to be the hallmark of apoptosis, and caspase 3 is the main effector caspase that is involved in apoptosis.<sup>20</sup> Thus, the ratio of Bax/Bcl-2 might be a critical factor in the cell threshold for undergoing apoptosis induced by DOX-TiO<sub>2</sub>. These findings strongly suggest that DOX-TiO<sub>2</sub> nanocomposites enhance anticancer efficacy and reduce side effects by inducing apoptosis in a caspase-dependent manner.

Figure 7 schematically illustrates the possible processes by which this novel drug delivery system based on  $TiO_2$  nanoparticles conjugated with doxorubicin enhances anticancer efficacy and attenuates side effects. Firstly, doxorubicin can be easily self-assembled onto the surface



Figure 7 Schematic illustration of the possible process of the anticancer efficacy enhancement and side effect attenuation by the drug delivery system based on  $TiO_2$  nanoparticles for DOX.

Abbreviations: DDS, drug delivery system; TiO2, titanium dioxide; DOX, doxorubicin; Nps, nanoparticles.

of TiO<sub>2</sub> nanoparticles by forming complexes with titanium, a transition metal. In this way, TiO<sub>2</sub> nanoparticles can load large amounts of doxorubicin molecules and carry them into cells, increasing the intracellular concentration of doxorubicin dramatically, thus enhancing the suppression of proliferation of the cancer cells. Therefore, this drug delivery system increases the therapeutic concentration of doxorubicin inside cancer cells, enhancing the efficiency of the drug dose, decreasing the IC<sub>50</sub>, and accordingly attenuating side effects, which indicates tremendous potential for application in cancer therapy. Apoptosis, the preferred therapeutic mode for killing cancer cells, is induced synergistically, resulting in marked improvement in anticancer activity.

## Conclusion

In this study we developed a drug delivery system formulated by self-assembly of doxorubicin and  $\text{TiO}_2$  nanoparticles. The DOX-TiO<sub>2</sub> nanocomposites increased the accumulation of doxorubicin in tumor cells, resulting in enhanced anticancer activity by inducing apoptosis in a caspase-dependent manner, with attenuation of the toxic side effects of doxorubicin. These characteristics show that this novel drug delivery system based on TiO<sub>2</sub> nanoparticles conjugated with doxorubicin is a promising strategy for future clinical practice.

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## Disclosure

The authors report no conflicts of interest in this work.

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