

#### ORIGINAL RESEARCH

# Birth Notification and Registration: A Survey on Knowledge and Attitude Among Postpartum Women in Northwest Ethiopia

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Background: Birth registration is the official and permanent recording of a child's birth within a civil registry, according to the legal requirements of a country. Although the Sustainable Development Goal targets providing legal identity for all by 2030, birth registration levels remain critically low. Therefore, this study aimed to assess postpartum women's knowledge of and attitudes towards birth registration and its associated factors in Northwest Ethiopia.

Methods: An institution-based cross-sectional study was conducted from September 1–30/2022 among 422 participants who were selected using systematic random sampling. A pretested and structured interviewer-administered questionnaire was used to collect the data. Data were entered into EPI Info 7 and analyzed using SPSS version 25. A multivariable logistic regression model was fitted to identify the factors associated with knowledge and attitudes towards birth registration. Variables with a p-value of <0.05 were considered to be significantly associated with the dependent variable.

Results: Among the participants, 41.7% had good knowledge of birth registration. Less than one-quarter (22.6%) had a favorable attitude towards birth registration. Having a college and above educational level (AOR = 4.01, 95% CI: 2.3-8.4), being urban resident (AOR = 3.4, 95% CI: 2.3-8.4), bein CI: 3.1–7.4) and full exposure to media (AOR = 3.02, 95% CI: 1.5–5.7) were associated with knowledge of birth registration. Having primary educational status (AOR = 2.04, 95% CI: 2.96-8.31), being fully exposed to different media (AOR = 2.32, 95% CI: 1.22-11.36) and having four or more antenatal care visits (AOR = 5.10, 95% CI: 1.18–14.35) were associated with favorable attitudes towards birth registration.

Conclusion: Postpartum women had poor knowledge of and attitudes towards birth registration. Increasing educated women at all levels, awareness rising through different media and integration of birth registration with antenatal care is crucial for realizing the registration of all births by 2030.

**Keywords:** birth notification, birth registration, civil registration, vital statistics, postpartum women

### Introduction

Birth registration is the official and permanent recording of a child's birth within the civil registry according to the legal requirements of a country.<sup>1,2</sup> The initial legal document constitutes information about the place of birth, date of birth, and family ties on which a child's age and nationality can be determined, thereby helping to prevent child labor and statelessness.<sup>3</sup>

Apart from individual uses, birth registration is also crucial at the national level for planning, resource allocation, and delivery and monitoring of health system programs.<sup>4,5</sup> Moreover, birth registration is important for a wider global community because it helps track progress towards international promises.<sup>6,7</sup>

Birth registration is currently a global concern and is part of the 2030 agenda for sustainable development to provide legal identity for all, including birth registrations. Globally, an estimated 166 million children under five go unregistered each year, representing one in four. Fifty-seven percent of them are in sub-Saharan Africa. 8,9 Ethiopia is one of five sub-Saharan African

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countries responsible for half of unregistered children under the age of five worldwide. Therefore, if progress is not accelerated, by 2030 the number of unregistered children will become more by 100 million.<sup>8</sup>

In Ethiopia, civil registration of vital events started during the enactment of the 1960 Civil Code of Ethiopia. Birth is one of the vital events recorded in the office of civil status. Ethiopia's revised family law, issued in July 2000, considers birth registration one of the fundamental rights of children. In 2012, a vital event registration agency responsible for birth registration was established. Despite the existence of birth registration and vital event registration agencies, coverage remains very low. According to the 2016 Ethiopian demographic health survey (EDHS 2016), only 3% of children under the age of five were registered. Not only is coverage very low but there is also a drop from the previous national report on birth registration in the 2005 EDHS.

Studies have also revealed that limited awareness regarding the importance and process of birth registration, negative attitude by parents, long time taken to registration centers, and high registration costs hinder childbirth registration. <sup>13–16</sup> UNICEF also reported a similar finding that a significant number of unregistered children occur in women with low levels of awareness about birth registrations. <sup>17</sup> Studies in Nigeria and parts of Ethiopia including selected district of Tigray region, Hawassa city administration and its neighborhoods, SNNPS and Addis Ababa revealed that knowledge on birth registration was 73%, 57.6%, 44.5%, 21.8%, and 60%, respectively. <sup>14,18,19</sup>

Therefore, there is a need to assess the knowledge and attitudes toward birth registration among postpartum mothers at Gondar University Hospital. There is also a need to identify factors affecting knowledge and attitude toward birth registration among postpartum mothers at Gondar University Hospital.

#### **Methods**

### Study Design, Area, and Period

This institution-based cross-sectional study was conducted from to September 1–30, 2022. This study was conducted at the University of Gondar (UoG) Comprehensive Specialized Hospital in the Amhara Regional State, northwest Ethiopia. It is located in Northwest Ethiopia, approximately 748 km from Addis Ababa, Ethiopia's capital city. It is one of the largest hospitals in the country, with more than 13,000 deliveries per year. The hospital provides birth notification services for all births.

# Study Population

Immediate postpartum women who gave birth at the University of Gondar Comprehensive Specialised Hospital during the study period. Postpartum women who were critically ill or unable to communicate were excluded.

# Sample Size Calculation and Sampling Procedure

The sample size was determined using a single-population proportion formula. Due to the unknown proportion of knowledge of birth registration among postpartum women in Gondar, Ethiopia, a 50% proportion was estimated. Thus, the calculated sample size was 422, assuming that the proportion of knowledge regarding birth registration was 50%, 95% confidence level, 5% margin of error, and 10% non-response rate.

Based on the hospital report, an average of 1000 women will give birth at the hospital each month. We calculated the K interval, to was 2.4~2. The first postpartum woman was randomly selected using the lottery method. We then selected and interviewed the study participants every second until the required number of participants is acquired.

# Dependent Variables

Knowledge towards Birth registration (good/poor), Attitude towards Birth registration (Favorable/Unfavorable)

# Independent Variables

Sociodemographic characteristics (age, residence, religion, marital status, occupation, educational status, income, family size, distance from facility, and exposure to media) and reproductive-related characteristics (parity, ANC follow-up, status of pregnancy, and mode of delivery).

### Operational Definition

#### Knowledge of Birth Registration

The level of knowledge of the study participants was evaluated using 10 knowledge assessing questions. Values of 1 and 0 were set for correct and incorrect responses, respectively. Participants who scored greater than or equal to the mean score (1.34) were considered to have good knowledge, while those who scored less than the mean score were considered to have poor knowledge.<sup>19</sup>

#### Attitude Towards Birth Registration

Attitudes of women towards birth registration were also evaluated based on seven Likert scale questions. The answer categories for these questions were "strongly agree", "agree", "neutral", "disagree", and "strongly disagree" and were recoded as 5,4,3,2, and 1, respectively, for positive statements, and vice versa for negative statements. Participants who scored greater than or equal to the mean score (2.64) on the attitude questions were labeled as having a favorable attitude, whereas those who scored less than the mean score were considered to have an unfavorable attitude towards birth registration.<sup>19</sup>

#### Media Exposure

We categorized the mothers' exposure to media into three levels based on their response to how often they listened to radio, watched television, and read newspapers. Women who did not listen to the radio, watch television, or read newspapers at least once a week were categorized as having no media exposure. Mothers exposed to one or two of the three forms of media were categorized as having partial media exposure. Mothers exposed to all three forms of media were categorized as having full media exposure.<sup>20</sup>

### Data Collection Tools and Procedure

The data collection tool was developed by reviewing related literature. The data collection tool contains sociodemographic variables, reproductive-related characteristics, 10-item knowledge assessment questions, and 7-item Likert scale questions to assess attitudes towards birth registration. Data were collected through face-to-face interviews, using a structured questionnaire.

### Data Quality Controls

The questionnaires were first prepared in English, then translated into Amharic, and back to English by members of the research team. To ensure that the questions were relevant and understandable, a pre-test was conducted among 15 postpartum women at Gondar Health Center. One day of training was provided to data collectors and supervisors. The data were collected by three graduate BSc midwives and supervised by two master's instructors. During the data collection period, the principal investigator and supervisors checked the questionnaires daily for completeness.

# Data Processing and Analysis

Data cleaning and cross-checking were performed before data analysis, checked, coded, and entered into EPI Info version 7 and analyzed using SPSS version 25. Descriptive and analytical statistics were also calculated. In bivariate logistic regression analysis, variables with a p-value less than 0.2 go into the multivariable logistic regression analysis to control for possible confounders. In the multivariable logistic regression analysis, a p-value ≤0.05 with a 95% confidence interval for the adjusted odds ratio was used to determine the significance of the association. Hosmer and Lemeshow goodness-of -fit was used to test the final model for model fitness.

#### Results

# Socio-Demographic Characteristics

A total of 422 postpartum women at Gondar University Hospital participated in this study, with a response rate of 100%. The median age of the study participants was 28 years with interquartile range (IQR) of 25–30 years. The majority of participants (90.3%) were married and nearly three-quarters (71.6%) had urban residency. More than three-quarters of the study participants (78.4%) were orthodox religious followers and 179 (42.4%) were housewives. Less than one-fourth (23.7%) attended primary education (Table 1).

**Table I** Sociodemographic Characteristics of Postpartum Mother in Gondar University Hospital, Northwest Ethiopia, 2022 (n = 422)

Characteristics	Frequency	Percentage
Age of women in year		
15–24	8	1.9
25–34	214	50.7
35–44	148	35.1
≥45	52	12.3
Residence		
Urban	302	71.6
Rural	120	28.4
Religion		
Orthodox Christian	331	78.4
Muslim	82	19.5
Others	9	2.1
Women's educational status		
No formal education	78	18.5
Primary education	100	23.7
Secondary education	158	37.4
Diploma and above	86	20.4
Occupation of women		
Housewife	179	42.4
Farmer	63	14.9
Government employee	102	24.2
Merchant	58	13.8
Others*	20	4.7
Marital status		
Married	381	90.3
Separated	23	5.4
Others**	18	4.3
Family size		
I_4	118	28
5–8	290	68.7
>9	14	3.3
Family income		
<5000	196	46.4
5000–10,000	119	28.2
10,001–15,000	48	11.4
>15,000	59	14
Exposure to media		
No	169	40
Partial	145	34.4
Full	108	25.6
Time taken to birth registration facility		
(on foot)		
<30 minute	186	44.1
≥30 minute	236	55.9

Notes: \*Daily laborer, student. \*\*Single, divorced, and widowed.

### **Obstetrics Related Factors**

Nearly half (47.4%) of the study participants gave their first birth at the age of 25–29 years. Although majority (94.1%) of study participants had ANC follow-up, only 108 (27.2%) had complete ANC follow-up. Of the 422 participants, 188 (44.5%) gave birth through spontaneous vaginal birth (Table 2).

**Table 2** Obstetrics-Related Characteristics of Postpartum Mother in Gondar University Hospital, Northwest Ethiopia, 2022 (n = 422)

Characteristics	Frequency	Percentage
Age at first birth of mothers in years		
≤19	10	2.4
20–24	178	42.2
25–29	200	47.4
≥30	34	8
Parity		
I-2	260	61.6
3–4	102	24.2
≥5	60	14.2
Number of living children		
≤2	290	68.7
3–5	108	25.6
≥6	24	5.7
Had ANC in your most recent pregnancy		
Yes	397	94.1
No	25	5.9
Number of ANC follow up of most recent		
pregnancy		
<4	289	72.8
≥4	108	27.2
Mode of delivery of most recent child		
SVD	188	44.5
Operative vaginal delivery	56	13.3
CS	178	42.5

Abbreviations: SVD, Spontaneous vaginal delivery; CS, Cesarean section.

#### Provision of Birth Notification and Advice

Two-third (65%) of immediate postpartum mothers received birth notification papers containing important information regarding newborns including birth dates, names, sex, and modes of delivery. Only a few 58 (13.7%) immediate postpartum mothers got advice from health-care providers about the process of birth registration. Less than one –fourth (22.7%) of immediate postpartum mothers had plans to register their newborn.

# Knowledge of Postpartum Mother About Birth Registration

Of the 422 participants, 41.7% had adequate knowledge about birth registration, with a 95% confidence interval (CI of 36.4–42.9%). Among the participants included in the study, 58.3% had heard of birth registrations. Nearly half (48%) of the participants reported that health workers were a major source of information about birth registration (Table 3).

# Factors Associated with Knowledge of Postpartum Mother About Birth Registration

Bivariate logistic regression analysis was performed to select variables for the multivariable logistic regression analysis. Bivariate logistic regression showed that residency, educational status, family income, exposure to media, ANC follow-up, age at first birth, and parity were associated with postpartum mothers' knowledge. Multivariate logistic regression analysis revealed that educational status, residency, and exposure to media were significantly associated with postpartum mothers' knowledge.

Postpartum mothers with a college or higher educational level were four times more knowledgeable than those with no formal education (AOR = 4.01, 95% CI: 2.3-8.4). Mothers from urban areas were 3.4 times more knowledgeable than those from rural areas (AOR = 3.4, 95% CI: 3.1-7.4). Mothers who were fully exposed to media were three times more likely to have adequate knowledge than their counterparts (AOR = 3.02, 95% CI: 1.5-5.7) (Table 4).

**Table 3** Knowledge of the Postpartum Mother About Birth Registration in Gondar University Hospital, Northwest Ethiopia, 2022 (n = 422)

Yes   246   58.3	Variables	Frequency	Percent
No   Source of information   Health extension workers   59	Heard about birth registration		
Source of information   Health extension workers   59   24     Health worker   118   48     Mass media   57   23.1     Family and friends   12   4.9     Do you know official time to record the birth of newborn?     Yes   132   31.3     No   290   68.7     According to Ethiopian law what is recommended time to register child?     Within 30 days (one month)   61   14.5     Within 90 days (two month)   72   17.1     Within 90 days (three month)   119   28.2     Do you know the specific place birth registration takes place?     Yes   125   29.6     No   297   70.4     Do you know the requirement for registering newborn child?     Yes   200   47.4     Yes   200   47.4     No   222   52.6     What is required for registration?     Birth notification   68   16.1     Money   180   42.6     Mother ID   5   3.6     Do you know the purpose of birth registration?     Yes   185   43.8     No   237   56.2     If yes what is the purpose of birth registration?     To acquire ID   20   4.7     For school enrolment   778   42.2     For school enrolment   778   42.2     For school enrolment   778   42.2     Yes   190   45     Health worker   190	Yes	246	58.3
Health extension workers   59   24     Health worker   118   48     Mass media   57   23.1     Family and friends   12   4.9     Do you know official time to record the birth of newborn?     Yes   132   31.3     No   290   68.7     According to Ethiopian law what is recommended time to register child?     Within 30 days (one month)   61   14.5     Within 60 days (two month)   72   17.1     Within 90 days (three month)   119   28.2     Within one year (12 month)   119   28.2     Do you know the specific place birth registration takes place?     Yes   125   29.6     No   297   70.4     Do you know the requirement for registering newborn child?     Yes   200   47.4     No   222   52.6     What is required for registration?     Birth notification   68   16.1     Money   180   42.6     Mother ID   15   3.6     Do you know the purpose of birth registration?     Yes   185   43.8     No   237   56.2     If yes what is the purpose of birth registration?     To acquire ID   20   4.7     For school enrolment   178   42.2     For school enrolment   178   42.2     For citizenship   30   7.1     Do you know the presence of Vital Events Registration Agency office?     Yes   190   45	No	176	41.7
Health worker   118	Source of information		
Mass media       57       23.1         Family and friends       12       4.9         Do you know official time to record the birth of newborn?       31.3       290       68.7         Yes       132       31.3       290       68.7         According to Ethiopian law what is recommended time to register child?       61       14.5         Within 30 days (one month)       30       7.1         Within 60 days (two month)       72       17.1         Within 90 days (three month)       119       28.2         Do you know the specific place birth registration takes place?       125       29.6         Yes       125       29.6       297       70.4         Do you know the requirement for registering newborn child?       200       47.4         Yes       200       47.4       222       52.6         What is required for registration?       68       16.1       180       42.6         Money       180       42.6       45.7       7.7       7.1         Father ID       15       3.6       3.6       43.8       237       56.2       3.6         Do you know the purpose of birth registration?       7.1       42.2       3.0       4.7       7.1	Health extension workers	59	24
Family and friends  Do you know official time to record the birth of newborn?  Yes  No  According to Ethiopian law what is recommended time to register child?  Within 30 days (one month)  Within 90 days (two month)  Within 90 days (three month)  Do you know the specific place birth registration takes place?  Yes  No  Do you know the requirement for registering newborn child?  What is required for registration?  Birth notification  Money  Mother ID  Father ID  Do you know the purpose of birth registration?  Yes  No  Do you know the purpose of birth registration?  Yes  No  Do you know the purpose of birth registration?  To acquire ID  For school enrolment  For citizenship  Do you know the presence of Vital Events Registration Agency office?  Yes  132  31.3  31.3  31.3  32.9  68.7  61.1  14.5  72.1  17.1  19.2  28.2  29.6  29.7  70.4  28.2  29.6  29.7  70.4  20.0  47.4  22.2  52.6  47.4  5.7  Father ID  Do you know the purpose of birth registration?  To acquire ID  For school enrolment  For citizenship  Do you know the presence of Vital Events Registration Agency office?  Yes  190  45	Health worker	118	48
132   31.3   31.3   31.3   31.3   31.3   31.3   32.90   68.7	Mass media	57	23.1
Yes   132   31.3   290   68.7	Family and friends	12	4.9
No	Do you know official time to record the birth of newborn?		
According to Ethiopian law what is recommended time to register child?  Within 30 days (one month)  Within 60 days (two month)  Within 90 days (three month)  Within one year (12 month)  Do you know the specific place birth registration takes place?  Yes  No  Do you know the requirement for registering newborn child?  Yes  No  Do you know the requirement for registering newborn child?  Yes  What is required for registration?  Birth notification  Money  Mother ID  Father ID  Do you know the purpose of birth registration?  Yes  No  Do you know the purpose of birth registration?  Yes  No  Do you know the purpose of birth registration?  Yes  No  185  43.8  No  207  4.7  For school enrolment  For school enrolment  To acquire ID  Do you know the presence of Vital Events Registration Agency office?  Yes  190  45	Yes	132	31.3
Within 30 days (one month)       61       14.5         Within 60 days (two month)       30       7.1         Within 90 days (three month)       72       17.1         Within one year (12 month)       119       28.2         Do you know the specific place birth registration takes place?       125       29.6         No       297       70.4         Do you know the requirement for registering newborn child?       297       70.4         Yes       200       47.4         No       222       52.6         What is required for registration?       8       16.1         Money       180       42.6         Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	No	290	68.7
Within 60 days (two month)       30       7.1         Within 90 days (three month)       72       17.1         Within one year (12 month)       119       28.2         Do you know the specific place birth registration takes place?       125       29.6         Yes       125       29.6       70.4         Do you know the requirement for registering newborn child?       297       70.4         Yes       200       47.4       47.4         No       222       52.6         What is required for registration?       8       16.1         Money       180       42.6         Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	According to Ethiopian law what is recommended time to register child?		
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Within one year (12 month)       119       28.2         Do you know the specific place birth registration takes place?       125       29.6         No       297       70.4         Do you know the requirement for registering newborn child?       297       70.4         Yes       200       47.4         No       222       52.6         What is required for registration?       68       16.1         Money       180       42.6         Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         To acquire ID       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	Within 60 days (two month)	30	7.1
Do you know the specific place birth registration takes place?       125       29.6         Yes       297       70.4         Do you know the requirement for registering newborn child?       297       70.4         Yes       200       47.4         No       222       52.6         What is required for registration?       8       16.1         Money       180       42.6         Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	Within 90 days (three month)	72	17.1
Yes       125       29.6         No       297       70.4         Do you know the requirement for registering newborn child?       200       47.4         Yes       200       47.4         No       222       52.6         What is required for registration?       8       16.1         Money       180       42.6         Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	Within one year (12 month)	119	28.2
No   297   70.4	Do you know the specific place birth registration takes place?		
Do you know the requirement for registering newborn child?         200         47.4           Yes         200         47.4           No         222         52.6           What is required for registration?         8         16.1           Birth notification         68         16.1           Money         180         42.6           Mother ID         24         5.7           Father ID         15         3.6           Do you know the purpose of birth registration?         185         43.8           No         237         56.2           If yes what is the purpose of birth registration?         20         4.7           To acquire ID         20         4.7           For school enrolment         178         42.2           For citizenship         30         7.1           Do you know the presence of Vital Events Registration Agency office?         190         45	Yes	125	29.6
Yes       200       47.4         No       222       52.6         What is required for registration?       8       16.1         Birth notification       68       16.1         Money       180       42.6         Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         To acquire ID       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	No	297	70.4
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What is required for registration?       68       16.1         Birth notification       68       16.1         Money       180       42.6         Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         To acquire ID       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	Yes	200	47.4
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Mother ID       24       5.7         Father ID       15       3.6         Do you know the purpose of birth registration?       185       43.8         Yes       185       43.8         No       237       56.2         If yes what is the purpose of birth registration?       20       4.7         To acquire ID       20       4.7         For school enrolment       178       42.2         For citizenship       30       7.1         Do you know the presence of Vital Events Registration Agency office?       190       45	Birth notification	68	16.1
Father ID  Do you know the purpose of birth registration?  Yes  No  Is5  43.8  237  56.2  If yes what is the purpose of birth registration?  To acquire ID  For school enrolment  For citizenship  Do you know the presence of Vital Events Registration Agency office?  Yes  Yes  Yes  Yes  Yes  Yes  So  Registration  15  3.6  43.8  43.8  43.8  237  56.2  4.7  47  42.2  47  42.2  7.1	Money	180	42.6
Do you know the purpose of birth registration? Yes 185 43.8 No 237 56.2 If yes what is the purpose of birth registration? To acquire ID 20 4.7 For school enrolment 178 42.2 For citizenship 30 7.1 Do you know the presence of Vital Events Registration Agency office? Yes 190 45	Mother ID	24	5.7
Yes 185 43.8 No 237 56.2  If yes what is the purpose of birth registration? To acquire ID 20 4.7 For school enrolment 178 42.2 For citizenship 30 7.1  Do you know the presence of Vital Events Registration Agency office?  Yes 190 45	Father ID	15	3.6
No If yes what is the purpose of birth registration? To acquire ID For school enrolment For citizenship Do you know the presence of Vital Events Registration Agency office? Yes  237 56.2 4.7 4.7 42.2 7.1	Do you know the purpose of birth registration?		
If yes what is the purpose of birth registration?  To acquire ID  For school enrolment  For citizenship  Do you know the presence of Vital Events Registration Agency office?  Yes  Yes  Yes	Yes	185	43.8
To acquire ID  For school enrolment  For citizenship  Do you know the presence of Vital Events Registration Agency office?  Yes  Yes  Yes  20 4.7  42.2  7.1  7.1  80  45	No	237	56.2
For school enrolment 178 42.2 For citizenship 30 7.1  Do you know the presence of Vital Events Registration Agency office?  Yes 190 45	If yes what is the purpose of birth registration?		
For citizenship  Do you know the presence of Vital Events Registration Agency office?  Yes  30 7.1 190 45	To acquire ID	20	4.7
Do you know the presence of Vital Events Registration Agency office?  Yes 190 45	For school enrolment	178	42.2
Yes 190 45	For citizenship	30	7.1
Yes 190 45	Do you know the presence of Vital Events Registration Agency office?		1
No 232 55	Yes	190	45
	No	232	55

# Attitude of Postpartum Mother About Birth Registration

Less than one-quarter (22.6%) (95% CI: 20.1–32.5%) had a favorable attitude towards birth registration, in which 50% of women strongly agreed that birth registration was necessary. Approximately 35.6% of mothers believed that birth registration helps avoid incorrect age estimation. In addition, 27.3% of respondents considered penalized birth registration defaulters (Table 5).

# Factors Associated with Attitude of Postpartum Mother About Birth Registration

Bivariable logistic regression analysis was performed to select variables for the multivariable logistic regression analysis. Bivariate logistic regression showed that educational status, occupation, exposure to media, number of ANC follow-ups, parity, and mode were associated with the attitudes of postpartum mothers. In multivariate logistic regression analysis,

**Table 4** Bivariable and Multivariable Logistic Regression Analysis of Factors Associated with Knowledge of Birth Registration Among Postpartum Mothers, in Gondar University Hospital, Northwest Ethiopia, 2022 (n = 422)

Variables Knowledge on Birth Registration		COR (95% CI)	AOR (95% CI)	
	Good	Poor		
Residence				
Urban	178	124	4.9 (2.1,12.8)	3.40 (3.13,7.41)*
Rural	27	93	1	1
Educational status				
No formal education	58	20	1	1
Primary education	45	55	3.54 (3.2,14.7)	2.51 (1.32,9.21)
Secondary education	48	110	6.65 (4.3,11.5)	4.34 (2.53,6,02)
Diploma and above	27	59	6.34 (3.7,8.34)	4.01 (2.32,8.44)**
Family income				
<5000	129	67	1	I
5000-10,000	41	78	3.66 (2.5,12.1)	3.56 (1.43,7.80)
10,001-15,000	28	20	1.38 (1.17,8.3)	1.43 (1.22,10.1)
>15,000	30	29	1.86 (1.60,13.8)	2.31 (2.12,20.8)
Exposure to media				
No	152	17	1	1
Partial	96	49	4.56 (3.01,7.9)	4.35 (1.63,11.6)
Full	68	40	5.27 (1.51,7.43)	3.02 (1.54,5.72)**
ANC follow up				
Yes	294	103	1.61 (1.15,10.6)	1.46 (1.10,6.34)
No	16	9	1	1
Age at first birth				
≤19	7	3	1	1
20–24	72	106	3.44 (2.45,6.31)	2.12 (1.72,7.5)
25–29	89	111	2.91 (2.34,8.25)	1.33 (1.24,5.69)
≥30	20	14	1.63 (1.54,2.83)	1.68 (1.37,2.92)
Parity				
I <b>–</b> 2	166	94	1	1
3–4	52	50	1.70 (1.45,5.12)	1.60 (1.58,8.74)
≥5	36	24	1.18 (1.16,10.1)	1.46 (1.23,16.4)

**Notes**: \*\*P≤0.001. \*P≤0.05.

 $\textbf{Abbreviations} \hbox{: AOR, Adjusted odd ratio; COR, Crude odd ratio; CI, Confidence interval.}$ 

**Table 5** Attitude of the Postpartum Mother About Birth Registration in Gondar University Hospital, Northwest Ethiopia, 2022 (n = 422)

Variables	Responses	Frequency	Percent
Birth registration is necessary	Strongly disagree	24	5.7
	Disagree	40	9.5
	Neutral	59	14
	Agree	87	20.6
	Strongly agree	212	50.2
Helps to avoid wrong age estimation	Strongly disagree	39	9.2
	Disagree	51	12.1
	Neutral	96	22.7
	Agree	150	35.6
	Strongly agree	86	20.4

(Continued)

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Table 5 (Continued).

Variables	Responses	Frequency	Percent
Useful to know mortality with respect to age	Strongly disagree	79	18.7
	Disagree	99	23.5
	Neutral	38	9
	Agree	126	29.9
	Strongly agree	80	18.9
Important for budget allocation	Strongly disagree	100	23.7
	Disagree	62	14.7
	Neutral	19	4.5
	Agree	130	30.8
	Strongly agree	111	26.3
Birth registration should be enforced	Strongly disagree	128	30.3
	Disagree	33	7.8
	Neutral	78	18.5
	Agree	94	22.3
	Strongly agree	89	21.1
Religion should not be a barrier for birth registration	Strongly disagree	13	3.1
	Disagree	16	3.8
	Neutral	75	17.8
	Agree	101	23.9
	Strongly agree	217	51.4
Birth registration defaulters should be penalized	Strongly disagree	49	11.6
•	Disagree	58	13.7
	Neutral	8	1.9
	Agree	115	27.3
	Strongly agree	192	45.5

educational status, exposure to media, and the number of ANCs were significantly associated with the attitude of postpartum mothers.

Mothers who had completed diplomas and above educational status were two times more likely to have favorable attitudes than mothers with no formal education (AOR = 2.02, 95% CI:0.74–5.10). Mothers who had been fully exposed to different forms of media were 2.32 times more likely to have favorable attitudes than those who had no media exposure (AOR = 2.32, 95% CI:1.22–11.36). Postpartum mothers who had four or more ANC follow-ups during their recent pregnancy had five times more favorable attitudes than mothers who had fewer ANC follow-ups (AOR = 5.10, 95% CI:1.18–14.35) (Table 6).

#### Discussion

Knowledge of and attitudes towards birth registration were considered poor for postpartum women who participated in this study. Education and exposure to the media were positively associated with knowledge and attitudes towards birth registration. Having four or more antenatal care visits during a recent pregnancy improves a woman's attitude towards birth registration.

In this study, about 41.7% of the study participants were knowledgeable about birth registration, with a 95% confidence interval (CI of 36.4–42.9%). This finding is lower than that of studies conducted in Eastern Ethiopia (57.6%), the coastal region of Kenya (99%), kenya (91.5%), and Nigeria (73%). The possible explanation might be due to variations in the study setting and sociocultural differences in Kenya and Nigeria. This might be due to the difference in the source of information about birth registration in Eastern Ethiopia, since in this study, the majority of respondents said health-care providers as a source of information because either they may give incomplete information or the receiver may neglect the information by considering birth registration as a secondary priority. Furthermore, this might

**Table 6** Bivariable and Multivariable Logistic Regression Analysis of Factors Associated with Attitude of Birth Registration Among Postpartum Mothers, in Gondar University Hospital, Northwest Ethiopia, 2022 (n = 422)

Variables	Attitude on Birth Registration		COR (95% CI)	AOR (95% CI)
	Favorable	Unfavorable	-	
Educational status				
No formal education	50	28	1	1
Primary education	43	57	2.37 (3.14,7.18)	2.04 (1.96,8.31)
Secondary education	98	60	1.09 (0.86,3.80)	0.77 (0.53,4.34)
Diploma and above	30	56	3.33 (0.53,4.63)	2.02 (0.74,5.10)*
Occupation				
Housewife	102	77	1	1
Farmer	40	23	0.76 (0.13,0.86)	0.53 (0.40,1.37)
Government employee	59	42	0.94 (0.25,1.32)	0.81 (0.71,2.34)
Merchant	36	22	0.81 (0.73,2.73)	0.46 (0.35,3.12)
Others	7	3	0.57 (0.11,0.98)	0.31 (0.12,1.20)
Exposure to media				
No	89	80	1	1
Partial	50	85	1.89 (0.62,6.44)	2.50 (1.06,5.68)
Full	48	60	1.39 (0.58,2.82)	2.32 (1.22,11.36)*
Number of ANC follow up				
<4	184	105	1	1
≥4	45	63	2.45 (2.09,8.45)	5.10 (1.18,14.35)**
Parity				
1				
I <b>-</b> 2	128	132	1	3.47 (1.04,7.52)
3–4	30	72	2.33 (1.48,5.62)	4.13 (1.58,10.2)
≥5	14	46	3.18 (1.85,7.56)	
Mode of delivery				
SVD	99	89	1	1
Operative vaginal delivery	14	42	3.34 (1.81,8.65)	3.27 (1.34,9.01)
CS	38	140	4.10 (1.24,10.5)	4.83 (1.72,12.3)

**Notes**: \*\*P≤0.001. \*P≤0.05.

Abbreviations: AOR, Adjusted odd ratio; COR, Crude odd ratio; CI, Confidence interval; SVD, Spontaneous vaginal delivery; CS, cesarean section.

be due to the difference in the educational status of the study participants; approximately 47.7% of the participants attended secondary education in Nigeria, but only 37.4% attended secondary education in the current study.

The results of this study were higher than those in southern Nigeria (2.2%). The variation might be due to sociodemographic factors, the study setting, and time differences. The possible justification might be differences in the study design when compared to the findings in southern Nigeria; it was a community-based cross-sectional among postnatal mothers after returning to their home and unable to recall the information.

The current study revealed that postpartum mothers who had completed college and above were four times more knowledgeable than those with no formal education. This finding is supported by a study conducted on urban communities in southern Nigeria<sup>1</sup> and the South-south region of Nigeria.<sup>25</sup> The higher the level of education, the more easily women can know the process of registering their child without confusion because they are more exposed to educating social media, which is an important means of acquiring knowledge and advice about birth registration. Additionally, it is explained by the fact that a higher educational level enables people to access opportunities, such as employment and income, which helps increase mothers' ability to move around and grasp knowledge of birth registration.

This study also demonstrated a significant association between residency and maternal knowledge of birth registration. Mothers who had urban residency were 3.4 times more knowledge than those from rural areas. A possible

explanation might be that women residing in urban areas are close to health facilities and can easily access institutional health care without financial constraints. Therefore, healthcare service utilization allows them to obtain updated information about birth registration from health professionals.

Furthermore, this study revealed a positive association between adequate maternal knowledge of birth registration and full exposure to all forms of media. One assumption for this finding could be that, when women are exposed to different forms of media, they have an improved level of awareness because they gain repeated explanations about the registration process.

Regarding mothers' attitudes toward birth registration, approximately 22.6% of postpartum women had favorable attitudes towards birth registration. This finding is lower than that of studies conducted in the SNNPR of Ethiopia (50%)<sup>14</sup> and Nigeria (32%).<sup>19</sup>

The present study revealed that postpartum mothers who had a college or above educational status were twice likely to have a favorable attitude toward birth registration than those who had no formal education. This finding is supported by a study conducted in Ghana.<sup>26</sup> It suggests that a higher educational level enables mothers to talk with people outside their social circumstances and gives them the opportunity to expose them to more information, which helps to improve their attitude toward birth registration.

Additionally, this study revealed that mothers who were fully exposed to different forms of media were 2.32 times more likely to have favorable attitudes than those who had no media exposure. One possible reason might be that media exposure leads to a better understanding of the process and benefits of birth registration.

Another important finding of this study was that postpartum mothers who had four or more ANC follow-ups had five times more favorable attitudes than mothers who had fewer than four ANC follow-ups. A possible justification might be that mothers with repeated contact with health-care professionals influence concerns regarding childcare, including birth registration.

### **Implication**

The current study comes up with evidence on the context to which the birth notification during immediate intrapartum period as well as their knowledge and attitudes and associated factors compliance with birth registration practice. Therefore, the findings from this study look for concerned stakeholders and policymakers to pay special attention in strengthen the birth notification and advice at immediate postpartum period by health-care providers, registration by VERA centers at all levels, by continuous monitoring and evaluation of the process, decrease direct and indirect cost of registration, and increase availability registration centers.

#### **Conclusion**

Postpartum women were found to have poor knowledge of and attitudes towards birth registration. Having a college or above educational level, being an urban resident and full exposure to media were positively associated with good knowledge of birth registration. Having primary education, full exposure to different media, and four or more antenatal care visits were significantly associated with favorable attitudes towards birth registration.

Since birth registration has health, demographic, and administrative purposes, educating women at all levels is instrumental to improve birth registration practice. Moreover, integration of birth registration information with antenatal care services and improving postpartum women's awareness of birth registration through different media is crucial to contribute to the realization of registration of all births by 2030.

# Limitation of the Study

This study has some limitations that need to be addressed. First, we have no data on the practice of birth registration and thus may not be able to observe differences in knowledge, attitude, and practice of birth registration among women with and without registration of their children. Second, owing to the cross-sectional nature of the study, we could not address the causal factors of our findings.

### **Abbreviations**

ANC, antenatal care; AOR, adjusted odds ratio; CI, confidence interval; COR, crude odds ratio; SPSS, Statistical Package for Social Sciences; EDHS, Ethiopian Demographic Health Survey; UNICEF, United Nations Children's Fund.

### **Data Sharing Statement**

Datasets are available from the corresponding author upon reasonable request.

### **Ethical Approval and Consent to Participate**

Ethical clearance was obtained from the School of Midwifery under the delegation of the Institutional Review Board of the University of Gondar. The study participants were informed of the purpose of the study, and written informed consent was obtained before data collection. The study was done following the declaration of Helsinki. Postpartum women below the age of 18 years were considered emancipated minors as they already got pregnant and gave birth (a role assumed but adults) and/or either married, taking care of children, or holding other roles assumed to have the ability to make an informed decision. This has been reviewed and approved by the ethics committee.

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#### **Author Contributions**

All the authors had significant involvement in the conception and designing the study, execution, acquisition of data, analysis and interpretation of data, took part in drafting the article, revising or critically reviewing the article, gave final approval of the version to be published, have agreed on the journal to which the article has been submitted and agree to be accountable for all aspects of the work.

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#### **Disclosure**

The authors have declared there is no competing interest.

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