#### ORIGINAL RESEARCH

## Nanobubble Ozone Stored in Hyaluronic Acid-Decorated Liposome Solutions: Inactivating Antibiotic-Resistant Bacteria and Genotoxicity, Sub-Acute and Sub-Chronic Toxicity Tests

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**Introduction:** Nanobubble ozone stored in hyaluronic acid-decorated liposomes (patent application PCT/TR2022/050177) was used, and the Minimum Inhibitory Concentration (MIC) was found to be 1562 ppm. *Pseudomonas aeruginosa* (patient isolate), *Acinetobacter baumannii* (patient isolate), *Methicillin-Resistant Staphylococcus aureus* (MRSA) (ATCC12493), and *Escherichia coli* (ATCC25922) bacteria, which are hospital-acquired and healthcare-associated infections, were used. A time-dependent efficacy study was conducted at 1600 ppm. Our study aimed to determine whether the newly developed solution maintains long-term effectiveness and can be used as an antibacterial agent, especially in intensive care units.

**Methods:** Antibacterial tests of the nanobubble liposome solution, developed with a different technique than the standard ozonation procedures, were performed with the CLSI M07 A9 (Methods for Dilution Antimicrobial Susceptibility Tests for Bacteria That Grow Aerobically; Approved Standard) standard test method, and the solution was tested at Minimal Inhibitory Concentration (MIC) value and time-dependent effects were determined. For the stability test of the nanobubble liposome solution, according to the ASTM F 1980 standard, it was kept at 55 °C for 74 days as two-year stability.

**Results:** The MIC of the nanobubble ozone solution was 1.562 ppm for *MRSA* and *E. coli* (ATCC 25922) standard test method using CLSI M07 A9 (Methods for Dilution Antimicrobial Susceptibility Tests for Bacteria That Grow Aerobically; Approved Standard). *P. aeruginosa, A. baumannii, Methicillin-Resistant Staphylococcus aureus* (MRSA) (ATCC12493), and *E. coli* (ATCC 25922). No activity was observed at 2 min, but 1600 ppm nanobubble liposomes at 10 min were found to be effective. In terms of effectiveness, the solution would still be effective after 2 years according to the ASTM F 1980 standard, contrary to expectations.

**Conclusion:** It is thought that nanobubble ozone stored in hyaluronic acid-decorated liposome solutions will play an important role in the fight against infections because of its non-toxic effect, effectiveness against resistant bacteria, and stability for at least two years. In the following process, it would be appropriate to support the product through clinical studies.

Keywords: nanobubble liposomes, ozone, NOHAL, antibacterial agents, genotoxicity, sub-acute toxicity, sub-chronic toxicity

#### Introduction

Nosocomial infections caused by resistant bacteria have emerged as a significant global health challenge, particularly in hospital settings where vulnerable populations are treated. The selection and effectiveness of treatment options for these infections are complicated by the increasing prevalence of antibiotic-resistant strains, especially gram-negative bacteria. This trend is alarming because gram-negative bacteria are often associated with severe infections in critically ill patients.<sup>1,2</sup> Surveillance studies have consistently demonstrated that the incidence of resistance in gram-negative bacteria is notably higher in patients with severe underlying conditions, complicating treatment protocols, and increasing morbidity and mortality rates.<sup>3</sup>

© 2025 Erkan Alkan and Karabiyik. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www. By accessing the work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial uses of the work, please see paragraphs 4.2 and 5 of our Terms (https://www.dovepress.com/terms.php). Several risk factors contribute to the development of nosocomial infections, including disruption of the normal bacterial flora, immunosuppression, and the use of invasive medical devices. Extended hospital stays, particularly in intensive care units (ICUs), further exacerbate the risk of infection.<sup>4</sup>

Given these challenges, the treatment of infections caused by resistant bacteria is complicated by the limited availability of new antibiotics. The inappropriate and widespread use of antibiotics in hospital settings, particularly in ICUs, has led to the emergence of multidrug-resistant organisms.<sup>5,6</sup> This situation necessitates a multifaceted approach to infection control, including stringent antimicrobial stewardship programs and the exploration of novel therapeutic strategies.

A promising area of research involves the use of nanobubble ozone liposomes, which have demonstrated antibacterial properties in preliminary studies.<sup>7–10</sup> When combined with liposomes, these nanobubbles may enhance the delivery of antimicrobial agents and improve their efficacy against resistant bacterial strains.<sup>11–13</sup> Moreover, aging tests performed according to the ASTM F1980 standard indicate that these nanobubble formulations maintain their effectiveness for at least two years, suggesting a viable option for long-term infection control strategies.<sup>14</sup> As the healthcare community continues to grapple with the implications of antibiotic resistance, the integration of innovative technologies, such as nanobubble ozone liposomes, may provide a critical tool in the fight against nosocomial infections.

In light of this, our study aimed to comprehensively evaluate nanobubble ozone liposomes as a novel antimicrobial strategy against resistant bacterial infections. Specifically, we assessed their stability, subacute toxicity, subchronic toxicity, and genotoxicity. By investigating these key parameters, we hope to establish the safety and efficacy of nanobubble ozone liposomes, and contribute to the development of effective solutions for combating nosocomial infections in healthcare settings.

## **Materials and Methods**

#### Animals

The experimental animals used in this study were obtained from Burdur Mehmet Akif Ersoy University, Experimental Animal Production, and Experimental Research Center. Salmonella typhimurium strains TA1535, TA97a, TA98, TA100, and TA102 used for genotoxicity testing were obtained from Isparta Süleyman Demirel University. All experimental procedures involving the use of animals were approved by the Akdeniz University Committee for Animal Care and Use (B.30.2. AKD.0.05.07.00/141), carried out according to the Animal Experiments Local Ethics Committee (Akhadyek) Establishment and Procedure Guidelines.

All experimental procedures involving the use of animals were approved by Medicert Laboratories. The Medicert Test Laboratory is accredited by IAKS, a notified body based in the United States of America. The accreditation number was IAKS-TL-1018. The necessary conditions for animal welfare were fulfilled according to TS EN ISO 10993–2. Guide for The Care and Use of Laboratory Animals Eighth Edition National Research Council of The National Academies.

## All Methods in Our Study are Reported in Accordance with the ARRIVE Guidelines

The clinical isolates used in our study were bacterial strains used for educational purposes at Bursa Uludağ University, Faculty of Medicine. These strains are registered in the Antimicrobial Efficacy Testing Laboratory of the Department of Medical Microbiology and do not require ethical approval.

#### Preparation of the Antimicrobial Solution

The ozone dosage was prepared using vegetable oil. While only the ozone amount in ozonated oil could be given in previous ozone oil products accepted in the literature, the dosage into our product is clearly defined. Therefore, the advantage of obtaining a more active nanobubble liposome solution is that smaller ozone dosages ensure stability and activity.

In this study, the ozonation levels of vegetable oils were assessed by the weight of ozone in the oil structures, and are indicated in terms of mg/g. The scope of the previous literature in the field is limited only to the specification of the amount of ozone bubbles in solutions. What sets this study apart is its extended scope and ability to clearly indicate the ozonation levels of vegetable oils, as well as the percentage and weight of ozone particles in the solutions. Homogenized nanobubble liposome

suspension was obtained using high-speed ultrasonic cavitation and cold fusion technique of distilled water containing ozonized medicinal vegetable oil, 0.9% NaCl. The amount of ozone in these solutions was recorded in terms of mg/L.<sup>9-12</sup>

### Antibacterial Activity of Nanobubble Liposome Solution

Microorganisms indicate different ways of increasing awareness of antimicrobial products. This situation may vary depending on both the nature of the antibacterial product and the type of microorganism. In this respect, it is necessary to determine the static and/or biocidal effect of antimicrobial products to be used for preventive purposes and, most importantly, for treatment against a specific disease agent, and such a product should be selected and used within a program in a sufficient time and dose.

# Determination of the Minimal Inhibitory Concentration (MIC) of the Nanobubble Ozone Solution

Antibacterial tests were performed using the standard test method CLSI M07 A9 (Methods for Dilution Antimicrobial Susceptibility Tests for Bacteria That Grow Aerobically; Approved Standard), and the Minimal Inhibitory Concentration value of nanobubble ozone solution was determined. The MIC value was determined using *S. aureus* (ATCC 25923) and *E. coli* (ATCC 25922). Following the recommendations of CLSI (The Clinical & Laboratory Standards Institute), a bacterial suspension was prepared from 24-h bacterial culture colonies equal to 0.5 McFarland turbidity and placed in U-bottom tubes with a final concentration of  $3 \times 10^6$  colony forming units (CFU)/mL. A stock solution containing 50,000 ppm ozone was prepared and serially diluted to final ozone concentrations of 50,000, 25,000, ..., 97 ppm. Afterward, the samples taken from the tubes using standard loops were inoculated on blood agar medium (Becton Dickinson, Germany), and the lowest concentration of nanobubble ozone solution, in which no visible growth was observed, was accepted as the MIC after 24 h incubation at 37 °C. *E. coli* (ATCC 25922) suspension was used for positive control, and nanobubble liposome solution without bacterial suspension was used for negative control.

## Determination of the Time-Dependent Effect of Nanobubble Ozone Solution

After determining the minimal inhibitory concentration value, *P. aeruginosa, A. baumannii*, MRSA (ATCC12493), and *E. coli* (ATCC25922) were adjusted to 0.5 McFarland on the nanobubble ozone solution prepared at a concentration of 1600 ppm higher than the MIC value. *E. coli* 1600 ppm. Samples were taken from these mixtures at 2, 10, and 30 min, and 1, 2, 3, 4, 5, and 6h, and the samples were inoculated on blood agar medium (Becton Dickinson, Germany) and incubated at 37°C. After 24 h of incubation, the plates were examined for growth. It was examined for growth and the plaques without growth were recorded as the value at which inhibition of growth occurred.

## Stability Test of Nanobubble Ozone Solution

For the standard stability test, ozone solution was prepared at the concentration in which the effectiveness was determined as a result of the tests, and it was kept at 55°C for 74 days in lieu of two-year stability according to the ASTM F 1980 standard. At the end of this period, suspensions adjusted to 0.5 McFarland were added to the nanobubble ozone solution, 2, 10, 30 min, and 1.2, 3, 4, 5, and 6h. At the end of the 1-h waiting period, the sample was inoculated on blood agar media (Becton Dickinson, Germany), incubated at 37 °C for 24 h, and evaluated for growth at the end of the period. The effectiveness of the solution at the concentration at which the activity was determined before and at the determined contact time was interpreted as stability. No change in pH was accepted as evidence that the ozone concentration in the product did not change.

## **Genotoxicity Testing**

This study evaluated the genotoxic potential of a ceramic test material following the ISO 10993–12. The test material was sterilized and pulverized. A 2 g sample was incubated in 10 mL of phosphate saline buffer (PBS) at 37 °C for 72 h, creating the test extract. For genotoxicity assays, 0.1 mL of this extract was used per plate.

Salmonella typhimurium strains TA1535, TA97a, TA98, TA100, and TA102 were cultured under specific conditions. TA1535 was grown in Oxoid #2 Nutrient Broth without antibiotics, whereas the other strains were cultured in the same

broth but supplemented with ampicillin (25  $\mu$ g/mL). The TA102 strain additionally required tetracycline (2  $\mu$ g/mL). Cultures were incubated overnight at 37 °C with 100 rpm shaking until they reached an absorbance of 1–1.2 at 660 nm.

Positive controls (sodium azide, mitomycin C, daunomycin, ICR 191 acridine, 2-aminoanthracene, and benzopyrene) and PBS negative controls were used. The metabolic activation system involved the post-mitochondrial S-9 fraction from Aroclor 1254-induced male Sprague-Dawley rats, supplemented with NADPH RegensysTM A cofactor.

Tests were conducted on each strain with and without S9 metabolic activation. The samples were mixed with histidine/biotin-containing top agar and plated on minimal glucose agar plates. Plates were incubated at 37 °C for 48–72 hours before counting back mutant colonies. Colony counts were averaged over two replicates.

#### Subacute Systemic Toxicity Testing

The subacute systemic toxicity was evaluated using 20 CD1 mice, aged 8–12 weeks. The study included 10 males and 10 females (5 nulliparous and 5 non-pregnant). Mice were randomly assigned to the control (treated with PBS) and test groups. This test was performed by Medicert Laboratories. The Medicert Test Laboratory is accredited by IAKS, a notified body based in the United States of America. The accreditation number was IAKS-TL-1018. The necessary conditions for animal welfare were fulfilled according to TS EN ISO 10993–2. Guide for The Care and Use of Laboratory Animals Eighth Edition National Research Council of The National Academies.

The dosing followed the ISO 10993–11:2018 standard protocol, considering the animals' weight, surface area, and physical, chemical, and biological characteristics. Intraperitoneal administration was performed at a rate of 50 mL/kg body weight.

Clinical observations were conducted in accordance with the ISO 10993–1 and ISO 10993–12. The systemic effects were documented and analyzed. Statistical analysis was performed using the Mann–Whitney *U*-test on IBM SPSS 29, setting the significance level at  $\alpha = 0.05$ .

#### Subchronic Systemic Toxicity Testing

For the subchronic toxicity assessment, 25 Sprague-Dawley rats were divided into a test group (20 rats, equally split between sexes) and a control group (5 rats, 2 females and 3 males). Intraperitoneal ketamine (80 mg/kg) and xylazine (5 mg/kg) were administered to induce anesthesia in rats. The gluteal muscle region was anesthetized, and intramuscular administration of the test or control drug was ensued. For five days, postoperative treatment comprised twice-daily wound dressings. Euthanasia was performed via cervical dislocation on day 40.

Histopathological examinations were conducted on organ sections stained with hematoxylin-eosin, periodic acid-Schiff, and Trichrome-Masson techniques. These staining methods aid in differentiating tissue components and identifying lesions. Each organ was evaluated under a light microscope using specific parameters and scoring.

Statistical comparison between the test and control groups was performed using the Mann–Whitney *U*-test, conducted using IBM SPSS 29 with an alpha level of 0.05.

#### Results

The MIC of the nanobubble ozone solution was determined to be 1.562 ppm for *S. aureus* (ATCC 25923) and *E. coli* (ATCC 25922) strains using the standard test method CLSI M07 A9. The results are presented in Table 1.

The time-dependent effect of the nanobubble ozone solution and the effectiveness of the nanobubble liposome solutions on *P. aeruginosa, A. baumannii* MRSA (ATCC12493), and *E. coli* (ATCC25922) bacteria at 1600 ppm concentration and at different times are presented in Table 2. As a result of the test, it was seen that the activity started after 2 min for all bacteria, and the product was effective from the 10th minute.

The tested solution was kept at 55 °C for 74 days, and a standard stability test corresponding to two years was applied. After 74 days, *P. aeruginosa, A. baumannii*, Methicillin-Resistant *S. aureus* (MRSA) (ATCC12493), and *E. coli* (ATCC25922) strains were added to the nanobubble ozone solution. Its effectiveness was determined at the end of 2 min,10 min,30 min,1h, 2h, 3h,4h, 5h, and 6h contact times, as presented in Table 3. The data obtained are comparable with the data of fresh nanobubble liposome solution, and the solution would still be effective after 2 y according to the ASTM F 1980 standard.

Table I MIC Values against Staphylococcus aureus (ATCC25923) andEscherichia coli (ATCC25922) According to the CLSI M07 A9 Method.According to the CLSI M07 A9 Standard, 1562 Ppm is the Ppm Level atWhich No Growth Occurs and is Accepted as the MIC Value

Sample	Tube	Dilution	ррт	S. aureus	E. coli
NOHAL Solution	I	I	50.000	Absent	Absent
	2	2	25.000	Absent	Absent
	3	4	12.500	Absent	Absent
	4	8	6260	Absent	Absent
	5	16	3125	Absent	Absent
	6	32	1562	Absent	Absent
	7	64	781	Present	Present
	8	128	390	Present	Present
	9	256	195	Present	Present
	10	512	97	Present	Present

**Table 2** Test of Pseudomonas aeruginosa (Patient Isolate), Acinetobacter Baumannii (Patient Isolate), Methicillin Resistant Staphylococcus aureus (MRSA) (ATCC12493) and Escherichia coli (ATCC25922) Bacteria at Different Times. (+reprudiction, - No Reprudiction)

Sample	Time	MRSA	Pseudomonas aeruginosa	Acinetobacter baumannii	Escherichia coli
NOHAL	2 min	+	+	+	+
Solution	10 min	-	-	-	-
	30 min	-	-	-	-
	l h	-	-	-	-
	2 h	-	-	-	-
	3 h	-	-	-	-
	4 h	-	-	-	-
	5 h	-	-	-	-
	6 h	-	-	-	-

**Table 3** NOHAL Solution Stability Test Results. Product Efficacy Study After Aging Test at55 C for 74 Days According to ASTM F 1980 Standard

Sample	Time	MRSA	Pseudomonas Aeruginosa	Acinetobacter baumannii	Escherichia Coli
NOHAL	2 min	+	+	+	+
Solution	10 min	-	-	-	-
(1600 ppm)	30 min	-	-	-	-
	l h	-	-	-	-
	2 h	-	-	-	-
	3 h	-	-	-	-
	4 h	-	-	-	-
	5 h	-	-	-	-
	6 h	-	-	-	-

Note: 1600 ppm for 74 days at 55°C. (+: microbial growth; -: no microbial growth).

A summary of the genotoxicity test results is provided in Tables 4 and 5. The spontaneous back mutant colony counts for the strains used in this study are displayed in Table 4. The back mutant colony counts for strains TA1535, TA97a, TA98, TA100, and TA102 in the genotoxicity assay are shown in Table 5. The findings presented herein offer a detailed synopsis of the genotoxic potential of the test material.

	Plate-I	Plate-2	Mean
S. typhimurium TA1535	16	14	15
S. typhimurium TA97a	230	227	228
S. typhimurium TA98	20	23	21
S. typhimurium TA100	98	94	96
S. typhimurium TA102	663	658	660

Table 4 Spontaneous Back Mutant Colony Numbers

Table 5 Back Mutant Colony Numbers

Strain	Test Material	<b>S</b> 9	Plate-I	Plate-2	Mean	Standard Deviation
TA1535	Sample	+	11	11	11	0
	Sample	-	15	16	15	0,7
	2-Aminoanthracene	+	228	233	230	3,53
	2-Aminoanthracene	-	15	14	14	0,7
	Sodium azide	-	983	979	981	2,82
	Negative control (PBS)	+	10	15	12	3,53
	Negative control (PBS)	-	13	10	11	2,12
TA97a	Sample	+	282	272	277	7,1
	Sample	-	214	213	213	0,7
	2-Aminoanthracene	+	3952	3931	3941	14,8
	2-Aminoanthracene	-	268	265	266	2,1
	ICR 191 Acridine	-	617	621	619	2,8
	Negative control (PBS)	+	241	231	236	7,1
	Negative control (PBS)	-	180	185	182	3,5
TA98	Sample	+	24	26	25	1,4
	Sample	-	19	17	18	1,4
	2-Aminoanthracene	+	3604	3587	3595	12
	2-Aminoanthracene	-	64	77	70	9,2
	Benzopyrene	+	346	354	350	5,7
	Benzopyrene	-	46	37	41	6,4
	Daunomycin	-	720	714	717	4,2
	Negative control (PBS)	+	28	26	27	1,4
	Negative control (PBS)	-	18	22	20	2,8

Strain	Test Material	<b>S</b> 9	Plate-I	Plate-2	Mean	Standard Deviation
TA I 00	Sample	+	118	113	115	3,5
	Sample	-	79	97	88	12,7
	2-Aminoanthracene	+	2836	2795	2815	28,9
	2-Aminoanthracene	-	113	130	121	12
	Benzopyrene	+	477	468	472	6,4
	Benzopyrene	-	94	85	89	6,4
	Sodium Azide	-	446	439	442	4,9
	Negative control (PBS)	+	93	99	96	4,2
	Negative control (PBS)	-	73	74	73	0,7
TA102	Sample	+	688	676	682	8,5
	Sample	-	614	605	609	6,4
	2-Aminoanthracene	+	1196	1208	1202	8,5
	2-Aminoanthracene	-	587	574	580	9,2
	Mitomycin C		1213	1224	1218	7,8
	Negative control (PBS)	+	689	673	681	11,3
	Negative control (PBS)	-	474	483	478	6,4

Table 5 (Continued).

Note: +, - absent.

During the course of subacute systemic toxicity testing, none of the individuals in either group exhibited any clinical symptoms of toxicity. The consumption of food and drink in the control and test groups was identical. Body weight measurements in both groups, as presented in Table 6, did not reveal any statistically significant alterations, except for mouse number 17. Similarly, liver index data for all animals, except animal number 16, did not disclose any significant differences between the test and control groups (Table 6).

Animal No	Initial Body BODY Weight at Weight (g) The End of The Experiment (g)		Weight (g) The End of The Weight (g)		% Change in Body Weight*	Liver Weight Ratio Index (%)**
I	27.6	28	1.35	1.45	4.82	
2	27.8	28.2	1.39	1.44	4.93	
3	27.4	28.6	1.64	4.38	5.73	
4	27	27.4	1.38	1.48	5.04	
5	27	27.8	1.41	2.96	5.07	
6	27.6	29.2	1.58	5.8	5.41	

 Table 6 Change in Body Weight of Animals in Subacute Systemic Toxicity Testing

Animal No	Initial Body Weight (g)	BODY Weight at The End of The Experiment (g)	Liver Weight (g)	% Change in Body Weight*	Liver Weight Ratio Index (%)**	
7	27.6	28.8	1.38	4.35	4.79	
8	27.8	30.2	1.54	8.63	5.1	
9	27.8	30.6	1.56	10.07	5.1	
10	26.6	28.8	1.43	8.27	4.97	
П	31.6	31.4	1.8	-0.63	5.73	
12	31.2	30.2	1.58	-3.21	5.23	
13	31.4	36.4	2	15.92	5.49	
14	31.4	33.8	1.74	7.64	5.15	
15	31.6	34.8	1.61	10.13	4.63	
16	32.4	36	2.24	11.11	6.22	
17	32.4	28.2	1.29	-12.96	4.57	
18	32.2	32.8	1.84	1.86	5.61	
19	32.2	32.2	1.64	0	5.09	
20	32.6	32.4	1.65	-0.61	5.09	

Table 6 (Continued).

Notes: \*A weight loss of >10% is considered a clinical sign.\*\*The liver weight index should be between 4-6%.

Pathological examinations conducted after the 28-day observation period revealed specific findings. Notably, emphysema was detected in two lobes of the right lung and a smaller area in the left lung of Female Test 2. Additionally, necrosis was observed in the small lobe of the liver of Female Test 5 mice.

Hematologic and clinical chemistry analyses showed no statistically significant differences between the test and control groups, as indicated by p-values greater than 0.05 (Tables 7–8).

Animal No	WBC (10 <sup>9</sup> cell/L)	RBC (10 <sup>12</sup> cell/L)	HGB (g/dL)	MCHC (g/dL)	НСТ (%)	PLT (10 <sup>9</sup> cell/L)
1	5.4	9.38	13	30.3	45.8	386
2	12.1	9.05	13.9	29.4	42.8	152
3	9.7	8.69	12.6	30.6	41.7	810
4	5.7	8.34	12.8	30.9	38.5	607
5	4.9	8.06	11.9	30.8	37	492
6	9.8	8.44	11.4	30.8	40.8	727
7	3.9	8.81	12.6	30.5	38.3	789
8	4.9	9.07	11.7	30.4	43.4	639
9	5.5	8.33	13.2	30.4	38.8	877

Table 7 Hematological Values in Subacute Systemic Toxicity Testing

Animal No	WBC (10 <sup>9</sup> cell/L)	RBC (10 <sup>12</sup> cell/L)	HGB (g/dL)	MCHC (g/dL)	HCT (%)	PLT (10 <sup>9</sup> cell/L)
10	5.9	8.77	11.8	30.8	39.2	751
11	2.7	8.3	12.1	29.9	35.7	773
12	5.1	8.42	10.7	31.2	37.8	702
13	6.7	8.85	11.8	30	41.9	147
14	4.1	7.5	12.6	30.1	34.2	842
15	7	9.42	10.3	30.8	40.5	980
16	4.4	9.66	12.5	29.4	45.9	628
17	16.6	8.88	13.5	29.9	42.7	888
18	9.2	7.61	12.8	29.4	43.I	754
19	5.5	7.09	13.6	30.1	38.8	741
20	6.9	8.51	12.4	30.2	39.6	623

Table 7 (Continued).

Abbreviations: RBC, red blood cell; WBC, white blood cell; HGB, hemoglobin; HCT, hematocrit; MCHC, mean corpuscular hemoglobin concentration; PLT, platelet.

Table 8 Clinical Chemistry Values in in Subacute Systemic Toxicity Testing

Animal NoA101: K111	ALT (U/L)	AST (U/L)	ALP (U/L)	Glucose (mg/dL)	Urea (mg/dL)	Uric Acid (mg/dL)	GGT (U/L)	Total Protein (mg/dL)	Total Cholesterol (mg/dL)	Calcium (mg/dL)
I	39.4	75.1	56.1	99.94	27.17	0.71	1.68	4.11	69	1.35
2	35.2	81.1	72	128.39	29.07	0.91	9.73	4.89	59.98	2.37
3	31.8	64.3	75.9	110.96	31.13	0.7	0	4.4	63.67	1.94
4	32.7	59.7	89	133.15	28.36	0.76	3.68	4.51	63.84	1.99
5	37.7	74.7	62.7	108.48	20.83	0.74	2.05	4.12	48.99	0.89
6	36.8	126.7	61.2	101.48	25.23	0.88	0	4.21	50.9	1.32
7	61.6	87.4	78.6	125.44	33.66	1.57	2.32	4.37	46.32	1.66
8	48	99	104.5	115.09	30.12	0.92	1.51	4.76	58.5	1.66
9	47	81.6	77	121.08	29.03	0.99	4.44	4.67	66.45	2.31
10	187.6	210.7	82.8	124.68	29.11	1.66	4.71	4.34	62.64	1.7
11	38.6	60.4	87.2	148.94	23.62	0.6	2.32	4.4	83.9	1.84
12	38.9	81.7	82.5	85.76	20.91	0.98	2.103	4.54	52.36	2.23
13	32.5	66.5	57.4	93.22	25.75	1.27	1.69	3.74	53.1	1.61
14	44.6	246.4	68	118.48	19.25	1.09	8.33	5.17	80.5	1.31
15	127.9	144	92.4	134.02	31.7	0.84	7.11	4.52	77.68	2.45
16	35.9	83.4	82.5	130.49	23.65	1.05		4.53	70.37	0.97

Animal NoA101: K111	ALT (U/L)	AST (U/L)	ALP (U/L)	Glucose (mg/dL)	Urea (mg/dL)	Uric Acid (mg/dL)	GGT (U/L)	Total Protein (mg/dL)	Total Cholesterol (mg/dL)	Calcium (mg/dL)
17	39.2	69.7	107	132.33	25.47	0.78		5.49	97.52	2.35
18	34.8	67.7	55.4	153.44	29.22	1.01		3.83	95.84	1.63
19	48.7	74.51	61.6	147.48	27.77	0.54		4.63	101.96	2.02
20	52.6	78.89	80	141.08	26.91	0.62		4.9	79.8	1.55

Table 8 (Continued).

Abbreviations: ALT, alanine transaminase; AST, aspartate transaminase; ALP, alkaline phosphatase; GGT, gamma-glutamyltransferase.

In the subchronic systemic toxicity testing, extensive clinical observations were recorded for both the test and control groups. All animals exhibited normal respiration, motor movements, reflexes, and eye function. Cardiovascular and parasympathetic functions, such as salivation levels, were within normal ranges. No instances of piloerection, analgesia, or abnormal muscle tone were observed. Gastrointestinal and skin examinations revealed no abnormalities. Notably, there were no cases of mortality or severe morbidity during the study period.

Body weight changes in both groups remained stable, with no subject experiencing fluctuations exceeding 10% of their original body weight (Table 9).

Clinical Chemistry and Complete Blood Count Values are Presented in Table 10 and Table 11, Respectively.

No aberrant findings were observed upon morphological assessment of multiple organ systems in either the control or test groups. The brain, heart, kidney, liver, lungs, bronchus, trachea, spleen, muscle, nerve, skin, and several other organs and tissues were assessed during this exhaustive examination. These findings did not reveal any detrimental alterations in the morphology of these structures.

Finally, necropsy of animals from both the test and control groups, which were euthanized via cervical dislocation, revealed no adverse findings.

Group	Animal No	Pretreatment (g)	7. Day (g)	14. Day (g)	21. Day (g)	28. Day (g)	35. Day (g)	40. Day (g)
Test	I	195	195	198	201	202	204	205
	2	205	205	209	210	214	215	216
	3	212	212	212	216	219	224	224
	4	198	198	205	207	209	210	211
	5	201	201	204	205	211	211	215
	6	214	214	219	220	221	223	228
	7	199	199	205	208	209	214	216
	8	189	189	189	191	197	198	200
	9	206	206	209	210	212	216	217
	10	194	194	195	200	205	205	207
1	11	170	170	172	178	185	185	190

Table 9 We	ight Changes	in	Rats
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Group	Animal No	Pretreatment (g)	7. Day (g)	I4. Day (g)	21. Day (g)	28. Day (g)	35. Day (g)	40. Day (g)
	12	165	165	169	170	174	174	179
	13	159	159	162	170	174	174	177
	14	168	168	171	172	176	178	179
	15	174	174	176	176	179	180	182
	16	170	170	171	174	175	179	173
	17	165	165	165	165	168	169	171
	18	179	179	180	183	184	185	186
	19	155	155	159	161	163	164	166
	20	164	164	166	168	170	172	175
Control	1	178	178	180	182	183	184	184
	2	171	171	173	174	176	179	180
	3	158	158	160	162	165	169	170
	4	162	162	164	166	170	176	180
	5	165	165	169	170	174	178	181

Table 9 (Continued).

## Discussion

Our study demonstrates that the nanobubble ozone liposome solution, a newly developed antimicrobial agent, maintains remarkable stability and effectiveness over an extended period, challenging the conventional understanding of the rapid degradation of ozone. While gaseous ozone typically has a half-life of approximately 20 min, our findings indicate that when encapsulated within nanobubble liposomes, ozone remains stable and active for at least two years, as confirmed by the accelerated aging test according to the ASTM F1980 standard. This prolonged stability addresses a significant limitation of the therapeutic use of ozone and opens new avenues for its application in infection control.

The antimicrobial efficacy of the nanobubble ozone liposome solution was evident against a spectrum of clinically relevant and resistant bacterial strains, including *Pseudomonas aeruginosa, Acinetobacter baumannii, methicillinresistant Staphylococcus aureus* (MRSA), and *Escherichia coli*. The minimal inhibitory concentration (MIC) was determined to be as low as 1.562 ppm for standard strains of *S. aureus* and *E. coli*, and the bactericidal effect was observed within 10 min of exposure at concentrations higher than the MIC. These results underscore the potential of this solution as a potent antimicrobial agent capable of rapidly reducing the bacterial load, which is crucial in preventing and managing nosocomial infections.

Safety is of paramount importance in the development of new antimicrobial agents. Our genotoxicity assessment using the Ames test revealed no mutagenic effects across multiple *Salmonella typhimurium* strains, both with and without metabolic activation. Additionally, subacute and subchronic toxicity studies in animal models have shown no significant systemic toxicity. Clinical observations, body weight measurements, hematological parameters, and biochemical analyses remained within normal ranges, and histopathological examinations did not indicate any adverse morphological changes in vital organs. These comprehensive safety evaluations suggest that the nanobubble ozone liposome solution is biologically safe for clinical use.

The unique properties of the nanobubble ozone liposome solution, including its natural composition and slow release mechanism, make it a promising candidate for preventive applications. In healthcare settings, especially intensive care

Group	Animal No	Albumin (g/dL)	ALP (U/L)	ALT (U/L)	AST (U/L)	Ca (mg/ dL)	Phosphate (mg/dL)	Cholesterol (mg/dL)	Glucose (mg/dL)	TOTAL protein (g/dL)	Triglycerides (mg/dL)	BUN (mg/dL)
Test	I	4.1	98	59	89	10	8	140	152	6.1	89	22
	2	4.3	76	47	84	9	10	89	144	6	112	30
	3	4.7	66	43	96	11	П	82	252	5.9	152	17
	4	3.9	81	51	92	14	12	91	290	5.5	89	33
	5	3.8	111	99	153	12	П	141	119	4.5	148	31
	6	4	102	85	178	11	13	103	135	4.8	153	36
	7	4.1	58	74	205	10	9	141	190	4.9	96	38
	8	2.5	65	92	135	9	8	60	205	5	107	20
	9	2.9	62	64	154	11	9	170	217	5.1	119	26
	10	2.7	69	32	160	13	10	59	190	6.2	135	31
	11	2.9	84	39	141	12	П	148	174	6.4	104	33
	12	2.4	77	58	180	11	13	152	126	6.5	116	25
	13	3.4	79	121	95	13	10	154	132	5.9	148	29
	14	3.6	82	106	108	9	9	107	198	5.8	152	34
	15	4.9	84	121	142	10		130	139	6	180	24
	16	4.1	88	86	165	9	8	96	152	5.4	165	25
	17	3.8	105	86	149	9	8	92	206	5.5	88	20
	18	3.9	56	52	94	10	7	83	269	5.2	78	22
	19	4.5	59	52	84	11	6	75	255	5.3	140	29
	20	4.1	92	29	157	9	13	77	211	6.2	153	24

#### Table 10 Clinical Chemistry Values in in Subchronic Systemic Toxicity Testing

Control	I	2.9	71	106	132	10	14	79	154	6.3	147	26
	2	3.6	84	55	153	П	10	86	212	6.7	156	28
	3	3.4	89	53	99	11	10	144	0,6	5.4	141	26
	4	4.7	92	96	123	10	9	95	0,7	5.9	100	24
	5	4.1	105	57	139	10	10	93	0,7	6	95	23

Abbreviations: ALP, Alkaline phosphatase; ALT, Alanine aminotransferase; AST, Aspartate aminotransferase; BUN, Blood urea nitrogen.

Group	Animal No	WBC (10^3 cell/µL)	LYM (%)	RBC (10^3 cell/µL)	HGB (g/dL)	НСТ (%)	MCV (fL)	MCH (pg)	MCHC (g/dL)	PLT (10^3 cell/µL)	MPV (fL)	PDW (%)
Test	ļ	3	81	6.5	13	52	49	14	25	900	7.5	10.5
	2	9	74	8.9	15	49	50	13	33	855	6.9	10.9
	3	5	75	8.5	17	48	51	14	32	711	6	8.9
	4	4	80	6.6	14	49	50	15	30	749	7.9	8.4
	5	8	81	7	13	65	48	10	33	859	4.6	8.6
	6	9	83	7.4	16	54	54	12	26	9050	5.9	8.9
	7	П	81	8	14	52	52	16	28	658	10	7.5
	8	13	79	8.2	17	48	55	14	31	489	13	5.9
	9	П	81	9.1	18	41	56	15	29	694	11	6
	10	10	66	9.6	14	39	50	14	34	785	10.4	6.2
	11	8	70	8.9	15	58	48	15	34	985	9.8	21.4
	12	9	65	8.8	16	55	49	14	33	845	8.4	18
	13	11	85	8.4	12	62	55	14	36	862	9.6	15.5
	14	12	82	5.5	П	54	52	15	35	842	8.5	16.4
	15	8	83	6.5	10	58	51	16	32	805	8.6	14.7
	16	5	84	6	16	46	55	18	34	745	8.7	13.8
	17	8	82	9	15	45	54	14	29	843	8	10.9
	18	10	86	9.4	16	50	53	16	35	849	7.4	15.5
	19	11	79	9.3	15	52	52	14	34	822	12.1	14.3
	20	8	72	9.4	14	56	51	14	29	847	6.9	27.1
Control	I	9	77	8.7	15	54	54	14	29	852	11.5	13.4
	2	7	69	8.1	10	53	57	13	30	842	7.7	11.9
	3	5	74	8	13	58	52	12	31	904	9.1	21.7
	4	11	74	8	10	45	54	П	34	608	10.9	11.4
	5	9	79	6.9	12	56	55	15	33	588	8.8	15.7

Table 11 Hematological Values in Subchronic Systemic Toxicity Testing

Abbreviations: WBC, White blood cell; LYM, Lymphocytes; RBC, Red blood cell; HGB, Hemoglobin; HCT, Hematocrit; MCV, Mean corpuscular volume; MCH, Mean corpuscular hemoglobin; MCHC, Mean corpuscular hemoglobin concentration; PLT, Platelet; MPV, Mean platelet volume; PDW, Platelet distribution width.

units, where patients are highly susceptible to infections due to invasive procedures and immunosuppression, this solution can be used for rinsing the mouth, throat, and nose. Such prophylactic use may help prevent colonization and the establishment of pathogenic bacteria and viruses, thereby reducing the incidence of nosocomial infections.

Our findings align with the urgent need for novel antimicrobial strategies in the face of increasing antibiotic resistance among gram-negative bacteria, as highlighted by Rameshwarnath and Naidoo (2018) and Silvetti et al (2018). By offering an effective solution that maintains stability and exhibits no significant toxicity, the nanobubble ozone liposome formulation could complement existing antimicrobial stewardship programs and contribute to improved infection-control practices.

Future research should focus on clinical trials to evaluate the efficacy and safety of nanobubble ozone liposome solutions in humans. We have planned clinical studies to explore its potential in preventing and treating nosocomial

infections, pending the necessary ethical approval. Additionally, investigating the mechanistic aspects of its antimicrobial action could provide deeper insights into optimizing its use in various medical applications.

## Conclusion

The nanobubble ozone liposome solution presents a novel and effective antimicrobial approach with significant potential to combat resistant bacterial infections in healthcare settings. Its prolonged stability, rapid and broad-spectrum antimicrobial activity, and favorable safety profile make it a valuable addition to current infection control strategies. Implementing this solution could play a crucial role in addressing the global challenge of antibiotic resistance and improving patient outcomes in hospitals worldwide.

## **Data Sharing Statement**

All data generated or analyzed during this study are included in this published article.

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## Disclosure

The authors report no conflicts of interest in this work.

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